

WARRIOR



SALUTE TO SERVICE

▶ PG.8

U.S. SERVICE MEMBERS HONORED AT ROYALS ARMED FORCES DAY

▶ PG.2

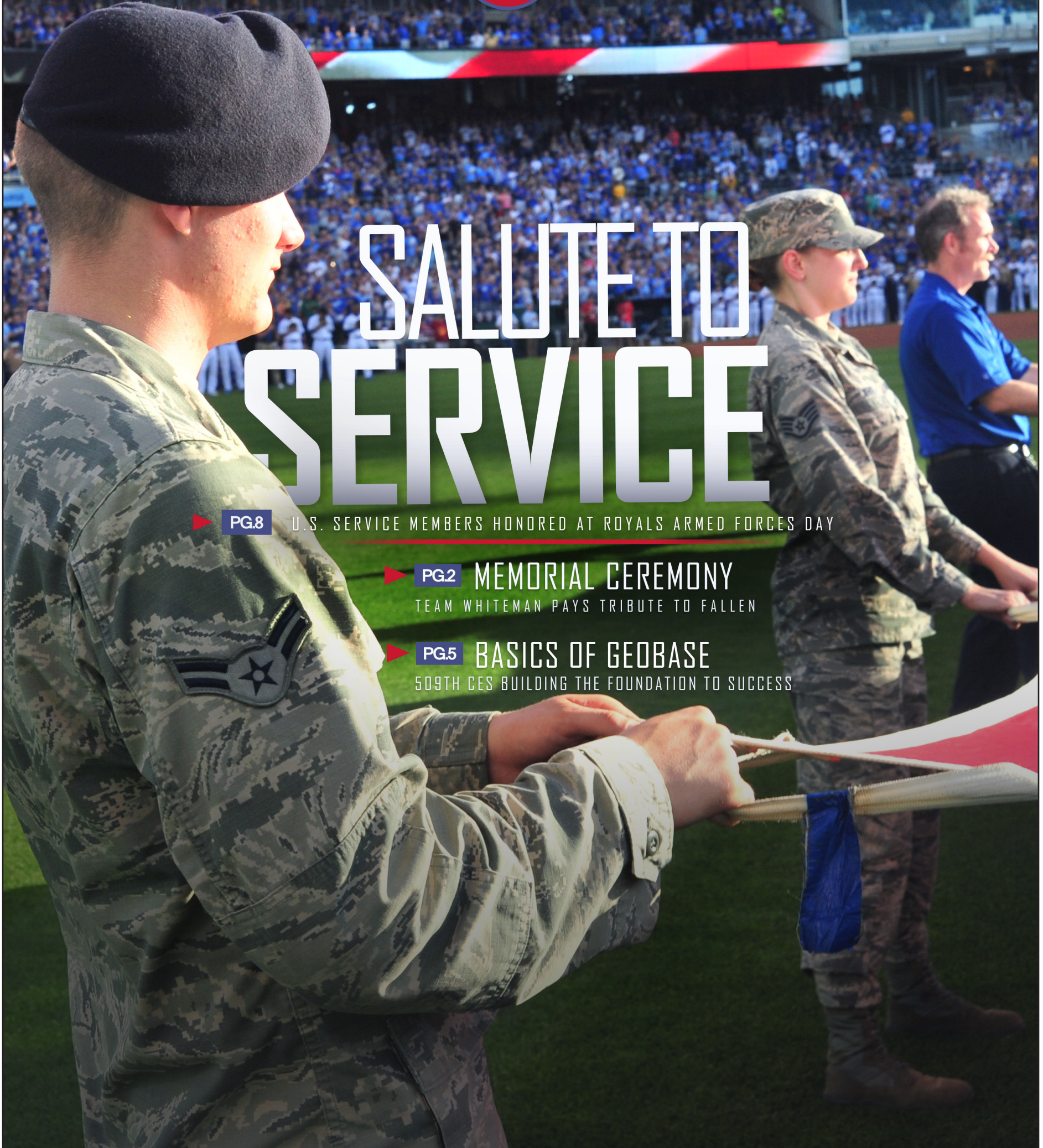
MEMORIAL CEREMONY

TEAM WHITEMAN PAYS TRIBUTE TO FALLEN

▶ PG.5

BASICS OF GEOBASE

509TH CES BUILDING THE FOUNDATION TO SUCCESS



Whiteman Wreath Laying Ceremony: an annual heritage connection



U.S. Air Force photo/2nd Lt. Matthew Van Wagenen

U.S. Air Force Lt. Col. Jeffrey Carter, the 509th Security Forces Squadron commander, speaks to attendees during the Whiteman Wreath Laying Ceremony at Memorial Park Cemetery in Sedalia, Mo., May 21, 2016. The annual event honors 2nd Lt. George Whiteman, a Sedalia native and the namesake of Whiteman Air Force Base, who was killed at Bellows Field, Hawaii, during the Japanese attack on Dec. 7, 1941.

By 2nd Lt. Matthew Van Wagenen
509th Bomb Wing Public Affairs

The heritage of Whiteman Air Force Base (WAFB) runs deep in the west-central Missouri community. Each year, the Whiteman Wreath Laying Ceremony in Sedalia, Mo., serves as a reminder of the connection between the base and the neighboring community.

2nd Lt. George A. Whiteman, a Sedalia native and the base's namesake, was killed on Dec. 7, 1941, as he attempted to take off in a P-40 Warhawk aircraft to fight the Japanese forces attacking Pearl Harbor. Initially called the Sedalia Glider base upon opening in 1942 and having undergone several name changes in the following years, the base was ultimately renamed Whiteman Air Force Base in his honor in 1955.

On May 21, 2016, local citizens, veterans, members of Lt. Whiteman's family and service members from the base attended the 28th iteration of the annual ceremony honoring Whiteman's sacrifice. This year's ceremony included the traditional wreath-laying by his gravestone, as well as a missing-man formation of T-38 Talons and other observances.

Following the ceremony, attendees heard a historical presentation at the Whiteman Corridor located at Katy Park in Sedalia. In 2015, the corridor was dedicated to the ties between Lt. Whiteman's legacy, the city and the base. It contains a sculpture of a P-40 pointed toward Whiteman's former home and a sculpture of a B-2 pointed toward the base.

Members of the 509th Security Forces Squadron, partnered with Sedalia in the Whiteman Air Force Base Community Council (WAFB BCC), attended this year to pay tribute.

"My squadron and I have been blessed to call Sedalia our 'sister-city,'" said Carter. "It is a partnership forged over the years that stands as a shining example of civil-military



U.S. Air Force photo/2nd Lt. Matthew Van Wagenen

Members of the 509th Security Forces Squadron (SFS) render a salute as veterans and community members show their respects while an American flag is lowered during the Whiteman Wreath Laying Ceremony at Memorial Park Cemetery in Sedalia, Mo., May 21, 2016. The 509th SFS is partnered with Sedalia in the Whiteman Air Force Base Community Council and participates in this annual event honoring 2nd Lt. George Whiteman, the namesake of Whiteman Air Force Base.

cooperation... As I conclude my command tour in the security forces squadron, my time spent partnering with Sedalia to care for my Airmen and support their great city will have been a true highlight."

Carter and the 509th SFS continue to maintain a fruitful relationship with Sedalia by receiving support from the community, giving back when possible through volunteering and participating in community events.

Dave Rouchka, a local business owner, veteran, and member of both the Sedalia Military Affairs Committee and WAFB BCC who served in the Navy in the 1960s, began assisting with coordination of the ceremony in the early 1990s and has served as the main event coordinator for the last 20 ceremonies.

"This annual event is designed to include as many diverse individuals and age groups

as possible and to be all inclusive of the various armed service agencies," said Rouchka. "There has been an ongoing positive, personal relationship between the Whiteman family and the Whiteman Air Force Base Community, and I greatly value the opportunity to be a part of it."

Members of WAFB continue to reflect on the service members who, like Lt. Whiteman, sacrificed so much to preserve the freedoms which all Americans enjoy.

"Remembering is what heritage is all about," said Carter. "It is a chance to reflect that the profession of arms is not just a job, but a way of life. That way of life sometimes will demand you give your life. The wreath we lay at Lt. Whiteman's grave is a small symbol that his legacy and heritage continue to inspire current and future Airmen to be a part of something greater than themselves."

THE WARRIOR Editorial Staff

Brig. Gen. Paul W. Tibbets IV
509th Bomb Wing Commander

Capt. Karl Wiest
Chief, Public Affairs

2nd Lt. Matthew Van Wagenen
Public Affairs Officer

Senior Airman Jovan Banks
Editor

Senior Airman Danielle Quilla
Senior Airman Sandra Marrero
Senior Airman Joel Pfiester
Airman 1st Class Keenan Berry
Airman 1st Class Jazmin Smith
Airman 1st Class Michaela Slanchik
Photojournalists

The Sedalia Democrat
Layout and Design

Published by the **Sedalia Democrat**, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Whiteman Air Force Base.

This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of **The Warrior** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the Department of Defense, the Department of the Air Force or the **Sedalia Democrat**.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. Editorial content is edited, prepared and provided by the Public Affairs office of 509th Bomb Wing, Whiteman Air Force Base. All photographs are Air Force photographs unless otherwise indicated.

The deadline for article submissions to the **Warrior** is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the **Warrior** office at 660-687-6126, email Whiteman.Warrior@us.af.mil, fax 660-687-7948, or write to us at Whiteman Warrior, 509th Bomb Wing, 509 Spirit Blvd. Suite 116, Whiteman AFB, Mo., 65305.

To advertise in *The Warrior*, call the *Sedalia Democrat* at 1-800-892-7856.

On the cover

U.S. Air Force photo/
Senior Airman Jovan Banks

Volunteers pull flag handles during a joint service flag detail at Kauffman Stadium in Kansas City Mo., May 30, 2016. The detail consisted of more than 20 service members who volunteered from various branches of service.

NEWS BRIEFS



U.S. AIR FORCE
EagleEyes

WATCH.REPORT.PROTECT.

U.S. Air Force Eagle Eyes provides service members and civilians a safe, discreet and anonymous option to report criminal information, counterintelligence indicators or force protection concerns.

To submit a web tip go to <http://www.tipsubmit.com/WebTips.aspx?AgencyID=1111> or the AFOSI web page at <http://www.osi.af.mil>

How to report an anonymous tip using a smart phone:

1. Use the smart phone app
2. Manually select an agency
3. Choose USA then Federal Agency then select AFOSI
4. Create a passport, select New Tip and fill out the form with as much information as possible.

How to report an anonymous tip VIA text message:

Text "AFOSI" plus your tip information to 274637 (CRIMES)

Air Force Housing website

Visit www.housing.af.mil to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.

Stealth Lounge

If you are a young Airman, let the Stealth Lounge make your time at Whiteman more fun. Stop by after work to play some pool, darts, foosball, or the newest games on Xbox One or Playstation 4. The lounge opens at 4 p.m. during the week and noon on weekends. There is free dinner every Friday at 4:30 p.m. There are also free premium snacks and Wi-Fi. Come for the free stuff, stay for the fun and friends.

Please like the Stealth Lounge on Facebook to stay up to date on special events and tournaments.

Found property

Keys, wallets, bicycles, jewelry and other items have been turned in as found property to Security Forces Investigation Section. To inquire about lost property, go to building 711, room 305, or call Detective Steven Scott at 660-687-5342.

WEATHER

| Today | Saturday |
|--------------|------------------|
| Mostly Sunny | Chance of Storms |
| Hi 81 | Hi 81 |
| Lo 59 | Lo 63 |
| Sunday | Monday |
| Sunny | Sunny |
| Hi 78 | Hi 81 |
| Lo 58 | Lo 58 |

131st gains full-time resource to support sexual assault response

By Airman 1st Class Halley Burgess
131st Bomb Wing Public Affairs

Amy Creighton recently joined the 131st Bomb Wing (BW) as its sexual assault response coordinator (SARC), in support of Guard Airmen who have faced sexual assault.

"As the first dedicated 131st SARC, Amy is a tremendous asset to the wing with her extensive background in the program at Whiteman and in the local community," said Col. Kenneth Eaves, 131st BW vice commander.

In his role, Eaves oversees the wing's sexual assault response program.

"Her enthusiasm and dedication is truly a testament to the professional and passionate individual she is, and has driven her to propel the TFI program to new heights garnering state, MAJCOM and AF-level recognition on numerous occasions," he added.

Creighton is a part of an important program that offers a safe environment for both Airmen and civilians, regardless of status, to find support after a sexual assault.

"The Guard saw the importance of the Sexual Assault Prevention and Response program," Creighton said. "We have always been a total force integrated group. However, we only had a SARC liaison. Now the Guard has decided to make it a stand-alone position. We want to dedicate a member, for the good of the Guard, to be 100 percent available to Airmen, 24/7."

Creighton, whose father retired while stationed here, has called the Whiteman area home for the last 20 years. She began her work for the military in the mental health clinic on base. In 2009, she transitioned to the sexual assault response coordinator for the 509th Bomb Wing, and joined the 131st in the same role in February 2016. Having a father in the military and growing up around the lifestyle cultivated a love for the military kept her at Whiteman



U.S. Air National Guard photo/
Airman 1st Class Halley Burgess

Amy Creighton recently joined the 131st Bomb Wing as its sexual assault response coordinator in support of Guard Airmen who have faced sexual assault. Creighton is a part of an important program that offers a safe environment for both Airmen and civilians, regardless of status, to find support after a sexual assault. If an Airman or someone they know experiences sexual assault, they should call the SARC hotline at 660-687-SARC (7272).

and led her to a career helping Airmen.

"Amy was pivotal to launching the successful TFI SAPR program at Whiteman and Jefferson Barracks three years ago," said Capt. Rachel Savage, the 131st BW executive officer and prior SARC. "Having worked with her closely since 2013, I know her abilities are far-reaching and she will continue to push the team across the state to greater heights."

The SARC offers resources and referrals to not just members, but to anyone who has been assaulted and is seeking support, on or off

base. Creighton teaches sexual assault prevention and other related classes and participates in other prevention work around the base. She also offers victim response for anyone who has questions regarding sexual assault for themselves or someone else. If an Airman or someone they know experiences sexual assault, they should first call the SARC hotline at 660-687-SARC (7272).

"If something happens and you can't remember what to do or who to call, once you're in a safe place, call the hotline," Creighton explained. "Let us walk you through the process and do the work for you. We want people to use us as their 911 for sexual assault."

The SARC can refer strict legal advice that's specific to the needs of the victim. The military has a special victim counsel that is assigned to a victim to answer any questions. Creighton also has resources in St. Louis for members who drill at Jefferson Barracks or who live near that area. Members who work for the SAPR program are educated and trained on how to most effectively communicate with and help a victim and remove any victim blaming.

A person who has experienced sexual assault and who comes to them guides the entire process, said Creighton. Care begins the moment the member picks up the phone, and ends only when they have told the SARC they no longer require her services.

"Sometimes you hear the term 'victim' or sometimes you hear the word 'survivor,'" Creighton said. "In our office, when somebody walks in or picks up the phone, they are a victim. Our goal is to empower that person so that when they leave, they leave a survivor."

For more information on the Sexual Assault Prevention and Response program, contact Amy Creighton at amy.creighton.1@us.af.mil. She may also be reached via phone at her office number 660-687-2324, or via her cell phone at 660-233-3152.

Fire Prevention Safety Message

By Tech. Sgt. Jason Lopez
509 CES/CEFP

Cooking brings family and friends together. It can be relaxing and provide an outlet for creativity. But, did you know according to the National Fire Protection Association, cooking fires are the number one cause of home fires and home injuries? From 2009-2013, U.S. fire departments responded to an average of 162,400 home structure fires that



involved cooking. These fires caused an annual average of 430 deaths, 5,400 injuries and \$1.1 billion in property damage. The emphasis on how important it is to be alert to prevent cooking fires cannot be stressed enough. By following a few safety tips you can prevent these fires from occurring.

- First and foremost, be alert! If you are sleepy or have consumed alcohol do not use the stove/stovetop. Do not allow distractions (i.e. cellular phone talking/texting, television, video games, computers, etc.) to take your attention away.

- Remain in the kitchen while you are frying, grilling, boiling or broiling food.

- Check regularly if you are simmering, baking or roasting food and remain in the kitchen while using a timer as a reminder that you are cooking.

- Keep anything that can catch on fire (e.g.: oven mitts, wooden utensils, food packaging, towels or curtains) away from your stovetop.

Even by exercising the safety tips noted above there is still a chance that an oven/stovetop fire can take place. In the

event that a fire does occur, please act according to the tips provided below.

- Just get out! When exiting, make sure to close the door behind you to help contain the fire.

- Call 9-1-1 once you leave.

- If you attempt to fight the fire, be sure others are getting out and that you have a clear way out as well.

- Keep the appropriate lid for the pan nearby when you're cooking to smother small grease fires. Smother the fire by sliding the lid over the pan and turn off the stovetop. Leave the pan covered until it has completely cooled down.

- For an oven fire remember to turn the heat off and keep the door closed.

Whiteman Fire Emergency Services would like you and your family to be continually educated in fire safety. If you have any questions about fire prevention, fire safety or training, please contact our Fire Prevention Office for information at 660-687-6080, 3748, or 6083. Also, please log on to our Facebook page at Whiteman AFB Fire Emergency Services for more fire safety tips.

Whiteman hosts Street Smart presentation

Reel Time Theaters

We're saving a seat for you.

FRIDAY, JUNE 3 • 7 p.m.

Teenage Ninja Mutant Turtles:

Out of the Shadows (PG-13)

Adults - \$6.25, children - \$4.00

SATURDAY, JUNE 4 • 7 p.m.

Teenage Ninja Mutant Turtles:

Out of the Shadows (PG-13)

Adults - \$6.25, children - \$4.00

SUNDAY, JUNE 5 • 3 p.m.

Teenage Ninja Mutant Turtles: Out of the Shadows (PG-13)

Adults - \$6.25, children - \$4.00



U.S. Air Force photos/Senior Airman Jovan Banks

A Street Smart presentation was given by Fire Rescue veterans Greg McCarty (top left) and Alex Jimenez (bottom left) to promote driving safety and safe-driving habits at Whiteman Air Force Base, Mo., May 25, 2016. McCarty and Jimenez brought various pieces of medical equipment used at a moment's notice to aid crash victims. The Street Smart program is designed to inform people about the dangers of driving while impaired, fatigued or distracted.

Political position in uniform

By Capt. Eric P.W. Hall
509th Bomb Wing Legal Office

It's a presidential election year this 2016, and that means lawn signs, emotionally-charged conversations with family and friends during parties and on social media and non-stop political commercials. Every four years it's the same ordeal, but if you follow the simple rules you can easily navigate any political cycle. Presidential elections, though contentious, are a vital part of our democracy that we should be proud to take part in.

Military members are allowed, and highly encouraged, to register and vote in elections, and active-duty members can attend most political events and activities. However, if these political activities interfere with military duties or create the appearance of a federal endorsement, they are expressly prohibited.

How can you make your vote count and stay within the rules as a member of the military? Follow these simple rules that align with Air Force Instruction (AFI) 51-902.

1) Stay out of uniform. One main concern for the Air Force is the perception of endorsing one candidate or another. This can easily be avoided by not attending fundraisers, political rallies or conventions in uniform.

2) Don't volunteer. Attending a rally or a fundraiser for a political party generally is acceptable, but once you volunteer to help manage, organize or make speeches at an event, you've crossed the line into active participation. This includes volunteering for a particular candidate,

or campaign or participating in fundraising activities. Military members are forbidden from volunteering for any type of political campaign.

3) Be careful of what you say. You do have a first amendment right to voice opinions, but, as a military member this right is limited. This means you cannot display political signs or banners on military installations, participate in radio or television programs as an advocate for a partisan political party or candidate, participate in organizations that advocate or espouse supremacist, extremist or criminal views and causes, or illegal discrimination or run for political office. Also, any commissioned officer who uses contemptuous words against the president, vice president, congress, secretary of defense, secretary of homeland security, a secretary of a military department, or governor or legislative branch of a state will be punished in accordance with AFI 51-902, AFI 51-903 and the Uniform Code of the Military Justice (UCMJ) Article 88.

4) Keep it off of social media. It's generally okay to follow and like your favorite politician or group's page, but don't ask your friends to do so and don't ask anyone for money. Also, if you feel you must voice your opinions on a political issue or candidate over social media make sure that you're not identifiable as a military member in your profile and you make it clear that the views you're expressing are yours alone and not those of the Air Force or Department of Defense.

If you have questions refer to AFI 51-902 and AFI 51-903, *Ethics Counselor's Deskbook*, October 2015 (http://www.dod.mil/dodgc/defense_ethics/) or feel free to contact the Whiteman legal office at 660-687-6809.

509th CES: laying the foundation



U.S. Air Force Airman 1st Class Nicholas Bara, a 509th Civil Engineer Squadron engineering technician, sets up a total station at Whiteman Air Force Base, Mo., May 18, 2016. Total stations are electronic optical instruments used to give precise angles and distances for a building's foundation.



Members with the 509th Civil Engineer Squadron geobase shop measure the length of a building's foundation at Whiteman Air Force Base, Mo., May 18, 2016. Engineering technicians must obtain accurate measurements from each building's corner to plot the next coordinate for the building foundation.



Engineering technicians from the 509th Civil Engineer Squadron (CES) geobase shop establish a building foundation at Whiteman Air Force Base, Mo., May 18, 2016. In a contingency environment, the geobase shop is responsible for assembling the foundation before CES heavy equipment operators lay concrete pads.

U.S. Air Force photos/Airman 1st Class Keenan Berry

AF defers promotion, re-enlistment ineligibility policy tied to enlisted distance learning completion

By Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- The Air Force has deferred the effective date for promotion and re-enlistment eligibility associated with the Air Force policy to complete enlisted professional military education distance learning courses within 12 months of enrollment until Jan. 1.

The six-month deferment allows additional time to validate notification and acknowledgment procedures, as well as ensure test centers have the time and capacity to meet testing requirements.

These adjustments alleviate potential impacts to a significant number of Airmen who may fail to complete Course 14 and 15 for reasons beyond their control.

“EPME is a critical component of our professional enlisted force and our expectations have not changed,” said Chief Master Sgt. of the Air Force James A. Cody. “Airmen are still required to complete EPME Distance Learning in a timely manner, yet we certainly understand we need to adjust to ensure all Airmen are able to complete the course on time. The policy deferment is necessary for us to assist Airmen through the transition to a blended learning program that delivers higher quality education to our Airmen earlier in their careers.”

Airmen who may go beyond 12 months in completing EPME DL must request a course extension through Air University, in accordance with enrollment instructions. Airmen will not be marked ineligible to reenlist and compete for promotion until the new policy



effective date.

The blended learning and time-in-service model announced in December 2014 was implemented so Airmen would receive PME earlier and more frequently in their career. Throughout the three-year transition of EPME to a blended learning model, approximately 50,000 Airmen have enrolled in the distance learning portion.

The temporary deferment of policy dictating repercussions to promotion and re-enlistment upon failure to enroll, complete and pass military education within one year of enrollment will expire Jan. 1, 2017. Airmen who enrolled in EPME on or after Jan. 1, 2016, are not affected by this deferment.

Airmen enrolled in EPME DL will be contacted directly by the Air Force Personnel Center with more information about the changes. Formal guidance will also be communicated from the headquarters manpower, personnel and services directorate to major commands, for further dissemination.

For more information about Air Force personnel programs go to the myPers website. Individuals who do not have a myPers account can request one by following the instructions on the Air Force Retirees Services website.

THINK SAFETY

131st BW train for emergency actions



U.S. Air National Guard photo/Airman 1st Class Halley Burgess

Citizen-Airmen from the 131st Bomb Wing, Missouri Air National Guard, train to build sand-bag barriers to protect critical facilities from flood waters during natural disaster state emergency duties during the wing's Annual Training Week (AT) event at Camp Clark National Guard Base, Mo., May 25, 2016. The training served the wing well in the historic St. Louis-area floods of 2016, when more than 30 Citizen-Airmen from the wing worked into the night on New Year's Eve to protect the water-treatment facility at High Ridge, Missouri.

For more photos, stories and video of the 2016 AT Week, visit the 131st Bomb Wing Facebook page at facebook.com/131BW

PEOPLE WHO READ
NEWSPAPERS ARE

**BETTER
WRITERS
AND
SPEAKERS**

It all starts with
Newspapers

RECYCLE This Paper ... Think Green



Royals Memorial Day Game

ABOVE: U.S. Staff Sgt. Spencer Wade, a warehouse supervisor with the 509th Logistics Readiness Squadron, announces a Kansas City Royals player during Armed Forces Night at Kauffman Stadium in Kansas City, Mo., May 30, 2016. The Royals invited U.S. service members to participate in the pre-game ceremony during the Memorial Day game.

RIGHT: U.S. service members of a joint detail prepare to deliver the first pitch baseball to the pitcher's mound during Armed Forces Night at Kauffman Stadium in Kansas City, Mo., May 30, 2016. The Kansas City Royals invited U.S. service members to participate in the pre-game ceremony during the Memorial Day game.

*U.S. Air Force photos/
Senior Airman
Danielle Quilla
and
Senior Airman
Jovan Banks*



U.S. service members join players of the Kansas City Royals for a moment of silence during Armed Forces Night at Kauffman Stadium in Kansas City, Mo., May 30, 2016. The Royals wore special uniforms to show their support for veterans and fallen military members during the Memorial Day game.



U.S. Air Force Staff Sgt. Samantha Brown, a U.S. Air Force Band of Mid-America member, prepares to perform taps prior to a Kansas City Royals game at Kaufmann Stadium in Kansas City, Mo., May 30, 2016. Taps was performed to pay tribute to those who paid the ultimate sacrifice for their country.



U.S. service members gather a ceremonial American flag prior to presenting the colors to the Kansas City Royals crowd at Kauffman Stadium in Kansas City, Mo., May 30, 2016. The detail consisted of service members of various branches throughout Missouri.

Airmen from the 509th OSS, 509th AMXS earn Whiteman Top III awards



U.S. Air Force photo/Senior Airman Danielle Quilla

U.S. Air Force Senior Airman Amanda Grantham, center right, a combat crew communications journeyman with the 509th Operations Support Squadron, receives the Top III MVP Award at Whiteman Air Force Base, Mo., May 23, 2016. Grantham was recognized for her dedication to the B-2 Spirit mission and the Airmen Against Drunk Driving program, to which she volunteered 100 hours of her off-duty time.



U.S. Air Force photo/Airman 1st Class Michaela R. Slanchik

U.S. Air Force Tech. Sgt. Jason Emry, center, a 509th Aircraft Maintenance Squadron B-2 Spirit repair and reclamation section chief, receives a Whiteman Top III award from members of the Top III at Whiteman Air Force Base, Mo., June 1, 2016.

Uphold the legacy of EXCELLENCE

Mess Dress Giveaway

SUBMIT YOUR BEST PICTURE AND WIN A FULL MESS DRESS!

ONE COMPLETE MESS DRESS UNIFORM FOR
ONE MALE AIRMAN AND ONE FEMALE AIRMAN.

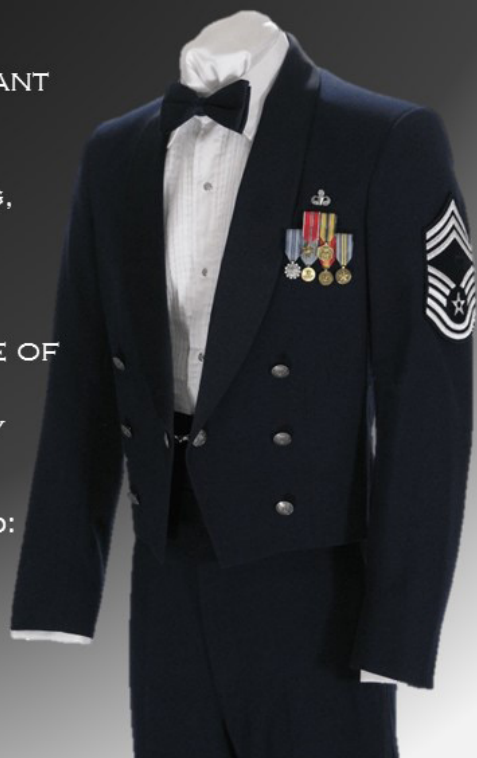
PLUS EACH WINNER WILL GET TWO TICKETS TO THE AF BALL !

THEME:

“Excellence, the True Spirit and Legacy of Whiteman AFB”

RULES:

- OPEN TO E-4 AND BELOW
- ONE ENTRY PER CONTESTANT
- SUBMISSION MUST BE AN ORIGINAL IMAGE (DRAWING, PAINTING, ETC. CREATED DIGITALLY OR BY HAND)
- MUST SUPPORT THE THEME OF THIS YEAR’S AF BALL AND INCLUDE AN EXPLANATORY ESSAY.



Submission deadline 10 Jun 2016 to:
MSgt Jeremiah Carley
MSgt Sean Morris

Sponsored by the AF Ball Committee
Funded by the Whiteman Spouses Group



509th SFS Airman earns Diamond Sharp Award



U.S. Air Force photo/Senior Airman Jovan Banks

U.S. Air Force Staff Sgt. Sylvia Cortez-Lomas, the weapons systems security assistant assigned to the 509th Security Forces Squadron, receives the May Diamond Sharp Award from members of the First Sergeants' Council at Whiteman Air Force Base, Mo., May 23, 2016. Cortez-Lomas earned the award for organizing her section and civilians to participate in the 2016 "Warrior Dash". Cortez-Lomas also organized a "Battle Frog" race team to benefit veterans, the Memorial Trident House and the Navy Seals Museum.



BHOP

Behavioral Health Optimization Program

- For Active Duty, Dependents, and Retirees
- Services within the Family Health Clinic
- Provided by a Licensed Clinical Social Worker
- Variety of areas addressed
 - Sleep, Stress, PTSD, Depression, Anxiety, Parenting, Relationships, Weight Loss, and MANY more...
- Quicker access to appointments
- Short term treatment alternative to Mental Health



Call 660-687-2188
Ask for a
BHOP appointment



Strengthen your Physical & Mental CAF pillars

services page

now a part of
classifieds

classifieds

