



WHITEMAN SPIRIT



Red Carpet Rollout

This week Whiteman welcomes ...

CMSAF Jim McCoy

Chief Master Sergeant of the Air Force No. 6

9-Line Target

9-Line Target allows the 509th Bomb Wing commander to share thoughts and views with Team Whiteman.

This wing stands ready to put bombs on target when the call comes. Keep up the great work!

News in Brief

CMSU donates basketball tickets

Central Missouri State University and the Warrensburg Chamber of Commerce are giving Whiteman members free tickets to the CMSU women's basketball game at 1:30 p.m. and CMSU men's basketball game at 3:30 p.m. Feb. 8. Contact your first sergeant for tickets and details.

Wing schedules banquet

The 509th Bomb Wing's 2002 annual awards banquet begins at 5:30 p.m. Feb. 21 at Mission's End. The menu is London broil, sliced potatoes, chef's vegetables and peanut butter pie. The speaker for the event is Air Combat Command Chief Master Sgt. Daniel Keane. The cost is \$18 for members and \$20 for nonmembers. Attire is mess dress or semi formal for military members, and coat and tie for civilians. Tickets are available from first sergeants through Feb. 14.

Whiteman Spirit now online

The base newspaper is available online at <http://www.whiteman.af.mil>. The latest edition is updated weekly. Past editions will be archived on the News page. Adobe Acrobat is required to view the paper.

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Weather

Saturday

Partly cloudy



H 60°
L 35°

Sunday

Windy



H 61°
L 45°

For more complete weather information, visit <https://www.whiteman.af.mil/509oss/osw/index.htm>. Courtesy of 509th OSS/OSW



U.S. Rep. Nancy Pelosi, House Minority Leader, and U.S. Rep. Ike Skelton, Missouri's 4th District, field questions from news media after the base community council luncheon.

BCC luncheon hosts DVs, media

By 2nd Lt. Kat Ohlmeyer
Public Affairs

Nancy Pelosi, House Minority Leader, made her first official visit to Whiteman Jan. 24 since being elected to replace U.S. Rep. Richard Gephardt in the U.S. House of Representatives. As part of the visit, Pelosi served as the guest speaker at the base's monthly base community council luncheon.

The featured community was Jefferson City, Mo. and more than 200 people from the surrounding communities attended the event. Pelosi was joined at the luncheon by U.S. Rep. Ike Skelton, Missouri's 4th District and Missouri's first lady Lori Hauser-Holden.

Pelosi began by saying how invigorating it was to see so many community members gathered together in support of Whiteman.

"Thank you for showing us the spirit of cooperation that exists at this base," Pelosi said. "You are really a model to the country, not only for your enthusiasm and patriotism, but also for this good neighborliness, this community that supports our men and



Photos by Airman 1st Class Nick Martin

Reporters and cameramen from 13 news affiliates were present at the base community council luncheon to interview U.S. Rep. Nancy Pelosi, House Minority Leader, and U.S. Rep. Ike Skelton, Missouri's 4th District.

women in uniform."

The community members weren't the only ones to receive praise from Pelosi. She served as the head of the Intelligence Committee for 10 years and during that time she visited numerous military bases. However, she said none have impressed her more than Whiteman.

"I've never been to any place as exceptional as this in terms of mission

and the respect that you have for each other." Pelosi said. "Whiteman Air Force Base is the premier Air Force base."

Pelosi also touched on the priorities of the Intelligence Committee and the House as a whole.

"I want the men and women in uniform to know that our first priority

Commander's Corner

By Col. Doug Raaberg
509th Bomb Wing Commander

As we close out a busy January, I'd like to share a few thoughts.

First, let me extend my appreciation to all those who made last week's visit by House Minority Leader Nancy Pelosi, Congressman Ike Skelton, and Maj. Gen. Leroy Barnidge, former 509th Bomb Wing commander, a huge success. They were given a snapshot of how we do business at Whiteman and the excellent relationship we have with our local communities. I'm confident they left here with a clear understanding of this wing's capabilities and our preparedness to carry out our mission.

Keep your eyes out for our new Aerospace Expeditionary Force ID card. It's designed to remind us of our commitment to expeditionary combat operations, whether at home or abroad. Yes, even if you don't regularly deploy, it's our way of acknowledging your worldwide capability to deploy.

Gen. Hal Hornburg, commander of Air Combat Command, is right. He has asked all units to issue this card so that we will have a clear understanding of what AEF cycle we're tied to, and perhaps when we may expect to prepare for deployment. When you get your card, keep it on you — I'll be out and about comparing my card to yours.

While we're on the subject of AEFs, I need to pass on a message from the Air Force Chief of Staff. Active-duty and mobilized Reserve airmen deployed as members of

AEF 7/8 or deploying to the area of responsibility as part of current crisis taskings should anticipate remaining in place until further notice.

What does that mean for us? It means we must continue to look after the families of our deployed personnel, we must continue to stay in touch with those deployed to keep them informed and more importantly, we must continue to focus on our families at home. They need to know what's going on.

Great job Staff Sgt. Dwayne Morrison, 509th Logistics Readiness Squadron! Chief Master Sgt. Keith Cobb, 509th Bomb Wing command chief master sergeant, and I got to see him in action the other night in flight line supply, exchanging parts for B-2 maintenance. Not only is he on top of his game, but he's also training two sharp airmen to be leaders in our Air Force. Keep up the good work!

I also had the opportunity to stop by the 509th LRS the other day and present Staff Sgt. Andrea Brown with the Whiteman Spirit Award. I want to thank him and the rest of the LRS team for all their hard work, and also thank Staff Sgt. Bobbie Schieder for nominating Andrea. Remember folks, it only takes a few minutes to recognize someone who's going above and beyond while getting the mission done.

Our pharmacy team rocks! Thank you for a chance to work "behind the window" this week. Rest assured, it's the conscientious work of my pharmacy-mentor Airman 1st Class Vera Pickering, 509th Medical Support Squadron,



Photo by Staff Sgt. Nate Warren

Staff Sgt. Jessica Hill, 509th Medical Group, teaches Col. Doug Raaberg, 509th Bomb Wing commander, how to fill a prescription for pharmacy customer Tech. Sgt. Wesley Howard.

and the entire team that assures us safe and reliable prescriptions. Awesome!

Recently, we had a broadside vehicle accident right outside our front gate. A carcass of a 2003 sedan is proof that vigilance on the road can't be overlooked. In a way, the roads can turn into a battlefield within a moment's flash. We almost lost a valuable member of Team Whiteman.

Let me leave you with a note of caution: We are losing more men and women to vehicle crashes than we are to combat and training combined. We don't leave our young servicemen and women on the battlefield, we shouldn't leave them on the highway either. Safety makes combat sense!

Use safety, common sense when dealing with stress

By Maj. Clayton Perce
509th Communications Squadron Commander

I don't know what the next phase of the global war on terrorism will bring. However, I do know a few things and want to share my thoughts.

I know if the president calls upon the members of the 509th to fight, we're fully prepared to do so. When it comes to kicking down doors and killing targets, there's no door too tough, or target too hard!

I know Whiteman members are already under tremendous stress and it's not letting up anytime soon. This time of year is almost always stressful — gloomy weather, holiday bills, cabin fever and winter flu season make life rough for many people. On top of that, hundreds of people are deployed supporting the war on terrorism. This increases the stress on everyone — our deployed members, their families and friends and those who remain here supporting the fight from home.

I know the vast majority of us will deal with stress positively. We'll have fun, but we'll be safe. We'll exercise regularly, eat right and get enough rest. We'll maintain our sense of humor and spend time with positive, enthusiastic people. We'll take advantage of the resources our base and the surrounding communities have to offer. And, we won't hesitate to talk about stress with each other, supervisors, first sergeants, chaplains and life skills professionals.

Unfortunately, I worry that some people will engage in "stress-induced stupidity." It's the kind of activities that result in letters of reprimand, Articles 15 and worse. Believe me, those types of activities won't reduce your stress level! So please, watch out for yourselves and especially for each other.



Photo by Airman 1st Class Nick Martin

Maj. Clayton Perce, 509th Communications Squadron commander, addresses squadron members.

I know if combat comes, we will be faced with additional stressors: fear, the "fog of war," fatigue, possible casualties and even boredom. I'm confident we'll deal with these effectively.

I know discipline and training allow us to overcome fear, forcing it out of our minds and replacing it with action. The "fog of war" refers to confusion and uncertainty created by lack of knowledge and apparent chaos. I know that focusing on those around us and direction from our chain of command allow us to cut through this fog. It

can help us accomplish our mission, even in an environment that may appear confusing and chaotic. Avoiding gossip and excessive 24-hour news coverage also helps. I know rest and regular exercise will shield us against fatigue and prevent us from falling into a spiral of low situational awareness, poor decisions and incorrect actions.

I know it's incredibly uncomfortable to think about, but the possibility of casualties — whether in training or in combat — is a fact of military life. Two things help me rest easier.

First, I know the most dangerous part of any deployment is the drive from Whiteman to Kansas City International Airport.

Second, I know our nation does everything possible to protect our service members. We're given the world's best medical care and our families the world's best support services, if required.

I know boredom isn't something many folks would expect to find during combat. However, if combat comes, many people here will simply experience "business as usual."

The nature of our mission here and in many deployed locations is such that we're always performing our combat mission.

Some people won't realize we're in combat until they see bomb damage assessments on TV. Understanding exactly how we contribute to the larger mission shields us from the stress of boredom. Supervisors carry a tremendous responsibility for making sure this happens.

Finally, no matter what the next phase of the war on terrorism brings, I know we will respond with the outstanding integrity, service and excellence that is our hallmark.

Editorial Staff

- 509th BW Commander Col. Doug Raaberg
- Chief, Public Affairs Capt. Don Langley
- Chief, Internal Information 2nd Lt. Ed Gulick
- Editor Senior Airman Shawn Clements
- Staff writer Airman 1st Class Nick Martin
- Staff writer Airman Joe Lacdan

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The deadline for article submissions to the Whiteman Spirit is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.

For more information, call the Whiteman Spirit office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.af.mil or write to us at:
509th BW/PA, 509 Spirit Blvd. Ste. 111
Whiteman AFB, Mo. 65305

Finchum takes over 509th Mission Support Group

By Airman Joe Lacdan
Public Affairs

Col. Doug Raaberg, 509th Bomb Wing commander, had the opportunity to meet newly inducted 509th Mission Support Group commander, Col. Gary Finchum 20 years ago. Then young lieutenants, Raaberg and Finchum served in the 916th Air Refueling Squadron at Travis Air Force Base, Calif.

"Col. Finchum was known then as he is known now for his ability to lead," Raaberg said at the 509th MSG change-of-command ceremony Jan. 24. "He knows how to train and motivate enlisted members and leaders."

Finchum, who assumed command in a ceremony at the 442nd Fighter Wing's five-bay hangar, will train and motivate members of the 509th MSG here. He takes over for Col. Keith McDonald, who served as the 509th MSG commander since May 2001.

Finchum's last assignment was in New Delhi, India, where he was a student at the Indian National Defense College. Finchum said he looked forward to assuming command of the crucial position in a time when the threat of terrorism is present and role of the B-2 becomes more important.

"I believe the 509th Mission Support Group will play a pivotal role as the 509th Bomb Wing becomes more expeditionary and the B-2 becomes fully operational capable," Finchum said. "In addition to playing a critical role in supporting the operational mission of this wing, I believe the group plays an even more important role in maintaining the morale of this wing by taking care of the Air Force family."

Before traveling to India, Finchum was the deputy commander of the 82nd Support Group at Sheppard Air Force Base, Texas, and of the 11th Operations Group at Bolling AFB, Washington, D.C. He also headed the legislation and benefit policy branch at Air Force Headquarters at the Pentagon. In 1994, he served as commander of the 323rd basic military training squadron at Lackland AFB, Texas. He has achieved a rating of master navigator with more than 1,800 flying hours.



Photo by Tech Sgt. Mike Nixon

Col. Gary Finchum, 509th Mission Support Group commander, addresses Team Whiteman members during his change-of-command speech Jan. 24 after assuming command. Chief Master Sgt. Robert Niswonger, 509th MSG, and Capt. Romero Reid, 509th Mission Support Squadron, look on.

The 509th BW and Raaberg bid a farewell to McDonald, whom Raaberg said made a great impact on the people who worked within the 509th MSG. The group provides contracting, supply support, transportation, housing, security, wellness, fire protection, building maintenance and

human resources.

"I'm convinced that you have done more and allowed your commanders to accomplish more than any previous 509th Mission Support Group commander," Raaberg said to McDonald. "You ushered a new era of change."

CSAF message to the troops: Air Force deviates from AEF battle rhythm

By Gen. John Jumper
Air Force Chief of Staff

The aerospace expeditionary force is a powerful tool that has enabled us to successfully support long standing contingency operations.

Sustaining on-going requirements with three-month rotations has become part of our Air Force culture. But, we need to remember that the AEF structure also allows us to posture for a full range of combat operations. This includes major theater contingencies requiring more forces than can be provided by one AEF pair on a three-month rotation.

When the time comes to build a force bigger than one AEF pair or deploy it for a time frame that may exceed three months, AEF is the mechanism we use to select units best prepared to meet the needs of the situation. We are now reaching this point with our preparations for expanded operations in Southwest Asia.

The combined efforts of the entire Air Force team — active, Reserve component and civilians — is needed to meet the challenges of the coming weeks and months. With this in mind, I want to personally notify every airman that the time has come for us to begin to build up airpower in the U.S. Central Command area of responsibility to achieve national security objectives if directed by our commander in chief.

In keeping with the intent of the secre-



Courtesy photo

Staff Sgt. Robert Murphy, 509th Communications Squadron, is deployed in support of Aerospace Expeditionary Force 8.

tary of defense's message released Tuesday — Global War on Terrorism we must interrupt our normal three-month AEF rotation cycle because the resources in a single AEF pair can no longer satisfy the needs of our combatant commands. Although AEF

rotation timing will change, we will make every effort to preserve the AEF sequence, which will give us the ability to sustain our operations over the long term. When able, we will return to a more normalized three-month AEF battle rhythm.

Active-duty and mobilized Reserve airmen deployed as members of AEF 7/8 or deploying to the AOR as part of current crisis taskings should anticipate remaining in place until further notice. Deployed or deploying mobilized reserve airmen will be extended on active duty as necessary.

I assure you we will continue to assess the evolving situation and develop rotation plans, which seek to relieve our forces in the most equitable fashion while still meeting combatant commanders' war fighting requirements. Reserve component airmen supporting our efforts are critical contributors; we will continue to use volunteers to the greatest possible extent. As necessary, extension of mobilization orders for deployed or deploying Reserve airmen, and new mobilizations, be worked in accordance with established laws and regulations.

Our success as an Air Force depends on how we prepare for and execute operations. I know this is a lot to ask and I'm confident every airman understands we have been called upon once again by our nation. I have never been prouder of our Air Force and of the great men and women that bring America's resolve to the doorsteps of those who would seek to inflict harm upon us and our allies. I know you are all equal to the task and I look forward to seeing our great Air Force continue to successfully defend American values and freedoms.

Munitions member garners Marquez award

By Staff Sgt. Francesca Popp
Public Affairs

A member of the 509th Bomb Wing earned the Air Combat Command Lt. Gen. Leo Marquez Award once again.

Tech. Sgt. Michael Beck is the 2002 Outstanding Munitions/Missile Maintenance Person of the Year in the Technician-Supervisor Category.

The 509th Munitions Squadron member said he is extremely happy about being recognized by the command and his peers with the award. "(This is one way that) shows me my supervisor is aware of the job I do daily."

Tech. Sgt. Bill Epperson supervises Beck.

"It's easy being his boss. He sets the example for others to follow," Epperson said. "Mike is a hard worker and gets the job done right the first time. He's constantly seeking new challenges. He has displayed his versatility by working in all weapons sections here."

During the past year, Beck has worked in the 509th Operations Group loading section, the weapons standardization section and is now working in the 509th MUNS B-2 Armament Systems Flight. He said he trained and evaluated weapons load crews

in the WSS, and inspects and repairs weapons release equipment in the armament shop.

The award mostly reflects on the time Beck spent working in the WSS. The 13-year Air Force veteran said he was given the opportunity to be involved with new weapons programs and systems.

"(Working directly) in the 509th OG was great. Being involved with weapons load training is very important. We are part of the front line of generating combat sorties. The better we train, the better we fight," Beck said.

While the Fond du Lac, Wis., native worked in the WSS, he directed the completion of more than 5,500 weapons loading evaluations. His efforts helped the crews maintain a 98.4 percent pass rate, which contributed to the wing's 99.7 weapons release rate. Beck accomplished this by maintaining the weapons load trainer schedule. With 4,000 hours scheduled, 3,953 hours were used for a 99.9 percent scheduling effectiveness rate.

Beck also coordinated and directed weapons loading during the guided bomb unit-28 fit, form, function and compatibility tests. His knowledge of the task helped identify weapon clearance discrepancies to engineers, which drove a redesign in time



Photo by 2nd. Lt. Kat Ohlmeyer

Staff Sgt. Michael Beck inspects a BRU-44 rack with Airman 1st Class Craig Meyer, both are members of the 509th Munitions Squadron.

for a critical test flight. He also improved the GBU-28 wiring procedures and initiated technical data changes ensuring weapon reliability.

Beck is the type of person people can

rely on to get tasks finished, said Epperson.

"He sees a task and attacks it with every ounce of energy and will not stop until everything is completed correctly," Epperson said. "Mike is a true professional."

Tax breaks available for combat-zone service



Photo by Staff Sgt. Francesca Popp

Tax office coordinators Andre Thomas and Tech. Sgt. Deborah Jackson pull tax forms. The base tax office opens Monday. To make an appointment, call 687-3800.

By Gerry Gilmore

American Forces Press Service

WASHINGTON (AFP) — Military members serving in designated combat zones supporting the global war against terrorism can get a tax break from Uncle Sam.

Depending upon rank, eligible service members can exclude from federal income tax either all or some of their active-duty pay — and certain other pays — earned in any month during service in a designated combat zone.

According to the Internal Revenue Service's Armed Forces' Tax Guide for 2002, "a combat zone is any area the President of the United States designates by Executive Order as an area in which the U.S. Armed Forces are engaging or have engaged in combat."

Current combat zones are Afghanistan, specified parts of the Kosovo area and the Persian Gulf region. The tax guide defines the qualifying areas.

Service members in several other areas specified in law as "qualified hazardous-duty areas" are eligible for the same tax breaks. Bosnia-Herzegovina, the former Yugoslav Republic of Macedonia and Croatia have been listed since November 1995.

Some people providing direct support for military operations within a designated combat zone or qualified hazardous-duty area may also be eligible for income tax

exclusions. New areas for 2002 include Djibouti, Africa, after July 1, 2002; and the Philippines after Jan. 9, 2002, providing people's orders specify their duty is "in direct support of Operation Enduring Freedom — Philippines."

Service members who serve one or more days in a designated combat zone are entitled to federal tax exclusion benefits for that entire month, according to the IRS.

The downloadable Armed Forces' Tax Guide for 2002 can be accessed on the Web at <http://www.irs.gov/pub/irs-pdf/p3.pdf>. It lists many, but not all, designated combat zones.

While people can use the tax guide in preparing their 2002 federal tax returns, those who have specific questions about designated combat zones should contact their unit personnel or pay officials or unit tax assistance officer.

The IRS guide notes service members normally don't need to claim the combat zone exclusion or subtract eligible earnings on their federal tax returns. The services normally have already excluded combat zone earnings from the taxable gross income reported on service members' Form W-2s, the guide says.

The IRS points out that military retirement pay and pensions are not eligible as combat zone income tax exclusions.

VISIT, continued from Page 1

was and is force protection for our military wherever you are," she said. "For many years, we, on the committee, didn't realize how important that was within our own country, but since Sept. 11 2001 it's clear to us that force protection against the threat of terrorism in our country is as important here as any place.

"When we ask our young people to make the sacrifice of their time and opportunities in order to serve their country, we want them to have minimum risk involved. Presently, we, in Congress, stand shoulder-to-shoulder with the president against this war on terror," the minority leader said. "Hopefully, we will prevail soon and we will no longer have that threat. But as long as we do, there are no Democrats and there are no Republi-

cans. There are only Americans in that fight."

Pelosi closed with a few comments on being the highest-ranking woman in the history of the U.S. Congress. She said the magnitude of her responsibilities were never more clear to her than at her first bi-partisan leadership meeting at the White House.

"Just as the president began to speak, I realized that although I had been to many meetings in the White House, I had never been to a meeting quite like this," Pelosi said. "In fact, no woman had been to a meeting like this."

"I suddenly felt almost as though I were not alone on my chair. I could feel other people sitting there with me. I realized that on that chair with

me was the presence of all the women who had ever worked to get women the right to vote, to get women elected to office and to get women involved in the political process. They were all sitting on that chair with me," she said. "And it was as if they were saying, 'At last we have a seat at the table.'"

She noted, however, that this wouldn't have happened if her colleagues hadn't had the courage to make the decision they did in electing her.

Following the luncheon, Skelton and Pelosi held a short press conference with 13 local media affiliates. Their visit also included tours of the B-2, A-10 and AH64 Apache, as well as unit mission briefings by each unit at Whiteman.



Photo by Airman 1st Class Nick Martin

U.S. Rep Nancy Pelosi speaks at the base community council luncheon. After her speech she was presented with a B-2 model as a gift from the 509th Bomb Wing.

Safety office members identify driving hazard on Highway 23

By Lt. Col. Thomas Bussiere
509th Bomb Wing Chief of Safety

Five seconds. That's all the time drivers have to complete a turn into the Spirit Gate when a vehicle crests the hill on Highway 23 south of the entrance at 65 mph.

The wing safety team recently conducted a timing study at the Spirit Gate. The team evaluated the amount of time a driver has to cross Highway 23 in a left-hand turn before a vehicle traveling north would impact the vehicle. This is how the five seconds to impact was found.

In the past few months, several Team Whiteman members have been involved in a vehicle accident by the Spirit Gate. In most of the accidents, the driver initiated a left turn across Missouri Highway 23 into the path of traffic approaching from the south.

When checking for approaching traffic, the driver didn't see the other vehicle. As a result, the driver began turning and was typically struck in the side by the approaching vehicle.

The crashes occurred during various weather conditions.

The crashes happened with little or no congestion to heavy congestion.

In a recent national traffic study, 98 percent of the drivers involved in these types of cross-traffic accidents indicated they didn't see the approaching vehicle.

Frequently, motorists on Highway 23 drive 10 to 15 mph over the posted 55 mph speed limit. Although yellow warning signs advise motorists to slow to 45 mph in front of the Spirit Gate entrance, the signs are advisory only and are not regulatory under Missouri Highway Law.

The traffic dangers when exiting the base are just as great. In situations involving cross-traffic, drivers experience greater difficulty with accurately assessing the approaching vehicle's speed from their left as opposed to vehicles approaching from their right. This occurs because there are few cues with respect to the relative motion of the vehicle in comparison to stationary objects.

Slightly more than half of the drivers in



Photo by Airman 1st Class Nick Martin

Lt. Col. Thomas Bussiere, 509th Bomb Wing chief of safety, notes the time as the safety truck passes the Spirit Gate.

the national traffic study were identified as using an inappropriate traffic scanning technique. In our recent accidents, the drivers were focused on the Spirit Gate before initiating the turn. They didn't see the oncoming vehicle.

Drivers should understand the limited amount of time they have to make a left-hand turn across Highway 23 is critical and requires a vigilant visual crosscheck.

The wing safety team will continue to work with local and state highway and law enforcement agencies to find a permanent solution to this traffic hazard. But, we need your help now! Spread the word to Team Whiteman members on the hazards associated with Highway 23 northbound traffic when entering and exiting the base at the Spirit Gate. Remember, you may only have five seconds to impact!



Photo by Airman 1st Class Nick Martin

The timing study performed by the wing safety team showed a vehicle, traveling 65 miles per hour, becomes visible in the Highway 23 northbound lane and passes the Spirit Gate in less than six seconds.



Courtesy photo

This luxury sedan was recently totaled at the Spirit Gate.



Courtesy photo

A local law enforcement officer inspects a wrecked car outside the Spirit Gate.



Photo by Airman 1st Class Nick Martin

Lt. Col. Thomas Bussiere, 509th Bomb Wing Safety Office, watches the test vehicle pass through the area in front of the Spirit Gate entrance where most accidents occur. Drivers making a left-hand turn toward the base are most at risk and should be aware of the potential danger at this crossing.

This space is reserved for advertisements



Photo by Master Sgt. Dee Ann Poole

Senior Airman Christina Johnson, life skills support center, briefs suicide prevention tips at the First-Term Airmen Center.

Suicide prevention is everyone's job

By Maj. Dawn Kessler
509th Medical Support Squadron

The Suicide Prevention and Risk Reduction Committee, and the Department of Defense committee addressing suicide prevention across the military, is sponsoring 2003 as a year to emphasize suicide prevention. The motto, "Everyone Counts," reflects the fact the military is a family and the loss of even one member is too many.

The next few months will be an exciting time for the Air Force Suicide Prevention Program. In December, the Air Force Suicide Prevention Web site was activated, greatly improving access to suicide prevention information and materials.

This month, an Air Force Guide for Managing Suicidal Behavior to help clinicians assess and manage high-risk behavior was released. In March, the 2003 Community Suicide Prevention Briefing — a new multi-media briefing involving PowerPoint and video to replace the current suicide prevention briefing — will be released.

The 2003 Leadership Suicide Prevention Briefing — a new multi-media briefing involving PPT and video, geared toward wing, group and squadron commanders — will also be released in March. In July, the Air Force Guide for

Commanders and Gatekeepers in Managing High-Risk Behavior will be available.

While the Air Force is making a number of improvements to help its members reduce the risk of suicides, we are also making changes at Whiteman to provide information regarding suicide prevention to our community. In the past, the life skills support center staff briefed members at each squadron commander's call.

This only gave members a couple opportunities to get these important briefings. In order to provide more options, we will have suicide prevention briefings at the base theater this year.

The briefings begin at 8, 9, 10 and 11 a.m. the second Wednesday. These times allow Team Whiteman members a chance to get this information monthly. In accordance with Air Force Instruction 44-154, Suicide and Violence Prevention Education Training, active-duty members and civilian employees should attend these briefings annually. Family members interested in getting this information are welcome to attend.

The key to preventing suicide is being knowledgeable about what to look for in co-workers, friends and family members. The goal of these briefings is to provide the information needed to help you help others. For more details, 687-4341.



Civilian Employee of the Week

Frank Judkins, 509th Services Squadron, was nominated for this award by co-worker Rick Phillips. As an auto skills mobile equipment servicer, Judkins provides assistance to customers when they're performing vehicle self-help repairs. "His ability to perform multi tasks such as car care for spouses of deployed members, state inspections and numerous other services enables him to better serve the customer," said Phillips, auto skills manager. "He constantly strives to improve the service and the facility for the customer. He developed a plan to reconfigure the facility to open up an additional stall for vehicles."

1st Sergeant's View



Photo by Staff Sgt. Francesca Popp

Tony Burgess fills out financial paperwork as Master Sgt. Ron Bauder, 509th Comptroller Squadron, looks on. Burgess retired in June 1995.

(Editor's note: The 1st Sergeant's View gives Whiteman first sergeants a chance to remind people of correct uniform wear, customs and courtesies, and proper military decorum. Each week, a different first sergeant will share their view.)

By Master Sgt. Ron Bauder
509th Comptroller Squadron
Additional Duty First Sergeant

You've probably noticed retirees frequently visit our base. Usually they're seen in the commissary, clinic, base exchange, military personnel flight and finance. Often they're pace is more leisurely than active duty members, and rightfully so.

These retirees and their spouses have served their country well. Many

are veterans of our nation's bloodiest conflicts and are proud to say they've served to defend our freedom.

I usually notice retirees on base needing assistance locating an office or getting directions. In our hurried everyday lives, it's easy to rush by and not give them a second glance. Sometimes we may even grumble a bit because they're ahead of us in line at the MPF getting an ID card. I urge you not to grumble, but instead remember the sacrifices these retirees have made for our country. I always make an extra effort to help our retirees and here's why.

People who work in finance customer service frequently help retirees with their pay. They usually drive great distances to visit the base and to

experience the military way of life. It's a disservice to treat them as if they were just another number.

I usually take extra time to talk to these folks while helping them at the customer service counter. They really appreciate the professional one-on-one service as active-duty members exhibit.

After a career of providing service to our country, they deserve our respect and admiration. The next time you're at the clinic or commissary, take a moment out of your busy schedule to help a retiree needing assistance or ask how they're doing. You'll get the benefit of talking to them and they'll receive the respect they so rightfully deserve after a career defending our country.

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Whiteman Spirit Award



Staff Sgt. Andrea Brown
509th Logistics Readiness Squadron

Staff Sgt. Andrea Brown received the Whiteman Spirit Award from Col. Doug Raaberg, 509th Bomb Wing commander, Jan 27.

Staff Sgt. Bobbie Schieder, 509th Comptroller Squadron, nominated Brown for the award.

Schieder said she routinely visits the 509th LRS customer service desk with supply issues. She said Brown is 100 percent helpful and gets the job done.

"He's very knowledgeable and does whatever it takes to find the answers I need in a timely manner," said Schieder. "His professionalism is beyond remarkable."

"He's selfless in his endeavors to provide outstanding customer support," said Schieder. "Andrea is the model all customer support agency personnel should emulate to provide the best customer service to the customers."

Personally Speaking

Duty title: Customer service technician

Time in service: 6 years

Time on station: 5 years, 9 months

Hometown: Vernon, Fla.

Spouse: Staff Sgt. Kinginga Brown, 509th Aircraft Maintenance Squadron

Children: Jachi, 5; Jazmine, 5; and Jakim, 3

Goals: To sew on chief master sergeant

Hobbies: Basketball and outdoor activities with my family.

Pet Peeves: When my wife purposely changes the TV channel while I'm watching football or basketball.

Best thing about Whiteman: Definitely the people! I have made a lot of great friends here.

What motivates your winning spirit? Knowing that my superiors and airman believe and trust in me 100 percent.

If you could change one thing about Whiteman, what would it be? I would expand the base exchange.

Tell them you care

Send a message to the loved ones in your life!

The *Whiteman Spirit* wants to print your Valentine messages in the Feb. 14 issue. Notes can be submitted by e-mailing the *Whiteman Spirit* at white-man.spirit@whiteman.af.mil, and write "Valentine Note!" in the subject line, or delivered to the newspaper office in Bldg. 509, Suite 111.



An additional message collection box is posted in front of the base exchange through Feb. 10. Notes must be 20 words or less and in good taste. Submission deadline is 4:30 p.m. Feb. 10. Call 687-6133 for more information.

NOTE Be sure to include your name, phone number and whether the note is for a deployed member.

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Photo by Airman Joe Laddan

Senior Airman Tiffany Clements, 509th Operations Support Squadron, reviews Officer Training School requirements with Larry Broudrick, guidance counselor at the education center.

Air Force reduces OTS

RANDALPH AIR FORCE BASE, Texas (AFPN) — Tremendous growth in Air Force ROTC has reduced the number of officers the Air Force needs to commission through Officer Training School. The number of officers commissioned through ROTC has grown by about 300 annually, and ROTC continues to be a steady source for officer accessions entering active duty. As a result, reducing the number of students at OTS will help return the school to a flexible commissioning program as originally designed.

Air Force Recruiting Service officials

said the more than 200 applicants who have already met a selection board to attend OTS will not lose their slots, but may have class dates delayed up to 12 months.

In addition, Air Force recruiters are still accepting applications for OTS from qualified candidates to fill flying-related positions such as pilot, navigator, weapons system officer and air battle manager regardless of degree area. For more information, see the Air Force Print News story at <http://www.af.mil/news/Jan2003/10303503.shtml>.



Photo by 2nd Lt. Kat Ohlmeyer

First Lt. Steve Ohlmeyer, 509th Security Forces Squadron, spends quality time with family pet, Hank.

Pets traveling to UK must be licensed into quarantine

ROYAL AIR FORCE MILDENHALL, England (AFPN) — The United Kingdom extended the Pet Travel Scheme in December 2002 to include the United States, which means cats and dogs that comply with the rules should be able to enter without spending six months in quarantine.

First Lt. Steve Ohlmeyer, 509th Security Forces Squadron, believes the new policy will be less of a hassle for pet owners.

"I think it's better for the pet too. They can get exercise and don't have to spend as much time away from their owners," he said.

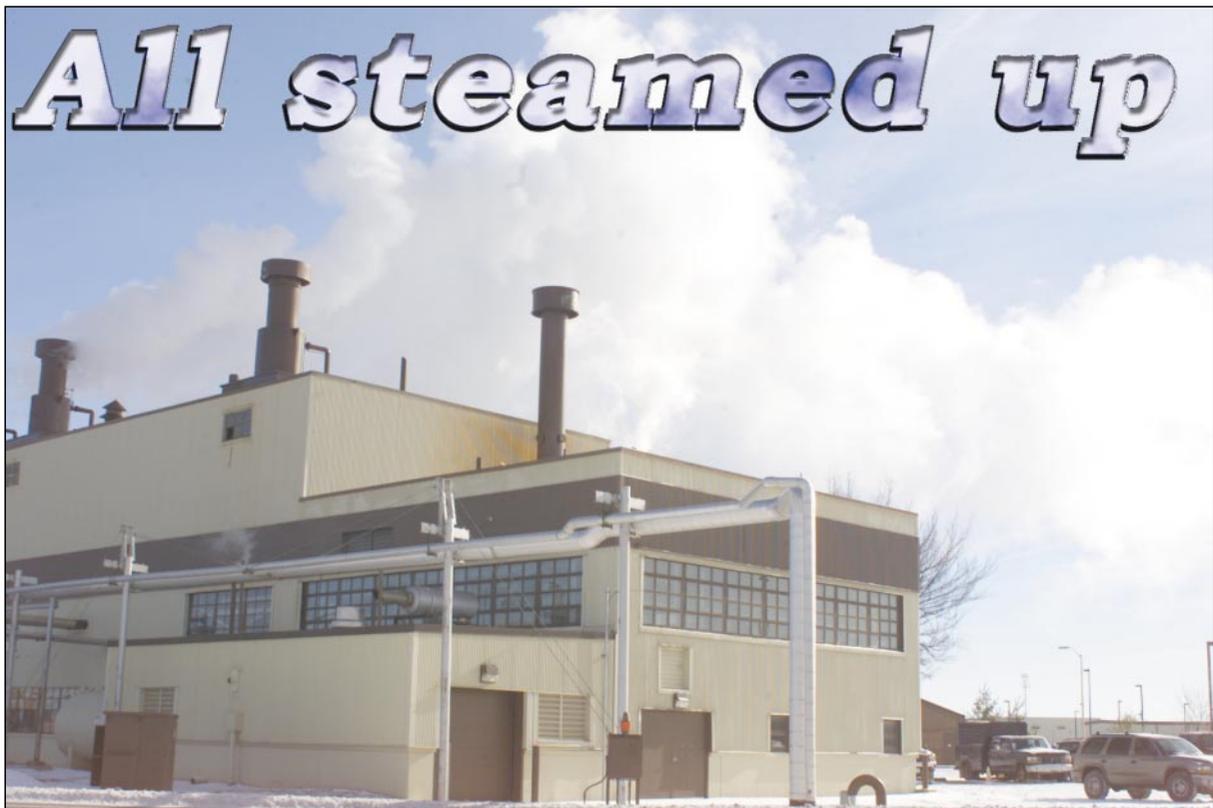
However, during these initial months when official certification is not avail-

able or there are no approved routes and carriers, cats and dogs must first be licensed into quarantine and then owners can apply for early release.

Although cats and dogs are still quarantined, it could be for as little as five days if all procedures are followed.

The process includes micro-chipping first, followed by a rabies shot and a blood test 30 days later. Six months after a blood test with successful results, the animal can leave the United States and enter the United Kingdom without spending six months in quarantine.

For more information, see the Air Force Print News story at <http://www.af.mil/news/Dec2002/123002467.shtml>.



Thousands of gallons of water, hundreds of valves and dials, seven miles of steam pipe, five boilers and 10 operators work to keep Whiteman safe and warm. The heat plant is a contractor-run facility that can generate more than 1.5 million pounds of steam in a 24-hour period. Steam generated at the plant is used in many of the base's buildings and hangars to fend off the winter cold.

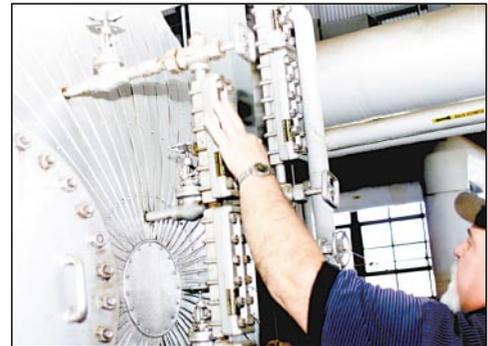
Photos by Airman 1st Class Nick Martin



David Hyatt, heat plant operator, checks the level of salt in a bin. The salt is mixed with water to make brine. The brine is part of a softening process water must go through before it's pumped to the pressure tanks and boilers. Chemicals are also added to the water ensure boiling efficiency.



Condensate from return pipes and water are pumped to a deaerator, then to boiler feeds. The resulting steam is piped out of the heat plant. After the steam leaves the plant, it cools and condenses. The condensate is then returned and the process begins again.



David Hyatt checks the level in the deaerator. The water is pressurized to seven pounds per square inch and heated to 220 degrees. Samples are taken daily and given to a company subcontracted to test the water. The water is tested to ensure boiling efficiency.



Bryan Hodkins warms up a boiler. The operators can switch the boilers to run on fuel oil or natural gas. The system is able to use alternate fuel sources to safeguard against a fuel shortage and maintain boiler operation. Gas pockets can develop without proper ventilation. As a safety measure, the boiler's ignition system is automated to vent out the fire box before operation.



Heat plant operator David Hyatt checks the control panel to ensure the boilers are running efficiently. Information from the panel is automatically sent to wheel graphs to record the temperature, fuel consumption for fuel oil and natural gas, water quality and oxygen level in each of the boilers. The control panel is automatically run, but can be adjusted manually by an operator.



David Hyatt inspects the five valves connected to the main steam line. The steam being piped out of the building is regulated by several safety valves in subterranean pits around the base. The steam pipes run mostly under walkways and in locations above ground.



View ports like this one are used to see the interior of the fire box. It's important to see the flames to verify the fire is clean burning. The fire box is positioned at the bottom of the boiler. Water is piped into tubes inside the walls of the fire box, as the steam rises it's held in a drum. Once the steam is collected, it's then pressurized and piped out of the building. The interior temperature of the fire box is maintained at approximately 2,700 degrees.

Some airlines waive ticket-exchange fees

By **Gerry Gilmore**
American Forces Press Service

WASHINGTON (AFP) — Some U.S. airlines are adjusting their rules so service members won't pay penalties if they need to alter ticket reservations because of military duty.

AirTran Airways, Delta Airlines and Hawaiian Airlines now waive ticket-change fees for service members on military deployment orders, while ticketing changes on Southwest Airlines are already free, said Jean Marie Ward of the Office of the Undersecretary of Defense for personnel and readiness.

Ward said particulars of these carriers' programs can be viewed at the Defense Department's military Web site at <http://dod.mil/mapsite/airtickets.html>. Information from airlines is expected to be added soon, she said.

According to General Service Administration officials, a number of other airlines will waive ticket-change penalties if service members present copies of their military orders or a letter from their commanders. The waiver procedures are official company policy for some carriers, she said, but not all reservation or check-in people may know that. She suggested travelers call the airline for waiver information before going to the airport.

Much of the U.S. airline industry has been in a financial tailspin since Sept. 11, 2001, and have instituted or boosted penalties for customers who want new tickets



Photo by Airman 1st Class Nick Martin

Christina McMullen, Whiteman Tickets & Travel manager, checks airline ticket prices for a customer.

because of missed flights or changes in their travel plans.

Information on the military assistance program Web site notes that the Army Emergency Relief Society, Navy-Marine Corps Relief Society and Air Force Aid Society may provide loans to cover unexpected expenses resulting

when air carriers don't waive fees or penalties.

The Web site notes that service members needing financial help of this type can call or visit the relief society office at the nearest military installation. The three organizations have reciprocal agreements with each other and the Coast Guard.

Policies for changing reservations or travel plans vary across the travel industry, Ward said. For example, Amtrak tickets can be changed without charge in most cases. Pre-arranged travel packages would be more difficult to alter.

"However, the travel issues related to short-term deployments are broader than changes in personal travel plans," Ward said.

Certain military people, such as single and dual-military parents, are required to have family care plans for deployments, she said, adding that these plans can involve sending children to distant family members or bringing a caretaker into the home.

Ward said DOD members are exploring the issue of this kind of short-fused family travel with the airlines. Pending new airline policies, she said, DOD officials recommend service members implementing plans that call for short-fused family travel ask their airline representative about eligibility requirements for any special fares.

Military families whose care plans rely on other forms of transportation should check their carriers' policies, Ward said. In any case, she said, local military service relief societies might offer loans to cover these expenses.

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Menus

Ozark Inn and Touch & Go		Tuesday:	Sub sandwich, vegetable soup, applesauce and Jell-O
Lunch:	Saturday Baked chicken and shrimp Creole	Wednesday:	Spaghetti with meat sauce, green beans, beets, peaches and roll
Dinner:	Baked fish, Swedish meatballs and barbecued chicken	Thursday:	Chicken and rice, peas, apple and brownie
Lunch:	Sunday Oven fried fish and grilled mustard chicken	Feb. 7:	Bean burrito, salad, grapes and yogurt
Dinner:	Beef stir fry, turkey nuggets and sirloin steak	Whiteman Elementary School	
Lunch:	Monday Baked stuffed fish, roast pork and ginger barbecued chicken	Monday:	Corn dog nuggets, french fries, corn and cookie
Dinner:	Southern fried chicken, chili macaroni and pot roast	Tuesday:	Chicken and rice casserole, salad, carrot and celery sticks, and gingerbread
Lunch:	Tuesday Teriyaki chicken, veal Parmesan and salmon cakes	Wednesday:	Chicken nuggets, mashed potatoes with gravy, green beans, yogurt and roll
Dinner:	Turkey a la king, country captain chicken and meatloaf	Thursday:	Spaghetti with meat sauce, salad, mixed vegetables and fruit crisp
Lunch:	Wednesday Southern ethnic meal	Feb. 7:	Ravioli, carrots, salad and strawberry fluff
Dinner:	Barbecued spareribs, lemon herbed chicken and beef stroganoff	Knob Noster Middle School	
Lunch:	Thursday Herbed Baked chicken, stuffed cabbage rolls and southern fried fish	Monday:	Spaghetti with cheese, salad, peaches, garlic with cheese biscuit and chocolate pudding pop
Dinner:	Glazed Cornish hen and Jaegerschnitzel	Tuesday:	Burrito with cheese sauce, refried beans with chips, apple juice cup and cookie
Lunch:	Feb. 7 Fish almondine, Mexican baked chicken and stuffed green peppers	Wednesday:	Chicken patty, mashed potatoes with gravy, green beans, pears and roll
Dinner:	Lasagna, spaghetti with meat sauce and Italian sausage	Thursday:	Mr. Rib, french fries, strawberries and trail mix
Ozark Inn Hours		Feb. 7:	Soft taco, salad, pineapple slice and ice cream bar
Weekdays		Knob Noster High School	
Mids: 11 p.m.-12:30 a.m.		Monday:	Chicken and dumplings, green beans, pineapple, Boston cream pie and juice
Breakfast: 5:30-8 a.m.		Tuesday:	Taco salad, mixed fruit, chocolate cake and juice
Lunch: 11 a.m.-1 p.m.		Wednesday:	Pork patty, mashed potatoes with gravy, corn, pears, roll and juice
Dinner: 4-8 p.m.		Thursday:	Crispito, nachos and cheese, rice pilaf, fruit and juice
Weekends, holidays and Spirit Days		Feb. 7:	Chili or chili dog, veggies with dip, tater tots, peanut butter cookie and juice
Mids: 11 p.m.-12:30 a.m.			
Brunch: 6 a.m.-12:30 p.m.			
Dinner: 5-8 p.m.			
Touch & Go Hours			
Weekdays			
Breakfast: 6-8 a.m.			
Lunch: 11 a.m.-1:30 p.m.			
Dinner: 3:30-6 p.m.			
Knob Noster Elementary School			
Monday:	Sloppy Joe, corn, apple and cake		

Extra, extra read all about it



The Whiteman Spirit wants to feature you.

Do you, or does someone you know, have a story idea you'd like to see in the paper?

Let our staff know about it.

For more information, call 687-6133 or e-mail whiteman.spirit@whiteman.af.mil.

What's Happening

Education

For more details, visit the education center Web site at <https://wwwmil.whiteman.af.mil/509mss/educ/home-page.htm>

Scholarships offered

Random college scholarships will be given to sons and daughters of active-duty and Reserve members by the Military Officers Association of America, formerly known as the Retired Officers Association. The association will honor 100 college-bound or current undergraduate students with a \$1,000 scholarship grant for the 2003-2004 school year. Deadline to complete the online application is March 1.

The association will notify the semifinalists by e-mail in March and may ask for more information. The scholarships will be awarded by late August.

For more details and to apply, visit <http://www.moaa.org/education/2003>.

Community

Committee volunteers needed

The woman's history month committee seeks volunteers to help organize events in March. For more details, call 1st Lt. Marsha Kollmansberger at 687-4194.

ALS sets Class 03-B events

✓ The airman leadership school Class 03-B retreat ceremony begins at 4 p.m. today at the flagpole at Bldg. 509. Participants must be in place by 3:45 p.m.

✓ Reveille begins at 7:30 a.m. Thursday at the ALS drill pad. Arrival time is 7:25 a.m.

✓ Graduation begins at 5:30 p.m. Thursday at Mission's End. Speaker is retired Chief Master Sgt. of the Air Force James McCoy.

The meal is chicken alfredo with vegetables. Cost is \$12.35 for members and \$14.35 for nonmembers. Attire is mess dress or semi-formal for military members, and coat and tie for civilians. Tickets are available from members of Class 03-B.

Family Support

Call 687-7132 for details on these events or other family support center activities. Events take place at the FSC.

WIC representative visits base

A WIC representative is available beginning at 8:30 a.m. Thursday. WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs. For more details, call the WIC office in Warrensburg at 660-747-2012.

Pre-separation briefing set

A pre-separation briefing for people separating from the military begins at 9 a.m. Monday. Representatives from the military personnel flight, family support center, Reserve and finance will provide information. The MPPF separations and retirements office schedules members for this briefing.

Deployed family program set

A get together for families of deployed and remote members begins at 11 a.m. Saturday. Psychologist Gary Kitto will be on hand to discuss stress, change and coping strategies. On-site child care and lunch will be provided. Reservations are required.

Assistance program offered

A three-day transition assistance program for people separating or retiring from the military begins at 8 a.m. Tuesday. Attendees will learn basic resume writing skills, interviewing skills, salary negotiation, and receive information on education and Veterans Administration benefits. Reservations are required.

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From free throws to fire trucks

Former NCAA player gives up basketball for firefighting career

By Airman Joe Lacdan
Public Affairs

Shortly after 509th Civil Engineer Squadron member Corey Hargett enlisted in the Air Force in the winter of 1998, he often thought about what could have been.

Had he not feuded with his basketball coaches at Division I Florida A&M University, his team might have been an NCAA Tournament qualifier.

Had the Louisiana native finished his collegiate career, he may have gone pro. Some of Hargett's friends went on to the NBA such as New Jersey Nets guard Kerry Kittles and Seattle Supersonics center Jerome James.

Hargett has discovered a new calling that helped him put his basketball regrets to rest. He also found something he likes better than the sport: firefighting.

"I never thought I would love anything more than basketball — never," said Hargett, 509th CES intramural basketball player. "When I was small, I would sleep with my basketball. I went everywhere with my basketball."

Growing up in New Orleans, Hargett would spend up to five hours daily shooting hoops. He would wake at 5 a.m., walk two miles and for two hours would shoot on a dirty gravel court in a downtown area the Bayou city. He followed the same routine in the evening, and would shoot until 11 p.m. after school and basketball practice.

He made one goal for himself: play in the NCAA tournament.

A star guard/forward at John F. Kennedy High School, Hargett poured in 23 points per game and earned all-conference and all-state honors. With his high school accomplishments and a 38-inch vertical leap, the 6-foot-5-inch Hargett earned a full scholarship to Florida A&M University in Tallahassee, Fla.

Hargett drew interest from Louisiana Tech, the University of New Orleans, the University of Jacksonville, Fla., and mild interest from the University of Mississippi before settling on Florida A&M.

There, Hargett developed into a key player averaging 11 points a game during his junior season.

After his junior season, Hargett ran into financial problems, and had arguments with his coaches and teammates. Devastated, Hargett left the university after his junior year. But most importantly, he parted without realizing his lifelong goal of playing in the Big Dance.

"I was pretty disappointed in myself," Har-

“I never thought I would love anything more than basketball ... I used to sleep with my basketball.”

Corey Hargett

509th Civil Engineer Squadron Intramural Player

gett said. "I felt like I should have worked harder at basketball."

His love for basketball remained, but facing reality, Hargett considered his options. He considered playing professionally in the Japanese league and looked at the job market in New Orleans.

With no basketball agent and a lack of good jobs in the New Orleans area, Hargett decided to enlist in the Air Force.

Hargett hoped to play for the service's enlisted team, but realized he couldn't play unless he devoted his full attention to the game.

"If I went out for the Air Force team, I couldn't put in 100 percent because I love firefighting," he said.

Slowly, Hargett discovered a new love in life. He realized he enjoyed the intensity and the action of firefighting, and he liked bonding with his fellow firefighters.

"I started to like my job," Hargett said.

Hargett says today his duties as a firefighter take first priority, but the senior airman still manages to squeeze in an intramural or pickup game each week. He leads the undefeated 509th CES intramural team (9-0) in scoring. Hargett brings his team to life with his all-around game and through vocal encouragement.

"He's just a competitive person," said 509th CES coach Scott Moore. "I could tell the first time I met him he loves to compete."

Although capable of pouring in points, Hargett prides himself on his balanced game: jump-shooting, rebounding and passing.

He said he mimics his game after former Los Angeles Laker star Earvin "Magic" Johnson, who was one of the best all-around players in NBA history.

In a 40-27 victory over Weapons Jan. 23, Hargett struggled from the field hitting just 4 of 13 shots, but pulled down eight rebounds, dished three assists, blocked three shots and also had two steals. He finished with nine points.

"I still love basketball," Hargett said.

"When I'm 70 years old, I'll still love basketball. It's something I'll always play."



Photo by Airman Joe Lacdan

Corey Hargett, 509th Civil Engineer Squadron, is a former NCAA Division I player. Currently, he is a firefighter and a member of the squadron's intramural basketball team.



Photo by Airman Joe Lacdan

Helping hand

Senior Airman Damon Montano, 509th Services Squadron, teaches a fitness center patron how to use a weight machine. Fitness center staff members are available to assist customers who wants to learn how to use the equipment. Fitness center hours are 4:30 a.m. - 11:30 p.m. Mondays - Thursdays, 4:30 a.m. - 10:30 p.m. Fridays and Saturdays, 9 a.m. to 9 p.m. Sundays and holidays.

Scoreboard

Intramural basketball			Over 30 basketball		
Team	WIN	LOSS	Team	WIN	LOSS
CES	9	0	FLYERS	8	2
AMXS	6	3	442nd	6	2
SFS	6	3	OSS	5	4
MUNS	5	3	SFS	4	6
LRS	5	3	LRS	3	7
MXS	4	4	CES	2	7
WEAP	2	6			
OSS	2	6			
SVS	1	5			
CS	0	7			

Current as of Wednesday



Recreation page editor.....Brenda Dail
509th Services Squadron.....687-3594

Outdoor Recreation 687-5565

Climbing wall

Get certified to climb the wall 1-3 p.m. Saturday. Certifications are required to use the climbing facility. Wall climbing is available during business hours.

Ice sports arena

Meet at outdoor recreation and travel to Shawnee, Kan., 10 a.m.-3:30 p.m. Feb. 8 to ice skate. The cost is \$8. Bring money for snacks and lunch at Wendy's.

Snow Creek Resort

Meet at outdoor recreation at 10:15 a.m. Feb. 10 and travel to Snow Creek Resort in Weston, Mo., to ski. Active-duty military members receive a free ski package, including a flatlands snow pass, ski equipment rental and a beginner lesson. Retirees and family members receive the same package for \$10. Advance lifts and slopes are \$33.

Community Center 687-5617

Pick your flick

Watch your VHS videos on our big-screen TV anytime during operating hours. Drinks and snacks are available.

Union Station and Science City trip

Travel to Kansas City, Mo., 8 a.m.-3:30 p.m. Feb. 15. Sign up by Feb. 7. The cost is \$15 per person and includes a tour of Union Station, the "American Originals" exhibit including the "Emancipation Proclamation" and Science City. Bring money for lunch and shopping.

Black history expose

Celebrate Black History Month noon-4 p.m. Feb. 8. It's free and includes skits, poetry, booths, wardrobe displays, step dance routines, choral presentations and the movie "The Color of Friendship."

Table tennis tournament

A table tennis tournament begins at 2 p.m. Feb. 8. The cost is \$3. Prizes and ribbons will be awarded.

Skate park safety

Skate park certification class reservations are available. Safety equipment and a certification decal are required before using the park.

Fitness Center 687-5496

Strength 101

The fitness center staff holds training sessions 11 a.m.-noon Thursdays on strength training equipment. Sign up at the front desk.

Cardio 101

Learn the proper techniques for using cardiovascular equipment 11 a.m.-noon Tuesdays. Sign up at the front desk.

Ozark Inn 687-5476

Family night

Families of deployed members can dine 4-8 p.m. Tuesdays. A surcharge will be applied to families of staff sergeants and above. Prices vary. Children's menus are available. Cash only please.

Skills Development 687-5691

Six-week stained glass panel class

Learn to make stained glass panels 6-9 p.m. Thursdays. The cost is \$45 plus supplies. Students are welcome to join any Thursday.

Stepping stone class

Create garden stones from cement and glass 10 a.m.-2 p.m. beginning Monday for a three-session class. The cost is \$35.

Stained glass kaleidoscope class

Learn to make a kaleidoscope out of stained glass 10 a.m.-12:30 p.m. Feb. 10 and 12. The cost is \$10 plus kit and glass.

Valentine's
Maine Lobster Dinner
at Mission's End
7 p.m. Social 7:30 p.m. Dinner
\$100 a couple
Roses for the ladies
1.5-pound Maine lobster
6-ounce sirloin
Mixed green salad
Grilled balsamic vegetables
Twice-baked potatoes
Chocolate cheesecake
Call 687-4422 to make reservations
by Feb. 7.
For club members only.

Stars & Strikes Bowling Center 687-5114

Monday bowling league

Join a Monday bowling league beginning at 5:30 p.m. Feb. 10 for 12 weeks. The cost is \$15 per week and includes a custom drilled ball.

W.C.M.B.A. bowling tournament

The West Central Missouri Bowling Association tournament begins Feb. 15. Pick up your entry form at Stars & Strikes.

Airman's Night

Senior airmen and below can bowl 8 p.m.-midnight Saturdays for 75 cents per game and 50 cents for shoes.

Teen Center 687-5819

Job shadowing

Teens can meet the Warrensburg Wal-Mart manager 8:30 a.m.-noon Feb. 8 for a tour of the facility. Enjoy shopping after the tour. Registration is limited to 13 teens.

TEENSupreme Keystone Club meeting

Teens can join the TEENSupreme club 7-8 p.m. Thursday to help develop qualities of a responsible citizen.

A Valentine's venture

Teens can travel to Independence, Mo., 3:30 p.m.-midnight Feb. 15 to eat at a nice restaurant of their choice, watch a movie and enjoy ice cream. The cost is \$5 for members and \$7 for nonmembers. Sign up by Feb. 7. Teens must bring \$15-\$20 for the dinner and movie.

Got a hobby? Instructors are needed at the skills development center. For more details, call 687-5691.



Good call ref!

Officials are needed to coach and referee basketball and soccer for the youth center. If interested, call Sarah Mueller at 687-5586.

Youth Center 687-5586

Valentine's day card

Building Responsible Individuals of Deployed Guardians Everywhere
Children 5-12 can make free Valentine cards 3-5 p.m. Saturdays. Call each Monday for reservations. Open to children of deployed military members.

Before- and after-school program

The youth center has openings in the before- and after-school programs 6:30-8:15 a.m. and 3:10-6 p.m. weekdays. Care is provided on out-of-school days and early-out days, except federal holidays. Program fees are based on total family income. Call for more details.

Pajama party

Kindergartners through fourth graders can wear pajamas and slippers, and bring sleeping bags 6:30-9:30 p.m. Feb. 7. The cost is \$4 for members and \$5.50 for nonmembers.

Torch Club meeting

Fifth through seventh graders can discuss upcoming pre-teen events 4-6 p.m. Saturday and Feb. 8. This is a leadership and community service club.

Whiteman Base Theater

Friday

Star Trek: Nemesis PG-13 7 p.m.
Starring -- Patrick Stewart & Jonathan Frakes
The Romulan Empire is thrown into disarray when Shinzon, an exiled slave on the sister planet of Remus, murders the entire senate of the Romulus home world. Now, the mad man wants to use the crew of the Enterprise in his scheme to incite a revolution.

Saturday

Empire R 7 p.m.
Starring -- John Leguizamo & Denise Richards
Victor, a Puerto Rican drug-dealer, works the violent streets of the South Bronx. With an eye for money and a head for business, he dreams of one day achieving the wealth and success of a legitimate businessman.

Sunday

Drumline PG-13 5:30 p.m.
Starring -- Nick Cannon & Zoe Saldana
Devon, a street drummer from Harlem, N.Y., enrolls in a Southern university, expecting to lead its marching band's drumline to victory. He initially flounders in his new world, before realizing it takes more than talent to reach the top.

Adults \$3 Youth \$1.50

Movie recording line 687-5110

Movies are subject to change due to availability