

# WARRIOR

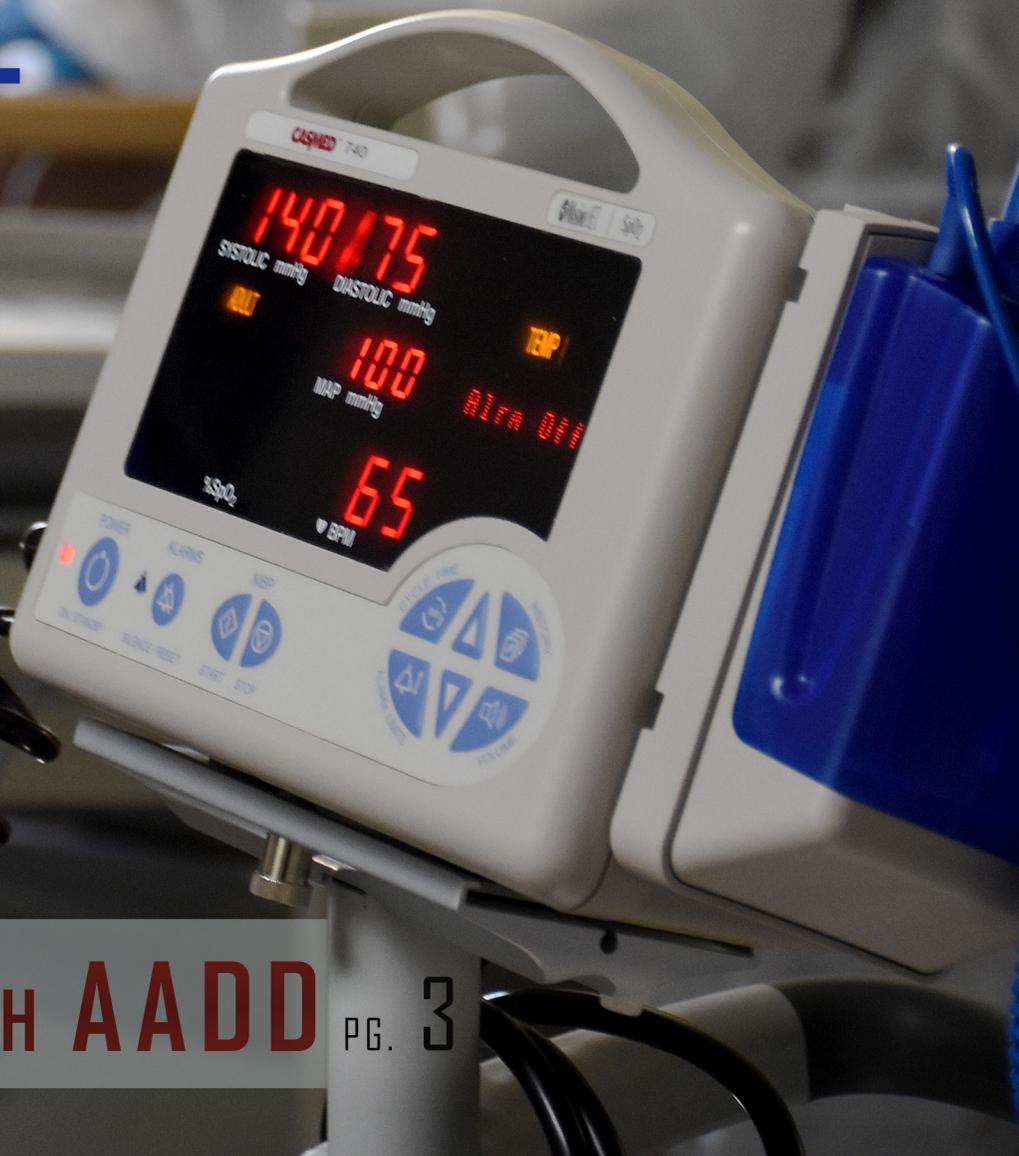


TEAM WHITEMAN CONDUCTS MASS CASUALTY EXERCISE

PG. 8

## FIRST RESPONDERS ON SCENE

MAKE IT HOME SAFE WITH AADD PG. 3



# Commander's holiday message

Team Whiteman,

I want to wish you and your families a Merry Christmas and a happy holiday season. This is a very special time of the year and I hope you are able to enjoy it while you rest and recharge from what has been an exciting and highly successful year.

Since I arrived in June, our Total Force team has been going full throttle and, as always, the Airmen of the 509th and 131st Bomb Wings have been knocking our mission out of the park.

For example, this summer we completed a bomber assurance and deterrence deployment to the EUCOM area of operations. During this high-vis deployment, two of our B-2s joined B-1s and B-52s at RAF Fairford, England, to conduct operations with our allies and to demonstrate our commitment to NATO. In July, we returned to England to conduct a flyover at the Royal International Air Tattoo (RIAT) alongside two F-15s to commemorate the 70th anniversary of the United States Air Force.

In the fall, our Total Force team once again proved that we are prepared to shoulder the responsibility for the most powerful weapons in our nation's arsenal during a Nuclear Surety Inspection. Our mission is the Air Force's number one priority and we clearly demonstrated that we're ready to safely execute that mission anytime, anywhere. The inspectors were not only impressed by our safe, secure, and reliable operations, but also by the way you proudly and professionally represented Team Whiteman under challenging conditions.

Also in the fall, we executed a long-duration mission to the PACOM area of responsibility. Missions like this validate our always-ready global strike capability and are a visible demonstration of commitment to our allies that enhances regional security. On top of that, we crushed Exercise GLOBAL THUNDER the following week. As part of the exercise, we generated numerous B-2 sorties in support of USSTRATCOM's nuclear mission and it was incredible for me to watch our entire team in action.

Our mission partners have been just as busy in 2017. The 20th Attack Squadron, which is flying combat operations 24/7/365, transitioned from flying the MQ-1 Predator to the MQ-9 Reaper without taking a sin-



gle day off from combat – that's a remarkable feat. The 1-135th Assault Helicopter Battalion deployed to the Virgin Islands in support of hurricane relief efforts and performed life-saving work following the devastating storm. The 442d Fighter Wing has been training and is fully-prepared to take the fight to our enemies in the lead up to a crucial combat deployment.

Clearly, we have been busy -- but we have been busy for good reason. Because of your service and the sacrifices our families make, America remains strong and free.

We have asked a lot of you and your families this year, but I am going to ask for two favors as 2017 comes to a close. First, the holidays can be difficult for some, so lend a hand or an ear to anyone in need. Second, take a moment to remember our teammates who are deployed and the loved ones they left behind. Their sacrifice is the reason we are able to gather this holiday season and celebrate with our family, friends and Wingmen.

I am proud to serve as your Commander and I look forward to an amazing 2018.

-v/r  
JJN

JOHN J. NICHOLS, Brig Gen, USAF  
Commander, 509th Bomb Wing

## THE WARRIOR

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The Sedalia Democrat  
Layout and Design

Published by the **Sedalia Democrat**, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Whiteman Air Force Base.

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The deadline for article submissions to the **Warrior** is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions do not guarantee publication.

For more information, call the **Warrior** office at 660-687-5727, email 509.bw.pa@us.af.mil, fax 660-687-7948, or write to us at Whiteman **Warrior**, 509th Bomb Wing, 509th Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in *The Warrior*, call the *Sedalia Democrat* at 1-800-892-7856.

## On the cover

U.S. Air Force photo by  
Senior Airman Missy Sterling

**U.S. Air Force medical personnel from Team Whiteman treat a patient simulating breathing issues after being exposed to chlorine gas during a mass casualty and point of distribution exercise at Whiteman Air Force Base, Mo., Dec. 2, 2017. The exercise tested the skills of medical and emergency response personnel in the event of a public health outbreak as well as an active shooter.**

NEWS BRIEFS



**U.S. AIR FORCE**  
**EagleEyes**

WATCH.REPORT.PROTECT.

U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to the AFOSI web page at <http://www.osi.af.mil>.

How to report an anonymous tip using a smart phone:

1. Open the smart phone app
2. Manually select an agency
3. Choose USA then Federal Agency then select AFOSI
4. Create a passport, select New Tip and fill out the form with as much information as possible.

How to report an anonymous tip via text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

**Stealth Lounge**

If you are a young Airman, let the Stealth Lounge make your time at Whiteman more enjoyable. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The lounge opens at 4 p.m. during the week and noon on weekends. There is free dinner every Thursday at 5:30 p.m., with an optional discussion on spiritual resilience to follow at 6:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Like the Stealth Lounge on Facebook to stay up to date on special events and tournaments.

**Found property**

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

**WEATHER**

<b>Today</b>	<b>Saturday</b>
Mostly Sunny	Sunny
Hi 41	Hi 38
Lo 27	Lo 27
<b>Sunday</b>	<b>Monday</b>
Partly Sunny	Partly Cloudy
Hi 52	Hi 56
Lo 22	Lo 35

# There for you: AADD volunteers make roads safer

By Airman 1st Class Taylor Phifer  
509th Bomb Wing Public Affairs

It's been a long, tiring week at work and it's finally Friday night. You've been planning an outing with your friends all week, even convincing one of them to be the designated driver. A few hours and some drinks later, it's time to go home. Suddenly, your designated driver is nowhere to be found.

You call a few people to see if they can give you a ride home, but nobody answers your desperate calls. Your plans have backfired and a fun night has quickly turned into a sticky situation. What do you do now?

Airmen Against Drunk Driving (AADD) is a completely free backup plan for Airmen.

"We will be here for you when your designated driver is no longer viable, when your friends or coworkers can't make it, AADD will be there," said U.S. Air Force Senior Airman Hannah Larson, an AADD council member. "We are willing to help and we want to help."

Driving under the influence is a decision that could change many people's lives. After a few drinks, at that moment it may not seem like a bad or dangerous decision, but the reality is, it could cause a lot of damage to yourself and others.

"Aside from the chance of getting caught driving while under the influence, there is the possibility that someone could seriously get hurt due to drunk driving," said Airman 1st Class Brandon Tincher, an AADD volunteer. "We hear about accidents and hit and runs all the time and AADD is a means to avoid all of the unnecessary risks that some individuals take while under the influence of alcohol."

It is an anonymous service that's available for anyone with a Department of Defense identification card.

"AADD is a volunteer, non-profit organization that operates 24 hours a day, seven days a week to ensure Airmen arrive home safely," said Larson. "It is a confidential service, but at least one member of the party must have a valid DOD identification card."

Larson has been involved and dedicated with the organization for almost three years.

"I was looking to volunteer and make a difference," said Larson. "During these past years of volunteering, my involvement has evolved past simply volunteering for the sake of bullets. I've recognized the difference this makes in the community and what it does for Airmen.

"When the situation is spiraling AADD changes the course and saves lives, not to mention careers," added Larson. "I want to be a part of that, to be able to say I made a difference. Now I'm one of the council members, I have a responsibility to the program and to all the Airmen. As members of AADD we have a responsibility to the base, community and our fellow Airmen."

The program helps make the roads safer for the community and

preserves the image of the Air Force's professionalism by reducing the number of Airmen driving under the influence.

Many Air Force bases have an AADD program or a very similar program available in order to ensure their Airmen arrive home safely.

There are two volunteer roles in the program. The first volunteer role is charge of quarters (CQ), which includes answering the AADD phone, coordinating the pick-up and drop-offs of the callers, and maintaining the AADD log book. The second role in the program is the driver, which involves receiving directions from CQ to pick up callers, remaining in the local area, updating CQ of the completion of the ride or with any problems that may have occurred.

"You should never go out without a plan, but if worse comes to worst, AADD is always here to help," said Larson.

If you ever find yourself in need of someone to guarantee your safe return home after drinking, you can save the number for AADD – and save yourself the risks. An AADD representative can be reached directly at (660) 563-1178.

## 12 days of Development

Only eight sessions remaining at the PDC/ Ford Auditorium!



DATE	TIME	INSTRUCTOR	TOPIC
8 DEC	8 to 9 a.m.	Capt Scott Engman	OPR/ Enlisted Officer Communication
11 DEC	8 to 9 a.m.	SMSgt John De La Rosa	Emotional Intelligence
12 DEC	11:30 a.m. to 12:30 p.m.	MSgt Misty Moreno	Leading without Losing yourself
13 DEC	11:30 a.m. to 12:30 p.m.	MSgt Adam Brady	Readiness and Deployments
14 DEC	3 to 4 p.m.	MSgt Adam Stadler	Conflict Management
15 DEC	8 to 9 a.m.	MSgt Gwendolyn West	ACA
18 DEC	8 to 9 a.m.	SMSgt Lee Sinclair	EPR's
19 DEC	8 to 9 a.m.	CMSgt Bradley Jackson	Buying into the Air Force

POC: Tech. Sgt. Jacques Ridore

[Jacques.Ridore@us.af.mil](mailto:Jacques.Ridore@us.af.mil)

Office: 660-687-6681

# Reel Time Theaters

We're saving a seat for you.

**FRIDAY, DEC. 8 • 7 p.m.** Stronger (R) Adults - \$7.00

**SATURDAY, DEC. 9 • 7 p.m.** Murder On The Orient Express (PG-13) Adults - \$7.00

**SUNDAY, DEC. 10 • 3 p.m.** Thor: Ragnarok (PG-13) Adults - \$7.00, children - \$4.75

TEAM WHITEMAN'S MISSION IS TO EXECUTE STRATEGIC DETERRENCE, GLOBAL STRIKE AND COMBAT SUPPORT...ANYTIME, ANYWHERE!

ENVISIONING BEING AMERICA'S PREMIER BOMB WING TOTAL FORCE AIRMEN EXECUTING SAFE, SECURE AND EFFECTIVE NUCLEAR AND CONVENTIONAL AIRPOWER...COMBAT-READY TODAY, INNOVATING FOR TOMORROW!

## Whiteman AFB A&FRC Hearts Aparty

PRESENTS:

**Pancakes**  
with  
**Santa**

Saturday  
December  
16th  
0800-1000



Please  
call  
(660)687-7132  
to sign up!

**Coffee Sknobs**  
103 W. McPherson St.  
Knob Noster, MO

**Whiteman Spouses' Club COOKIE DRIVE**

Drop off your solid in texture homemade cookies (no gooey frosting) December 13&14 at Mission's End between 0730-0930. Volunteers will organize and assemble packages December 15 from 0730-1000. Volunteers are welcome and appreciated!

Let's Spread Holiday Cheer to our Airmen in the dorms!

# Starting the holiday season off bright



Members of Team Whiteman attend the annual Christmas Tree and Menorah Lighting ceremony at Whiteman Air Force Base, Mo., Dec. 1, 2017. The event consisted of Christmas carols performed by the Whiteman Chapel choir and games, such as Bingo, with a Star Wars twist. Children had the opportunity to meet Santa Claus and the Christmas card competition winners were the 20th Attack Squadron, the 509th Communications Squadron, and the 509th Force Support Squadron.

*U.S. Air Force photos  
by  
Staff Sgt. Danielle Quilla*



# Team Whiteman completes total force POD, mass casualty exercise



U.S. Air Force medical personnel from Team Whiteman carry a dummy through an in-place patient decontamination line during a total force mass casualty and point of distribution exercise at Whiteman Air Force Base, Mo., Dec. 2, 2017. During the decontamination process, medical personnel remove and bag the victim's clothing, wash them, and test their skin for contaminants with M8 chemical detection paper before drying them.

By Senior Airman Missy Sterling  
442d Fighter Wing Public Affairs

Medical personnel assigned to the 509th and 131st Medical Groups and 442d Medical Squadron rehearsed actions they would take in the event of a public health and active shooter emergency during a total force integration exercise at Whiteman Air Force Base, Missouri, Dec. 2, 2017.

Twenty-one patients simulating flu symptoms lined up at the point of distribution (POD) to be treated when one patient began performing his role as an active shooter and distributed a chemical agent.

Simulated injuries ranging from minor flu symptoms, to gunshot wounds and exposure to a chemical agent required coordinated efforts of 14 medical readiness contingency teams. Many teams mixed active-duty, Missouri Air National Guard and reserve personnel.

"We had many different objectives to meet during this exercise," said Col. Chrystal Henderson, the 509th Medical Group commander. "Even though there were some hiccups here and there, people flexed and made the appropriate adjustments."

Medical personnel practice taking the appropriate actions during an emergency to improve and automate their responses and expose any shortcomings that need to be corrected.

"Positive attitudes, embracing the chaos, and remaining open to learning from one another makes all the difference in improving our emergency response," said Lt. Col. Patti Fries, the 131st Medical Group commander. "Managing an emergency response within a dual chain of command structure can be challenging – it involves more than simply adding bodies to existing teams."

Volunteers gathered early on Saturday for moulage, which is makeup used to make realistic wounds and symptoms. The exercise began at the deployment center, where the POD was set up. After the active shooter portion commenced, security forces and ambulances were called in for support.

While the ambulances were in transit, medical personnel triaged the volunteer patients by separating them based on the severity of their condition from patients in critical care needing immediate attention to those who were in a less urgent condition. They also checked vitals and made sure the patients were stabilized.

Medics transported the patients to the decontamination area on the south side of the clinic, where they were treated.

This complex exercise provided an opportunity for the different components to work side-by-side. However, the goal is to provide more daily opportunities for the components to train together.

"We recognize that once a year is not enough," Henderson said. "We will continue to work with the full-time Guard and Reserve and offer them the opportunity to come in on our training days and work side-by-side seamlessly like they did today."

Chief Master Sgt. Jason Robbins, the 509th Medical Group superintendent, said that even though he has only been assigned to Whiteman for four months, the total force integration is apparent.

"There's definitely cross-over between what the Guard, Reserve and Active Duty do," Robbins said. "It only makes sense that our medical units with similar missions would work together as well."

Although the total force mass casualty exercise happens once a year, Team Whiteman medical providers continue to sharpen their skills day-to-day so they can execute them at a moment's notice.



A medical personnel member checks the vitals of a simulated gun-shot victim during a total force mass casualty and point of distribution exercise at Whiteman Air Force Base, Mo., Dec. 2, 2017. The exercise tested the skills of medical and emergency response personnel in the event of a public health outbreak as well as an active shooter.



U.S. Air Force medical personnel from Team Whiteman assess a patient simulating flu symptoms and exposure to chlorine gas during a total force mass casualty and point of distribution exercise at Whiteman Air Force Base, Mo., Dec. 2, 2017. Medical personnel demonstrated their ability to use universal precautions and properly treat patients.



Members of the patient administration team and volunteers simulating flu symptoms complete screening forms during a total force point of distribution (POD) exercise at Whiteman Air Force Base, Mo., Dec. 2, 2017. A POD is used to quickly dispense vaccines during the outbreak of a pandemic virus.

U.S. Air Force photos by  
Senior Airman Melissa Sterling



## Whiteman AFB Spirit Chapel



### Holiday Worship Schedule

#### Protestant Schedule

24 Dec - Christmas Eve Service 9 a.m. and 7 p.m.

#### Catholic Schedule

24 Dec - Fourth Sunday of Advent; Mass at 11 a.m.

24 Dec - Christmas Eve/Children's Mass; 5 p.m.

24 Dec - Men's Choir/Carol in the Chapel; 10:30 p.m.

24 Dec - Christmas Eve Mass; 11 p.m.

25 Dec - Christmas Day Mass; 9 a.m.

### Download the WAFB App

The free Whiteman Air Force Base app is available to read the latest base news, find pictures of promotion ceremonies, locate needed phone numbers and even get information about various base events.

Now available on Android!

Search "Whiteman Air Force Base" on the Google Play Store or visit [whiteman.af.mil](http://whiteman.af.mil) for a link!



# Chief Wright to Airmen:

# Know your retirement options

By Chief Master Sgt. of the Air Force Kaleth O. Wright

If I had to pick just one thing I'm most passionate about as the Chief Master Sgt. of the Air Force, without a doubt it would be taking care of our Airmen and their families professionally, physically, spiritually and financially. I'm a firm believer that these four things go hand in hand. In order to be the best, most resilient Airman possible, you have to balance your professional, physical, spiritual and financial wellness. This is why I'm always looking to arm our Airmen with knowledge to help them grow and make the best decisions possible in their lives.

Part of arming our Airmen with knowledge means providing them the tools necessary to understand and smartly plan their long-range financial goals. But this planning isn't just for Airmen with families; it's vital for all Airmen.

Beginning Jan. 1, 2018, the Department of Defense will transition to the Blended Retirement System. If you haven't heard about BRS, you need to get up to speed now and learn all you can. I need each of you to take an active interest in your financial planning by using every resource we've made available to learn about the BRS.

The BRS gives Airmen an opportunity to save their money in a portable Thrift Savings Plan while receiving matching government funds at the same time. This is the most basic layman's description of the program, which is why I need you to arm yourselves with all of the research and information available. To help you, our Air Force leaders have put together a team of experts ready to provide extensive training. Certified personal financial counselors are available at your Airman and Family Readiness Center. These experts cannot decide for you, but they can help you evaluate which retirement plan is best for you. Every Airman's situation is different, financial goals are unique to each Airman and there is no "one size fits all" decision.

Airmen who enter the Air Force on or after Jan. 1, 2018, are



automatically covered by the BRS. Active component Airmen serving now and those who enter the Air Force on or before Dec. 31, 2017, will be grandfathered under the current retirement system. Airmen with fewer than 12 years of active service on

Dec. 31, 2017, or Reserve Component Airmen with fewer than 4,320 retirement points as of Dec. 31, 2017, have the choice to opt into the BRS. Reserve Component members' "retirement points" and retirement eligibility for the defined benefit are the same under the BRS as under the current retirement systems. The opt-in window for BRS will run from Jan. 1, 2018, through Dec. 31, 2018.

Make your decision knowing only you can determine which system is best for you, and understand that if you opt into BRS, it is irrevocable. You only have one chance to make this choice, so it's imperative you and those involved in making financial decisions for your family fully understand the pros and cons of both retirement systems.

I encourage each of you to take all of the training available on ADLS and utilize the BRS comparison calculator on the Military Compensation website (<http://militarypay.defense.gov/Calculators/>) before making an appointment with your base financial counselor. The calculator provides a comparison between the current retirement system and the BRS. Doing your homework and preparing your questions ahead of time will help you get the most from your financial counseling appointment. I would like to see all eligible Airmen trained as soon as possible to give everyone time to really think about their options and be fully prepared before making this life-impacting decision.

There are pros and cons to every major decision we make, and this holds true for both retirement plans. I can't tell you what to do. I can't tell you what's best for your family. All I can tell you is that you need to arm yourself with knowledge. Check out the training, talk to people who can provide you with objective advice, talk to those who will be most impacted by your decision and execute your plan knowing you made the best decision for you and your family.

For more information, visit the BRS website at <http://militarypay.defense.gov/BlendedRetirement/>.

ACTIVE COMPONENT

## Just the Facts Continuation Pay

### What is Continuation Pay (CP)?

**For more information: (CAC required)**  
[https://mypers.af.mil/app/answers/detail/a\\_id/32564](https://mypers.af.mil/app/answers/detail/a_id/32564)

- A mid-career financial incentive paid to Airmen who are enrolled in the Blended Retirement System (BRS).
- It is in addition to any career-field-specific incentives or retention bonuses.
- You must elect to receive it before starting your 12th year of service.

### How Much CP Will I Get?

Monthly Basic Pay<sup>1</sup>

x

2.5<sup>2</sup>

=

Gross CP

-

Tax Withholding<sup>3</sup>

=

Net CP<sup>4</sup>

<sup>1</sup>Amount over 12 years; <sup>2</sup>AC or AGR. Active Guard/Reserve (AGR) Airmen receive the Active Component (AC) amount for CP; <sup>3</sup>CP is eligible for Combat Zone Tax Exclusion (CZTE); <sup>4</sup>What you take home.

### What Must I Do to Receive CP?

1. You must elect to receive CP before you start your 12th year of service (according to your Pay Entry Base Date).
2. You must complete an active duty service commitment (ADSC) to serve an additional 48 months (concurrent with other service commitments). If you do not complete the obligation, you must repay all or part of your CP\*.

### How Will My CP Be Paid?

You can choose to receive a one-time payment or spread your payments to potentially save on taxes.

**One Installment**  
Paid the first pay period after you start your 12th year of service

**Two Equal Installments**  
First installment is paid the first pay period after you start your 12th year of service and the next installment is paid the following year

**Four Equal Installments**  
First installment is paid the first pay period after you start your 12th year of service and the remainder in three equal annual installments

**Which installment plan is right for YOU?**  
How much will you potentially pay in taxes on your CP? Remember, CP is subject to tax withholding!

### When Do I Need to Make My CP Election?

**CP Eligibility Notification**

180 days before you begin your 12th year of service.

**You MUST elect to receive CP BEFORE your 12th year of service begins.**

**12th Year of Service Begins**

Complete ADSC forms within 30 days of starting your 12th year.

**CP Received**

First pay period AFTER your 12th year of service begins.

## What Should I Do with My CP?

**Your Airman and Family Readiness Center (A&FRC) Can Help You Plan!**

The choice is yours and should be based on your current financial situation. Get a financial check up as part of the decision-making process. You can do one or more of the following:

**Pay Down Debt!**  
Do you have credit card debt, student loan debt, or other kinds of debt? Are you paying more in interest than you can expect from savings or investments? Pay as many debts as you can, starting with those that cost you the most in interest.

*TIP* Add extra money to payments you make for a quicker payoff.

**Save It!**  
Do you have an emergency or reserve fund in a savings or money market account? Set one up ... or top yours up.

*TIP* Check the annual percentage rate (APR) and terms of agreement before placing money into any account.

**Invest It!**  
Are you looking toward a more prosperous future? Consider putting your CP to work in your Thrift Savings Plan (TSP) account, in an IRA or in a 529 college savings plan.

*TIP* Be aware of annual contribution limits on retirement accounts. Review your spending plan and talk to an investment professional before investing.

**Spend It!**  
Will your CP fund a vacation, a vehicle, a big project, or the down payment on a house?

*TIP* Before you spend your CP, review your spending plan to ensure your savings goals are on track and your debt-to-income ratio is reasonable.

**Gift It!**  
You can choose to gift or donate some or all of your CP. Depending on where you donate it, you may be eligible for a tax deduction.

*TIP* Review your spending plan to ensure your finances are in good order before you donate your CP.

Stop by your A&FRC and talk to a Personal Financial Manager (PFM) about your financial situation.

\*Title 37 USC, Sec. 373 and DoD Financial Management Regulations, Vol. 7A, Chap. 2.

# TRICARE Town Hall

When: 15 Dec 17      Where: PDC  
Time(s): 10 am-12 pm & 1 pm-3 pm

## Did You Know?

# TRICARE is changing!

\*Effective 01 Jan 18\*

- Increasing access to care
- Benefit updates
- Consolidating TRICARE regions
- Moving to TRICARE Select
- Enrollment changes
- Health plan costs

Find out more at [www.tricare.mil/changes](http://www.tricare.mil/changes)



#takecommand