509th Bomb Wing 442nd Reserve Fighter Wing Serving the Whiteman Community Mobile Expeditionary Security Division 13 1-135th Attack Battalion 131st Guard Bomb Wing



Photo by Senior Airman Carlin Leslie

Staff Sgt. Linnea M. Holcombe, 509th Civil Engineer Squadron Entomology specialist, retrieves a trapped raccoon from behind trashcans in base housing, Tuesday. Raccoons often rummage through the local trash for food. See page 5 for story and more photos.

Missouri ANG pilot hits milestone with 1,000 flying hours in B-2 Spirit

By Rachel Knight Missouri National Guard

Lt. Col. Michael E. Pyburn took off on a normal training mission Sunday that turned into a major milestone for him and for the Missouri Air National Guard's 131st Bomb Wing and the Air Force's 509th Bomb Wing's total force integration B-2 Spirit flying mission. On this particular flight he surpassed 1,000 flying-hours in the B-2 Spirit.

"We play a vital role ensuring that we hold our nations enemies at risk no matter where they are," Pyburn said about the B-2 mission. "We have the ability to reach out and employ this weapon system anywhere at a time and place of our choosing."

He said the B-2 is a very unique opportunity for him to fly an awesome weapons system in service of the nation.

"Even after being involved in the mission for the last 11 years and flying it for nine of those years, I still get excited every time I go fly," Pyburn said. "Especially when I get the chance to talk to all those who play such an important role in making it happen but don't get the chance to fly the jet."

Colonel Pyburn said he rarely thought about his accumulation of flying hours.

"It has always been about working with the great people involved with the B-2, especially the men and women of the 131st Bomb Wing," Pyburn said.

Colonel Pyburn is the fifth 131st Bomb Wing Airmen to reach 1,000 B-2 flying hours. He now joins Lt. Col. Mike Means, Maj. John Avery, Lt. Col. Rhett Binger; and Maj. Jared Kennish.



Photo by Tech Sgt. Chris Boehlin

Col. Ken "Willie B." Eaves, 131st Bomb Wing operations group commander (right), congratulates Lt. Col. Michael Pyburn on achieving 1,000 flying hours in a B-2 Spirit Bomber and Pyburn is about to be presented a patch from Eaves.

"This is representative of what the 131st Bomb Wing brings to the fight," he said. "This is a unique experience and qualification level, which is unmatched in active duty."

Colonel Pyburn joined the military initially because of his interest in

See Milestone, Page 9



Safety office offers tips to beat summer heat

With temperatures surpassing 90 degrees and the average heat index in the triple digits, Whiteman Airmen have been looking for ways to stay cool during the summer months.

7

Sky Soldiers preserve Army aviation history

A full spectrum of military aviation will be on hand to inspire, educate and entertain show goers at the Wings Over Whiteman air show and open house, Sept. 18 and 19.

9

Whiteman observes Women's Equality Day

Aug. 26 marks the 90th Anniversary of the passing of the 19th Amendment to the Constitution granting women the right to vote.

WEATHER			
Today	Sunday		
Chnc Strms	Sunny		
Hi 91	Hi 92		
Lo 71	Lo 72		
Saturday	Monday		
Mostly Sunny	Mostly Sunny		
Hi 91	Hi 92		
Lo 70	Lo 71		
Weather courtesy of the National Weather Service			

Commentary

Mentorship: Showing the ropes

By Lt. Col. Matthew Snyder

509th Maintenance Operations Squadron

Some of you may be wondering what is mentorship while others are thinking "Why do I care?" My answer would be to ask you, "Could you benefit from good mentorship?"

The term "mentor" comes from Greek mythology. Mentor was one of Odysseus' loyal advisors and was entrusted with the care and education of his son Telemachus. Over time, the term has been associated with the concept of personal development a more experienced person passing on knowledge and wisdom to a less knowledgeable person, a protégé or mentee. Thus, mentorship is the process of teaching, passing on knowledge, and showing the ropes to someone with less experience. Do not equate mentorship with sponsorship. A mentor does not "sponsor" someone in order to get promoted. Author Edgar F. Puryear Jr. would summarize a mentor as someone who takes the time to guide, counsel, advise, teach and prepare one for increased responsibility, and thus higher rank.

Mentorship changes people's lives. You will seldom find a military individual who did not have, at some point in their career, someone who played a crucial role in that individual's development. When talking with my chief master sergeant and first sergeant, they each remember a supervisor that pulled them aside and provided advice and took the time to explain "how things were done." When I was younger, a chief took me under his wing and gave me some insight into how to handle various situations – it was not expected but it made a positive difference - and made a huge impact on the rest of my career.

Passing on expertise and knowledge is paramount. Gen. Norman Schwarzkopf, commander of Allied Forces in Desert Storm in 1991, had a set of "Big Five" goals. The first four included being combat ready, taking care of his soldiers and their families and encouraging loyalty. The fifth spoke to mentorship, "I would have the responsibility to teach my subordinates, just as my mentors had taught me." In essence, he was stating the importance of educating and preparing those that would follow him.

It is interesting to note that many cultures of the past passed on their history and traditions through word of mouth.

Individuals learned through verbal guidance and one-on-one interaction. Today, the human element is being overlooked and is fading as technology provides



Lt. Col. Matthew Snyder 509th Maintenance Operations Squadron

alternate means of teaching and learning. Remember - computers cannot teach experience nor can they provide sound counsel and guidance.

If someone does not take you under their wing then perhaps you should ask. Take advantage of those around you. Ask for feedback, seek advice from both those in your line of work as well as those with a different perspective. Gen. Dwight D. Eisenhower said, "Be around people making decisions. Those... who achieved the top positions of leadership were around decision makers, who served as their mentors."

Mentorship is vital. Mentors help guide careers and provide leaders with a breadth of experience required of their jobs. A good mentor will take the time to provide you with different insights and challenge you to see things differently. Everyone, regardless of rank and experience, benefits through mentorship in their careers and in their lives.

THE WARRIOR

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For more information, call the Warrior office at (660) 687-6123, e-mail: warrior.whiteman@whiteman.af.mil, fax us: (660) 687-7948, or write to us at: 509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

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CSAF eyes recapturing acquisition excellence

Editor's note: The Air Force's senior military leader released his vision for the future in a recent CSAF Vector 2010 that outlined five priorities and the "way ahead" for Airmen to maintain these priorities. This is the final part of a five-part series the Whiteman Warrior presented over the past several weeks. To read the Vector in its entirety, visit www.af.mil.

Improved acquisition performance begins with experienced professionals, using the right analytic tools and processes, all supported by transparent decision-making.

Our focus on recapturing acquisition excellence begins with our Acquisition Improvement Plan (AIP). Ultimately, the health of the Air Force requires that we bring acquisition costs and timelines under much greater control and oversight. To do this, we:

• Hired more than 2,000 personnel into the acquisition workforce in 2009 and continued contractor-to-civilian conversions.

• Created 11 new program executive officer positions to reduce span of control and increase focus on program execution.

• Initiated an improved, independent source selection review process, completing 107 contract award reviews to ensure they are correct, defendable, and transparent.

Way ahead

We made progress toward acquisition reform in the last two years, but we have



General Norton A. Schwartz Air Force Chief of staff

a lot more work to do. We must take a long-term view to bolster our acquisition and technology workforce and improve oversight on critical programs. To do that, Airmen must act on the following initiatives:

• Build and maintain competent Acquisition Corps with strong uniformed senior leader oversight and clear career development paths.

• Expand our acquisition workforce by some 7,000 positions in five years, focusing on program management, and systems engineering.

• Greatly improve transparency and accountability in program and financial

management.

• Recapture a vision for aggressive science and technology development, the rapid transition of innovative technology into operational capabilities, and harnessing aerospace technology to meet broader national security needs.

Conclusion

Some of the programs outlined above are already in progress, some require implementation, and all require leadership and fresh thinking. We cannot know what the future holds, so in order to realize my vision of a consistently powerful, capable Air Force, we will almost certainly need to pursue initiatives not yet fully imagined.

I know Airmen will respond. After all, we are the stewards of a remarkable and vibrant history that began on the sands of Kitty Hawk and continues to be written in places like Afghanistan.

Whether our contribution is in irregular warfare, humanitarian relief operations, engaging other air forces, aerial combat, strategic deterrence—or just getting the job done—we stand firm as a vital component of U.S. military power. America's Air Force entered the 21st century as the world's best air, space and cyber institution, and together we must expand on that legacy.

I am proud to be your Chief and look forward to working with you as we build a firm foundation for the next generation of Airmen.

NEWS BRIEFS

CJCS Virtual Town Hall Meeting

Admiral Michael Mullen, Chairman of the Joint Chiefs of Staff, is answering video questions posted to his YouTube site between now and Aug. 30. To upload your question to Admiral Mullen, visit http://www.youtube.com/watch?v=1aRAzhQwJh8.

Don't Ask, Don't Tell surveys

Surveys about the Department of Defense's 'Don't Ask, Don't Tell' policy are being emailed to randomly selected members. DoD officials say that surveys are legitimate. What might appear to be a commercial source of the emails could lead recipients to assume that the email is not legitimate, officials say. However, the survey is an official DoD survey, sent out by a contracted entity. As such, participation in the "Don't Ask, Don't Tell' survey is appropriate and encouraged.

Pharmacy collects unused medications

The 509th Medical Group pharmacy staff will be at the commissary to collect unused or expired medications Aug. 27 from 9 a.m. to 2 p.m. People are encouraged to bring in medications they are no longer using disposal. For more information, call the pharmacy at 687-2162.ntact the education office at 687-5750.

WAFB community job search

The Airman and Family Readiness Center is offering an information seminar Thursday, from 8 a.m. to 1 p.m. Information on applying for AAFES, Non-Appropriate Funds (NAF) positions, and Appropriated (GS) positions, local hire practices, resume writing, and the do's and don'ts of job interviews will be discussed. Representatives from the University of Central Missouri and work force development will also be available to answer questions. For more information, call 687-7132.

Special Needs Support Group

Meetings will be held the 2nd and 4th Tuesday of each month at the Whiteman Chapel Annex from 6–7:30 p.m. This group helps bring families with a variety of special needs together and provides peer support as well as pooled resources for helping agencies. For more information or to offer any assistance, contact Master Sgt. Mona Wendzillo at 687-1221.

CLEP/DANTES retesting

Service members taking a previously funded exam title for CLEP, DSST and ECE paper-based or computer based exams who don't receive a passing score will no longer be allowed to retest for free under the same title. After waiting the required time, service members can retake the exam by paying the test fee. For more information contact the education office at 687-5750.

Pre-separation briefing

The next pre-separation briefing is scheduled for Aug. 30 from 1:30-3 p.m. This briefing is mandatory for all separating personnel. DD Form 2648 is accomplished at this briefing. Information will be presented from the Airman and Family Readiness Center. For more information, call 687-7667.

Final Flight



Members of 509th Maintenance Group render a final salute to Brig. Gen. Robert Wheeler, 509th Bomb Wing commander, as he travels down the taxiway for the last time in a B-2 Spirit, Thursday. General Wheeler will relinguish, command of the 509th Bomb Wing Brig. Scott Vander Hamm on Monday.

Photo by Senior Airman Carlin Leslie

Air Force Office of Special Investigations agents instrumental in B-2 Spirit spy conviction

WASHINGTON (AFNS) – A federal jury in U.S. District Court for the District of Hawaii found Noshir S. Gowadia, age 66, of Maui, guilty of five criminal offenses Aug. 9 relating to his design for the Chinese government of a low signature cruise missile exhaust system capable of rendering a Chinese cruise missile resistant to detection by infrared missiles.

The jury also convicted Mr. Gowadia of illegally communicating classified information on three other occasions and unlawfully exporting technical information on those three occasions, illegally retaining defense information and filing false tax returns for the years 2001 and 2002. The jury acquitted Mr. Gowadia of three other offenses alleging illegal communication of information to the Chinese government.

The verdict was announced by David Kris, the Assistant Attorney General for National Security, and Florence T. Nakakuni, the U.S. Attorney for the District of Hawaii. The verdict followed six days of deliberation and a 40-day trial

"Mr. Gowadia provided some of our country's most sensitive weapons-related designs to the Chinese government for money," Assistant

Attorney General Kris said. "Today, he is being held accountable for his actions. This prosecution should serve as a warning to others who would compromise our nation's military secrets for profit. I commend the many prosecutors, analysts, and agents, including those from the FBI and the Air Force, who were responsible for this investigation and prosecution."

"The United States entrusts people with important and sensitive information critical to our nation's defense," U.S. Attorney Nakakuni said. "Today's verdict demonstrates that there is a serious consequence to betraying that trust."

"The FBI will continue to pursue anyone who treats America's national security as a commodity to be sold for personal enrichment," said Charlene Thornton, the Special Agent in charge of the Honolulu Field Office of the FBL

"This case is a superb example of interagency cooperation with one single goal in mind: to protect Americans from harm," said Colonel Keith Givens, the vice commander of Headquarters U.S. Air Force Office of Special Investigations. "The successful prosecution of Mr. Gowadia for espionage and other crimes

highlights the many contributions of AFOSI personnel and our partner organizations worldwide.'

Mr. Gowadia was first arrested in October 2005 on a criminal complaint alleging that he willfully communicated national defense information to a person not entitled to receive it. He was charged with additional violations in a 2005 indictment, a 2006 superseding indictment and a 2007 second superseding indictment.

According to information produced during the trial, Mr. Gowadia was an engineer with Northrop Grumman Corporation from approximately 1968 to 1986, during which time he contributed to the development of the unique propulsion system and low observable capabilities of the B-2 Spirit bomber. Mr. Gowadia also continued to work on classified matters as a contractor with the with the U.S. government until 1997, when his security clearance was terminated.

Evidence at the trial revealed that from July 2003 to June 2005, Mr. Gowadia took six trips to China to provide defense services in the form of design, test support and test data

See Conviction, Page 12

Safety office offers tips to beat summer heat

By Staff Sgt. Kenya Shiloh 509th Bomb Wing Public Affairs

With temperatures rising above 90 degrees and the average heat index in the triple digits, Whiteman Airmen have been looking for ways to stay cool during the summer months. Unfortunately, a few haven't been able to successfully combat the sun's effects and have suf-

fered from heat-related illness. "We are aware of Airmen passing out, getting dizzy or suffering from heat stroke at work and during physical training," said Tech. Sgt. Juan Ramirez,

509th Bomb Wing Safety Office ground safety manager. "So far, five people needed treatment from the 509th Medical Group for various heat-related ailments.'

Some of the more common illnesses affecting Team Whiteman include: heat exhaustion, heat stroke and dehydration.

Heat exhaustion is a condition that occurs when people work or exercise in hot, humid temperatures without becoming adjusted to the climate, according to an online medical website, emedicinehealth.com. When the body loses electrolytes, a combination of salts and fluids, and they are not inadequately replaced, heat exhaustion occurs.

Heat stroke is a life-threatening medical condition that affects the brain. If a person's internal cooling system stops working and the internal body temperature rises to a point where brain damage occurs, the results lead to other organ damage and possibly death.

Dehydration occurs when the body loses water faster than it should according to the Centers for Disease Control and Prevention website. People should be alert for signs of

dehydration during extreme heat or extreme exertion and look for symptoms such as: decreased urination, dry mouth and throat and a dizzying feeling when standing up.

To prevent these heat-related illnesses from occurring, Master Sgt. Paul Masterson, 509th BW Safety office superintendent advises commanders and supervisors to, "Educate your Airmen on hydration to where it is clear for all to understand and use the work-rest cycle. Supervisors should also provide an adequate water supply to Airmen subjected

See Heat, Page 6

McKinley tells Guard enlisted force to prepare for prolonged overseas role

By Army Staff Sgt. Jim Greenhill National Guard Bureau

ST. LOUIS – The National Guard likely will continue to play a significant role in overseas contingency operations for the foreseeable future, the chief of the National Guard Bureau said here Aug. 8.

"Just like we have in Kosovo for 14 years and the Sinai (and) the Horn of Africa, I think the National Guard will be asked to stay longer ... and give (our) civilian-acquired skills to ... emerging government," Gen. Craig McKinley told about 1,800 Guard members attending the 39th annual conference of the Enlisted Association of the National Guard of the United States.

The Guard already is making a significant military-to-civilian contribution through the agribusiness development teams on the ground in Afghanistan, a program born in Missouri, he said

"The things that we bring from our civilian occupations will mean that the National Guard will be in huge demand for years to come," General McKinley said.

During a July visit to Iraq and Afghanistan, General McKinley said he was struck by the contrast between the two countries.

"What I ... felt in Iraq ... is the Iraqis are (on) the verge of taking control of their own destiny and their own country by forming a government and moving out," he said.

This time, as McKinley rode from the U.S. Embassy in Baghdad to the airport, something had changed from previous visits: Security along a route once infamous for violence was provided entirely by the Iraqi military.

"It gave me a sense of hope that ... this country has the potential to turn a corner and to make a stand on its own and to determine its own destination," he said.

In Afghanistan, General McKinley found a hot war, and a surge in which the Army National Guard is playing a key role.



Photo by Staff Sgt. Jim Greenhill

Gen. Craig McKinley, the chief of the National Guard Bureau, tells Guard members attending the 39th Annual Conference of the Enlisted Association of the National Guard of the United States in St. Louis Aug. 8, 2010, that the National Guard likely will continue to play a significant role in overseas contingency operations for the foreseeable future.

"There's going to be some pretty rough days and months ahead," he said. "Two vastly different theaters, but similar circumstances in which the men and women who make up our National Guard are contributing greatly on the battlefield."

General McKinley's recent trip in theater ended with a visit with wounded warriors at Landstuhl Regional Medical Center in Germany, a visit that underlined the true sacrifices Guardmembers are making.

"We're going to be at this for a very, very long time," he told conferees from an association of more than 85,000 members, which promotes the status, welfare and professionalism of the enlisted personnel of the Army and Air National Guard.

"The only thing that can take this nation down is (loss of) our will to fight and to remain free and to remain strong," he said. "Do not give in to those who would say that the American will to stay free and remain the beacon of hope is waning, to those who say that the era of American independence and potentially our role in the world as the world's superpower is waning.

"Because on those young men and women's shoulders rest our hopes and our future, and I have a great deal confidence in them that we will get it right."

All Guardmembers, from General McKinley to the newest enlistee, stand on the shoulders of predecessors and mentors, the 26th chief of the National Guard Bureau said.

"None of us go this route alone," he said. Each state and territory and the District of Columbia, "for decades, for centuries, have given their young men and women for service to their state and to their nation."

General McKinley said the time he spends with enlisted Soldiers and Airmen is inspiring.

"For anyone who doubts that this nation is committed to remaining strong and being the beacon of hope for the rest of the world, all you have to do is look in the faces of these young men and women," he said.

The National Guard is at a historic peak of excellence, he said.

"With the leadership of the adjutants general, working for the governors, we have the finest, most talented, most capable, most resilient, most battle-tested National Guard, arguably, in the history of the United States of America," he said. "One of the finest, most well-trained, most well-led, most inspired forces that we could ask for."

See Guard, Page 7





A garter snake smells using its tongue in his cage, Aug.17. The garter snake is very common in the state of Missouri and is not poisonous or hostile.



Tech. Right: Sgt. Byron J. Kacprzyk, 509th Civil Engineering Squadron Entomology shop, NCO in studcharge, ies a cicada, locally known as a June Bug, Aug. 17. Male cicadas produce a loud 'song" due to their timbals, or vibrating membrane in the abdomen. Photos by

> Senior Airman Carlin Leslie



Above: Tech. Sgt. Byron Kacprzyk, 509th Civil Engineer Squadron Entomology section NCO in charge, sprays weeds with herbicides, Aug. 17. Entomology takes care of all bug spraying and wild animal removal on Whiteman. Residents are reminded to call Entomology for pest removal.

Left: A raccoon is caught in base housing by the 509th Civil Engineering Entomology Squadron shop, Aug. 17. Raccoons are legally and safely relocated after capture.

Entomology doesn't 'cide' with pests

Airman 1st Class Cody H. Ramirez 509th Public Affairs Bomb Wing

Since the beginning of civilization, there have been pests exploring in areas considered inconvenient or inaccessible to society. Pesticides, which can be traced more than 4,500 years ago when Sumerians used sulfur dust around crops, help control these situations. Entomologists, more commonly known as pest control, continue this tradition today.

Annoyances are inevitable, whether insects are devouring your kitchen's food supply, raccoons are ripping your trash bags apart or weeds are spreading like wildfire across vour streets.

The 509th Civil Engineer Squadron entomology shop of two active-duty and two civilian employees prevent, control or exterminate arthropods, other animals and plants that affect the health and morale of base residents

When the team receives a call that an annoying pest is causing mayhem, they go out and survey the area to determine where the pest is, what the problem is and what type of that could attract pests. damage has been done.

"Finding out the cause is important, because we not only want to remove the problem, but keep it from happening," said Sergeant Kacprzyk. "If we know how it's happening, we can educate people on how to fix it.'

Identification of the pest is typically done on scene. If the team can't readily identify an insect, a sample is collected and inspected under a microscope. Computer identification codes provide an exact determination of species. Finally, the team decides what type of control measure should be used.

"All measures taken do not present risks toward human or environmental health," said Tech. Sgt. Bryon J. Kacprzyk, NCO in charge of entomology. "We make a decision to benefit everyone involved, including the animal."

The team also performs monthly inspections of all base food facilities to ensure pests aren't populating in those areas. If there is a potential risk, the facility manager is notified and asked to correct the problem

"We ensure the facilities are pest free and sanitation is up to par," he said. "If possible, we try to prevent the problem before it even starts."

Spot treatment is the typical cure for those facilities with minor pest problems. Buildings are closed when mass-scale treatment is needed.

"Keeping pests away from food removes the chance of disease," Sergeant Holcombe said.

Whether a home cost \$1 million or \$100,000, pests can find their way in, said Sergeant Kacprzyk. General pests such as roaches, ants and spiders, along with household pets, are all handled by the Entomology shop.

"We set traps throughout the base to catch raccoons, skunks, possums or whatever the pest might be," he said.

With the base sitting on nearly 5,000 acres, weeds are also a common problem.

"We use herbicides on the weeds around the base-perimeter fence and everything inside," Sergeant Kacprzyk said. "We remove weeds from the parking lots, sidewalks and the entire flight line."

The removal of weeds not only lowers the chance of foreign object damage to aircraft, but also improves security by clearing vision through fencing and prevents the break-up of concrete," said Staff Sgt. Linnea M. Holcombe, 509th CES Entomology specialist said.

Ensuring all their work is accurate, Air Force Entomologists attend a six-week technical school at Sheppard Air Force Base, Texas, where they are taught the chemical make-up of pesticides, knowledge and safety and pesticide dispersal equipment. They also learn how to identify arthropods, animals and plants, along with how to survey and control them.

"We recertify every three years to keep our pesticide license," Sergeant Holcombe said.

With the proper prevention, control or extermination of pests the entomology shop not only maintains the base, but Team Whiteman's morale.

The Warrior 6 Friday, Aug. 20, 2010

Feature

Heat

Continued from Page 3

to excessive heat as part of their duty."

Other tips Team Whiteman members may want to consider are: conducting PT sessions during cooler times of the day such as in the mornings; hydrate before, during and after strenuous activity; conduct strenuous activity gradually and take rest periods in shaded areas; and drink water regardless of thirst.

"It's important for Airmen to always be in a constant state of readiness and following a few tips to prevent heat-related illnesses will keep them mission capable," Sergeant Ramirez said. "Without them, Whiteman's mission fails."



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Continued from Page 4

The general went on to say that when the nation calls out the Guard, it calls out America.

"Much of the reason this nation is so strongly behind its armed forces and what it is doing is because we've called out the Guard, General McKinley said. "We've involved all of our 3,300 communities around our states and territories and the District, and citizens understand what's at stake."

Recognition of servicemembers' sacrifices, regardless of politics, is in stark contrast to the Vietnam era, General McKinley said, and the implementation of the total force concept is one reason why.

"It's a different Guard," he said. "The National Guard had a different role. ... 'One weekend a month. Two weekends in the summer.' How distant and remote those phrases are, but, for many of us, that was our National Guard.

"We had underutilized equipment, equipment that was old, not serviceable," he said. "We weren't able to give to the Soldiers and Airmen the kinds of training that made them full-up. But today ... our voices are heard not only in the Pentagon but in the White House, and that's a significant achievement that we can all be very, very proud of."

A newly formed council of governors has amplified the Guard's voice among elected and appointed civilian leaders.

"What's at stake very simply is the quality of life, the liberty and freedom that we all enjoy, that which many of us have given our finest hours to," General McKinley said.

"Less than one percent of the American population serves in uniform and so when you look at the 460,000 National Guard men and women and see them at the gas station, you see them at the shopping mall, you have to say that this conflict, ... the struggle against radical extremism, is going to be fought and won on the backs of young men and women who are firmly supported by the citizens of their communities.

"We can't forget that the National Guard, along with our active component, along with the civilians and contractors on the field - [is] making the difference. ... Soldiers, Sailors, Airmen and Marines are recognized ... because they are fighting for a cause that's bigger than themselves, and they are answering to the civilian commanders."

Sky Soldiers preserve Army aviation history

By Airman 1st Class Torey Griffith 509th Bomb Wing Public Affairs

A full spectrum of military aviation will be on hand to inspire, educate and entertain show goers at the Wings Over Whiteman air show and open house, Sept. 18 and 19.

The Sky Soldiers, part of the Army Aviation Heritage Foundation, will perform a combat scenario called "Rescue at Dawn" with five aircraft from the Vietnam era.

"The significance of this program is that we are keeping Army aviation history alive," said Shanda Elkins, vice president of operations and retired Marine Corps sergeant major. "These aircraft are no longer in service. Most of them are from the Vietnam era."

The Army Aviation Heritage Foundation uses volunteer veteran aviators and veteran aircraft to inspire Americans of all generations and ensuring our Nation's military legacy and heritage of service are never forgotten, according to the group's website.

The foundation has 37 aircraft, of which 17 are airworthy. Examples range from the 'beans, band-aids and



The Sky Soldiers, part of the Army Aviation Heritage Foundation, will perform a combat scenario called "Rescue at Dawn" with five aircraft from the Vietnam era at The Wings Over Whiteman Airshow Sept. 18 and 19.

bullets' hauling UH-1 Iroquois, an icon of the Vietnam conflict often referred to as a 'Huey,' to the OV-1B Mohawk, a high-performance reconnaissance and attack airplane that served from the 1960s through the mid '90s.

The Rescue at Dawn scenario the team will perform at WOW is a lowaltitude, 17-minute presentation of an intensive air and ground search and rescue mission revolving around an aircraft that goes down behind enemy lines in Vietnam. The presentation "engages the audience in its story and grips their attention with exciting radio calls, special effects and interactive ground troops," according to the AAHF website.

Sgt. Maj. Elkins assures there will be plenty of action, as the pyrotechnics, smoke and blank ammunition fired will provide a life-like peek into the history of Army aviation.

For more information on WOW, go to www.wingsoverwhiteman.com, or become a friend on Facebook.



HARM ensures aircrew members are ready to fly

Airman 1st Class Montse Ramirez 509th Bomb Wing Public Affairs

With more than 300 pilots here, all with different levels of training and experience, how does the commander know who to decide the best fit for a mission? How does he know he's not choosing someone completely unqualified to execute the mission at hand?

Aiding with this task is 509th Host Aviation Resource Management and schedulers. They maintain aircrew member's records to include pilot's training, allowing commanders to meticulously select the most qualified to perform a mission.

Having the ability to see a pilot's records allows commanders to select the pilot that is in need of a certain training to stay current or one who is most suited to perform a mission, making it easier to select the best candidate.

The mission of the 509th Operation Support Squadron, Host Aviation Resource Management, is to provide administrative customer service to all flying and para-rescue personnel assigned here, to include Guard and Reserve units, thus giving commanders the tools they need to select the best candidate to perform the mission.

HARM is the head office overseeing the flying squadrons, ensuring all pilots are qualified and ready to fly at any time. "Our job is to maintain personnel Flight Records Folders to include in processing, out processing, audits, as well as annual record reviews," said Master Sgt. Cody Reich, 509th Operations Support Squadron, chief host aviation rescue manager. "Another facet is to update the training tables. These show where aircrew members are assigned to and what training requirements are needed of those individuals to ensure safe and effective flying of our nation's only B-2 Bomber fleet."

Airman 1st Class Staci Cooper, Aviation Resource Management apprentice, explains why her job is essential to the mission, "We are the reason why pilots are in the position to perform the mission. We keep them ready to fly."

"According to the Federal Aviation Administration, it's illegal for pilots to fly without having proper paperwork or aeronautical orders, so we ensure that everything is taken care of," said Airman Cooper.

Without HARM, flight physicals wouldn't be up to date, training wouldn't be completed in a timely manner, and other administrative aspects would not get done, sending mission planning into chaos.

"If a pilot doesn't perform training that he or she is supposed to in order to fly, and the records don't show it, the consequences could be catastrophic," Sergeant Reich said. "Without the proper training, pilots



Photo by Senior Airman Carlin Leslie

Airman 1st Class Ariel Roness, 509th Operation Support Squadron aviation resource management, goes over the record of Capt. Mike Polider, a 394 Combat Training Squadron T-38 pilot, to ensure his training is current, Aug . 17. Airman Roness reviews up to 20 sets of records a day, ensuring all pilots are current and mission ready.

are more likely to make mistakes during a real-world mission, possibly resulting in a potential loss of life and multi-billion dollar assets."

HARM also works alongside maintenance schedulers to plan when pilots fly and perform missions.

"We control the wing scheduling and ensure we have aircraft available for real

world and training sorties," said Sergeant Reich.

There is a wide range of responsibilities the HARM performs; all of them ensuring aircrew members are ready to go on the right mission. So the next time an aircraft takes off, know that HARM has already been there, putting the right person behind the stick.

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Milestone

Continued from Page 1

aviation, and is now in his 19th year of service to the nation. He spent over 14 years on active duty with the last six years of that as a member of the 509th Bomb Wing. He then spent a short time as a reservist serving as an Air Force Admissions Liaison Officer and working at Whiteman at Detachment 12 Training Support Squadron, supporting the 509th Bomb Wing.

Colonel Pyburn joined the Missouri Air National Guard's 131st Bomb Wing in February 2008 as a traditional pilot and then became full-time in November, 2008, as the director of total force integration for the wing.

"Military aviation was always the primary draw," he said. "I started flying when I was 17 and saw military aviation as the most exciting and challenging aspect of aviation. It also afforded me the opportunity to serve our nation doing something I loved."

The biggest accomplishment for Pyburn in his military career has been the combat mission he flew during Operation Iraqi Freedom.

"It was a culmination of years dedicated training, which finally resulted in the employment of the B-2 to kick down the door for the rest of the forces," Pyburn said.

Women of Whiteman epitomize equality

"There cannot be true democracy unless women's voices are heard. There cannot be true democracy unless women are given the opportunity to take responsibility for their own lives. There cannot be true democracy unless all citizens are able to participate fully in the lives of their country." — Secretary of State Hillary R. Clinton

Aug. 26 marks the 90th Anniversary of the passing of the 19th Amendment to the Constitution granting women the right to vote.

At the request of Rep. Bella Abzug (D-NY) in 1971, the U.S. Congress designated this date to commemorate that historic event resulting from the culmination of a massive, peaceful civil rights movement that had its formal beginnings in 1848 at the world's first women's rights convention, in Seneca Falls, N.Y.

The observance of Women's Equality Day not only commemorates the passage of the 19th

Amendment, but also calls attention to women's continuing efforts toward full equality. Workplaces, libraries, organizations, and public facilities now participate with Women's Equality Day programs, displays and video showings.

"What greater way do we all have to participate fully in the lives of our country than to vote?" asked Peter Hemmer, Defense Equal Opportunity Management Institute illustrator, in describing the design elements of this year's Women's Equality Day Poster. "I've included a



glimpse of the Joint Resolution of the Sixty-Sixth Congress proposing the 19th Amendment; the Constitution; female service members; and a Suffragette March photo from the National Archives representing the long, difficult struggle to accomplish the 19th Amendment to the Constitution."

Staff Sgt. Maurice Ingram, 509th Bomb Wing equal opportunity office, said women have positively impacted the United States military, and account for 14 percent of its population. The Air Force, in particular is made up of almost 20 percent women.

"Executive Orders 10925 and 11246

have begun to level the playing field," he said. "The military has led the way opening many career fields to females, especially within the last two decades. It began in 1948, when President Harry S. Truman signed the Women's Armed Services Integration Act, enabling women to serve in the Air Force, Navy, and Marine Corps."

Here at Whiteman, women of the Air Force have accomplished many firsts. In 2003, Capt. Jennifer Wilson became the first female to fly the B-2 in combat, dropping 16 bombs on targets in Iraq. In Oct. of 2004, Captain Wilson and then Maj. Kristin Goodwin became the first all female B-2 crew, flying a training mission in the Spirit of Mississippi that included dropping inert weapons and aerial refueling.

Lt. Col Goodwin recently made history again in June, when she took command of the 509th Operations Support Squadron, becoming the first female operations squadron commander of and Air Force bomber unit.

"I think it highlights how women are still breaking barriers," Colonel Goodwin said of her new command position. "If [women] work hard, keep our eye on our dreams and don't give up, we can achieve opportunities out there that are still available."

For more information, visit the National Women's History Project at: www.nwhp. org/resourcecenter/equalityday.php and www.deomi.org/SpecialObservance/



Team Whiteman congratulates its newest Staff Sergeants

509th Operations Group:

Ryan Dougherty Justin Huffman **Brian Messier** Shelby Nowosielski Ut Ta

509th Maintenance Group:

Douglas Anthony Kevin Armstrong Jason Barber Eris Barnes Lindsey Birdwell Christopher Brown Ryan Burick Lonnell Cannon **Philip Casali Richie Collier** Sarah Craig **Brooke Deaton Chad Dodge Steven Edwards Eric Eldred Patrick First Stephanie Glaze Cartine Glenn Aaron Goodloe Calvin Grosz Patrick Guerrero Zachary Hafler David Hall Matthew Harden Brian Harris**

Jeffrey Howard Joshua Hov John Johnson **Jonathan Kopystecky Daniel Lawson Joseph Lillis James Lowery Christopher Maki Brandon Maldonado** Zachariah McCullough **Sky Meashintubby** Samantha Mendrop **James Merrell John Neal Heather Nebolsky Jason Owens Darren Palmer Eric Pearl Leah Porter Joseph Rayner** Lacy Richardson **Richard Rivera Jeremy Rucker Justo Saavedra Rvan Sanders** William Seaborne **Matthew Schlotthauer August Schmidt Jason Schuler Tony Seymore David Shelton Desirae Tauffener Jordan Tenison Quinton Terrill**

Randolph Tilton Zachary Trimble Josiah Trueblood **Asher Tuttle** John Usma **Daniel Wall Nathan Wesley Joshua White Ryan Williams Kyle Wilke**

509th Mission Support Group:

Corev Baker Marcel Beauvais Shannon Beavin Justin Berghoff Markus Black Jason Blunt Ryan Bombardiere Daniel Carter John Chambers Chester Champion Richmond Chung Brandon Collins **Ronald Delabastide Garrison Duncan Anthony Dykhuis Justin Freer Matthew French Courtney Garner Jared Gearen Brian Godsill Dale Guinn**

Kenneth Hackney Brian Halko Walter Heidelberger **Kacy Henard David Henry Brandon Hills Allen Idol** William Irizarry Sonva Johnson **Alyssa Joseph Trevor Kious Brian Kohl Daniel Kunstman** Lorenzo Lancia **Anthony Laspino** Dana Macmillan **Jerelle Marshall Christopher McLaughlin Adam Mellen Sheldon Mellott Melissa Miller Robert Morris** William Noble **Kaitlin Nolan Daniel Parsons Jacob Pinion Joseph Quinones Jonathan Ragan Alberto Rivera Brandon Rodriguez** Joel Rogouski **Robert Roos Jacob Schrader Brian Scott**

Christopher Thomas Jared Thompson Samuel Tooley Rebecca Trueblood **Clifton Walker** Darnishia Webster **Edward Wilder Jason Williams Joshua Wilson Kenneth Windows**

509th Medical Group:

Brittany Bond Jessica Butterworth **Donna Dopson** Lytisha Lee Melissa Lerch **Christopher Lopez David McCann Christopher Myers Reina Paschal** Jacob Rosko **Michael Shamp** Juan Vazquez-Garcia

Associate Units:

Thomas Huey Manuel Hughes Marcus Karl Paul Kenney Benjamin Williams Mikael Bean

Conviction

analysis of technologies for the purpose of assisting the Chinese government with its cruise missile system by developing a stealthy exhaust nozzle and was paid at least \$110,000 by the Chinese government. The jury convicted Mr. Gowadia of two specific transmissions of classified information: a presentation concerning the exhaust nozzle of a Chinese cruise missile project and an evaluation of the effectiveness of a redesigned nozzle, and a computer file providing his signature prediction of a Chinese cruise missile outfitted with his modified exhaust nozzle and associated predictions in relation to a U.S. air-to-air missile.

The prosecution also produced evidence which documented Mr. Gowadia's use of three foreign entities he controlled, including a Liechtenstein charity purportedly for the benefit of children, to disguise the income he received from foreign countries. In addition to demonstrating that Mr. Gowadia under reported his income and falsely denied having control over foreign bank accounts for the two tax years involved in his convictions, the evidence at trial revealed that Mr. Gowadia hadn't paid any income tax since from at least 1997 until 2005 when he was arrested.

Chief U.S. District Judge Susan Oki Mollway set sentencing for Nov. 22, 2010. At that time, Mr. Gowadia faces the following maximum terms of imprisonment:

 Life imprisonment for each of two counts of willfully communicating classified national defense information to the Chinese government

with the intent that it be used to the advantage of the Chinese government or to the injury of the U.S.

– Ten years imprisonment for each of three counts of willfully communicating classified national defense information to persons not entitled to receive it in the Chinese government and elsewhere, and one count of illegally retaining defense systems information at his Maui residence.

- Ten years imprisonment for each of four counts of exporting technical data related to a defense article without an export license (in violation of the Arms Export Control Act).

- Five years imprisonment for one count of conspiracy to violate the Arms Export Control Act.

 Ten years imprisonment for one money laundering charge based on proceeds from the Arms Export Control Act violations.

- Three years imprisonment for each of two counts of filing false tax returns for the years 2001 and 2002.

This case was investigated by members of the FBI, the U.S. Air Force Office of Special Investigations, the Internal Revenue Service's Criminal Investigation Division, U.S. Customs and Border Protection, U.S. Immigration and Customs Enforcement and the State Department's Directorate of Defense Trade Controls.

The case was prosecuted by Assistant U.S. Attorney Kenneth M. Sorenson of the U.S. Attorney's Office for the District of Hawaii and Senior Trial Attorney Robert E. Wallace Jr., of the Counterespionage Section of the Justice Department's National Security Division.

(Courtesy of the United States Department of Justice)





CMSAF shares perspective about readiness, development, resiliency

By Tech. Sgt. Amaani Lyle

Secretary of the Air Force Public Affairs

ATLANTA (AFNS) — The Air Force's top NCO spoke at the Air Force Sergeants Association Professional Airmen's Conference Aug. 17, citing readiness, deliberate development and resiliency among Airmen and their families as his main focuses

Chief Master Sgt. of the Air Force James A. Roy said statistics of 40,000 Airmen deployed and 133,000 in combatant commands across the globe suggest Airmen are not only shaping the battlefield, but more than ever require training and development as they support and defend a nation at war.

"Apart from your own preparation and readiness, you also need to ensure your wingman is prepared," Chief Roy said. "We have thousands of Airmen that are forward deployed working with other services outside the wire, and doing that type of business every day."

To support Airmen at home and in forward locations, Chief Roy said he'd continue to work closely with the Air Force chief of staff to refine the unit deployment manager's role, increasing UDM training opportunities and giving the position more permanence and prominence in Airmen training cycles.

"As an expeditionary Air Force, some of the fundamental things we do are prepare for deployment, deploy and reintegrate," the chief said. "The UDM does all that for us ... but currently as an additional duty."

Senior leaders will also focus on Army and Air Force-hosted combat skills training locations such as Joint Base McGuire-Dix-Lakehurst, N.J., and Ft. McCoy, Wis., to maximize their effectiveness to deployers.

With total force numbers of about 700,000 in contrast with the same numbers for active duty alone when he enlisted in 1982, Chief Roy said the force needs to be able to still meet the needs of combatant commander with significantly less Airmen. "Why do we deliberately develop Airmen?" he asked the



Photo by Scott M. Ash

Chief Master Sgt. of the Air Force James Roy speaks to an audience of hundreds attending the Air Force Sergeants Association Professional Airmen's Conference Aug. 17, 2010, in Atlanta. Some of his key points were joint/coalition readiness, deliberate development and resiliency among Airmen and their families.

crowd of hundreds. "We're the smallest force we've ever been -- we must have to have the right Airmen at the right place at the right time."

He explained that experience, education and training are the three elements of deliberate development, designed to meet the Airman's personal and professional expectations while addressing the service's current and future requirements.

The continuum of learning involves not only assessing the service's requirements for current operations, but at the 10-, 15- and 20-year marks, the chief said.

"If we're not focused on it, we're going to miss the mark," he added.

He conceded a lapse in training milestones can slow professional development, such as the typical timeline between

Airman Leadership School and the NCO Academy.

"For first line supervisors ... one of the most important positions we have in the United States Air Force, there's a 10 year gap there," Chief Roy said. "We need to close that gap."

The chief said he remains a vocal champion of adding courses, offering PME earlier in Airmen's careers and even testifying on Capitol Hill to ensure the system continues in the direction most beneficial to professional development.

"For the first time ever, enlisted PME is being looked at by the (Congress); so far they are satisfied with the system in place, but we know more improvements are necessary and will be made."

The chief said successful PME measures have included sending more Airmen to joint and coalition senior NCO and leadership courses, working with such organizations as the U.S. Coast Guard and the Singapore Advanced Leadership Course.

"Professional relationships are built in these environments," the chief said.

The chief closed with a discussion of resiliency, explaining the criticality of each of its four pillars: physical, mental, emotional and spiritual.

He repeated the importance of the wingman philosophy, providing sobering numbers for the year's suicide rates so far. The chief added relationships and finances, not deployments, are the most reported causes for attempted and completed suicides.

"At 64 suicides this year, we have to ask ourselves what's going on," Chief Roy said. "Even one is too many; it's important that we watch over each and every person."

The chief said the service's overall success will stem from not only being good wingmen, but the feedback Airmen provide leadership directly impacts programs affecting the force such as the deployment transition center at Ramstein Air Base, Germany, and the Don't Ask Don't Tell policy.

"As we look at the focus areas of the chief master sergeant of the Air Force, we can tie each of them back to the Air Force's priorities," Chief Roy said.



Airmen revive Whiteman paintball team

Airman 1st Class Cody H. Ramirez 509th Bomb Wing Public Affairs

Quarter-inch barrels kiss the nylon barrier awaiting the reverb of the gamestarting whistle. The alarm sounds and the team members sling their weapons into firing positions while darting for cover. Droplets of sweat roll down the team member's foreheads and heavy breaths fog their goggles as enemy fire fills the space around them. Standing behind barricades, with weapons aimed down-field, the team strategizes how to approach their enemies. Alert and ready, they wait to shoot.

The team runs onto the field supporting the Air Force logo on their shoulder, they are the Whiteman Nightmare, the base paintball team.

Since the opening of the base-field in 2007, many paintball teams have been created, but the recently formed Nightmare have a desire to leave a legacy for future paintballers. Nine-members strong, the team has received minor sponsorships and is open to anyone with base access.

Airman Vincent E. Cunningham, the team's lead who has played semiprofessional paintball for years, is willing to share his knowledge of the sport. He supports anyone interested in joining the team or wanting to learn more about paintball.

"We just wanted people to know we are here for them," Airman Cunningham said. "There's no limit to players and we could always use volunteers in skirmishes."

The team hosts games Wednesdays and Saturdays, and have a flexible schedule to meet other's needs.

"I encourage everyone to come out and give it a try," said Staff Sgt. James Anderson, team member. "With the experience on the team, new players can learn a lot about the sport."

A maximum of five players are allowed on the field at a time during tournament play. Games have a wide-variety of objectives to include capture the flag and elimination. Once hit with paint, the player must raise their marker to signal their elimination to the referee. There are a number of equipment regulations to ensure safety and equality. The American Paintball League's Standard Rule Book for Tournament Paintball has more on the sport.

"Wednesdays have a practice feel, where Saturdays are more oriented around us promoting the base field," said Sergeant Anderson.

Supporting the team and anyone with base access are two fields. The first is lined with plastic barriers and is open every day from dawn to dusk. The second,



Photo by Senior Airman Carlin Leslie

Airman 1st Class Vincent Cunningham, 509th Operations Support Squadron aviation resource management and Captain of the Whiteman Nightmare, crouches behind a barrier to block himself from the opposing team's fire, Aug. 3.

a speedball course, or tournament style field with inflatable cover, is set up by the Nightmare every Saturday at 10 a.m. Both fields are free to use.

For those interested in playing recreationally, but lack gear, the outdoor recreation has guns, paintballs, masks, hoppers and tanks available for rental.

For team questions or information, call Airman Cunningham at (660) 687-1124

For information on the field and rentals, call Outdoor Recreation at (660) 687-5564



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CHINESE RESTAURANT NEWS NAMES KING'S CHEF BUFFET AS ONE OF THE BEST OVERALL EXCELLENCE WINNERS OF CHINESE RESTAURANTS FOR 2009 Restaurants recognized at the 6th Annual Top 100 Chinese Restaurants in the USA Awards Show

LAS VEGAS - Chinese Restaurant News announced that King's Chef Buffet, located in Warrensburg, Missouri, has won the prestigious Top 100 Overall Excellence Award as part of the Sixth Annual Top 100 Chinese Restaurant Awards. The announcement was made at the 6th Annual Top100 Chinese Restaurants in the USA Awards show held at The Venetian in Las Vegas. With more than 46,000 Chinese eateries in the United States, the national event organized by Chinese Restaurant News recognizes, cultivates and preserves the best in Chinese cuisine. The winners were announced by celebrity chef Lee Anne Wong, former contestant on the Bravo television show "Top Chef," and Master Chef Martin Yan, host of the national cooking show "Yan Can Cook."

King's Chef Buffet is an upscale buffet which excels at preparing authentic Chinese food that is also palatable to American appetites. Like any top buffet, King's Chef Buffet prepares its food in a variety of ways in order to maximize the number of offerings that diners can choose from. Each dish is made from fresh ingredients and cooked with homemade sauces which are flavorful but not too sweet. Almost every item in its mouthwatering buffet lineup is prepared healthily, using little salt or oil and no MSG. Some of King's Chef Buffet's most famous dishes are the General Tso's Chicken, Shrimp Scampi, Seafood Pie, Chicken Sticks, Crab Rangoon, and Chinese Wontons.

The owner, Mr. Xiao came to America in 1988 and gained experience working at another Chinese restaurant before opening his own in 1993. He believes that a successful restaurant needs three elements: a good location, good management, and good guality food. His hard work has paid off and what started as a take-out restaurant has blossomed into a 7000 square foot eatery that seats 250 people and features both dine-in and take-out service. Showing his dedication to good management, Mr. Xiao has implemented a strong management system while also training the entire staff in proper hygiene. He also throws in some surprises for diners from time to time. On Valentine's Day, beautiful accessories and candles are added to create a romantic ambiance. Sometimes, Mr. Xiao hires a pianist to play mood music for couples dining at the buffet. The overall atmosphere of the restaurant is soothing yet cheerful with its red and sky blue color scheme, illuminated by red and blue neon lights and a golden crystal ceiling lamp.

To qualify for the Overall Excellence Award, restaurants must receive positive industry or customer recognition and must be in business a minimum of two years, except for those qualifying in the Top Rising Star category. Restaurant menus also must consist of at least 50 percent Chinese cuisine, except for those qualifying in the Asian Restaurants category. The final results are tabulated with Mystery Diner's scores from an independent third party and direct votes from the public at large. The top 100 highest-scoring restaurants from across 10 categories achieve the Overall Excellence Award. These award-winning restaurants demonstrate the highest standards of cuisine, décor, service and cleanliness.

The Top100 competition is open to all Chinese restaurants in the U.S. Participating restaurants include newly established restaurants, seasoned restaurants, chain restaurants and past awardwinners. A comprehensive list of all the winners can be found at http://www.top100chineserestaurants.com.

Top100 Awards – Judging Criteria Mystery Diner Evaluation (40 percent)

This real time anonymous assessment is done by About Face, a leading mystery dining service company. The mystery diner visits and evaluates each restaurant. The mystery diner's written report and scorecard are the main measures of success for the candidates.

Public Votes (20 percent) Votes can be submitted two ways:

1) Guests obtain ballots at the restaurant, vote, and turn them in. The restaurant then sends the ballots to Chinese Restaurant News.

2) Online – Guests log on the Top 100 website and cast their votes. Results will automatically be displayed.

Critiques and Diner Reviews (10 percent)

This segment will review the ratings on popular community forums Yelp.com and Chinesemenu.com.

Past Won Awards and Honors (20 percent)

Established restaurants can benefit from awards & honors.

Advisory Panel Evaluation (10 percent)

A panel of carefully selected food critics, journalists, Chinese Restaurant News editors, and other industry experts evaluate the restaurants' merits as a whole.

About Chinese Restaurant News

Chinese Restaurant News (www.c-r-n.com) was founded in 1995 to inform the Chinese speaking owners and operators of over 46,000 Chinese restaurants in the U.S. of industry news and trends. CRN is published by parent company, Smart Business Services, Inc., a global media company that represents the Chinese-American community and business people involved with U.S.-China trade. (www.s-b-s.net).

KNOB NOSTER R-VIII SCHOOL DISTRICT SCHOOL BUS ROUTES 2010-2011

August 18, 2010 The District will begin the school year with the bus routes covering the streets and county roads indicated. There may be changes later as the student population changes. Approximate pick-up times are for the first stop. A=First Run, B=Second Run C=Third Run WHITEMAN AFB TO KNOB NOSTER Attention - As more new housing opens throughout the school year new streets will be added Approx. Time First Pick-up Streets/Locations Covered Grades Bus Number Driver P. Buzzanga *9-12 4-A/Kangaroo 6:55 a.m. Femoyer, Metzger, Gott, Lawley, 909 Femoyer; Int. Metzger & Gott, Gott & Lawley, Mathies & Morgan; 914, Morgan, Mathies, Michael, Stops: 933 Morgan; Int. Michael & Truemper; 1300 Voster; 747, 782 Scott; Int. Truemper, Voster, Scott, Burge, Symington & Bullard, Blake-Libby-Symington, Symington & Law Bullard & Symington J. Clarence *6-8 16-A/Alligator 6:45 a.m. Int. Law & Symington, Libby & Symington; 734 Scott; Int. Bullard & Femoyer, Metzger, Gott, Morgan, Stops: Symington, Michael & Vosler, Truemper & Michael; 919, 907, 804 Morgan; Michael, Truemper, Voster, Law Int. Kelly & Gott, Femoyer & Skybolt, Femoyer & Metzger, Metzger & Gott; Manor, Symington, Libby, Scott, 1183 Gott; Lawley Bullard, Lawley *6-12 12-A/Shark K. Grotzinger 7:18 a.m Skybolt, Youth Center, Child DC, 942 Skybolt; 310 Houx; Youth Center; Child Development Center; Whiteman Whiteman Inn, TLF, Marshall, Stops Inn; TLF; 813 Marshall; Wright Wright *6-12 M. Akers 6:50 a.m Titan, Carswell, Travis, Westover, Int, Titan & Carswell, Travis & Carswell; 709, 758, 850, 826 Westover; Int, McConnell, Langlev Stops: McConnell & Schilling WHITEMA ELEMENTARY BUS ROUTES Approx. Time Bus Number Streets/Locations Covered Driver Grades First Pick-up *K-5 13-A/Penguin S. Cunningham 7:25 a.m. Kelly & Morgan; Morgan & Mathies (bottom of hill); Playground next to 914 Kelly, Morgan, Mathies, Morgan Stops: Morgan; 928 Morgan (top of hill); Morgan & Mathies Circle *K-5 13-B/Penguin S. Cunningham 7.45 a m Kelly & Femoyer; Femoyer & Metzger; Metzger & Gott; 1108 Gott; Gott & Kelly, Femoyer, Metzger, Gott Stops: Lawley; Lawley & Kelly; Kelly & Gott (crosswalk) Lawley *K-5 9-A/Panda K Woods 7.25 a m 701, 725, 755 Scott; Int. Bullard Manor/Symington Ave; Ints. Symington w/ Burge, Scott, Bullard, Ward, Law Stops: Law Manor, Chapman Ct, & Blake Ridge; Voster; Truemper; Michael; 914, Chapman, Blake, Libby, Voster, 919, 929 Skybolt Michael, Truemper, Skybolt *K-5 9-B/Panda K. Woods 7:45 a.m. 814 Marshall, Wright Marshall, Wright Stops

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SESSION 2 (SEPTEMBER 28 - OCTOBER 18, 2010) M-W English Comp I (EN1150) T-Th Humanities (HU2100)

SESSION 3 (OCTOBER 19 - NOVEMBER 8, 2010) M-W English Comp II

SESSION 3 (OCTOBER 19 - NOVEMBER 22, 2010) T-Th College Algebra (MA2050)

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Fall League Sign Ups ~ Stars & Strikes

The Warrior

Friday, Aug. 20, 2010

The bowling center is now accepting sign ups for the following fall leagues: Mondays Senior League-10:30 a.m., Tuesdays Men's League-7 p.m., Wednesdays Intramural League-5:30 p.m., Thursdays Ladies League-6 p.m., Saturday Morning Kid's League-9 a.m., and Sunday Nights Mixed League-6:30 p.m. Call 687-5114 for more information.

Couples Night ~ 4-7 p.m. ~ Royal Oaks

\$20 for military or \$30 civilian guest (woman/man). Price includes two green fees, a cart for nine holes, two hot dogs and two fountain drinks. A savings of 40%! A great price you just can't beat! Call 687-5572 for details.

SATURDAY 8/21

Family Bowling ~ Noon-4 p.m. ~ Stars & Strikes

Gather your family every Saturday for family bowling! One hour bowling, shoe rental, a large 1-topping pizza and a pitcher of soda, all for the low price of \$20. Up to six people per lane during Family Bowling please. Call 687-5114 for more details.

Tune Up 5 Game Sweeper \sim 1-5 p.m. \sim Stars & Strikes Maintain your mad bowling skills like a finely-tuned car! One game bowled on five pairs of lanes. Handicap is based on 80% of 200. Entry fee is \$20 per person. Cash prizes awarded. Enter early or by 1 p.m., August 21. For more information, please contact Stars & Strikes at 687-5114.

SUNDAY 8/22

Family Day \sim 2-7 p.m. \sim Royal Oaks Golf Course

Bring the family to the golf course every Sunday. Cost for military is \$30 or civilian guest \$45 for a family of four (two adults/two children). Price includes four green fees, two carts for nine holes, four hot dogs and four fountain drinks. A savings of 50%! Where can you go for two and half hours of entertainment with your family for this kind of price? Call 687-5572 for tee times.

MONDAY 8/23

Beat the Heat Specials \sim 10 a.m.-4 p.m. \sim Royal Oaks If you can stand the heat, we've got HOT deals for you Monday through Friday at your favorite golf course! Pro shop specials on all Page & Tuttle, Antiqua, selected Monterey and Nike items (excludes shoes, gloves, socks and caps). Half price on green fees and cart rental (9 or 18 holes). Call Royal Oaks at 687-5572 for more information.

Blue Plate Special \sim 11 a.m.-1 p.m. \sim Mission's End

Today's special: meatloaf, mashed potatoes, sauteed cabbage, salad and rolls. Just \$6 for members: \$8 nonmembers. For more information call 687-4422

WEDNESDAY 8/25

ATV Trail Riding Deadline ~ Outdoor Rec

Sign up by today for the Chadwick ATV Trail Riding trip scheduled August 28-29. Cost is \$115 per person. Space is limited to five. Call 687-5565 today!

Wednesday Color Pin Bowling \sim 9 a.m.-3 p.m. \sim Stars & **Strikes**

Enjoy the hot summer months indoors at Stars & Strikes! Strike with the color pin as the head pin to win a free game! Normal bowling rates apply.

Cook's Night Off \sim 4-7 p.m. \sim Mission's End

Home improvement?

Library Information System

Let us do the cooking for you! Each Wednesday you can call in your order to 687-4422 anytime before 3 p.m.; pick up between 4-7 p.m. It's that easy. A perfect meal that feeds a family of four! August's menu: beef enchiladas, black bean & corn veggie medley, Spanish salad and Sopapillas. Cost is \$15.95 for members; \$18.95 nonmembers.



biographies & history
science & current events

all will be covered in this overview as well as unique resources specifically geared toward home improvement and small engine repair.



Drug Resistance Health Helping Homework Help Hygiene

Cooking Conflict Resolution Leadership Creating Critical Thinking Measuring Serving Sharing Money Manag Diversity Team Where would YOU be without Youth Programs?

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687-5586

CFC #86668 Whiteman AFB Youth Center



Call 687-5590 for more information about FCC programs.



YOUTH & TEEN EVENTS **TODAY 8/20**

Youth Sports Physicals ~ Youth Center

Schedule your child's sports physical today! Children are not permitted to participate in practices or games until a current physical is on file. Be ready for Fall and Winter sports by scheduling your child's physical at the Youth Center. Call 687-3199 for more details.

Back-to-School Party ~ 6:30-9:30 p.m. ~ Youth Center

School is back in session! Preteens, ages 9-12, let's kick off the school year with some fun! Youth will take part in a variety of activities such as outside play, BINGO for back-to-school supplies, gym games, build your own sundae bar, lobby play, arts and crafts, and more! Cost is \$5 for members; \$6 nonmembers. Call 687-5586 for more information.

Start Smart Soccer Registration \sim Youth Center

Youth, ages 3-5, sign up at the Youth Center for Start Smart six weeks soccer program scheduled to begin September 1. Two sessions available; 5:15 p.m. or 6:15 p.m. Cost is \$25 without a kit or \$61 with a kit. Call 687-3199 today!

MONDAY 8/23

Piano Lessons Sign Ups \sim Youth Center

Youth, ages 6-18, the Youth Center is taking sign ups for piano lessons scheduled to begin September 8 at 5 p.m. Four, 30 minute lessons offered each month. Cost is \$50 for four lessons. Call 687-5586 to register today!

Shuttle to Football Game Sign Ups \sim Youth Center Teens, ages 13-18, sign up today to get a FREE ride to the Knob Noster Panther's first home game of the new school year! Game is scheduled for August 27; transportation departing at 6 p.m. Space is limited to 25 teens. Support your local team. Teens will need to bring money for admission and concessions. Call 687-5586 to sign up today!

Youth Fun Night Sign Ups \sim Youth Center

Youth, ages 6-12, today we begin taking sign ups for the Youth Fun Night scheduled August 27, 6:30-9:30 p.m. Youth will take part in closely supervised activities. Cost is \$8 for members; \$10 nonmembers. Call 687-5586 today.

Open Recreation \sim 3:15-6 p.m. \sim Youth Center

Youth, ages 9-18, are you looking for a place to hang out after school? Come to the Youth Center where you can choose from a wide range of activities and games. Cost is \$1 for members; \$2 nonmembers. Call the Youth Center at 687-5586 for more information

Dentokan Karate \sim 4-5 pm. \sim Youth Center

Classes are offered every Monday and Wednesday each month for youth ages 6-18. Cost is \$35 for members; \$45 nonmembers per month. Call 687-5586 to register.

TUESDAY 8/24

Torch Club Meeting ~ 4-5 p.m. ~ Youth Center

Preteen, ages 9-12, learn to work together to plan and implement activities in four areas: service to club and community, education, health and fitness and social recreation. Torch Club meets monthly throughout the school year. Club is limited to 12 youth who sign up. Cost is free. Call 687-5586 for details.

Keystone Club Meeting ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, meet to discuss leadership and community involvement. Keystone Club meets every Tuesday throughout the school year. Nonmembers are welcome to join! Call 687-5586 for info.

THURSDAY 8/26

Get SMART! \sim 6-8 p.m. \sim Youth Center

Teens, ages 13-18, join the Youth Center each Thursday to play games, hang out and learn that drugs are not the answer. Cost is free.



Sports and Leisure

Your Health. Your Choice. Ask for Bothwell.



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Did you know that if you need diagnostic testing, you can choose where you have it? Ask for Bothwell Diagnostic Center-



Winchester. Our skilled, professional staff has years of experience, with a commitment to care that consistently earns us the highest patient satisfaction ratings available.

It's your health, and your choice. Ask for Bothwell.



Out and About

Lieutenant's financial briefing

A lieutenant's first duty station financial brief is today from 8-9 a.m. at the Airman and Family Readiness Center. This briefing is mandatory for all lieutenants arriving to their first permanent duty station after training.

Right Start

The next Right Start briefing is scheduled for Aug. 24 from 7:30-11 a.m., at Mission's End. This briefing is mandatory for all military personnel arriving to Whiteman.

New arrivals must attend this briefing within 15 days of in-processing. Spouses are strongly encouraged to attend.

Smooth Move

A smooth move seminar for stateside PCS moves is scheduled for Aug. 25 from 8-10:30 a.m. at the Airman and Family Readiness Center. This seminar offers valuable information for those PCS'ing within the next six months. PCS orders are not required to attend this seminar but it is mandatory that active-duty members attend. Spouses are highly encouraged to attend. Reservations are required.

This Week at the Movies

Saturday Aug. 21, 2010 - 7 p.m.

Despicable Me

Steve Carell, Kristen Wiig In a happy suburban neighborhood surrounded by white picket fences with flowering rose bushes, sits a black house with a dead lawn. Unbeknownst to the neighbors, hidden beneath this home is a vast secret hideout. Surrounded by a small army of minions, we discover Gru, planning the biggest heist in the history of the world. He is going to steal the moon. Gru encounters the immense will of three little orphaned girls who look at him and see something that no one else has ever seen: a potential Dad. The world's greatest villain has just met his greatest challenge: three little girls. Rated PG (rude humor and mild action) 98 min

Sunday

Aug. 22, 2010 - 3 p.m.

Inception

Leonardo DiCaprio, Marion Cotillard Dom Cobb is a skilled thief, the absolute best in the dangerous art of extraction, stealing valuable secrets from deep within the subconscious during the dream state, when the mind is at its most vulnerable. Cobb's rare ability has made him a coveted player in this treacherous new world of corporate espionage, but it has also made him an international fugitive and cost him everything he has ever loved. Rated PG-13 (sequences of violence and action throughout) 98 min

Movie showings are featured at the Whiteman AFB Movie Theater. For more information, call (660) 687-5110



Sports and Leisure

This Week's Photo



Warrior Weekly **Caption Contest**

The Idea is simple. Each week, Whiteman Warrior readers will have a new photo that needs a caption. Readers of the Whiteman Warrior will then have a chance to submit their idea of the most fitting photo caption. The caption can be funny, cute, endearing, etc., as long as it is not disrespectful, profane or offensive.

Caption submissions for this week are due no later than noon on Wednesday, and should be sent to whiteman.warrior@whiteman.af.mil with "Caption Contest" in the subject line.

Readers can submit more than one caption.

When submitting captions, readers should include rank, first and last name, and unit with their entries. Civilian participants, please submit first and last name.

Last Week's Photo



Winner:"That's what he said, that's what she said, that's what he said!"

- TSgt Ronald Coleman, 509 BW/CP Runner-up: "Talk about 'passing the buck'." SrA Donna Dopson, 509 MDSS/SGST

YOUR CHOICI

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We would like to help welcome our U.S. military home.

At Bank of America, we offer a variety of affordable home loans designed to help qualified low-tomoderate income borrowers become homeowners - including members of our U.S. military. Qualified borrowers in the military may be able to use different types of pay in qualifying, such as base pay, flight or hazard pay, rations, clothing allowance, guarters' allowance and proficiency pay. Income paid to military reservists while they are fulfilling their reserve obligation is also acceptable.

Our affordable loan products and programs address a variety of financial situations, such as down payment assistance, nontraditional credit and nontraditional sources of income.¹ We also offer VAguaranteed loans that require zero down payment.

Bank of America is committed to supporting our U.S. military personnel with affordable mortgage products and programs. Call me today for more information.

Mike Rowen

Mortgage Loan Officer 660.646.2940 michael.rowen@bankofamerica.com http://mortgage.bankofamerica.com/michaelrowen



¹ Income and/or census tract requirements may apply. Homebuyer education may be required. Owner-occupied only. Maximum loan amounts may apply. Ask for details. Bank of America, N.A., Member FDIC 🖆 Equal Housing Lender © 2009 Bank of America Corporation. Credit and collateral are subject to approval. Terms and conditions apply. This is not a commitment to lend. Programs, rates, terms and conditions are subject to change without notice. AR72180 00-62-0284D 04-2009

Classifieds



FREE Classified Advertising in the Whiteman Warrior READ ALL RULES BEFORE PLACING AN AD

1. Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.

2. Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.

3. Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.

4. Only one free ad*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. *People who are PCSing may place more than one ad and sell the items at any price.

5. Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.6. Print legibly, and place punctuation and spaces where necessary. Use only one word per line.

7. Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.

8. Many offices on base are using old forms**. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at http://www.whiteman.af.mil and click on "Whiteman Warrior Classified Ad Form."

9. Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.

10. Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.

11. The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.

12. Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

Submitter's name & address: Please specify Military/Civil Service Rank: Circle number of weeks to run: 1 2 3 4 5 6 7 8		
I swear the above ad is true and correct, and I am the owner of the d	lescribed property.	
Signature Date For BW/PA only://///////		





Classifieds

