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The Warrior
April 22, 2016

Commentary

EFMP smooths transitions for dependents with ASD

By Senior Airman Sandra Marrero

509th Bomb Wing Public Affairs

Parents deploying, permanent changes of duty station and switching schools come with the territory of being a military child. But, for approximately 20,000 of these children, there is an added layer of complexity: living with Autism Spectrum Disorder (ASD).

According to the Centers for Disease Control and Prevention (CDC), symptoms of ASD include difficulties in social interactions or communication, repetitive behaviors and restricted interests. People with ASD may communicate, interact, behave and learn in ways that are different from most people and might not want change in their daily activities.

Aaron Likens, the Easter Seals Midwest Autism Ambassador, shared his own aversion to change while giving a presentation to members of Team Whiteman during Autism Awareness month.

"I used to joke that trying something new was like a tetanus shot, you only need a booster once a decade," said Likens. "I don't have to try anything new until 2026!"

However, military families, who can be continuously subjected to unexpected changes may not have the choice. Fortunately, the Exceptional Family Member Program (EFMP) is available to ease the transition

"The biggest fear for families is starting over, especially after find-

ing out what works," said Diane Munley, the Whiteman EFMP- Family Support manager. "There is difficulty transitioning from school to school, so we help break those barriers and get them settled in. I get to know my families and help facilitate a warm handoff."

The family support component of EFMP ensures continuity of care for family members by providing referrals to both on-base and off-base non-medical resources and helps put families in direct contact with school officials. It is part of the broader EFMP program that includes EFMP-Medical and EFMP-Assignments. These components coordinate medical management and ensure children with ASD or other special needs go to an installation that can provide the appropriate medical, educational and community support.

Not only is enrollment in the program mandatory for those who qualify, but participating in EFMP can help children with ASD by providing early intervention.

"All the data and research out there shows the earlier children get treatment, the faster the rate of growth," said Likens. "If we wait, it's going to take a lot longer to get the same gain. With anything on the autism spectrum, early truly equals better."

For more information about autism spectrum disorder and the EFMP go to:

http://www.cdc.gov/ncbddd/autism/index.html http://www.militaryonesource.mil/efmp

Standing united: SAPR program provides avenues for recovery



Anonymous support for sexual assault

support for sexual assault survivors in the military

safehelpline.org | 877-995-5247

By Airman 1st Class Michaela R. Slanchik

509th Bomb Wing Public Affairs

During a traumatic experience, it might be hard to know who to turn to. Dealing with a sexual assault can be a very isolating experience, especially for service members who may be away from their support system at home.

However, Airmen can rely on their Air Force and Department of Defense (DOD) family to provide support at any time. The Air Force Sexual Assault Prevention and Response (SAPR) program offers a variety of programs and confidential reporting options.

Every year, Airmen receive vital training where they are educated on the resources available for themselves or others. In an instance where help is sought, a victim can visit their local SAPR office or call the hotline. Another option is to seek a trained victim advocate, who is integrated within units and can

be identified by their teal morale shirt.

In addition to these outlets and reporting options the Air Force offers, the DOD offers the DOD Safe Helpline to provide anonymous care for sexual assault survivors in the DOD community. It is a live, one-on-one, confidential support service available 24/7.

The DOD Safe Helpline, which was founded in 2011, is operated by the Rape, Abuse and Incest National Network (RAINN), which is the nation's largest antisexual violence organization.

The helpline offers five different avenues for help:

- * An instant-messaging option is offered at SafeHelpline.org.
- * The telephone option, which can transfer the call to the installation Sexual Assault Response Coordinator (SARC) if preferred, can be reached by calling (877)-995-5247.
- * Safe HelpRoom is a group chat room that sexual assault survivors can connect with each other via the secure online environment

- at SafeHelpline.org
- * Information and personalized referrals to local support and resources can be acquired by sending a text message to 55-247 when inside the U.S.
- * The Safe Helpline App is available for smart phone users and allows sexual assault survivors in the military to create a personalized self-care plan and obtain any needed resources world-wide.

In addition to providing channels for victims to receive support, the helpline website offers information on how to help someone who has been sexually assaulted.

"Reporting is not a one-size fits all," said Ann Beem, the 509th Bomb Wing SARC. "People need to have options that fit whatever their comfortable with and that is available when, where and in the form that it's needed. The helpline gives you these choices."

For more information, visit SafeHelpline. org or contact the Whiteman SAPR office at (660) 687-2324.

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Senior Airman Sandra Marrero Senior Airman Joel Pfiester Airman 1st Class Keenan Berry Airman 1st Class Jazmin Smith Airman 1st Class Michaela Slanchik Photojournalists

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For more information, call the Warrior office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509 Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at 1-800-892-7856.

On the cover

U.S. Air Force photo/ Airman 1st Class Keenan Berry

U.S. Air Force Airman 1st Class Dana Beck, a 509th Civil Engineer Squadron heating, ventilating and air conditioning apprentice, checks a refrigerant manifold gauge assembly at Whiteman Air Force Base, Mo., April 20, 2016. The gauge is used in conjunction with a vacuum to remove dirt and debris from cooling systems to ensure proper ventilation.

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NEWS BRIEFS



U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to http://www.tipsubmit.com/WebTips.aspx?AgencyID=1111 or the AFOSI web page at http://www.osi.af.mil

How to report an anonymous tip using a smart phone:

- 1. Use the smart phone app
- 2. Manually select an agency
- 3. Choose USA then Federal Agency then select AFOSI
- 4. Create a passport, select New Tip and fill out the form with as much information as possible.

How to report an anonymous tip VIA text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

Air Force Housing website

Visit www.housing.af.mil to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.

Stealth Lounge

If you are a young Airman, let the Stealth Lounge make your time at Whiteman more fun. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The lounge opens at 4 p.m. during the week and noon on weekends. There is free dinner every Friday at 4:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Please like the Stealth Lounge on Facebook to stay up to date on special events and tournaments.

Found property

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

WEATHER

Saturday
Sunny
Hi 75
Lo 49

Sunday Monday Mostly Sunny Partly Sunny Hi 79 Hi 78 Lo 56 Lo 61

Whiteman Weekly Warrior

By Airman 1st Class Keenan Berry 509th Bomb Wing Public Affairs

Meet U.S. Air Force Master Sgt. Deborah Inovejas, the 509th Maintenance Group superintendent. She oversees plans, scheduling and documentation as well as database management and maintenance analysis. Inovejas was raised in a military family and claims Hawaii as her home. After 21 years of service, she still looks forward to each day at work.

"I love this job because I enjoy taking care of the Airmen in my section," said Inovejas. "Seeing my Airmen succeed in their careers means more to me than any award or accolade."

Inovejas took time out of her day to sit with the 509th Bomb Wing Public Affairs

office for a question and answer session.

- Q. What inspired you to join the Air Force?
- A. I came from a huge military background; many of my relatives served when I was a child. Because of that, I knew I was going to serve. I went to school for nursing and joined the Air Force afterward.
 - Q. What are your personal goals?
- A. My short term goal is to obtain my master's degree and my long term goal is to make chief master sergeant.
- Q. What are your thoughts about carrying on the bomber legacy?
- A. The legacy holds a significant place in my heart. I've only been here for a year and I've learned so much about the history of Whiteman and its mission. The B-2 Spirit is a special aircraft, and I am so lucky to be

a part of something that has a big impact on the world.

- Q. What bases have you been to?
- A. I've been to Seymour Johnson Air Force Base (AFB), N.C.; Kadena Air Base (AB), Japan; Mountain Home AFB, Idaho; Joint Base Pearl Harbor-Hickam, Hawaii; Barksdale AFB, Louisiana; Kunsan AB, Republic of Korea; and Whiteman AFB, Missouri.
 - Q. What do you like about your job?
- A. What I like about my job is helping people. A lot has been afforded to me, so I pay it forward by helping others succeed.

The Whiteman community congratulates Inovejas for earning the 2015 Maintenance Management Systems Professional of the Year award as she continues to contribute to the bomber legacy.



U.S. Air Force Master Sgt. Deborah Inovejas, the 509th Maintenance Group (MXG) superintendent, right, and Senior Airman Amy Olvitt, a 509th MXG wing time change monitor, left, discuss discrepancies within the integrated maintenance data system (IMDS) database at Whiteman Air Force Base, Mo., April 8, 2016. The maintenance scheduling application tool verification output data database validates and quality checks aircraft equipment information within IMDS and highlights any discrepancies that must be amended. The IMDS database contains accurate historical aircraft maintenance documentation for data verification.



U.S. Air Force Master Sgt. Deborah Inovejas, the 509th Maintenance Group (MXG) superintendent, left, and Senior Airman Marcus Cottingham, a 509th MXG wing time change monitor, perform an aircraft jacket file review at Whiteman Air Force Base, Mo., April 8, 2016. Aircraft jacket files are vital in ensuring all maintenance performed on the B-2 Spirit aircraft is recorded and archived. This information is utilized for conducting in-depth special studies pertaining to aircraft performance indicators and is referenced by maintenance personnel when researching prior aircraft maintenance activities.



U.S. Air Force Tech. Sgt. Tanya Tribbet, the 509th Maintenance Group (MXG) NCO in charge of maintenance scheduling, left, Master Sgt. Dwayne Henslee, the 509th MXG maintenance production manager, center, and Master Sgt. Deborah Inovejas, the 509th MXG superintendent, right, review a monthly time change meeting minutes form at Whiteman Air Force Base, Mo., April 8, 2016. The monthly time change meeting minutes form is a list of time change items for aircraft phase inspections that require maintenance after a certain amount of flight hours.

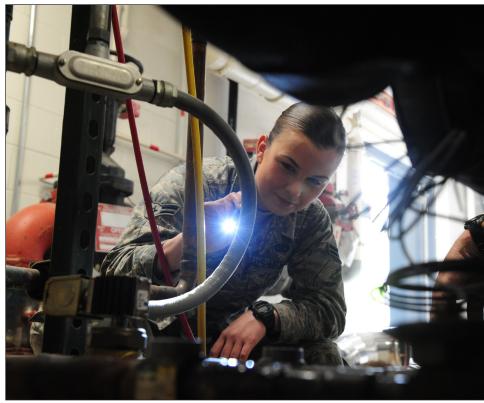
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FRIDAY, APRIL 22 • 7 p.m. The Jungle Book (PG) Adults - \$6.25, children - \$4.00 **SATURDAY, APRIL 23 •** 7 p.m. Miracles From Heaven (PG) Adults - \$6.25, children - \$4.00

SUNDAY, APRIL 24 • 3 p.m. 10 Cloverfield Lane (PG-13) Adults - \$6.25, children - \$4.00

509th CES keeps cool under pressure



U.S. Air Force photo/Airman 1st Class Keenan Berry

U.S. Air Force Airman 1st Class Dana Beck, a 509th Civil Engineer Squadron heating ventilating and air conditioning apprentice, examines solder joints for leaks at Whiteman Air Force Base, Mo., April 20, 2016. Leaking solder joints could disrupt the air unit's cooling process and cause a system malfunction.



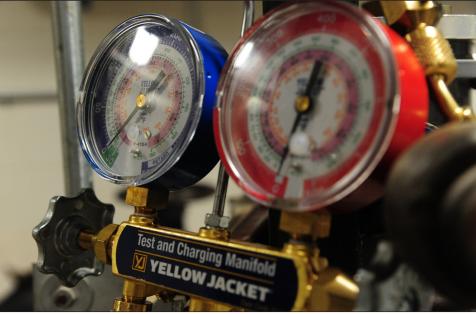
U.S. Air Force photo/Senior Airman Jovan Banks

Tevin Gerke, a heating, ventilating, and air conditioning (HVAC) technician assigned to the 509th Civil Engineer Squadron, checks for coolant leaks after soldering replacement pipes at Whiteman Air Force Base, Mo., April 20, 2016. Depressurized pipes cause leaks which can lead to the loss of cooling capabilities in the air unit.



U.S. Air Force photo/Airman 1st Class Keenan Berry

U.S. Air Force Airman 1st Class Dana Beck, a heating, ventilating, and air conditioning (HVAC) apprentice assigned to the 509th Civil Engineer Squadron (CES), connects a vacuum pump to manifold gauges while repairing a cooling system at Whiteman Air Force Base, Mo., April 20, 2016. The vacuum pump is used to remove dirt and debris from cooling systems to ensure functionality.



U.S. Air Force photo/Airman 1st Class Keenan Berry

A refrigerant manifold gauge assembly awaits operation at Whiteman Air Force Base, Mo., April 20, 2016. The manifold gauge assembly is used to check an air unit's pressure to verify efficient functionality.

Kennish Assumes 131st Operations Group Command



U.S. Air National Guard photo/Senior Airman Nathan Dampf Lt. Col. Jared Kennish receives the 131st Operations Group guidon from Col. Mike Francis, 131st Bomb Wing commander, during the assumption of command ceremony at Whiteman Air Force Base, Missouri, April 17.

By Tech. Sgt. Traci Howells

131st Bomb Wing Public Affairs

The 131st Operations Group officially gained its commander April 17, as Lt. Col. Jared Kennish assumed command of the unit he'd been leading since November 2015.

"An assumption of command is a ceremony about leadership," said Col. Michael J. Francis, 131st Bomb Wing commander. "In the case of the 131st Operations Group, it's about a transition from one great leader to another."

Francis said that Col. Michael Pyburn, former 131st OG commander, and Kennish, previously the 110th Bomb Squadron commander, had worked together for the last three years,

building a unique partnership with their active duty 509th Bomb Wing teammates. Col. Michael Pyburn assumed command of the active duty 509th Operations Group Oct. 24, 2015, following the departure of Col. David Benson, who took a new role as 7th Bomb Wing commander at Dyess Air Force Base, Texas.

"The 131st Operations Group and their teammates from the 509th execute one of the most critical missions in the United States Air Force," Francis said. "The B-2 and its weapons systems provide capability found nowhere else on the planet. You are the nation's sword."

Prior to passing on the group guidon – and with it command of the 131st OG – Francis advised that being a group commander brings about new issues and challenges, and added that Kennish has proven himself ready for, and deserving of, this new responsibility.

"There is no way to predict the challenges you will face in your command, but I know two things for certain; there will be good times, and there will be bad times," Francis said. "Handle the good times with grace and humility. And try to handle the bad times the way you handle the good times."

In his remarks, Kennish thanked his family and guests, along with the Airmen in his command.

"To the men and women of the 131st Operations Group, I would not be here today without your unselfish dedication to our nation's call," Kennish said. "A military member is different, and the legacy that you leave is being part of something bigger than yourselves."

"At the 131st we follow the footsteps of some great American patriots. It is an honor for me to serve as your commander," he added.

More information on the Missouri Air National Guard's 131st Bomb Wing can be found at http://www.131bw.ang.af.mil/. For more information on the Missouri National Guard, visit http://moguard.com/.

THINK SAFETY

Feature The Warrior April 22, 2016 The Warrior April 22, 2016 April 22, 2016



Aircraft armament systems technicians from the 509th and 131st Aircraft Maintenance Squadron pose for a group photo at Whiteman Air Force Base, Mo., April 14, 2016. During exercise CONSTANT VIGILANCE 16, drill-status guardsmen (DSG) had the opportunity to work alongside their full-time counterparts, which marked the first time DSG have participated in the actual loading of weapons during the exercise.



U.S. Air Force Master Sgt. Misty Moreno, 509th Force Support Squadron section chief management, reviews a member's deployment documents during CONSTANT VIGILANCE 16 at Whiteman Air Force Base, Mo., April 12, 2016. Whiteman participates in training operations and exercises on a constant basis to ensure force readiness to perform nuclear deterrence operations and

Poised and ready: Whiteman Airmen participate in annual AFGSC exercise

509th Bomb Wing Public Affairs

The ability of the U.S. military to respond quickly and effectively to real-world situations stems from the training and exercises it conducts.

Total Force Airmen from the 509th and 131st Bomb Wings (BW) participated in exercise CONSTANT VIGILANCE 16 (CV16) at Whiteman Air Force Base,

The exercise involved multiple bomb and missile wings conventional and nuclear missions in concert with each

the Airmen to focus on the critical roles they play in defact that we can bring our drill-status Airmen in shows that terrence missions and supporting combatant commanders. TFI and a fully-integrated Air Force really does work."

processing procedures, and validated force protection and anti-terrorism measures.

The exercise also gave 131st BW drill-status Airmen an which is another way Total Force Integration (TFI) ensures operational readiness.

"This is the first time our Drill Status Guardsmen (DSG) Missouri, April 8-13, 2016, as part of the annual AFGSC have participated in the actual loading of the weapons Maintenance Group commander. "It was monumental for ever needed." from across AFGSC refining their ability to support their us to have the opportunity to show our full-time force and can participate in the mission. Roughly half of our mem-

multiple generations of the B-2 Spirit, refined deployment ing alongside the full-time technicians. Their performance during the exercise proved Team Whiteman is ready and equipped with the right tools and training to do the job.

"All of us contribute to the defense of our great nation; opportunity to work alongside their full-time counterparts, together we provide a credible and decisive strike platform that deters our adversaries from harming us and our allies," said Brig. Gen. Paul Tibbets IV, the 509th Bomb Wing commander. "When needed, we also serve as avengers on behalf of the American people. As such, we must always during this exercise," said Col. Kimbra Sterr, the 131st remain poised to respond and to strike wherever and when-

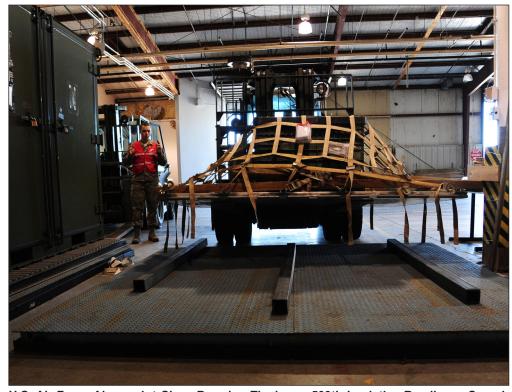
This is exactly what CV16 was about: testing mission the 509th that the DSGs are proficient in their specialty and readiness and ensuring the 509th and 131st BWs are always capable of supporting combatant commanders with For members of Team Whiteman, this exercise enabled bers are fulltime, so they've always participated, but the safe, secure and effective conventional and nuclear airpower. Once again, Whiteman's TFI Airmen exceeded all



U.S. Air Force 2nd Lt. Alexander Clawson, a 509th Logistics Readiness Squadron (LRS) asset management specialist, left, Staff Sgt. Chris Taylor, the 509th LRS NCO in charge of deployment operations, center, and Airman 1st Class Brandon Tincher, a 509th Logistics Readiness Squadron materiel management specialist, examine cargo documentation during the CONSTANT VIGILANCE 16 exercise at Whiteman Air Force Base, Mo., April 12, 2016. Training and exercise are critical to Air Force Global Strike Command's ability to respond quickly and effectively to real-world situations.



Maj. Gen. Richard M. Clark, 8th Air Force commander, center, speaks with members of the 509th Bomb Wing outside an aircraft hangar at Whiteman Air Force Base, Mo., April 12, 2016. Clark visited Whiteman to observe operations during the CONSTANT VIGILANCE 16 exercise.



U.S. Air Force Airman 1st Class Brandon Tincher, a 509th Logistics Readiness Squadron materiel management specialist, directs a cargo movement procedure during CON-STANT VIGILANCE 16 at Whiteman Air Force Base, Mo., April 12, 2016. CONSTANT VIGI-LANCE is an annual Air Force Global Strike Command exercise designed to train and assess the command's ability to support its conventional and nuclear missions.



A B-2 Spirit awaits loading procedures during the CONSTANT VIGILANCE 16 exercise at Whiteman Air Force Base, Mo., April 12, 2016. The exercise included simultaneous elements that tested and refined Air Force Global Strikes policies, training and techniques at the tactical and operational levels.



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358th FS Airman earns Diamond Sharp Award



U.S. Air Force photo/Senior Airman Sandra Marrero

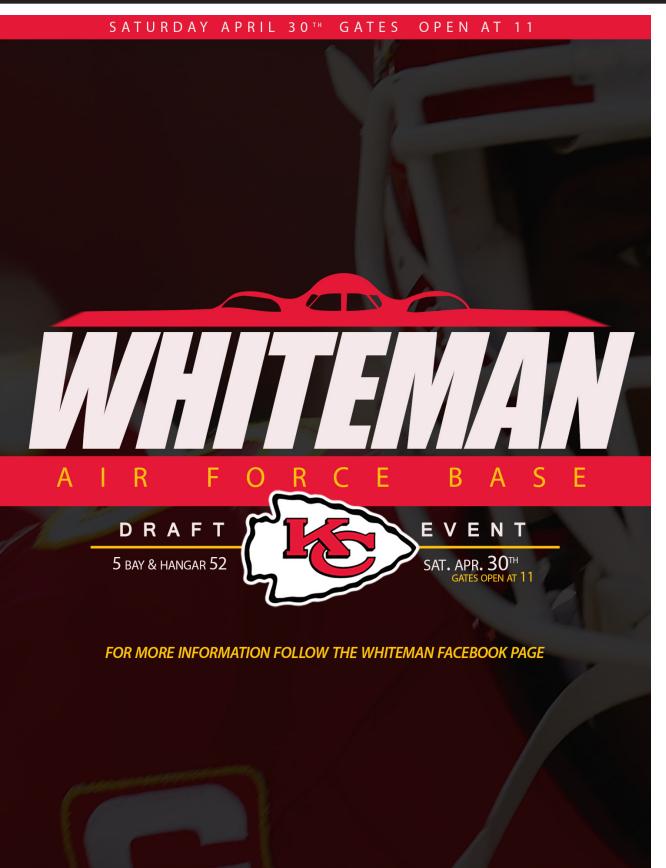
U.S. Air Force Tech. Sgt. Stephen Powell, 358th Fighter Squadron weapons expediter, is presented the Diamond Sharp Award at Whiteman Air Force Base Mo., April 15, 2016. Powell earned this distinction by helping organize a blood drive, pursuing his bachelor's degree in data analysis and for single handedly performing setup and tear-down for an Easter showcase he led for the Holy Family Catholic Parish at Whiteman's Spirit Chapel.

Uphold the legacy of EXCELLENCE



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News



Beat the Boss

The Beat the Boss program is a monthly PT test competition between 509th Bomb Wing units that will recognize outstanding teamwork and devotion to fitness at the Squadron level. Active duty 509th Airmen who score the same or higher than the commander's score of 95.4% will earn a one-day pass and those who score a 100% win a one-day pass and one of the commander's coins.

Here are the Beat the Boss results:



Maj. Anthony Mulia 20th Reconnaissance Squadron, 95.7% **Senior Airman David McIntosh** 509th Contracting Squadron, 96.6% Senior Airman Rex Longwell 509th Civil Engineer Squadron, 99.3% Tech Sgt. Tiffany Campell 509th Medical Operations Squadron, 96.4% Airman 1st Class Kathleen Bopha 509th Logistics Readiness Squadron, 98.1% **Senior Airman Katelyn Potts** 509th Medical Operations Squadron, 97.3% **Master Sgt. Jason Domenico** 509th Logistics Readiness Squadron, 100% Senior Airman Robert Palmer 509th Force Support Squadron, 99.1% Staff Sgt. Duzaghi Tafie 509th Force Support Squadron, 97% Tech. Sgt. James Marzula 509th Operation Support Squadron, 96.3% Staff Sgt. Benjamin Smith 509th Medical Operations Squadron, 95.5% Lt. Col. Christopher Goodenough 509th Medical Operations Squadron, 98% Senior Airman Dex-xavier Copeland

509th Comptroller Squadron, 97.9%

services page



Show your support for Sexual Assault Awareness Month and the survivors among us by participating in the

RACE FOR RESPECT 5K

<u>WHO:</u> Whiteman AFB Populace <u>WHEN:</u> Friday, 29 April 2016; Show Time @0630/Run Time @0645 <u>WHERE:</u> Fitness Center Running Track

Sponsored by WAFB Tier II POC's: SSgt Jessica Perez & Ms. Ann Beem (SAPR Coordinator) classifieds

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