

# WARRIOR



▶ PG. 8

## ROAD LESS TRAVELED

FIRST ALL-FEMALE COMMAND CHIEF TEAM AT WHITEMAN

▶ PG. 5

## ANG'S OUTSTANDING AIRMAN OF THE YEAR

MASTER SGT. DUMONT: EPITOME OF THE CITIZEN-AIRMAN

# Weekly commander's message

Greetings, Team Whiteman!

On Monday over 100 members of our Total Force team participated in a giant flag detail during the opening ceremonies of the Kansas City Royals home opener. The incredible opening ceremony also included a spectacular B-2 flyover ... what a way to open the 2017 season at Kauffman Stadium and thanks to everyone who made this happen!

On Wednesday our team hosted around 200 members of our Base Community Council for a monthly luncheon. The sole mission of our BCC, which consists of members from 20 local communities, is to support the Total Force service members and families assigned to Whiteman and they do a fantastic job! We are proud of the support we receive from our surrounding area and we look forward to strengthening our partnership even more in the future!

In case you have not heard, the 509th and 131st Bomb Wings recently won the Air Force Outstanding Unit Award! This award is presented to units that perform exceptional meritorious service, accomplish acts of outstanding achievement, excel in combat operations against an armed enemy or conduct themselves with distinction while performing military operations involving, or exposed to, a hostile action by an opposing foreign force. It takes every member of our team working together seamlessly to execute our mission and our Total Force team is the very model of execution for the whole service!

The Air Force Outstanding Unit Award symbolizes the great work our team has been doing recently. In February our Total Force team absolutely rocked a no-notice generation exercise ... in fact it was the best one in Whiteman AFB history! In March, we hosted the Air Force Global Strike Command Senior Leader Conference and it was an absolute success. Last week we proved once again that Team Whiteman can tackle anything thrown our

way with NUWAIX! All of these high-vis events involved a lot of hard work and many late nights. To give time back to you, Chief Smith and I have designated Friday, May 12, as a Down Day for the 509th Bomb Wing. Please relax and enjoy time with family and friends. We know some of you will not be able to take advantage of this Down Day due to mission requirements, but rest assured your leadership will afford you the same opportunity later.

Speaking of exceptional performances, I'd like to recognize Jacquelyn Molinaro. Jacquelyn serves as a Client Systems Technician within our 509th Communications Squadron. Simply put, she is an incredible NCO! She leads from the front, is an expert in her field and she truly cares for her Airmen, which is why she was recently STEP promoted to Technical Sergeant! The Stripes for Exceptional Performers (STEP) program is one way we can provide the recognition due to our top-performing teammates and this promotion was certainly well-deserved ... congratulations again, Jacquelyn, and keep leading!

As a reminder, on Saturday, April 29 from 11 a.m. to 3 p.m. we will once again be hosting an NFL Draft Day event in partnership with the Kansas City Chiefs. During this free, family-friendly event members of our Total Force team will announce the Chiefs' NFL draft selections live on national television. Also, there will be current and former players present to meet with our team, free food and NFL Play 60 events. Hope to see you there!

Watch out for one another this weekend, find time to spend with a Wingman, and thank you for what you and your families do each day for our great nation.

Defend...Avenge!

Nuke

PAUL W. TIBBETS IV  
Brigadier General, USAF  
Commander, 509th Bomb Wing

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions do not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509th Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at 1-800-892-7856.

## The 8th Air Force First Sergeant of the Year: Master Sgt. Corey Lobdell

509th CS

## The Air Force Outstanding Unit Award 2016: 509th and 131st Bomb Wings

## Senior Airman Scott Fremming

509th BW/PA

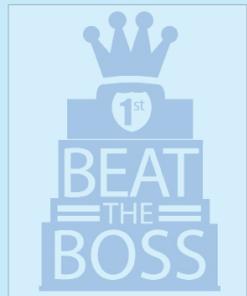
Two first place Air Force-level Media Awards:  
Operational Documentation and Audio Product

## Beat the Boss

The Beat the Boss program is a monthly PT test competition between 509th Bomb Wing units that recognizes outstanding teamwork and devotion to fitness at the Squadron level. Active duty Whiteman Airmen who score higher than the commander's score of 98.3% will earn a one-day pass, and those who score a 100% receive a one-day pass and a commander's coin.

Here are the Beat the Boss results for April 3-6, 2017:

Master Sgt. Jason Domenico  
509th LRS, 100%  
Staff Sgt. Robert Palmer  
509th FSS, 100%



Master Sgt. Eric Schmidt  
509th CES, 100%  
Capt. David Sondrup  
394th CTS, 100%

## On the cover

U.S. Air Force photo/  
Airman 1st Class Jazmin Smith

From left to right, U.S. Air Force Chief Master Sgt. Lisa Furgeson, the 442d Fighter Wing command chief, Chief Master Sgt. Melvina Smith, the 509th Bomb Wing command chief, and Chief Master Sgt. Jessica Settle, the 131st Bomb Wing command chief, are photographed for the Whiteman Warrior. This is the first time Team Whiteman has had female Airmen hold the position of command chief in all three wings at the same time.

NEWS BRIEFS



**U.S. AIR FORCE  
EagleEyes**  
WATCH.REPORT.PROTECT.

U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to the AFOSI web page at <http://www.osi.af.mil>

How to report an anonymous tip using a smart phone:

1. Use the smart phone app
2. Manually select an agency
3. Choose USA then Federal Agency then select AFOSI
4. Create a passport, select New Tip and fill out the form with as much information as possible.

How to report an anonymous tip VIA text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

**Stealth Lounge**

If you are a young Airman, let the Stealth Lounge make your time at Whiteman more fun. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The lounge opens at 4 p.m. during the week and noon on weekends. There is free dinner every Thursday at 5:30 p.m., with an optional discussion on spiritual resilience to follow at 6:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Please like the Stealth Lounge on Facebook to stay up to date on special events and tournaments.

**Air Force Housing website**

Visit [www.housing.af.mil](http://www.housing.af.mil) to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.

**Found property**

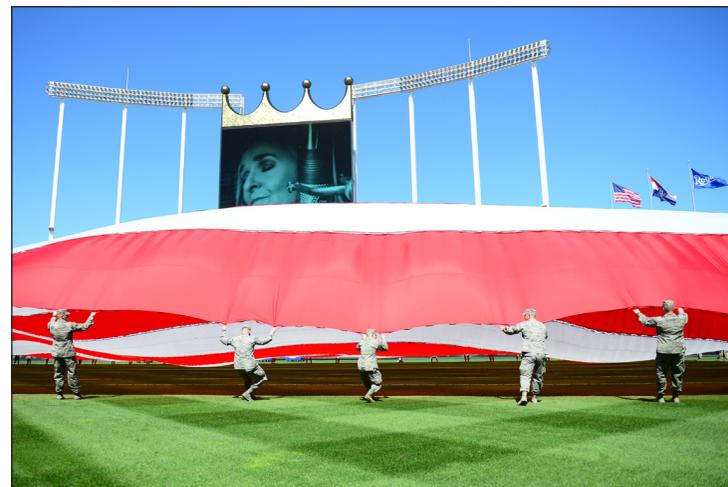
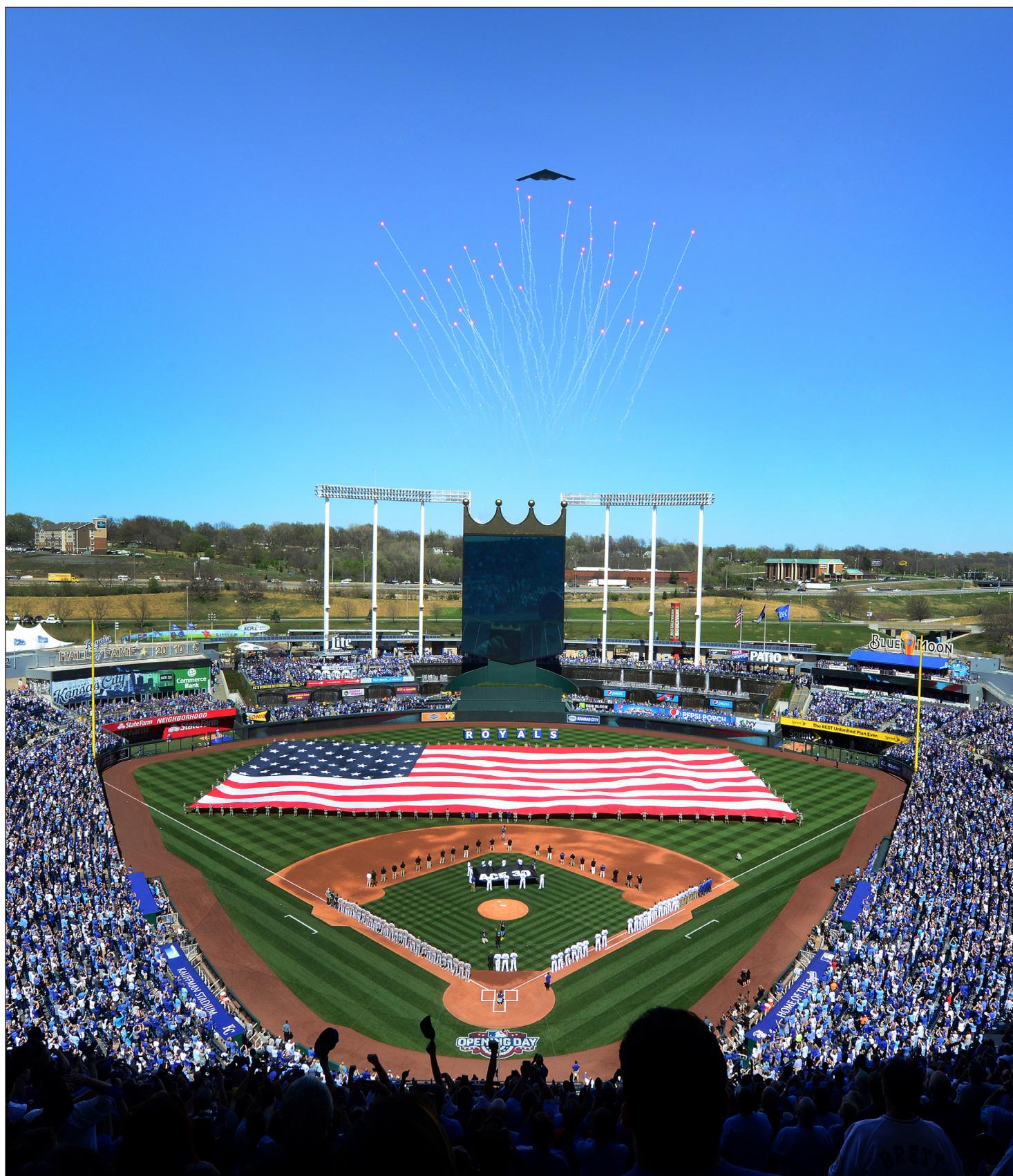
Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

**WEATHER**

| Today            | Saturday          |
|------------------|-------------------|
| Chance of Storms | Mostly Sunny      |
| Hi 76            | Hi 77             |
| Lo 60            | Lo 62             |
| Sunday           | Monday            |
| Partly Sunny     | Chance of Showers |
| Hi 71            | Hi 69             |
| Lo 56            | Lo 53             |

A "Royal" opening:

**Team Whiteman on display**



More than a hundred Airmen assigned to Whiteman Air Force Base, Mo., presented the American flag during the Kansas City Royals opening day at Kauffman Stadium in Kansas City, Mo., April 10, 2017. A U.S. Air Force B-2 Spirit stealth bomber performed a flyover following the singing of the national anthem by recording artist Melissa Etheridge.

*U.S. Air Force photos/Tech. Sgt. Andy M. Kin and Airman Michaela R. Slanchik*

# Reel Time Theaters

We're saving a seat for you.

**FRIDAY, APRIL 14 • 7 p.m.**  
Smurfs: The Lost Village (PG)  
Adults - \$6.25, children - \$4.00

**SATURDAY, APRIL 15 • 7 p.m.**  
Beauty and The Beast (PG)  
Adults - \$6.25, children - \$4.00

**SUNDAY, APRIL 15 • 3 p.m.**  
Kong: Skull Island (PG-13)  
Adults - \$6.25, children - \$4.00



## Catholic Holy Week Services

-Good Friday: April 14 at 3 p.m. in Chapel Annex 1

-Easter Vigil: April 15 at 8 p.m. in the Professional Development Center (PDC), Ford Auditorium

-Easter Sunday: April 16 at 11 a.m. in the PDC, Ford Auditorium

## Protestant Services

-Easter Sunrise: April 16 at 6:30 a.m. at Ike Skelton Lake

-Easter Sunday: April 16 at 9 a.m. in the Base Theater



## CAF Event

-Due to scheduling conflicts, the guest speaker, Leon Legothetis, will not be able to host the Kindness Diaries Seminar on Friday, April 14, and for this reason the event is cancelled.

*If you have any questions  
please call the Chapel  
at 660-687-3652.*

TEAM WHITEMAN'S MISSION IS TO  
EXECUTE STRATEGIC DETERRENCE, GLOBAL STRIKE  
AND COMBAT SUPPORT...ANYTIME, ANYWHERE!

ENVISIONING BEING AMERICA'S PREMIER BOMB WING  
TOTAL FORCE AIRMEN EXECUTING SAFE, SECURE AND  
EFFECTIVE NUCLEAR AND CONVENTIONAL  
AIRPOWER...COMBAT-READY TODAY, INNOVATING FOR TOMORROW!

## 509th Medical Group Closures/Training Day Change

Team Whiteman,  
In an effort provide the best access to medical care for our patients, the Medical Group is happy to announce that the clinic will only be closed on Federal Holidays and weekends. The clinic will no longer be closing for a full training day or during AFGSC Family Days or 509th Bomb Wing down days. You will have access to all of our services on these days, but we will tailor our staffing levels so our staff can also have time with their families.

Our training requirements remain robust and in order to ensure that we meet those objectives, starting April 27 the Medical Group will open every THURSDAY at 9:30 a.m.  
Effective the week of April 24, our new hours are as follows:

**Monday-Wednesday 7:30 a.m. - 4:30 p.m.**  
**Thursday 9:30 a.m. - 4:30 p.m.**  
**Friday 7:30 a.m. - 4:30 p.m.**

The clinic will open at 9:30 a.m. on April 19th, our projected training day.

We want to continue to earn your trust and exceed your expectations. We want to be the provider of choice for our family members and our retired populations. Minimizing our closures and maximizing access to care is one way that we partner with you in your healthcare.

# Missouri Airman named Air National Guard 2016 Outstanding Airman of the Year

By Maj. Jeffrey Bishop  
131st Bomb Wing, Public Affairs

The Missouri Air National Guard 131st Bomb Wing's (BW) Master Sgt. Thomas DuMont is the Air National Guard's Outstanding Airman of the Year for 2016.

DuMont is a senior air defense officer technician in the 157th Combat Operations Squadron (COS), a new unit of the 157th Air Operations Group (AOG) at Jefferson Barracks Air National Guard Base, St. Louis, Missouri. The award honors those Citizen-Airmen who best reflect excellence in leadership and performance, community involvement and significant self-improvement.

"Master Sgt. DuMont is an excellent representative of the best of the Missouri Air National Guard," said U.S. Army National Guard Maj. Gen. Steve Danner, the adjutant general. "We expect a lot of our Missouri Guardsmen, who are prepared to serve at home during emergencies or overseas during conflicts. When our nation needed him for our fight against ISIS in the Middle East, Master Sgt. DuMont stepped up and deployed to answer the call."

DuMont deployed in early 2016 to the Combined Air Operations Center at Al Udeid Air Base, Qatar, with almost 100 other Citizen-Airmen from the 157th AOG. While there, he was instrumental in the execution of 630 combat flight hours, with missions that struck 23 dynamic targets in support of coalition troops in theater. He coordinated 176 air tasking orders and monitored 372 aircraft while managing a 14-member cell during 10,000 sorties, directly aiding 2,000 counter-ISIS strikes to support the most concurrent missions yet flown in Air Force history.



U.S. Air National Guard photo/Senior Master Sgt. Mary-Dale Amison  
**U.S. Air Force Master Sgt. Thomas DuMont (center) is the Air National Guard's 2016 Outstanding Airman of the Year in the Senior Noncommissioned Officer category. From left to right, he is pictured with Col. William Boothman, the 157th Air Operations group commander, Chief Master Sgt. Michael Perry, a 131st BW chief, Chief Master Sgt. Jessica Settle, the 131st BW command chief, and Col. Kenneth Eaves, the 131st BW commander.**

DuMont learned the news of his selection when Col. Kenneth Eaves, 131st BW commander, called him at his squadron where he is a full-time technician.

"I was very overwhelmed during the announcement, and what it all meant didn't quite sink in until later in the day," said DuMont. "I am proud to represent the 157th AOG, the 131st BW, the Missouri Air National Guard and the Air National Guard!"

"Of the 105,021 Airmen and 21,582 senior

NCOs in the Air National Guard, there is only one best. And the best is Master Sgt. Thomas DuMont," said Eaves. "He has always been a stand-out performer in our wing, and the Air National Guard just validated his excellence. Better yet, we cannot find in our history where any senior NCO from Missouri has won at this level. I could not be more proud of him."

Eaves called DuMont the "epitome of the Citizen-Airman," and told him, "Out of more than 90 wings in the Air National Guard, there

is no senior NCO finer than you."

"Every drill, 131st Bomb Wing Airmen like Master Sgt. DuMont show up and exude excellence for the Show-Me State and for our nation," Eaves said. "I'm honored that one of our own has been recognized by the Air National Guard as best of the best."

"Master Sgt. DuMont is quietly fierce in every aspect of the Air Force Core Values. He is relentless to do his work exceedingly well," said Lt. Col. Lyn Cleveland, 157th Combat Operations Squadron plans flight commander.

Cleveland has worked with DuMont for more than eight years and deployed with him in 2016.

"He makes everyone around him operate at a higher level," Cleveland added. "He has a great mind and incredible work ethic, he knows the mission, he knows how to lead and instruct exceptionally well. I couldn't agree more with the board's choice of OAY."

Prior to being selected as the Air National Guard's senior NCO of the year, DuMont first had to clear competition at the wing and state levels. A wing selection board reviewed wing nomination packages and conducted formal in-person board interviews of all group-level nominees during December drill. The panel selected the winners from a wing of more than 1,200 members. A state board reviewed written packages and named DuMont to represent Missouri for the Air National Guard competition.

DuMont will now compete at the Air Force level from amongst major commands, direct reporting units, field operating agencies and Headquarters Air Force, for the chance to be named one of the 12 Air Force Outstanding Airmen of the Year for 2016.

## Understanding the Holy Week traditions

By: Chaplain, Capt. Anthony M. Davy  
509th Bomb Wing Chapel

Spirituality is most commonly defined as the ability to maintain beliefs, principles and values which come from religious, philosophical, or human values. The maintenance of these ideals is imperative to balance in life and providing foundation and stamina to withstand the storms of life.

For the Judeo-Christian traditions, Passover and Easter are very important times of the year and each tradition celebrates with much attention and fervor. The next few paragraphs will attempt to provide a general understanding of the Jewish celebration of Passover and the Christian observance of Lent and celebration of Easter.

Passover is observed by the Jewish Faith tradition. It is a celebration of the emancipation of the Hebrew people from slavery in Egypt. The term Passover is used in reference to the last of the 10 plagues, ordained by God, to bring about the freedom of God's people. The 10th and final plague was the death of all of the first-born in the land of Egypt. The Jewish people were given a means for the angel of death to pass-over their homes, thus sparing their children and ensuring their freedom.

Experiencing this plague broke the hardened heart of the Pharaoh and, finally, he heeded Moses' famous words to, "Let my people go." Sundown begins the Passover celebration, sending the Hebrew people hurrying out into the darkness, not having time to even let their bread rise. A mainstay of the Passover observation is eating a seder meal with components of four cups of wine (celebrating newfound freedom), eating matzah (unleavened bread representing humility), bitter herbs (commemorating endured slav-

ery), and recitation of the Haggadah (retelling the Exodus story).

The eight day holiday is split into two parts: the first and last two days are all-out holidays. During the middle four days, called Chol Hamoed, most forms of work are permitted. It is interesting to note that the few weeks prior to the Passover, Jewish families search their homes to rid it of chametz, (leavened grain), or anything made from it. This sounds similar to the Christian observance of Lent, where Christians give up non-essentials.

Easter and Lent are celebrated by Christians, especially in the Catholic and "high-church" or liturgical traditions; however, all of Christendom recognizes these times in the Church Calendar Easter, or Resurrection Sunday (the day Jesus Christ arose from the dead), culminates in a period of 40 days of fasting and reflections called Lent. The week leading up to Resurrection Sunday is the capstone event of Lent, called Holy Week.

In order to understand Holy Week, one must know the purpose of Lent. Lent is a time of reflection, when celebrants pause to remember what is important while eliminating things that are not essential -- in order to bring some clarity back to our purpose as Christians. Holy Week ends that 40-day period, serving as another opportunity to reflect, remember, and recalibrate one's life.

Palm Sunday begins the week and represents the Triumphal Entry of Christ into Jerusalem for the Jewish Passover. It is celebrated with palm branches being waved. Christians proclaim "Hosanna," lifting him high with their praise, mirroring him being received as a hero/king.

Maundy Thursday is the time where Christians remember the Last Supper. During this meal Jesus gathered his disciples and gave them advice and instructions. "Maundy" comes from a Latin word, meaning "command." Many churches have a last supper

and possibly a foot washing to follow Christ's example of servitude.

Good Friday is the time when we remember the Passion and execution of Jesus Christ. Christians call it "Good," even though it seems quite horrific, because it represents the necessary sacrifice which results in the goodness of God given to humanity in salvation via grace.

The Saturday of Holy Week is called the Great Vigil of Easter. The service begins at night -- in darkness. Candles are lit and scripture readings and music lead the story of relationship with God. Christians remember Christ, his importance and necessity for lives of wholeness and purpose. At this point, Lent is complete and Easter begins! The lights come on and the hidden things in darkness are gone. Christians celebrate new life and resurrection.

Resurrection (Easter) Sunday is the culmination of Holy Week. This is a day marked with celebration and joy. Many churches begin the day with an Easter Sunrise Service to commemorate the early arrival of Christ's followers at the tomb, only to find it empty. The Pastor or Priest says, "He is risen!" The church replies, "He is risen, indeed!" The resurrection of Christ fulfills prophecy and validates the message of the Bible that his sacrifice was made for the redemption of sin.

Practicing/remembering these events brings strength and community for those of the Judeo-Christian faith traditions.

The Whiteman Air Force Base (AFB) Chapel have several offerings for the Catholic and Protestant communities. If you are interested in participating, please visit the Whiteman AFB Chapel Facebook page for the full listing of events, or contact U.S. Air Force Tech. Sgt. James McConnell or Staff Sgt. Ronald Murray III at the Chapel Annex at 660-687-3652.

# Chalk the Walk



U.S. Air Force photo/Airman Michaela R. Slanchik

Members of Team Whiteman write inspirational messages with chalk in front of the fitness center at Whiteman Air Force Base, Mo., April 11, 2017. The messages were written to support and empower survivors of sexual assault in recognition of Sexual Assault Awareness Month.

# The road less traveled: All-female team guides Team Whiteman



**Chief Smith**

**5 things you didn't know:**

- Featured in Parents Magazine 2003 issue titled "When mom and dad are in the military ..."
- I was named after my father, Melvin ... I'm convinced he wanted a boy.
- I am the baby of five siblings ... my siblings used to call me "Mighty Mouse."
- I completed high school in three years.
- I used to ride a motorcycle.



**By Airman Michaela R. Slanchik**  
509th Bomb Wing Public Affairs

For the first time in Whiteman Air Force Base, Missouri, history all three top enlisted positions on base are held by female Airmen. These women have spent their careers breaking stereotypes and restrictions put on female service members and now hold prominent positions in the Air Force.

These three women have two things in common: They are all command chiefs, and they are all different.

**Getting to know U.S. Air Force Chief Master Sgt. Melvina Smith, the 509th Bomb Wing command chief.**

"My mom served in the Army. I always admired her so I wanted to follow in her footsteps. She advised me to join the Air Force if I did decide to serve. [Thanks mom for the GREAT advice!]"

At the age of 18, Smith enlisted in the Air Force and joined the services career field.

In tech school, she wasn't known as "trainee Day" or "Airman Day," but rather "P.A." for Proficiency Advancement, because of her unwavering dedication to her craft and desire to graduate early.

However, like many other young Airmen, Smith struggled on her journey of self-discovery and finding her place in life. Her first deployment solidified her purpose: taking care of Airmen.

Fast forward three years and she married her best friend and biggest supporter, retired Master Sgt. Derek Smith. They have three mini-Smiths: Johnell, 26, also known as U.S. Air Force Staff Sgt. Johnell Smith; Derek Jr. (D.J.), 17, "great big brother, very intelligent, athletic and has a great sense of humor;" and Trenten, 12, "an ambitious, energetic seventh grader." "They are the reason I serve. They motivate, support and inspire me to make this a great country to live and grow up in."

**Getting to know U.S. Air Force Chief Master Sgt. Jessica Settle, the 131st Bomb Wing command chief**

At 18 years old, Settle didn't have a strong desire to go to college. Instead, she headed over to the local recruiter without telling anyone and enlisted as a medic in the Air Force.

Little did she know, this wasn't an escape from school and she would still end up earning three different college degrees. The following year, her family helped her celebrate her favorite part of Basic Military Training—graduation.

"I can remember winning a push-up competition that I had with my little brothers in the hotel."

In the beginning, Settle missed the comforts of home and her family but she persevered, dedicating her time to studying and learning her craft and what it meant to be a part of the Air Force family.

Settle lives by the 'three-I' concept, which has helped shape her life and career.



**Chief Settle**

- I am a HUGE baseball fan, and my all-time favorite players are Jim Edmonds and Rick Ankiel.
- One of my hobbies is fishing.
- The decision to apply for the 131st Bomb Wing command chief position was a family decision. The smallest voice became the loudest voice, my daughter Lindsay.
- I am a quote junkie and I share a daily corny joke with my daughter.
- My favorite celebrations are birthdays!



"Be interested, stay informed and get involved. Anything is possible."

Settle says she is thankful for her support system at work and at home. Her husband holds her accountable to her goals, to try things out of her comfort zone, all while taking care of the household responsibilities in order for her to fulfill her commitment to her Air Force family.

"He is my rock, and I would not be able to be in this position without him supporting me and our kids," said Settle.

The Settles have three children, Josh, 25, Kyle, 21, and Lindsay, 15 (the little girl who inspired her to set the example that girls can do anything).

Settle strives to live by a quote from Maya Angelou: "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

"That's what I want to be remembered for, that I genuinely cared," said Settle.

**Getting to know U.S. Air Force Chief Master Sgt. Lisa Furgeson, the 442d Fighter Wing command chief**

"A recruiter came to my high school when I was a sophomore and gave a talk about joining the Air Force. I weighed my options and decided if I ever wanted to do anything with my life, my best bet was to join the Air Force. I went to see the recruiter and joined the Delayed Enlistment Program, and here I am 28 years later."

Furgeson started as a 454X0A, Jet Engine Mechanic. In her 28 years, she has been active duty, in the Reserves, a first sergeant and a volunteer deployer to Afghanistan.

She spent her first two years stationed in Germany and said she had the time of her life traveling throughout Europe.

She enjoyed work, too.

"Being female, I have smaller hands so I would get asked quite often to help out with different tasks that the men couldn't do. That always made me smile."

Furgeson and her husband have four teenagers, Olivia, 13, Kimberly, 14, Chad, 16, and Christian, 18.

"By staying in the military, even 'part-time' in the reserve, I set the example for my kids to give back to the community and our country."

As if raising these four teenagers wasn't enough, Furgeson has nine chickens.

"Luckily, raising the chickens isn't as hard as raising teenagers or Airmen."

She wants her Airmen to know: "I've done whatever I can do to make their Air Force a better place for them."

**This is how they got to where they are today.**

While they all came from different walks of life, they share a common bond of being sisters in arms. With their combined



**Chief Furgeson**

- I love to read.
- I have four dogs, nine chickens, and a pet ball python snake.
- I absolutely hate running, but I do it.
- I tandem jumped out of a perfectly good airplane, which was quite terrifying for the first 30 seconds, but then it was awesome.
- I have many tattoos.



74 years of service, they help command the wings that make Whiteman a Total-Force Integrated team.

Integration has not always been part of the Air Force, especially for females.

In 1948, the Women's Armed Services Integration Act was passed and the U.S. Air Force became fully integrated, allowing women to serve in the military in non-combat roles. In 2016, the Air Force began to allow women in combat roles, leaving no job unattainable for female service members.

"Mom, you have to do this. Girls can do anything, remember?" said Lindsay, Settle's daughter.

Everybody needs a premise. For these three chiefs, they all fall back on principles that led them to their success. They believe in being good Wingmen, hard work, communication, and living by the core values of integrity first, service before self and excellence in all you do.

"I don't believe in chasing rank," said Smith. "You just focus on doing the best job you can do and taking care of people and chief is just a byproduct of that."

The Enlisted Force Structure charges chief master sergeants to epitomize excellence, professionalism, pride and competence, serving as a role model for all Airmen to emulate. This is exactly what these women strive to do every day.

"Work at your full potential every day," said Smith. "Don't be afraid to step outside your comfort zone and continue to develop yourself personally and professionally."

Effective leadership in the Air Force stems from being a well-rounded person and embracing the whole-Airman concept. Setting this example has earned them their positions, and now they give back in order to shape the next generation of Airmen.

"It's the drive and determination to make positive changes making people's lives and career's better that will get you there," said Furgeson. "It's not about you, always keep that in mind. I started working harder and doing more both in and out of the military to better myself and, in turn, better the Air Force Reserve."

"Connect by taking time to get to know our dynamic Airmen," said Smith. "We also learn more about others when we engage in after-hour functions like intramurals and volunteer opportunities. It bridges the gap to our goal even though we came through different paths. As senior enlisted leaders, we were and will always be Airmen."

History hasn't always been on females' side when it comes to females in a male-dominant career field. However, thanks to those who paved the way, the Air Force has broken that barrier, making the command chief insignia attainable for any Airman's sleeve, male or female.

"I believe the Air Force gives you almost the most even playing field for women as far as equal pay, being judged on your character, confidence, actively having a voice and opportunities you probably wouldn't have otherwise," said Smith.

For these command chiefs, an even playing field wasn't enough. They also wanted to shape the future and be great mentors and role models.

"I applied for the position and here I sit proving to my daughter that girls can do anything," said Settle.



**April 29th**  
11 a.m. - 3 p.m.  
**5 Bay &  
Hangar 52**

For more information  
follow the  
Whiteman Facebook page

# 509TH BOMB WING VOLUNTEER APPRECIATION CEREMONY



*April 20th, 2017 11:30-13:00*  
*\$12 for Members | \$15 for Non-Members*

**MENU** *Chicken Marsala, Fresh Garden Salad, Garlic Mashed Potatoes,  
Mac N Cheese, Mixed Vegetables, Collard Greens, and Hot Rolls.*

IT IS THROUGH THE VOLUNTEER'S DEDICATION AND FORTITUDE THAT WE ARE  
ABLE TO MEET OUR CHALLENGES AND ACCOMPLISH OUR GOALS ON A DAILY  
BASIS. THE 509TH BW WOULD LIKE TO RECOGNIZE WHITEMAN VOLUNTEERISM BY  
HOSTING A VOLUNTEER APPRECIATION CEREMONY ON 20 APRIL  
FROM 1130-1300 AT MISSION'S END.

*Military: ABUs | Civilian: Business Casual*

CONTACT THE A & FRC WITH ANY QUESTIONS.

# 660-687-7132

# AFAF: For the Airmen, by the Airmen



U.S. Air Force photo/Senior Airman Jovan Banks

U.S. Air Force Senior Master Sgt. Tracette Abney, the 509th Logistics Readiness Squadron superintendent of the deployment and distribution flight, gives the opening remarks for the 2017 Air Force Assistance Fund (AFAF) Breakfast at Whiteman Air Force Base, Mo., Apr. 11, 2017. The AFAF consists of four charitable organizations that lend critical support to Airmen including active duty, retired, enlisted, officers and their families.



**View the *Whiteman Warrior* online  
by logging onto [www.whiteman.af.mil](http://www.whiteman.af.mil)**

# **Body By Whiteman**

The “Body by Whiteman” Competition is one of four Whiteman Fitness Center incentive programs. The purpose is to provide healthy competition and promote Esprit de Corps amongst military, DOD civilian, NAF employees and dependents assigned to Whiteman AFB through measured weight loss.

Top Female:

**Staff Sgt.**

**Elizabeth Lavaring**

**509th FSS**

**lost 8.00%**

**Percent of Body Fat (PBF)**

Top Male:

**Capt.**

**Broc Parker**

**20th ATKS**

**lost 4.90% PBF**

Top Team:

**Beth Zuniga and  
Matthew Zuniga**

**509th LRS**

**who lost 9.00% PBF**

Random Drawing:

**Senior Airman**

**Ashley Kjos**

**131st BW**