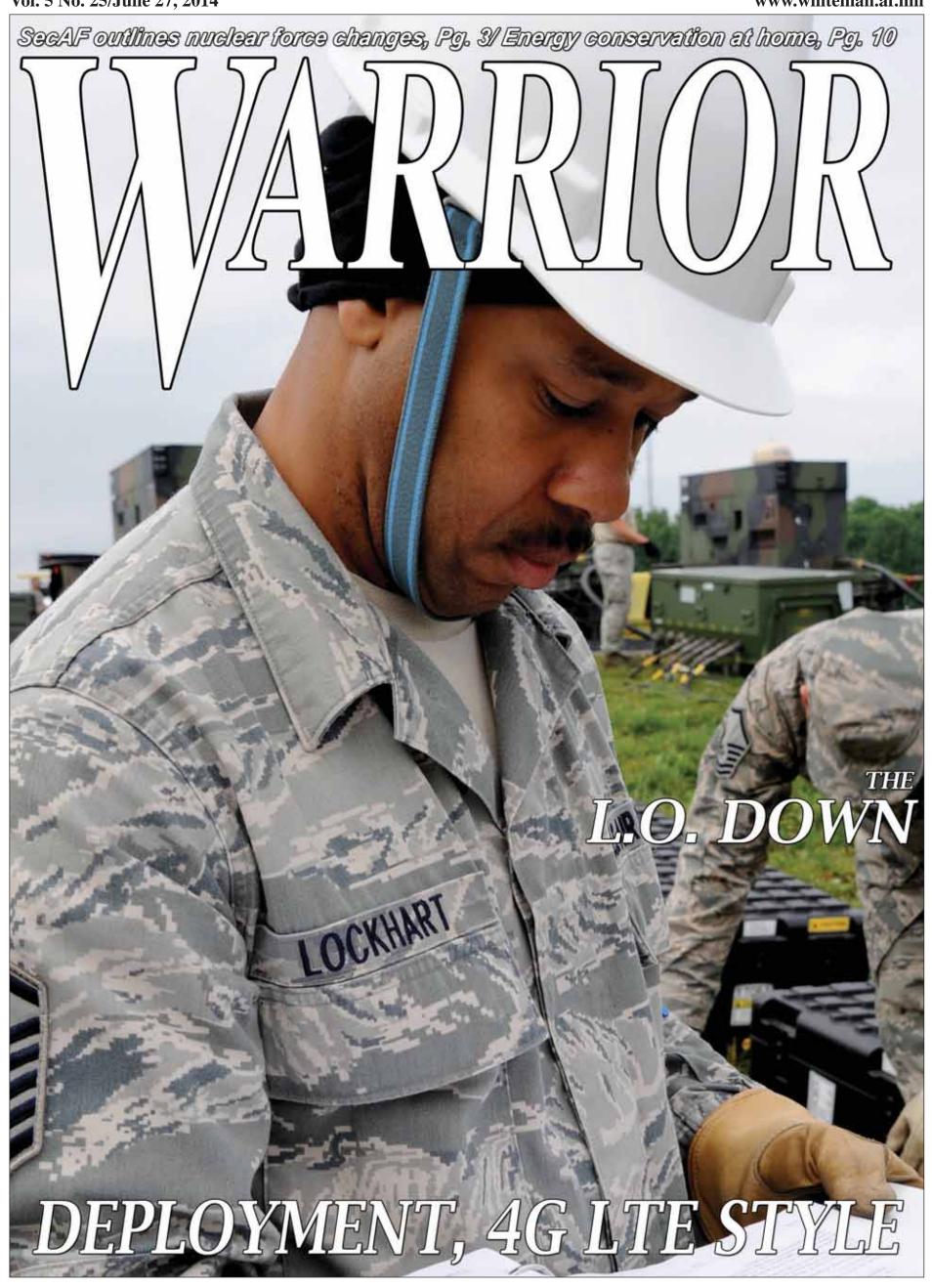
Vol. 5 No. 25/June 27, 2014

www.whiteman.af.mil



The Warrior
June 27, 2014

News

Team Whiteman;

In May 2013, the Secretary of Defense directed measures to strengthen sexual assault prevention programs. As part of that initiative, the Air Force implemented the DEOMI Equal Opportunity Climate Survey, DEOCS, in January 2014, replacing the Unit Climate Assessment, and bringing the Air Force in line with all other components of the Department of Defense.

As commander of the 509th Bomb Wing, I am responsible for the well-being of the Airmen under my command. I must ensure an opportunity for every one of you to express your opinions regarding the manner and extent to which your leaders, including myself, respond to allegations of sexual assault, complaints of sexual harassment and discrimination. It is my responsibility to ensure all Airmen at every level work in an environment free from harass-



Brig. Gen. Glen VanHerck 509th Bomb Wing Commander

ment, discrimination, bullying and reprisal.

Beginning July 9th through the 23rd, I am asking for your support by completing

the 509th Bomb Wing DEOCS. I encourage every Airman and federal civilian employee, including NAF employees, to take part in the survey. Your responses are anonymous and I need your honest feedback.

The survey website will be available 24 hours a day and your Common Access Card is not required. You will access the site with a computer generated password that can't be traced back to the user. You can complete the survey on any computer with Internet connectivity. The wing's Equal Opportunity Office will also be available to answer any questions you may have

This is an opportunity to communicate with me and your squadron leadership. We have a genuine concern for your well-being. Let us know what we are doing well and how we can improve on specific areas of concern you may have. Your opinion counts...change starts with you!

THE WARRIOR

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509th Bomb Wing Commander

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Putting integrity first

509th MDOS/CC

Integrity.

Over the past few months one of the Air Force's Core Values has been in the public spotlight...Integrity First. With the recent cheating scandal at Malmstrom Air Force Base, it has become evident to even the most casual observer that integrity was not "First" for some 90 missile officers. In his last letter before resigning, Malmstrom Air Force Base's Wing Commander posed a simple question to his wing, what if one Airman had said, "This is wrong," and reported it up the chain of command? Imagine how different the headlines and news coverage would have been. That one Airman would have shown the entire world what it means to be a member of the United States Air Force. We would have once again been highlighted for our integrity and high standards. Instead, now we are watching the news media talk about the horrible state of affairs our nuclear mission is in. Where did we go wrong?

Earlier this month, Whiteman AFB had a Wingman Day. We shut down operations for the entire day and had the opportunity to "re-blue." We re-examined the AF core values and what it means to us to be members of the United States Air Force. At one of Brig. Gen. VanHerck's commander's calls, I had the privilege to watch one young Airman stand up and talk about how military members are just "different" when compared to the rest of society. He talked about going home on leave, and

people who didn't know him would come up and say, "You must be in the military," just based on how he presented himself. I believe this sums up better than any argument just how much integrity first is more than a saying, but a way of life.

The core value of integrity is not something that is tested only one time in our career. Instead it is demonstrated by every decision and action we take on a day to day basis. Integrity is how we hold ourselves whether we are out in public or when nobody is around. It's how we act when the waitress brings us the check, but we weren't billed for one of the drinks we ordered. Do we say, "I believe you forgot to add a drink" or do we quietly think, "Sweet, free drink!"? I believe each one of you knows the right answer, but now ask yourself, is that what I would really do?

Gen. Fogleman, former chief of staff of the Air Force, stated, "The tools of our trade are lethal, and we engage in operations that involve risk to human life and untold national treasures. Because of what we do, our standards must be higher than those of society at large. The American public expects it of us and properly so. In the end, we earn the respect and trust of the American People because of the integrity we demonstrate."

Having been in the Air Force for the past 16 years, without a doubt I believe in the core values of our United States Air Force. I know as Airmen, we will again not only hold ourselves to a higher standard, but we will continue to uphold our core values and live with integrity first. This is our history and our future. Our country and its citizens not only expect it of us, but demand it of us...and We Will Not Fail!

Thankful to those who would stop to thank a uniform

By Capt. Jeffrey M. Bishop, APR 131st Bomb Wing Public Affairs

It's 6:15 p.m. — a quick stop for essentials at a store in a small central Missouri town on Aisle 17, Health and Beauty. A woman pushes her cart toward me; in the seat, a young child — perhaps her grandson — squirms; he's had his fill of shopping. The woman tries to catch my eye. When she does, she smiles and says, "Thank you. Thank you for serving our country, Soldier."

I smile back, a bit embarrassed and maybe a little ashamed, before replying with an obligatory, "You're welcome."

You see, she doesn't know that I'm a new Guardsman; I've only been back in the uniform for about a year. I've never deployed in it, haven't yet pulled state emergency duty in it. I drive across the state, train and go home. I work hard, but most of the time it doesn't feel like I'm serving my country or my state.

Being in the Guard, the minimum standard calls us to wear the uniform one weekend per month, and two weeks per year. My identity, therefore, is more often associated with my day-to-day job than it is with this part-time job. And right now, my co-workers back home are carrying my load while I serve.

And of course I'm not a Soldier, I'm an Airman, but that doesn't matter – camouflage makes everyone look like a Soldier. I've learned that Soldier is simply short-hand for Service member.

These are the thoughts that cross my mind as I accept what feels like unwarranted gratitude. She doesn't see that I don't necessarily feel like the well-starched Airman that she sees before her in Aisle 17.

But maybe she does. Maybe she correctly sees me as I am.

Maybe she has a nephew or a daughter serving in uniform. Maybe right now, while talking to me in the store, she's worried about a husband deployed to Afghanistan, doing a job that I might find myself doing in only a few months.

Maybe her home was once spared from a flood by thousands of sandbags stacked by others who also wear my uniform.

Or maybe she has a more abstract

understanding of that uniform; an abstract appreciation for the value the uniform represents. Maybe for her it represents security and freedom – rights that Americans enjoy and that we strive to provide to others around the world.

I honestly don't know why she stopped to say thank you. That probably doesn't matter, though. I would do my job with integrity, excellence and service, with or without a thank you in Aisle 17. To do so is simply my duty as an American Airman serving in uniform in the Air National Guard. It's the standard we all keep.

But the thank you is rejuvenating, like a big energy drink on Aisle 12. It's a fuel booster in my tank from the Automotive Department. It will help propel me forward, and will help me to do it with good cheer.

Ma'am, wherever you are right now, you are quite welcome. And in turn, to you and to all American citizens, co-workers and community members who loyally and unflinchingly support our nation's Citizen Airmen and Soldiers serving in uniform at home and abroad:

"Thank you."

On the cover

U.S. Air Force photo/ Senior Airman Bryan Crane

Master Sgt. Ervin Lockhart, 239th Combat Communications Squadron NCO in-charge of radio frequency transmissions, follows a technical order to build a satellite during a simulated deployment. The 239th CCS deploys with their own power plant and satellite allowing effective Internet communications for an entire wing.

News The Warrior June 27, 2014

NEWS BRIEFS

Water Quality Report

The annual water quality report for 2013 is now available on the Whiteman web page under the Environmental tab.

Spirit Café

Don't have plans for Friday evening? Go to the Spirit Café!

Not sure what to eat on Friday evening? Go to the Spirit Café!

Want to enjoy a rousing game of Titan Falls? Go to the Spirit Café!

Free food every Friday evening, comrades to enjoy it with, and lots of games and movies!

It sounds so good I want to go to the Spirit Café too! So, don't waste time. Tell a friend and take a friend to the Spirit Café today!

Telephone news line set up for retirees

A toll-free telephone news line has been set up for retirees and surviving spouses who do not have computer access.

By calling 1-800-558-1404, retirees and spouses can stay informed using this new easy-to-use menu-driven service. Callers can select from several different topics that are compiled from various electronic news sources.

Topics include pay and annuity matters, medical and health care, and other benefits and entitlements.

CCAF GEM Program

Military members avoiding taking classes because of work shifts, deployments or other time constraints have a new program to assist them. Community College of the Air Force degree requirements can be met through distance learning using the CCAF General Education Mobile (GEM), a partnership between CCAF and other schools. For more information call (660) 687-2420

Air Force Housing Web Site

Visit www.Housing.af.mil to find your new home with the Air Force. This web site serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases worldwide.



WEATHER

TodayChance of Storms
Hi 85

Saturday Chance of Storms

Hi 85 Hi 84 Lo 68 Lo 70

Sunday Partly Sunny Hi 87

Monday Mostly Sunny Hi 89 Lo 73

SecAF outlines changes for nuclear force

By Army Sgt. 1st Class Tyrone C. Marshall Jr.

American Forces Press Service

WASHINGTON (**AFNS**) -- Secretary of the Air Force Deborah Lee James outlined new incentives and measures designed to change the culture of the service's nuclear force June 17.

Following a cheating scandal involving intercontinental ballistic missile launch officers at Malmstrom Air Force Base, Montana, and the subsequent relief of nine officers, a commander's retirement and 91 other airmen receiving discipline, James touched on ways the Air Force has begun to address "systemic issues."

"I do think this is more than a single issue," she said in remarks at a Defense Writers Group breakfast. "As I've said before, I do think we need some holistic fixes for the nuclear force. This is not something that happened in the last year or two, or even 10. It's probably been happening gradually over the last 25 years."

The secretary said while there are likely no quick fixes to resolve these issues, there are measures she and Air Force Chief of Staff Gen. Mark A. Welsh III can implement now.

"Let's talk money," James said. "Money is not everything, but money's important. So right now, in [fiscal year 2014], just in the last few months, we have redirected \$50 million -- \$50 million, by the way, is the most that the Global Strike Command said they could reasonably spend in [the fiscal year]."

Money should be spent reasonably, she said, so in addition to \$50 million, \$350 million more will be redirected to the nuclear mission over the next five years. The money will go to sustainment infrastructure and to some of the "people issues," the secretary added.

There could be more to come, James said, but this is what officials have decided so far.

Another issue being addressed is undermanning in the nuclear force, the secretary told the defense writers.

"When you're undermanned, that means the existing people have to work harder," she said. "That impacts morale and it could impact other things as well. We have, right now, already directed 1,100 additional people are going to be inserted into the nuclear force to get those manning levels up."

They principally will be in the field, she said, and the Air Force is going to 100-percent manning in the eight critical nuclear specialties. Air Force

officials have lifted some of the ongoing servicewide manpower reductions to add people back into the nuclear force, she added.

Along with those adjustments, the secretary noted, she has called for elevating the Global Strike Command commander's position to the four-star level and that the related major general position on the Air Force staff be made a lieutenant general position.

"We want to up the rank of the nuclear forces within the Air Force," she said. "Rank matters in the military, so that's another thing that we're doing."

Additionally, James said, the testing environment that produced the cheating scandal has been revamped, and the inspections environment will also see changes.

"It had become this zero-defect mentality, where even the smallest of the small kinds of errors could cause an entire failure," she explained. "That wasn't a healthy environment." In the fall, James said, the Air Force also will introduce a variety of new

financial incentives for the nuclear force "to kick it up a notch," including offering accession bonuses for new officers' ROTC scholarships and incentive pay.

James also noted 20th Air Force commander, Maj. Gen. Jack Weinstein,

has issued a series of directives to the field designed to start to shift the culture.

"Now you know promos don't shift culture" she said. "I codership

"Now, you know memos don't shift culture," she said. "Leadership and time eventually shifts culture, but this is a start. This is designed to stop the micromanaging, to push down to the lower levels [and encourage] decision-making."

All of that will help, James said.

"We didn't get here overnight, and we're not going to fix it overnight," she added.

It will take persistent focus, leadership and attention for years to come, she said.

"With all of what I've just said, I'm certain that additional resources

are probably still in order," James said. "We're going to have to talk about those resources as we get into the next [program objective memorandum] cycle."

James said she believes the U.S. nuclear mission is a national mission for the entire Defense Department, not just the Air Force.

"So I'll be talking to the deputy [defense] secretary, the secretary of defense [and] the senior leaders of DOD to see what we can do about this," she said.

May 2014 Courts-Martial, Article 15s and Discharges

In May 2014, six members were punished under Article 15, Uniform Code of Military Justice (UCMJ), and six members were administratively discharged from the Air Force.

ARTICLE 15s

A Senior Airman from the 509th Security Forces Squadron received an Article 15 for negligent discharge of a weapon and negligent damage to government property. For these related offenses, he received a reduction to Airman First Class (suspended), forfeiture of \$500 pay per month for 2 months with that amount in excess of \$250 pay per month suspended, 15 days extra duty (suspended) and a reprimand.

A Staff Sergeant from the 509th Communications Squadron received an Article 15 for adultery. For this offense, he received a reduction to Senior Airman (suspended), forfeiture of \$500 pay per month for 2 months, 45 days extra duty and a reprimand.

An Airman First Class from the 509th Security Forces Squadron received an Article 15 for possession of an unauthorized weapon and making a false official statement. For these offenses, he received a reduction to the grade of Airman (suspended), forfeiture of \$858 pay per month for 2 months with that amount in excess of \$286 suspended, 30 days extra duty and a reprimand.

A Technical Sergeant from the 509th Civil Engineer Squadron received an Article 15 for simple assault and dereliction of duty (failing to register a firearm). For these offenses, he received a reduction to staff sergeant, forfeiture of \$1,547 pay per month for 2 months with that amount in excess of \$516 suspended, 30 days extra duty (suspended) and a reprimand.

An Airman First Class from the 509th Security Forces Squadron received an Article 15 for dereliction of duty (bringing a cell phone into a secure area). For this offense, he received a reduction to Airman (suspended), 30 days extra duty and a reprimand.

An Airman First Class from the 509th Aircraft Maintenance Squadron received an Article 15 for dereliction of duty (providing alcohol to minors). For this offense, he received a reduction to Airman Basic with reduction below Airman suspended, forfeiture of \$500 pay per month for 2 months with that amount in excess of \$500 suspended for 1 month, 30 days restriction to base and a reprimand.

DISCHARGES

An Airman from the 709th Munitions Squadron received a general discharge for a pattern of misconduct.

An Airman First Class from the 509th Communications Squadron received an

A Technical Sergeant from the 509th honorable discharge for conditions that intervil Engineer Squadron received an Article fere with military service.

An Airman First Class from the 509th Maintenance Squadron received a general discharge for minor disciplinary infractions.

An Airman First Class from the 509th Maintenance Squadron received a general discharge for minor disciplinary infractions.

An Airman First Class from the 509th Aircraft Maintenance Squadron received a general discharge for a pattern of misconduct.

An Airman First Class from the 509th Security Forces Squadron received a general discharge for minor disciplinary infractions.

COMMENT

For the month of May, the number of nonjudicial punishments increased slightly while discharges remained relatively steady. Last month, we only had two Article 15s, one court-martial and eight discharges. Though there were no courts-martial this month, the number of completed Article 15s has increased quite a bit. No matter who you are or what your job requires of you, we are all mission-essential. We all need to do what is required to complete the mission. If one person fails to do their job, whether intentionally or through neglect, then the mission is compromised. It takes a collective effort from everyone to get the job done and keep everyone safe in the process.

The Warrior
June 27, 2014

News



FRIDAY, JUNE 27 • 7 p.m. Blended (PG-13) Adults - \$5.75, children - \$3.75 SATURDAY, JUNE 28 • 7 p.m. Blended (PG-13)

Adults - \$5.75, children - \$3.75

SUNDAY, JUNE 29 • 3 p.m. Million Dollar Arm (PG)

Adults - \$5.75, children - \$3.75

Lt. Col. selects

Team Whiteman;

Please join us in congratulating the newest Lt. Col. selects!



Edwin Germosen • 509th Maintenance Squadron Chip Hollinger • 509th Force Support Squadron Jason Kalin • 509th Logistics Readiness Squadron Michael McConnell • 509th Munitions Squadron Lance McInnish • 509th Comptroller Squadron



Fire prevention safety

By Staff Sgt. Trevor J. Leabo 509th CES/CEFP

Now that school is out, children are home. Some parents aren't able to stay at home and monitor their children's activities during the summer. Did you know, according to the National Fire Protection Association, children playing with fire cause hundreds of deaths and injuries each year? Preschoolers and kindergartners are most likely to start these fires, typically by playing with matches and lighters, and are most likely to die in them. Between 2007-2011 an average of 49,300 fires involving playing with fire were reported and an annual 80 civilian deaths, 860 civilian injuries, and \$235 million in property damage was done." Also, 39% of home fires are the product of children playing with fire in their bedrooms. Here are some helpful tips that will aid in fire prevention in the home from children.

- Never use lighters or matches as a source of amusement for children; they may imitate
- Don't leave matches or lighters in a bedroom or any place where children may go without supervision.
- Grown-ups can help keep fire out of the hands of children by putting lighters and matches in place where children can't reach them.
- Use only lighters designed with child-resistant features.
- Never assign a young child any tasks that involve the use of a lighter or matches (lighting candles, bringing a lighter to an adult to light a cigarette or the fireplace, etc.).
 - Fire starting happens when children begin

to experiment with fire using matches and lighters. Many fires happen when young children are left alone, even for a short period of time, and have access to matches and lighters. Parents must have clear rules and consequences about fire misuse.

Other fire safety tips:

Store matches and lighters out of children's reach and sight, up high, preferably in a locked cabinet or container. Teach young children and school-age children to tell a grown-up if they see matches or lighters. Children need to understand that fire is difficult to control; it is fast and can hurt as soon as it touches you.

- A child with an interest in fire can lead to fire starting and result in repeated fire setting behavior
- Children experience fire interest. They may ask questions such as how hot is fire or show an interest in fire through playing with fire trucks or cooking on a play stove. This is healthy, and signals a time to begin educating about fire.
- If your child expresses curiosity about fire or has been playing with fire, calmly but firmly explain that matches and lighters are tools for adults only.
- It is important for grown-ups to discourage unsupervised fire starts.

Whiteman Fire Emergency Services would like you and your family to be safe and enjoy the summer. If you have any questions about fire prevention, fire safety, or training please contact our Fire Prevention Office for information at 687-6080, 3748 or 6083. Also, please log on to our Facebook page at Whiteman AFB Fire Emergency Services for more fire safety tips.

Combat Arms trespass notice

The Whiteman AFB small arms range complex is located on south end of main base at 747 12th St. The 40MM grenade range is located on the northeast side of the base adjacent to D highway. Both ranges are surrounded by a perimeter fence with warning signs. During firing, a red flag or rotating red beacon will be present to signify firing is in progress. In addition, access roads to the 40MM range will be closed during firing. It is not only illegal to enter the range complex, but highly dangerous due to weapons fire. If you need access to either of these areas, please contact the 509 SFS Combat Arms section at (660) 687-5122 during duty hours. After duty hours, contact the police services desk (660) 687-3700.





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Feature

The Warrior
June 27, 2014

5

There's no good offense without good defense



Senior Airman Alexander Ramirez, 509th MXS Low Observable aircraft structural maintainer, removes tape from a B-2 Spirit at Whiteman Air Force Base, Mo., June 12, 2014. The tape must be removed to repair cracks in the paint.

By Airman 1st Class Keenan Berry 509th Bomb Wing Public Affairs

The B-2 Spirit is an aircraft with unique offensive capabilities, and a good offense starts with a good defense.

The 509th Maintenance Squadron Low Observable Maintenance flight makes sure the B-2's defense is maintained well within its stealth ability every day.

"We work on time consuming projects that can range anywhere from a month to three or four months," said Senior Airman Alexander Ramirez, 509th MXS Low Observable aircraft structural technician. "This project takes everything that we can't do day-to-day and allows us time to work on them for an extended period of time. This includes breaking the aircraft down to its bare back, applying paint coatings and taking off tape."

The concept of the tape is to keep one smooth surface throughout the aircraft and it helps apply other coatings.

Removing gap fillers on an aircraft is a high maintenance task performed regularly. It applies to all Air Force aircraft and it is done to help maintain smooth transition of the gaps when coatings and tapes are applied. The gap fillers are a highly oiled area; the oil saturations cause the area to lose its cohesiveness and melt the paint away.

Like many maintenance shops, the Low



Airman 1st Class Natalie Wainscott, 509th MXS Low Observable aircraft structural maintainer, removes a B-2 Spirit gap filler at Whiteman Air Force Base, Mo., June 12, 2014. This is done to prevent further damage to tape resulting from oil leakage.

Observable Maintenance unit relies on operating instructions as guidelines to help them when performing tasks.

"We are limited on the tools we use to prevent damage to the aircraft," said Staff Sgt. Michael Gallegos, 509th MXS Low

Observable aircraft structural technician. "For example, we can't use metal tools; we have to use plastic or hard rubber tools. There has to be a barrier between us and any deeper than the skin of the aircraft. This is the reason we wear booties while

we are doing tasks on the aircraft. The hard rubber on our boots can damage the paint easily. There are also certain areas we can't walk on because the coatings will crack, causing extended repairs."

For basic maintenance such as removing tape, the Low Observable Maintenance flight wears coveralls. For coatings, they wear ti-vex and a respirator or face shield depending on what they are working on. Their operating instructions on which they are briefed and adhere to every day establish these guidelines.

Along with adhering to their operating instructions, the Low Observable Maintenance flight must be aware of the hazards around their work center.

"The dangers of working in this job are falling hazards and chemicals," said Ramirez. "When we are working on the aircraft, we must constantly be aware of where we are and our footing to avoid falling off the sides. When working with chemicals, donning the appropriate personal protective equipment can avoid potential harmful situations."

Despite the midst of hazards and instructions, the MXS Low Observable Maintenance flight enjoys their job.

"I enjoy the opportunity of working alongside this unique aircraft," said Gallegos. "Not many people in my career field can say they've had the chance to do so, that makes my job all the more special."

6 The Warrior June 27, 2014 News

Resiliency - Defending America by overcoming obstacles



U.S. Air Force photo/Staff Sqt. Nick Wilson

Senior Airman Whitney Jones, 509th Security Forces Squadron, Whiteman Air Force Base, Missouri, stands with her fellow Defenders during a roll call at RAF Fairford, England. Her hometown is Louisville, Kentucky, and she has served in the Air Force for nearly three years.

By Staff Sgt. Nick Wilson

2nd Air Expeditionary Group Public Affairs

While deployed here at RAF Fairford, Airmen from throughout Air Force Global Strike Command maintain focus on the mission using the four Air Force pillars of resiliency.

Mental and spiritual resiliency, two of the four Air Force pillars of resiliency, is what motivates and empowers Senior Airman Whitney Jones to overcome her life obstacles.

Jones, a Defender with the 509th Security Forces Squadron at Whiteman Air Force Base, Mo., said that when life throws challenges at her, she recites Philippians 4:13.

"I can use that verse with anything in life," Jones said. "When I have physical fitness tests, it helps me get through the run and push-ups. If I'm having problems at work, I just remember that I can do all things through him."

Although this verse gives her strength, being able to wear the security forces beret is also a meaningful connotation, Jones said. "It means a lot to know that I actually protect and defend freedom," Jones said.

For the Louisville, Kentucky native, remembering why she joined the Air Force gives Jones the mental resiliency to do her job.

"Only one percent of the entire American population can say that they've served their country," Jones said. "I enjoy being able to wear my uniform every day."

A strong sense of duty and responsibility also comes into play when an Airman is tasked with providing security for a military installation, Jones said.

"We're protecting every person and every asset on that installation," Jones said. "We control entry, exit and mission essential assets on station. Everyone relies on us if something bad happens."

Having the mental resiliency is a vital virtue to have, especially when the job is to think and act quickly to safely neutralize any threat that may harm people or assets on

base, Jones said

Putting training and skills to use in a different country is another reason to stay resilient. As a U.S. Service member, Jones and her fellow Airmen are seen as "ambassadors" for their home country. One irresponsible decision or statement could tarnish the reputation of the U.S., she said.

"Being an ambassador is pretty much being a leader and being the one to set the standard," Jones said. "I think it's very important that as Airmen of the U.S. Air Force, we set the standard and be ambassadors for others to look up to. Being able to serve the United States at a base in England is awesome and the fact we as U.S. citizens can come to another country and perform our mission without any issues is a good feeling."

While deployed, Jones and other security forces are tasked with the responsibility of protecting two of America's most lethal bomber aircraft - the B-2 Spirit and B-52 Stratofortress.

"They're awesome planes with amazing technology," Jones said. "They're also one of the U.S.' greatest assets. If they were to become compromised by the enemy then we'd be in for a world of trouble, so we have to protect them with our lives."

Preventing adversaries from compromising Air Force assets requires security forces Airmen to constantly train and be prepared for the worst possible scenario.

"We train so often that responding to a real-world situation would be second nature," Jones said. "If you have to stop and think about what you need to do, we could end up losing the fight. You never know when something is going to happen. You always have to be ready."

Having a resiliency safety net, whether it is a Bible verse or a sense of duty, helps Jones accomplish her duties despite the sacrifices that come with being a Defender.

"Although we work long hours and don't get to see our families often on holidays, knowing everyone is safe because of me is a good feeling," Jones said.





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239th CCS deploys to Whiteman



By Senior Airman Bryan Crane 509th Bomb Wing Public Affairs

The 239th Combat Communications Squadron conducted a simulated deployment at Whiteman Air Force Base, Mo., for 10 days from June 11- June 20.

Members of the 239th CCS used the simulated deployment to train their Airmen for

"We are here providing communications to members of the 131st Bomb Wing and the 509th Bomb Wing," said Maj. Jason Schneider 239th CCS deployed commander. "As a same types of communications to civil authorities should a natural disaster occur. Guard unit, these weeks we get together are critical to sharpen our skills and build as a

The 239th CCS has the ability to provide communications support for an entire wing. They can also provide effective Internet communications from 40 to 3,000 users.

"We can provide secure and non-secure Internet for the wing," Schneider said. "That includes 300 phones, network defense systems and most other communications needed in cident or disaster."

quickly set-up and produce quality communications.

"We deploy with our own power plant and satellite," Schneider said. "We have our own network servers and once we're up and running we have email capabilities through

Airman 1st Class Luke Porter, 239th CCS radio frequency transmissions journeyman, is on his first simulated deployment and has used this opportunity to learn and grow.

"It's a lot of work being out here for these 10 days," Porter said. "We have also been able to make it fun while learning from each other and preparing for real-life situations."

The 239th CCS also has a unique addition to their mission, as they can provide these

"In case of a natural disaster, we can employ communications with state authorities through our Joint Incident Command site," Schneider said. "This allows us to interact with local fire departments, police departments and other teams responding to a given incident. We can also use cell phones to communicate with civilian radios or tie together networks providing complete communication capabilities needed to manage a major in-

The 239th CCS is based at Jefferson Barracks, Mo., and is the prime cyberspace source The 239th CCS has all their own equipment to deploy with which allows them to for the Air Force's expeditionary theater deployable base communications and spectrum capabilities



Senior Airman Christopher Poston, 239th Combat Communications Squadron radio frequency transmissions journeyman, uses a satellite telephone during a simulated deployment. The 239th CCS was here to provide the 131st Bomb Wing and 509th Bomb Wing with full communications capabilities.



ABOVE: Master Sgt. Ervin Lockhart, 239th Combat Communications Squadron NCO in-charge of radio frequency transmissions, tightens a rod while building a satellite. The 239th CCS can also provide the same types of communications to civil authorities in case of a major incident or natural disaster.

RIGHT: Tech. Sgt. Russell Riis, 239th Combat Communications Squadron radio frequency transmissions craftsman, tightens a component of a satellite. The 239th CCS can provide secure and non-secure Internet as well as 300 phones and network de-



U.S. Air Force photos/ Senior Airman Bryan Crane

Members of the 239th Combat Communications Squadron review the beginning steps of their satellite during a simulated deployment to Whiteman Air Force, Mo., June 11, 2014. The 239th CCS is based at Jefferson Barracks, Mo.

Energy conservation: It starts at home

Balfour Beatty Communities

Using energy wisely at home is an important way for all of us to control our electric costs and reduce our environmental impact—a win-win! Lowering your energy use puts more money back in your pocket and reduces the harmful emissions released into our environment in the energy genera-

You don't have to overhaul your home or make a major investment to reduce energy consumption. There are many easy, effective things you and your family can do to save energy at home. Here's a list of tips and ideas from Balfour Beatty Communities to get you started.

Home Appliance Tips

- Opt for short showers over baths. Reducing the amount of hot water you use, and the energy used to heat it, is a cost effective way to lower your energy bills as well as help the environment.
- · Wash only full loads of dishes and
- Wash clothes in cold water. Water heating consumes 90% of the energy it takes to operate a clothes washer. Switching the temperature from hot to warm can cut energy use in half. This will also help reduce shrinkage, wear on your clothing and preserve fabric color.
- Activate the high spin speed option. If your clothes washer has spin options,



choose a high spin speed or the extended

• Clean the lint filter after every load. Do this to improve air circulation and avoid a potential fire hazard.

spin option to reduce the amount of remain-

ing moisture in your clothes after washing.

Electronic Tips

- Plug home electronics, such as TVs and DVD players, into 'smart' power strips; these power strips can automatically turn several outlets off or on when they detect that the TV (plugged into the "master outlet") either enters a low powered sleep mode, is turned off, or is turned on.
- If you aren't using smart strips, unplug electronics when not in use; equipment still plugged in can become a "Vampire Load", drawing up to 40% of its intended power even in the "off" or "standby" mode.
 - Unplug chargers and adapters too.

Chargers for cell phones, music players, portable games and other mobile devices continue to draw power even when you remove the device. To eliminate this energy waste, be sure to unplug chargers or turn off the power strip they're plugged in to when you remove the device.

Cooling Tips

- · Utilize window blinds and shades. Closing your blinds, shades or curtains on warm days keeps the sun's rays out and helps keep your home cool. If you have air conditioning it can also help you save energy, blocking as much as 45% of the sun's warmth and reducing the load on your AC
- Turn off unnecessary lights. Much of the energy from a light bulb is heat.
- · On mild days, open windows for natural ventilation and turn the air conditioning

- Use portable or ceiling fans. Run ceiling fans counterclockwise for maximum cooling.
- · Use small appliances in the kitchen. Use a crock pot, toaster oven, or microwave instead of your full-sized range or oven to keep your home cooler and save energy. These small appliances use only 20-50% of the energy needed to power your stove top

Heating Tips

- Let the sunshine in! Use the natural warmth of the sun to help heat your home during the winter. Open the shades on south facing windows during the day to let the sun in and close them at night to keep the
- · Lower your heat settings ideally around 68°F when you are home and awake and around 55°F when you are sleeping or away from home.
- Keep your heat flowing. If you have furniture or curtains in front of your vents, you could be blocking the flow of heat—be sure to check for and remove any obstructions.

A Few Extra Tips

- · Drive sensibly! Aggressive driving such as speeding, rapid acceleration and breaking can waste fuel.
- Ensure your tires are properly inflated according to the manufacturer's spec; this can improve gas mileage as much as 3.3

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Contributed by the 509th Bomb Wing Safety Office

Chapter 5: Some Like It Hot

Air Force Summer Losses: (Jun-Sep) 2009-2013

- 225 heat-related reported injuries
- Total cost, injuries: \$3,582,735

Civilian population risk data:

- During 1999-2003, a total of 5,681deaths were related to exposure to extreme or excesve heat.
- Heat Stroke accounts for approximately 300 deaths per-year in the US.
- Heat causes more death annually than hurricanes, lightning, tornadoes, floods, and earthquakes combined.

In AFI 1-1, Airmen are reminded that the Air Force is a way of life. Airmen are on call every hour of every day. "You must strive to be resilient: physically, mentally, emotionally, and spiritually prepared to meet the challenges inherent to being a member of a fighting force, both in the deployed environment and at home station." Physical preparedness (or resiliency) includes protecting yourself from the dangers of your environment; in the summer, this includes hot weather.

Being outdoors can be the best part of the summer season. "Fun in the Sun" is what many look forward to. Who hasn't worked up a lather of sweat participating in all that the outdoors has to offer? It's hard to imagine that you can actually die from something as simple as getting overheated. The CDC reports there are approximately 618 heat-related deaths each year in the United States; 68 percent of which are men (based on statistics from 1999-2010).

Whether your job keeps you outside or you're outside for leisure, you are at risk of a heat illness, especially those doing heavy work tasks or using bulky protective clothing and equipment. The Air Force refers to heat-related illness as thermal injury; reference AFI 91-203, 3.1.2.10 for information.

Heat illness dangers are the same regardless of your activity and can be easily mitigated when risk management steps are applied. This begins with knowing the temperature outside; how long you'll be outside; and what personal protective gear you'll need. Follow through with steps 2-5 of the risk management model (see Chapter 4) to address your risk.

Heat illnesses happen when your body is unable to cool itself and your temperature rises. Heat illnesses range from heat rash and heat cramps to heat exhaustion and heat stroke. Heat stroke requires immediate medical attention and can result in death.

These are some of the ways to prevent heat illness:

- Drink water every 15 minutes, even if you're not thirsty.
- Rest in the shade to cool down.
- Wear a hat and light-colored clothing.
- Learn the signs of heat illness and what to do in an emergency.
- Keep an eye on everyone with you.
- Remember these three simple words: Water, Rest, Shade. Taking these precautions can mean the difference between life and death.

Resources about heat illness include:

https://www.osha.gov/SLTC/heatillness/index.html#affected

http://www.cdc.gov/niosh/topics/heatstress/

https://www.osha.gov/SLTC/heatillness/index.html

https://www.osha.gov/SLTC/heatillness/map.html

http://www.nws.noaa.gov/os/heat/index.shtml

Libraries launch 'Paws to Read' summer reading program

By Staff Sgt. Ian Hoachlander

Air Force Personnel Center Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH,

Texas (AFNS) -- Summer is just around the corner and right now is the perfect time to begin putting together your family's summer reading list.

Air Force libraries have launched the summer reading program, "Paws to Read" and are planning a host of activities for children, teens and adults. Activities will range by location and include everything from nature programs to K-9 demonstrations.

"We hope people will sink their teeth into this year's program and fetch more books than ever before," said Marjorie Buchanan, the Air Force Personnel Center libraries branch chief. "Last summer the global

program set a new reading record of 14.6 million minutes spent reading. Our goal this year is to break that record by providing activities and books for the whole family to enjoy."

Base libraries throughout the Department of Defense will sponsor events and themes developed by iREAD. Resource guides, animal-themed materials and activities were developed by librarians for libraries to motivate children to read.

"Our goal is to make sure reading is fun for children and their families, but we also know it's a very important program for supporting brain development, student achievement and learning over a lifetime," Buchanan said.

Registration is underway at more than 200 Department of Defense libraries. Interested readers

can go to their base library for more information or visit http://ila.org/dodsumread. Those who are not near an installation can email dodsumread@navy.mil for participation information.

For Airmen interested in checking out library books electronically, the online Air Force library provides total force Airmen, civilians, retirees and family members resources such as electronic books, audio books and much more. To access the online Air Force library, visit the Air Force Portal at www.my.af. mil and click on the word "Library" in the navigation bar.

For more information about other library programs and quality of life initiatives, visit the AFPC Services website at www.myairforcelife.com or www.usafservices.com.

12 The Warrior June 27, 2014 The Warrior

News

131st Annual Training 2014 sets bar high with many firsts, strong participation



U.S. Air National Guard photo/Staff Sgt. Brittany Cannon

At the start of the 131st Wingman Picnic, that culminated AT week activities, Col. Michael Francis, 131st Bomb Wing commander, added the 131st's latest Air Force Outstanding Unit Award streamer – awarded in May – to the wing guidon, and thanked the wing's members for a successful week and a strong start to the current calendar year.

By Staff Sgt. Brittany Cannon

131st Bomb Wing Public Affairs brittany.cannon.2@us.af.mil

Over 800 airmen with the Missouri Air National Guard's 131st Bomb Wing and the 239th Combat Communications Squadron from Jefferson Barracks, Missouri, converged for Annual Training here and at Camp Clark in Nevada, Missouri.

After a six-month preparation, a successful Annual Training week took place June 16-22. Annual Training allows for the usual computer-based training and classroom ancillary training, along with hands-on functional training. With the 131st's total force integration with the 509th Bomb Wing, it also let Guardsmen work alongside their active-duty counterparts.

Many firsts for the wing occurred during this year's Annual Training. The 239th, as well as the 131st Maintenance Group, held separate mock deployments. More than 40 training classes were scheduled across the week, including a half-day unit safety stand down. Wing Command Chief Master Sgt. Paul Carney held multiple enlisted all-calls throughout the entire week to get the pulse of the wing. Also new this year, sports activities were not only held after hours, but also during the duty day, to provide for fitness, teambuilding, morale and to enhance

The 131st Maintenance Group and a handful of wing members teamed with the Missouri Army National Guard at Camp Clark to participate in realistic scenarios to help train for State Emergency Duty. Guardsmen at the mock deployment worked on medical response training, truck driving exercises and other skills that are needed to respond to a state emergency.

While the Whiteman-based maintenance group took its training off base, the 239th, a wing tenant unit from Jefferson Barracks, "deployed" to Whiteman to train and showcase their abilities by establishing a full communications support set-up in a bare-base setting. 131st Airmen had a chance to participate in their exercise, dubbed Operation Tangled Web.

"We wanted to show our capabilities not only to the 131st Bomb Wing but also to the 509th. We have so many ways to help, between the different packages we have for large communication needs or state emergency immediate needs. It's all about the customer," said Chief Master Sgt. Cynthia Scott, superintendent of operations with the 239th.

Throughout the week, Chief Carney held eight enlisted-only all call meetings. He said he received a great response to this first-ever event, and took the feedback he heard to

is why I split the enlisted structure into four sections, for ample participation," said Chief Carney. "I truly enjoyed talking to the Airmen, hearing and taking notes on their concerns and getting to understand where we need to focus our attention in the future."

Airmen also had a chance to compete in AT Olympics, which featured different sporting events, with points awarded to each unit based on participation and competition results. Sporting events included volleyball, washers, dodge ball, basketball, flag football, ultimate Frisbee, kickball and a 5k run. At the conclusion of AT week, the winning units were announced and presented with plaques acknowledging their competitive

"I had a lot of input about what activities our Airmen wanted to participate in this year and really worked on getting those activities set up, not only after-hours but during the duty day as well, which allowed for a different group of Airmen to participate," said Tech Sgt. Roney Campbell, 131st Logistics Readiness Squadron, who was responsible for planning the Olympics.

AT week came to a close on Sunday with a fun-packed, family-oriented Wingman Picnic. The event featured bounce houses, a water slide, a bungee run event and a pie-inthe-face auction, according to Capt. Colleen Weed, 131st Logistics Readiness Squadron operations officer and project officer for this year's AT week.

"We wanted to try and make the family day something that everyone could enjoy with their families," she said.

During the picnic, Col. Michael Francis, 131st Bomb Wing commander, added the 131st's latest Air Force Outstanding Unit Award streamer - awarded in May - to the wing guidon, and thanked the wing's members for a successful week and a strong start to the current calendar year. He also expressed the wing's appreciation to supporters like the Whiteman Base Community Council and the USO, whose support helps underwrite events like the picnic.

Col. Francis also recognized Weed, along with a select group of project planners, for their sustained hard work planning and executing the event. Others recognized were: 1st Lt. Amy Cottrell, 131st Medical Group, Sergeant Campbell and Senior Amn. Cortney Leavitt, 131st Mission Support

"There were many moving pieces that made Annual Training 2014 a fantastic event," Col. Francis told the assembled wing. "Between the training that took place both on Whiteman Air Force Base and at Camp Clark, along with exercises and our wing's ongoing support to real-world missions, annual training week was a huge



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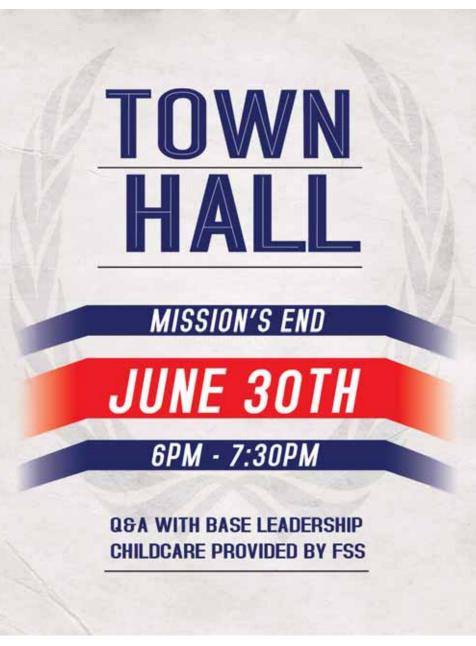
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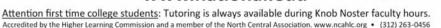
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Whether you're looking to buy your dream home, or to sell or rent your old dwelling... the Warrior Classifieds have you covered!



1969 Nautaline Houseboat, 34', fiberglass hull. Located at Osage Bluff Marina, Warsaw, Missouri. Trailer is included. Good roof-mount A/C. Reduced to \$3,499 or best offer. Needs mechanical repair. Call 660-262-2078.



Beautiful! 80 acres. 3 bedroom, 2 bathroom home. Walk-out basement. 28 x 48, 3 car garage. #67713 \$225,000

Gary Hamline, Sales Assoc., United Country Lincoln Realty, 660-221-2772



Lake Ozarks Home. 1800 sq. ft., 3 BRs, 2.5 Bath, Dock New roof on blacktop, \$153,500. Can add adjacent lot 3 BR, 1200 sq. ft. home, \$85,000. Retiring. Both \$235,000. Consider Owner Financing. Call 1-660-438-9593.

BY OWNER- AS IS: 3 Bedroom, 2 bath, formal living & family room, double garage, fenced back yard, unfinished basement. Best offer. Call 660-864-3472.

LAKE OF THE OZARKS-FAMILY FUN. Own a lot for \$3,595., \$75 down, \$59 per month. For camping, building or own for investment. **ALSO:** 3+ acre tracts starting at \$10,900, \$195 down, \$139 per

month, owner financing, no credit checks. Swimming, fishing, and boating. Free lake access and boat ramps. Sale ends **July 7th**. Hwy 135 South out of Stover, MO, take Lake Road 135-12 to the Ivy Bend office. CLOSED TUESDAYS

Apartments /Townhouses

2 BR 1 BATH located in Knob Noster, includes washer & dry-er, \$550/month. Call Paul at 660-909-3453.

DEERBROOK APARTMENTS

710 A. Deerbrook Circle Knob Noster Mo 1 & 2 BR Apartments 3 BR 2 Bath Duplexes
2 miles from the Air Force Base
Pool, On-site Laundry and
Storage Available management@ deerbrookapartments.co Call 660-563-3518

OPEN HOUSE DAILY Walk to Campus, 3 BR, 2 baths, washer/dryer, renting for June, July & Aug. Small pet on approval. 703 S. Warren. \$675 month 660-909-3042

Houses For Rent

3 BR 1 BATH HOME Huge fenced yard, 1-car garage, Warrensburg schools, close to Base. Pet considered, no smoking. \$850/month, \$500 deposit. 660-441-1498 or 660-679-8121. Agent/Owner

AGRICULTURE

1,000's of Daylilies blooming, selling by clump or plant. Call 660-383-2242.

AUTOMOTIVE

Jerry Baker Ăuto Šales, LLC 600 Industrial Dr. Sedalia, MO 660-826-5451

Ford F150 SuperCrew 4wd.......21,995 Chevy 2500 Utility...10,995 Dodge Quad Cab 4wd Dually Diesel. .14,495 Ford SuperCab.......8,995 Avalanche 4wd.....11,995 lge ClubCab Nissan Xcab Auto.. Mariner 2wd...... Toyota 4Runner 10.49

12.995 Equinox acker 4wd.... ailblazer 4wd orer 4wd.. 11 Ford Field 11 Toyt Camry 1-Owner....

wner.... ck Lucerne. Grand Prix... Focus..... Buick LaCrosse 11 Grand Caravan......12,999 www.jerrybakerauto.com Auto Services



MERCHANDSE FOR SALE

CLASSIC BUILDINGS offer chasic Buildings offering quality Cabins, Storage Sheds, Garages and Garden Barns. Call Don at 660-238-5129 or visit across from Hastings in Warrensburg. Military Discount.

New Mattress Sets: Twin \$89.99: Full \$99.22: Queen \$179.99; King \$299.99; Queen pillow top \$249.99. Dutch Kountry Market Call 660-563-2941 10340 50 Hwy, Knob Noster





3 BEDROOM, 2 BATH Ranch home, 2 car garage; move in ready, 10 miles to WAFB; quiet family-friendly neighborhood; updated kitchen/bath, custom pantry, new carpet/tile, new driveway/sidewalk. \$149,500. Call 660-864-3452, email 1022WalnutLane@hotmail.com



3 Bedroom, 2 Full Baths, 1600 sq. ft., full basement. Nice west location, very well maintained. Ready for new owners. \$169,900. MLS #68537 Call Phyllis at 660-287-0228.

Century 21 Curry Realty 660-826-6139



FOR SALE -**REDUCED PRICE!**

3 BR, sun room, office, living room, family room, dining room, kitchen, 2.5 baths, basement, garage, 519 W. Broadway, Sedalia, MO. 660-281-2266. \$102,000, reasonable offer may be considered.

includes color

photo of your vehicle

YEAR AND VEHICLE HERE

Copy about the vehicle goes in this spot. Copy about the vehicle goes in this spot. Copy about the vehicle goes in this spot. Copy about vehicle \$XX,XXX. Name, Address and Phone Number.

photo of your home

COPY DESCRIBING YOUR HOME...so many bedrooms, so many baths. List of extras ... garage (single or double), maintenance free exterior, family room, school district, fenced back yard, basement, extra lot, heating, air conditioning, parking availability, etc.

36 Words or less; 1st 4 words bold; one item only; price must be listed to qualify for FREE ad



Weeks Weeks

Days In **Democrat** (Mon., Wed., & Fri)

Plainsman

In The Warrior

If your advertised items doesn't sell, you'll receive

Days In **Democrat**

Weeks Plainsman

Warrior

Contact Your Ad Rep For Details, or call 660-826-1000 Ext. 239

