

SPIRIT



2004



"We fight
not to enslave,
but to set a country free,
and to make room
upon the earth
for honest men to live in."

-Thomas Paine, September 11, 1777

...228 years of freedom and counting...

Leaders send Independence Day messages to Air Force

By Dr. James Roche
Secretary of the Air Force
and Gen. John Jumper
Air Force Chief of Staff

WASHINGTON (AFP) — Happy birthday, America! For the last 228 years our nation has been the beacon for peace, freedom and opportunity around the world. America earned that reputation through courageous acts of patriotism by our founding fathers and through bravery on battlefields from Bunker Hill to Baghdad.

On Sunday, we'll celebrate with family and friends the joys of peace and the blessings of freedom. As you celebrate, please remember those who paid the ultimate price defending the values established by our forefathers in forging our great nation.

This Independence Day is especially meaningful as we support the rebirth of Iraqi sovereignty and defend freedom far from home.

Today, Airmen are deployed all over the world, engaged on all fronts in the Global War on Terrorism, carrying freedom's torch. Please remember our deployed Airmen in your thoughts and prayers on the 4th of July.

America looks to you as their representatives of pride, strength and perseverance in times of peace and war. We're proud of you and salute your great service. We wish you and your families a safe and happy 4th of July!



By Gen. Hal Hornburg
Air Combat Command Commander

LANGLEY AIR FORCE BASE, Va. (ACCNS) —

When our founding fathers adopted the Declaration of Independence 228 years ago, they sent an enduring message to the world — that all peoples, groups, races and nations have an unalienable right to live free from the yoke of tyranny and oppression.

Today, we pause to celebrate that bold step toward Liberty and, in the spirit of the holiday, should look to the symbolic birth of our great Nation as a source of hope and inspiration.

We should also pause for a moment to reflect on the sacrifices of our brothers- and sisters-in-arms who, from Valley Forge and Normandy to Afghanistan and Iraq, have fought and fallen in the name of freedom — not just for Americans, but for all people.

We will also honor you today and all the noble work you do here at home and abroad to further the cause of liberty for all mankind. Your willingness to sacrifice and your professionalism, patriotism and warrior spirit have never faltered. As President George W. Bush has said, you truly "...reflect the best of our Nation."

Cynthia joins me in sending our best wishes for a safe and joyous Independence Day.



By Lt. General Bruce Carlson
8th Air Force Commander

BARKSDALE AIR FORCE BASE, La. —

A few weeks ago we remembered the 60th anniversary of the D-day invasion. How fitting it is that we celebrate the birth of our country with the sacrifices of those Airmen, soldiers, sailors and Marines still fresh in our minds.

Let us not forget that our nation was forged by noble ideas, as well as violent battles. On this date, 228 years ago, members of the Continental Congress met on a sweltering July day in Philadelphia and made a courageous decision that changed the course of history — they adopted the Declaration of Independence.

Thomas Jefferson wrote the words that formed the soul of this great nation — declaring that all men are "endowed by their creator with certain unalienable rights, that among these are life, liberty and pursuit of happiness."

Founded on these principles, America has lived in freedom for more than two centuries and now stands as the flagship of democracy for the entire world. Other nations look to us as a beacon of hope and welcome the chance to taste the freedom and liberty that we cherish so dearly.

But that freedom has not come without sacrifice. Many before us have paid with their lives so we could enjoy those liberties. Many of the "Mighty Eighth" family are among those who championed democracy.



See 8TH AF, Page 4

Trust three essential components: leadership, training, equipment

By Maj. Andrew Lambert
509th Civil Engineer Squadron Deputy Commander

The first time I sent a large group of personnel out the door in support of Operation Enduring Freedom and Operation Iraqi Freedom, I heard words worth remembering.

At 2:30 a.m. on a foggy Thursday morning, we had some 60 personnel crammed into a small classroom — Airmen, spouses, supervisors, shirt and commander. Troops were wearing civilian clothes and the bravado that comes with deploying downrange to do their wartime job. Girlfriends and spouses wore tears and brave smiles.

As the commander, my heart was filled with pride and concern; pride for the patriotism and professionalism of my troops, and concern for their safety and welfare. As role call finished and last comments were passed along to the outbound Airmen, there was a moment in the stillness of the morning that called for just the right message of encouragement. That's when our first sergeant stepped up to the plate and hit a home run. He explained to our deploying troops, young and old alike, to remember three things when they were in the way of harm or found themselves in danger.

"Trust your leadership. Trust your training. Trust your equipment," he said.

These simple words sound so obvious, but deserve closer examination.

Trust your leadership. So often we question our leadership, but trust in a combat unit is critical and trusting your



Photo by Melissa Klinkner

Senior Airman James Faria, 509th Civil Engineer Squadron dons his chemical warfare gear.

leadership is absolutely paramount. My study of human behavior shows that there is a part of us that wants to question authority and, at times, rebel against it. I dare say one reason that happens is because if we had our way, we would like to know the rationale behind every decision.

Let's be honest — is that really practical inside of a military command and control structure? I know from practical experience that the best response is normally given to orders that come with an explanation and often that is the best way to operate when time and situation allow for it. However, I have also learned that the leadership that exists above us is charged with maintaining the proverbial "big picture."

In other words, they can see how all of the pieces of the puzzle fit together. That's why we must trust our leadership, even when our feelings and opinions scream the contrary.

If the combatant commander wants the Air Force to feint to the right so the Army can deliver a knock-out blow from the left, should we question that decision? Should we demand an explanation that would risk operational security? Of course not; we must trust the commander at all levels. "Trust your leadership" is a timely reminder for all of us as we serve our country in the military.

Trust your training. We are so familiar with new and recurring training that we often lose sight of just how important it is, yet your training may be the only guidance you have when suddenly faced with a crisis. The training you have to re-accomplish each year is the best example of instruction designed to ingrain a certain response — what we often call instinct.

Chemical warfare training is perhaps the most obvious example. We practice putting on our gas mask and hood in

See TRUST, Page 3

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For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.af.mil or write to us at:

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News in Brief

Commissary closed July 4

The commissary will be closed Sunday in observance of Independence Day. It reopens 8 a.m. July 6. For more details, call 687-5655.

Second Street closed

A section of 2nd Street is scheduled to be closed beginning July 12. The road will be closed due to construction.

The facilities effected will be the government vehicle gas station, 2nd Street parking in front of base supply, outdoor recreation and DRMO.

Through traffic will detour until the construction is complete and the roadway is reopened. For more details, call Gary Hall at 687-6281.

442nd Hogfest scheduled

A rummage sale will be held 7:30 a.m.- 2:30 p.m. July 9 at the Mission's End parking lot. Proceeds will go toward the "hogfest" awards banquet, which recognizes 442nd Maintenance Group members for outstanding performance.

Claims notice

Col. Chris Miller, 509th Bomb Wing commander, regretfully announces the death of Senior Airman John Brummett, 509th Maintenance Squadron. Anyone having claims against or indebtedness to Airman Brummett's estate should call 2nd Lt. Christian Paasch, 509th MXS summary courts officer, at 687-7462.

Volunteers needed

Approximately 150 volunteers are needed for the Special Olympics July 16-17. Volunteers will sponsor teams, officiate events, perform field maintenance, distribute water or cheer for and visit with the participants. To volunteer or for more details, call Greg Hauser at 687-5496.

Local AFSA members shine

By Senior Master Sgt. Morgan Spruill

Air Force Sergeants Association

Base members Senior Master Sgt. Mark Clark, Tech. Sgt. Jerry Waller and Airman 1st Class Cassandra Curtis brought home Air Force Sergeants Association Division Eight awards at the regional convention at Tinker Air Force Base, Okla.

The annual convention brings together members from six states to discuss issues vital to Air Force active duty, reserve, guard and retired enlisted members, and to select outstanding teammates in the membership recruiter, Senior NCO, NCO and First-Term Airman of the Year categories.

Sergeant Clark, 509th Civil Engineer Squadron first sergeant, won the AFSA Recruiter of the Year Award. He added 58 members to Whiteman's Chapter 881 rolls.

Here's what Sergeant Clark had to say, from his deployed location in Iraq: "Being named the AFSA Division 8 Recruiter of the Year is a tremendous honor to me. Recruiting new members is the absolute life-blood of the organization and adds to our political clout on capital hill," Sergeant Clark said from his deployed location. "The strength of our membership is what gives us an ear on the hill and is critical in securing quality-of-life improvements for the enlisted force. I think it is fitting that a bomb wing that leads the way in combat also leads the way in AFSA Division 8. Like the sign on the tower says — follow us."

Sergeant Waller, 509th Maintenance Group, captured NCO of the Year honors. Some of his accomplishments included directing four weapons uploads with 100 percent release rate, resulting in 64 bombs-on-target during Operation Iraqi Freedom. He also coordinated 72nd Test Evaluation Squadron

weapons software integration check outs on two combat aircraft allowing multiple target acquisition for smart bombs improving the B-2s strike capability.

Off duty Sergeant Waller raised \$1,000 for the Angel Tree Christmas gift program and judged a Junior ROTC drill competition.

Airman Curtis, 509th CES Readiness Flight, took home First Term Airman of the Year honors. Her year was highlighted by being a vital member of the radiological contamination control team during the December Air Combat Command Nuclear Surety Inspection, where she earned superior performer team honors.

She is the unit deployment manager for a 350-person squadron, a position typically held by a senior NCO. In this capacity, she successfully deployed more than 200 members to support Operations Enduring Freedom and Iraqi Freedom.

Off duty, Airman Curtis was the president of the largest booster club on base, driver-scheduler for the Airmen Against Drunk Driving Program and completed three college courses toward Community College of the Air Force degree.

"The AFSA Division Convention was a great time. It was a great honor to receive the First Term Airman of the Year Award," Airman Curtis said.

She said the honors were a surprise because most of the people she competed against were preparing to test for staff sergeant.

"When they called my name, my heart dropped. It took everything in me to walk up in front of everyone and receive the award. It felt great to call my supervisor and shop to tell them that I had won," she said.

The three now compete at the International AFSA convention Aug. 12-14 in Columbus, Ohio. For more details on AFSA, call Sergeant Waller at 687-1739, or Staff Sgt. Stacy Waller at 687-4100. Information is also available at <http://www.afsahq.org>.



Clothing policy revised SWA deployments

By Staff Sgt. Todd C. Lopez

379th Air Expeditionary Wing Public Affairs

SOUTHWEST ASIA (AFPN) —All Airmen deploying to the Central Command area of responsibility must now ensure the clothing they pack is in step with a recent dress and appearance policy revision now in effect.

The most significant change requires Airmen to wear either desert camouflage uniforms or physical training gear while on an Air Force installation in Southwest Asia, said Lt. Gen. Buck Buchanan, U.S. Central Command Air Forces commander.

When the Air Force physical training uniform is made available, it and DCUs will be the only authorized clothing for Airmen assigned to units in theater, unless they are specifically authorized to wear something else, the general said.

General Buchanan's new policy ensures the Airmen's attire portrays a positive military image and supports the area's force-protection posture.

"As a military community, we are increasingly taking on the role of U.S. ambassadors," General Buchanan wrote in the policy letter. "We must also ensure protection of our forces. Accordingly, I have reviewed proper order and discipline requirements and force-protection policies, in regards to dress and appearance, to ensure every possible step has been taken to portray a positive military image and to protect the personnel assigned to this command."

At Army installations in the region, the Army dress and appearance requirements, which parallel the new CENTAF policies, will be the standard for deployed Airmen.

Because the Air Force PT uniform is still in development, Airmen are authorized to wear civilian-style PT gear as long as it is conservative, professional and with only minimal and appropriate decoration. Shirts must

have sleeves and be predominantly a solid color. Shorts must reach to the mid or lower thigh and can not be made of spandex, the general said.

For duty-related tasks that require civilian clothing, for military travel in and out of the theater, and for locations where Airmen are authorized to leave the installation for cultural or recreational activities, they must wear conservative clothing. The policy defines "conservative" as sleeved shirts and dress pants or jeans, which fit properly and are a solid, dark color and are in good repair. Shoes should also be conservative and sturdy. Well-maintained sneakers or hiking boots are recommended while open-toed shoes, sandals and "flip-flops" are prohibited.

The policy gives installation commanders the leeway to authorize people to wear civilian clothing for specific official duties or visits, special activities and specialized PT such as swimming, weight lifting, basketball and volleyball. The clothing authorized in these instances will be conservative as defined and posted by installation commanders.

A new policy letter specifically states that Airmen deploying to the AOR should bring only a "minimum amount of civilian clothing," defined as no more than two dress outfits and/or two casual outfits, not including standard or specialized PT gear.

"How military members present themselves both on and off duty continues to be an important part of the effect our presence has at locations across the globe," General Buchanan said. "This policy ensures our Airmen's dress and appearance give the same professional impression that their tireless accomplishment of the mission does every day. And as importantly, the conservative, low profile it creates reinforces our force-protection goals and operations in the theater."

Airmen deploying can get more information or a copy of the policy letter at their local military personnel flight.

TRUST, cont. from Page 2

refresher training and during exercises over and over. Why? So that when the time comes, you can do it without thinking about it. If you ever need that mask, you better not fumble putting it on, right? Each of us has Air Force Specialty Code-specific training that we need for combat duties. That training will keep us focused and persistent in the face of unexpected circumstances or imminent danger.

In some cases, we are receiving just-in-time training before entering a combat zone, such as convoy training prior to going to Iraq with the Army. That is training we must trust, right there when the rubber meets the road!

Trust your equipment. In the U.S. Armed Forces we have the very best equipment money can buy. Yet once again we find familiarity breeds contempt. Because we are familiar with our equipment, we are quick to point out the shortfalls we see in it, whether real or perceived. Our ability to see a better way to do or design something leaves us with the impression that a piece of equipment is deficient in fulfilling its purpose. In reality, many of those suggested improvements are incorporated into the next generation of equipment as it is researched and tested for operational use. Meanwhile, the current generation of equipment which you and I use is field tested and proven through real world employment. The results are stunning when compared with any of our adversaries — we have absolutely the best equipment in the world.

If you take these three principles and add them together, the total is greater than the sum of its parts. Three simple, underlying concepts that we take for granted actually provide a firm foundation for dealing with the stress and uncertainty of military operations. Following the direction of our leadership, responding in accordance with our training and relying upon our equipment will provide a platform for military success.

Events on 4th of July at Skelton Park

Bring your own lawn chairs, blankets, food & snacks for your family. Beverages will be available. Music and games begin at 4 p.m. and fireworks begin at 9:30 p.m..

Other side events include: a fishing derby for children 12 and younger, starts at 8 a.m. at the base lake (sponsored in part by Speedway Chevrolet. *) and a golf tournament 8 a.m. at Royal Oaks Golf Course.

This space is reserved for

8th AF, cont. from Page 2

Now is the time to salute those brave patriots. This holiday is not just about barbecues, flags or fireworks; it's also about remembering those who gave of themselves so we can live in a free society. It's about recommitting ourselves to the values of our country's forefathers and the spirit of our great nation.

Each generation has a responsibility to remember and to carry the torch of freedom to the next generation. Today, members of the "Mighty Eighth" are working together for the cause of freedom, both at home stations and on deployments across the globe. Your nation owes you its gratitude and unwavering support. Freedom does come with a price, and it is evident by your actions that you have paid that price in defending our nation's liberty and independence.

Former President Ronald Reagan said it this way, "It is up to us...to work together for progress and humanity so that our grandchildren, when they look back at us, can truly say that we not only preserved the flame of freedom, but cast its warmth and light further than those who came before us."

So on this most American of holidays, let us not only celebrate the liberty we enjoy as Americans, let us also celebrate those who defend them. May we always remember the heroes who have gone before and the heroes who still stand watch today. I thank you and your families for your outstanding service in defense of America's freedom.

God bless our great nation!

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Remember fireworks safety

By 1st Lt. Dustin Hart

Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. (AFPN) — While they may not be powerful enough to take out enemy aircraft, fireworks must be treated with the same amount of respect as military weapons, said Air Mobility Command safety officials here.

According to the U.S. Consumer Product and Safety Commission, fireworks were involved in four deaths and an estimated 8,800 injuries in 2002.

Air Force officials want to make sure their people don't become part of those statistics.

The Air Force prohibits airmen and their families from using fireworks on base, with the exception of sparklers. Base fireworks shows are contracted out to professional pyrotechnic teams.

Air Force officials have also emphasized educating people on fireworks safety.

"Safety education teaches people to use fireworks correctly," said Tech. Sgt. John Foreman, superintendent of AMC weapon safety. "When people start doing fancy things with fireworks, that's when they get hurt."

While all fireworks can cause injuries or damage when handled improperly, bottle rockets, Roman candles and firecrackers remain some of the most dangerous, Foreman said.

"These fireworks have the potential to spread fire and a lot of damage to a wide area," said Harold Lasell, chief of weapon safety for AMC. According to the U.S. Eye Injury Registry, bottle rockets caused almost 70 percent of all fireworks-related eye injuries.

Roman candles and firecrackers are comparable to military aircraft flares and small-arms ammunition, Lasell said.

Knowing the surrounding area and having adult supervision are the two most important things to keep in mind when using these or any fireworks, Foreman said.

He warned to never let children use fireworks, including sparklers, without direct adult supervision.

Children younger than 15 accounted for approximately half of all fireworks-related injuries last year, according to the commission.

Also, Foreman said checking for combustible materials around the area where the fireworks will be used prevents the possibility of secondary fires.

He said people should never use fireworks while consuming alcohol.

"When you mix fireworks with alcohol consumption, you're going to have problems, and somebody is going to get injured," said Foreman.

Wearing appropriate clothing is also important when using fireworks.

"When you use fireworks, you are going to have sparks and fire," Foreman said. "Wearing long-sleeved clothing and protective eyewear can protect you from being burned. But avoid wearing 100-percent nylon or rayon because they are 100-percent combustible. A spark will cause (nylon or rayon) to catch on fire, and it will melt to your skin, causing worse burns."

It's a federal law for fireworks to have safety requirements on the label, Lasell said. He advised fireworks users to read each label carefully. If there is no label, he said the fireworks are most likely illegal and should not be purchased or used.

"Before setting off fireworks, do a risk assessment," Foreman said. "Operational risk management is not just for while you are at work. It applies 24 hours a day, seven days a week."

Firework FAQs

Can I use fireworks on base? At Whiteman: Fireworks use on the base isn't allowed without the approval of the fire chief, 509th Mission Support Group commander and 509th Bomb Wing Safety Office. People should check local city and county ordinances before use off base.

Where can I purchase and use fireworks? In Knob Noster, Sedalia or Warrensburg: Fireworks can't be sold, bought or used, to include sparklers, within the city limits.

Within Johnson County, Mo.: Fireworks can be sold, bought and used.

CE troops help boost morale

509ers use innovation, initiative, elbow-grease to improve quality of life at deployed location

By Master Sgt. Andrew Gates

455th Expeditionary Operations Group Public Affairs

BAGRAM AIR BASE, Afghanistan — Innovation and initiative by 455th Expeditionary Operations Group Airmen upgraded a temporary living area into a cheery, hospitable cyber cafe'.

"Our new cafe' projects a welcoming feeling," said Staff Sgt. Tina Ross, 455th Expeditionary Mission Support Squadron services representative, one of the driving forces behind the new Air Force recreation area at Bagram. "It's a place that people will want to use a lot."

Previously, the morale computers and phones for e-mail and phone calls home were in the basement of a Soviet-built air traffic control tower on Camp Cunningham, the Air Force "home" at Bagram.

"It was gloomy, dark and smelled pretty bad," Sergeant Ross said of the previous location, set behind a Cold War-era heavy airlock door. "It wasn't very nice — and people didn't use it much, except to use the computers and phones."

The new cafe' should see more use. Two weeks ago, the building was a billeting area for transiting Airmen. After removing the beds, Sergeant Ross contacted civil engineers to start the renovation process. That's where Staff Sgt. Robert Fleming and Airman 1st Class Jason Saari, 455th EMSS civil engineers, came in.

Sergeant Fleming and Airman Saari are deployed from Whiteman Air Force Base.

"Once I got CE in the picture, we discussed floor plans and exchanged ideas. I told Sergeant Fleming

and Airman Saari what I wanted and they helped me figure out what was possible. Once we determined the layout, the two of them went to work," Sergeant Ross said.

"She told us what she needed and we ran with it," Airman Saari said. "We came up with our design and expanded on that."

Sergeant Fleming said it started out as a small project.

"But once we realized the cafe' was going to be helping people at Bagram for a long time, we decided to add some elements to make it comfortable — we knew that there would be a huge morale boost if we could make it nice. Once we got started, we kept getting new ideas to improve it," Sergeant Fleming said.

Space in the new 40-by-20-foot structure is at a premium, so much of the new cafe' was designed to save that valuable commodity. For instance, the crew built bookshelves into the walls instead of building independent shelves. Another space-saving technique helped put in more computers — the cyber part of the cyber cafe'.

The Whiteman duo built the computer desks with slide-in keyboard holders, saving about 10 inches on each computer with that particular design.

Extra space means extra machines — four more machines, in fact. Since about 150 people use the computers daily, adding four more machines means people wanting to use those machines won't wait as long.

"At times, we had people waiting 15-40 minutes

See *CAFE'*, Page 8



Photo by Master Sgt. Andrew Gates

Tech. Sgt. Robert Fleming recently helped build a cyber cafe' at Bagram Air Base, Afghanistan. Sergeant Fleming is a member the 509th Civil Engineer Squadron deployed with the 445th Expeditionary Mission Support Squadron.

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Whiteman welcomes new squadron commanders

Name: Lt. Col. Steven Basham
Squadron: 393rd Bomb Squadron
Date assumed command: June 2
Previous assignment: 325th Bomb Squadron director of operations
Time in service: 16 years
Commissioning source: Officer Training School

Family: Wife, Angie, and daughters, Sarah and Lauren.

Hobbies: Sailing

Why is the squadron important to the Air Force mission: The squadron is designed as a cohesive unit focused on a particular aspect of an even broader mission. Therefore, the squadron fulfills its part of the broader mission of the wing, which has a responsibility to support the Air Force's many diverse missions. The focus of the 393rd BS is to prepare aviators to accomplish any B-2 tasking — in and out of combat — the 509th Bomb Wing may receive, as well as support the enormous requirements of the Expeditionary Air Force in any way possible.

Command philosophy: First, take care of your people and provide them the tools required to accomplish the mission.

Second, look for ways to foster teamwork external as well as internal to the organization. We achieve much more working as a team, and use our resources more efficiently when we are focused on a winning solution for all rather than for the individual.



Photos by Staff Sgt. Tia Schroeder

Finally, accept personal responsibility for decisions and actions in all that we do. Learn from your mistakes but don't dwell on the past; move on.

Goals for new position: Continue the heritage of excellence established to date by the 393rd BS.

Push individuals to achieve their fullest potential and recognize them for the effort.

Foster teamwork within the group, wing and beyond.

Set the standard for excellence, integrity and service.

Keep focused on training aviators while taking care of our precious B-2 fleet.

Be ready when the knock comes at our door.

Be found worthy of serving in the United States Armed Forces.

Name: Lt. Col. Charles Douglass
Squadron: 509th Security Forces Squadron

Date assumed command: June 11

Previous assignment: Plans and policy J5/Joint Chiefs of Staff, Pentagon

Time in service: 17 years

Commissioning source: Air Force ROTC

Family: Wife, Annette.

Hobbies: Golf and Fishing.

Why is the squadron important to the Air Force mission: The 509th SFS protects the only B-2 fleet in the world.



Name: Capt. Danielle Taylor
Squadron: 509th Services Squadron
Date assumed command: June 15
Previous assignment: Combat Support Flight Commander, 55th SVS Offutt Air Force Base, Neb.

Time in service: 10 years

Commissioning source: Officer Training School

Family: Husband, Jason, and son, Gabriel.

Hobbies: Scrapbooking and Reading.

Why is the squadron important to the Air Force mission: Services contributes to the readiness of the wing and improves productivity by offering programs that promote fitness, esprit de corps, and quality of life. We offer deployed Airmen a little bit of home and care for their families at home so they can concentrate on the mission.

Command philosophy: People, Training, Programs, Customer Service. You can't lead from behind a desk. We must take care of our people, offer them the training they need to get the job done and be prepared to deploy, and offer a variety of programs and provide great customer service in our facilities.



Goals for new position: To ensure everyone has the training, resources and support to be effective.

Promote fitness, a healthy lifestyle, teamwork, personal and professional growth. To institutionalize safety in all we do; at work, when TDY and at home.

Recognize our personnel, activities, and flights to include Innkeeper, Hennessy, Eubank, squadron, group, wing and MAJCOM level awards.

Offer at a couple of new programs each year that will reach different segments of our customers.

See the July 9 issue of the *Whiteman Spirit* for more change of commands.



Photo by Master Sgt. Andrew Gates

Airman 1st Class Jason Saari helped build a cyber cafe' at Bagram Air Base, Afghanistan. He is a member the 509th Civil Engineer Squadron deployed with the 445th Expeditionary Mission Support Squadron.

CAFE', cont. from Page 5

for a computer, especially in the morning," Sergeant Ross said. "Now, we anticipate much less waiting time."

Saving space wasn't the only concern for the cyber cafe' team. The team built enclosed phone booths to give people some privacy when they call home, Sergeant Ross said. "That's a big plus."

The civil engineers agree.

"You can call home and talk about your children or finances without worrying if the whole base will find out about it," Sergeant Fleming said.

He said many people pulled together to make this project a success. Engineering assistants cut wood and hung deck board, among other tasks, Sergeant Fleming said. A team of civil engineers installed the electrical wiring.

"We couldn't have done it without the help of all our volunteers," Sergeant Ross said. "We had a lot of help from civil engineers, communications and our third-country national escorts as well."

Knowing the project would bring a lot of happiness to the people deployed to Bagram Air Base was only part of the enjoyment workers got from the cyber cafe'. "I really looked forward to working on it," Airman Saari said. "It was a lot of fun. I was sort of sad the project came to an end. It was great to get an opportunity to be creative. This was a blast."

Clip and Save:

When the weather turns bad, listen to these stations for emergency information.

Kansas City TV

KMBC Channel 9
(ABC)
KSHB Channel 41
(NBC)
WDAF Channel 4
(FOX)

Kansas City Radio

KBEQ (104.3 FM)
KFKF (94.1 FM)
KPRS (103.3 FM)
WDAF (106.5 FM)
KMBZ (980 AM)
KDUL (98.1 FM)

Warrensburg Radio

KOKO (1450 AM)
KCMW (90.9 FM)
KXKX (105.7 FM)
KWKJ (98.5 FM)

Clinton Radio

KLRQ (96.1 FM)
KDKD (1280 AM/
95.3 FM)

Sedalia Radio

KDRO (1490 AM)
KSYS (1050 AM)
KSDL (92.1 FM)

This space is reserved for advertisements

Multi-faceted mathematics man 509er attains goals, earns AECP scholarship



Photo by Master Sgt. Michael Nixon

Tech. Sgt. Reginald Chandler, 509th Communications Squadron, makes a modification to the Airport Surveillance Radar's antenna.

Continuing the LEGACY

By Melissa Klinkner
Public Affairs

Another goal is accomplished on the way to making a dream into reality for one of Whiteman's troops.

Tech. Sgt. Reginald Chandler is one of two Whiteman team members who received the Airmen Education and Commissioning Program scholarship for ROTC — the most competitive scholarship in the military.

During the fourth grade, Sergeant Chandler set a goal of having the opportunity to be in a classroom setting for the rest of his life — passing his love of math along to others. As smaller steps and goals get accomplished, he said his dream is coming true with the support of great commanders, a tight-knit base community, and a loving wife and two children.

After graduating from high school at 17, Sergeant Chandler didn't have the funds to go to an accredited college and get the education he'd always desired. While some would be discouraged, or even give up, Sergeant Chandler stuck by his dream. He began researching more affordable trade schools, but knowing that a trade school wouldn't give him the finest schooling, he said his mother encouraged him in his decision to hold out for the best.

The 509th Communications Squadron member spent his days researching scholarships, grants and jobs that would assist in college funding in an effort to find the best route to get a degree. On one such day, in a chance encounter, he heard an eloquent speech by an Army recruiter.

Although he turned the recruiter down, Sergeant Chandler learned the military could help fund schooling. Shortly after this encounter, he discovered his cousin was joining the Air Force and decided to find out for himself what the Air Force had to offer regarding education. When he learned about the benefits and that it would also provide him with a secure job, Sergeant Chandler decided to join the Air Force.

"I definitely love my country, so let's give it a shot," he said.

Sergeant Chandler has faithfully served this country for almost 12 years working in radar maintenance and more recently, as a maintenance support evaluator. During this

time he has earned two associate's degrees; science and applied science in electronic systems technology, yet has held out for the opportunity to earn a degree in math.

Now, after a long and tedious application process, Sergeant Chandler's selection for the AECP scholarship is making his lifelong dream come true. He said he looks forward to the opportunity to finally study his favorite subject and says he has the next 30 years or so "all paved out" in his mind.

"As soon as I finish my math degree, I'm going to put in to become a scientist in the Air Force," he said. "I plan on doing that for a few years just to get some experience and then I'm going to apply for the Air Force Institute of Technology. I would love to get my master's (degree) and PhD in math and either teach at AFIT or the Air Force Academy for the rest of my career as an officer."

One might wonder how Sergeant Chandler has gotten so far and how he plans to accomplish all that he wants to.

"The bottom line is to set a goal and surround yourself with great support, then finish the race," Sergeant Chandler said.

He said he has definitely had support through the military and at home which, for this soon-to-be officer, is where the heart is.

"I know that one day the military — my career — will end. It's always good to have a nice foundation with your family so, when it does end, you're still enjoying each other, not just asking where you've been all these years," he said.

Sergeant Chandler said he ensures that he puts his family first in all he does; whether that's including them in unit activities, or going home everyday during his lunch break to relieve his wife of their two children for a little while and let them know that it will only be a few more hours till "Daddy" is home.

When Sergeant Chandler isn't at home or work, he's serving at the Charity Christian Center Church in Knob Noster. The church has been an important part of his life, supporting him in all of his dreams. "It's a really wonderful church — they've been like a second family," he said. "They have encouraged me as I've learned to never give up on my goals, because no matter the obstacle, all things are possible through Christ."

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Whiteman Spirit Award



Staff Sgt. Benjamin Buchholz

509th Communications Squadron

Staff Sgt. Benjamin Buchholz, 509th Communications Squadron radar maintenance NCO in charge, received the Whiteman Spirit Award from Col. Matt Erichsen, 509th Bomb Wing vice commander, June 21.

Capt. Cory Hummel, 509th Operations Support Squadron flight commander, nominated Sergeant Buchholz for the award for going above and beyond his primary duty. Sergeant Buchholz identified a critical planning and hardware flaw while setting up communication for the new doppler weather radar install at the base weather station on April 6.

"He seized the initiative by coordinating and troubleshooting the problems with the dedicated communication circuit that feeds data to the Whiteman radar terminal from the National Weather Service office in Pleasant Hill, Mo.," Captain Hummel said.

Sergeant Buchholz's worked with the 509th CS and the National Weather Service, to get the radar installed on schedule.

"Sergeant Buchholz mitigated any mission impacts the weather flight might have had since thunderstorms occurred a few days later," Captain Hummel said.

Personally Speaking

Duty title: Radar maintenance NCO in charge

Time on station: 11 Months

Time in service: 7 Years

Hometown: Kansas City, Mo.

Hobbies: Camping, fishing and hiking.

Goals: Earning a degree in electrical engineering degree.

Best thing about Whiteman: The people.

What motivates your winning spirit? My troops.

If you could change one thing at Whiteman, what would it be? Having the shoppette open 24 hours.

Did you know you can fill out a Department of Defense Form 2266, Hometown News Release, for a variety of accomplishments? For more details, call Master Sgt. Dee Ann Poole at 687-6125.

CTL, cont. from Page 9

Sergeant Chandler also regularly volunteers at the veteran's home in Warrensburg, mentors at the elementary school on base and was involved in a play for Black History Month.

"Sergeant Chandler definitely makes a great impression on everyone he touches," said Capt. Jerry Brandau, Sergeant Chandler's flight commander.

His former squadron commander, Lt. Col. Clayton Perce, agreed when he said, "Like many of our Whiteman Team members, Sergeant Chandler is a multi-faceted troop with much to offer to the Air Force and all that he comes in contact with."

Crossing the line...the finish line



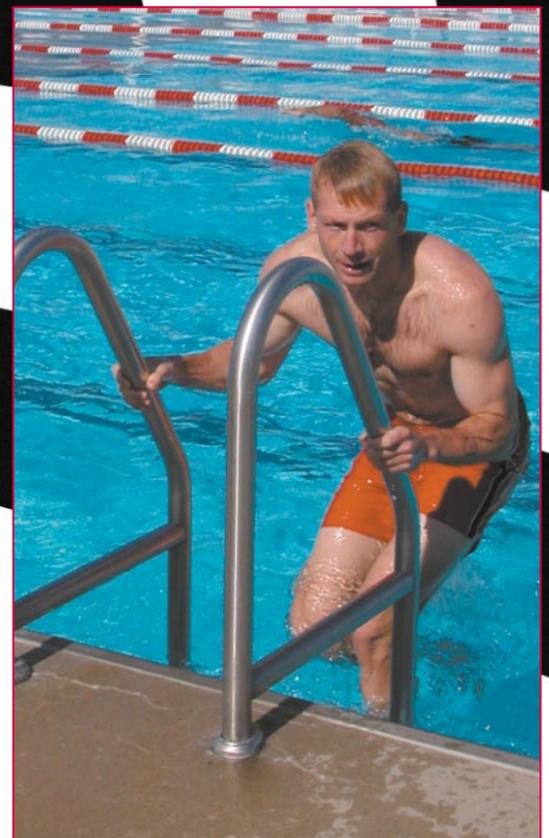
Triathlon participants began the event with a 475 meter swim. To avoid lane collision, participants staggered their start times every 15 seconds.



Staff Sgt. Andy Chocha, 509th Aircraft Maintenance Squadron, bikes the second portion of the triathlon. Sergeant Chocha was a member of the "Moore, Chocha and Moore" team. Team participants also included Master Sgt. Jeff Moore, 509th AMXS, and his daughter, Jessica Moore.

Triathlon training tips

- ✓ **Check with a physician before beginning your training.** Determining your present fitness level can help you personalize your workouts and diet needs.
- ✓ **Don't rush your training.** Your body will need time to adjust to the routines and exercises. The better you prepare the more chance you have completing the triathlon safely.
- ✓ **Consider your proficiency in each of the events — swimming, biking and running.** If you are uncomfortable with one of the events, spend more time practicing that activity to build your proficiency. It's natural to have a strong suit in one of the events. The challenge is balancing out your ability.
- ✓ **Examine how much time you have during the week to train and plan for it.** Maximize your workout time. You can adjust your eating schedule so hunger will not tempt you to postpone or skip a workout session.
- ✓ **Factor in warm up, cool down and stretching time.** This is crucial to keep your muscles ready to exercise and help you avoid injury.
- ✓ **Invest in the right equipment.** Comfortable running shoes, goggles with a good foam seal for the swim, and a properly maintained bike are essential to you completing the events safely.
- ✓ **Maintain your fitness with proper hydration, rest and diet.** A triathlon is a physically draining event. While training, and leading up to the event, diet and hydration is essential to maintaining your energy levels.
- ✓ **Stay Motivated.** Talk to other athletes, find a workout partner and have fun.



Capt. Mike Wittrock, 393rd Bomb Squadron, finishes the swimming portion of the triathlon.



First place Female division



Second place Female division



First place Male division



Second place Male division



Third place Male division



1st Lt. Patrick Kolesiak
509th Civil Engineer Squadron



Over 40 division

Master Sgt. Pedro Canabal
509th Bomb Wing

Team Competition

"Moore, Chocha and Moore"

Army 1st Lt. Bryan Koyles, 1-135th Attack Battalion, runs toward the finish line. The triathlon included a 475 meter swim, 10 kilometer bike and 5 kilometer run. Each event began and ended by the base pool. After swimming, participants headed to the bike rack to dry off and prepare for their ride. When they completed the bike portion, participants ran the final leg of the triathlon. There were 24 participants in Whiteman's third annual triathlon.

Photos by 2nd Lt. Mary Olsen

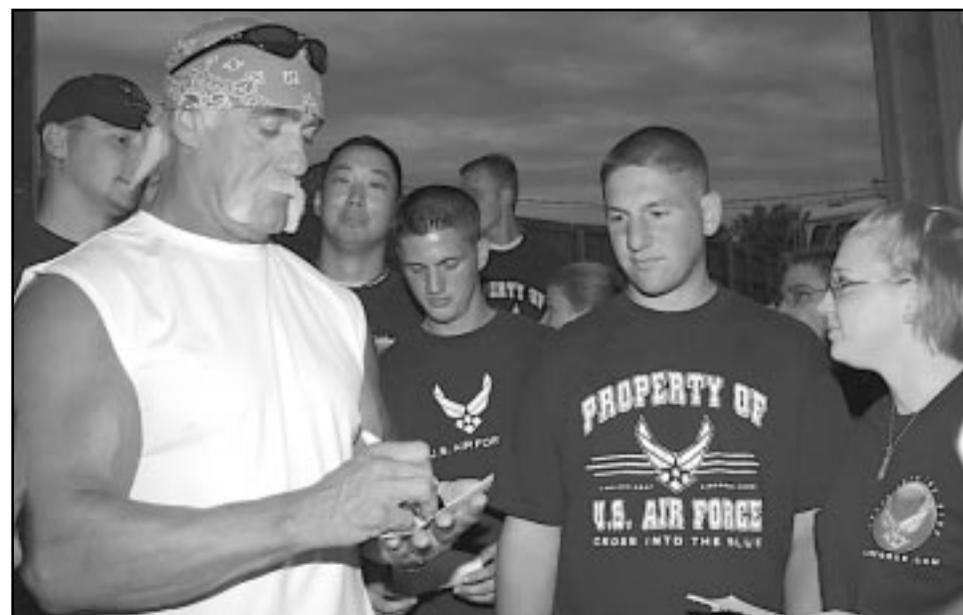
Base members honored at concert event



Brooke Bollea, daughter of wrestler Hulk Hogan, belts out the national anthem during the Red, White and Boom concert Saturday at an outdoor amphitheater in Bonner Springs, Kan. Whiteman

Honor Guard members Senior Airman Noah Bolton, and Airmen 1st Class Aaron Thornton, Brian Banach and Rachel Hoyt present the colors as other base members pay tribute to the flag.

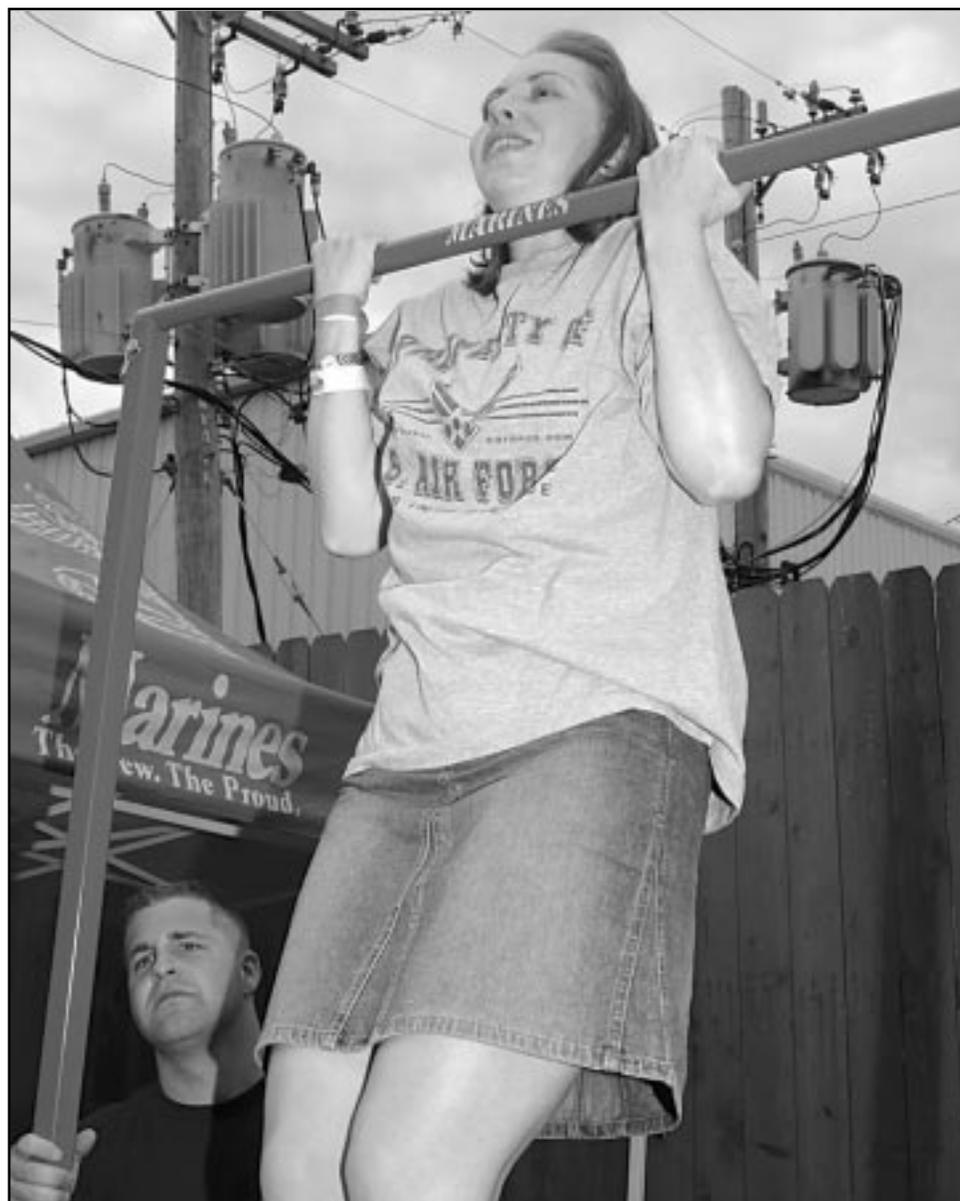
Kansas City radio station Mix 93.3 FM gave base members free tickets to attend the concert and honored all military members who attended the event.



Professional wrestler Hulk Hogan signs an autograph for Senior Airman David Winchell (in Property of U.S. Air Force T-shirt), 509th Services Squadron, as Senior Airman Kendra Huber, 509th Mission Support Squadron, and other base members wait for Mr. Hogan's signature. While backstage, Mr. Hogan also posed for photographs and thanked each person for serving the Air Force.



Air Force recruiters Tech. Sgt. Rick McKenna gives information to a concert goer, while Tech. Sgt. Jason Overbaugh talks to others. The sergeants handed out numerous Air Force items to people who stopped by the booth.



Photos by Staff Sgt. Tia Schroeder

Staff Sgt. Francesca Popp, 509th Bomb Wing, tackles the flexed-arm hang at the Marine Corps recruiting booth during the Red, White and Boom concert. Marine recruiter Sgt. Jason Enfield from Camp Lejeune, N.C., spots Sergeant Popp.

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Photo by Melissa Klinkner

Vacation Bible school

Cathy McCreary, wife of Major James McCreary, 509th Mission Support Group, helps children clean up after having made play-doh during the chapel-sponsored Vacation Bible School. Approximately 180 children ages five through 12 attended the week-long event. The VBS took place as a means of outreach to the community through the base chapel.

PUBLIC NOTICE

The Joint Commission on Accreditation of Healthcare Organizations will conduct and accreditation survey of

509th Medical Group on 12 July — 16 July 2004

The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which, accreditation should be awarded the organization.

Joint Commission standards deal with organization quality and safety-of-care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representatives at the time of the survey. Information presented at the interview must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to

**Division of Accreditation Operations
Office of Quality Monitoring
Joint Commission on Accreditation of Healthcare Organizations
One Renaissance Boulevard
Oakbrook Terrace, IL 60181**

**Or
Faxed to 630/792-5636**

**Or
E-mailed to complaint@jcaho.org**

The Joint Commission's Office of Quality Monitoring will acknowledge in writing or by telephone requests received 10 days before the survey begins. An Account Representative will contact the individual requesting the public information interview prior to the survey, indicating the location, date, and time of the interview and the name of the surveyor who will conduct the interview.

This notice is posted in accordance with the Joint Commission's requirements and may not be removed before the survey is complete.

Date Posted: 25 June 2004

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What's happening

Community

Volunteers needed

The Hispanic-American Heritage Month committee seeks volunteers to help with programs, exhibits and other activities. Hispanic-American Heritage Month is celebrated Sept. 15-Oct. 15. For more details, call Master Sgt. Pedro Canabal, Tech. Sgt. Gina Anderson or Staff Sgt. Kenneethia Kennard at 687-5712 or 687-5742.

Motorcycle ride set Saturday

A motorcycle fun ride begins 8 a.m. Saturday at the base exchange parking lot. Participants will ride to Kearney, Mo., near Smithville Lake. For more details, call Dennis Mr. Smith at 687-1901 or e-mail him at dennis.smith@whiteman.af.mil.

Family Support

Call 687-7132 for details on these events or other family support center activities. Events take place at the FSC.

Thrift Shop closes

The Thrift Shop is closed for business in July. It re-opens at 10 a.m. Aug. 3. The Thrift Shop is open 10 a.m.-2 p.m. Tuesdays and Fridays. For more details, call 563-3910.

TAP helps people leave military

A three-day transition assistance program for people separating or retiring from the military begins at 8 a.m. Tuesday. Attendees will learn basic resume writing skills, interviewing skills, salary negotiation, and receive information on education and Veterans Administration benefits. Reservations are required.

WIC representative visits base

A WIC representative is available

beginning at 8:30 a.m. Tuesday and Thursday. WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs. For more details, call the WIC office in Warrensburg at 747-2012.

Sponsor training set

A class to learn about being an effective sponsor begins at 1 p.m. Monday.

Workshop to write resumes

A hands-on workshop that helps people through the resume writing process begins at 8:15 a.m. Wednesday. Reservations are required.

Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend. This briefing covers information about preparing for deployment and programs available to family members who are left behind.

Class helps with move

A mandatory smooth move seminar for people planning to move overseas in the near future begins at 1 p.m. Thursday. Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources. Permanent-change-of-station orders are not necessary. Spouses are encouraged to attend. Reservations are required.

Special needs meeting set

A forum for parents, teachers and others who care for special needs children begins at 6:30 p.m. Thursday in the Whiteman Elementary School library. Learn about the support and community services available and meet others who understand the challenges facing special needs families. Free child care will be provided. Call Jeanette Bachmann at 563-3303 to R.S.V.P. for child care.

2nd annual

AIRMEN'S SUMMER BASH!!!

5-9 p.m. July 16 *in the down common area!!*

* **FREE FOOD**
* **FREE BEVERAGES**
* **LIVE ENTERTAINMENT**

Special Guest
DJ KIRBY
MIX 93.3

Prizes and giveaways!!!
Don't miss out!!!



America's Air Force
**Cross into
the Blue**



This basketball all-star has the "Wright" idea

By 2nd Lt. Mary Olsen
Public Affairs

As a second year veteran on the All-Air Force Basketball team, Capt. Tyron Wright demonstrated impressive skills in the 2004 Men's Armed Forces Basketball Championships at Charleston Air Force Base, S.C. May 26 - 31.

The All-Air Force team ranked second in the tournament and Captain Wright's overall performance achieved all-star status. Playing guard, he averaged 16.3 points, five rebounds, 2.5 assists and 2.7 steals per game in the tournament. The 509th Communications Squadron member made 56 percent of his field goal attempts and hit 79 percent of his free throws.

"It's always my personal goal to play as hard and as well as I can, but I could not have done it alone," he said. "I had some great teammates that helped me on the court, and a great wife that helped me on and off the court."

Captain Wright's recent performance awarded him the chance to be the only Air Force player selected for the U.S. All-Armed Forces Tournament team.

"There are only 12 people on this team and being selected means that you have been chosen to represent your country to the rest of the world," he said.

Captain Wright played on the All-Armed Forces Tournament team last year in Catania, Italy.

"I realized that when everyone looked at us, they saw Americans rather than Captain Tyron Wright from Whiteman Air Force Base," he said.

Captain Wright said he took this honor as more than just a chance to play a game.

"As servicemen and women, we are looked upon as representatives and protectors of peace, justice and democracy," he said. "Though we are playing a game, we wear those ideals and beliefs on our backs everywhere we go."

Colonel Brooks Bash, 437th Airlift Wing commander, presented Captain Wright with a plaque on May 31 for making the All-Armed Forces Tournament team, then sur-



Courtesy Photo

Col. Brooks Bash, 437th Airlift Wing commander, pins insignia on Capt. Tyron Wright, 509th Communications Squadron.

prised him by pinning on his Captain insignia.

"I was completely surprised when it happened," he said. "May 31 was my date of rank for Captain, but I wasn't really expecting it."

Although he will not be able to attend the All-Armed Forces tournament this year in Zagreb, Croatia, Captain Wright says he has been honored to serve on the All-Air Force team for two years in a row.

"It would not have been possible (to play on the team) without a supportive flight and squadron leadership," he said.

WAFB men's varsity soccer tryouts set

Whiteman Air Force Base men's varsity soccer Team tryouts will be conducted at Ike Skelton Park (Base Lake Soccer Field) and 22 individuals will be selected to represent Whiteman at the 2004 Show-Me State Games in Columbia, Mo. Listed are the dates and times of tryouts:

July 9.....	5-6:30 p.m.
July 10.....	9-11 a.m.
	3-4 p.m.
July 11.....	9-10:30 a.m.

Skateboard camp

Who? Kids, age 10-16

When? July 6-10
9 a.m.-1 p.m.

Where? Whiteman skateboard park (near the pool)

Cost? \$10 for members, \$15 for non-members

How? Sign up at the teen center or youth center

Note Participants must have a skate park safety sticker or attend a safety training at 1 p.m. on July 1 at the skate park.



Photo by Senior Airman Nick Martin

More than 300 members of the 509th Bomb Wing participated in the Warrior Run held from 7:30 to 9 a.m., June 25 on the runway. Runners chose to complete one of three distances — 1.5 miles, 2 miles or 5 kilometers. Water, Gatorade and oranges were provided by the 509th Services Squadron.

Attention Sports Fans

- Do you read the sports page?

- Do you own a digital camera?

- Do you, or does someone you know play a sport you'd like to see in the base paper?



You can submit photos to the Whiteman Spirit.

For more details, call 687-6133

or E-mail whiteman.spirit@whiteman.af.mil



Services page editor.....Stacey Schindler
509th Services Squadron.....687-4386
*No federal endorsement of mentioned sponsors intended.

Events on 4th of July at Skelton Park

Bring your own lawn chairs, blankets, food & snacks for your family. Beverages will be available. Music and games begin at 4 p.m. and fireworks begin at 9:30 p.m..

Other side events include: a fishing derby for children 12 and younger, starts at 8 a.m. at the base lake (sponsored in part by Speedway Chevrolet.*) and a golf tournament 8 a.m. at Royal Oaks Golf Course.

Sports & Recreation

Fitness Center 687-5496

The fitness center is undergoing renovations throughout the summer. This will affect some commonly used areas. Contact the fitness center for more details.

SPINNING across America

Participate in the spinning quarterly incentive program until Sept. 30. Spinning classes are available at 6 a.m., 9 a.m. or 3:30 p.m. Mondays, Wednesdays and Fridays. Call for more details and to sign up at the fitness center.

Varsity soccer tryouts

Three-day varsity soccer tryouts begin at 5 p.m. July 9. Sign up by Thursday and call the fitness center for more information.

Stars and Strikes 687-5114

'Bowl for the Stars & Strikes'

Bowl a game or purchase a large Coca-Cola to receive a punch card until Aug. 31. Each purchase receives a punch. When the card is complete and turned in, patrons will receive two free games of bowling, a medium Coca-Cola, a completion reward and eligibility to win monthly prizes at Stars & Strikes. Call Stars & Strikes for more details. Sponsored in part by Coca-Cola.*

Outdoor Recreation 687-5565

Swimming lessons

Session I swimming lessons: sign up by today. Tuesday-Friday and July 12-July 15.
Time A: 9-9:45 a.m. or Time B: 10-10:45 a.m.
Session II swimming lessons: sign up by July 15. July 19-July 22 and July 26-July 29
Time A: 9-9:45 a.m. or Time B: 10-10:45 a.m.

A \$20 fee per participant/per session. Call outdoor recreation for more details or to sign up.

Boater safety class

This mandatory class involves classroom and lake activities for the intended use of rental boats with a 15-horsepower motor or more. Two sessions must be completed to qualify to rent a boat from outdoor recreation. Session I classes are available 11 a.m.-noon Thursday and July 22. Session II classes are available 1-4:30 p.m. July 10 or 11:30 a.m.-3:30 p.m. July 15. A combined session class is available 10:30 a.m.-2:30 p.m. July 29. Learn Missouri state laws, rules about safety and using equipment. Spaces are limited; sign up early.

Rafting & Camping adventure

Enjoy a three day, two night Colorado Springs, Colo. adventure July 23-25. Raft down Arkansas River through Brown's Canyon and camp at the USAF Academy FAM-Camp site. The \$75 fee includes transportation, camping gear, raft and one meal. Call outdoor recreation for more details and to sign up by July 14.

Community Activities

Community Center 687-5617

Water balloon wars

Prepare to be soaked! A water balloon war between mom and the kids begins at 2 p.m. July 10 at the community center. Refreshments and water balloons are provided. Get a chance to win free waterpark tickets! Call the community center for more details.

'Free to be You & Me'

Families can experience a musical theater performance 10-11:30 a.m. July 16 at the community center. The cost is \$1 per person and free for children 2 and younger. The Central Missouri State University Children's Theater hosts the event to encourage interest in live theater. Call the community center for more details.

Teen Center 687-5819

Movie night & Iron Man cooking competition

Join other teens at the youth center 6-10 p.m. July 10 for a movie and a cooking competition. Grab bags will be given without instructions and teens will use their imagination to prepare the appetizers, main course or dessert. The \$4 fee for members and \$6 fee for nonmembers includes refreshments, ingredients and supplies for the Iron Man competition. Call the teen center for more details and to sign up by Wednesday.

Sand volleyball

Teens can play sand volleyball 6-8 p.m. Wednesdays in July at the base lake volleyball courts. Water is provided at this free event. Call the teen center for more information.

Bennett Springs camp & canoe trip

Teens can camp at Bennett Springs and canoe down the Niangua River 7:30 a.m. July 15-noon July 16. The \$5 fee for members and \$10 fee for nonmembers includes camping/canoeing equipment and meals. Minimum slots available; call the teen center for more details and to sign up by July 13.

Youth Center 687-5586

Soccer registration

Kindergarteners through ninth graders can register for soccer 6:30 a.m.-6 p.m. July 12 through Aug. 1 at the youth center. A \$30 fee for members and \$38 fee for nonmembers. Children must be 5 years or older to be eligible to register. Call the youth center for more details.

Dance instructor

Applications for a dance instructor will be accepted July 12 through Aug. 2 at the youth center. Submit a resume with two letters of recommendation and any training certificates. Call the youth center for more information.

Arts & crafts day

Kindergarteners through fourth graders can create/make crafts at this free event 1-2:30 p.m. Wednesday at the youth center. Call the youth center for more details and to sign up by Tuesday.

Library 687-5614

Wagon train cooking

Ages 6-18 involved with the discover new trails reading program are welcome to the base library for a wagon train cookout 6:30-7:30 p.m. today. Make butter, jam and other foods from the 1800's. Call the library for more details.

Skills Development Center 687-5691

Framing class

Take a beginners framing class 9 a.m.-noon Wednesday at the skills development center. The \$40 fee includes instruction and supplies. Sign up by Tuesday.

PMC jewelry class

Learn to make sterling silver jewelry out of precious metal clay 10 a.m.-noon July 15 at the skills development center. The \$25 fee includes instruction and supplies. Sign up by July 14.

Family Child Care 687-5590

FCC orientation class

Receive free training to become a family child care provider 8 a.m.-4 p.m. July 19-23. Providers with chronic health problems are accepted. Pick up a registration package at the family child care office and sign up by July 16.

Base residents

Quality child care for military families is an important concern. Guidelines in Air Force Instruction 34-276, Family Child Care Programs, requires anyone providing in-home child care for 10 hours or more a week on a regular basis to be licensed. If you are currently unlicensed, you must cease care and apply for a family child care license. Call for more details.

Child Development Center 687-5588

Developmental Enrichment Program

The Developmental Enrichment Program is accepting enrollments for fall preschool. It's open to children 3 to 5 years old not requiring full-time care. Children must be 3 years old by July 31.

Veterinary Clinic 687-2667

Play it cool with pets this summer

By following a few summer pet safety tips, you can keep your animal friends healthy and enjoy the months of fun in the sun. Tips of the week: never leave your pet unattended in the car; even when the windows are down, temperatures can reach over 120 degrees within a few minutes. Also, ensure your pet always has access to plenty of fresh water. Keep posted for more tips to come next week, for further questions stop by or call the veterinary clinic.

Travel & Leisure

Tickets & Travel 687-5643

2-for-1 cruise promotion

Carnival and Holland America are offering a two-for-the-price-of-one cruise promotion. There are five available cruise vacations, subject to availability. Call Tickets & Travel for more details and to book a cruise by July 15.

Food & Fun

Mission's End 687-4422

Mission's End will be closed today through Monday for the holiday weekend.

Mongolian barbecue

A Mongolian barbecue takes place 5:30-8 p.m. July 9 at Mission's End. Chicken, beef, shrimp, egg rolls, rice and more will be offered. The cost is \$10.95 for members and \$13.95 for nonmembers.

Karaoke

Enjoy karaoke 8 p.m.-midnight July 16 in the Lavene Lounge at Mission's End.

Whiteman Base Theater

Friday		
Breakin' All the Rules	7 p.m.	PG-13
Starring - Jamie Foxx & Gabrielle Union		
Saturday		
Troy	7 p.m.	R
Starring - Brad Pitt & Diane Kruger		
Sunday		
Godsend	5:30 p.m.	PG-13
Starring - Greg Kinnear & Rebecca Romijn-Stamos		

Adults \$3 Youth \$1.50
Movie recording line 687-5110.
Movies are subject to change due to availability.
For current and future movie listings log on to
<http://www.aafes.com/ems/conus/whiteman.htm>

FREE Classified Advertising in the *Whiteman Spirit*

READ ALL RULES BEFORE PLACING AN AD

1. Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
2. Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the *Sedalia Democrat* at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to the-classifieds@sedaliademocrat.com. They accept VISA, Mastercard, cash, personal check or money order.
3. Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Items must be sold for \$150 or less.
4. Only one free ad*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. *People who are PCSing may place more than one ad and sell the items at any price.
5. Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
6. Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
7. Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 509th Spirit Blvd, Ste 111, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
8. Many offices on base are using old forms**. If you would like a copy of the new ad form to keep in your office, call 687-6133 and we'll fax a new form for your use.
9. Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
10. Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
11. The deadline for placing new ads, canceling or making changes to ads is 10 a.m. ^{RNLT}Friday, ~~one~~ one week before desired publication.
12. Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated.

Submitter's name & address:

Please specify Military/Civil Service Rank:

Home Phone:

Circle number of weeks to run: 1 2 3 4 5 6 7 8

I swear the above ad is true and correct, and I am the owner of the described property.

Signature **Date**

**All other versions of free classified advertising forms are invalid.