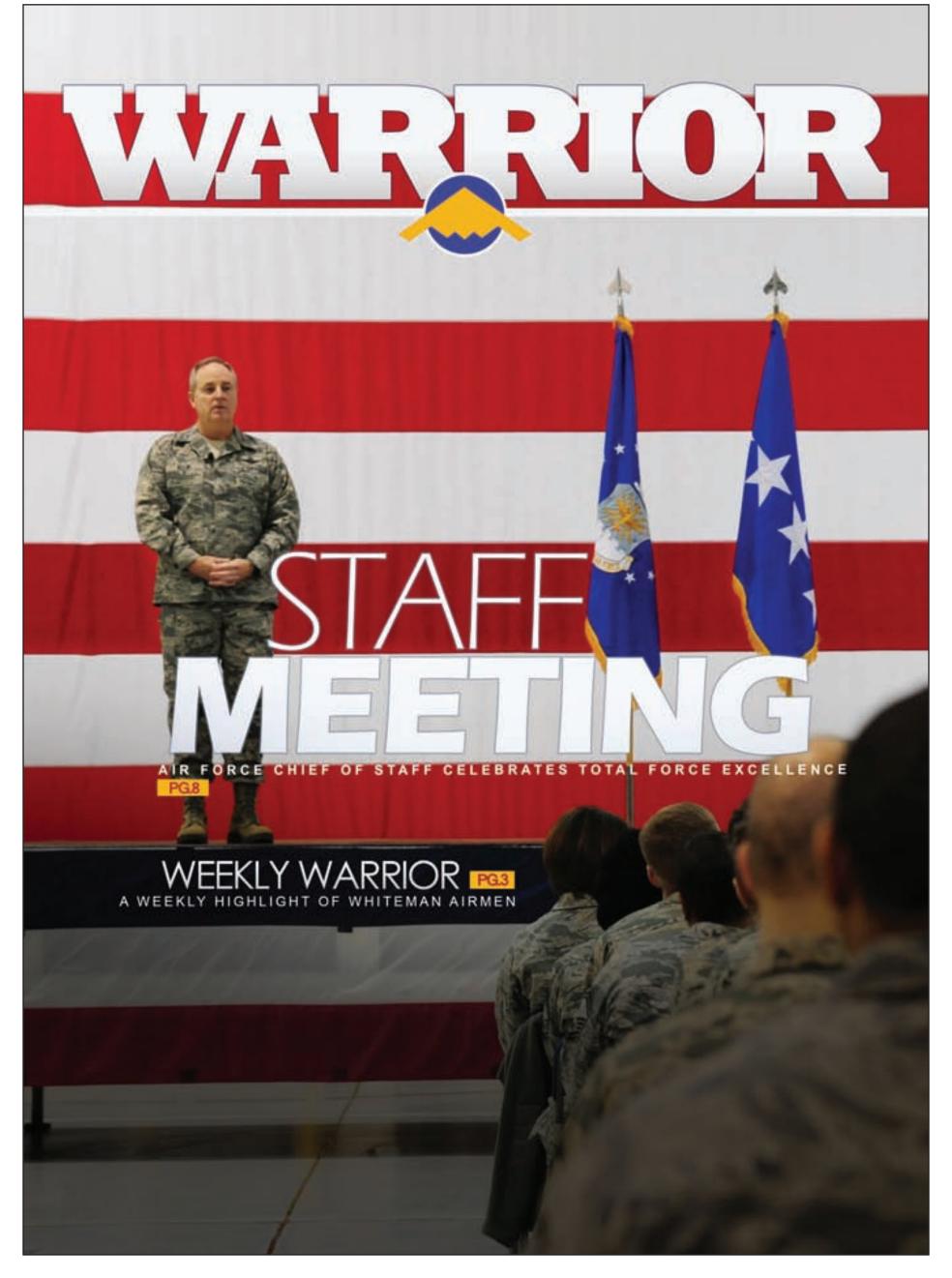
Vol. 7 No. 7/Feb. 19, 2016

www.whiteman.af.mil



Congratulations ALS graduates



U.S. Air Force photo/Senior Airman Keenan Berry

Graduates of Whiteman Airman Leadership School (ALS) class 16-B gather for a class photo after a graduation ceremony at Whiteman Air Force Base, Mo., Feb. 11, 2016. ALS is a five-and-a-half week-long course that prepares Airmen to become noncommissioned officers.

Senior Airman Brittany M. Jackson

509th MXS

Senior Airman David R. Alexander 509th AMXS Senior Airman Brandon M. Anderson 509th AMXS Senior Airman Dane A. Anderson 509th CONS Senior Airman Corey L. Armstrong 509th MUNS Senior Airman James M. Bittel 358th FS Senior Airman Kevin J. Durham 509th CS Senior Airman Christopher E. Espino 509th OSS Senior Airman Aaron J. Hall 509th FSS Senior Airman Joseph K. Hichar 509th OSS Senior Airman Luke D. Hickox 509th FSS Senior Airman Caleb D. Hoferman

509th SFS

Senior Airman Kyle W. Lawall 509th CES Senior Airman Christopher T. Lineberry 509th OSS Senior Airman Joey A. Long 509th SFS Senior Airman James D. Lott 509th MXS Senior Airman Jesus M. Lua 20th RS Senior Airman David E. Lyles 509th SFS Senior Airman Jaclyn D. McDuffie 509th BW Senior Airman Nathan M. Mcmahon 509th MXS Senior Airman Eric-Bailey Olivero 509th CPTS Senior Airman Johnnie A.P. Orr 509th MXS

Senior Airman Chad J. Owens 509th MUNS Senior Airman Zachary W. Price 509th MUNS Senior Airman Alexander C. Ramirez 509th MXS Senior Airman Connor E. Ross 509th SFS Senior Airman Kara M. Sherrin 20th RS Senior Airman William L. Sines 509th MUNS Senior Airman Tyler D. Strachan 509th CS Senior Airman James P. Testerman 358th FS Senior Airman Austin T. Yancik 509th OSS

Senior Airman Samuel K. Zummallen-Carney 509th MXS

Whiteman's first comic convention



U.S. Air Force photo/Airman 1st Class Jovan Banks

Cosplayers gather for a group photo during Stealth Con at the University of Central Missouri, Feb. 13, 2016. This was the very first Stealth Con, hosted by the 509th Force Support Squadron, featuring booths, local vendors offering goods, club memberships and commission-based art. Special guests in attendance included Katrina Law from the television series "Arrow" and Ernie Hudson from the "Ghostbusters" film series.

THE WARRIOR Editorial Staff

Brig. Gen. Paul W. Tibbets IV **509th Bomb Wing Commander**

Capt. Karl Wiest Chief, Public Affairs

2nd Lt. Matthew Van Wagenen Public Affairs Officer

Airman 1st Class Jovan D. Banks Editor

Airman 1st Class Keenan Berry Senior Airman Sandra Marrero Senior Airman Joel Pfiester Airman 1st Class Jazmin Smith Airman 1st Class Michaela Slanchik **Photojournalists**

The Sedalia Democrat Layout and Design

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509 Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at 1-800-892-7856.



U.S. Air Force photo/ Senior Airman Joel Pfiester Air Force Chief of Staff Gen. Mark A. Welsh III speaks at an all call during his visit at Whiteman Air Force Base, Mo., Feb. 17, 2016. Welsh stressed the importance of executing the Global Strike mission and expressed his gratitude to the Total Force Airmen.

The Warrior **3** Feb. 19, 2016

NEWS BRIEFS



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Sunday	Monday
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Hi 59	Hi 49
Lo 44	Lo 34

Whiteman Weekly Warrior

By Senior Airman Keenan Berry 509th Bomb Wing Public Affairs

Meet U.S. Air Force Senior Airman Nicholas McClary, a weapons specialist from the 509th Munitions Squadron. McClary handles weapons and munitions for the B-2 Spirit at Whiteman Air Force Base, Mo. He was born and raised in Spain and has served two years in the Air Force so far.

"I love my job because I have a direct tie to the B-2 mission," said McClary. "I get an opportunity to handle and inspect mission-essential assets and send them off to defend our country. There's honestly no better job."

McClary took time out of his day to sit with the 509th Bomb Wing Public Affairs office for a question and answer session.

Q. Why do you enjoy your job?

A. I enjoy doing my job because I know I'm a part of something big. I'm working with weapons that are capable of securing our country's freedom and ridding our nation of any threat that should come our way.

Q. Why did you join the Air Force?

A. I joined because of the military heritage in my family. My family has served proudly from my grandfather to my father, brother and myself. I already knew in high school that I would serve one day, and I became motivated to do something more with my life.

Q. What are your thoughts about the bomber legacy?

A. The bomber to me, as a weapon specialist, means so much because I'm working at a wing that provides fire power to our country at any given moment. I'm proud to be a part of a heritage with so much history.

Q. What are your personal goals?

A. My short-term goal is to complete college and obtain a bachelor's degree in photography and mechanical engineering. My longterm goal is to become a chief master sergeant so I can make a significant difference in the Air Force.

The Whiteman community congratulates McClary for earning the Maintenance Professional of the Quarter award as he continues to perform his duties as a weapons specialist.



U.S. Air Force Senior Airman Nicholas McClary, a weapons specialist from the 509th Munitions Squadron, inspects a training asset at Whiteman Air Force Base, Mo., Feb. 12, 2016. The inspection verifies there's no damage done to the weapon after maintenance has been performed.



U.S. Air Force Senior Airman Nicholas McClary, a weapons specialist from the 509th Munitions Squadron, inspects and verifies data plates on a rotary launcher assembly at Whiteman Air Force Base, Mo., Feb. 12, 2016. The rotary launcher is inspected to ensure the components are compatible with the weapons system prior to being loaded.



U.S. Air Force Senior Airman Nicholas McClary, a weapons specialist from the 509th Munitions Squadron, performs a serviceability check on an H1125A bomb handling truck at Whiteman Air Force Base, Mo., Feb. 12, 2016. Each component of the handling gear is inspected thoroughly to ensure it's operational before using it to install a weapon.

U.S. Air Force photos/Senior Airman Keenan Berry



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509th CPTS Airman earns Chief's Choice



U.S. Air Force photo/Tech. Sqt. Tyler Alexande Members of the Whiteman Chief's group present the Chief's Choice award to U.S. Air Force Senior Airman Matthew Murphy, a 509th Comptroller Squadron financial management specialist, center, at Whiteman Air Force Base, Mo., Feb. 12, 2016. Murphy, the primary finance leave web program manager, is responsible for overseeing 19 units and 75 leave monitor representatives. Murphy also provides military and travel pay customer service to 4,000 personnel assigned to three wings.

Bothwell Urology Welcomes Dr. Steve Foster





We are pleased to announce Dr. Steve Foster has joined Bothwell Urology Services and Dr. Kerri Barnes. Dr. Foster, who has practiced in Sedalia for more than 30 years, will see patients for procedures and surgeries at the hospital, with Dr. Barnes providing urology care at both the hospital and in a clinic setting.

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No pressure: 509th CES controlling fuel flow



U.S. Air Force Staff Sgt. Daniel Huffstetler, the 509th Civil Engineer Squadron water and fuels systems maintenance supervisor, adjusts a hydrant control valve at Whiteman Air Force Base, Mo., Feb. 12, 2016. In order to reduce fueling time from two hours to 20 minutes, the B-2 Spirit has a uniquely-designed fueling system. Huffstetler feels that the liquid fuels shop plays a critical role in the mission at Whiteman because they enable speedy fueling before takeoff, allowing bombs to be put on target on time. Huffstetler and the rest of the Liquid Fuels Maintenance section take great pride in their fuel system and people.



LEFT: In order to maintain proper pressure and avoid damage, U.S. Air Force Staff Sgt. Daniel Huffstetler, the 509th Civil Engineer Squadron water and fuels systems maintenance supervisor, adjusts the rate of flow of a defueling pump at Whiteman Air Force Base, Mo., Feb. 12, 2016. The rate of flow must be at a controlled rate of 300 gallons per minute in order to avoid damage while defueling an aircraft. RIGHT: U.S. Air Force Staff Sgt. Daniel Huffstetler, left, the 509th Civil Engineer Squadron (CES) water and fuels system maintenance supervisor, reels a fueling hose at Whiteman Air Force Base, Mo., Feb. 12, 2016. Alongside other fueling sections on base, the CES liquid fuels shop assists in the safe and timely defueling and refueling of Whiteman's B-2 Spirit fleet.

U.S. Air Force photos/Airman 1st Class Michaela R. Slanchik



U.S. Air Force Staff Sgt. Daniel Huffstetler, the 509th Civil Engineer Squadron water and fuels systems maintenance supervisor, adjusts the rate of flow for filter separators at Whiteman Air Force Base, Mo., Feb. 12, 2016. The Type 5 fueling system allows the B-2 Spirit to be fueled inside the hangar, unlike other systems; this provides the B-2 with a strategic advantage.



U.S. Air Force Staff Sgt. Daniel Huffstetler, the 509th Civil Engineer Squadron water and fuels systems maintenance supervisor, adjusts the rate of flow on a Type 5 fuel filter separator at Whiteman Air Force Base, Mo., Feb. 12, 2016. The Type 5 fueling system can distribute up to 4,800 gallons of fuel per minute to multiple B-2 Spirits at any given time.



U.S. Air Force Staff Sgt. Daniel Huffstetler, the 509th Civil Engineer Squadron liquid fuels NCO in charge of, adjusts a hydrant control valve at Whiteman Air Force Base, Mo., Feb. 12, 2016. The hydrant control valve adjusts the pressure of fuel going to the B-2 Spirit during fueling operations.

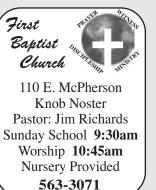


The Warrior 6 Feb. 19, 2016

News



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A STEP above the rest: MXG **Airman selected for promotion**



U.S. Air Force photo/Airman 1st Class Jazmin Smith

U.S. Air Force Tech. Sgt. Andrew Curtis, center, a quality assurance inspector assigned to the 509th Maintenance Group, stands with Brig. Gen. Paul Tibbets IV, the 509th Bomb Wing commander, and senior leadership after being notified of his immediate promotion to technical sergeant at Whiteman Air Force Base, Mo., Feb. 11, 2016. Through the Stripes for Exceptional Performance (STEP) program, Curtis competed at the MAJCOM level and was one of eight selected to be promoted from the rank of staff sergeant to technical sergeant.



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Feature

CSAF celebrates Whiteman Total Force Excellence

By Tech. Sgt. Miguel Lara III 509th Bomb Wing Public Affairs

U.S. Air Force Chief of Staff Gen. Mark A. Welsh III visited here Feb. 16 - 18, to engage with civic leaders and meet the Airmen of the world's only B-2 stealth bomber base.

While at Whiteman, Welsh met with leadership from the 509th Bomb Wing, the 131st Bomb Wing, the 442d Fighter Wing and other tenant units to discuss the evolution of Total Force Integration (TFI) and to see firsthand the TFI model Whiteman has established.

Welsh communicated his support of the TFI mission with Total Force leaders during roundtable meetings and spoke about the modernization of TFI and B-2 bomber missions.

During his visit, Welsh held an all call and stressed his three C's--common sense, communication and caring--to Airmen from the three Total Force wings at Whiteman and expressed how they can integrate these concepts into their unique missions.

"Apply common sense to all we do. If it doesn't seem right, make the change and use the chain," said Welsh. "We have four generations in the Air Force; we must use accountable communication to work as a professional organization. And lastly, know your Airmen better. Every Airman has a story. Care enough to know it."

Welsh also expressed his gratitude and support to the Total Force Airmen in attendance and reminded them that the Air Force is rich in pride.

"Never forget how critically important you are to what we are doing," Welsh added. "We have great people with great training and education and pride-we, the Air Force, are built on pride, and it shows in your performance. That's where we come from.

Brig. Gen. Paul W. Tibbets IV. the 509th Bomb Wing commander, thanked Welsh for the visit and his leadership and echoed his sentiments.

"Our Wing's heritage inspires us to take pride in the work we accomplish," said Tibbets. "We have a legacy of excellence. Through your efforts, we will continue that tradition for many years to come. Our pride will help us remain focused and allow us to face resource-constrained environments and ever-evolving adversaries as we continue our strategic deterrence, global strike and combat support mission'

Welsh wrapped up the all call with a question and answer session and reminded the Airmen why he loves the Air Force and why he's served for so long.

"I will die for you," said Welsh. "We have only met for about an hour, and I'd die for you. I believe you'd do the same for me. That is what's so special about the Air Force."



Air Force Chief of Staff Gen. Mark A. Welsh III, center, Senior Airman Joel Pfiester, a 509th Bomb Wing Public Affairs photojournalist, left, and Senior Airman Emili Koonce, a 509th BW Public Affairs broadcast journalist, stand for a photo at the 509th BW headquarters building at Whiteman Air Force Base, Mo., Feb. 17, 2016. Welsh had the opportunity to meet with Airmen from various units on base and held an all call where he discussed Air Force issues and showed his support for the unique Total Force Integration mission at Whiteman





Wing to discuss the importance of Total Force Integration.



U.S. Air Force Master Sgt. Christopher Espinosa, a medical logistics flight chief from the 509th Medical Air Force Chief of Staff Gen. Mark A. Welsh III shares a conversation with Whiteman B-2 Spirit pilots during a roundtable at Whiteman Air Force Base, Mo. Feb. 17, 2016. Welsh stressed the importance of the strategic deterrence mission and Operations Squadron, shares a laugh with Air Force Chief of Staff Gen. Mark A. Welsh III at Whiteman Air Force Base, Mo., Feb. 16, 2016. Welsh met with Airmen and civic leaders during a base tour and held an all expressed his gratitude to the pilots for their support of Whiteman's unique B-2 mission. call where he expressed his gratitude to the Total Force Airmen and their support of the unique B-2 mission at Whiteman

Air Force Chief of Staff Gen. Mark A. Welsh III, left center, speaks to Maj. Gen. Steve Danner, adjutant general of the Missouri National Guard, right center, during a visit at Whiteman Air Force Base, Mo., Feb. 17, 2016. Welsh met with Danner and base leadership to speak about the evolution of Total Force Integration and modernizing for the future.

U.S. Air Force photos/ Senior Airman Joel Pfiester

Leadership from Whiteman Air Force Base, Mo., salutes during the arrival of the Air Force Chief of Staff, Gen. Mark A. Welsh III, Feb. 16, 2016. Welsh met with leadership from the 509th and 131st Bomb Wings as well as the 442d Fighter

Advertisements



The Warrior Feb. 19, 2016

Are you prepared for a dental emergency?

By U.S. Air Force Master Sgt. William Winslow 509th Medical Operations Squadron

Thousands of dental emergencies take place every day. Would you know what to do if your child broke a tooth or had a tooth knocked out while playing outdoors? What if your child had a bad toothache in the middle of the night and couldn't get to the dentist until the next day? Knowing what to do can lessen the pain and save a tooth that might otherwise be lost.

Toothaches: Rinse the mouth with warm water to clean it out. Gently use dental floss or an interdental cleaner to remove any food or other debris that may be caught between the teeth. Never put aspirin or any other pain killer against the gums near the aching tooth. This could burn gum tissue. If the toothache persists, try to see the dentist. Don't rely on painkillers. They may temporarily relieve pain but your dentist should evaluate the condition.

Knocked-out (avulsed) tooth: Try to find the tooth! This may not be as easy as you think if the injury took place on a playground, basketball court or while skateboarding, so try to stay calm. Hold the tooth by the crown and rinse the root in water if the tooth is dirty. Don't scrub it or remove any attached tissue fragments. If it's possible, gently insert and hold the tooth in its socket while you head to the dentist. If that's not possible, put the tooth in a cup of milk and bring it to the dentist. Time is critical for successful reimplantation, so try to get to your dentist immediately.

Broken tooth: Rinse your mouth with warm water to clean the area. Use cold compresses on the outside of the cheek to help reduce the swelling.

Tongue or lip bites or wounds: Clean the area gently with a clean cloth and apply cold compresses to reduce any swelling. If the bleeding can't be controlled, go to a hospital emergency room or clinic. You may able to reduce bleeding from the tongue by pulling it forward and using gauze to put pressure on the wound.

Objects caught between teeth: Try to gently remove the object with dental floss. Never use a sharp instrument to remove any object that is stuck between your teeth. If you can't dislodge the object with floss, contact your dentist.

Possible broken jaw: Apply cold compresses area. Get to the emergency room immediately. As a reminder, keep your dental office's phone number and emergency number where the dentist can be reached after hours with other emergency numbers, such as your family doctor, fire and police departments. Call the dentist immediately for instructions on how to handle a dental emergency. For more information contact the Whiteman dental clinic at 660-687-2201.







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Zika virus

Staff Report 509th Medical Operations Squadron

Outbreaks of Zika virus disease previously have been reported in tropical Africa, Southeast Asia, and the Pacific Islands. Zika virus likely will continue to spread to new areas. In May 2015, the Pan American Health Organization (PAHO) issued an alert regarding the first confirmed Zika virus infection in Brazil. In December 2015, the Commonwealth of Puerto Rico reported its first confirmed Zika virus case. Locally transmitted Zika virus has not been reported in the United States, but cases of Zika have been reported in returning travelers. The CDC reports as of 3 Feb. 2016, a total of 47 laboratory confirmed cases in the US. 6 cases in pregnant women have been reported, and one case of microcephaly. All cases are travel associated.

WHAT IS THE ZIKA VIRUS?

• Zika virus is generally mild and non-fatal. It is spread to people primarily through the bite of an infected mosquito. Symptoms can last for several days to a week, and there is now evidence reporting linkages to serious birth defects if contracted by pregnant women.

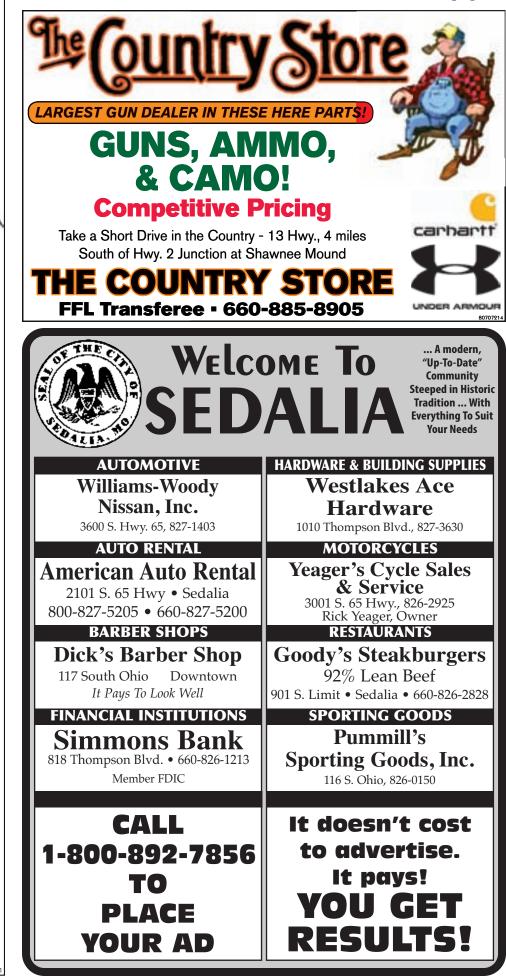
• Only 1 in 5 people who get Zika will have any symptoms.

TRANSMISSION

• Zika virus is transmitted to people primarily through the bite of an infected Aedes species mosquito. These are the same mosquitoes that spread dengue and chikungunya viruses.

• Possibly from mother to fetus during pregnancy, however, this is still being investigated.

See Zika, page 14



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The Warrior 13 Feb. 19, 2016



509 FSS PAGE EDITOR: KYLE C. HAMRICK **CONTACT US! 687-7929**

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14 The Warrior Feb. 19, 2016

News



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Zika Continued from Page 12 –

Rarely, from mother to child during childbirth.

• Some reports of the virus spreading via blood transfusion and a rare case reported via sexual contact with an infected person.

SYMPTOMS & DIAGNOSIS

• Most infections don't cause any symptoms at all, but when present, the most common symptoms are mild fever, rash, joint pain, and conjunctivitis (red eyes).

• Other symptoms include muscle pain and headache.

• The illness is usually mild with symptoms lasting for several days to a week.

• Severe disease requiring hospitalization is uncommon.

• Complete recovery is the norm.

 The symptoms of Zika are similar to those of dengue and chikungunya, diseases spread through the same mosquitoes that transmit Zika.

• If you have recently traveled, tell your healthcare provider when and where you traveled.

• Your healthcare provider may order blood tests to look for Zika or other similar viruses like dengue or chikungunya.

TREATMENT

• No vaccine or medications are available to prevent or treat Zika infections.

- Treat the symptoms:
- Get plenty of rest
- Drink fluids to prevent dehydration

• Take medicine such as acetaminophen to relieve fever and pain

 Do not take aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs), like ibuprofen and naproxen. Aspirin and NSAIDs should be avoided until dengue can be ruled out to reduce the risk of hemorrhage (bleeding). Acetaminophen (Tylenol) is safe to take for symptom relief. If you are taking medicine for another medical condition, talk to your healthcare provider before taking additional medication.

• If you have Zika, avoid mosquito bites for the first week of your illness.

• During the first week of infection, Zika virus can be found in the blood and passed from an infected person to another mosquito through mosquito bites.

• An infected mosquito can then spread the virus to other people. **PREVENTION**

- No vaccine exists to prevent Zika virus disease.
- Prevent Zika by avoiding mosquito bites.
- Mosquitoes that spread Zika virus bite mostly during the daytime.

Sleep under a mosquito bed net if you are overseas or outside and

are not able to protect yourself from mosquito bites. • Use air conditioning or window and door screens when indoors.

- Wear long sleeves and pants.
- Use permethrin-treated clothing and gear.
- Use insect repellants when outdoors.

• Regularly empty outdoor containers (such as dog bowls) of any standing water will prevent mosquito breeding.

• If you have a baby or child:

• Do not use insect repellent on babies younger than 2 months of age.

- Dress your child in clothing that covers arms and legs, or
- Cover crib, stroller, and baby carrier with mosquito netting.

• Do not apply insect repellent onto a child's hands, eyes, mouth, or cut or irritated skin.

Adults: Spray insect repellent onto your hands and then apply to a child's face.

FOR ADDITIONAL INFORMATION:

If you have any questions regarding the Zika virus, you can visit the CDC's and WHO's website at:

- ttp://www.cdc.gov/zika/index
- http://www.cdc.gov/zika/index.html

http://www.who.int/emergencies/zika-virus/en/ Also, you can contact the Whiteman Public Health office at

660-687-4305

Article adapted from the USAFMS Talking Points "Zika Virus"



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Classifieds





Miscellaneous

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Seeking veterinary/kennel assistants. All shifts, multiple positions, part-time. Labor intensive, on-your-feet, restraining, medicating, cleaning, among numerous other duties. Apply in person: 1600 E. Hale Lake Road, Warrensburg 660-747-2413

REAL ESTATE SALES



David Roberts: 238-3936 Bobby Hall: 864-4492 Craig and Tony Conant: 238-6042 or 223-2507 Vance DeLozier, Broker:

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Houses For Sale



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Quality Built, New All Electric True Ranch With 3 Bedrooms, 2 Baths on 1+ Acre Lot. Great Open Floor Plan, Beautiful Fireplace, Walkout Basement & Only \$269,900. Contact Doris Howard, Coldwell Banker Cage Realty @ 816-878-2942.

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REAL ESTATE SALES



3 Bedroom, 2 Bath Ranch style home on 10 acres with fireplace and walk-in closet on full basement. Fixer Upper. MLS# 1949834. \$90,000. Call Mike 660-238-2526. United Country, Mike Myers Real Estate. www.warrensburg-mo-realestate.com

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