



THE NEW LIFE

DEPARTMENT OF THE AIR FORCE
509 BOMB WING/RAO
WHITEMAN AIR FORCE BASE, MISSOURI



VOLUME 24
NUMBER 6

DIRECTOR
ART MILLER

EDITOR
ARLEY NEIGHBORS

Apr 2016

Brigadier General Paul W. Tibbets IV 509th Bomb Wing Commander

On behalf of all of Team Whiteman, I cordially invite military retirees from all branches of the Armed Forces to our annual Retiree Appreciation Day (RAD) scheduled for October 1, 2016. As part of the activities, we will provide you with an update on our installation and answer your questions and address any concerns you might have. We are honored to host this great event for each of you, and I sincerely hope you will attend.

From the director

Registration for the 2016 annual Retiree Appreciation Day (RAD) starts at 7 a.m. at the Mission's End club. Please put "Retiree Appreciation Day" on your calendar. You can contact us locally at 660-687-6457 or toll free at 1-800-303-5608. You can also e-mail us at 509.bw.retirees.affairs.office@us.af.mil.

To get our online newsletter, go to www.whiteman.af.mil and look for Whiteman Links. Click on Retiree Activities and follow the prompts for our newsletter.

Our mailing address is:

509th Bomb Wing RAO/CVR
750 Arnold Ave., Ste. 126
Whiteman AFB, MO 65305
"STILL SERVING"

Benefits website

Retirees and family members are able to access information 24/7. Go to www.myaccess.dmdc.osd.mil/dsaccess.

Space-available travel

Passengers willing to try Space-A travel can sign up at terminals in person, or online at: <http://www.amc.af.mil/amctravel>, or by phone at 301-981-3527/5851. Passengers should be prepared to buy a return flight on a commercial aircraft.

Real Time Automated Personnel Identifications System (RAPIDS)

The DOD has a system that will help retirees and their family members locate a facility that can process the renewal and issuance of new ID cards. The DOD uses a system referred to as RAPIDS to issue ID cards. Since not all military installations have the ability to use RAPIDS, you may need to visit the RAPIDS Site Locator online for the nearest installation. The website for this program is www.dmdc.osd.mil/rsl.

New VA surviving spouse website

The Department of Veteran Affairs has created a new internet website for surviving spouses and dependents of military personnel who died on active duty and for survivors and dependents of veterans who died after leaving the service. Check out their website for more information at <http://www.vba.va.gov/survivors>.

Information of interest to retirees

1. A Presidential Memorial certificate is available to family members for deceased retirees. Obtain a copy of VA Form 40-0247 from your local VA office, or go to the internet and, using a search engine, enter "VA Form 40-0247," and you can print a copy. You must include a copy of the retiree's discharge (usually DD Form 214).
2. "Commissary shopper" valuable coupons may be obtained by applying on the website www.commissaryshopper.com. You will be required to provide the name of the commissary where you shop.
3. Retirees who do not have a computer internet setup are advised to check with the local library. Most of them have computer networks, although you might have to schedule your time to use their computers.

Military Personnel Flight

Customer Service (ID cards, DEERS)

The MPF Customer Service Office is located at:

330 Ellsworth Ln., Bldg. 3036

Whiteman AFB, MO 65305

If you are coming in to get a new ID card, we recommend you call ahead to ensure the DEERS/RAPIDS computers are up and running. You must have two forms of ID, one with a picture. To contact the MPF office, call 660-687-6427/28. Hours of operation are 7:30 a.m. to 4:30 p.m., Monday through Friday. The office is closed on weekends and holidays.

Casualty/Survivor Benefits

The Casualty Assistance / Survivor Benefits Office are located at:

309 Ellsworth Lane Rm 113, 509 FSS/DPMPs

Whiteman AFB, MO 65305

We recommend that you call ahead for an appointment if you need personal assistance. To contact this office, call 660-687-6434. Hours of operation are: 0730-1630 Mon thru Fri.

Legal Office

The Legal Office is located at:

509 Spirit Blvd, Suite 203

Whiteman AFB, MO 65305

To contact the legal office, call 660-687-6809.

Hours of operation are as follows:

Legal Assistance/Wills (by appointment only)

0800-1000 Mon and Tues

300-1500 Wed and Thurs

Notaries and Powers-of-Attorney

0730-1630 Mon thru Fri

For claims (by appointment) call 660-687-6809.

Tricare Retiree Dental Program

The TRICARE Retiree Dental Program (TRDP) provides the coverage necessary to help enrollees maintain good oral health and often prevent the need for major dental treatment down the road. Visit www.trdp.org for complete information about all the benefits available under the TRDP, or call Delta Dental of California, TRDP contract administrator, toll-free at 888-838-8737.

Medical Retiree Day Health Education

The 509th Medical Group (MDG) will provide health education and consultation on Retiree Day. You need not fast for any length of time as cholesterol and glucose testing will not be available.

Whiteman Medical Group: 660-687-2188

Whiteman Medical Group hours, to include the pharmacy are:

0730 - 1630 Monday thru Friday

The Clinic is closed the second Wed of each month for training, on weekends, down days and holidays. It is always advisable to call 660-687-2188 to confirm that the clinic is open before making a trip to the base. You can also find information on the 509 MDG Facebook page, or the official website:

<http://www.whiteman.af.mil/units/509mdg/index.asp>

Other Health Insurance discovery

By law, beneficiaries are required to report any Other Health Insurance (OHI) they have in addition to TRICARE. The Military Health System (MHS) has contracted with a vendor to obtain OHI information. If

the claim wasn't submitted to the OHI first, TRICARE will deny it. Providing your OHI information may help lower your out-of-pocket costs since two plans now pay on covered civilian care. To learn more visit www.TRICARE.mil/OHI.

Tricare's Nurse Advice Line

Please remember the Nurse Advice Line is an option for receiving health care or answers to your medical questions. This service can be accessed 24 hours a day, 7 days a week by calling 1-800-874-2273 and selecting option 1. The Nurse Advice Line is not intended for emergencies and is not a substitute for emergency treatment.

Tricare fraud

TRICARE Beneficiaries are being targeted by "Call Centers" who ask them to provide personally identifying information and health information so that they can allegedly provide prescribed medications to the TRICARE beneficiary. TRICARE and its contractors will never call and ask for personal or health information. You are strongly encouraged to provide NO information in response to these unsolicited requests. Should you receive a phone call for your personal or health information, remember to give them NOTHING and report the call to the Fraud Tip Hotline at: 1-866-759-6139 or by email at TRICAREfraudtip@express-scripts.com.

509th Security Forces Squadron Visitor Center:

Located next to Spirit Gate, off Hwy 23. To contact the visitor's center, call 660-687-2833. The Visitor Center can provide passes. A valid driver's license or government photo ID is required. Vehicle registration and proof of current insurance must be available in the vehicle. It is open 24 hours a day year-round.

Financial Services

The 509th Comptroller Squadron is located at: 509 Spirit Blvd, Suite 115A (Wing Headquarters Bldg., Base Flag in front)

Whiteman AFB, MO 65305

To contact the 509 CPTS by phone, call 660-687-2006. The fax number is 660-687-2758. Our e-mail is 509cpts.fcs@whiteman.af.mil. Be sure to include your day-time phone number in your e-mail inquiry. The 509 CPTS cannot make any changes per a telephone call or email.

Hours of operation are:

0900-1500 Mon thru Fri

Closed weekends, down days and holidays

Force Support Squadron (FSS)

The men and women of the 509th Force Support Squadron bid you a hearty Welcome! We know you will have an informative, fun day during the Retiree Day

events. Be sure to take advantage of the products and services we offer all year long. We are proud of our contribution to the Whiteman AFB mission. From bowling leagues to golf tournaments, catered parties and weddings to adventure trips for local attractions, we stand ready to serve you. The following facilities offer specials for you on Retiree Day, Oct 01.

- Stars & Strikes Bowling Center: \$1 shoe rental and \$1 games as well as a 30% discount on their lunch menu except alcoholic beverages.
- Free round of golf at Royal Oaks Golf Course with cart rental.

For up-to-date information on all FSS activities, events and programs, please visit our web site at www.whitemanfss.com where you'll find links for each of our facilities as well as our monthly magazine *Connection*. You may also take advantage of our online comment card <https://ice.disa.mil> to let us know how we're doing. If you would like to contact the 509th Force Support Squadron, you may send an email to marketing@whiteman.af.mil or telephone 660-687-6525. Again, welcome, and have a great Services day and Retiree Appreciation Day!

Base Exchange (AAFES)

Store hours are:

Mon thru Sat 0900 - 1900

Sun 1100 - 1700

Holidays Closed

Questions or information call 660-563-3001.

Commissary (DeCA)

Hours of operation:

Mon Closed

Tues thru Sat 0900-1830

Sun 1000-1830

Tues thru Fri 0800-0900 (Early Bird

Shopping- Self Checkout only)

Holiday Hours:

Tues 11 Oct Closed (Columbus)

Fri 11 Nov Open (Veteran's Day)

Mon 21 Nov Open 09:00-18:30

Thur/Fri 24/25 Nov 16 Closed (Thanksgiving)

Mon 19 Dec 16 Open 09:00-18:30

Check out commissaries.com for additional closing hours. If you have questions or comments, call to speak to a member of management at 660-687-5655.

Links To Retiree Publications

Army Echoes:

<http://soldierforlife.army.mil/retirement> Navy Shift

Colors: www.shiftcolors.navy.mil

Air Force Afterburner:

www.retirees.af.mil/afterburner

Marine Corps Semper Fidelis:

www.usmc-mccs.org

Coast Guard Evening Colors:

<http://www.uscg.mil/hq/cg1/psc/ras>

VA Medical Clinic

The new VA clinic, located across the street from the Sears store in Warrensburg is now open. They are now offering eye and hearing appointments. Call 816-861-4700 Ext 54281/800-525-1483 Ext 54281.

Base Lodging Overlooked

Military members, retirees and DOD civilians are eligible to book lodging at hundreds of military owned accommodations worldwide. To make reservations for The Whiteman Inn, call 660-687- 1844, e-mail whiteman.inn@us.af.mil or visit www.dod.lodging.net for information on other bases.

Base Dining Facility

The Base Dining Facility (Ozark Inn) will be closed for renovation and will not be available for this year's Retiree Appreciation Day.

DFAS-Audit Your Account

Make sure you review your account every year. You'd notice if your banking information was wrong, wouldn't you? Probably, but there's a lot of other important information to keep updated to make sure you're getting all the retired pay you deserve. Keep your information current so that we can get in touch with you if there is a problem, change or update with your account. Don't let anything slip through the cracks! Here's a list of things to check at least once a year:

- Update your address
- Update your email address
- Check your tax data
- Review your allotments
- Check family information
- Review beneficiary information

Enter this link into your browser for more info and to learn how:

<http://www.dfas.mil/retiredmilitary/newsevents/newsletter/Audit-Your-Account.html>

Requesting copies of military records

You can initiate requests for Military Service Records using the eVetRecs System online. You can request a copy of your DD214, service personnel records from the Official Military Personnel File (OMPF) and medical records. These records can be used for proving military service or as a valuable tool in genealogical research.

The eVetRecs system creates a customized order form to request information from your, or your relative's, military personnel records. You may use this system if you are:

- ☐ A military veteran
- ☐ Next of Kin of a deceased, former member of the military. The next of kin can be:
 - ☐ Surviving spouse that has not re-married.
 - ☐ Father. Mother
 - ☐ Son. Daughter
 - ☐ Sister. Brother

Your request must contain certain basic info for them to locate your service records. This info includes:

- ☐ The vet's complete name used while in the service.

- ☐ Service number (If applicable)
 - ☐ Social Security Number
 - ☐ Branch of Service
 - ☐ Dates of Service
 - ☐ Date and place of birth
 - ☐ If no Service Number then also:
 - ☐ Place of discharge
 - ☐ Last unit assigned
 - ☐ Place of entry to the service, if known.
- All requests must be signed and dated by the vet's next of kin.

The first step is to access the eVetRecs system's web page. For complete information and to access the online form, enter this web address into your internet browser:

<http://www.archives.gov/veterans/military-service-records/index.html>.

Courtesy of www.archives.gov

Other General Information

The General and Mrs. Curtis E. LeMay Foundation is a national organization which provides financial assistance to widows of all retired Air Force personnel. It offers financial help to indigent widows needing assistance—wherever they are residing—for as long a period as necessary, even for a lifetime. Write to:

The General and Mrs. Curtis E. LeMay Foundation
17050 Arnold Dr.
Riverside, Ca 92508.

Call toll free at 800-729-2999. The website is at www.lemay-foundation.org/. For e-mail inquiries, use info@afvw.com.

Administration on Aging

The mission of AoA is to develop a comprehensive, coordinated and cost-effective system of home and community-based services that helps elderly individuals maintain their health and independence in their homes and communities. For more information, visit www.aoa.gov/.

Social Security Administration offers disability benefits

Did you know that many disabled veterans and wounded warriors may qualify for Social Security disability benefits, in addition to their Veterans Affairs benefits? For information go to

www.socialsecurity.gov/disabilityfacts

Birthdates of our Military Services

US Army—June 14, 1775

US Navy—October 13, 1775

US Marines—November 10, 1775

US Coast Guard—August 4, 1790

US Air Force—September 18, 1947

Additional Helpful Links

To find your state representative:

<http://www.house.gov/representatives/>

To find your state senators:

<http://www.senate.gov>

To find the VA:

<http://www.va.gov>

To find DFAS:

<http://www.dfas.mil>

To find Tricare:

<http://www.tricare.mil>

What to do if your myPay account is inactive

Keep your finances at your fingertips and don't risk getting your 1099R and Retiree Account Statement lost in the mail or opened by someone else. myPay gives you an easier and secure way to access your 1099R and RAS.

Reactivation is simple – just follow the steps below:

1. Go to mypay.dfas.mil.
2. Click on the “Forgot or Need a Password?” link and enter your login.
3. Choose to send a temporary password to your email and go back to myPay and log in to activate your account.

myPay simplifies the management of your military retirement and gives access to personal information about your retirement funds. If you have any questions, please contact the Defense Finance and Accounting Service Customer Care Center at 888-332-7411.

Funeral Services at

Arlington National Cemetery

Call Arlington National Cemetery at 1-877-907-8585 for information on scheduling services. To learn more about funeral services at Arlington, watch the video: “The Official Guide to Funeral Services at Arlington National Cemetery” at www.arlingtoncemetery.mil/Funeral-Information/About-Funerals.

Veterans Health Library

The Veterans Health Library has fact sheets, videos, guidebooks, interactive quizzes and much more.

Since 2013, the Veterans Health Library at <http://www.veteranshealthlibrary.org> has been offering Veterans, family members, and caregivers 24/7 access to comprehensive, Veteran-focused health information. The online Library is a one-stop source for health information to help Veterans stay healthy and well-informed.

All health information is available in English and Spanish to Veterans, their family and the public, no matter where the Veteran receives care.

SCAM MEDICARE IMPOSTERS:

There are different kinds of Medicare imposter scams on the rise. The scammers call pretending to work for Medicare. They say they need to verify your bank account number. Some callers may even know the first few numbers of your account, and say you just need to verify the rest. However if you fill in the blanks, you're giving them access to your money and they want to steal it. They may say they lost your information and need to it to deposit funds, provide additional benefits, or send you a new Medicare or prescription card. They assure you there is no charge and act as if it's an urgent matter, stating things such as “your benefits will be cut off if you don't give them your bank account information right

away.” Remember Medicare imposters want to steal your money. Don’t let them.

The next time you receive a call like this, here’s what you should remember:

1. Don’t give out your bank account number--or any part of your Social Security Number. Simply hang up the phone.
2. Report your experience at 1-877-FTC-HELP or [ftc.gov/https://ftc.gov/complaint](https://ftc.gov/complaint)
3. Click on “Scams and Rip-offs.” And then “Imposter Scams.”

4. If you have questions about your Medicare benefits, call 1-800-MEDICARE.

Chances are you know someone who could use a reminder on how to avoid these imposter scams. Pass on this blog post and share other consumer protection tips

<http://www.consumer.ftc.gov/features/feature-0030-pass-it-on> with your friends and family. (SCOURE: FTC Consumer Information News Release and JBLM McChord Field, WA newsletter.

Report death to DFAS soon to avoid pay issues

Defense Finance and Accounting Services officials advise reporting a retiree’s death as soon as possible by calling 800-321-1080, or completing a Notification of Death Fast Form on the DFAS website.

This will help avoid delay and possible financial hardship to surviving beneficiaries, family members or executors, who will be required to return any unearned military retirement payments.

Eligibility for military retired pay ends with the death of the retiree. If a retired pay payment was issued for the month in which the retiree died, the bank will be notified to return the payment. The beneficiary of the arrears of pay may be due a prorated amount for the month of death.

The caller reporting the death will need the retiree’s name, Social Security number and date of death.

DISCLAIMER

The New Life is published by the Whiteman AFB Retiree Activities Office (RAO) to inform retirees and their family members of changes in legislation, defense policy and other matters affecting their military rights, benefits and obligations. While every effort is made to verify the accuracy of the information contained herein, the RAO staff cannot guarantee the accuracy of the information furnished by outside agencies. Views and opinion expressed in this Newsletter are not necessarily those of the Department of the Air Force or of the publishing agency or command.

RETIREE ACTIVITY OFFICE CANNOT CHANGE YOUR MAILING ADDRESS

We receive our official mailing list from MY PAY DFAS.

FROM THE DIRECTOR: If you would like to receive this newsletter by e-mail only and Updates on TRICARE and MEDICARE and AF news Updates. E-mail us at 509.bw.retiree.affairs.office@us.af.mil . With your Name, e-mail Address, City and State (so that we can delete you from our “Snail-Mail” list).

Volunteers Needed!!

Volunteering is a rewarding experience. There are many programs and activities that could not exist within our military community were it not for the volunteers doing the work to make things happen. If you have been looking for a fun, creative and rewarding way to stay connected to the Whiteman military community, then volunteering is the answer. The Whiteman Retiree Activities Office is always looking for new volunteers to help man our office. Call us at 660-687-6457 for more information. Or call Raxel Colburn at 660-687-7132 for information on other locations that may need volunteers.

Cyber Awareness – Password Security

Electronic passwords are necessary to protect your information from cyber criminals and unauthorized users. Passwords are the most common means of authentication for computer systems, and it's estimated the majority of information security breaches are our computer systems. It's estimated that most breaches are a result of users with weak passwords that are easy to guess, or poor password protection practices. It is your responsibility to ensure the confidentiality and minimize the availability of your passwords.

Creating A Strong Password

It's recommended that your password be at least 14 characters long. Short passwords are more vulnerable to exploitation.

Include a mix of uppercase letters, lowercase letters, numbers and where permitted, special characters.

Don't use words associated with personal characteristics that others might know.

Infiltrators try to guess passwords with information they know about you.

Don't use full words in any language, unless you alter the spelling substantially.

Don't use consecutive letter or numbers.

Don't use adjacent characters on your keyboard.

Protect Your Passwords.

Keep our passwords secure and out of the wrong hands.

Air Force Enlisted Village

Write : Air Force Enlisted Village, 92 Sunset Lane, Shalimar, FL 32579-1000. Phone: 850-651-3766 or toll free 800-258-1413. Email:

afef@afev.us. Web:

www.afenlistedwidows.org.

Armed Forces Retirement Home-Washington Campus

Write Armed Forces Retirement Home, 3700 N. Capitol ST. NW, Washington, DC 20011-8400.

Phone: 800-422-9988.

Fax: 202-730-3492.

Email: admissions@afrh.gov and specify "DC" in the subject line.

Web: www.afrh.gov.

The Veterans Health Library has fact sheets, videos, guidebooks, interactive quizzes and much more.

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509TH BOMB WING/RAO/CVR
750 ARNOLD AVE, STE 126
WHITEMAN AFB, MO 65305-5315

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65336
PERMIT #25



RETIREE DAY RESERVATION FORM

NAME _____ RANK _____ BRANCH OF SERVICE _____

THIS YEAR THE LUNCH CHOICES ARE:

THE CLUB: Lunch Buffet: Includes two choices of meats, salad bar, two choices of vegetables, desert, coffee, water, and sodas. Cost \$8.00 for members and \$10.50 for non-members.

BOWLING CENTER: Retiree Day Special, between 1100 – 1300, will be 30% off any snack bar menu items.(Alcoholic Beverage not included).

BASE EXCHANGE FOOD COURT: Burger King, Taco Bell, Pizza and a selection of sandwiches.

PLEASE CIRCLE YOUR CHOICE BELOW AND INDICATE THE NUMBER IN YOUR PARTY.

1. The CLUB _____ 2. OZARK INN _____ 3. BOWLING CENTER _____

4. FOOD COURT _____ 5. BASE TOUR _____ 6. CUSTOMER SERVICE _____

7. OSCAR-1 _____ 8. FINANCE _____

IN ORDER FOR US TO PLAN PROPERLY, PLEASE RETURN THIS FORM TO ARRIVE NO LATER THAN 24 SEPTEMBER 2016

**509 BOMB WING/RAO
750 ARNOLD AVE, STE 126
WHITEMAN AFB, MO 65305-5021**