Gen. Chilton shares importance of deterrence



U.S. Air Force photo by Staff Sgt. Jason Huddleston

Gen. Kevin Chilton, U.S. Strategic Command commander, addresses team Whiteman during an All-Hands Call here, Dec. 1. General Chilton's speech focused on the importance of the Air Force Global Strike Command and nuclear deterrence.

STRATCOM commander: 'No higher calling' than nuclear mission

By Megan Meyer

Air Force Global Strike Command Public Affairs

BARKSDALE AIR FORCE BASE, La.

- The commander of U.S. Strategic Command visited all five Air Force Global Strike Command bases in two days, telling Airmen "there is no higher calling" than the nuclear deterrence mission.

Speaking to hundreds of Airmen at All-Hands calls at each stop, Gen. Kevin Chilton emphasized how Global Strike Airmen support the larger Strategic Command mission. Global Strike Command's main role is to provide operationally capable forces to U.S. Strategic Command, in the combatant command structure.

"This mission demands performance and perfection every day that, as a team, we must achieve," General Chilton said. It may sometimes be difficult "to juggle so many balls and not drop them," he said, stressing that the nuclear deterrence mission "is made of crystal, and we cannot drop that ball because the consequences would be felt worldwide."

General Chilton was accompanied at each base Nov. 30 and Dec. 1 by Air Force Global Strike Command commander Lt. Gen. Frank Klotz. They traveled to Minot AFB, N.D., Malmstrom AFB, Mont., and F.E. Warren AFB, Wyo., Nov. 30 and wrapped up with Whiteman AFB, Mo., and Barksdale on Dec. 1.

"This mission demands performance and perfection every day that, as a team, we must achieve."

"Each and every one of you, no matter what job you hold, is a part of the team," General Chilton said. "There is no higher calling in this uniform than the duty you perform."

The general explained that nuclear weapons are necessary and said he believes they will be "absolutely essential for many years to come." General Chilton said he believes nuclear deterrence has helped to prevent worldwide conventional war since 1945, saying "the long shadow of deterrence capability is still here.'

"That is the power of the nuclear deterrent-it absolutely underpins conventional might," said General Chilton, a former 8th Air Force commander whose headquarters is

Quoting former Air Force Chief of Staff Gen. Nathan Twining, General Klotz said "forces that cannot win will not deter." Global Strike Command Airmen have proven that they are warriors and winners, General Klotz said.

"I want to thank each and every one of you for what you have done to create this new major command—a command solely focused on the nuclear deterrence and global strike mission," General Klotz said. "I am personally very proud of each and every one of you."

442nd Fighter Wing change of command

Vol. 1 No. 34 Dec. 3, 2010

Col. Mark Clemons. 442nd Fighter Wing commander, will relinquish his command to Col. Eric S. Overturf during a change of command ceremony in the five-bay hanger, Saturday 9

Whiteman recieves medical awards

509th Medical The Group and its units recently received 20 of 27 annual medical awards handed down by Air Force Global Strike Command.

Team Whiteman lights up the holidays

10

AADD - Choose your **RIDE**

With the holiday season upon us, more time spent on leave and being in the company of family and friends may present opportunities to overindulge.

11

Angel Tree brings joy to Whiteman families

The Officer and Enlisted Spouses Clubs are sponsoring the Angel Tree Program at the Base Exchange to benefit children in need. Donators who take part in this program choose an angel, buy an age and gender appropriate gift, and place the gift and angel under the Angel Tree.

WEATHER

Today	Sunday
Partly Sunny	Mostly Sunny
Hi 46	Hi 33
1 0 30	I o 10

Saturday Monday Mostly Clear Partly Sunny Hi 37

Hi 31 Lo 20 Lo 17

Weather courtesy of the National Weather Servi

The Warrior

Commentary

The 509th SFS offers safety tips for the holiday season

By Jerry Obsan

509th Security Forces Squadron

Winter holidays are a time for celebration. Homes and malls spill over with gift displays. Distracted shoppers rush around, stressed out and are carrying too many packages. Homes are left empty in the great homeward-bound holiday migration.

This holiday season, don't let the holiday spirit move you to leaving your home and your wallet open to opportunistic thieves.

Don't shop until you drop

- Stay alert and be aware of what is going on around you.
- Park in a well-lighted area,

close the windows and lock the car.

- Don't leave packages and boxes visible through car windows. Lock them in the trunk or take them directly home.
- Don't carry large amounts of cash. Pay with checks or credit cards whenever possible.
- Don't get overburdened with packages; always keep one
- Keep your purse close to your body and not dangling loosely. Put your wallet in your front pants pocket or in an inside
- Teach children to go to a store clerk or security guard if they get separated.

When shopping online, use common sense to protect against

- Familiarize yourself with the rules and policies of online stores and auction websites.
- Only shop with companies you know and make sure that the site complies with industry security standards.
- Keep your personal information private and keep your password secure. Do not respond to requests for your password or credit card information unless you initiate the transaction.

Make sure you don't invite crime home for the holidays

- Never display gifts where they can be seen through win-
- · Criminals sometmes pose as couriers delivering gifts. Ask for identification and call their main office to verify their employment.

It's not uncommon for people to try to take advantage of others' generosity during the holidays by going door-to-door for charitable donations when there's no charity involved. Ask for identification and how the funds will be used. Help a charitable organization you trust and respect instead.

- The holidays are a good time to update or start an inventory of your home.
- Take photos or make videos of items and list descriptions and serial numbers.
- Having a detailed inventory can help identify stolen items and make insurance claims easier to file.

Don't make your office a target for crooks looking for extra holiday cash

- Lock gifts purchased during lunch in a safe place.
- Always keep your keys and wallet with you. Secure purses, wallets or other valuables in a locked drawer or cabinet.
- Don't be embarrassed to challenge unfamiliar faces in the office
- Don't announce that you are leaving town during the holidays. Don't offer information about co-workers' plans to callers.

When you travel, be sure to take common sense along

- Always lock doors and windows when you leave, even for a few minutes.
- Stop all mail and suspend all deliveries or arrange for a trusted neighbor to take in your mail, newspapers and other deliver-
 - Use timer lights to make your house look occupied.
- Stay alert and pay attention to people and activities around vou.
- Don't leave packages, luggage, cameras or purses in the car where they can be seen.
 - Use credit cards or traveler's checks instead of cash.
- Put valuables in the hotel safe. Don't try to hide them, if you found it so will a thief.
 - Always lock balcony doors.
- Keep a list of phone numbers of credit card companies so it is easier to call and cancel/report the cards as lost or stolen.

For further information contact Mr. Jerry Osban in the Resource Protection/Crime Prevention Office at (660) 687-4482.

Holidays are what you make them

By Airman 1st Class Cody H. Ramirez sonal reasons. There are lots of things you 509th Bomb Wing Public Affairs

The holiday season is in full swing and with it comes joy, or often times, depression when families are unable to come together and celebrate during this time of year. Many families are fortunate enough to share the experience, but it's not always the case for many servicemembers.

The mission comes first in defending our country. Many servicemembers 'take one for the team' and make a necessary sacrifice by being deployed or stationed away from their families during the holidays, or missing the chance to visit their loved ones because of work.

For those who aren't fortunate enough to see loved ones, remember, the holidays are what you make them. Dr. Tom Patterson, 509th Medical Group clinical social worker, has some thoughts that can help Air Force Global Strike Command members make it through the holidays happily.

"The holiday season is meant to be a happy time," he said. "Some people may experience a reduced mood. It could be due to separation from family, inclement weather, financial concerns or other percan do about it if you need to perk things up a bit."

Keep in touch. Technology now allows more ways than ever to stay current and share in the holidays. With e-mail, text and instant messaging and video chat, sharing the holidays from any distance and still feeling connected is sim-

Make free time meaningful. Catch up on reading, video games or other hobbies. If there is extra time, use it for something a sense of accomplish-



everything it has to offer. Work ahead on an online course and be that much further along. Feed the squirrels or put out some bird seeds and see who shows up to thank

Do something for someone else. Service before self is an Air Force value. This is a great time of year to give back, perhaps through a contribution or an act of service. If group activity doesn't sound pleasant, spend a few minutes cleaning up a park area. Donate a few dollars to the less fortunate. Some acts of service feel even better when no one knows but you!

Personal maintenance matters. Eat a little less, exercise a little more. Spend a little less. Go outside and get fresh air.

Remember the spiritual meaning of the season. We are mind, body and spirit. Do something for all three to stay in the best balance.

Look around for signs of depression. Help Airmen that are away from home, and lean on each other. The holiday is what you make it. If depression lingers during the holiday seaTHE WARRIOR

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The deadline for article submissions to the Warrior is Noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at (660) 687-6123, e-mail: Whiteman. Warrior@whiteman.af.mil, fax us: (660) 687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

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News The Warrior Dec. 3, 2010

NEWS BRIEFS

442nd Airmen promoted

Airman 1st Class Anthony Kemper, 442nd Aircraft Maintenance Squadron, Airman 1st Class Shawn Watters, 442nd AMXS, Airman 1st Class Alicia Foster, 442nd Force Support Squadron, Senior Airman John Dang, 442nd Maintenance Squadron, Senior Airman Matthew Nall, 442nd AMXS, Staff Sgt. Kiley Ross, 442nd AMXS, Staff Sgt. Danielle Wolf, 442nd Fighter Wing, Staff Sgt. Brandon Gibson, 442nd MXS, Staff Sgt. Matthew Standley, 442nd MXS, Tech. Sgt. Charles James, 442nd Civil Engineer Squadron, Tech. Sgt. Lance Moore, 442nd MXS, Tech. Sgt. Michael Oehlert, 442nd MXS, Master Sgt. William Bryant, 442nd CES, Master Sgt. Yvonne Haines, 442nd Maintenance Operations Flight

CFC extended

The 2010 Combined Federal Campaign has been extended to Dec. 15 to offer Department of Defense employees an additional chance to donate to a charity of their choice. Unit representatives are still available to collect donations. To make a contribution, contact the following assigned unit project officers or installation project officers:

Staff Sgt. Maurice Ingram, 509th Bomb Wing; Capt. Dan St. Clair, 509th Operations Group; Master Sgt. Gary Lustig, 509th Maintenance Group; 1st Lt. Amanda Patton, 509th Mission Support Squadron; Capt. Christopher Hollis, 509th Medical Group, Master Sgt. James Bradley, 131st Bomb Squadron; Tech. Sgt. Davey Mohn, 72nd Test and Evaluation Squadron, Capt. Keith Yersak, 442nd Fighter Wings; Tech. Sgt. Joseph Linstedt, 19th Munitions; Tech. Sgt. Jason Parent; 372nd Training Squadron; Senior Airman Brian Thomas, 325th Weapons Squadron; and Chief Warrant Officer Tom East, Army.

Department of Defense employees can also log on to www.heartlandcfc.org to donate or for more information.

2010 Holiday cookie drive

The Whiteman community is requesting 10,000 homemade cookies for dorm residents for the holiday cookie drive. Cookies should be dropped off at Mission's End on Dec. 14 & 15 from 7 – 9 a.m. Volunteers are requested to help sort, package and label the cookies, Dec. 16 at 8 a.m. For more information or to volunteer, call Amy Moser at (937) 219-7366.

Uniforms needed

The moulage team requests old airman battle uniform, desert camouflage uniform, battle dress uniform and flight suits for upcoming exercises and inspections. Those who have uniforms can donate them to Staff Sgt. Amanda Richardson in the Optometry Clinic. For more information, call (660) 687-3937.

Spirit 43: The last first

Lt. Col. David Anderson, 394th Combat Training Squadron chief of B-2 training systems, is sprayed by his family in celebration of his final flight Nov. 23. Colonel Anderson, Spirit 43, was a member of the first class to go through initial qualification training for B-2 Spirit operations.



U.S. Air Force photo/Staff Sgt. Jason Huddleston

Whiteman receives medical awards

The 509th Medical Group and its units recently received 20 of 27 annual medical awards handed down by Air Force Global Strike Command.

Outstanding Dental Awards

Medium Dental Clinic of the Year: 509th Medical Operations Squadron, Whiteman AFB, 509th Medical Group

Nursing Service Awards

Education and Training Nurse of the Year: Maj. William Magee, 509th MDG

Health Care Integrator of the Year: Maj. Shelley Jay, 509th MDG

Aerospace Physiology Awards

Human Performance Training NCO of the Year: Tech. Sgt. John G.M. Sherman, 509th MDG

USAF Laboratory Medicine Awards

USAF Clinical Laboratory Manager of the Year Award: 1st Lt. George Diaz, 509th MDG

USAF Laboratory Technical Level Civilian of the Year: Earl Angeles, 509th MDG

USAF Optometry Awards

USAF Col. Floyd M. Morris FGO Optometrist of the Year Award: Maj. Mia Jennings, 509th MDG

USAF Public Health Awards

USAF Col. Cleveland L. Parker NCO Award: Staff Sgt. Cass Vaughn, 509th MDG

USAF Col. Cleveland L. Parker SNCO Award: Master Sgt. Louis DeSomma, 509th MDG

Outstanding Medical Logistics Awards

Outstanding Medical Materiel NCO of the Year: Staff Sgt. Bernard Willliams, 509th MDG

Outstanding Biomedical Equipment Repair Airman of the Year: Airman 1st Class Alanna McCafferty, 509th MDG

Outstanding Resource Management Awards

Outstanding Resource Management Team of the Year Award: 509th Medical Support Squadron/SGSR, 509 MDG

Surgeon General's Medical Information Services Awards

Surgeon General's Medical Information Services Award Officer of the Year Award: 1st Lt. Christopher Weber, 509th MDG Surgeon General's Medical Information Services Award SNCO of the Year Award: Master Sgt. Joseph Landrum, 509th MDG

Surgeon General's Medical Information Services Award Team Award: 509th MDSS/SGSI, 509th MDG

The Maj. Gen. Michael K. Wyrick Commitment to Excellence Award and the Patricia C. Lewis Commitment to Service Award

Brig. Gen. Patricia C. Lewis Commitment To Service Award: Lt. Col. Keith Higley, 509th MDG

Outstanding Health Plan Management Awards

Outstanding Health Plan Management Officer of the Year Award: Capt. Charlotte E. Murphy, 509th MDG

USAF Expeditionary Medical Operations Awards

USAF Expeditionary Medical Operations Airman of the Year: Senior Airman Morgan Quijano, 509th MDG

Col. John L. Binder Expeditionary Medical Operations Officer of the Year: 1st Lt.Christine DuBray, 509th MDG

Bill Kinder Medical Readiness Civilian of the Year: James Esarey, 509th MDG

FDA against the use of propoxyphene

By 509th Medical Group Pharmacy

The Food and Drug Administration has made a safety announcement regarding the drug propoxyphene. New data shows that the drug can cause serious toxicity to the heart, even when used at therapeutic doses.

Propoxyphene is an opioid pain reliever that can be found as a single ingredient and combination products, such as Darvon and Darvocet. Therefore, Darvocet has been removed from the formulary here.

The FDA has recommended against further prescribing and use of propoxyphene and medications containing propoxyphene.

The Whiteman Pharmacy no longer carries products containing propoxyphene.

The FDA recommends those who are currently taking products containing propoxyphene to:

Talk to a healthcare professional

about discontinuing propoxyphene and switching to alternative pain medications.

- Talk to a healthcare professional if there are any concerns about propoxyphene.
- Contact a healthcare professional immediately if experiencing an abnormal heart rate or rhythm, heart palpitations, dizziness, lightheadedness or fainting.

For more information about the FDA's announcement at the following link: http://www.fda.gov/Drugs/DrugSafety/ucm234338.htm

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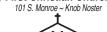
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Feature The Warrior Dec. 3, 2010

Team Whiteman lights up the holidays



Team Whiteman families enjoy the Holiday Tree Lighting and Open House with holiday music and laughter, Nov. 30. Whiteman held an Open House following the tree lighting with cookies, crafts and a book reading.



Members of Team Whiteman gather around the Holiday Tree outside of the Mission's End, Nov. 30.



Brig. Gen. Scott Vander Hamm, 509th Bomb Wing commander and children from the Whiteman community grab the giant candy cane switch to turn on the tree lights.



Santa Claus anxiously awaits the Team Whiteman families to enter the polar express wonderland as part of the Open House, to talk with the children and hand out toys and treats, Nov. 30.



Santa Claus and his elves prepare to greet the children attending the Whiteman Holiday Tree Lighting and Open House, Nov.



Gerald Torres, 509th Force Support Squadron youth center director, reads Polar Express to children and families here, Nov. 30.



Santa Claus arrives at the Holiday Tree Lighting and Open House ceremony with help from the Whiteman Fire Department, Nov. 30.

The Warrior Dec. 3, 2010

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From the Frontlines: Staff Sgt. Matthew Street

By Airman 1st Class Montse Ramirez 509th Bomb Wing Public Affairs

or many people, having running water, toilets and water heaters are just an every-day commodity. However, many forget that in several deployed locations these every-day items are luxuries; some that would be difficult to obtain without the help of civil engineers.

Staff Sgt. Matthew Street, 509th Civil Engineer Squadron, water fuels systems maintenance craftsman, was one of the men who made these luxuries possible in Balad Air Base, Iraq, during his third deployment from June to November.

His duties here and there were, to ensure all plumbing on base was installed and working properly. If they weren't, he and his team would repair the dam-

Apart from his duties as a civil engineer craftsman, Sergeant Street said one of his unit's objectives was to teach local nationals on how to perform their job, so they could maintain the base's plumbing facility when it was transitioned to them.

"I really enjoyed working with the Iraqi engineers," he said. "Most of them

were very eager to work and learn. It was a good experience to work with such a different culture."

Sergeant Street said this deployment was different than when he was there during 2005 because of the 'draw-down atmosphere.'

"During my last deployment we were adding facilities and building up the base," he said "This time, we were taking down parts and getting ready to come home."

This change of pace wasn't something Sergeant Street was complaining about.

"I liked it," he said. "It was quieter and calmer than last time. The down time gave me an opportunity to work on my fitness and get in better shape."

Also due to the draw-down, Sergeant Street was able to come home earlier than he anticipated and see his wife.

"As much as I enjoyed being deployed, I was happy to come home earlier than I thought," he said. "I was able talk to my wife over the internet, but I still missed her a lot and wanted to see her as soon as possible."

Putting his third deployment under his belt, Sergeant Street said he enjoyed his experience and wouldn't mind going back.



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A tattered aviation symbol is displayed on the side of an old B47 Strateley prior to being sanded down for a new paint job, Nov. 11. The B47 arose from an informal 1943 requirement for a jet-powered reconnaissance bomber, drawn up by the U.S. Army Af Porces to prompt manufacturers to start research into jet bombers.

B-47 stratojet receives face lift

Admen with the 131st Maintenance Squadron aand down the rear portion of a B47 Stratiojet static display prior to performing a full paint job on the plane, Nov. 11. The B47 entered service with the United States Air Force S Strategic Air Command in 1951.



Airmen with the 131st and 509th Maintenance Squadrons prepare a B-47 Stratojet static display for a paint job, Nov. 11. The 131st and 509th maintenance Airmen will continue prepping the B-47 over the next few weeks before performing a complete paint job.

An Airman with the 509th Maintenance Squadron grinds drown a section of a B-47 Stratojet wing as a part of the pre paint job process, Nov. 11. The B-47 was a major innovation in post-World War II combat jet design and helped bad to modern jet aritiners such as the B-2. The Stratojet now serves as static display at Whiteman A-PB.





Senior Airman Jonathan Cooper, 131st Maintenance Squadron andate Sown the bottom of a B47 Stratolet wing in preparation for a paint job Novi. 11 The B47 was a long-range, six-engine, i et-powered medium bomber built to ffy at high subsonic speeds and at high attitudes and now serves as a static display across from the Wilterman.



The Warrior S Dec. 3, 2010

AADD - Choose your RIDE

By Heidi Hunt

509th Bomb Wing Public Affairs

With the holiday season upon us, more time spent on leave and being in the company of family and friends may present opportunities to overindulge. Before Air Force Global Strike Command Airmen compromise their lives and others, they should utilize the free program offered by Airmen Against Drunk Driving.

"AADD offers rides to servicemembers, dependents, retirees and Department of Defense

civilians who have consumed alcoholic beverages," said Staff Sgt. Aron Mueller, 509th Force Support Squadron facility shift supervisor and AADD president. "All rides are confidential.'

AADD's goal is for Team Whiteman members to get home safely, every night.

Whiteman's AADD was established March 2001, to provide volunteer drivers to prevent or minimize drunk driving, and provide support, education, awareness and a responsible sense of community involvement.

"Since AADD was initiated at Whiteman, more than 10,000 lives have been saved, which is more than 1,000 lives per year," Sergeant Mueller said. "As a parent and servicemember, it provides me with a great deal of satisfaction knowing that we are helping the Air Force mission continue strong by helping keep its members safe.

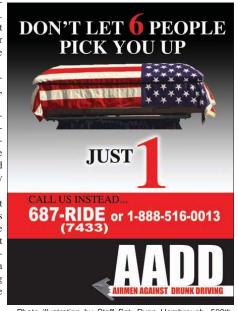


Photo illustration by Staff Sgt. Ryan Hembrough, 509th Maintenance Operations Squadron and Emily Ross, wife of See AADD, Page 12 Master Sgt. Douglas Ross, 509th Maintenance Squadron.





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The Warrior rts Dec. 3, 2010





fa ge ree

e en ue

The Officer and Enlisted Spouses Clubs are sponsoring the Angel Tree Program at the Base Exchange to benefit children in need. Donators who take part in this program choose an angel, buy an age and gender appropriate gift, and place the gift and angel under the Angel Tree.

Last year, all the identified angels received gifts. The spouses will remove all angels from the tree Dec. 16 to ensure every child receives a gift by the deadline. However, community donations at this Air Force Global Strike Command base will be accepted through Dec. 20.

"Our biggest goal is to support the base and local community," said Sheri Marler, enlisted spouse's club member and wife of retired Chief Master Sgt. Vincent Marler. "We [the WSC] thrive on doing that."

See Angel Tree, Page 12



.S Air orce photo by Senior Airman arlin eslie

he Whiteman irst Sergeants pose for a photo with the Angel ree at the Base E change, here, o. 0. Master Sgt. osha lournoy, 509th ommunication Squadron irst Ser geants, with the help of the Of cers and Enlisted spouses club, lead the program which will pro ide more than 00 Whiteman children gifts for hristmas.





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The Warrior L Dec. 3, 2010

continued from page 10

The program's multifaceted approach should reduce drinking and driving and help cre ate a safer environment for our coworkers, families, community and ourselves, according to Sergeant Mueller.

nfortunately, sometimes plans fall through and Airmen need an alternate option to get home safe," Sergeant Mueller said. " f we can keep drunk drivers off the road and return them home safe, then our mission was a success.

Military members have enough to worry about with the increased deployments without having to worry about their loved ones getting hurt by a drunk driver or driving drunk them selves according to Sergeant Mueller.

Senior Airman Donna Dopson, 0 th Medical Support S uadron and AADD's scheduler and training manager encourages Team Whiteman to avoid putting themselves in a bad situ ation and to think of AADD when you need them.

AADD hopes to eliminate alcohol related incidents by making sure that everyone knows that if their plan fails, they can always call AADD 2 to bring them home safe.

or 1 For a ride home, contact 660 6 DE 16 001 . For more informa tion about becoming a volunteer for AADD, contact Sergeant Mueller 660 6 Airman Dopson at 660 6 1 60 for an application.

Angel Tree continued from page 11

programs nationwide, they all have the same ob ective. One program was started by an ex convict, Mary ay Beard, after her release from prison. While she was in ail, a church group in Alabama provided toiletries to the prisoners. They reacted with wrapping the gifts up for their children as Christmas pres ents, which is where Ms. Beard's idea for the Angel Tree Program was formed.

Another program was started in 1 the West noxville Business and Profes sional Women's Club. ts original intent was a community service pro ect, but instead it turned into a yearly tradition.

" t's really good to know that Whiteman cares because it is a huge giving base," said

Although there are several Angel Tree Mrs. Marler. "One little need is out there and people get paid back tenfold."

oung Airmen, single parents, and families with multiple children are a few considered for the Angel Tree. First sergeants will go through their rosters to determine who may benefit from the Angel Tree, and then they will elabo rate with supervisors to confirm their selection or to add any missed families.

On the back of an angel, one can find the gender, age, si es shoes, pants, shirts wants, and needs of the child.

" like it when the children receive gifts that they don't normally expect, or wouldn't normally get and they're excited about it," said Master Sgt. Tosha Flournoy, 0 th Com munications S uadron's first sergeant.



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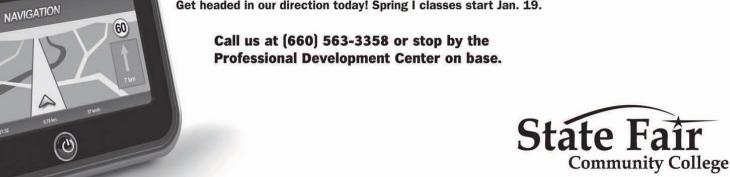
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Get headed in our direction today! Spring I classes start Jan. 19.



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Knitting Skills Class Deadline ~ Arts & Crafts

Sign up by noon today for this single session class scheduled December 4, 10 a.m.-2:30 p.m. Cost is \$40, supplies included. Call 687-5691 to reserve a spot today!

Wire Jewelry Class Deadline ~ Arts & Crafts

Noon, today is the sign up deadline for this single session class scheduled December 7, 9-11 a.m. Cost is \$20, supplies included. Contact the Arts & Crafts Center at 687-5691 for more details.

SATURDAY 12/4

Family Bowling ~ Noon-4 p.m. ~ Stars & Strikes

Join us for fun family bowling! One hour bowling, shoe rental, a large 1-topping pizza and a pitcher of soda, all for \$20. Up to six people per lane. Can't make it today? Join us Sunday, same time, same place. For more information, call 687-5114.

SUNDAY 12/5

Football Frenzy ~ 11 a.m.-7 p.m. ~ Mission's End

Football Fans! Join us every Sunday to watch your favorite team on the big screen TVs. Club members can enter to win a trip to the Super Bowl or one of two regular season games! Plus, end of season bonus drawing for \$5,000 in gift certificates. Call 687-4422 for more

MONDAY 12/6

Member's Lunch ~ 11 a.m.-1 p.m. ~ Mission's End Club members can enjoy a lunch for just \$3. Call 687-4422.

Grill Specials ~ 11 a.m.-1 p.m. ~ Mission's End

Check out December's grill specials Monday through Friday during lunch. Your choices this month are spicy Voodoo chicken sandwich or skirt steak sandwich. Cost is \$6.50 for members; \$8.50 nonmembers, Call 687-4422 for more information.

TUESDAY 12/7

Stained Glass Class ~ 5:30-8:30 ~ Arts & Crafts

Learn the art of stained glass. Six-week open enrollment class scheduled every Tuesday, 5:30-8:30 p.m. Cost is \$95, supplies included. Sign up by noon the Friday prior to class. Call 687-5691 to reserve a spot.

Free Bowling Days ~ 3 p.m.-Closing ~ Stars & Strikes

Purchase \$6 from the snack bar, receive three free games and shoe rental when you present your receipt at the bowling counter. Can't make it today, stop by Thursday, same time, same place. Call 687-5114 for more details.

Club Coin Special ~ 4 p.m.-Closing ~ Mission's End

Enjoy a delicious drink at the club. This month's special is a Nutcracker. A mixture of Amaretto, Irish Cream and Vodka. Cost is \$2.50 a drink. For more information, call 687-4422.

THURSDAY 12/9

Pizza Pizzaz ~ 4-7 p.m. ~ Mission's End

Take advantage of our pizza prices! Cost is only \$7 per large single topping pizza. Call 687-4422 for more information.

FRIDAY 12/10

Wing 5K Run ~ 7 a.m. ~ Fitness Center

Come get your PT in bright and early! Show time 6:30 a.m., go time 7 a.m. at the base track. Call 687-5496 for more details.





Super heroes, unite with an event of extreme proportions!

Snake Lady Connie Koch and Spider Man KJ Vezino bring their creatures up close and personal with an educational and entertaining presentation you won't want to miss.

Live snakes and spiders on parade! Bring a camera...a great photo opportunity!



FCC NEWS!

Squadron Specific

Want a profitable home-based career?

Providers are needed to provide care for the following: evenings, weekends, swing shift workers, infants, special needs and mildly ill children. Air Force offers a subsidy for providers for all children under age 3 and any child who falls in the critical needs areas. Providers who hold a license are subsidized \$160 a week per qualifying child. Providers with chronic health problems are accepted.

FCC Orientation

Receive training to become a licensed Family Child Care (FCC) provider on Whiteman AFB. The class is approximately one week long and runs from 8 am 4 pm. The classes are scheduled every other month. Providers with chronic health problems are accepted. The program needs providers who are willing to care for infants and children during swing and evening shifts and children with special needs. Stop by the FCC office to pick up a registration package. Registration needs to be received by the Wednesday prior to the class.

Come to the FCC office to apply prior to participation or call 687-5590 for more details.



Youth & Teen Events

Fun Night Holiday Party Sign Ups ~ Youth Center

Youth, ages 6-12, sign up for the youth holiday party scheduled December 10, 6:30-9:30 p.m. Youth will make arts & crafts, play bingo for prizes, take part in activities and games in the gym, and much more! Cost is \$10 for members; \$12 nonmembers. Call 687-5586 for more information.

Teen Shopping & Lunch Trip Sign Ups ~ Youth Center

Teens, ages 13-18, do you need to find that special gift for Christmas? Sign up for the shopping trip to the Mall in Columbia, Missouri, scheduled December 11, 11 a.m.-7 p.m. Cost is \$5 for members; \$6 nonmembers. Bring money for shopping and lunch. Contact the Youth Center at 687-5586 for information.

Teen Trip to CoCo Keys Sign Ups ∼ Youth Center

Teens, ages 13-18, today we begin taking sign ups for the trip to CoCo Keys Water Resort in Kansas City. Cost is \$15 for members; \$20 nonmembers. Price includes transportation, admission, personal pan pizza and a soda. Space is limited. Sign up deadline is December 16. Call 687-5586 for more details.

Start Smart Basketball Registrations ~ Youth Center

The Youth Center is accepting youth basketball registrations for ages 3-5. Season will begin January 12, 2011. Cost is \$25 without a kit; \$61 with a kit. Contact the Youth Center at 687-5586 for more

MONDAY 12/6

Preteen Dinner & Christmas in the Park Sign Ups ~

Preteens, ages 9-12, today we begin taking sign ups for the dinner and Longview Lake Christmas in the Park trip scheduled December 17, 5-10 p.m. Cost is \$6 for members; \$8 nonmembers. Bring extra money for dinner. Call 687-5586 for more details.

Dentokan Karate ~ 4-5 p.m. ~ Youth Center

Classes are offered every Monday and Wednesday for youth ages 6-18. Cost is \$35 for members; \$45 nonmembers per month. For more information, please call 687-5586.

TUESDAY 12/7

Time to Play ~ 9:30-11 a.m. ~ Youth Center

Parents, you provide the toys, we provide the place! Bring your child age birth to five years to the Youth Center gym every Tuesday for play time! A great opportunity for your child to socialize with other children and for parents to network with each other. Cost is free. Please contact the Youth Center at 687-5586 for more info.

Torch Club Meeting ~ 4-5 p.m. ~ Youth Center

Preteen, ages 9-12, learn to work together to plan and implement activities. Torch Club meets every Tuesday during the school year. Cost is free. Call 687-5586 for details.

Keystone Club Meeting ~ 6-8 p.m. ~ Youth Center Teens, ages 13-18, meet to discuss leadership and community involvement. Nonmembers are welcome to join! Call 687-5586.



Ham Jam shoot competition!

Score the most baskets and win a ham just in time for your Christmas dinner!



AGE CATEGORIES Ages 5-8, 5:15 p.m. Ages 9-12, 6:15 p.m. Ages 13-18, 7 p.m.



Hams awarded for ages: 5 & 6, 7 & 8, 9 & 10 11 & 12, 13 & 14, 15 & 16 and 17 & 18



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14 The Warrior Dec. 3, 2010

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en. Scott ander 509th Bomb Hamm. Wing commander, helps lass icole Airman st lusmann and Staff Sgt. aurel ilbert, 509th orce Support Squadron food ser ice specialists, cut the han sgi ing ca e o. 5. eneral ander Hamm olunteered to ser e food to Airmen, retired ser ice members and their families during the han sgi ing meal.

i in





Mr. Paul Ri o, retired Air orce, ser es during a game of racquet ball at the itness enter. he itness enter of fers weight lifting, circuit training, treadmill and other wor out equipment to stay physically t in addition to preparing for physical tness tests.

S

.S. Air orce photo by Senior Airman arlin eslie









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i ee tte ie

Red Saturday, 7 p.m.

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Jackass 3D Sunday, 3 p.m.

Johnny Knoxville, Steve-O - Johnny Knoxville and company return for the third installment of their TV show spinoff, where dangerous stunts and explicit public displays rule. R - (Male nudity, extremely crude and dangerous stunts throughout and for language) 94 min.

Movie showings are featured at the Whiteman AFB Movie Theater. For more information, call (660) 687-5110



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The etiree Activities Office provides an interface between the active duty force and the retiree population from all military services. The AO is staffed by volunteers and is open from a.m. p.m. Mondays through Fridays. The AO is always looking for volunteers and training will be provided. For more informa tion, call 660 6 6 or 1 00 0 60 or e mail rao whiteman.af.mil.

You, Your Children, & Divorce

ou, our Children Divorce is a 0 min ute class is offered twice a month on the sec ond and fourth Tuesday from 11 a.m. 12 0 p.m. t is for individuals with children who are in the process of divorcing. Class content fo cuses on helping parents help themselves and their children through a divorce successfully and minimi e negative effects on the children. eservations are re uired. Call 660 6 1

eservations are re uired. Call 660 6 for additional information.

New Parent Support Program

ew Parent Support Program is an educa tion outreach program available to all expect ing parents, and parents with children through the age of two. n home visits from a registered nurse and a licensed social worker will provide professional advice, educational material and resources for both parents. For more informa tion call 660 6 1.

Dad's the Basic's

Dad's the Basic's is a four hour workshop for new dads to learn about caring for their new baby. The workshop is taught by other dads. t will be held on a Saturday morning from a.m. to noon every three months. Call 660 1 for next workshop date and location. Shifting Angry Response Patterns
Shifting Angry esponse Patterns is a four
session class offered every month on Thursdays
from 10 11 0 a.m. for individuals interested in
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call 660 6 1.

Prevention & Relationship Enhancement Program

Prevention elationship Enhancement Program is a communication workshop for couples married, engaged and or dating who have a good relationship and want to make it better. This is a six hour workshop and will be held every three months on a Friday from a.m. p.m. Call 660 6 1 for the next workshop date and location.

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School Liaison Officer

schooling options. The SLO works to develop partnerships with the local school districts. The SLO is located in the Airman Family eadiness Center, and can be reached at 660 1 2.gic is a two session research based parenting skills class is offered twice a month on the second and fourth Tuesday from 2 p.m. t teaches parents easy to follow steps for disciplining children ages 2 12 without yell ing, arguing or spanking. Parents will learn how to get their kids to stop doing what they don t want them to do and encourage them to start doing what they want them to do. Par ents will also learn techni ues for handling misbehavior in public and dealing with testing and manipulation. eservations re uired, call 660 6

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SESSION 3A JANUARY 25 – FEBRUARY 14 M-W Humanities

SESSION 3B JANUARY 25- FEBRUARY 24 T-Th College Algebra

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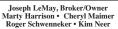
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