



# WHITEMAN SPIRIT



## 9-Line Target



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## News in Brief

### Top 3 schedules induction ceremony

The Whiteman Top 3 is holding a senior NCO induction ceremony at 5:30 p.m. today at Mission's End. Dress is semi-formal or mess dress. The cost is \$14.75 for club members and \$16.75 for non-members. To sign up, call your first sergeant.

### Case lot sale scheduled

The commissary hosts a case lot sale 10 a.m.-5 p.m. Saturday and 11 a.m.-5 p.m. Sunday. Customers can expect significant bargains during the two-day event. For more details, call 687-5655.

### Supplemental results released

The in-system supplemental results were announced Sept. 10.

The selectees for staff sergeant are:

**Senior Airmen Luis Chaves**, 509th Logistics Readiness Squadron, **Angelo Lino**, **Jack Handley** and **Shaun Thompson**, 509th Communications Squadron, **Joshua Ray**, 509th Security Forces Squadron and **Travis Swift**, 509th Civil Engineer Squadron.

The selectees for technical sergeant are:

**Staff Sgts. Cheryl Evans** and **Jeffrey Thomas**, 509th Services Squadron, and **Dwayne Ford**, 509th CS.

The selectees for master sergeant are:

**Tech. Sgts. Randy Royer**, 509th SVS and **Gregory Tesch**, 509th CES.

### PRP responsibility information

Members on the Personnel Reliability Program must know their responsibilities if they require emergency medical care at a non military treatment facility when on leave. They must also know which medications are on the Air Force approved over-the-counter list. If you're on PRP and unsure of your responsibilities, contact your unit PRP monitor or the 509th Medical Group PRP office. For more details, call 687-4299.

## Weather

### Saturday

Rainy



H 77°  
L 60°

### Sunday

Partly cloudy



H 72°  
L 55°

For more complete weather information, visit <https://www.whiteman.af.mil/509oss/osw/index.htm>. Courtesy of 509th OSS/OSW

# 509ers show: Global power Global reach

By Airman 1st Class Nick Martin  
Public Affairs

Once again Whiteman members are proving the global reach of the Air Force with a deployment of more than 100 people and two B-2s to Andersen Air Force Base, Guam, Sunday-Sept. 22.

Operation Coronet Dragon 49, a forward deployment exercise, showcases the B-2 and gives airmen their first taste of operating outside of Whiteman.

"This peace time mission is the first extended-stay B-2 deployment to the region in five years," said Lt. Col. Scott Vander Hamm, 325th Bomb Squadron and deployment mission commander. Andersen supports long-range aviation throughout the Pacific rim. Guam offers an opportunity to train troops

and test equipment in a non-continental arena.

Aside from being an exercise in troop deployment, OCD 49 will test a new satellite communications system. The new communications system will further improve the B-2 crew's ability to engage time-sensitive and critical targets. This is an upgraded version of the system used in previous B-2 deployments.

"The new system works a lot like a home computer. We can receive e-mails, attachments, pictures, global positioning information and flight data enroute," said Vander Hamm.

Over the course of OCD 49 two B-2s will complete 18 sorties, four to and from Whiteman, and 14 at Andersen. The 14 Guam-based missions will have a weapons release on most of the sorties.

"I'm proud to lead 509ers abroad," said Vander Hamm. "The deploying members understand the gravity and responsibility of this mission. We will honorably represent the 509th Bomb Wing and the Air Force community to the world."

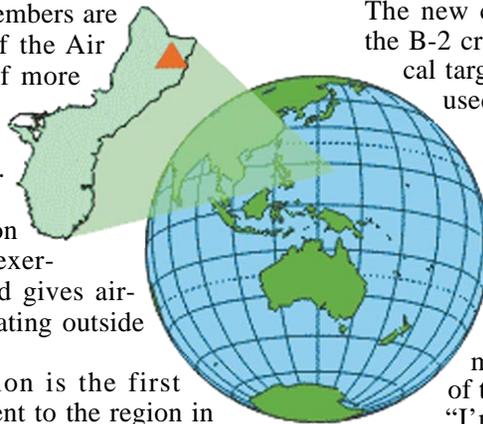


Photo by Bobbi Garcia

The B-2 drops 32 500-pound inert Joint Direct Attack Munitions Aug. 27 at the Utah Testing and Training Range at Hill Air Force Base, Utah.

## B-2 drops inert JDAMs in test

By 2nd Lt. Brooke Davis  
Air Force Flight Test Center Public Affairs

**EDWARDS AIR FORCE BASE, Calif.** — The B-2 Global Power Bomber Combined Test Force here released 32 inert Joint Direct Attack Munitions with the overall goal of building up toward releasing 80 inert JDAMs.

The 32 inert JDAM-82s, which are 500-pound smart bombs capable of communicating with aircraft, were dropped at the Utah Testing and Training Range at Hill Air Force Base, Utah, Aug. 27.

The next test was the release of 80 inert JDAMs, which took place Wednesday, according to Jeff Beuder,

test manager for Northrop Grumman.

The 32 inert JDAM release was realistic for operational use, according to Maj. Todd Copeland, 419th Flight Test Squadron project pilot.

"Our goal with the 32 inert JDAM release was to demonstrate we could strike a multi-target array with 32 munitions in a limited amount of time, on one pass," said Copeland. "This was a realistic target array, and representative of an operational scenario of multiple targets."

Tests were completed with the combined efforts from developmental and operational testing teams, decreasing the amount of time and money invested in the program.

## Commander's Corner

**By Col. Doug Raaberg**  
509th Bomb Wing Commander

**REFLECTIONS AT 34,000 FEET:** On Wednesday, I flew with Capt. Dave "Skipper" Thompson in a B-2 to the Utah Test and Training Range to drop four 2,000-pound practice bombs for my first recorded weapons releases in the *Spirit*. We were in formation with Capt. Matt "Chip" Brechwald and Marty "Munster" Schulting, who had the same weapons configurations.



I've dropped plenty of bombs in my flying career, but this was an extraordinary opportunity to "suit up" for a very realistic combat-training scenario. It went from live drops to a very classified simulated mission. We were training the way we were going to fight!

While we flew this 10-hour mission that transitioned many time zones from daylight to a moonlit night, I was absolutely in the groove until we were heading home for the final landing. At the stroke of midnight, "Skipper" made an enlightening statement that woke me up

from my groove. He said, "Boss, it's hard to believe but it's 9/11!" Within a flash, my thought went back to that fatal day when our nation transformed to a war footing unseen since Desert Storm.

Yes, I remembered exactly where I was the morning of Sept. 11, 2001. You too remember where you were that day when someone makes a bare mention of the numbers 9-1-1. That's when it hit me. I'm sitting in the ejection seat, fully garbed for combat operations and fully immersed in executing a combat mission that we could realistically commit ourselves to. Yet, the purpose has changed because of a single set of terrorist acts that happened two years ago.

The focus of the 509th Bomb Wing's training is crystal clear. It's designed to fight our nation's wars, regardless of who the enemy is or will become. So, let's take a moment of pause to remember why we train the way we fight. The next combat operation will not, repeat ... not, be the same as the last three wars we've fought in — Kosovo, Afghanistan and Iraq. That's why we train and improve our skills. We are the most valuable assets this nation has to offer. You are a treasure that makes the B-2 the most formidable platform

for America's War on Terrorism — take your training seriously! We will fight again.

**WELCOME HOME AEF 7:** I haven't forgotten that more than nine months ago we sent a tremendous amount of folks off to AEF 7 in preparation for Operation Iraqi Freedom. I know you haven't forgotten either. The final remnant of the people we sent are now home.

I want to say thank you for your endurance and commitment to the expeditionary operations that has made such a difference for others. We can't forget that many have come home with a profound perspective after having served in the combat operations in Iraq. Yet, we have the 442nd Fighter Wing members still poised in harms way throughout Iraq. Please remember them as we welcome home our AEF 7 "Expeditionary Airmen."

**A HUGE NOTE OF THANKS:** First, I would like to thank our partners at Central Missouri State University for their support of Whiteman AFB. They, once again, provided free tickets to the CMSU football game that was the "Salute to Heroes." Thank you for making us a big part of your team.

Finally, my personal thanks you to the 509th Aircraft Maintenance Squadron. Squadron members cleared two overgrown creek beds and brush that were an eyesore for the city of Concordia, Mo. — just in time for their fall festival. This was a challenge to the members as the creek beds were very heavily



Photo by Airman 1st Class Joe Lacdan

**Chaplain (Maj.) Patrick Fletcher, 509th Bomb Wing, speaks at the Whiteman's 9/11 commemoration mass Thursday.**

overgrown with trees and brush, which required a lot of manpower. Dale Klussman, the director of economic development for Concordia, requested the squadron's help, and their work save the city an estimated \$5,000 and 290 man-hours. My personal thanks goes out to all the volunteers who made a huge impact on their fellow community.

**CONGRATULATIONS TO OUR NEW 442ND FW/CC:** Last Saturday, the 442nd Fighter Wing got a new boss ... Col. Pat Cord. The change of command was first class and Team Whiteman is once again blessed with a great leader. Congratulations Pat and Mary Cord ... you are a great team for the 442nd.

# Leave essential benefit for mind, body, soul

**Lt. Col. Andy Cernicky**

394th Combat Training Squadron Commander

How much time do you have left to make a difference? How much time is left in your day? How much time remains in your career or in your life?

If you are 21, longevity tables predict your lifespan to reach 75 years for males and 85 years for females. I certainly hope you're planning to be around for a long time! I encourage you to construct and execute an airtight plan for your future, one that includes using accrued leave.

Leave is earned at an incredible rate of two-and-a-half days per month starting from the active-duty military member's first day of service. Thirty days a year is incredible! I know it's the most important part of my leave and earnings statement.

Leave is designed to bolster one's morale and, if used properly, unit effectiveness skyrockets. Leave is important because its value soars when operations allow you to use your leave. Planning, then using earned leave time is paramount to good health!

It's priceless to use your leave for millions of reasons. Use leave to escape stresses of the workplace: sleep in, golf at Royal Oaks or better yet, go on an overseas vacation with the family. Finish that project, design a widget and patent it, explore the community or volunteer time for your favorite charity. Of course, it's hard to pass up a trip back home to see family and your former stomping grounds. There you can proudly display the Whiteman "Kick Down the Door" spirit around town, not to mention enjoy home-cooked meals!

You earn 30 days a year! Do it all! Use your time off to change your life, someone else's life or the world! Considering proper preparations and monetary savings, there's no limit to the ways you can spend your leave. Your ventures are only limited by your imagination!

Commanders encourage you to use leave for your benefit. In accordance with Air Force Instruction 36-3003, Military



Photo by Senior Airman Shawn Clements

**Lt. Col. Andy Cernicky, 394th Combat Training Squadron commander, signs out, "On leave to paradise."**

Leave Program, commanders should encourage members to use 30 days leave each fiscal year and should give them the opportunity to take at least one leave period of 14 consecutive days or more every year.

It's up to you, with guidance from your supervisors and commander, to use leave to your utmost advantage. The number of days you take, the placement or timing of your leave, and the rate at which you spend leave depends on your person-

al needs and circumstances.

Plan leave in advance. Get it on the schedule when you desire it. Don't lose leave.

No one is so invaluable to the unit that they can't use their leave. You elevate your unit's effectiveness not by your presence on the job 365 days a year, but rather by your non-presence 30 days a year, believe it or not!

Your job proficiency will go up with properly executed leave. It's worthless to burn your leave, so don't! Operational reasons, such as deployments, sometimes cause you to unintentionally bank more leave than you would care to. But, having saved leave can come in handy, especially for that dream vacation to the beach, wilderness, big city or foreign destination.

While you're on leave, just as you would at work, it's important you take care of yourself.

Like an aviator who practices every flight, you must demonstrate airmanship, discipline, situational awareness and safety. These areas are critical! Failing in any one of these areas, aviators will lose flying qualification, be grounded or may destroy valuable assets or, even worse, lose their life. If you fail, you may lose control of your destiny, or suffer serious health-and lifespan-cutting consequences!

Mission plan and organize how you're going to conduct each leave period! Continue to enhance your time left by applying a plan which encompasses many things, including great nutrition, sound physical fitness regimens, disciplined adherence to personal risk management principles, building strong relationships with family, friends and community members, and tending to your personal spiritual needs. There's no better way to promote beneficial spiritual, mental and physical health in a military career than to smartly plan leave.

Increase the time left in your life by using leave wisely! Actively involve yourself to reap the leave program rewards. Don't waste your leave. Leave is your right. Strategically use it for a healthier, longer lasting, enjoyable life!

## Editorial Staff

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**Chief, Public Affairs** ..... Maj. Don Langley  
**NCOIC, Internal Information** .Staff Sgt. Francesca Popp  
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**Staff writer** ..... Airman 1st Class Joe Lacdan

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**The deadline for article submissions to the Whiteman Spirit is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.**

For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.af.mil or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111  
Whiteman AFB, Mo. 65305

## 442nd holds change of command

By Tech. Sgt. Bill Huntington  
442nd Fighter Wing Public Affairs

During a weekend filled with historical moments for the 442nd Fighter Wing, Col Roger Disrud relinquished command to Col. Pat Cord. Disrud retired after more than 35 years of service.

The attendance at the ceremony nearly filled the wing's five-bay hangar Saturday, with family members and guests joining the wing members there to witness the event. Those attending included several former 442nd members, now general officers, the members of the 442nd Troop Carrier Group, from World War II, visiting the base for their 60th anniversary reunion and Col. Doug Raaberg, 509th Bomb Wing commander representing the 509th.

Maj. Gen. David Tanzi, 10th Air Force commander, officiated at the ceremony and reminded the group of the importance of the partnership between the 509th BW and the 442nd FW.

"This wing cannot do what it does without the support of the leadership of the 509th Bomb Wing and the men and women (that serve there)," Tanzi said. "As a result of Team Whiteman, everyone on this base is a success."

Tanzi recounted the highlights of Disrud's tenure as the 442nd FW commander including two mobilizations, something unprecedented in the wing's 60-year history, one for Operation Enduring Freedom and one for Operation Iraqi Freedom. He noted that 442nd members are still serving in Iraq and at the sacrifice of the wing members, their families and their employers.

Tanzi concluded by saying that Disrud has "led this organization so that they are able to do the nation's work and [he] turns a combat ready wing over to Colonel Cord."

Cord, originally from Odessa, Texas, related his feelings as he stepped to the podium to address his new wing.

"I am honored, proud and excited to be the new commander of the 442nd Fighter Wing," he said. "Excited and proud because of the reputation of this unit. I don't think I could find a finer group of people to be associated with or

be given the opportunity to command."

Cord, a career A-10 pilot, came to the 442nd after serving as the 926th Operations Group commander, 926th Fighter Wing, Naval Air Station Joint Reserve Base New Orleans, La.

He noted the motto he had earlier observed on the wing's coin, "Stand tall, stand proud, stand true" and said those were the ideals that made the 442nd successful. He also gave an indication of the direction he felt the wing should take.

"What we are going to do at the 442nd is to continue to approach all tasks with a philosophy of continuous-improvement," Cord said. "We will never accept the status quo."

As he took the podium, Disrud, a Vietnam combat veteran and a 442nd FW member since 1982, took the opportunity to look back at his career and how the Air Force helped him fulfill his ambitions.

"All I ever wanted to do was fly airplanes and be a fighter pilot," he said. "The great institution of the United States Air Force allowed my dreams to come true and the great institution of the Air Force Reserve allowed me to continue to fly throughout my Air Force career."

After recounting some of his experiences in Vietnam as an F-100 pilot and years later winning the 1991 Air Force "Top Gun" award he pinpointed what brought him the most satisfaction.

"The highlight of my career has been being the wing commander of the 442nd FW; the best fighter wing in the Air Force," Disrud said. "No brag, just fact."

Just before leaving the podium and his nearly 36-year career with the Air Force he added these final words.

"I retire with mixed emotions," Disrud said. "I'll miss the whole scene, especially the flying. All I ever wanted to do was fly. Most of all, I'll miss the outstanding people. I leave you with one challenge ñ that is carry on the tradition."



Photo by Tech. Sgt. Bill Huntington

Col. Pat Cord accepts the wing flag from Maj. Gen. David Tanzi, 10th Air Force commander, in a change of command ceremony held in the 442nd's five-bay hangar Saturday. Chief Master Sgt. Steve Kottman, 442nd FW command chief master sergeant (left), and Col. Roger Disrud, former wing commander (right), stand at attention.

## SECAF, CSAF wish Air Force 'happy birthday'

By Dr. James G. Roche  
Secretary of the Air Force  
By Gen. John P. Jumper  
Chief of Staff of the Air Force

In 56 years, the U.S. Air Force has earned its wings as the world's greatest air and space force. Our airmen and our technology are the best our nation have to offer, an achievement that flows from the contributions of every airman — whether active, guard, reserve, civilian or retired.

On Sept. 18, the anniversary of our creation, remember that through your integrity, selfless service and incomparable excellence, Americans find strength and confidence in the Air Force's ability to answer our nation's call, no matter when or where we're needed.

We celebrate the Air Force's birthday as we continue to support Operation Iraqi Freedom. Your tireless commitment, agility and professionalism are the foundation for

integrating air and space power into a successful joint and coalition combat operation — one that has already crushed a tyrannical regime and is now helping to blaze the trail of freedom for millions in Iraq.

Yet, as we celebrate, we recognize that this success is not without costs. We appreciate you and your families' extraordinary sacrifices. Let's take this special occasion to remember the airmen who made the ultimate sacrifice to ensure the security of America and the opportunity of freedom for those who have never before tasted liberty.

The Air Force's legacy has soared in its short history and greater opportunities are on the horizon — opportunities you'll meet with the same courage, commitment and confidence that define our first 56 years. America is proud of our Air Force, and Americans are proud of you. Happy Birthday!

## TEST, continued from Page 1

according to Mark Burke, 419th FLTS program manager.

"The married test points of both the operational and developmental sides of the pendulum saves valuable time and money, and more importantly gets the operational capabilities to the warfighter much quicker," said Burke.

Testing objectives of the B-2 program were achieved on both sides of the aviation world - the operational side at Whiteman AFB, Mo. and the developmental test and evaluation side here.

The combined efforts of operational and developmental testing are a growing trend, according to Lt. Col. Britton Bankson, 72nd Test and Evaluation Squadron commander at Whiteman.

"We're getting ready to assume operational testing of recent B-2 software upgrades, and the combined testing gives us the opportunity to get early access to training," said Bankson. "Once we start testing the software upgrades, members from the 419th at Edwards will fly with us to continue the crossflow of informa-

tion and ideas."

Along with testing objectives, the program used a build-up approach towards releasing 80 inert JDAMs in order to reduce the risk of weapons' collision with the aircraft, according to Burke.

The program has progressed in many stages, collecting enough data to ensure the aircraft has the capability to safely carry 80 JDAMS.

The build-up process has consisted of more than 10 sorties, including a successful release of 80 JDAM Separation Test Vehicles. The JDAM STVs are inert weapons used to collect data; they are not considered smart weapons because they are unable to communicate with the aircraft. The Aug. 27 release tested modifications on the aircraft, and once again proved its capability to release JDAM munitions safely.

After the 80 JDAM release, the program will continue to fine tune software installations on the aircraft. The next step following the software improvements lies at Whiteman, where the B-2 upgrades will undergo more operational testing.

## Centennial of Flight

Lockheed's SR-71 Blackbird spy plane replaced the U-2 Dragon Lady. It was the most advanced of the military aircraft of the 1950s and 1960s, cruising at 85,000 feet and at more than three times the speed of sound.



## Sortie board



### Monthly

|       | B-2   | A-10  | T-38  |
|-------|-------|-------|-------|
| Goal  | 420.6 | 418.0 | 396.5 |
| Flown | 196.3 | 188.7 | 194.4 |

### Fiscal year

|       | B-2     | A-10    | T-38    |
|-------|---------|---------|---------|
| Goal  | 6,050.0 | 5,395.0 | 4,200.0 |
| Flown | 5,744.6 | 5,165.7 | 4,097.9 |

Information current as of Wednesday

# This space is reserved for advertisements



Photo by Airman 1st Class Nick Martin

**Staff Sgt. Francesca Popp, 509th Bomb Wing and Whiteman's Community Subscription Service administrator, holds a training session for the chapel, Tricare, family support center and 509th Services Squadron CSS administrators.**

## Quality-of-life

### New service helps ACC families

**By Capt. Amie Brockway**

Air Combat Command Public Affairs

**LANGLEY AIR FORCE BASE, Va. (ACCNS)** — A new information service is helping Air Combat Command families receive information about base quality-of-life programs and events that affect them.

The ACC Community Subscription Service allows family members and retirees enrolled in the Defense Eligibility Enrollment Reporting System, or DEERS, to sign up to receive information about family-oriented programs through e-mails that are sent directly to their personal e-mail accounts.

"The e-mail service makes it possible for families to learn about the base services available to them, including special events, without having to physically visit the base or rely on their spouses to bring the information home," said Brenda Liston, the chief of ACC Family Matters.

In the past, informing family members about base programs has been challenging, said Carole Barton, the director of ACC Services Marketing.

"The CSS allows us to reach new audiences, like families, much more easily," Barton said. "Services exists to take care of our families and to build esprit de corps among the troops. With the CSS, we can really reach out and touch them."

"(The CSS offers) families a better understanding of the menu of benefits and services actually provided for them in the Air Force community, and often in the extended local community, since some of the (base) agencies sponsor locally provided services," Liston said.

The service allows subscribers to choose the type of information they want to receive when they subscribe and to change their choices at any time.

"Now we can target their interests better and capitalize on the popularity of e-mail to let them know what (the base) has to offer," Barton said. "We look at the CSS as a gift that will allow us to better serve our families."



#### At Whiteman

People can log onto <https://css.acc.af.mil> and subscribe to Whiteman's CSS beginning today. People can choose one or all four categories that include family support center, services, Tricare and chapel information. "I think this will be a good program for those who don't have immediate access to base programs," said Nicole Luning, 509th Services Squadron Marketing Office. "This service allows the people who subscribe a way to get information without coming on base."

The CSS idea was sent to the ACC Community Action Information Board from the Minot AFB, N.D., CAIB as a way to keep family members of deployed airmen informed about base activities. The CAIB identifies and tackles community issues that affect force readiness and quality of life for Air Force people.

The CSS was successfully tested at Minot last year and is now gradually being installed throughout ACC. It is expected to be operational at all ACC bases by December 2003. However, Whiteman launches this program today.

Once the CSS is implemented in ACC, the idea will be presented to the Air Force CAIB and suggested for Air Force-wide implementation, Liston said.

Family members will be able to subscribe by visiting their base's home page and clicking the CSS link, or by visiting <https://css.acc.af.mil>. Subscription requires the use of the sponsor's social security number and date of birth for security verification.



## Extra, extra read all about it

The Whiteman Spirit wants to feature you.

Do you, or does someone you know, have a story idea you'd like to see in the paper? Let our staff know about it.

For more information, call 687-6133 or e-mail [whiteman.spirit@whiteman.af.mil](mailto:whiteman.spirit@whiteman.af.mil).



Photo by Staff Sgt. Francesca Popp

**Mikayla Roberts, 7, holds a flag during last year's Sept. 11, 2001, base remembrance ceremony to pay tribute to the people who lost their lives in the attacks. Mikayla's parents are Tech. Sgt. Dagny and Charles Roberts, 509th Logistics Readiness Squadron.**

# Whiteman after 9/11

## *Tragedy ignites changes for 509th BW*

**By Airman 1st Class Joe Lacdan**  
Public Affairs

As the World Trade Center towers fell and Americans died two years ago, Whiteman prepared to transform.

In a matter of hours, Whiteman's airmen moved to alert status ushering an era of change.

"We immediately transitioned (to a heightened security level) through an extraordinary effort by our people," said Lt. Col. Gavin Ketchen, 393rd Bomb Squadron commander, who at the time was in B-2 recall training here.

Whiteman members aided the rescue efforts in New York City when they helped send Missouri Task Force-1 to Ground Zero the day of the bombings. While the country mourned, Whiteman members trained and waited for the inevitable: the call of war.

"We didn't know when or where (we'd go to war)," said Maj. James Shumaker, 393rd BS assistant director of operations. "But we knew something was coming soon."

It came in the form of B-2 air strikes over Afghanistan after Operation Enduring Freedom was launched to combat the Global War on Terrorism. The B-2 air crews established a new standard, flying a record six 40-plus hour combat sorties in October 2001, including a 44-hour sortie, the longest in aviation history. Squadron members, like the rest of the nation experienced a stronger sense of duty and enthusiasm to serve America. When the taskings for the B-2 sorties came, air crews stepped forward. "There was no shortage of volunteers," he said.

"I think the events of 9-11 struck deep in the hearts of every American," said Lt.

Col. Gavin Ketchen, 393rd Bomb Squadron commander. "Those of us in uniform felt an even stronger sense of patriotism, because we're already in service of our country."

Secretary of Defense Donald Rumsfeld applauded Whiteman's patriotism and dedication to duty when he visited here in October 2001 after OEF began.

"The terrorists thought they could strike fear in America's heartland," Rumsfeld told Team Whiteman members. "But through you, America strikes back."

The 509th Security Forces Squadron used augmentees to support increased security measures and the 509th Munitions Squadron, rationed resources to have multiple GBU-31s and Joint Direct Attack Munitions available for aircraft. Master Sgt. Jeff Westcott, 509th Munitions Squadron conventional munitions production superintendent, said approximately a third more of the squadron's resources were kept in stock.

"The workload's gotten heavier," said Westcott. "(OEF and OIF) put a lot more responsibilities on a lot more people."

Westcott said because of the amount of 509th MUNS Squadron members deployed, the squadron used augmentees to meet mission requirements.

Ketchen said B-2 pilots placed greater emphasis on training with a clearer focus on targeting as a counter to terrorism.

Team Whiteman established new standards for the B-2 during Operation Iraqi Freedom, flying missions to Iraq from here and a forward-deployed location for the first time.

As long as the threat of terrorism looms, Ketchen said Whiteman's airmen remain ready for battle.

"It's what we train for and it's what we plan for," Ketchen said. "It's our mission."

**This space is reserved for advertisements**

# Force protection awareness: We are all responsible

By 1st Lt. Justin Secrest

509th Security Forces Squadron

Today, more than at any time in our history, force protection is of utmost importance.

Force protection is designed to protect service members, civilian employees, family members, facilities, information and equipment. This can be accomplished through combating terrorism, physical and operations security, personal protective services and supported by intelligence, counterintelligence and other security programs.

The program involves everyone — not just security forces. With our leaner force and high operations tempo, this force protection responsibility could be just another load for us to carry. However, an easy way for each of us to fulfill our force protection awareness responsibility is to simply be aware.

The first step knowing what to look for. The Air Force Office of Special Investigation manages the Eagle Eyes program. Eagle Eyes is an awareness program aimed at educating people about how they can help with force protection and advises people to look for these suspicious behaviors:

✓ **Surveillance** — Someone recording or monitoring activities. This may include using still or video cameras, note taking, drawing diagrams, annotating on maps, or using binoculars or other vision-enhancing devices.

✓ **Elicitation** — People or organizations attempting to gain information about military operations, capabilities or people. Elicitation attempts may be made by mail, fax, telephone or in person. An example includes being approached in a public place and asked about what's happening at the base.

✓ **Tests of security** — Attempts to measure reaction times to security breaches or to penetrate physical security barriers or procedures in order to assess strengths and weaknesses. An example of this is a driver



Photo by Staff Sgt. Francesca Popp

**Tech. Sgt. Stephen Bradford, 509th Security Forces Squadron, inspects a portion of the perimeter fence for unusual cutS or to see if a person has tried to climb over it.**

approaches the front gate without a military ID or car sticker, and pretends to be lost or to have taken a wrong turn. This person just learned the procedures of how he is dealt with and how far into the gate he can get before being turned around.

✓ **Acquiring supplies** — Purchasing or stealing explosives, weapons, ammunition, detonators, timers, etc. This includes acquiring military uniforms, decals, flight manuals, badges or other controlled items.

✓ **Suspicious people who look out of place** — People who don't seem to belong in the workplace, neighborhood, business

establishment, etc. This category is hard to define, but people know what looks right and what doesn't look right in their neighborhoods or office spaces. If a person doesn't seem like he or she belongs, there's probably a reason for that.

✓ **Dry run** — Putting people into position and moving them around according to their plan without actually committing the terrorist act. This is especially true when planning a kidnapping, but it can also pertain to bombings. An element of this activity could also include mapping out routes and determining the timing of traffic lights

and flow. Take note of people moving around from place to place without any apparent purpose and doing it, perhaps, many times.

The appropriate example here is the Sept. 11, 2001, hijackers. They flew on those exact flights several times before committing their crimes. They practiced getting their people into position, working out arrival times, parking, ticketing, going through security, boarding, etc. They conducted surveillance and tested security by taking note of everything around them, but they were also doing a dry run of the actual activity.

✓ **Deploying assets** — People and supplies getting into position to commit the act. This is a person's last chance to alert authorities before the terrorist act occurs. Look for people loading vehicles with weapons or explosives, and parking that vehicle somewhere.

An example of this is the attack on the Khobar Towers in Saudi Arabia. The explosives-laden truck pulled up to the fence line, and the driver jumped out and ran away. A spotter on the roof of the dormitory saw the driver and recognized this as suspicious activity. The spotter then sprinted down the stairs and began pounding on doors, rousting people out of bed and getting them out of the building. Because of that, he saved many lives, since he recognized the "deploying assets" element.

At Whiteman, we have put a great deal of emphasis on force protection and have also obtained a great deal of funding to further enhance our efforts. However, being aware of suspicious activities would do more for our force protection efforts than anything we could buy or do.

Call the law enforcement desk at 687-3700 if any suspicious activity is observed. For questions or suggestions about force protection, call the 509th Bomb Wing Antiterrorism Office at 687-5830.

It's up to each of us to be aware and protect our force.

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Submitting \_\_\_\_\_  
 \_\_\_\_\_  
**Civilian Employee  
 of the Week**

To nominate a civilian employee,  
 send an e-mail to  
[whiteman.spirit@whiteman.af.mil](mailto:whiteman.spirit@whiteman.af.mil).  
 Be sure to include why this person  
 is being nominated.

## 21 Whiteman members complete PME

**Master Sgt. Robert Messier**, 509th Logistics Readiness Squadron, graduated from the Senior NCO Academy Sept. 4 at Keesler AFB, Miss.

Sixteen Whiteman technical sergeants graduated from the NCO Academy Sept. 5 at Keesler AFB, Miss.

Award winners are:

**Todd Jennings**, 509th Maintenance Squadron, and **Clint Reiner**, 509th Aircraft Maintenance Squadron, were selected as Distinguished Graduates.

Other graduates:

**Shannon Banks**, 509th Maintenance Group,  
**Bryan Bardwell**, Detachment 6, 372nd Training Squadron,  
**Michael Bressette** and **John Soorus**, 509th LRS,  
**Alexander Barrientos** and **Robert Vandehey**, 509th AMXS,  
**Eric Duffendack**, 509th Bomb Wing,

**James Greenlaw** and **Douglas Nickelson**, 509th Security Forces Squadron,

**Theodore Jones**, 509th Medical Operations Squadron,

**Jesse Lee**, 509th Operations Support Squadron,  
**David Neuman**, 509th Civil Engineer Squadron,  
**Dana Thorsen**, 394th Combat Training Squadron,  
 and

**Paul White**, 72nd Test and Evaluation Squadron.

Four Whiteman technical sergeants graduated from the NCO Academy Tuesday at Gunter AFB, Ala.

Graduates are:

**Roy Grella**, 509th CES,  
**Jeffrey Holt**, 509th Munitions Squadron,  
**Mark Roe**, 509th Communications Squadron, and  
**Stephen Verner**, 509th Maintenance Operations Squadron.

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## Whiteman CFC kicks off Sept. 22

By Capt. Raymond Madrid

509th Services Squadron

The annual Combined Federal Campaign begins here Sept. 22 and ends Oct. 31. The wing's goal is to top \$100,000, which is a slight increase from last year's goal of \$95,000.

CFC allows federal employees to donate to the charities of their choice without worrying about the organization's legitimacy. CFC lists hundreds of charitable organizations ranging from the American Red Cross to the Young Men's Christian Association of America.

The CFC kickoff ceremony begins at 11 a.m. Sept. 22 at the community center. Various national and local organizations will have pamphlets and information available for people to see what their contributions actually do. Most organizations will have informational items such as pens, stress balls, mini-flashlights and magnets for participants to take home.

Without donations, most of these charities and organizations can't help others. This year's CFC theme is "Everyday Heroes." Everyone is a hero when they contribute to CFC or a specific organization within CFC.

Help make Whiteman's 2003 Combined Federal Campaign a successful one by helping those in need. For more information, call your unit's CFC representative.

The Whiteman CFC points of contact are:

**2nd Lt. Andrew Heo**, 509th Mission Support Group,

**2nd Lt. Nathan Hogan**, 509th Communications Squadron,

**2nd Lt. Allen Branco**, 509th Civil Engineer Squadron,

**Senior Master Sgt. Samuel Meta**, 509th Security Forces Squadron,

**Capt. Ray Madrid**, 509th Services Squadron,

**Capt. Daniel Hatchel**, 509th Logistics Readiness Squadron,

**Staff Sgt. Michael Schmutz**, 509th Mission Support Squadron,

**Tech. Sgt. Robert Goeke**, 509th Contracting Squadron,



Photo by Staff Sgt. Francesca Popp

**Master Sgt. Cory Nicolson**, 509th Bomb Wing staff Combined Federal Campaign representative, listens as **Capt. Jacob Thomas**, 509th Operations Support Squadron and Whiteman CFC coordinator, explains how people fill out pledge forms.

**Capt. Mark Swank**, 509th Medical Group,

**2nd Lt. Beth Robinson**, 509th Operations Group,

**2nd Lt. Matt Cooper**, 325th Bomb Squadron,

**2nd Lt. Scott Daggett**, 393rd BS,

**Senior Airman Dorian Settles** and **Staff Sgt. Danielle Gresser**, 509th Operations Support Squadron,

**1st Lt. David Ems**, 509th Maintenance Group,

**1st Lt. Ryan Baker**, 509th Maintenance Squadron,

**Tech. Sgt. Craig Barylski**, 509th Aircraft Maintenance Squadron,

**Master Sgt. Ray Guest**, 509th Munitions Squadron,

**Capt. Pete Soto**, 509th Maintenance Operations Squadron,

**Master Sgt. Cory Nicolson**, 509th Bomb Wing Staff,

**Staff Sgt. Nichole Maniscalco**, 509th Comptroller Squadron,

**2nd Lt. Jason Hamilton**, 72nd Test and Evaluation Squadron,

**Capt. Robert Fritts**, 442nd Fighter Wing, and

**Army Staff Sgt. Houston Goodwin**, Missouri Army National Guard.



### Civilian employee of the week

Cecelia Gafford was nominated for this award by Capt. Terrance Mahon, 509th Logistics Readiness Squadron Readiness Flight commander. As the element chief of the 509th LRS War Readiness Section, Gafford is responsible for the reception, storage and issue of mobility bags for the 509th Bomb Wing and 442nd Fighter Wing, ensuring all are ready for deployment at any time. "She successfully led a highly motivated and productive team of five military members in a major long-term inventory assessment," Mahon said. By doing this, Gafford and her team earned an additional \$1.5 million in Air Combat Command funding for mobility bag requirements, and improved the wing's ability to properly equip people and respond to wartime tasks.

# Before the blue yonder



Henry Crockett, DynCorp T-38 crew chief, helps Lt. Col. Dwayne Stich, 509th Operations Support Squadron, prepare for a mission in a T-38 as Capt. Jim Price, 394th Combat Training Squadron, looks on. More than 75 percent of the DynCorp civilian T-38 shop members have military experience. The T-38s are maintained



DynCorp team leader Rob Kjos checks a flap motor under a T-38 from Sheppard Air Force Base, Texas. The transient aircraft will be repaired in Whiteman's T-38 shop.



Crew chiefs Henry Crockett and Bob Barranger unhook an F-117 Stealth fighter from a tow arm. Whiteman's T-38 shop members are the only people in the Air Force, outside of Barksdale Air Force Base, La., and Holloman AFB, N.M., trained to turn and fuel stealth fighters.



DynCorp T-38 crew chief Russ Cass directs a T-38. T-38 shop members are on 24-hour transient and maintenance alert. More than 400 T-38 sorties and 200 transient aircraft are fueled and turned monthly by Whiteman's T-38 shop members.



Pete Melby, DynCorp T-38 crew chief, discusses tire wear criteria with Capt. Jim Price, 394th Combat Training Squadron. The 20-member T-38 support team helps ensure Whiteman reaches its 4,300-hour air-time goal for fiscal 2003.



Joel Aaron, DynCorp team leader, operates a diesel-turbine Dash 60 start cart. The Dash 60 provides air and electrical power to start the engines on small aircraft unequipped with an auxiliary power unit.

Photos by Airman 1st Class Nick Martin

## Education

For more details, visit <https://wwwmil.whiteman.af.mil/509mss/educ/homepage.htm> or call 687-5750.

### Commission briefing scheduled

A commissioning briefing begins at 1 p.m. Wednesday at the base education and training center in Room 112. This briefing is open to enlisted members seeking commission. Call for more details.

### CLEP testing available as alternative

If attending classes conflicts with work schedules, temporary duty assignments and deployments, the Community College of the Air Force accepts up to 30 hours of College Level Examination Program testing toward the 64 required for the associate of applied science degree program. The base training and education services center has study guides to help prepare for these tests. Call for more details or to have your academic records reviewed by a counselor.

### Survey scheduled

The base training and education services center is conducting a needs assessment survey to assess the educational needs of the Whiteman community. Complete this survey by logging on to <https://afvec.langley.af.mil/needs> and select Whiteman. Feedback and comments help the BTES center offer programs that best fit members' needs.

## Community

### ALS sets class 03-G events

- ✓ The airman leadership school class 03-G retreat ceremony begins at 4 p.m. today at the flagpole at Bldg. 509. Participants must be in place by 3:45 p.m.
- ✓ Reveille begins at 7:30 a.m. Thursday at the ALS drill pad. Arrival time is 7:25 a.m.
- ✓ Graduation begins at 5:30 p.m. Thursday at Mission's End. The speaker is Chief Master. Sgt. Keith Cobb, 509th Bomb Wing command chief master sergeant. The meal is London broil with roasted potatoes and vegetables. The cost is \$14.75 for members and \$16.75 for nonmembers. Attire is mess dress or semi-formal for military members, and coat and tie for civilians. Tickets are available from class 03-G members.

### AADD meetings set

Airman Against Drunk Driving meets at 1 p.m. Oct. 2 in the First-Term Airmen Center. For more details, call Senior Airman Kelly Johnson at 687-4800 or Airman Jason Hastings at 687-1648.

### Pre-retirement briefing set

A transition assistance program for people retiring from the military begins at 9 a.m. Monday. The military personnel flight separations and retirements office schedules members for this briefing.

## Family Support

Call 687-7132 for details on these events or other family support center activities. Events take place at the FSC.

### Class helps new parents

Expectant parents can get information and resources at the bundles for babies class at 9 a.m. Tuesday. Participants will receive free Time Life books and layette bundles.

### Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend.

### Mentor orientation scheduled

Training for people interested in mentoring students in the Knob Noster School District begins at 1 p.m. Thursday. Reservations are required.

### Parent group meets

A forum to address parental questions and concerns with Dr. Gary Kitto begins at 6 p.m. Thursday. Reservations are required.

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Courtesy photo

## Sister city aid

Thirty-two 509th Aircraft Maintenance Squadron members volunteered their time to help beautify the squadron's sister city – Concordia, Mo. – Sept. 2 and 3. The volunteers cleared heavily overgrown trees and brush from two creek beds at the intersection of Interstate 70 and State Route 23. Dale Klussman, Concordia's director of economic development, said the Dragon's work saved the city an estimated \$5,000 and 290 man-hours. The project volunteers were 2nd Lt. Martin Hagg, Senior Master Sgts. Nicholas Zuvich and Larry Duncan, Master Sgts. Jonathan Broadway and Keith Thurm, Tech. Sgt. Donald Goodman, Staff Sgts. Joseph Clark and Dwayne Bolles, Senior Airmen Melissa Williams, Landon Scheer, Mark Farrar and Jacob Ortiz, Airmen 1st Class Michael Contursi, Authur Watson, Joshua Darling, Michael Boyd, Eric Hubbard, Adam Liller, Franklin Love, Jason Jett, Graham Durall, Cory Cahill, Justin Fox, Matthew Barber, Anthon Todaro, Christopher Mackenburg, Alejandro Lupercio, Daniel O'Hern, James Peil and Donald Thomason, and Airmen Phillip James and Justin Reeves.

## EAGLE EYES

*"A Neighborhood Watch Program" "Fighting Terrorism Together"*

An Air Force-wide defensive program to detect terrorism in its planning stages and prevent it before it happens.

Tests of Security

Deploying assets

Surveillance

Elicitation

# SEE IT...REPORT IT

Acquiring Supplies

Suspicious persons out of place

Dry run

It's Everyone's Responsibility!

Call the 509th Security Forces Squadron at 687-3700 or Detachment 207, Air Force Office of Special Investigations at 687-1852

## Niner Line

Dial 687-3119 or e-mail  
9r.Line@whiteman.af.mil

Whiteman's Niner Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work.

Before calling the Niner Line, try to resolve your particular problem with the responsible base agency.

If you've exhausted all the normal avenues to resolve the situation, then call Col. Doug Raaberg, 509th Bomb Wing commander, at 687-3119 or e-mail 9r.Line@whiteman.af.mil.

# Fitness experts say start training today

By Staff Sgt. Todd Lopez

Air Force Print News

**WASHINGTON** — Air Force fitness experts say airmen must begin preparations now if they want to pass the new fitness evaluations in January.

"They need to start training today for year-round fitness to meet mission readiness. They must include running, push-ups and crunches into their program," said Sylvia Goff, an exercise physiologist at the Bolling Air Force Base, D.C., health and wellness center. The new Air Force fitness evaluation program, which will replace the cycle ergometry test for most airmen, involves running, push-ups, crunches and a measurement of body composition. Goff said the new fitness standard may cause concern for airmen who have not been to the gym for some time, or who may have never gone.

"There are several concerns," Goff said. "Some are afraid that they will not be able to meet the standard because many don't exercise on a regular basis. Others are concerned about injury they may receive from running."

Tammy DeCoux, the program manager for the Air Force Services Agency's fitness and sports office, said airmen do not need to be concerned about the safety of running — if they do it correctly.

"Running is not an inherently dangerous activity," DeCoux said. A running program should be entered into slowly at first, with



Photo by Airman 1st Class Joe Lacdan

**Mary Bofinger, wife of Jonathan Bofinger, Detachment 207, Air Force Office of Special Investigations, uses a weight machine at the fitness center.**

increasing progression of intensity and duration as conditioning occurs. Mild injuries caused by running are often due to things such as inadequate warm up, cool down or stretching; improper technique; poor running shoes; and over-training, she said.

Shin splints, a common ailment associated with new runners, is an inflammation

of the tibia. Symptoms include pain in the front portion of the lower leg. DeCoux said the injury is caused by overuse and the shock from running on hard surfaces.

"The harder the running surface, the greater the shock," she said.

Treatment includes rest and ice, if needed, DeCoux said. Prevention involves varying your running surface, proper stretching,

proper shoes and conditioning.

Airmen who are completely unfamiliar with physical training and conditioning, or with proper diet and weight-loss techniques, can find help on base. Local HAWCs and fitness centers, can play a key part in helping airmen prepare their bodies for the demands of the new fitness standards, said DeCoux.

"It is the role of the (HAWC) to develop fitness programs for both individuals and for units," DeCoux said. "Base fitness centers can provide the equipment and guidance needed to carry out those fitness programs. Additionally, we have fitness experts in the centers to help individuals train one-on-one."

Goff said wellness centers also offer programs on nutrition, healthy eating, sensible weight loss, tobacco cessation, remedial strength and aerobic training.

For airmen who want to start preparing for the running portion of the fitness evaluation, Goff recommends combining walking and running.

"Alternate running and walking until you are able to sustain a run," she said. "Some will be able to sustain the run a lot sooner than others. Once you can sustain the run, you want to increase your speed by no more than 10 percent per week."

People who have been sedentary for an extended period of time or those who have health risk factors should obtain a physician's clearance before beginning an exercise program of any kind, Goff said.

## Gridiron Challenge

(Correction: Last week, the 509th Bomb Wing's picks were incorrect. The person representing the BW picked the Bills and Bucs to win, not the Patriots and Eagles. We apologize for the error.)

The Gridiron Challenge is a weekly competition between the 509th Bomb Wing headquarters and groups, and the 442nd Fighter Wing and Missouri Army National Guard.

A different person from each organization will select the picks for their unit each week.

The weekly winner receives a \$5 SeeMore Buck courtesy of the 509th Services Squadron. Last week's winner was Col. Ned Schoeck, 509th Bomb Wing vice commander.

### Week two

#### College

North Texas at Air Force  
Notre Dame at Michigan  
North Carolina State at Ohio State  
Penn State at Nebraska  
Washington State at Colorado

#### Professional

49ers at Rams  
Patriots at Eagles  
Redskins at Falcons  
Titans at Colts  
Steelers at Chiefs

| BW                         | OG                          | MXG                         | MSG                      | MedGp                         | 442nd       | MOARNG                                  |
|----------------------------|-----------------------------|-----------------------------|--------------------------|-------------------------------|-------------|---|
|                            |                             |                             |                          |                               |             |   |
| Tech. Sgt.<br>Walt Farwell | Staff Sgt.<br>Tamiki Jacobs | Tech. Sgt.<br>Scott Simpson | Staff Sgt.<br>Steve Gage | Senior Airman<br>Travis Smith | Steve Smith | Army Sgt. 1st<br>Class Gary<br>Courtney |

|            |             |            |               |               |             |            |
|------------|-------------|------------|---------------|---------------|-------------|------------|
| Air Force  | North Texas | Air Force  | Air Force     | Air Force     | North Texas | Air Force  |
| Michigan   | Michigan    | Michigan   | Michigan      | Michigan      | Michigan    | Michigan   |
| Ohio State | NC State    | Ohio State | Ohio State    | Ohio State    | Ohio State  | Ohio State |
| Nebraska   | Nebraska    | Nebraska   | Penn State    | Penn State    | Nebraska    | Nebraska   |
| Colorado   | Colorado    | Colorado   | Washington St | Washington St | Colorado    | Colorado   |
| Rams       | 49ers       | Rams       | Rams          | Rams          | Rams        | 49ers      |
| Eagles     | Patriots    | Eagles     | Patriots      | Eagles        | Patriots    | Eagles     |
| Redskins   | Redskins    | Redskins   | Redskins      | Redskins      | Falcons     | Falcons    |
| Colts      | Titans      | Titans     | Titans        | Titans        | Titans      | Titans     |
| Chiefs     | Steelers    | Chiefs     | Chiefs        | Steelers      | Chiefs      | Chiefs     |

|                           |            |            |            |            |            |            |            |
|---------------------------|------------|------------|------------|------------|------------|------------|------------|
| <b>Last Week's Totals</b> | <b>9-1</b> | <b>7-3</b> | <b>4-6</b> | <b>7-3</b> | <b>7-3</b> | <b>9-1</b> | <b>6-4</b> |
| <b>Season Totals</b>      | <b>9-1</b> | <b>7-3</b> | <b>4-6</b> | <b>7-3</b> | <b>7-3</b> | <b>9-1</b> | <b>6-4</b> |



Services Page editor.....Andrea Bradley  
509th Services Squadron.....687-3594

\*No federal endorsement of mentioned sponsors intended.

## Outdoor Recreation 687-5565

### 2003 Volksmarch Centennial of Flight

Walk or run the 10k trail 8 a.m.-1 p.m. Sept. 20 at Knob Noster State Park. Sign up by Wednesday. If you are interested in volunteering, call outdoor recreation. Sponsored in-part by Speedway Chevrolet.\*

### Hunter safety course

Become certified to hunt in Missouri. The course takes place 6-8 p.m. Sept. 19 and 8 a.m.-5 p.m. Sept. 20. Sign up by Wednesday at outdoor recreation. Participants must be 11 years and older within 30 days of the testing date and attend both days of classes. Class will be held in the Bldg. 152 at the corner of 5th Street and Lockbourne Terrace.

## Child Development Center 687-5588

### Day care openings available

The child development center has full-time openings for 3- to 5-year-olds. Call for more details.

## Youth Center 687-5586

### Pre-teen scene hangout

Fifth through seventh graders can help make dinner while watching a new-release DVD on the big-screen TV 6-9 p.m. Sept. 20. The cost is \$2 for members and \$3 for non-members. Sign up begins Monday.

### Awesome autumn

Kindergartners through fourth graders can carve a pumpkin for the pumpkin patch and help decorate the youth center lobby 6:30-9:30 p.m. Sept. 19. Cost is \$5 for members and \$6.50 for nonmembers. Sign up begins Monday.

### Youth dance instructor

The youth center is accepting applications for a youth dance instructor for the upcoming school year. Applicants should be knowledgeable in tap, jazz and ballet. Resumes are being accepted throughout September. Classes start in October. Resumes should be turned in the youth center.

## Community Center 687-5617

### Kid's art day

Youth ages 8-17 can create artwork for fun, prizes and awards 2-4 p.m. Saturday. Artists must bring their own supplies. Finished pieces will be displayed at the community center and judged in age categories. Participants can watch a free movie and eat popcorn afterward.

### Swap shop

Clean out your closet, gather your old CDs, videos, toys and other treasures to swap or sell 1-4 p.m. Sept. 20 at the community center.

### 'The Great Passion Play'

Gather your friends and family, and take a trip to Eureka Springs, Ark., to watch "The Great Passion Play" 1 p.m. Sept. 27 to 2 a.m. Sept. 28. The cost of \$30 includes transportation. Bring money for dinner at Lamberts in Ozark, Mo. Sign up by Sept. 24.

## Fitness Center 687-5496

### Tour de Missouri

Join the Tour de Missouri and earn awards during September. Miles may be earned on bike, treadmill, cross-trainer,

stair climber, rowing machine and warrior jogging course. Open to valid government ID card holders 16 years or older. Grand prize is a one hour massage. Call for more details. Sponsored in-part by Darlene Goebel, L.M.T. at Hair Dynamics.\*

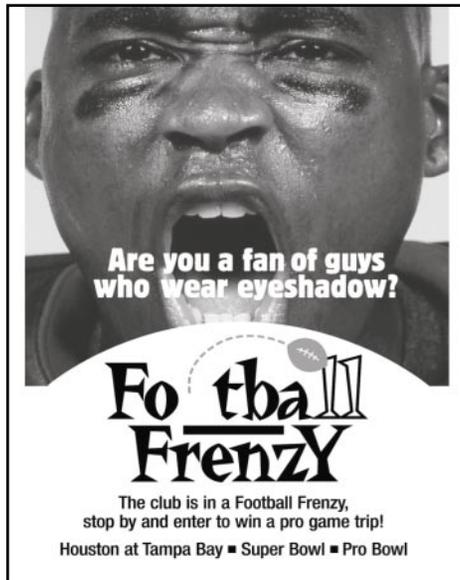
### Quarterback skills competition

Show off your quarterback skills at 5 p.m. Sept. 22 by the flag football field. Sign up by Sept. 19. Open to valid government ID card holders.

## Mission's End 687-4422

### ACC dollar dinner

Club members can eat dinner for \$1 4-6 p.m. Saturday. The meal includes: Lasagna, Italian salad, variety of pastas and sauces, bread, desserts and drinks.



## Skills Development Center 687-5691

### Six-week stained glass panel class

Learn to make stained-glass panels 6-9 p.m. any Thursday. The cost is \$45 plus supplies.

### Call to crafters

Crafters can earn extra income by selling handmade arts and crafts. Sign up by Tuesday to sell crafts on consignment through skills development.

Create a basket that looks like wicker using paper and wood 10 a.m.-1 p.m. Sept. 20. The \$15 fee includes supplies. Sign up by noon Sept 19.

### Fall craft fair

The annual fall craft fair takes place 9 a.m.-4 p.m. Sept. 20. Vendors can reserve space now. The vendor fee is \$10.

## Family Child Care 687-5590/1180

### Orientation class

Receive free training to become a licensed family child care provider 8 a.m.-4 p.m. Monday-Sept. 19. Visit the family child care office to pick up a registration package.

## Teen Center 687-5819

### Ethnic potluck

Bring a dish from your ethnic background and share it with fellow teens 6-8 p.m. Tuesday. Drinks are provided. This is a free event. Sign up ends today.

### Leisure Park

Join us for a night of go-carts and miniature golf 6:30-10:30 p.m. Sept. 20 at Leisure Park in Sedalia. The \$10 fee includes one round of golf, one go-cart ride and transportation. Additional rounds of golf and rides are optional. Sign up by Wednesday.



### Congratulations Tickets & Travel winner!

Tickets & Travel agent Donna Rogers presents two Kansas City Renaissance Festival tickets to Wilhelm Poslusny, 509th Services Squadron volunteer. Stop by Tickets & Travel during September to enter a drawing for a one-night stay for two at the haunted Crescent Hotel in Eureka Springs, Ark.\*

## Stars & Strikes 687-5114

### Breakfast

Stars & Strikes is open for breakfast 7-9:30 a.m. weekdays and 8:30-9:30 a.m. Saturdays. There will be weekly drawings for a free breakfast.

### Airman's night out

Senior Airmen and below can bowl for \$1 8 p.m.-midnight Saturdays. The cost is \$1 per game and \$1 for rental shoes.

### Steak and bowling special

Enjoy dinner and bowling 6-8 p.m. Fridays. The \$12 fee includes a steak dinner, two games of bowling and rental shoes. The cost is \$9 for dinner only.

## Tickets & Travel 687-5643

### Kansas City Renaissance Tickets

Tickets & Travel offers tickets to the Kansas City Renaissance Festival. The festival is open 10 a.m.-7 p.m. weekends and holidays, and ends Oct. 13. Tickets prices are \$12 adults, \$5 for children ages 5-12, and children five years and younger are free. Coupon books \$5.

## Whiteman Base Theater

### Friday

### Seabiscuit 7 p.m. PG-13

Starring — Tobey Maguire & Jeff Bridges  
It was the beginning of the 19th century and the paths of Johnny Pollard, Tom Smith and Charles Howard converged. These men were broken, each for different reasons, and they needed each other to become whole again. They discovered that you don't throw a whole life away just because it's banged up a little. They and the entire country found a hero in an average horse named Seabiscuit that achieved the unthinkable.

### Saturday

### American Wedding 7 p.m. R

Starring — Jason Biggs & Alyson Hannigan  
Jim and Michelle have decided to tie the knot. Jim's friends, Finch and Kevin, are on hand to help with preparations, but the trio soon get an unwanted fourth wheel in the form of the eternally obnoxious stifter. Meanwhile, the question is, how many things will go wrong before Jim and Michelle walk down the aisle?

### Sunday

### American Wedding 5:30 p.m. R

Adults \$3 Youth \$1.50  
Movie recording line 687-5110.  
Movies are subject to change due to availability.