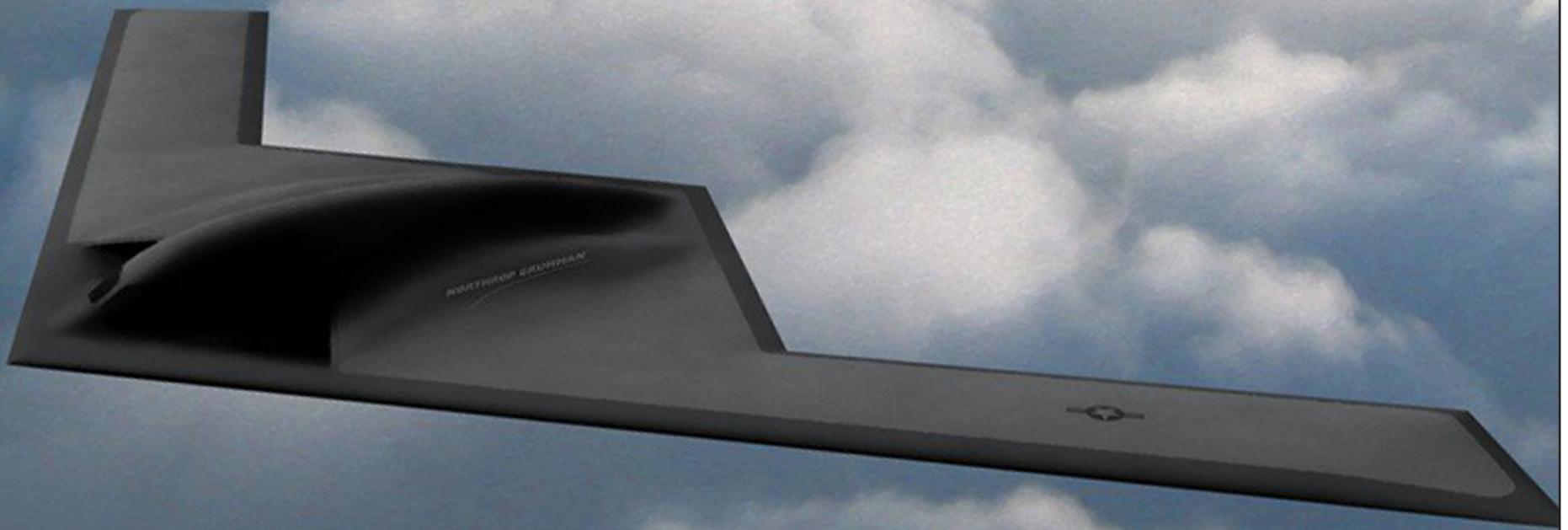


WARRIOR



B-21 PG.8

RAIDER

► **THE ETERNAL FLAME**

PG.5 **TEAM WHITEMAN KEEPS THE TORCH LIT FOR 24-HOUR POW/MIA RUN**

WELLPOWER: THE WILLPOWER TO BE WELL PG.4

Faces of the 131st Bomb Wing

By 131st Bomb Wing Public Affairs

Name: Thomas Keeley
Rank: SrA
Hometown: Lees Summit, MO

What is your military specialty?

Munitions Systems (Ammo)

What is your civilian occupation?

I am currently a full-time technician with the 131st Bomb Wing and also drill here at Whiteman. Graduated in May from University of Missouri-Kansas City with a Bachelor of Science in Geography.

Why did you join the Missouri Air National Guard (ANG)?

Both of my parents are retired Air Force so I've seen the success that they've had through the opportunities that the military presented and I wanted to reach that same level of success. At the same time, I wanted to finish my education. Joining the ANG allowed me to do to both.

What do you like best about your job?

Directly supporting the B-2 Spirit mission through delivering assets.

What do you enjoy most about being in the military?

The people that you meet really make your military experience worth the commitment.

What are your favorite ways to spend your free time?

I like to watch a lot of sports and hang out with my family. Snowboarding in the winter time is something that I always look forward to.

Where do you hope to see yourself in 5



U.S. Air National Guard photo/Senior Master Sgt. Mary-Dale Amison

Senior Airman Thomas Keeley

years? 10 years?

In five years I hope to have completed my master's degree and own my own home. In 10 years I would like to be working for a government agency such as the National Geospatial-Intelligence Agency or Federal Emergency Management Agency.

What is something that is on your bucket list?

I would like to have visited all seven continents in my lifetime.

Do you have any interesting talents or skills?

Ha! I don't think so? That's a tough question.

Tell us about a favorite military memory.

It'd be hard for me to pick a particular memory. Being at Camp Clark for State Emergency Duty training over the last few years has provided some lasting memories. It provided opportunities to meet new people and get to know the people that you already work with.

Pre-game football celebration honoring Military Appreciation Day

Please join the University of Central Missouri (UCM) for a pre-game football celebration honoring Military Appreciation Day. A group that continually makes an impact on the university campus and within the Warrensburg community.

The event will take place Saturday, Oct. 8, 2016, from 10:30 a.m.-12:30 p.m. at the events plaza, located off of South Holden Street near SPIN! Pizza.

This pre-game football celebration is free to all military families of Whiteman Air Force Base and military families of UCM. All guests will receive a general admission ticket to watch UCM take on Nebraska-Kearney at 1 p.m. after the tailgate.

Activities in the celebration are suitable for the entire family and will include: - Face Painting - Balloon animals - Children activities - Bouncy houses - Tailgate food and refreshments - Yard games - Pictures with Mo - And so much more!

If you are interested in attending this pre-game football celebration please register online by Sept. 30, 2016.

For questions please contact the UCM Alumni Foundation at 660-543-8000 or events@ucmo.edu.

The rain site location for this event will be located in the Student Recreation and Wellness Center, located off South Maguire Street. An email will be sent to those registered online by 8 a.m. noting the change.



THE WARRIOR Editorial Staff

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509th Bomb Wing Commander

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509 Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at 1-800-892-7856.

On the cover

U.S. Air Force graphic
Graphical representation of the newest long-range strike bomber for the U.S. Air Force. The B-21's name was released at the 2016 Air Force Association symposium in Washington, D.C. Air Force senior leadership decided on the name "Raider."

NEWS BRIEFS



U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to <http://www.tipsubmit.com/WebTips.aspx?AgencyID=1111> or the AFOSI web page at <http://www.osi.af.mil>

How to report an anonymous tip using a smart phone:

1. Use the smart phone app
2. Manually select an agency
3. Choose USA then Federal Agency then select AFOSI

4. Create a passport, select New Tip and fill out the form with as much information as possible.

How to report an anonymous tip VIA text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

Air Force Housing website

Visit www.housing.af.mil to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.

Stealth Lounge

If you are a young Airman, let the Stealth Lounge make your time at Whiteman more fun. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The lounge opens at 4 p.m. during the week and noon on weekends. There is free dinner every Friday at 4:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Please like the Stealth Lounge on Facebook to stay up to date on special events and tournaments.

Found property

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

WEATHER

| | |
|------------------|------------------|
| Today | Saturday |
| Sunny | Sunny |
| Hi 87 | Hi 87 |
| Lo 65 | Lo 67 |
| Sunday | Monday |
| Chance of Storms | Chance of Storms |
| Hi 79 | Hi 74 |
| Lo 66 | Lo 65.9 |

Whiteman hosts annual Air Force Ball



U.S. Air Force photos/Senior Airman Danielle Quilla

ABOVE: U.S. Air Force Brig. Gen. Paul W. Tibbets IV, the commander of the 509th Bomb Wing, left, and Airman Basic Trenden Fox, a fleet maintenance and analysis technician assigned to the 509th Logistics Readiness Squadron, cut the Air Force's 69th birthday cake at Whiteman Air Force Base, Mo., Sept. 17, 2016. The cake cutting ceremony is a tradition that symbolizes the passing of experience and knowledge from the seasoned to the young members of the service.

LEFT: Dean Kamen, an entrepreneur and inventor, receives a token of appreciation from U.S. Air Force Brig. Gen. Paul W. Tibbets IV, the commander of the 509th Bomb Wing, during the Air Force Ball at Whiteman Air Force Base, Mo., Sept. 17, 2016. Kamen was invited as the guest speaker to help celebrate the Air Force's 69th birthday and share more information about his For Inspiration and Recognition of Science and Technology (FIRST) organization, which is dedicated to inspire the next generation of innovators.

26 Sep - 2 Dec

Combined Federal Campaign



100% contact, 30% participation, \$100K pledged

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|---|--|
| FRIDAY, SEPT. 23 • 7 p.m. Magnificent Seven (PG-13) Adults - \$6.25, children - \$4.00 | SATURDAY, SEPT. 24 • 7 p.m. Advanced Free Screening (PG) Adults - \$6.25, children - \$4.00 |
| SUNDAY, SEPT. 25 • 3 p.m. Magnificent Seven (PG-13) Adults - \$6.25, children - \$4.00 | |

WellPower: the willpower to be well

**By Airman 1st Class
Michaela R. Slanchik**
509th Bomb Wing Public Affairs

Fourteen percent of the active duty Airmen at Whiteman Air Force Base, Missouri, fall into the obese category on body mass index (BMI) charts.

Obesity is a medical condition where an individual's BMI reaches above 30, caused by poor dietary patterns, lack of physical activity and other lifestyle choices.

"I hope to see the population here at Whiteman get healthier," said Maj. Patricia Williams, the 509th Medical Group (MDG) health care integrator.

This vision led to the creation of Whiteman's newest fitness initiative to help those who have been diagnosed as obese, find a solution to a healthier, happier lifestyle.

"WellPower" is a 12-week course founded by the 509th MDG that gives Airmen the nutrition, behavioral change, exercise instructions, education and personal support needed to meet the goals they set in the beginning of the course.

The pilot course kicked off on September 6, 2016, and includes 14 active duty Airmen who had a BMI equal to or greater than 30, and motivation to get fit and healthy.

"The Air Force Medical Services' vision is to see our supported population at the healthiest and highest performing segment of the U.S. by 2025," said Williams. "Our hope is the Airmen and their families incorporate healthy choices in their everyday lifestyle so we can realize that vision."

WellPower aims to do exactly that.

Being generated by two physicians, a behavioral health specialist, a physical therapist, a dietician and several medical technicians and nurses, the course is as beneficial and safe as possible. The fitness center team, and Whiteman's integrated delivery system, created exercise and food logs and made an exercise circuit in the fitness center to assist participants.

Each week, WellPower participants check-in at a class that educates them on the topic of the week. Topics range from the effects of sleep on weight loss to health risks of being overweight and how to break through plateaus.

At these check-ins, participants review their food diaries, exercise logs and have their weight recorded in their fitness book. This progress is closely monitored and documented in each Airman's medical record.

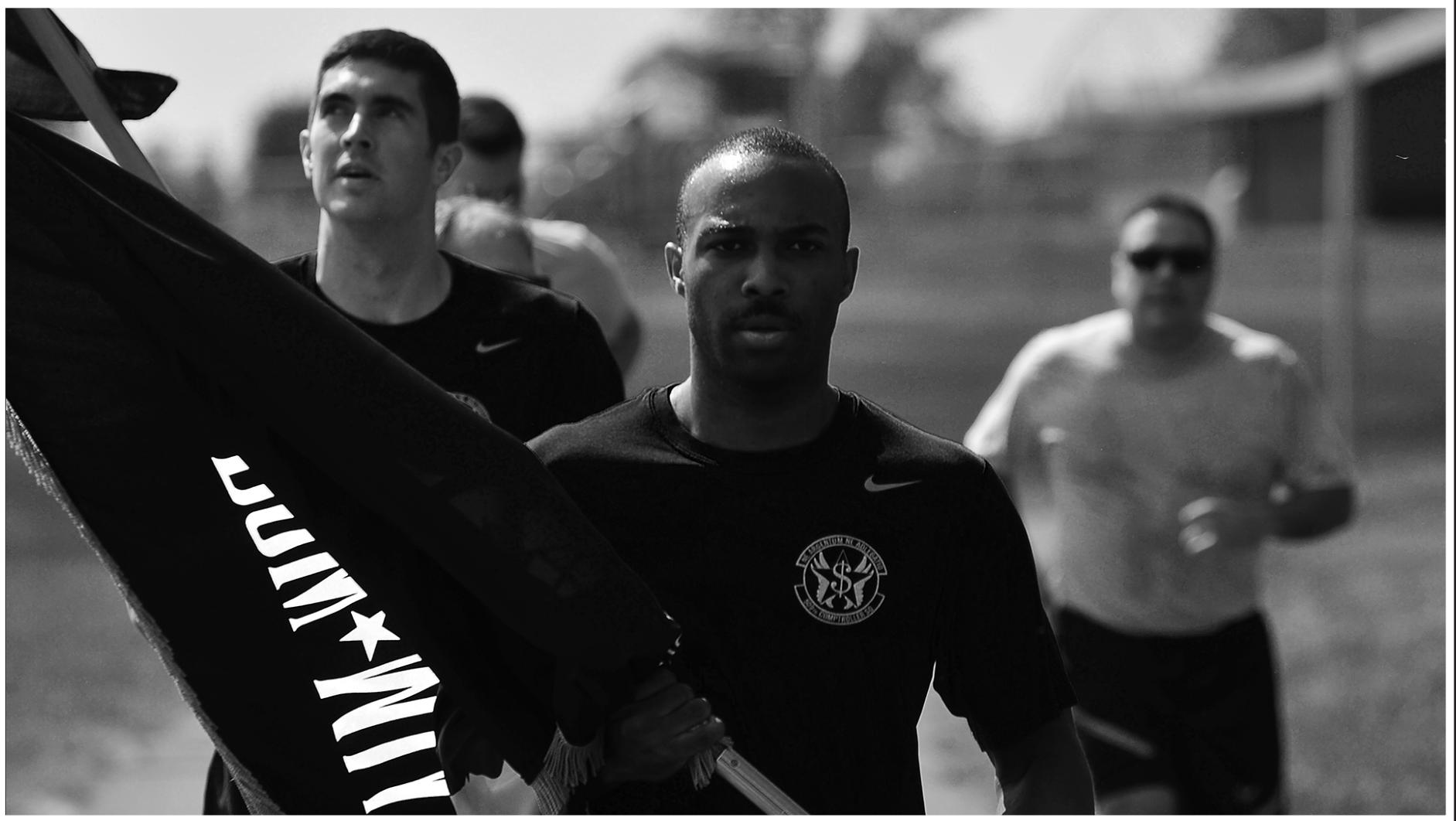
Obesity can put people at risk for diabetes, high blood sugar, mental health issues and many other complications that can negatively impact the mission. With the work of the 509th MDG, Airmen can get the proper help to avoid these complications and perform their duties to their upmost potential.

"The most exciting part for me is to see the hard work come to fruition," said Williams. "I really hope to change the culture here for our patients and teach them that no matter the obstacle, you can still make a difference in your health with proper instruction and by eating well and exercising."

The course will open in January 2017 to all beneficiaries who meet the requirements.

RECYCLE This Paper ... Think Green

Today, tomorrow, forever



A remembrance ceremony was held in honor of National MIA/POW Recognition Day at Whiteman Air Force Base, Mo., Sept. 15-16, 2016. Congress has designated the third Friday of September as a day to commemorate American prisoners of war and service members missing in action. The opening ceremony held prior to passing a lit torch, included a guest speaker and opening remarks from the 509th Mission Support Group commander. Each squadron, along with several other Whiteman groups, ran a portion of the 24-hour-long run.

U.S. Air Force photos/Senior Airman Jovan Banks

Whiteman Airmen attend AFA conference



Courtesy photo

Members of Team Whiteman had the opportunity to attend the Air Force Association annual conference this week. While there, they had the opportunity to hear about the state of our service and about challenges we must overcome in the future from leaders from across the Department of Defense, including the Secretary of the Air Force, the Chairman of the Joint Chiefs, and the Chief of Staff of the Air Force. The Team Whiteman members also had the opportunity to meet with Gen. Robin Rand (center), Air Force Global Strike Command commander, during their time at the conference and they heard about the important role of strategic deterrence in global affairs.

THINK SAFETY

**See Something...
Say Something**

B-21: Modernizing the bomber fleet

By Staff Sgt. Jette Carr
Air Force News Service

NATIONAL HARBOR, Md. (AFNS) -- Following the Air Force secretary's announcement that the new long-range strike bomber would be called the B-21 Raider, Gen. Robin Rand, the Air Force Global Strike Command commander, said during a session at the Air Force Association Air, Space and Cyber Conference Sept. 19 the name brought the past and present Air Force full circle by linking a success from the past with modernization that is currently taking shape with the new bomber -- and must continue to keep the Air Force ahead of its enemies.

"What I like about it so much is the 21st century B-21 and the name Raider connects us back to our rich heritage, and there's no richer heritage than what happened on April 18, 1942: 80 brave men in 16 B-25 Mitchells took off from the Hornet and showed the Japanese that we had will, we had fight, and changed, many would say, the course of that war," Rand said.

Rand stressed the aging bomber fleet was in need of an upgrade to combat future threats. In an ever increasing anti-access/area denial environment, the Air Force's systems need to be survivable, reliable and efficient.

"We've got to modernize," Rand said. "The B-21 is going to be a big part of modernization for our Air Force, so that we can continue to do the long-range strike mission."

As America's adversaries continue to update their systems, the U.S. needs to be ready to face them in order to maintain aerial dominance. Consequently, developing new technologies to meet threats is an increasingly relevant endeavor.

"We set priorities on some systems, and you'll hear our senior leaders this week say 'Hey, our three top (modernization) priorities are the F-35 (Lightning II), the KC-46 (Pegasus) and the B-21,'" said Lt. Gen. Mike Holmes, the deputy chief of staff for strategic plans and requirements and another B-21 panelist. "You know what that priority means is that we're going to find a way to pay for those and we're going to make those a priority in our budget ... because we need to ensure we'll be able to penetrate the enemy airspace and hold the targets at risk so the president of the United States has options."

Capabilities

B-21 capabilities discussed during the panel ranged from whether the bomber would be manned or unmanned, to what kind of munitions it would carry, as well as the number of aircraft being acquisi-



U.S. Air Force photo/Staff Sgt. Whitney Stanfield

Gen. Robin Rand, the Air Force Global Strike Command commander, Randall G. Walden, the director and program executive officer of the Air Force Rapid Capabilities Office, and Lt. Gen. James Holmes, the deputy chief of staff, strategic plans and requirements, gives a thumbs-up to the B-21 bomber's new name during the Air Force Association's Air, Space and Cyber Conference in National Harbor, Md., Sept. 19, 2016. The B-21 will be known as the Raider.

tioned.

While Rand stated the number of aircraft to be purchased hasn't been officially decided, he does have a number in mind. "I've been on record saying we need to start with a minimum of a hundred B-21s and my premise for that is looking at combatant commander requirements we currently have," Rand said, adding Air Force officials are also projecting what the next 50 years of combat requirements will be when deciding how many of the new bombers are needed.

"You have to have a starting point," Rand continued. "You have to look at the total existing bomber fleet we have now. We have 158 total bombers, B-52s, B-1s and B-2s and I just, again, for the life of me can't imagine our United States Air Force and our nation can have one less bomber than it currently has today. So, we start with 100, and as we manage the fleet and we manage retiring some aspects of the fleet and bringing the B-21 in, we need to really dig our heels in on what that ceiling should be."

The specific competencies the newest bomber will possess are still in discussion, but Randall Walden, the third panelist and the director and program executive officer for the Air Force Rapid Capabilities Office, stated that as of now, one decision -- whether the B-21 will be manned or unmanned -- has been roughly

decided.

"Right now it's manned, with the option to do unmanned in the future," he elaborated. "But, recall this platform is a part of a much larger family of systems, and in that family it's going to bring to bear probably some of the best capabilities in the nation. ... From an unmanned point of view, it's got a basic requirement stated. (The) question is, 'What's the right timing to bring that level of capability together with this type of platform?'"

Budget

"All three of our bomber fleets are gainfully employed every single day," Rand said. "I sometimes think people need to realize you get a lot of bang for your buck with the bombers. ... Conventionally we're in every combatant commander's (operational) plan."

A priority for Air Force leadership, especially with recent year's tightening budgets, is finding ways to maintain a strong national defense, while also remaining cost-effective.

"There are certainly things we need to do to reduce costs on these systems and (long range standoff) will continue to be a topic as we work through the budget process with the department," Holmes said. "We'll work within the Air Force budget to find ways to fund the nuclear enterprise, which is the foundation of (U.S.) defense."

The B-21 has a name: Raider



U.S. Air Force photo/Scott M. Ash

U.S. Air Force Secretary Deborah Lee James announces the name of the Air Force's newest bomber, the B-21 Raider, with the help of retired Lt. Col. Richard Cole, one of the Doolittle Raiders, and Tech. Sgt. Derek White, assigned to the Maryland Air National Guard, during the Air Force Association's Air, Space and Cyber Conference in National Harbor, Md., Sept. 19, 2016. White was one of the winners of the B-21's naming contest; his entry was inspired by Cole.

By Mike Martin

Secretary of the Air Force Public Affairs

NATIONAL HARBOR, Md. (AFNS) -- The Air Force's long-range strike bomber has officially been named the B-21 Raider.

Air Force Secretary Deborah Lee James announced the results of the Air Force Global Strike Command led naming contest alongside selected members during her remarks at the Air Force Association's Air, Space and Cyber Conference here Sept. 19, 2016.

"Today I want to recognize three Airmen who answered the call to be a part of a new Air Force legacy and name our new bomber," James said. "The first two ... submitted proposals that captured the essence of the bomber force and they are the winners of our contest."

The third Airmen James recognized, calling him one of the greatest men of his generation, was Doolittle Raider retired Lt. Col. Richard E. Cole.

The Doolittle Raiders are known for their surprise attack against Japan during World War II on April 18, 1942, which forced the Japanese to recall combat forces for home defense, and boosted morale among Americans and U.S. allies abroad.

The name was ultimately selected by James and Air Force Chief of Staff Gen. Dave Goldfein after a panel composed of staff from AFGSC and Headquarters Air Force determined the top-ranked selections from more than 2,100 unique naming submissions.

While there were multiple entries advocating for the B-21 to be dubbed Raider, Air Force officials said the members were selected based on the overall quality of

their justification.

James has often highlighted the important role the B-21 Raider will play in allowing the Air Force to operate in tomorrow's high end threat environment, and in providing the Air Force the flexibility and capability to launch from the continental United States and deliver air strikes on any location in the world. She has also cautioned of the delays the program could face under a continuing resolution.

"A short-term (continuing resolution) is manageable ... but, let me tell you, a long-term continuing resolution would be very damaging for the Air Force," James said. "(It would) cap the production of the KC-46, prevent us from devoting more funds to developing the B-21 next year, and delay about 50 construction projects."

The service's ability to divest old capabilities and build new is paramount, and modernization remains a priority

for the Air Force as it continues to play a major role defending against current and emerging threats.

"We have the oldest aircraft fleet we have ever had, 27 years old on average," James said. "This absolutely needs to be a focus for us."

The B-21 Raider, designed based on a set of requirements that allow the use of existing and mature technology, is currently in the Engineering and Manufacturing Development phase and the Air Force plans to field the initial capability of the aircraft in mid-2020s.

B-21 naming contest selected members:
 · Lt. Col. Jaime I. Hernandez, 337th Test and Evaluation Squadron commander, Dyess Air Force Base, Texas
 · Tech. Sgt. Derek D. White, emergency management craftsman, 175th Civil Engineering Squadron, Maryland Air National Guard



Due to a power outage, the Mission's End club will be closed on Sept. 26, 2016.

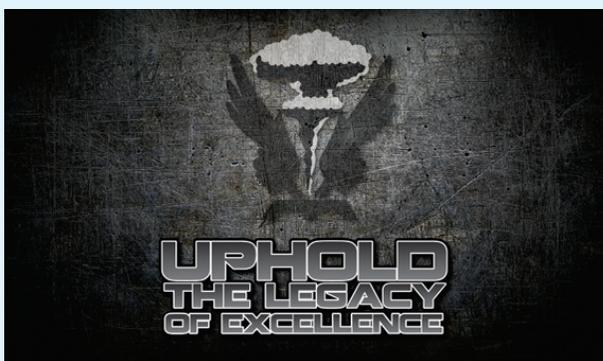
**Uphold the
legacy of**

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Upholding the Legacy of Excellence -- your legacy!

Public Affairs is offering the opportunity for you, members of Team Whiteman (to include active duty, Guard, Reserve, civilian and retired military), to submit commentaries about your personal experiences with or reflections on the 509th Bomb Wing's Legacy of Excellence and what it means to you.

Submissions must be 250-1200 words in length and will be reviewed for content, grammar and style before publication by the Public Affairs staff. Once approved, one commentary will be posted in the Whiteman Warrior base newspaper weekly.



To make a submission, please email the 509th Bomb Wing PA office at 509.bw.pa@us.af.mil. Please include "UTL Commentary" as the subject line. Lastly, please ensure that you include information about yourself, such as your name and rank, job title, and any information that could help tie you to the Legacy.

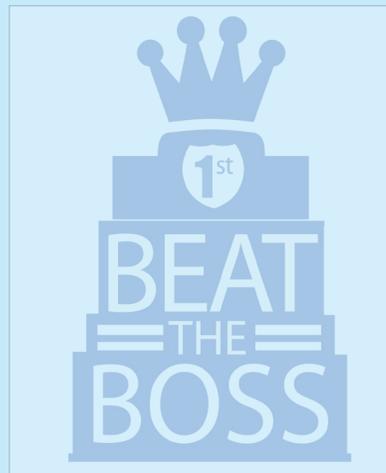
Photos are accepted! Please ensure that they are either official military photos or scans/digital copies of personal photos.

We look forward to publishing your story!

Beat the Boss

The Beat the Boss program is a monthly PT test competition between 509th Bomb Wing units that will recognize outstanding teamwork and devotion to fitness at the Squadron level. Active duty Whiteman Airmen who score the same or higher than the commander's score of 95.4% will earn a one-day pass, and those who score a 100% win a one-day pass and one of the commander's coins.

Here are the Beat the Boss results:



Airman 1st Class Michael Epp, 509th CS, 99.7%
Tech. Sgt. Brian Frazee, 509th OSS, 98.9%
Senior Airman Lucas Green, 509th OSS, 98.9%
Staff Sgt. David Reuter, 509th MXS, 97.9%
Chief Master Sgt. James Lyda, 509th OSS, 97.7%
Airman 1st Class Iera Ziziunaite, 509th FSS, 97.3%
Tech. Sgt. Thomas Otero, 509th FSS, 97.3% Senior
Airman Thomas Payne, 509th MXG, 97.2%
Senior Airman Ayrese Jennings, 20th ATKS, 96.8%

Capt. Matthew Houting, 509th MDOS, 96.7%
Tech. Sgt. Janie Ramsey, 509th BW, 96.3%
Airman 1st Class Jazmin Smith, 509th BW, 96.2%
Senior Airman Eric Velasquez, 509th MUNS, 96.1%
Airman 1st Class Clayton Manning, 509th CES, 96.1%
Tech. Sgt. Nathanael Hart, 509th CES, 95.7%
Staff Sgt. Curtis Douglas, 509th LRS, 95.7%
Tech. Sgt. Letray Womble, 509th CONS, 95.7%
Senior Airman Nicholas Jefferies, DET 12, 95.6%



View the *Whiteman Warrior* online by logging onto www.whiteman.af.mil