

WARRIOR

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April 8, 2011

2011 Wingman Day - 'Fun on the run'



U.S. Air Force photos by Senior Airman Kenny Holston

Team Whiteman Airmen participate in a 5K fun run during Wingman Day April 1. Airmen participated in several team activities and finished the day with a challenging run. See pages 8-9 for more photos.

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The civilian and military partnership at Whiteman Air Force Base existed here for the past 20 years.

WEATHER

Today	Sunday
Mostly Sunny	Showers
Hi 76	Hi 76
Lo 61	Lo 50

Saturday	Monday
Partly Sunny	Sunny
Hi 86	Hi 64
Lo 66	Lo 44

Courtesy of National Weather Service

Whiteman ramps up for AFAF campaign

Airmen have until May 2 to participate in charity drive

By Heidi Hunt

509th Bomb Wing Public Affairs

Whiteman kicked off its Air Force Assistance Fund campaign, 'Commitment to Caring,' March 21, and Team Whiteman Airmen can participate through May 2.

This year's campaign goal is to raise \$61,518, which benefits the Air Force Aid Society, Air Force Enlisted Village, Air Force Village and the General and Mrs. Curtis E. LeMay Foundation.

"The AFAF is unique because it provides Airmen an opportunity to give back to other Airmen," said Capt. Troy Combs, 13th Bomb Squadron B-2 pilot and installation project officer. "Contributions to this campaign will directly benefit the Whiteman AFB community

as well as the Air Force family."

Those charities provide support to Airmen in need across the Air Force including active duty servicemembers, retirees, reservists, guard members, their dependents and surviving spouses, including those at this Air Force Global Strike Command base.

Unit project officers will make 100 percent contact with eligible donors and give them an opportunity to contribute.

The Air Force Assistance Fund has helped many Airmen here at Whiteman according to Master Sgt. Tim Miller, 509th Security Forces Squadron NCO in charge of training and assistant IPO.

"It's a great example of the Wingman Concept ... Airmen helping Airmen," Sergeant Miller said.

Contributions are tax deductible and additional information can be found at www.afassistancefund.org.

Go to www.whiteman.af.mil to see the complete list of unit project officers.

Airmen aid Japan recovery



U.S. Air Force photo by Staff Sgt. Rachel Martinez
An Airman operating in support of recovery efforts in Japan digs through debris covering a strawberry field near Hachinohe, April 1. U.S. forces have been assisting the Japanese since the March 11 earthquake and tsunami.

Securing your future, one paycheck at a time

By Maj. Travis Pond

509th Contracting Squadron Commander

My father always told me, "Money isn't everything, but life sure is a lot easier if you have some."

Before I lose your attention let me tell you; my goal is not to bore or confuse you with numbers and complex formulas about investments. You may be young, old, man, woman, officer, enlisted or civilian. You could be an avid saver, an active stock market trader or just a guy or gal who wants to have a good time on the weekend, wear trendy clothes and drive a nice car. Regardless of your background or situation, there are a few old adages that hold true. If you follow them in the most basic sense, you will be much better off down the road.

Pay Yourself First

If you aren't saving 10 percent of your take home pay, you are cheating your future self, and I know he or she will not appreciate it!

You may say, "I'm going to serve 20 years in the military and I'll be set for life" or "I'll worry about retirement when I get older." This is a recipe for disaster. Yes, military retirement pay and lifetime health care are tremendous benefits, but not enough to maintain a reasonable standard of living. Many experts will tell you that the average couple needs \$60,000 per year to live comfortably in retirement. Have you figured out how much retirement pay you will receive after a military career? For illustration purposes, here is an example.

You retire as an E-7, Master Sergeant, after 20 years of active duty service. In today's dollars, your retirement pay would be \$2,100 per month or \$25,000 per year. Military retirement can start as early as age 37, but most retire in their 40s.

To supplement your military retirement, you will probably find another job and work until you become eligible for Social Security at age 62. Social Security is another important benefit, but the government faces a significant funding shortfall in the near future and our national debt is growing rapidly; something's got to give. When you hit your 60s the minimum retirement age may be 72 or higher, and the level of benefits paid may be lower.

For the purpose of our example, we will assume benefits remain as they are today. If so, Social Security may add \$14,000 per year, or \$20,000 per year if you delay taking benefits until age 67. This added to your military retirement will get you to \$45,000 per year. The other \$15,000 per year must come from other investments.

To earn an interest or dividend payment of \$15,000 per year, you will need approximately \$400,000 in principal. That may sound like a big number, but the benefit of time and compounding makes this a very achievable goal for just about anyone. If you save 10 percent of your monthly pay,

you should be able to reach this goal before you stop working.

There is nothing better than free money

You may be familiar with the popular saying used by economist Milton Friedman, "There is no such thing as a free lunch." Lucky for us, in the Federal Government, there is such a thing as a free lunch. It is called the Thrift Savings Plan (TSP). If you are a Department of Defense civilian employee, the Government will match your contributions dollar for dollar up to a certain percentage. If you don't take advantage of this free money, you might as well be burning it. On the military side, the TSP offers the benefit of pre-tax contributions and tax free growth. You do not pay taxes on your contributions to the TSP, and your money grows tax free until you withdraw it in retirement. Also, if you are deployed your contributions to the TSP are tax exempt.

How do I get there from here?

You may be thinking, "I can't save 10 percent of my pay, I barely make enough money to pay my bills." In some cases this may be true, but for most of us there is plenty of room in our monthly budget to set aside 10 percent.

Take a look at your monthly expenses: mortgage or rent, car payment, utilities, cable TV, Internet and cell phone. Can any of these be reduced? Do you really need 200 TV channels, Showtime and HBO? Do you need the \$100 per month unlimited cell phone plan with texting and Internet or the latest \$500 smart phone? Is your four year-old car reliable? If so, do you really need to buy a new one as soon as you've made the last payment? What else could you do with that \$500 monthly car payment?

Look at your daily habits too. Do you use tobacco products? That will cost you \$100 per month depending on frequency of use. How much do you spend at the gas station buying \$2 sodas or \$3 energy drinks? Why not buy a six or 12 pack at the commissary for a fraction of the cost? Once you start asking these questions and writing down the numbers, you will be amazed at what you find. When you find the 10 percent, have it taken out of your check directly (the TSP works this way). When you get a raise or promotion, keep the value at 10 percent, or better yet, add the full amount of a raise or promotion to your savings. If you are living comfortably at your current salary, you will never miss the extra money.

The choices you make now will impact your life and your lifestyle in the future. Take the time now to think about how you want to live when you retire. With a little bit of planning, each of us can reach the goal of financial independence. Many military oriented organizations such as USAA offer professional investment planning services for free.

If you spend wisely today, you will reap the rewards tomorrow. Pay yourself first, take advantage of free money, and live well but stay within your means. Your future self is

Mentors: Providing tools for growth

By Col. Greg Urtso

Directorate of Force Development Diversity Operations

WASHINGTON (AFNS) -- Our U.S. Air Force has changed dramatically over time. Consider that 30 years ago the Air Force had more than 565,000 officer and enlisted members. By the end of fiscal year 2010, we had fewer than 330,000.

Couple this nearly 42 percent reduction in manpower with military budget cuts and the need to prepare for more complex, varied operations in the future and you have an environment we are all very used to: change. Imagine what our Airmen entering the Air Force today will see over the next 20 to 30 years.

To be effective, formal mentoring programs should adapt to this ever-changing environment. In times of stability, tradi-

tional coaching, counseling and facilitating skills are sufficient, but the dynamic environment we live in today requires mentors to become more than experts; they also need to be co-learners.

Senior mentors should take the opportunity to learn about the younger more diverse generation instead of following the more conventional role as the authority and the protégé as the learner.

Adapting to the changing environment, Air Force officials have implemented fresh changes. Improvements to My Development Plan on the portal are a great start but meaningful mentoring comes from the interaction between individuals. Mentors ought to be willing to listen, ask questions and be candid about what they don't know.

Successful mentoring of our Airmen is a strategic imperative. Ensuring the Air

Force remains adept at solving the increasingly complicated problems in a complex world, we must continue efforts to be leading competitors in the search for talent. Once these talented individuals join our force, developing them becomes a top priority. Mentors provide the tools to allow individuals to achieve their professional and personal goals.

Understanding that the Air Force model is to have supervisors as primary mentors, I encourage Airmen to seek other mentorship opportunities outside the chain of command. Additionally, mentors should expand their opportunities as co-learners by seeking out those who are different than themselves.

Of course, this challenge is voluntary and not Air Force policy, but if done correctly, will ensure the Air Force remains the number one air force in the world.

THE WARRIOR

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For more information, call the Warrior office at (660) 687-6123, e-mail: Whiteman.Warrior@whiteman.af.mil, fax us: (660) 687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

To advertise in *The Warrior*, call the *Sedalia Democrat* at: 1-800-892-7856.

NEWS BRIEFS

Bridal spectacular

The second annual Whiteman spectacular bridal and trunk show is Sunday, noon-4 p.m. at Royal Oaks golf course. This is a free event or \$2.50 donation.

Parking lot closure

The west parking lot of the commissary will be closed for repair Monday and is expected to take 60 days to complete. Remind children to stay away from all construction equipment and materials. For more information, contact Mr. Paul Day, 509th Civil Engineer Squadron, at (660) 687-6388, or Jerry Whitford at (660) 687-7761.

Take Back the Night Walk

The Sexual Assault Prevention and Response program is hosting Take Back the Night walk, April 15 at 7:15 p.m. at the fitness center track. TBTN is an outlet to protest violence that women have experienced. The walk ends at Skelton Park, where free music and food will be provided and is open to all base members and their families. For more information call (660) 687-2324.

myPay and tax hours

The Internal Revenue Service no longer mails tax packages. Individuals who don't have access to the defense finance and accounting services can create an account at www.mypay.dfas.com. This is a free service and those who need help establishing an account can call the Whiteman Finance Office at (660) 687-2006. The location for the tax center is in building 59, room 113 and open Monday through Friday, 8 a.m.-4 p.m. To make an appointment, call (660) 687-5726.

Marketing yourself for a second career

The Airman and Family Readiness Center is hosting a free lecture about how to market yourself for a second career April 27 from 8:30-11 a.m. given by retired Air Force Col. Dan Koslov, in the professional development center auditorium. The lecture is open to all ranks and spouses but focuses on officers and senior NCOs. To RSVP call, (660) 687-7132 by April 26

Whiteman's biggest loser

The Health and Wellness Center is hosting a biggest loser contest until May 27. The grand prize is an Xbox 360 and Kinect. For more information, contact the HAWC at (660) 687-7662.

K.C. Royals 'catch' the Whiteman Spirit



KANSAS CITY, Mo. -- Players and fans stand for the national anthem at the Kansas City Royals opening game March 31. Twenty-seven Airmen from Whiteman Air Force Base presented the American flag midfield while a B-2 Spirit piloted by the 13th Bomb Squadron performed a flyby over Kaufmann stadium.

Courtesy photo by Chris Vleisides

ALS graduates future NCOs

The Whiteman Airman Leadership School Class 11-D graduated 29 future supervisors March 31 at Mission's End.

The award winners were:

John L. Levitow: **Senior Airman Brent Healey**, 509th Logistics Readiness Squadron

Distinguished Graduates: **Senior Airman Joel Danielson**, 509th Aircraft Maintenance Squadron and **Senior Airman Jose Hernandez-Chapa**, 20th Reconnaissance Squadron

Academic Achievement Award: **Senior Airman Joel Danielson**, 509th AMXS

Commandant Award: **Senior Airman Jeremy Stover**, 509th Civil Engineer Squadron

The graduates were:

Staff Sgt. Jason Blunt, 509th CES

Staff Sgt. Scott Stevens, 509th Maintenance Operations Squadron

Senior Airman Dustin Chandler, **Senior Airman Matthew Dickman**, **Senior Airman Kiel Ragan** and **Senior Airman Napoleon Rainey**, 509th LRS

Senior Airman Dorinda Becker, 509th AMXS

Senior Airman Juan Castellanos and **Senior Airman Matthew Hardy**, 509th Communications Squadron

Senior Airman Anthony Joseph, 509th Force Support Squadron

Senior Airman James Ashburn and **Senior Airman Matthew Schlotthauer**, 509th Maintenance Group

Senior Airman Christopher Brown, **Senior Airman Bradley Lee**, **Senior Airman Wayne Powell** and **Senior Airman Christopher Underwood**, 509th Maintenance Squadron

Senior Airman Marcus Dudley, 509th Medical Operations Squadron

Senior Airman Jason Becker and **Senior Airman Brett Lodwick**, 509th Munitions Squadron

Senior Airman Jim Yang, 509th Operations Support Squadron

Senior Airman Andrew Morgan, 509th Security Forces Squadron

Senior Airman Joshua Lee, 325th Weapons Squadron

Senior Airman Christopher Youmans, 72nd Test and Evaluation Squadron

Senior Airman Robert Glowczwski, 131st Force Support Squadron

Senior Airman James Stokes, 20th RS

(Courtesy of Whiteman Airman Leadership School)

131st Bomb Wing March promotions

Members from the 131st Bomb Wing were promoted in the month of March:



SENIOR AIRMAN

Justin Clark, 131st Maintenance Squadron



STAFF SERGEANT

Samantha Cummings, 131st MXS
Lindsey Kirkweg, 131st MXS
Lora Martinez, 131st MXS
Jacob Simon, 131st MXS



MASTER SERGEANT

Jason Baggett, 131st Maintenance Group

FSS hosts Family Fitness Day

Story and Photos by
Airman 1st Class Cody H. Ramirez
509th Bomb Wing Public Affairs



Staff Sgt. Jaime Vergara and his children, Jaden and Jazlene, bear crawl through Kidz Rush April 2. The event is held annually to teach parents and children that fitness is fun and can be done together.



Above: Sparky the fire dog greets a child at Family Fitness Day April 2. Center: Brett Butler (Left), son of Lt. Col. Patrick Butler, Kierra Coleman (Middle), daughter of Kristi Atkins and Kyla Wellington (Right), daughter of Staff Sgt. Angela Gooden, enjoy Zumba. Right: DJ Williams, son of Staff Sergeants Kennecia and Dominique Williams, imitates the Zumba instructor.



The 509th Force Support Squadron's fitness center hosted Family Fitness Day April 2 to teach parents and children that fitness can be fun.

"The goal of this event is to show young children that physical fitness isn't always running endless miles and lifting weights," said Staff Sgt. Alyssa Joseph, 509th FSS fitness programs director. "We want to show the children that physical fitness can be fun and can be done with their parents."

More than 100 people from this Air Force Global Strike Command were in attendance to participate in activities such as Zumbatomic, Kidz Rush, Stuck in the Mud and Parachute Fun.

Zumbatomic is a fusion of Zumba moves for high octane workouts. Kidz Rush is a total body strength and aerobic fitness workout organized in obstacle course style. Stuck in the Mud is a new version of tag packed full of cardio, teamwork and fun. Parachute Fun gets parents and children to work together to create air domes and waves while incorporating squats and light cardio.

"I think the event went well," Sergeant Joseph said. "The children seemed to enjoy the activities. All the volunteers were awesome and didn't hesitate getting involved."

Organizations from around Whiteman assisted with the event and the USO of Missouri provided food and beverages.

"Family Fitness Day was great," said Staff Sgt. Kennecia Williams who participated in the event. "It's a nice family event. We'll definitely be back next year."

Parents and children alike seemed pleased with the event and left understanding the importance and fun of fitness.

"The activities are great for the children" said Staff Sgt. Jaime Vergara who visited with his family. "I'm out of the house being physical with my son and daughter who are both loving it. It's great that they're doing this annually."

From the Frontlines: Master Sgt. Robert Weber



Courtesy photo

AFGHANISTAN -- Master Sgt. Robert Weber, Jr., Security Forces Platoon Sergeant, secures the Missouri Agriculture Development Team during his deployment. Sergeant Weber is a deployed Air National Guard member from the 131st Bomb Wing.

By Airman 1st Class Cody H. Ramirez
509th Bomb Wing Public Affairs

Master Sgt. Robert Weber, Jr., has been in the United States military for the past 33 years as a Marine, Soldier, and now a Warrior Airman. He has trav-

eled the world to include countries from Saudi Arabia to Iceland to Guam.

Now, the 131st Bomb Wing Maintenance Control NCO in charge is currently deployed to Southwest Asia. He left May 22, 2010 for his year-long deployment as the Security Forces' Platoon

and his maintenance control shop here. It took a lot of adjusting, but nothing this Lee Summit, Mo., native couldn't handle; he is familiar with change after his enlistment in the Marines, Army Reserve and, since 1987, the Air National

Sergeant for the Missouri Agriculture Development Team.

Sergeant Weber said his team consists of 30 Airmen and Soldiers from the Army and Air National Guard around the state of Missouri. They are providing security to Agriculture Development Teams who promote sustainable farming practices in Afghanistan.

"Five to six days a week we run Ground Attack Convoys in Mine Resistant Ambush Protected vehicles to regions around Afghanistan," Sergeant Weber said. "Once we get them to their objective we set up a security bubble as the Agriculture Subject Matter Experts move about or have key leader engagements. When they finish, we load up and return to the forward operating base."

Sergeant Weber said there is a world of difference between his job as platoon sergeant and his maintenance control shop here. It took a lot of adjusting, but nothing this Lee Summit, Mo., native couldn't handle; he is familiar with change after his enlistment in the Marines, Army Reserve and, since 1987, the Air National

Guard.

"The first thing I had to get used to was carrying a weapon at all times," said Sergeant Weber. "I learned how to be proficient with a variety of weapons; 249, 240B, M-2 and the MK-19.

"Driving 30,000 pound MRAP trucks and the tracking system also took some getting used to," he added.

Leading Soldiers and Airmen in a joint effort is also a new experience for Sergeant Weber. "I've been learning about the differences between the Army and Air Force and how we operate," he said.

He said scheduling his people for guard duty in the towers, sending people on leave and ensuring his platoon has the right amount of people at the right time is also a learning experience.

Sergeant Weber said joining the Guard and receiving opportunities like his current deployment was the best decision he's made in his life. His team of more than 60 people from across Missouri had never met before the drill prior to their deployment departure. He said the best part of his deployment has been, hands down, the people.

"We have come together as a team!" he exclaimed. "I have met some great people and great friends of whom I hope to stay in touch with once we return to the states."

WAFB, Base Community Council: A 20-year partnership

By Heidi Hunt
509th Bomb Wing Public Affairs

The civilian and military partnership at Whiteman Air Force Base has existed here for the past 20 years. Consisting of more than 350 individuals representing 18 local communities, the group meets here once a month to reinforce this relationship.

"This council consists of representatives from the local area and is chartered to support Air Force Global Strike Command personnel," said Jesse Kellock, Base Community Council president. "Working alongside the military is a wonderful opportunity for civilian BCC members to work toward mutual interests."

The benefit goes both ways.

A squadron from the 509th Bomb Wing is assigned a community to get Airmen involved in local organizations and work with community members on various projects and events.

Specific communities are featured each meeting, highlighting outreach programs and concerns. The

next BCC meeting is scheduled April 14 and features Higginsville, Mo. and Windsor, Mo.

Higginsville, Mo.

"The partnerships we have forged over the years have been great," said Mayor Bill Kolas and BCC representative. "The hard part is having our Whiteman friends transfer out just when we get to know them. But we also look forward to meeting their replacements and making new friends."

The 509th Comptroller Squadron and Higginsville support one another.

"We have enjoyed working with the fine people within the Higginsville community," said Lt. Col. Judson Fussell, 509th CPTS commander. "They are always supportive to our squadron needs and we will continue to look for opportunities to support them as well. It is really a unique city, filled with patriotic and selfless individuals and we hope that we can continue to strengthen our ties and mutual support even more."

Windsor, Mo.

Windsor is located in West Central Missouri, at

the intersection of five state highways, on the famous Katy Trail, a 200 mile hiking and biking trail, and near Truman Lake, one of the Show-Me State's largest fishing and recreational lakes according to windsormo.org.

"We have a very close relationship with our Sister City as a number of our Airmen live in Windsor and are actively involved in community events," said Lt. Col. Matthew Snyder 509th MOS commander. "We stay actively involved with the Windsor Chamber of Commerce and continue to support and receive phenomenal support from this great Missouri city."

The BCC meets the first Thursday of each month at Mission's End unless otherwise specified. To RSVP, contact the 509th Bomb Wing Public Affairs Office at (660) 687-6121, by noon April 11.

The BCC is hosting a spring golf fundraiser tournament April 29 which directly supports base members and their families. For more information contact Chris Walker at (660) 351-2132 or the Royals Oaks golf course at (660) 687-5572.

OPSEC

Technology and the worldwide web make the sharing of information easy. Remember, do not share or pass along critical information when outside of the appropriate workplace.

Know your surroundings and always practice proper protocol.

Courtesy of the 509th Bomb Wing OPSEC program manager

March court-martial, Article 15, discharges

In March, one Whiteman Air Force Base military member was convicted by a Special Court-Martial; five members were punished under Article 15, Uniform Code of Military Justice; and five members have been administratively separated from the Air Force.

Court-martial

□ A senior airman from the 509th Security Forces Squadron was tried and convicted by a special court-martial of one specification of being absent without leave in violation of Article 86, UCMJ; four specifications of giving a false official statement in violation of Article 107, UCMJ; and one specification of malingering in violation of Article 115, UCMJ. Punishment included reduction to the grade of airman basic, forfeiture of \$900 pay per month for four months, 90 days confinement, 30 days hard labor without confinement and restriction to the limits of Whiteman AFB for 30 days. DNA processing required.

Article 15

□ A staff sergeant from the 509th Maintenance Squadron received an Article 15 for drunken driving. Punishment was a reduction to the grade of senior airman, forfeiture of \$1,115 pay per month for two months and a reprimand.

□ An airman first class from the 509th MXS received an Article 15 for two specifications of failing to go to an appointed place of duty and making a false official statement. Punishment was a reduction to the grade of airman, forfeiture of \$822 pay per month for two months, suspended, restriction to the limits of Whiteman AFB for 60 days and a reprimand.

□ A senior airman from the 509th Aircraft Maintenance Squadron received an Article 15 for displaying

pornography on a government computer. Punishment was a reduction to the grade of airman first class, 15 days extra duty and a reprimand.

□ A senior airman from the 509th Force Support Squadron received an Article 15 for assault consummated by a battery. Punishment was a reduction to the grade of airman first class, forfeiture of \$975 pay per month for two months, suspended, with actual forfeitures of \$775 pay per month for two months and a reprimand.

□ An airman first class from the 509th AMXS received an Article 15 for drunken driving. Punishment was a reduction to the grade of airman, forfeiture of \$822 pay per month for two months, suspended, 30 days extra duty and a reprimand.

Discharges

□ An airman from the 509th AMXS received a general under honorable conditions discharge characterization for minor disciplinary infractions.

□ Two airmen from the 509th Civil Engineer Squadron received a general under honorable conditions discharge characterization for minor disciplinary infractions.

□ An airman from the 509th SFS received a general under honorable conditions discharge characterization for drug abuse.

□ An airman from the 509th SFS received a general under honorable conditions discharge characterization for minor disciplinary infractions.

□ A staff sergeant from the 509th SFS received an honorable service characterization for failure in the fitness program.

(Courtesy of the 509th Bomb Wing Legal Office)

Whiteman AFB celebrates Month of the Military Child



U.S. Air Force Illustration by Mike Carabajal

2010 Air Force Level Award winners

Dr. James G. Roche Sustainment Excellence Award

Master Sgt. Phil Johnson, 131st Maintenance Squadron aero repair shop supervisor



Master Sgt. Phil Johnson

2nd Lt. Eric Birdsong, 509th Logistics Readiness Squadron Officer in charge distribution section



2nd Lt. Eric Birdsong

Air Force Lieutenant General Leo Marquez Missiles and Munitions Maintenance

Senior Airman Joseph Merfeld, 509th Aircraft Maintenance Squadron electronic warfare systems technician



Senior Airman Joseph Merfeld

Staff Sergeant Eric L. Boling, 509th Aircraft Maintenance Squadron technician weapons maintenance team chief



Staff Sergeant Eric L. Boling

Capt. Andrew Slaughter, 19th Munitions Squadron operations officer



Capt. Andrew Slaughter

Air Force Medical Service Health Integrator of the Year

Maj. Shelley Jay, 509th Medical Group medical management director



Maj. Shelley Jay

This Week at the Movies

Unknown
Saturday, 7 p.m.

Liam Neeson, Diane Kruger— Dr. Martin Harris awakens after a car accident in Berlin to discover that his wife suddenly doesn't recognize him and another man has assumed his identity. Ignored by disbelieving authorities and hunted by mysterious assassins, he finds himself alone, tired and on the run. Aided by an unlikely ally, Martin plunges headlong into a deadly mystery that will force him to question his sanity, his identity, and just how far he's willing to go to uncover the truth. Rated PG-13 113 minutes

Big Mommas: Like Father, Like Son

Sunday, 3 p.m.

Martin Lawrence and Brandon Jackson — FBI agent Malcolm Turner and his 17-year-old son, Trent, go undercover at an all-girls performing arts school after Trent witnesses a murder. Posing as Big Momma and Charmaine, they must find the murderer before he finds them. Rated PG-13 for some sexual humor and brief violence. 107 minutes

*Movie showings are featured at the Whiteman AFB Movie Theater.
For more information call (660) 687-5110.*

AIRMAN AND FAMILY READINESS

Divorce Survival - Divorce survival is aimed at helping individuals who are going through or have recently gone through divorce. Ideas and tools will be available to help the transition in dealing with emotions, children and unique challenges. The course is held every Monday, noon-1 p.m. and participants are encouraged to bring a lunch. For more information, call (660) 687-7132.

School Liaison Officer - The School Liaison Officer is available to assist military families with questions or issues in regards to kindergarten through 12th grade schooling options. The SLO works to develop partnerships with the local school districts and is located in the Airman & Family Readiness Center, and can be reached at (660) 687-7132.

WIC - WIC is nutrition education, health promotion and supplemental food program aimed at assisting women, infants and children who have special nutritional needs. WIC office personnel will be at the Airman & Family Readiness Center on Tuesdays and Thursdays at 8:30 a.m. First time attendees who want to sign up for WIC must first call (660) 747-2012 for details.

TEAM WHITEMAN COMMUNITY

Whiteman Inn - The Whiteman Inn is open 24 hours a day. All active-duty, retired, Reserve and Guard members and Department of Defense civilians, including family members of authorized personnel, are eligible for space-A lodging. Reservations can be made up to 120 days in advance, space permitting. Call (660) 687-1844 to make a reservation. For more information on lodging at any Air Force Base, call 1-888-AFLODGE (235-6343).

Retiree Activities Office - The Retiree Activities Office provides an interface between the active-duty force and the retiree population from all military branches. The RAO is staffed by volunteers and open from 9 a.m.-3 p.m., Monday through Friday. The RAO is looking for volunteers and training is provided. For more information, call (660) 687-6457 or 1 (800) 303-5608 or e-mail rao@whiteman.af.mil.

FAMILY ADVOCACY OUTREACH**Prevention & Relationship Enhancement Program**

Prevention & Relationship Enhancement Program is a communication workshop for couples (married, engaged and/or dating) who have a good relationship and want to make it better. This is a six-hour workshop and will be held every three months on a Friday from 9 a.m.-3 p.m. Call (660) 687-4341 for the next workshop date and location.

Common Sense Parenting - Common Sense Parenting is offered in three, 90-minute classes every month and is scheduled according to the parent's needs. The Family Advocacy Program offers two different classes. One for parents of children ages 3-5 and another for parents of children ages 6-16. This class will demonstrate how to give clear messages, stay calm and teach child self-control as well as prevent misbehavior. Reservations required, call (660) 687-4341.

New Parent Support Program - New Parent Support Program is an educational outreach program available to all expecting parents, and parents with children through the age of two. In-home visits from a registered nurse and a licensed social worker will provide professional advice, educational material and resources for both parents. For more information, call (660) 687-4341.

You, Your Children, & Divorce - You, Your Children, & Divorce is a 90-minute class offered twice a month on the second and fourth Tuesday from 11 a.m.-12:30 p.m., for individuals with children whose parents are in the process of a divorce. Class content focuses on helping parents help themselves and their children through a divorce successfully and minimize negative effects on the children. Reservations are required. Call (660) 687-4341 for more information.

Dads: The Basics - Dads: The Basics is a four-hour workshop for new dads to learn about caring for their new baby. The workshop is taught by other fathers and is held on a Saturday morning from 8 a.m.-noon every three months. Call (660) 687-4341 for next workshop date and location.

