

WARRIOR

Shot at the Hennessy

▶ FORCE SUPPORT SQUADRON PREPS FOR COMPETITION ◀

A Driving Force

▶ AADD program serving Airmen

pg. **3**



Overcoming Failures

By Maj. Eric Tucker

509th Communications Squadron commander

You will fail. The question is, how will you respond? This reminds me of a parable of the carrot, egg and coffee. A senior airman was distraught when he learned he did not make staff sergeant after his first time testing. His staff sergeant supervisor saw a teaching opportunity and the next day he filled three pots with water and placed each on the stove. After they came to a boil, he placed carrots in the first pot, eggs in the second and ground coffee in the last. After 20 minutes, he fished the carrots out and placed them in a bowl. He pulled the eggs out and placed them in a bowl. Then he ladled the coffee out into a cup. Turning to the senior airman, the staff sergeant asked, "Tell me, what do you see?" "Carrots, eggs and coffee," the senior airman replied. Then he asked the senior airman to feel the carrots, which he did and noted they were soft and mushy. The staff sergeant asked the senior airman to take an egg and break it. After pulling off the shell, the senior airman observed the hard-boiled egg. Finally, he asked the senior airman to sip the coffee. He smiled as he tasted the coffee with its rich aroma. The senior airman said, "Nice, but what does all of this mean?"

The staff sergeant laughed and explained that each of these objects had faced the same adversity – boiling water – but each reacted differently. "Which are you?" the staff sergeant asked, "are you a carrot that seems strong, but with pain and adversity, becomes soft and loses strength? Are you the egg that appears not to change but whose heart is hardened? Or, are you the coffee bean that changes the hot water, the very circumstances that brings the pain? When the water gets hot, it releases its fragrance and flavor. If you are like the coffee bean, when things are at their worst, your very attitude will change your environment for the better, making it sweet and palatable."

When you face failure, will you be the carrot, egg or coffee? I

offer three suggestions when dealing with failure. First, own up to your failures. Don't explain failures away, instead deal with them head-on. Don't look around for other people to blame. That happens way too often today. Admit your failures and take accountability for them. Being accountable for your failures shows responsibility. Accepting your failure will give you the courage to apologize, if that's appropriate to the situation.

Taking ownership of your failures enables the second step, learning. FAIL (First Attempt In Learning). This is how you need to view failures – a lesson on what didn't work. While learning from your mistakes, don't expect a miracle recovery overnight. Take the time you need to learn the appropriate lessons. Don't short-circuit the process. Bouncing back is good, but you want to bounce back in a healthy way and not force it. Forcing it will only hinder your opportunity for growth. The beautiful thing about failure is it teaches you the resiliency needed to cope with future failures. Also, don't go in alone. Ask for help if you need it. I like this quote from B.F Skinner: "A failure is not always a mistake, it may simply be the best one can do under the circumstances. The real mistake is to stop trying."

Third, with the wisdom gained from growing through your failure, thrive. Life isn't about luck. Life is about hard work – hard work that is born from failure, learning from failure and thriving from the growth you made to reach your full potential in life.

We never try to fail on purpose. But at the same time if you stay so far away from failure, if you don't ever push yourself to where failure is a possibility, you're probably not pushing yourself enough. Failure presents opportunities for personal growth. It also teaches you about willpower, persistence, self-discipline and hard work. I encourage people to be empowered, take initiative and move out. Step out of your comfort zone and take a chance. There are very few "one strike and you're out" failures in the Air Force. Be adventurous and try something new. If you fail, own up to it, learn from it, change your circumstances and thrive! Don't be a carrot or an egg.

Comprehensive Airman Fitness 2015: Spiritual fitness, part 2

By Capt. Kenneth Johnson

509th Bomb Wing Chaplain

Avengers ... step aside! Of recent it seems that Hollywood has become interested in the biopic stories of war heroes, such as Chris Kyle, Marcus Luttrell and Louis Zamperini. Certainly, they have not replaced the fictional characters of Iron Man and Thor who battle intergalactic war criminals. Yet, box offices around the country hint to the kinds of stories that appeal to the heart. These real life events and battles that are happening while most of the country enjoys the freedoms that are made possible by men and women in uniform who run toward the battle, who have left family and personal cares behind.

On opening weekend of Chris Kyle's story, portrayed in Clint Eastwood's "American Sniper", I made the mistake of arriving to a matinee 10 minutes before show time. As we stood in front of the theater, with popcorn and soda in hand, we looked for the few possibilities left to find a seat. I assumed those who I sat snug next to were veterans, those who had been exposed to the evils of war, or families who had lost something or someone in battle. Portions of Chris' story highlight the challenges of a wounded warrior who was able to keep it together in front of those around him, but in silence had a restless internal battle that raged against. Behind the armor and poise of this Navy Seal, Chris was just like anyone of us, a human being trying to



make sense of the world around him while trying to hold it all together by himself.

Making sense of the world around us is a life-long endeavor. It is my personal belief that faith helps, in many ways, to capture the meaning of my purpose and how I fit in the greater picture of human history. My beliefs as a Christian have provided me throughout the years the resolve and anchor in the face of my personal crises and hardships, from death of loved ones to relational challenges I had to face. Admittedly, there have been times in my life when I have not exercised my faith through daily rituals of prayer, scripture reading and fellowship within my faith tradition. On those days, I would feel wasted and empty, as if driving on gas fumes. Strangely enough, it is often in those times when hardship and personal stress strikes with full on assault. I have counseled many Airmen who

have shared in confidence their buried internal battles and emotional conflicts. Often, as they remembered a time when they felt their best, the memory had something to do with their faith tradition, when they were engaged with their God and faith community.

On the week of Feb. 17, the Spirit Chapel will be sponsoring a Spiritual Renewal Week. The kick-off to the week will be the 2015 National Prayer Breakfast, held at the Mission's End Club at 8 a.m. We ask that you would respond to the invite in your e-mail, Whiteman's Facebook page, or the Whiteman AFB Chapel Facebook page.

Throughout the remainder of the week there will be Christian, Muslim and Jewish observances to promote personal spiritual renewal. These events will be posted on Whiteman AFB Chapel Facebook and brochures. I want to encourage you to find ways to connect with your faith tradition. Perhaps it may help resolve whatever inner battle that you're dealing with.

SPIRITUAL FIT TIP OF THE WEEK

"We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed."

– The Apostle Paul
(2 Corinthians 4:8-9 NIV)

THE WARRIOR

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email Whiteman. Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509 Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at 1-800-892-7856.

On the cover

U.S. Air Force photo/
Senior Airman Keenan Berry
U.S. Air Force Airman 1st Class Sierra Bray, 509th Force Support Squadron food service apprentice, places deserts on a refrigerator shelf at Whiteman Air Force Base, Mo., Jan. 21, 2015. The Ozark Inn dining facility team is preparing to be evaluated for the John L. Hennessy Award inspection. Each year, the Air Force presents the John L. Hennessy Award to recognize the team who best excels in food service.

NEWS BRIEFS

Disposition of Personal Effects

2nd Lt. Aaron Hughey is authorized to make disposition of the personal effects of Staff Sgt. Kevin Duckworth, deceased, 509th Maintenance Squadron as stated in AFI 34-511. Any person having claims for or against the deceased please contact 2nd Lt. Aaron Hughey (303) 704 2179.

Disposition of Personal Effects

1st Lt. Grant Hatfield is authorized to make disposition of the personal effects of Senior Airman Justin W. Gaddis, deceased, 509th Civil Engineer Squadron, as stated in AFI 34-511. Any person having claims for or against the deceased please contact 1st Lt. Hatfield at 687-2534 or 417-207-0573.

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How to report anonymous tip using smart phone:

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2. Manually select an Agency
3. Choose USA then Federal Agency then select AFOSI
4. Create a passport, select New Tip and fill out form with as much information as possible.

How to report an anonymous tip VIA text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

100% inventory

The 509th Munitions Squadron will be conducting a 100 percent stockpile inventory during March 2-6, 2015. If you need any munitions issued or have any that need to be turned in, please do so either the week prior or after the inventory. During this week we will only process emergency requests, submitted in writing and approved by the group commander (or equivalent). If you have any questions or concerns please contact Master Sgt. Jason Gebbia at 687-8049 or Tech Sgt. Young at 687-8052.

WEATHER

Today	Saturday
Sunny	Mostly Sunny
Hi 46	Hi 48
Lo 24	Lo 29

Sunday	Monday
Breezy	Partly Sunny
Hi 51	Hi 43
Lo 35	Lo 32

AADD: Airmen don't let Airmen drive drunk

By Senior Airman Maegan Jones
and Senior Airman Elisa Lewis

Airmen Against Drunk Driving volunteers welcome this New Year with great excitement as we continue to work on the changes we started last year. Some of the changes implemented were activating the AADD Sharepoint site, starting the online volunteer sign-up sheet and the election of new officers. As these changes help us become more efficient, we look forward to focusing our efforts in increasing awareness of the program through increased involvement in base activities.

AADD is a free and confidential program providing members of Team Whiteman with a safe ride since 2001. Currently, we have over 60 volunteers. The dedication and selfless service our volunteers exhibit each and every day never ceases to amaze. We find it encouraging and motivating to be surrounded by people who share the same commitment of protecting our

fellow Airmen from bad decisions that could end careers and cause preventable stress to military members and their families.

We asked some of our volunteers why they choose to answer the call and here are some of the responses we received:

"I love volunteering for AADD because it is a great and rewarding opportunity," said Senior Airman Mary Joanne Daria, 509th Maintenance Squadron. "Volunteering for AADD allows me to meet different people and minimizes the possibility of losing someone's life. What's better than saving a fellow Airman's life and seeing happy families together?"

"I feel safe knowing that a small effort and some of my spare time does not only help our fellow Airmen but also help keep the streets safe," said Airman 1st Class Jaime Suarez-Berrocal, 509th Medical Squadron. "It's definitely rewarding knowing I can help people who give a lot to our country get back to their loved ones after a fun night."

"As a volunteer for over five years, I have seen how one bad decision can have such long-term negative effects on the members involved, their families and their units," said Staff Sgt. Piara Swank, AADD President. "It is not something that I would wish for anybody and I am willing to do everything I can to help prevent it."

We are always looking for new volunteers and opportunities to serve the Whiteman community. To learn more about AADD or to volunteer, please visit our Sharepoint site at <https://cs1.eis.af.mil/sites/whiteman/AADD/default.aspx> or contact Senior Airman Maegan Jones or Senior Airman Elisa Lewis.

**If you need a ride, just dial
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Road to recovery

By Airman 1st Class Sahara L. Fales
Minot Air Force Base Public Affairs

MINOT AIR FORCE BASE, N.D. — With sweaty palms and a racing heart, he walked into the room, where his first sergeant waited for him. He centered himself in front of the desk, took a deep breath and gained his composure, but nothing could've prepared him for the bad news he was about to receive.

"He slid some papers across the desk and asked me to sign them," said Airman 1st Class Carlos D. Muñoz, 91st Missile Maintenance Squadron facilities maintenance technician. "It was a restraining order from my wife."

Along with the newly served documents, which required him to move out of his house into the dorms on base, Muñoz found out his wife wanted a divorce and was gaining custody of their 11-month-old son, Danny.

"I had no home, no wife, no kid. That's when the heavy drinking really began," Muñoz said.

One drink became two drinks, which then became three. It wasn't long before he was consuming almost a bottle of wine per night.

Muñoz soon found himself wrapped up in a binge drinking cycle that was quickly spiraling out of control. It came as no surprise he would be caught up in his third alcohol-related incident this year alone.

"I stopped drinking at four that morning, and then I went to work," said Muñoz. "I literally had one foot out of the door when my supervisor called me over."

The smell of alcohol radiating from his uniform was the tell-tale sign that gave him away.

"When they breathalyzed me, it had been hours since I stopped drinking," said Muñoz. "I still blew over the legal drinking limit."

Being drunk on duty, Muñoz received an Article 15 and received a pay cut along with a reduction in rank from Senior Airman to Airman First Class.

"That's when I realized I really had a problem," Muñoz said.

Muñoz first attended the Alcohol and Drug Abuse Prevention and Treatment program in mid-April to try to better himself.

"The primary objectives of the ADAPT Program are to promote readiness, health, and wellness through the prevention and treatment of substance misuse and abuse," said Capt. Lisa Valentine, 5th Medical Operations Squadron ADAPT program manager.

Patients receive two sessions that focus on alcohol education, values clarification, and development of a change plan.

"The ADAPT classes were educational. I really learned a lot," said Muñoz. "Most of the information I already knew, but when it was put into facts and figures, it brought a new light to it."

It was during his third visit in October that Muñoz was diagnosed with an alcohol use disorder, a label that also identified him as unfit to take care of his son.

"To meet that criterion, an individual needs to have a problematic pattern



U.S. Air Force photo illustration/ Airman 1st Class Sahara L. Fales
Airmen 1st Class Carlos D. Muñoz, 91st Missile Maintenance Squadron facilities maintenance technician, pours a drink down the drain to represent his recovery from excessive drinking while stationed on Minot Air Force Base, N.D.

of alcohol use within the same 12 month period," said Valentine. "Examples of recurrent problems include recurrent alcohol use resulting in failure to fulfill obligations at work, school, or home."

Individuals who receive an alcohol-use disorder diagnosis are entered into longer term treatment and attend a combination of group and individual counseling, depending on their needs, Valentine said.

"It's nice talking to other people who are going through something similar," Muñoz said.

There is a stigma related to seeking mental health and ADAPT treatment that unfortunately can prevent people from getting the help they need.

"The reality is that the majority of Airmen who come to Mental Health/ADAPT do not experience long-term negative impact on their careers," said Valentine. "Overall, I have had positive experiences here when it comes to unit support for their members who seek treatment. It is better to ask for help then to wait for something bad to happen."

"As Airmen, we all have the briefings that inform us about alcoholism, and we've been educated about the repercussions that follow," said Muñoz. "You never expect to become a statistic."

Over the past few months, Muñoz has worked endlessly to change his habits and refocus his priorities. With the knowledge and help that he has gained through ADAPT and his perseverance, he feels more in control of his addiction and manages stress better.

"The most important thing I learned from this whole situation is that alcohol doesn't solve problems," Muñoz said.

Now, his number one goal is to focus on being the best father he can be for his son.

"I don't get to see him often, so when I do I want to be the role model he looks up to and wants to spend time with."

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Whiteman tax office opening for business

Provided by the 509th Bomb Wing
Legal Office



It's that time of the year again - time to file income taxes. To help members of Team Whiteman efficiently and effectively get their taxes filed, the base tax office will officially open Feb. 2, 2015. The first week will be dedicated to processing simple returns only (single income source, no itemized deductions). Walk-ins for simple filers will be available (no appointment necessary) Feb. 2-6 from 8 a.m. - 3 p.m. After Feb. 6, the tax office will begin processing tax returns for individuals who meet the criteria listed below.

Criteria:

Volunteers will help prepare your state and federal tax returns so long as your gross income is under \$150,000; you have no substantial rental properties/business income; and no bankruptcies, foreclosures, or other type of cancellation of debt as these issues exceed the expertise of this volunteer program.

Where: Bldg. 59, Room 104

Phone Number: (660) 687-7940

Hours for appointments: Monday

- Thursday 8-11 a.m. and 1-3 p.m. and Friday 8-11 a.m.

Walk-In Hours: Friday 1-3 p.m.

What is needed for tax returns:

Copy of all tax paperwork (W-2s)
Social Security cards for all individuals on tax return

Account number and routing number for tax return

Copy of last year tax return if available

If you have any questions before Feb. 2, please call the legal office at (660) 687-6809. After Feb. 2, please direct all calls and appointment requests to the tax office at (660) 687-7940.

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Living museum: Airman preserves AF uniforms



U.S. Air Force photo/Senior Airman Jensen Stidham
Lt. Col. Kyle Clement stands in front of his vintage U.S. military uniform collection Jan. 9, 2015 at Shaw Air Force Base, S.C. Collecting for more than 20 years, Clement's goal is to preserve Airman heritage by piecing together authentic uniforms dating back to 1914. Clement is the 20th Maintenance Group deputy commander.

By Senior Airman Jensen Stidham
20th Fighter Wing Public Affairs

SHAW AIR FORCE BASE, S.C. (AFNS)
-- (This feature is part of the "Through Airmen's Eyes" series on AF.mil. These stories focus on a single Airman, highlighting their Air Force story.)

Walking through the 20th Maintenance Group building, it would be appropriate to stop and gaze into the office of one senior leader there. Eyes would be greeted with several mannequins wearing different shades of green and blue, each decorated with metals and ribbons.

For most of his life, Lt. Col. Kyle Clement, the 20th MXG deputy commander, has been preserving Airman heritage by collecting vintage Army Air Corps and Air Force memorabilia, most notably uniforms and their decorations dating back to 1914.

"Everybody collects little things when they are growing up," Clement said. "When I was a teenager I just happened to collect bits and pieces of Air Force uniforms. It just always caught my eye."

Enlisting in the Air Force in 1989 and commissioning in 1994, Clement has pieced his collection together from across the United States.

"The majority of it came from thrift stores," Clement said. "As I travel, if I pass an antique store I'll pull over and check it out. It's amazing what you can find. Most stores don't even know what it is."



U.S. Air Force photo/Senior Airman Jensen Stidham
An Airman assigned to the 20th Maintenance Group, touches an original aircraft maintenance badge Jan. 9, 2015 at Shaw Air Force Base, S.C. Lt. Col. Kyle Clement, the 20th Maintenance Group deputy commander purchased this badge as a teenager, starting his life-long passion for collecting Airman memorabilia.

Though his collection of complete uniforms has grown to more than 15, his passion for collecting is not all about the pieces of fabric.

"Every one of these uniforms belonged to an Airman, and I think that is key," Clement said. "The history of why these uniforms were worn, who wore them, and how our uniform has changed over the years is incredible. The

uniforms we wear today are just pieces of the uniforms that used to be worn."

Even though he purchased his first vintage uniform as a young captain, his favorite uniform known as "pinks and greens," the Army Air Corps uniform from WWII, connects him to an earlier time in his life.

In 1994, Clement graduated from Texas

A&M University in College Station, Texas, wearing a similar uniform to the pinks and greens, and says the uniform reminds him of his college years and the opportunity that led to his commission.

Since his years after college, Clement has spent time reading his library of books to ensure all of his uniforms, ribbons, medals, and hats are displayed in an accurate way.

"Lt. Col. Clement's collection is brilliant," said 2nd Lt. Cameron Schmitt, the 20th MXG executive officer. "His love for history is incredible and it is such a great opportunity to work with someone who is willing to give a quick history lesson at a moment's notice."

Not only does Clement have a passion for collecting Air Force uniforms, but what he wants even more is to become a Reserve Officer Training Corps (ROTC) teacher after he retires from service.

"My intent is for these uniforms to never come home with me," Clement said. "I plan to have them in my classroom one day and then donate them to the school, that way they can continue to be appreciated."

A living museum from World War I to present day, Clement's passion for uniforms has built a lifelong journey rooted in Air Force history.

"He is helping preserve our heritage through his collection and that is crucial to the development of Airmen and officers alike," Schmitt said.

Weekly fire prevention safety tip

By Tech. Sgt. Chris Gunn
509th Civil Engineer Squadron
Fire Prevention

Winter is sticking around a little while longer and that means that risk of carbon monoxide (CO) poisoning has increased. Did you know a person can be poisoned by a small amount of CO over a long period of time or by a large amount of CO over a short amount of time? Don't worry though, here are some safety tips from the National Fire Protection Association to help prevent CO poisoning.

- Test CO alarms at least once a month; replace them according to the manufacturer's instruction.
- If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help (# 911) from a fresh air location and stay there until emergency personnel arrive.



- If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motors indoors, even if the garage doors are open.
- Make sure the exhaust pipe of a running vehicle is not covered with snow.
- During and after a snowstorm, make sure vents for the dryer, furnace, stove and fireplace are clear of snow build-up.
- Gas or charcoal grills can produce CO — only use outside.

The Whiteman AFB Fire Department would like you and your family to be safe and stay warm this winter season. If you have any question about fire prevention or fire safety please contact our Fire Prevention Office for information at 687-6080/6083/6374.



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SESSION 3A (April 18th - May 8th)

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SESSION 3B (April 18th - May 22nd)

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SecAF, CSAF discuss future of the Air Force



U.S. Air Force photo/Scott M. Ash

Air Force Chief of Staff Gen. Mark A. Welsh III and Secretary of the Air Force Deborah Lee James take questions during their, "State of the Air Force," press conference Jan. 15, 2015, in Washington, D.C. In her comments, James said we are the greatest Air Force in the world because of our Airmen.

By Tech. Sgt. Natalie Stanley

Secretary of the Air Force Public Affairs Command Information

WASHINGTON (AFNS) -- Senior leadership addressed the key issues, priorities, initiatives and challenges facing the Air Force during the State of the Air Force press briefing, Jan. 15 at the Pentagon.

Secretary of the Air Force Deborah Lee James and Air Force Chief of Staff Gen. Mark A. Welsh III, focused on the Air Force's highest priorities and said they have been working

hard to balance resources and preserve combat capability in a tough fiscal environment.

"Everyone wants more Air Force," James said. "We're meeting those demands with the smallest force in our history. Couple a smaller force against the backdrop of austere budgets, and you have a total force that is under significant strain: active duty, Guard, Reserve, civilian, and their families."

Welsh had the same concern.

"It's about some very tough decisions we have to make to recapitalize on the Air Force for the threat 10 years from

now," Welsh said. "We don't have enough money last year or this coming year to fund all the things that we currently have in our force structure."

While fiscal year 2015 still presents some enormous budget challenges for the Air Force, James and Welsh strongly agree enough is enough when it comes to force shaping and stated Airmen will see no involuntary boards in 2015.

"We cannot go any lower," Welsh said. "We are getting too small to succeed as opposed to too big to fail."

James said challenges with the budget in no way minimize the responsibilities of the Air Force.

"As Air Force demands around the world continue to increase," she said, "we cannot afford to get smaller and sacrifice capability."

One of the greatest demands James and Welsh addressed was intelligence, surveillance, and reconnaissance requirements.

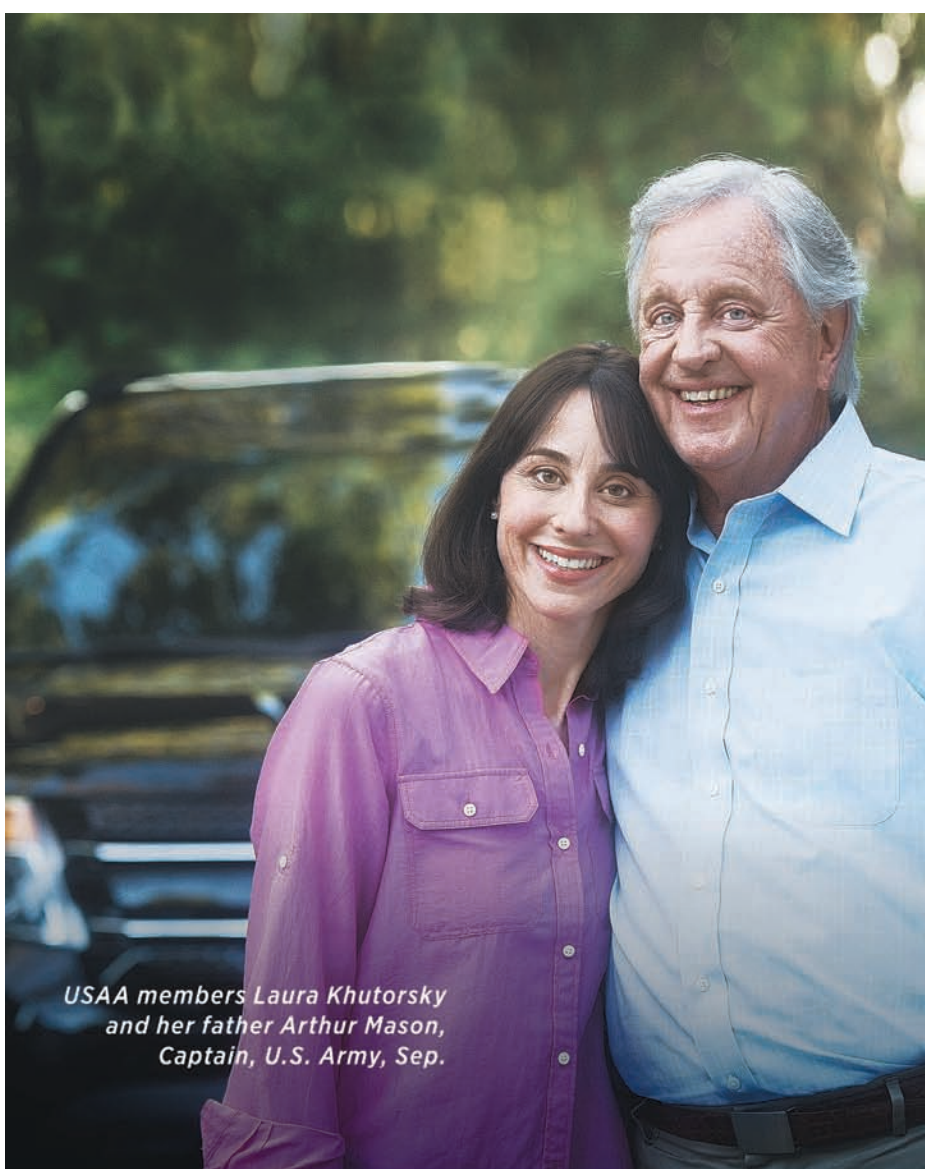
"Not only do combatant commanders want more ISR, they want the globally-integrated, persistent ISR that Air Force capabilities provide," the secretary said.

James and Welsh acknowledged the significant stress the high operations tempo has placed on its experienced operators. To combat that, they have developed a plan to meet combatant commander warfighting requirements while relieving some of the unrelenting strain felt by operators.

The intentions of the ISR goals outlined by James and Welsh will provide near-term relief to stressed crews by implementing a number of options to immediately increase manning.

The future of the Air Force continues its focus on balancing today's readiness with tomorrow's modernization.

"The American people expect our Air Force to fly, fight and win against any adversary," James said. "It is important that we continue to afford our nation the Air Force capability it needs well into the future by appropriately investing in our people and in our platforms."



USAA members Laura Khutorsky and her father Arthur Mason, Captain, U.S. Army, Sep.

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Ozark Inn prepares to bring home the Hennessy Award

By Airman 1st Class Joel Pfiester
509th Bomb Wing Public Affairs

Each year, the Air Force presents the John L. Hennessy Award to recognize the team who best excels in food service.

With the evaluation team coming to Whiteman Air Force Base, Mo., in early February, the 509th Force Support Squadron is in full swing preparing to bring the prestigious award home.

"We set the bar pretty high already," said Tech. Sgt. Shonta Simes, 509th FSS dining facility manager. "We won in 2013 and we definitely want to do that again. Our customers here expect a lot out of us."

Despite losing a lot of Airmen due to permanent changes of station (PCS), the Ozark Inn team was still able to win at the Air Force Global Strike Command level in 2014. This year, they hope to have the same amount of success, and then some.

"Our food team is excited about it," said Simes. "Everyone is more experienced this year. Last year we were brand-new since it was PCS season and we still managed to pull off winning at the MAJCOM level. Now with us being more experienced with a full year behind us, we will have a much better evaluation."

The Hennessy evaluation teams will evaluate the dining facility on five different categories: kitchen operation, serving and dining operations, training, personnel and readiness, sanitation and repair maintenance, and management.

According to Simes, training for the evaluations should be no different than the daily routine they already have in place.

"It's basically a 'practice what you preach' mindset," said Simes. "If we say that we practice excellence in this food service operation, then winning this trophy will definitely be proof of that."



U.S. Air Force photo/Senior Airman Keenan Berry
U.S. Air Force Senior Airman Marco Tordera, 509th Force Support Squadron food service journeyman, organizes the warmer at Whiteman Air Force Base, Mo., Jan. 21, 2015.



U.S. Air Force photo/Airman 1st Class Joel Pfiester
Senior Airman Robert Palmer, 509th Force Support Squadron store room personnel, rolls peach pie filling onto storage racks at the Ozark Inn dining facility Jan. 21, 2015 at Whiteman Air Force Base, Mo. The Ozark Inn is currently preparing for the Hennessy Award inspection, which evaluates military bases food service operations on five different categories, including food, service and operations.



U.S. Air Force photo/Senior Airman Keenan Berry
U.S. Air Force Airman 1st Class Robert Palmer, 509th Force Support Squadron store room personnel, stocks seasoning at Whiteman Air Force Base, Mo., Jan. 21, 2015.



U.S. Air Force photo/Senior Airman Keenan Berry
U.S. Air Force Airman 1st Class Sierra Bray, 509th Force Support Squadron food service apprentice, prepares lemon herb fish at Whiteman Air Force Base, Mo., Jan. 21, 2015.

Senior Airman Robert Palmer, 509th Force Support Squadron store room personnel, stocks the freezer at the Ozark Inn dining facility Jan. 21, 2015 at Whiteman Air Force Base, Mo. The Ozark Inn team is preparing to be evaluated for the John L. Hennessy Award inspection. Each year the Air Force presents the John L. Hennessy Award to recognize the team who best excels in food service.

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SecDef photos are in!



The photos taken during the Secretary of Defense's visit to Whiteman AFB are now available on a link on our Facebook page. Please visit the Whiteman Air Force Base Facebook page to view the link to your photos!

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DUI through a Defender's eyes

By Airman 1st Class Bonnie Grantham
319th Air Base Wing Public Affairs

GRAND FORKS AIR FORCE BASE, N.D. (AFNS)
-- One quiet night while on shift, a security forces patrol leader and her partner witness a car rolling through the stop sign at a nearby intersection. With vehicle lights flashing, they initiate a traffic stop.

After approaching the vehicle and requesting the required documentation -- government I.D., driver's license, registration and insurance card -- the patrol leader notices the odor of alcohol wafting out of the vehicle. The driver's speech sounds slurred as he clumsily fumbles for his government I.D., which shows him to be an Airman. The defender suspects the Airman has been drinking and driving.

The patrol's first course of action will be to ask the driver to step out of the vehicle for a field sobriety test (FST). There are three portions to an FST that the subject must pass.

"The different tests that we do in security forces are horizontal gaze nystagmus (HGN), the walk and turn and the one-leg stand," said Senior Airman Caleb Green, a 319th Security Forces Squadron base defense operations control (BDOC) controller. "Those tests are approved for use here and security forces-wide."

HGN is defined as an involuntary jerking of the eye that occurs naturally as the eyes gaze to the side. The patrol will move a pen side-to-side in front of the subject's face at eye level and ask the subject to follow the



U.S. Air Force photo/Airman 1st Class Bonnie Grantham
Airman Bryce Willsey demonstrates how a portable breath test (PBT) is used Dec. 10, 2014, on Grand Forks Air Force Base, N.D. A PBT is used to test a subject's blood alcohol content when the subject is believed to be intoxicated while driving. Willsey is a 319th Security Forces Squadron alarm monitor.



U.S. Air Force photo/Airman 1st Class Bonnie Grantham
Senior Airman Caleb Green and Airman Bryce Willsey simulate the walk-and-turn portion of the field sobriety test Dec. 10, 2014, on Grand Forks Air Force Base, N.D. The FST consists of three different portions and is used to test a subject who is believed to be intoxicated. During the walk-and-turn portion, the subject is asked to walk nine steps in a straight line, heel-to-toe, and then turn around and walk in the opposite direction in the same fashion with the same number of steps. Green is a 319th Security Forces Squadron base defense operations control controller/patrolman. Willsey is a 319th SFS alarm monitor.

pen with his eyes to test for HGN. Although HGN can be caused by astigmatism, alcohol causes exaggerated jerking of the eyes as they shift from left to right.

The walk and turn test has the suspect walk heel-to-toe in a straight line. They are instructed to take nine steps in one direction, then turn around and walk nine steps in the opposite direction.

Finally, the one leg stand test requires the subject to stand on one leg for 30 seconds while he counts out loud by thousands (one-one thousand, two-one thousand, etc.).

"We give very specific instructions for the tests so that they will have a standard to go off of," Green said. "If they deviate from it at all, then that's a point against them. If they get so many points against them, then they fail the test and that's more probable cause that they're intoxicated."

According to Green, during the FST, the patrol leader and their partner will observe the subject and grade him or her on his performance. If the subject passes all portions of the FST, then he has proven to be sober and may be released with no more than a citation for running a stop sign.

However, he may only have to fail one portion of the test in order for there to be probable cause to place him in custody on suspicion of driving under the influence and to conduct further alcohol testing, said Green. For example, to confirm the FST assessment, the patrol member can use a portable breath test (PBT) at the scene to test the subject's breath alcohol content (BrAC).

Green further explained that when the subject is apprehended, he will be taken to BDOC for further investigation. There he will be asked to sign an Implied Consent Form stating that he gives consent to draw blood, breath and urine samples. Federal law states that everyone who drives on a military installation gives implied consent to testing, therefore refusal to give consent can result in additional adverse.

The next step in the process is to test his BrAC with the Intoxilyzer 8000, a much more specific breath test

than the PBT that is used in the field, said Green. If the results of the Intoxilyzer 8000 show the subject to have a BrAC over .08 - technically over the legal driving limit - then the patrol will read the Airman his rights and issue an AF Form 1408 for DUI.

Regardless of whether an alleged DUI occurred on or off the installation, the Airman's on-base driving privileges will be preliminarily suspended by the 319th Mission Support Group commander for six months pending resolution of any civil court or UCMJ action against the member. A member found guilty of a DUI offense faces serious punishment, and a mandatory one-year revocation of on-base driving privileges.

"Security forces members are notified of the Airman's driving status through a system called Defense Biometric Identification System (DBIDS) as well as the SRBW (suspension, revocation, barred and warrant) roster," said Staff Sgt. Kyle Johnston, the 319th SFS NCO-in-charge of reports and analysis.

DBIDS is a hand-held scanning device used to scan the I.D. of an individual entering the base, said Johnston. If the individual has a driving revocation on record, then it will show up in DBIDS. A person caught driving while being on a driving revocation will have an additional year added to their revocation.

The SRBW roster is another form to keep track of suspensions, revocations and barments. In addition, all completed DUI actions will be entered into SFMIS, which will annotate the violation on the member's driving record, sharing the information with the member's driver's licensing state of issue.

Processing a DUI is not a one-day task. This process takes time out of security forces members' daily jobs, hinders commanders and first sergeants involved, and occupies much of the Airman's time.

"I don't know that DUIs will ever come to a stop," Green said. "The steps that have been taken to show the individual repercussions that come with a DUI are helping, I believe. It's just important to have a little bit of common sense and don't drink and drive."

Chief's choice Award winner recognized



Airman 1st Class Michael McCuin, 509th Aircraft Maintenance Squadron crew chief, receives the Chief's Choice Award at Whiteman Air Force Base, Mo., Jan. 15, 2014. McCuin established himself as a true maintenance professional by helping carry out the 509th Bomb Wing's mission by completing all five-level upgrade training in four months, scoring an 88 percent on his Career Development Course End of Course test and being selected as a superior performer while acting as sole vouching authority during Global Thunder '15. Additionally, he earned a place on quality assurance's honor roll during the fourth quarter, was selected for a temporary duty to Red Flag and finally, was appointed as assistant dedicated crew chief of the B-2 Spirit tail number A0700.

U.S. Air Force photo/Airman 1st Class Joel Pfister



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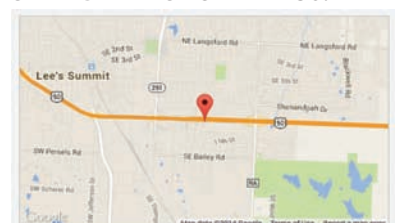
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Air Force, DoD switch HOMES

By Tech. Sgt. Natalie Stanley
Secretary of the Air Force Public Affairs
Command Information Air Force

WASHINGTON (AFNS) -- Air Force members now have access to HOMES.mil, a new official Defense Department website designed to modernize the way all service members search for housing when relocating.

Effective Dec. 29, 2014, HOMES.mil was launched for public access to provide service members seeking housing at their assigned location, and to landlords, owners and property managers to access for marketing rental properties.

"The Air Force remains fully committed to providing members access to safe, affordable, adequate and non-discriminatory housing," said Sheila Schwartz, Headquarters Air Force facilities management division housing lead.

HOMES.mil features search and display options as well as Google maps and will allow users to save listings, view photos and research housing areas. The user is also able to compare up to four different properties at one time.

Air Force members may create an account in HOMES.mil using the "create account" link on the home page. Once registration is completed, the member will receive an automatic welcome email to HOMES.mil and can begin using the system.

The website empowers service members with information and tools to make smart decisions on housing property listings.

"We will continue to provide referral and relocation services to service members, their families and DoD civilians through electronic, telephone and face-to-face customer interaction," Schwartz said.

The Air Force housing public website is still available and provides a venue for members to obtain specific installation information on family, unaccompanied and privatized housing.

For questions or more information, members and their families should contact or visit their local military housing office.

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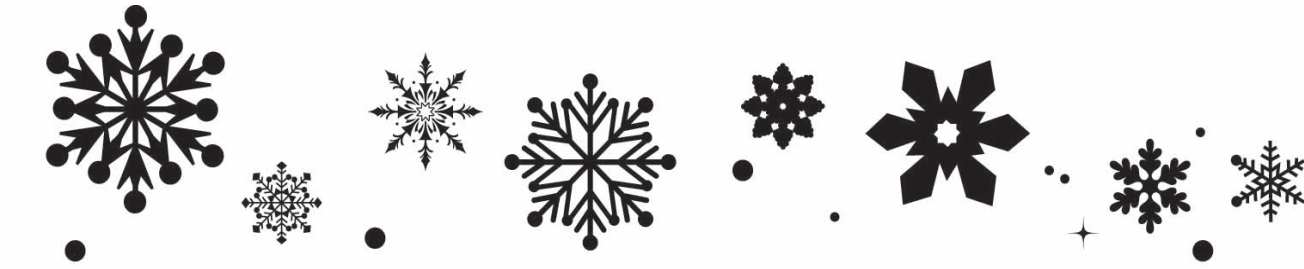
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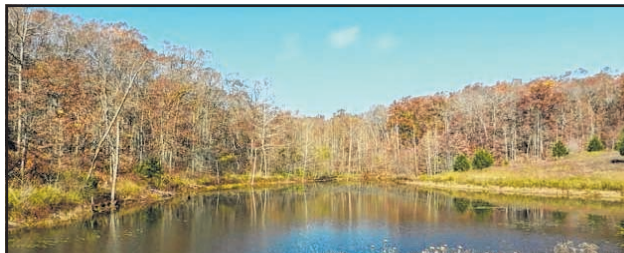
REAL ESTATE SALES



NW 950 Rd. – Blairstown. Beautiful Brick & Vinyl Home, Great Views of Henry County, All-Electric, 3-4 BR, 2.5 BA, Gas Fireplace, Guest Quarters. 50x60 Metal Bldg. \$219,000 Call Ruby 660-525-1438 RE/MAX Truman Lake 660-885-2201

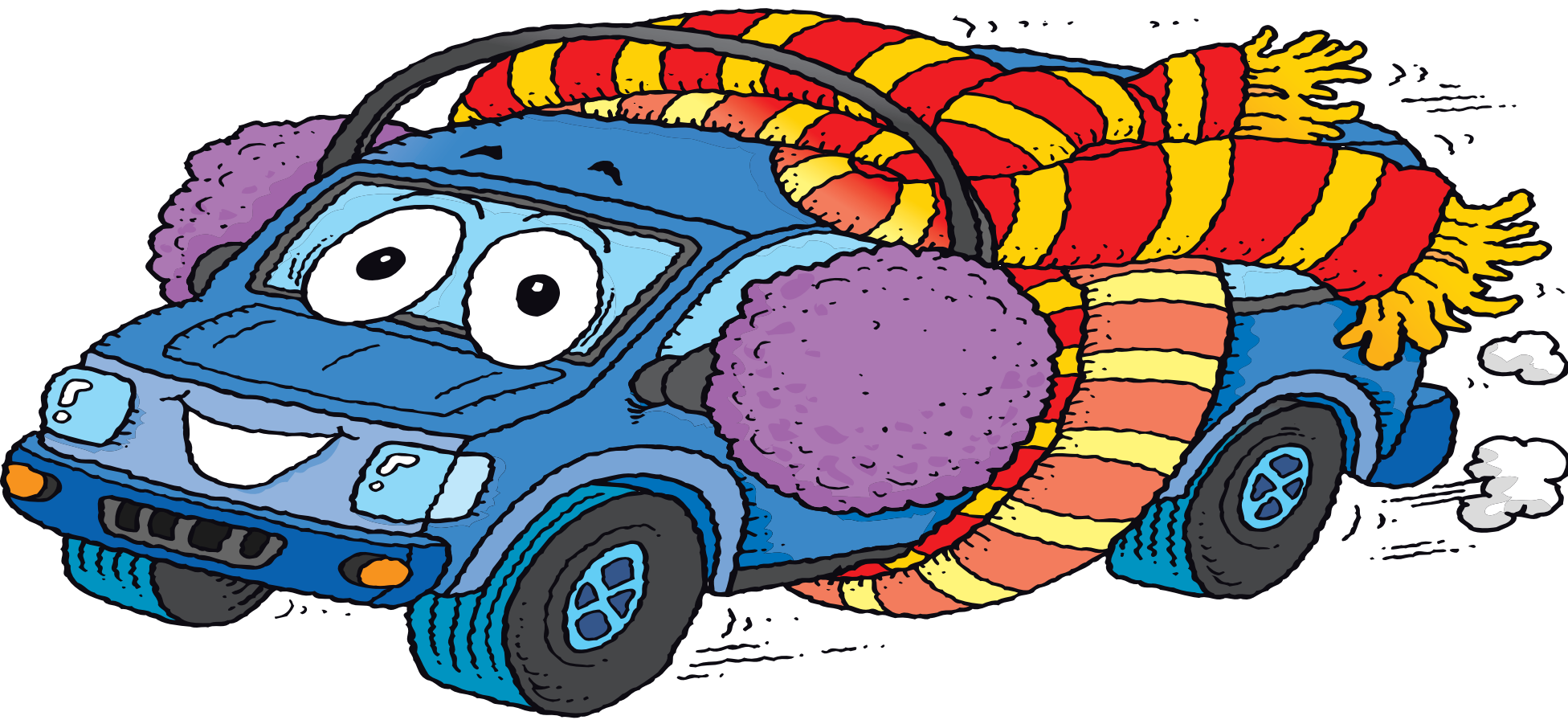
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REAL ESTATE SALES



Gorgeous 200 Acre Property! Beautiful stand of hardwood timber, 3 large spring fed ponds, nice creek, and miles of trails. Hunting cabin and machine shed. Lots of wildlife! Located south of Cole Camp. \$299,000. Call Steve Mott, Broker Midwest Land Group, LLC 816-718-7201

80610068



SHOW AND \$ELL

3 + 3 = \$65 includes color

photo of your vehicle

YEAR AND VEHICLE HERE

Copy about the vehicle goes in this spot.
Copy about the vehicle goes in this spot.
Copy about the vehicle goes in this spot.
Copy about vehicle \$XX,XXX. Name, Address and Phone Number.

photo of your home

COPY DESCRIBING YOUR HOME...so many bedrooms, so many baths. List of extras ... garage (single or double), maintenance free exterior, family room, school district, fenced back yard, basement, extra lot, heating, air conditioning, parking availability, etc.

36 Words or less; 1st 4 words bold; one item only; price must be listed to qualify for FREE ad

3 Days In Democrat
Monday, Wednesday and Friday
(Regular deadlines apply)

If your advertised item doesn't sell, get 3 additional days FREE (Ads run Mon., Wed., & Fri., Price must be stated in ad)

~ or ~

3 Days In Democrat (Mon., Wed., & Fri) + **3 Weeks In A Plainsman** + **3 Weeks In The Warrior** = **\$99** includes color

If your advertised items doesn't sell, you'll receive

3 Days In Democrat (Mon., Wed., & Fri) + **3 Weeks In A Plainsman** + **3 Weeks In The Warrior** = **FREE** includes color

Contact Your Ad Rep For Details, or call 660-826-1000 Ext. 239