

2 The Warrior Feb. 17, 2017 News

Weekly commander's message

Greetings, Team Whiteman!

Last week, our Explosive Ordnance Disposal (EOD) teammates executed Operation Tundra Wookie, a 60+ hour field training exercise. During the exercise, which included participants from AMC, AFRC, and AFGSC, teams were inserted into a simulated hostile environment by helicopter and went on to perform combat training operations throughout the week. Insertion, resupply and exfiltration were provided by the Army National Guard 1-135 Assault Helicopter Battalion, making this exercise yet another great example of our stellar Total Force Integration here at Whiteman!

This week, a significant number of our teammates from across the base took part in a week-long certification program to become Master Resiliency Trainers (MRTs). These Airmen are now fully equipped to help alleviate various types of stress that may be affecting our Wingmen both on and off duty. Over the coming weeks, you will see these new MRTs in your squadrons leading training to boost our resiliency and to help us reach our full potential.

As a further result of the Resiliency Task Force recommendations and the AFGSC Year of the Family initiative, a new icon has been added to every desktop on our internal network. By clicking on the icon, you will see a list of help agencies on and off base ... most are hyperlinked to the agency web page. The second page is a matrix of where to go for help ... this icon is a resource for individuals and supervisors for quick access to information for help. Please take the time to explore this great new resource!

Remember on Saturday UCM is hosting its military appreciation basketball games, which service members, retirees, and their families can attend free of charge ... just show your ID cards at the ticket window! Also, remember our African American Heritage Association is hosting its 2017 Black History Month Capstone event on Thursday, Feb. 23, at 11 a.m. at Mission's End ... thanks to everyone who is putting this great event together!

As we head into Presidents' Day weekend, please find time to honor two American icons – one who founded this country and the other who prevented it from being torn apart. Both born in February,



Presidents George Washington and Abraham Lincoln were legendary leaders who inspired confidence and persevered through adversity. Known for their honesty, their integrity, and their moral character, these historic figures embodied the American spirit. Furthermore, they made countless sacrifices and bore countless burdens so that we could enjoy the many blessings of freedom centuries later. All of us owe them a great deal of gratitude, and there are still many lessons we all can learn from the successes and the struggles these forefathers experienced throughout their lives.

Finally, ensure you find time to rest and enjoy this holiday weekend. It should be a weekend of comradery and fellowship, but be safe and responsible as well. Watch out for one another, and remember that what you and your families do for our great nation does not go unnoticed.

Defend...Avenge!

Nuke PAUL W. TIBBETS IV Brigadier General, USAF Commander, 509th Bomb Wing

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a spaceavailable basis. Submissions do not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509th Spirit Blvd. Suite 116, Whiteman AFB, Mo. 65305

To advertise in The Warrior, call the Sedalia Democrat at 1-800-892-7856.

Beat the Boss

The Beat the Boss program is a monthly PT test competition between 509th Bomb Wing units that recognizes outstanding teamwork and devotion to fitness at the Squadron level. Active duty Whiteman Airmen who score higher than the commander's score of 98.0% will earn a one-day pass, and those who score a 100% receive a one-day pass and a commander's coin.



Here are the Beat the Boss results for Feb. 6-8, 2017:

Senior Airman Marco Cardenas Jr. 509th MDSS • 98.9%

2nd Lt. Michael Magtalas 509th OSS • 98.5%

Senior Airman Tyler Dudley 509th SFS • 98 4%

On the cover

U.S. Air Force photo/

U.S. Air Force Lt. Col. Ryan Hodges, an A-10 Thunderbolt II pilot assigned to the 303rd Fighter Squadron, climbs into his aircraft during a local flying mission at Whiteman Air Force Base, Mo., Feb. 14, 2017. The A-10 Thunderbolt II has excellent maneuverability at low air speeds and altitude, and is a highly accurate and survivable weapons-delivery platform. The aircraft can loiter near battle areas for extended periods of time and operate in low ceiling and visibility conditions.

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NEWS BRIEFS



U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to http://www.tipsubmit.com/WebTips.aspx?AgencyID=1111 or the AFOSI web page at http://www.osi.af.mil

How to report an anonymous tip using a smart phone:

- 1. Use the smart phone app
- 2. Manually select an agency
- 3. Choose USA then Federal Agency then select AFOSI
- 4. Create a passport, select New Tip and fill out the form with as much information as possible.

How to report an anonymous tip VIA text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

Air Force Housing website

Visit www.housing.af.mil to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.

Stealth Lounge

If you are a young Airman, let the Stealth Lounge make your time at Whiteman more fun. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The lounge opens at 4 p.m. during the week and noon on weekends. There is free dinner every Thursday at 4:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Please like the Stealth Lounge on Facebook to stay up to date on special events and tournaments.

Found property

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

WEATHER

Today	Saturday
Sunny	Mostly Sunny
Hi 70	Hi 68
Lo 42	Lo 45
Sunday	Monday

Sunday Monday Mostly Sunny Showers Hi 71 Hi 67 Lo 46 Lo 53

Cody testifies before SASC on importance of Airmen, families

By Tech. Sgt. Robert Barnett
Secretary of the Air Force Public Affairs

Chief Master Sgt. of the Air Force James A. Cody testified on the importance of Airmen and their families before the Senate Armed Services Subcommittee on Personnel Feb. 14 on Capitol Hill.

"It is imperative we put them first, inspire them and support them as they face the challenges inherent to serving the profession of arms," he said. "It's not an easy task, which is why focusing on our Airmen and their families is so important."

The modern landscape is unpredictable and requires the Air Force to constantly improve recruitment and retention of talent, while continuing to explore opportunities to strengthen the force

"To meet global demands, resource emerging requirements and repair and sustain the force, the Air Force must increase our active-duty strength up to 321,000 by the end of 2017, and up to 350,000 over the next seven years," he said. "To do this, we must address mission and readiness demands, increase our accessions and strengthen our retention, while never sacrificing quality for quantity."

Families are often the catalyst to an Airman's decision to stay or leave the Air Force.

"These selfless families make many sacrifices and the Air Force remains clear in its commitment to them," Cody said. "Our Airman and Family Readiness Centers serve as a crucial bridge with our families and military missions, encompassing 14 core programs to ensure resiliency and readiness of Airmen and their families."

The Air Force's top enlisted leader expressed concern for how financial stress can impact Airmen.

"This is certainly a key factor today as our nation continues to face fiscal uncertainty, which has already eaten at an Airman's compensation," he said.

The Air Force continues to educate Airmen on the newest

program, the Blended Retirement System, to ensure Airmen are prepared to make educated financial decisions. He said the Air Force is also developing comprehensive financial training across the military lifecycle.

Cody mentioned the benefits of the Defense Department's Spouse Education and Career Opportunity Program, which provides education and career guidance to military spouses worldwide. More must be done, Cody said, pointing out spouses with careers that require recertification they have to pay for after every move.

He then discussed the recent Spouse and Family Forum conducted by the secretary of the Air Force and chief of staff of the Air Force, showing leadership commitment to addressing the issues spouses brought up, including support for exceptional family members, spouse employment, schools and deployments.

Cody then switched topics to focus on single Airmen resilience, which impacts readiness. He cited the Air Force's Single Airman Program Initiative as one example of how the Air Force seeks to revitalize squadrons and optimize Airmen performance.

He said the fiscal year 2017 National Defense Authorization Act could affect Air Force basic allowance for housing, which would reverse nearly 20 years of legislative action to keep compensation competitive and could severely limit talent recruitment and retention.

The chief master sergeant of the Air Force, who retires Friday, also touched on the need and improvement on programs to allow a military license or certification to easily transition into its civilian sector equivalent so that Airmen separating or retiring would have a smooth transition into civilian employment.

"The talented men and women of the Air Force are called upon each day to perform crucial missions around the world," Cody said. "In every one of those mission areas, Airmen are the key to our success. Taking care of those Airmen must always be our first priority; every one of them earn their current pay and compensation."

Whiteman AFB's 2016 AFGSC Logistics Readiness Award Winners:

Daedalian Major General Warren R. Carter Logistics Effectiveness Award 509th Logistics Readiness Squadron

Outstanding Air Force Logistics Readiness Field Grade Officer of the Year Maj. Kellie S. Courtland, 509th LRS commander

The 509th Civil Engineer Squadron won the following AFGSC 2016 awards:

The Major General Del R. Eulberg Award (Installation Management)

The Major General Clifton D. Wright Award (Operations)

The Senior Master Sergeant Gerald J. Stryzak Award (EOD)

The Fire Prevention Program of the Year Award

Master Sgt. Eric Davis, 509th CES

was awarded

The Society of American Military Engineers (SAME) Goddard Medal

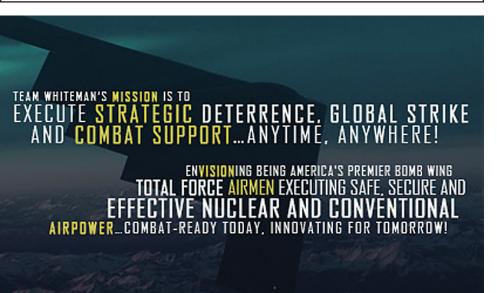
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FRIDAY, FEB. 17 • 7 p.m. Patriot Day (R) Adults - \$6.25

SATURDAY, FEB. 18 • 7 p.m. The Bye Bye Man (PG-13) Adults - \$6.25, children - \$4.00

SUNDAY, FEB. 19 • 7 p.m. Underworld (R) Adults - \$6.25



One click can make a difference

By Airman 1st Class Jazmin Smith 509th Bomb Wing Public Affairs

Sometimes the answer isn't as simple as we hope.

Life inevitably has problems we haven't faced before. They can manifest suddenly or appear over time.

Sometimes they can get so overwhelming, a person loses hope.

If you, or someone you know, is facing adversity and doesn't know how to overcome it, there are resources available to assist in finding the information needed to combat hardship.

As a result of the Resiliency Task Force efforts over the past two months and Air Force Global Strike Command's Year of the Family initiative, a new bomb wing icon named "Whiteman HELP" has been added to every computer's desktop at Whiteman Air Force Base, Missouri, beginning Feb. 16,

This tool provides quick access to a wealth of information for support. The goal for this one-click resource is to enable individuals to take care of themselves, their family and their friends.

If there is a topic that any member of our team is uncomfortable approaching their mentor or supervisor with, they can find out where to go through the icon's matrix.

By clicking on the icon, access is granted to a list of helping agencies on and off base. Most are hyperlinked to the agency's web page.

"It is important to have easy access to available resources for the struggling individual, the supervisors, or the friends," said Linda Ambard, the 509th Bomb Wing specialist for primary prevention of violence. "It is easy to forget what help is available through military and civilian resources.'

Resources listed also include contact information to aid with parenting and healthcare questions, in addition to other emergency services and helping agencies.

"During a time of crisis or when someone needs help is not the time to be fumbling around," added Ambard. "This icon will directly link to the phone numbers, web pages, and a 'where to go for help' page. This easy access means that a person is one click away from help."

"Whiteman HELP" can be used by anyone, no matter rank, age, or any other factor. No two problems are alike; whether you're looking for help during a life-changing milestone, like separation from the military, or want to know where military-friendly getaways are for some overdue stress relief, there are people who want to help.

"Early help-seeking can lead to greater likelihood that the person will be able to resolve stressors or emotional



A new 509th Bomb Wing icon has been added to every computer's desktop at Whiteman Air Force Base, Mo., Feb. 16, 2017. By clicking on the "Whiteman HELP" icon, individuals can access a list of help agencies on and off base, and most items are hyperlinked to the agency's web page.

distress prior to those stressors becoming unmanageable," said 1st Lt. Erin Dunn, a clinical social worker assigned to the 509th Medical Operations Squadron.

By equipping our Whiteman family with this resource and an awareness of what issues can lead someone down a dark path, together, we can support ourselves and one another.

tors to be aware of include:

• Relationship problems/break-ups

Some of the most common risk fac-

- Legal/financial concerns
- Occupational stress
- Sense of hopelessness/helplessness
- Sense that one does not belong
- Sense that one is a burden to others
- Increased substance use
- Transitions such as permanent change of station and deployments
 - Interpersonal isolation
 - Losing someone close

Over 90% of suicides stem from a mental illness, oftentimes clinical depression. Lives can be saved just by providing support, reducing access to means of self-harm and making sure they get the help they need.

"Treatment for emotional concerns can lead to a greater sense of empowerment for the individual, ultimately facilitating positive change and the ability to manage stressors in the future," added Dunn.

Unwillingness to seek help can develop into a more serious and possibly fatal outcome if continuously ignored. With the collective information gathered in a single forum, the hope is for all members of Team Whiteman to become aware of and utilize this tool for themselves and those around them.

There is always hope. One click can get you there.

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EOD participates in Operation Tundra Wookie







Members of the 509th and 442nd Bomb Wing Explosive Ordinance Disposal Squadrons (EOD) along with the National Guard's 1-135th Assault Helicopter Battalion conduct readiness training exercise Operation Tundra Wookie, at Windsor, Mo., Feb. 9, 2017. **EOD** performs readiness training exercises twice a year to ensure teams are proficient in the ten core competencies of EOD. Tundra Wookie was a 60hour field training exercise simulating hostile environments creating real world

U.S. Air Force photos/ Senior Airman Jovan Banks **scenarios.**

FEBRUARY IS NATIONAL DATIN



U.S. adolescents are victims of physical, sexual, emotional or verbal abuse from a dating partner

81%

Parents don't believe teen dating violence is an issue or admit they don't know if it is an issue

Constant texting/instant messaging Isolating from friends, family and activities Unexplained physical injuries Failing grades

Constant worrying about what partner thinks Change in dress, appearance and personality

Parents be there for your teens

Let them know they can call you for a ride home

without judgement

Make time to listen carefully

Resist the urge to offer advice/ put down the boyfriend/girlfriend

> It could make the teen defend him/her

A break up does not stop the potential for abuse

Staff Sgt. Bynum receives Diamond Sharp award



LLS Air Force photo/Senior Airman Joyan Bank

U.S. Air Force Staff Sgt. Joshua E. Bynum, left-center, a pavement equipment supervisor assigned to the 509th Civil Engineer Squadron, is recognized with a Diamond Sharp Award at Whiteman Air Force Base, Mo., Feb. 15, 2017. Bynum implemented new processes to increase the physical conditioning of 273 squadron members and he was coined by a Junior Reserve Officer Training Corps (JROTC) commander for portraying a professional Air Force image for more than 250 students as a volunteer judge for the Missouri Regional JROTC competition. He also developed an in-house monthly award program spurring leadership development, bullet writing classes and local volunteer awareness.

THINK SAFETY

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358th FS crew chiefs maintain KC Hawgs

U.S. Air Force photos/Tech. Sgt. Andy M. Kin



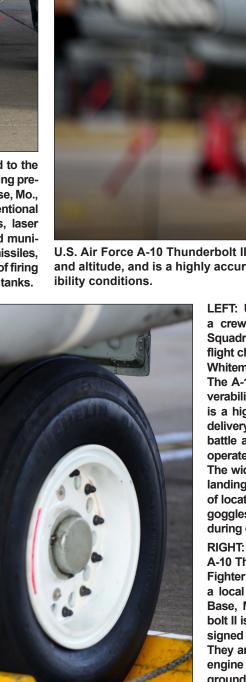
U.S. Air Force Staff Sgt. Terry Reece, a crew chief assigned to the 358th Fighter Squadron, stands on the side of an A-10 Thunderbolt II aircraft while securing the pilot in the cockpit during pre-flight checks at Whiteman Air Force Base, Mo., Feb. 14, 2017. The A-10 Thunderbolt II is the first Air Force aircraft specially designed for close air support of ground forces. They are simple, effective and survivable twin-engine jet aircraft that can be used against all ground targets, including tanks and other armored vehicles.

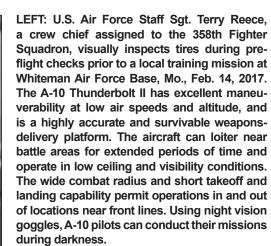


U.S. Air Force Senior Airman Alonso Gudino, a crew chief assigned to the 358th Fighter Squadron, awaits pilot's signals to taxi out of the parkway during pre-flight checks at Whiteman Air Force Base, Mo., Feb. 14, 2017. The Thunderbolt II can be serviced and operated from austere bases with limited facilities near battle areas. Many of the aircraft's parts are interchangeable left and right, including the engines, main landing gear and vertical stabilizers. Avionics equipment includes multi-band communications; global positioning system and inertial navigations systems; infrared and electronic countermeasures against air-to-air and air-to-surface threats. Also, it has a heads-up display to display flight and weapons delivery information.



U.S. Air Force Senior Airman Alonso Gudino, a crew chief assigned to the 358th Fighter Squadron, climbs up an A-10 Thunderbolt II aircraft during preflight checks prior to a local flying mission at Whiteman Air Force Base, Mo., Feb. 14, 2017. The Thunderbolt II can employ a wide variety of conventional munitions, including general purpose bombs, cluster bomb units, laser guided bombs, joint direct attack munitions (JDAM), wind corrected munitions dispenser (WCMD), AGM-65 Maverick and AIM-9 Sidewinder missiles, rockets, illumination flares, and the GAU-8/A 30mm cannon, capable of firing 3,900 rounds per minute to defeat a wide variety of targets including tanks.





RIGHT: U.S. Air Force Major Rox Kirkendall, an A-10 Thunderbolt II pilot assigned to the 303rd Fighter Squadron, sits in the cockpit prior to a local flying mission at Whiteman Air Force Base, Mo., Feb. 14, 2017. The A-10 Thunderbolt II is the first Air Force aircraft specially designed for close air support of ground forces. They are simple, effective and survivable twinengine jet aircraft that can be used against all ground targets, including tanks and other ar-



U.S. Air Force A-10 Thunderbolt II aircraft sit on the flightline at Whiteman Air Force Base, Mo., Feb. 14, 2017. The A-10 Thunderbolt II has excellent maneuverability at low air speeds and altitude, and is a highly accurate and survivable weapons-delivery platform. The aircraft can loiter near battle areas for extended periods of time and operate in low ceiling and vis-



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Service Before Self



Submit completed AF Form 303 by **20 MARCH** via myPERS https://gum-crm.csd.disa.mil/app/dynamicforms/display/form/40/p2566,2569/c/1525

AF Form 303 "Request for USAF Specialized Sports Training" and Air Force Sports Calendar are available to download from www.myairforcelife.com/Sports/

FOR MORE INFORMATION: MSGT MARCUS DARNELL • marcus.darnell@us.af.mil TSGT TRYMOND RUBIN • trymond.rubin@us.af.mil



News

AF releases new guidance on civilian hiring freeze

The Warrior Feb. 17, 2017

By Richard Salomon

Air Force Personnel Center Public Affairs

The Air Force has released additional guidance in regard to the federal civilian hiring freeze implemented Jan 23

According to the official memorandum, the hiring freeze applies to all executive departments and agencies regardless of their operation and program funding. Military personnel are excluded. Some exemptions are permitted to meet national security mission and public safety responsibilities or to prevent essential services from interruption.

The Air Force recently released additional implementation procedures in support of a follow-on Feb. 1 memorandum outlining the implementation of the freeze. According to the guidance, all requests for personnel action received by the Air Force Personnel Center by Feb 7, 2017, will continue to be announced, and referral certificates will continue to be issued.

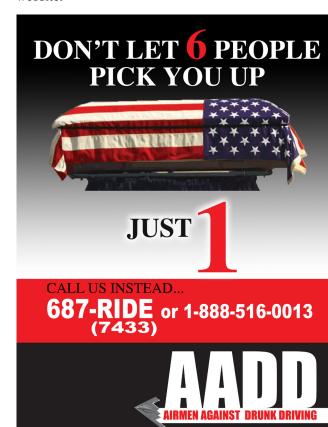
If tentative job offers were given to selectees before Jan. 22, but with entry dates after Feb. 22, they will be notified of their pending status. Also, as of Feb. 7, AFPC will not be accepting recruit/fill actions without an approved hiring freeze exemption signed by the Secretary of the Air Force.

Official guidance also calls for the implementation of a long-term plan to reduce the size of the federal workforce through attrition. The Office of Management and Budget, in coordination with the Office of Personnel Management, has been tasked to submit a plan by early May.

"The Air Force is dependent on a strong civilian workforce to carry out its global mission," said Christine Armstrong, the Civilian Sustainment and Transition Programs Division chief. "We will continue to work closely with Air Staff to ensure the entire Air Force team receives up-to-date guidance as it becomes available."

For information concerning non-appropriated fund positions, contact: afpc.svirf.humanresources@us.af.mil

Local civilian personnel offices can also provide additional information. Search "Hiring Freeze" on myPers for more information about the freeze and how organizations can submit exemption requests. Individuals who do not have a myPers account can request one by following the instructions on the Air Force Retiree Services website.







MEN'S TEAM

Training Camp May 6-23 Hurlburt Field, Fla.

Championship May 24-29 Minneapolis, Minn.

WOMEN'S TEAM

Training Camp May 1-16 Peterson AFB, Colo.

Championship May 17-21 Mayport NS, Fla.

Submit completed AF Form 303 "Request for USAF Specialized Sports Training" by March 20 via myPERS

The AF Form 303 and Air Force Sports Calendar are available to download from www.myairforcelife.com/Sports/

For more information:

Master Sgt. Marcus Damell - marcus.damell@us.af.mil Tech. Sgt. Trymond Rubin - trymond.rubin@us.af.mil

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Whiteman graduates ALS class 17-B



U.S. Air Force photo/Airman Michaela R. Slanchik

Graduates of Whiteman Airman Leadership School (ALS) class 17-B gather for a class photo after a graduation ceremony at Whiteman Air Force Base, Mo., Feb. 9, 2017. ALS is a five-and-a-half week-long course that prepares senior airmen to supervise and lead Air Force teams, which supports the employment of air, space and cyberspace power.

Senior Airman Kaleb Bawden, 509th SFS Senior Airman Trey Branch, 509th LRS Senior Airman Kyle Clement, 509th LRS Senior Airman Christopher Croxton, 509th LRS Senior Airman Korey Erevia, 509th MXS Senior Airman James Fulton, 509th AMXS Senior Airman Nikki Furnari, 509th SFS Senior Airman Deion Gilliam, 512th MXS Senior Airman Samuel Gordon III, 509th CES Senior Airman Alonso Gudino, 358th FS Senior Airman Zachary Harrison, 122nd MXS Senior Airman Syuan King, 509th AMXS Senior Airman Brian Klockow, 509th LRS Senior Airman Jeremy Lee, 509th LRS Senior Airman Mark Massey, 509th CES Senior Airman Austin McConnell, 509th MUNS Senior Airman Benjamin McCord, 185th CES Senior Airman Brian McKinley, 509th CES Senior Airman Antonio Neal, 512th MXS Senior Airman Thomas Payne, 509th MXG Senior Airman Ryan Porter, 509th CES Senior Airman Terry Reece, 358th FS Senior Airman Christopher Reynolds, 509th MDOS Senior Airman Cameron Smith, 908th AES Senior Airman Eric Trenkamp, 509th LRS Senior Airman Marcos Valles, 509th OSS Senior Airman Jeremy Vassel, 509th CES Senior Airman Aditya Venkatapur, 509th FSS Senior Airman Gabrielle Wells, 509th MXS Senior Airman Devin Williams, 509th AMXS

Senior Airman Nathan Woods, 509th MUNS