

WARRIOR

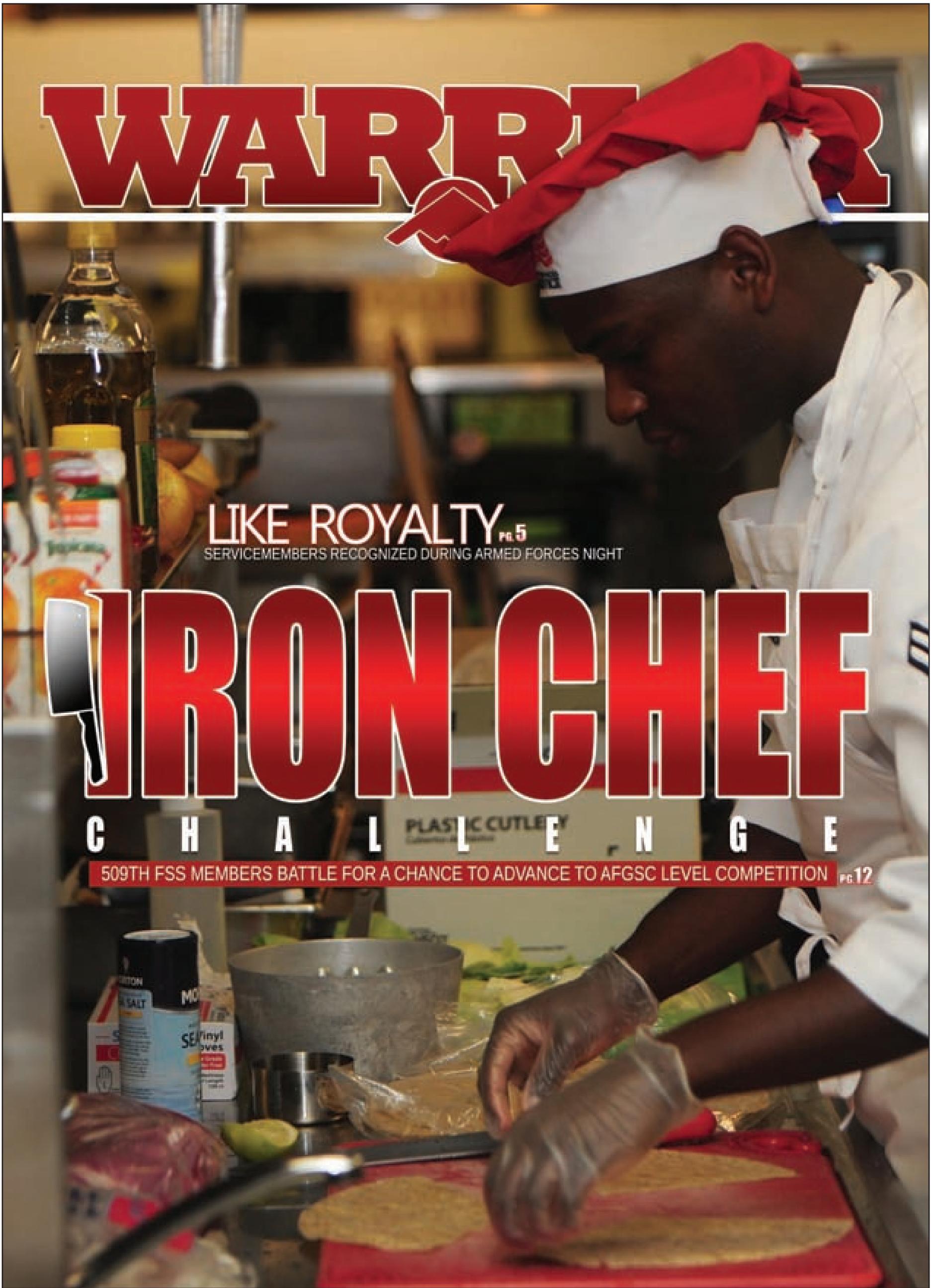
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SERVICEMEMBERS RECOGNIZED DURING ARMED FORCES NIGHT

IRON CHEF

C H A L L E N G E

509TH FSS MEMBERS BATTLE FOR A CHANCE TO ADVANCE TO AFGSC LEVEL COMPETITION PG. 12



Nine military mantras to guide any work

By Capt. Jeffrey Bishop, APR
131st Bomb Wing Public Affairs

I had two learning intentions when I joined the Air Force almost 20 years ago: to get the G.I. Bill so I could return and finish college, and to learn a skill that if that college didn't work out, I'd have a fall-back career. Along the way, I picked up a lot of intangible learning – the so-called “soft skills” that many employers look for -- the ones that often set apart a Veteran candidate from another applicant, so I hear.

Like the cheese spread that comes in an MRE, many of these work-life lessons came pre-packaged in aseptically little packages: compact, clean, nourishing, tasty. These “military mantras” are quippy, sure, but that just helps make them memorable -- and thus all the more useful. Here's a handful that stand out as particularly helpful in military and non-military work settings alike:

1) “BLUF.” BLUF stands for “bottom line up front,” and it's an effective business communication tactic that allows a person to get straight to the matter at hand. Perhaps I've just demonstrated it? Opening an email with “BLUF: Important notification or decision outlined in a single sentence here,” is a sure-fire way to get what you need from busy executives and leaders, while demonstrating respect for all readers. I'm not so sure this originated in the military, but it sure is favored there.

2) “Take care of your people; they'll take care of the mission.” As a follower, you do the mission, but taking care of the mission is a challenge if you are also worried about child care for your preschool daughter or if your pay issue remains unresolved for six months. As a leader, you no longer do the mission, but rather, you remove obstacles to allow your people to do the mission. If the only thing a leader is any good at is taking care of his or her people and helping them get past pesky matters that seem insurmountable to them, then that makes for a great leader. And for mission accomplishment.

3) “Anything can be waived.” Said differently, “We govern our policies; our policies don't govern us.” The military is nothing if not a rules-laden, form-driven, policy-guided workplace -- in a good sense, of course! This creates order, regularity, fairness and predictability to

day-to-day tasks -- all of which is designed to free critical thinking and decision-making for the really important stuff. But invariably, the really important stuff -- especially taking care of people -- runs up against all of these policies and rules. Knowing that rules are made for 90% of the people and settings, and that anyone with the right empowerment and will to do so can override policies in light of needs or common sense, is the ultimate guarantor of order and fairness.

4) “Is it illegal, immoral or unethical? If no, then do it.” Another boon to effective decision making. While much of what transpires in the military is governed by some directive or regulation, there still remains plenty else in that human capital-intensive field that simply isn't. This question, then, also drives critical thinking to facilitate decisiveness. If you're on the fence about a matter and the answer to all three questions is “no,” there's relatively low risk -- or at least defensibility -- in carrying out the decision.

I recall as a young airman first class, trying to do my full-time job as newspaper editor while also wanting to complete my bachelor's degree and earn a commission. My boss, a first lieutenant only a few years older than me, had to decide if he should let me off work three afternoons per week to take the classes I needed, on the promise that I'd wrap up all my work after hours. This workplace flexibility -- common today but unaccounted for in military regulations of circa 1996 -- was neither illegal, immoral or unethical. So he let me go. To the ultimate benefit to me and to the Air Force.

5) “All thrust, no vector.” also heard as “Ready, Fire, Aim!” Being a non-combat military member, me and my public affairs peers especially like to appropriate the most militaristic aphorisms as our own -- ones just like these. Jets move forward, fast, by virtue of thrust, and a change in direction is vector. A person with more of the first than the last may be showing enthusiasm or a bias for action, but isn't demonstrating the also-necessary; indeed, the pre-requisite good judgment, also required for success. The phrase warns against this.

6) “Early is on time. On time is late.” Fairly self-explanatory; military operations are governed by factors like weather, readiness, enemy

actions, resources and time. Not all of these can be controlled, but executing a mission on time usually can be, so a premium is placed on this value -- even in non-combat settings. To ensure an on-time start, there's also the military practice of “Hurry up and wait!” -- hustling to get to an appointed location in the right configuration, hours early, only to wait a seeming eternity to get under way. Often, it's because of the 5 percent who show up on time or late, not fully prepared, that requires everyone to have to hurry up and wait.

7) “Knowing is half the battle.” -- OK, that's from G.I. Joe. But it still applies. In every situation.

8) “A toe shine is no shine!” I heard this at basic training, when I struggled, like Full Metal Jacket's “Private Pyle,” to master some of the most basic military chores. With some practice I could get a fairly decent sheen to the heel and toes of my boots, where the leather is stretched tight over its form. But other parts of the boot remained flat and dull. I thought I could get one over on them by focusing extra hard on the most visible areas fore and rear, but the TIs -- Training Instructors -- were quick to notice the incomplete job, which to their keen eyes demonstrated a lack of perseverance, skill mastery and concern for quality. The message that a poorly done job is the same as an unfinished job stuck fast, as most hard Basic Training lessons are apt to do.

9) “Integrity first. Service before self. Excellence in all we do.” This mantra is the Air Force Core Values, and its stuck with me since I first committed it to memory 20 years ago. Integrity is doing the right thing, always -- even when no one is looking. Service before self gives the work ethic that even if you're tired, hungry and have other things you'd rather do, the mission must get done. After all, lives are often at stake in this work. Excellence establishes the standard -- and it's a high one -- for all of our efforts.

If you already have a good code of values you follow, great; but if not, you can do a whole lot worse than to adopt the Air Force Core Values as your own.

What other mantras -- from the military or other settings -- have stuck with you and guide you in your work?

THE WARRIOR

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509 Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

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Prescription Drug Take-Back Day

Do you have old medicines in your medicine cabinet? Not sure how to get rid of them properly? We have the answer for you! The 509th Security Forces Squadron and the 509th Medical Group will be collecting old, expired, and unwanted prescription medicines. These medicines, if improperly used, can be potentially dangerous. They can cause accidental poisonings, especially in homes with children or pets. Prescription drug abuse is a growing problem in the United States and you can prevent these accidents in your home by bringing your old or unwanted medicines to the Whiteman Air Force Base Exchange entrance on 26 September 2015 between 10 a.m. and 2 p.m. Security Forces and pharmacy personnel will be present to take back medicines and answer any medication disposal questions. This service is free and anonymous, no questions asked. Do your part to protect our Air Force family and bring your old medicines to the Whiteman AFB Prescription Drug Take-Back Day site!”

For more information please contact Senior Airman Nickolas James at 660-687-2162.

On the cover

U.S. Air Force photo/
Airman 1st Class Jovan Banks
U.S. Air Force Airman 1st Class Demarcus Johnson, a fitness apprentice from the 509th Force Support Squadron, prepares ingredients during the Global Strike Iron Chef Challenge at Whiteman Air Force Base, Mo., Sept. 4, 2015. Johnson was one of six Arimen to compete in the challenge.

NEWS BRIEFS



U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to <http://www.tipsubmit.com/WebTips.aspx?AgencyID=1111> or the AFOSI web page at <http://www.osi.af.mil>

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Text "AFOSI" plus your tip information to 274637 (CRIMES)

Air Force Housing website

Visit www.housing.af.mil to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.

Spirit Café

If you are a young Airman, let the Spirit Café make your time at Whiteman more fun. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The Café opens at 4 p.m. during the week and noon on weekends. There is free dinner every Friday at 4:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Please like the Spirit Café on Facebook to stay up to date on special events and tournaments.

Found property

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

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Hi 72	Hi 79
Lo 48	Lo 55

Whiteman Hot Topics

Every week we'll address concerns expressed by the Whiteman community. This week, we'll focus on questions regarding waste disposal and recycling.

During PCS season, can we have dumpsters in the housing areas for beds and trash, etc. for a couple of weeks?

Answer: Balfour Beatty Communities (BBC) offers family housing residents year-round curbside bulk pickup. Unwanted items, excluding appliances, oils, paints, propane containers, and other hazardous materials may be placed next to the curb on your scheduled trash day. If your trash day does not coincide with your move day, simply call your Balfour Beatty Resident Specialist at 660-687-0559. The Resident Specialist will assist in directing you to the best location to dispose of your bulk items.

Is there somewhere to dispose of glass on base?

Answer: Yes! Whiteman AFB has a fully qualified recycling program that accepts cardboard, mixed paper, newspapers, glass, plastics, aluminum, scraps metal, lead-acid batteries and used oil.

This is separate from the BBC recycling program in base housing. The recycling center drop-off is located across the street from the Shopette and is open 24/7. It is manned from 0700-1530 M-F. There are two recycling trailers for common recyclables located south of the 509 BW HQ building and east of Skelton Lake in the soccer field parking lot. Any large items or specialty items should be taken to the drop-off center. Any appliances with refrigerant should be evacuated prior to drop-off. Just so you know, in FY14, the base sold approximately \$137K in commodities, including \$43K in scrap metal, \$23K in used oil, \$32K in silver, and \$20K in cardboard, among other items. The income we get from the Recycling Center is used across the installation to promote MWR activities/initiatives, such as the Golf Cart paths and latrines at Royal Oaks (\$350K), referees and equipment for the Varsity Sports Programs (\$12K), and the MUNS Fitness Area (\$23K). Please recycle!

If you have questions or concerns you'd like us to address please email the 509th Bomb Wing Public Affairs office at 509.bw.pa@us.af.mil.

Spiritual fitness builds strong souls

By Senior Airman Keenan Berry
509th Bomb Wing Public Affairs

Spiritual fitness, one of the four pillars of Airmen Comprehensive Fitness, is essential to an Airman's well-being. For some Airmen, spiritual fitness is closely related to their religious practice. The chapel offers programs to assist in ensuring Airmen receive the benefits they need to flourish in their lives, regardless of one's faith group.

Chaplains provide religious accommodation, counseling and resources to ensure Airmen are spiritually grounded on and off duty.

"The hallmark of the chaplain corps is 100 percent confidentiality," said Capt. Kenneth Johnson, 509th Bomb Wing chaplain. "This means Airmen can address us with any problems they are going through with us and we will ensure they are kept secret. We also have religious support teams which visit with different units to provide Airmen the opportunity to have easier access to us."

Chaplains are also a part of the Disaster Mental Health Group. Whenever there is an issue involving suicide, attempted suicide or thoughts of suicide within a unit, they, along with members of mental health, reach out to assist the unit and provide assistance in any way possible.

"We care about the safety and wellbeing of our warriors, dependents and civilian force," Johnson said. "Suicide prevention is a critical part of our ministry and ongoing efforts to help people to realize the value of their lives."

The chaplains are there for Airmen at the best and worst times of their lives. They serve as counselors to help resolve situations and offer spiritual-based guidance on how to progress in their work and professional lives.

In addition, the chapel offers programs such as emerging worship, bible study and retreats, which serve as alternatives to an Airman's every day activities. Each program is designed to ensure Airmen of all ranks understand ethics and morals, and how they benefit them overall.

"Emerging worship is not your typical worship experience," said Johnson. "This worship is open to all faith groups and promotes a relaxed atmosphere for participants



Courtesy Photo
Participants engage in group discussion in the Cross Pointe Camp and Retreat Center at Lake of the Ozarks, Mo., Aug. 22, 2015. The trip was focused on soul detox which entailed cleansing the soul of distracting materials that interfere with spiritual growth.

to ask questions, eat food and not worry about being judged. Not that traditional or contemporary protestant worship is bad, but we are offering a different flavor that addresses the common concerns and life challenges of our young Airmen, single or married."

Johnson added that this is a unique experience that will allow participants to ask tough, life questions. Bible study is another program that involves interaction and group discussion among participants and the chaplain.

"Bible study is an excellent time to establish friendships, increase faith and evaluate integrity," said Johnson. "We also discuss how to be a servant rather than be served and how the Air Force values fit within one's faith."

The chapel also offers singles and marriage retreats to Airmen of all ranks and their families.

"The marriage retreat focuses on how to increase communication, deal with conflict and seek help to improve marriages," said Johnson. "Singles retreat involves helping those who want to build positive relationships, improve character and ensure their purpose aligns with what they are doing in

the Air Force."

Johnson said that retreats also involve discussing cultural topics, and septic thoughts that influence individual behavior, and help Airmen to gauge where their spiritual fitness is.

All in all, these programs could prove to enhance one's spiritual development and improve Airmanship.

"I think it's wonderful the chapel is creating programs for Airmen to get involved and establish relationships they will hold onto for the rest of their careers," said Staff Sgt. Thomas Bennett, 509th Bomb Wing chaplain assistant. "These programs serve as alternatives for those who are looking for things to do after work or on the weekend. As a member of the chaplain team, I am fortunate to be a part of something that benefits Airmen in such a positive way."

Emerging worship is scheduled to begin at 6:30 p.m. on Sept. 13, and will be held at the Stealth Lounge (formally known as the Spirit Café). Bible study is held at 6:30 p.m. every Wednesday at the Stealth Lounge.

If you have any questions about emerging worship or any other programs the chaplains offer, contact Capt. Kenneth Johnson at 687-3027.

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U.S. Air Force photo/Senior Airman Racheal E. Watson

Senior Airman Zach White, a 332nd Expeditionary Civil Engineer Squadron firetruck operator and truck engineer, stands in front of his firefighter comrades in Southwest Asia, Aug. 20, 2015. White has dedicated his spare time during his deployment by running 150 miles to raise \$2,500 to sponsor an athlete for the 2017 Special Olympics.

By Senior Airman Racheal E. Watson
386th Air Expeditionary Wing Public Affairs

A 332nd Expeditionary Civil Engineer firetruck operator and truck engineer is doing what he can to live up to the idea behind the Special Olympics athlete oath: "Let me win, but if I cannot win, let me be brave in the attempt."

During his deployment to Southwest Asia, Senior Airman Zach White has dedicated his off-duty time to running 150 miles with the goal of raising \$2,500 to sponsor an athlete for the 2017 Special Olympics.

"If you have ever been around someone who has an intellectual disability, the joy, the happiness and the innocence they display, it makes you realize how we overlook a lot of things in life and it brings you back to the basics that there is a whole lot more to be happy about than what we look at every day," White said.

Intellectual disability is a term used when a person has certain limitations in cognitive functioning and skills, to include communication, social and self-care skills.

White's inspiration to aid the Special

See Dream, page 17

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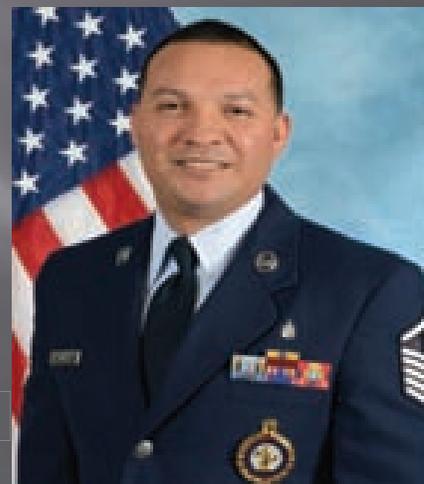
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Whiteman Airmen highlighted during Royals' Armed Forces Night



Airmen from Whiteman Air Force Base, Mo., perform a flag detail during Armed Forces Night at Kauffman Stadium in Kansas City, Mo., Sept. 8, 2015. The pregame ceremonies included a recognition of veterans, wounded warriors, military families, as well as a tribute to fallen service members.



Airmen from Whiteman Air Force Base, Mo., perform a flag detail during Armed Forces Night at Kauffman Stadium in Kansas City, Mo., Sept. 8, 2015. The pregame ceremonies included a recognition of veterans, wounded warriors and military families, as well as a tribute to fallen service members.



Master Sgt. Joseph Lindley, 509th Comptroller Squadron first sergeant, holds the corner of the American Flag during the singing of the National Anthem at Kauffman Stadium in Kansas City, Mo., Sept. 8, 2015. Airmen from Whiteman Air Force Base, Mo., performed a flag detail as part of the Kansas City Royals Armed Forces Night.

U.S. Air Force photos/Senior Airman Joel Pfiester

Whiteman Airmen awarded Top III scholarship



Courtesy photo

Senior Airman Sterling Price, 509th Communication Squadron client systems technician, is presented a scholarship check from the Whiteman Top III Sept. 2, 2015, at Whiteman Air Force Base, Mo. Airmen are awarded the scholarship based on their scholastic achievement, financial need and educational goals. Price is pursuing a Bachelor's degree in computer science, in preparation for a post-military career and bright future for his family of five.



U.S. Air Force photo/Airman 1st Class Michaela R. Slanchik

Airman 1st Class Renee Heintz, 509th Force Support Squadron food service specialist, is presented a scholarship check from the Whiteman Top III Aug. 28, 2015, at Whiteman Air Force Base, Mo. Airmen are awarded the scholarship based on their scholastic achievement, financial need and educational goals. Applicants must submit a package with school transcripts, an essay and an application form.

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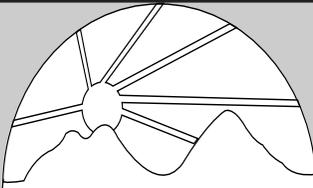
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The heat is on: Whiteman FSS teams compete in Iron Chef Challenge



Two teams join the emcee for a group huddle to congratulate each other after the Global Strike Iron Chef competition at Whiteman Air Force Base, Mo., Sept. 4, 2015. The red team won the competition and will compete at the major command level at Barksdale AFB, La.



In true Iron Chef style, a timer counts down notifying two Force Support Squadron teams of the amount of time left to complete the Global Strike Iron Strike Challenge at Whiteman Air Force Base, Mo., Sept. 4, 2015. The hour-long competition tested both teams' ability to work together, as well as individually while preparing meals.



U.S. Air Force Airman 1st Class Demarcus Johnson (left), Senior Airman Rafael Hirao (center) and Staff Sgt. Jessica Bailey (right), from the 509th Force Support Squadron, hold up Whiteman's Global Strike Iron Chef Challenge championship belt at Whiteman Air Force Base, Mo., Sept. 4, 2015. The red team won the competition and will compete at the major command level at Barksdale AFB, La.



Members of the 509th Force Support Squadron pose for a photo prior to the Global Strike Iron Chef Challenge at Whiteman Air Force Base, Mo., Sept. 4, 2015. Two teams faced off in an hour-long cooking challenge for a chance to advance to the major command level at Barksdale AFB, La.



U.S. Air Force Staff Sgt. Renton Espejo, a shift manager for the 509th Force Support Squadron, presents the blue team's main dish to the judges at the Global Strike Iron Chef Challenge at Whiteman Air Force Base, Mo., Sept. 4, 2015. The red team won the competition and will compete at the major command level at Barksdale AFB, La.

Story and related photos may be found on page 14

The heat is on: Whiteman FSS teams compete in Iron Chef Challenge

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Senior Airman Rafael Hirao, a storeroom manager for the 509th Force Support Squadron, prepares for the red team's main dish during the Global Strike Iron Chef Challenge at Whiteman Air Force Base, Mo., Sept. 4, 2015. The red team won the competition and will compete at the major command level at Barksdale AFB, La.



Airman Kayla Rollins, a food services specialist for the 509th Force Support Squadron, adds the final touches to the blue team's dessert dish during the Global Strike Iron Chef Challenge at Whiteman Air Force Base, Mo., Sept. 4, 2015. The hour-long competition tested two teams' ability to work together, as well as individually.

By Airman 1st Class Jovan Banks
 509th Bomb Wing Public Affairs

Six Airmen from the 509th Force Support Squadron (FSS) competed in the Global Strike Iron Chef Challenge Sept. 3, 2015, at Whiteman Air Force Base, Missouri.

The Global Strike Challenge is held annually to determine the best bomb and missile teams from all Air Force Global Strike Command (AFGSC) bases, but this year it will also determine who will hold the title of "Iron Chef". In accordance with the theme of the show from which the competition takes its nature, the challengers created dishes with a secret ingredient, unknown until its unveiling during the challenge.

Each team consisted of three members with predetermined roles and one team captain. During the challenge the teams had an hour to complete a main dish and dessert for five judges.

U.S. Air Force Staff Sgt. Renton Espejo, a shift leader for the 509th Force Support Squadron, was the head chef for the blue team and made tough decisions when the pressure was on in the kitchen.

"The pressure of being in the kitchen with an audience watching every move I made was the most challenging part for me," said Espejo. "Knowing that I had to cook under pressure and be judged while the audience is watching was a bit scary."

Though the blue team was not victorious in the challenge, Espejo feels his team accomplished their goals dur-

ing the competition.

"I was impressed by the courage both teams showed by being part of the challenge," said Espejo. "I felt like we did what we came for ... to show them that we can cook not only the dining facility food, but also a gourmet dish."

Both teams received great reception from the judges during the tasting portion, but one member of the red team felt as if their win was more of a comeback victory.

The winning red team prepared fish tacos filled with spicy shrimp rice and a dessert of a chocolate peanut brittle cup with fresh fruit all including the secret ingredient ... yogurt.

"The Challenge felt a little chaotic at first," said Senior Airman Rafael Hirao, a storeroom manager for the 509th Force Support Squadron. "I thought the other team had handled that stressful situation a lot better than we did, they seemed a lot calmer and more composed than we were, but we overcame that adversity."

Whiteman's Iron Chefs are scheduled to go on to Barksdale Air Force Base, Louisiana, to compete at the AFGSC level.

With a victory under their belt and the support of their former opposition, Hirao and his teammates are optimistic.

"Our team will win because we don't like to lose," said Hirao.



The blue team's chocolate molten cake is dished and served to the judges at Whiteman Air Force Base, Mo., Sept. 4, 2015. Taste and presentation played a part in the judges' scoring.

U.S. Air Force photos/Airman 1st Class Jovan Banks
 Related photos may be found on pages 12 and 13



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Dream Continued from Page 4

Olympics in their efforts was ignited on a previous deployment.

"I was put on shift with Jeff, who is now one of my best friends," White said. "We worked out every day, hung out during and after shift and he has a brother who has an intellectual disability."

Through Jeff's friendship, White got to know Kyle, Jeff's 20-year-old brother. White would communicate with Kyle through Jeff and they quickly became friends. Even though White and Kyle never met, they shared a deep connection. Kyle affectionately refers to White as his Southern brother.

In January 2015, White traveled to see Jeff and meet Kyle, finally putting a face to the name.

"I got to meet Kyle and spend time with him," White said. "Just being around him affected me tremendously and he showed me what it's really like to be a person with an intellectual disability. Someone who can't read, can't do math, has all these adversities, but is still happy. It's so genuine. He knows what it is to love, have friendships and experience life. He made me want to bring to light the organizations out there to help individuals like Kyle to push through and go further."

While White prepared for his current deployment, he began planning ways to aid not just Kyle, but other athletes as well.

The Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. The organization also aids with healthcare, raises awareness about the abilities of people with intellectual disabilities, leads the world in researching and addressing concerns, and provides a leadership program to mold future leaders and spokespeople.

"It started with downloading an app, which was going to donate 25 cents a mile to the Special Olympics for every mile I ran," White said. "I figured it would be approximately

\$40 by the time I got done. While every little bit helps, I knew I could do so much better than that."

Haley, White's girlfriend, jumped on board and suggested he start a GoFundMe account and a Facebook page.

White wasn't looking to do just the minimum. For him, the way he raised money and awareness was important. He wanted to put in the work, just as the athletes do day in and day out.

"Running is a challenge for me," White said. "Running is not easy. I have never enjoyed it. I really wanted it to be a challenge for me, just as some tasks are for someone who has an intellectual disability, and not take the easy way out. It wouldn't mean as much to me if I didn't have to work my butt off to do it."

After working a 24-hour shift, White would lace up his shoes and log his miles. He also faces more obstacles while being deployed, such as scorching temperatures well over 120 degrees during the day and overnight temperatures not dropping below 100 degrees.

"In a deployed location, we all know things get tough and people are at home missing families and to have an Airman come in and be that happy and that positive and to do what he is doing for the Special Olympics, and still have that drive at work, is unparalleled," said Tech. Sgt. Chris Richardson, a 332nd ECES crew chief.

No matter how blistering the heat becomes, no matter how strenuous work was the previous night or how sore he is from a run, White continues to lace up his shoes and sets off putting one foot in front of the other.

"When I am running, I am not thinking about anything else other than why I am doing it," White said. "Thinking about the happy faces and the joy that I know this is going to bring someone; that's what keeps me going. I just keep thinking about that person we're going to be able to sponsor for the 2017 Special Olympics and it makes every step worth it."



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Stover, MO. Take Lake Road
135-12 to the Ivy Bend Office.
Closed Tue and Wed.
Call anytime
(573) 372-6493.
ivybendlandoffice.com

Lake of the Ozarks
- FAMILY FUN -
3+ acre tracts starting at \$10,900.
\$195 Down, \$139 per month.
Owner financing-
no credit checks.
Swimming, fishing and boating.
Free lake access and boat ramps.
Sale ends **Sept. 14th.**
Hwy. 135 South out of
Stover, MO. Take Lake Road
135-12 to the Ivy Bend Office.
Closed Tuesdays and
Wednesdays. Call anytime
(573) 372-6493.
ivybendlandoffice.com

Apartments /Townhouses

KNOB NOSTER 303 S. State
St. 2 BR apt, stove refrigerator,
newly remodeled, laundry facilities
available, water trash
paid, 12x30 garage. Available
9/15! \$380 month with military
discount + \$300 deposit. Call
660-233-6107 or 660-624-
9884.

Houses For Rent

BRICK HOUSE/BUILDING,
Commercial or Residential.
Will rent or sell. 3+ BR, 2 bath,
\$850/month + deposit. 1,760
sq. ft. Knob Noster.
916-600-6472, 660-563-0537

REAL ESTATE SALES



Serene & Secluded Setting for this 4 BR, 2.5 Bath Home
on 6.5 Acres m/l. Rustic cabin appeal, open floor plan.
Unfinished basement stubbed for Bath. \$249,000. Call Ruby
660-525-1438, RE/MAX Truman Lake 660-885-2201.

80676021

REAL ESTATE SALES

OPEN HOUSE
Saturday, Sept. 12th 11 am – 1 pm



508 E. McPherson, Knob Noster
Beautiful Renovations. 3 Bedrooms, 2 full baths located
on .75 acre lot. Fenced property with detached, 2 bay
insulated, concrete floored bldg. MLS # 72927.



Vivian Draper
Broker Associate



Each Office Independently Owned & Operated
101 S. State • Knob Noster
Office: 660-563-4735
Broker Cell: 660-909-8777

www.HomesInspiredByNature.net

80676388

AUTOMOTIVE



ROADRUNNER
AUTO SALES

1615 E. BROADWAY | SEDALIA, MO 827-4748

We Finance Anyone
No Credit Checks

0% EVERYDAY

07 HHR 4 Cyl, AT, Air 125K	\$4,595
05 Chevy Van Uplander, V-6, Air	\$4,495
04 Impala 3800, V-6, Air, Roof	\$3,495
06 PT Cruiser 4cyl., AT., Air	\$3,695
03 Buick Century V-6, Air	\$2,695
94 Ranger X-tra Cab V-6, AT, Air	\$3,295
97 Olds Regency V-6, AT, Air	\$2,495
97 Lumina V-6, Air, 4Dr	\$2,495
03 Buick Lesabre 3800, V-6, Air	\$2,595
96 GMC XTR Cab V-8, AT, 4x4	\$2,995
08 Dodge 1/2 Ton, 4 Dr., 4x4, Sport Bank	\$16,500

BACK TO SCHOOL SPECIALS

ROADRUNNER
AUTO SALES

Since 1989

0% EVERYDAY

80676940

REAL ESTATE SALES



Farm Outbuildings- Circa 1940's Appx. 20'x20'.
Approx 300 sq. ft. (1 by) Oak (internal walls). All
shingles & wood must go. \$500. Warsaw/Oscela area.
602-488-0463

80672984

Medical/Health

Day Shift R.N. House Supervisor

Missouri Veterans Home - Warrensburg

Is it your passion to lead? Do you excel at organizing
multi-department workflow? Do you respond quickly
and effectively to track and mitigate risk? If your
answers are YES, then MVH-Warrensburg has your
next career move waiting for you, where you'll serve
as a member of nursing administration and state of art,
200 bed skilled Veterans Home. This exciting and
versatile key position to the management team is
responsible for managing shift operations in the
nursing department and in the support departments
after normal business hours. In addition to your
proven ability to serve and lead in a health care
setting, qualified candidate must hold the following
educational experience:

- *A Master's degree in Nursing from an accredited
college or university; and one or more years of
professional experience as a Registered Nurse
- *A Bachelor's degree in Nursing from an accredited
college or university; and two or more years of
professional experience as a Registered Nurse
- *An Associate's degree in Nursing from an
accredited college or university or a Diploma in
Nursing; and three or more years of professional
experience as a Registered Nurse

**The competitive recruitment salary for this
position is:**

\$2,472.50 semi-monthly
(12 month probationary period)
\$2,576.50 semi-monthly (Post-Probationary)

Benefits Include:

- Retirement Plan · Deferred Compensation Plan
- Health, Dental, Vision & Life Insurance
- 12 paid holidays/year · 3 weeks paid vacation/year
- Shift differential · Great working environment and
conditions

Please submit resume and cover letter to the
House Supervisor Search Committee

Or visit us at

1300 Veterans Road
Warrensburg MO 64093

to receive the necessary application.

(660) 543-5064

EOE: Drug Free Workplace;
MVH-Warrensburg Celebrates Diversity

REAL ESTATE SALES

OPEN HOUSE
Sunday, September 12th - 1-3 PM



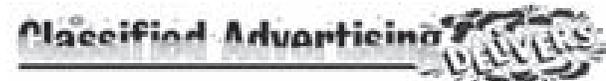
Split foyer 3 bedroom, 2 1/2 bath with
a fully fenced in backyard. Move in ready.
1603 West 7th, Knob Noster, MO.
Asking Price \$176,500. MLS#73124
Marty Harrison, Office - 660-563-6505

REECE & NICHOLS

WARRENSBURG/WHITEMAN REALTY, LLC.

An Independently Owned & Operated Member of Reece & Nichols Alliance, Inc.

80678992



REAL ESTATE SALES



50' x 80' Shop Building w/living quarters & 2 bathrooms. Located just west of Knob Noster on Hwy 50. 4.6 acres – 24 unit rental storage building. \$299,000. Call Mike 660-238-2526. United Country, Mike Myers Real Estate.

80675274

For Sale By Owner



LAKE OZARKS HOME By Owner – Lake Access, great view on blacktop, cement drive, fenced yard, 3 bedrooms, 1 1/4 baths, 1200 sq. ft. Sunroom, covered deck. Asking \$85,000. Will consider all trade-ins, autos, boats, etc. Make offer. 660-438-9593.

80673118

Help Wanted General

JOIN THE SFCC TEAM

State Fair Community College has the following part-time job openings at the Sedalia, MO Campus:

Adjunct Welding Instructor

On-Call Installation Assistant

Welding Lab Assistant

For detailed information on these positions, please visit www.sfccmo.edu/jobs and select Employment Opportunities.

To apply, create a user account, complete the online application, and attach a cover letter, resume, and transcripts.



Office of Human Resources

3201 W 16th St. • Sedalia, MO 65301

Web Site • www.sfccmo.edu

E-mail • HR@sfccmo.edu



EOE

Houses For Sale



BEAUTIFUL PRIVATE COUNTRY SETTING – 4 Bedroom, 1 1/2 story, partially finished basement, 4 acres m/l, central H/AC, Western Cedar Siding, Barn, fenced on 3 sides, rural water, lots of wildlife. \$125,000. Call Barb 660-631-3547.

80672616

Houses For Sale



3 Bedroom Home in Nice Neighborhood. 1200 square foot ranch style house. Sells at Auction September 10 @ 6 pm. Open House, Thursday, September 3rd, 6-7pm. Minimum bid: \$49,000. Contact Dick Hutchison 660-620-2569.

80672616

REAL ESTATE SALES



3 BR, 2 BA, 1.5 Story on 40 Acres M/L partially timbered. Two stocked ponds, fenced, 2 car garage, workshop, carport, shed w/ water & electricity. 6681 NE 601 Rd., Osceola. \$219,000. Call Ruby 660-525-1438, RE/MAX Truman Lake 660-885-2201.

REAL ESTATE SALES



25 High Dr., Warrensburg
4 bedrooms, 3 baths, finished basement. Large yard with basketball court. Remodeled in 2014. Lots of Charm and character. \$144,950. Contact Kaye Gann (660) 233-3627.

80676025

Let The Classifieds Work For You!



**NEED TO
MAKE
ROOM
FOR MORE
STUFF???**

Advertise your yard or garage sale in the classifieds!

(Then search your local paper for those sales)



McCARTHY
TOYOTA OF SEDALIA

GOOD CREDIT? • BAD CREDIT? • NO CREDIT?

NO PROBLEM!

**WE HAVE LENDERS TO HANDLE ALL
CREDIT NEEDS!**

YOU COULD BE APPROVED!



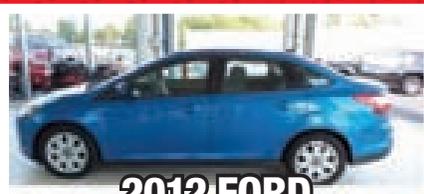
**2005 CHRYSLER
PT CRUISER**
STK#X13685A

\$5,990



**2010 TOYOTA
COROLLA**
STK#X13989A

\$9,990



**2012 FORD
FOCUS**
STK#X13991A

\$10,690



**2009 MITSUBISHI
OUTLANDER**
STK#P21484

\$10,990



**2012 MAZDA
MAZDA3**
STK#X13950A

\$11,990



**2014 TOYOTA
YARIS**
STK#X13968A

\$12,991



**2013 NISSAN
SENTRA**
STK#X14023A

\$13,290



**2009 FORD
EDGE**
STK#P21480

\$13,490



**2015 TOYOTA
COROLLA**
STK#X13956B

\$17,390



**2010 LINCOLN
MKS**
STK#X14012A

\$18,790



**2010 TOYOTA
SIENNA**
STK#P21478

\$18,990



**2014 HONDA
ACCORD**
STK#X13419A

\$20,590



**2012 TOYOTA
HIGHLANDER**
STK#X14008A

\$20,880



**2010 FORD
EXPEDITION**
STK#P21489

\$20,990



**2013 DODGE
DURANGO**
STK#X13905A

\$28,998



**2015 TOYOTA
RAV4**
STK#P21468

\$28,881



**2010 TOYOTA
TUNDRA**
STK#X14022A

\$30,390



**2014 TOYOTA
TACOMA**
STK#P21467

\$30,991



**2013 LEXUS
GS 350**
STK#X14015A

\$32,990



3110 W. Broadway, Sedalia, MO 65301
660-530-0265
SedaliaToyota.com

Sales Hours:
Mon-Thurs: 9AM-7PM • Fri-Sat: 9AM-6PM • Sun Closed
Service Hours:
Mon-Fri 7AM-6P • Sat 8AM-12PM • Sun Closed