

FIP moving forward, Pg. 3/Chapel releases Holy Week schedule, Pg. 14

WARRIOR

*Revvng up
motorcycle
safety*



FUELING WHITEMAN'S FIRE



THE SECRETARY OF THE AIR FORCE
CHIEF OF STAFF, UNITED STATES AIR FORCE
WASHINGTON DC



To the Airmen of the United States Air Force:

As General Welsh, Chief Cody, and I have traveled around the Air Force meeting the incredible Airmen who comprise our force, we continue to discuss the issue of Sexual Assault Prevention and Response. The Air Force depends on Airmen having complete trust and confidence in one another. Our core values of Integrity, Service and Excellence define the standard. It is simple...sexual assault is incompatible with our core values, our mission and our heritage.

During last year, the Air Force worked hard to combat sexual assault, and we are proud of the progress we are making. This is due in no small part to the extreme dedication of our commanders, special victims counsel, sexual assault response coordinators, victim advocates, and individual Airmen throughout our Air Force. However, we are not where we need to be.

As we observe Sexual Assault Awareness Month, we need your continued support and focus to make sure every Airman has the opportunity to excel in an environment free from sexual innuendo, harassment, and assault.

We are committed - are you?

Deborah Lee James
Secretary of the Air Force

Mark A. Welsh III
General, USAF Chief of Staff

James A. Cody
Chief Master Sergeant of the Air Force

Outstanding Airmen of the year!

Team Whiteman,

Please join us in congratulating our 2013 8th AF Annual Award Winners. Best of luck to these outstanding Team Whiteman winners as they compete at Air Force Global Strike Command!



12 OAY (AMN)
509 BW - A1C Emily Luzum



CGOY
509 BW - Capt John L. Sullivan



12 OAY (NCO)
509 BW - TSgt Christopher Kitts



FGOY
509 BW - Maj John L. Chapman



12 OAY (SNCO)
509 BW - MSgt Josef Albert



CIV CAT 1
509 BW - WG-07 Charles E. Wellman

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Senior Airman Lacie A. Carmody
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Photojournalists

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The Sedalia Democrat
Layout and Design

Published by the **Sedalia Democrat**, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Whiteman Air Force Base.

This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of **The Warrior** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

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The deadline for article submissions to the Warrior is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6126, email: Whiteman.Warrior@us.af.mil, fax us: 660-687-7948, or write to us at: 509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

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On the cover

U.S. Air Force photo/
Airman 1st Class Keenan Berry
U.S. Air Force Joshua Reynolds, 509th Logistics Readiness Squadron fuels distribution technician, disconnects a single point nozzle from an R-11 fuel truck at Whiteman Air Force Base, Mo. April 1, 2014. The R-11 trucks are used to refuel all aircraft.

NEWS BRIEFS

Tax Center

The end of the tax season is quickly approaching. Please contact the tax center if you have not accomplished your tax return and would like our office to prepare them for you. The last day to file your tax return is April 15 2014, however, the last day to E-file your return is April 11, 2014. Listed below is our contact information and what is needed to file your return.

Where: Community Center (Behind BX and across from the Ozark Inn) Phone number: 660-687-6014

Hours: Mon.-Thur. 0800-1100
Fri. - 1300 - 1600

If you have any questions and to set up an appointment, please feel free to contact the tax office at 660-687-6014.

Spirit Café

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Muns Open House

509th MUNS is hosting an open house April 26 from 11 a.m. to 3 p.m. Come see what life "behind the fence" is like.

CCAF GEM Program

Military members avoiding taking classes because of work shifts, deployments or other time constraints have a new program to assist them. Community College of the Air Force degree requirements can be met through distance learning using the CCAF General Education Mobile (GEM), a partnership between CCAF and other schools. For more information call (660) 687-2420.



WEATHER

Today	Saturday
Mostly Cloudy	Mostly Sunny
Hi 72	Hi 77
Lo 46	Lo 53
Sunday	Monday
Thunderstorms	Chance of Showers
Hi 69	Hi 48
Lo 58	Lo 39

Force Improvement Program team moving forward

By Carla Pampe

Air Force Global Strike Command Public Affairs

Air Force Global Strike Command's Force Improvement Program team wrapped up their visits to the command's missile wings last month, where they were tasked with identifying challenges associated with performing missile duties and working with Airmen to propose solutions.

"We are using this ... as an opportunity to make significant and important improvements across the enterprise," said Lt. Gen. Stephen W. Wilson, Air Force Global Strike Command commander. "The Force Improvement Program's purpose is to create an aggressive, action-oriented, field-influenced program with the goal of making substantial and lasting changes to the ICBM mission."

During their visits, the teams conducted 1,800 field surveys, leadership surveys and family surveys, and personally interviewed 835 Airmen across the three ICBM bases.

"AFGSC and their analysis team of scientists, along with behavioral experts and an outside team from the Navy and Executive Leadership Group, created a question list that best dug at the issues of morale, leadership, workplace environment and job satisfaction," said Col. Michael Tichenor, AFGSC Task Force 204 director and FIP team leader.

By using a combination of expert teams assembled from the ICBM bases, the diverse 69-person functional cultural working group was comprised of operations, maintenance, security forces, mission support group and helicopter operations members, as well as peers from outside the ICBM community, including U.S. Navy submariners and AFGSC bomber bases.

"We felt that bringing in peers from both in and outside of the missile community would bring a fresh perspective," Maj. Gen. Jack Weinstein, 20th Air Force commander, said. "We wanted every Airman's voice to be heard. The teams didn't just focus on the missile operators, but interviewed people from all spectrums of the missile community to ensure they had input in this process."

Master Sgt. Shizuka Smith, 341st Medical Operations Squadron superintendent, was one of those Airmen interviewed at Malmstrom Air Force Base, Mont.

"I've been here at Malmstrom for seven years and I've never seen something like this before," Smith said. "I think it's been great to have one-on-one interview sessions, because this gives Airmen a chance to speak up when they otherwise wouldn't."

"I think this is really different than anything the Air Force has done before," said Capt. Daniel Bradfield, F.E. Warren Air Force Base, Wyo., 5th Civil Engineer Squadron readiness and emergency management flight commander and FIP mission support function team lead. "There have been tons of studies and surveys and things that have been done to look at the nuclear enterprise all across the board, but what hasn't ever really been done is provide unfiltered feedback from troops on the ground – from NCOs, senior NCOs and young officers – about what some of their concerns are and some of the actions that maybe we should be taking."

"We interviewed our peers and took what we gathered straight to General Wilson," he added. "There's no filter; there's no in-between step. We briefed him directly on our findings."

After completing their round-robin bases visits, the FIP team met at F.E. Warren AFB, Wyo., to assess the stacks of findings and recommendations from the field. Their deliverable: a list of field generated concerns and possible fixes across all five of the teams' functional areas. Each of the peer-led teams briefed their findings and recommendations to Wilson and Weinstein on March 3. The two commanders then spent the next weekend personally reviewing each of the near 350 recommendations and making decisions on which field recommendations to implement.

When asked about the decision to personally review and discuss each and every recommendation, Wilson said, "These field recommendations were thoughtful, direct, and on-target; General Weinstein and I took each of them seriously."

When asked how many of the Airmen's ideas got approved, Weinstein said, of the near 350 recommendations, "you can literally count on two hands how many we said 'no' to; not



surprising, our Airmen's observations and recommendations just made sense."

Many of the major recommendations and observations were presented to the Secretary of the Air Force and the Chief of Staff of the Air Force, who in-turn provided feedback on the FIP recommendations to the Secretary of Defense.

New FIP offices in 20th Air Force and at the AFGSC headquarters are busy cataloguing the many commanders' decisions stemming from the FIP recommendations and assigning the right people to work the issues.

"We set up a team of full-time headquarters staff to assign, track, and move out on these ideas and decisions," Maj. Gen. Rob Rego, AFGSC vice commander, said. "The NAF and MAJCOM commanders are demanding the team move quickly on as much as we can."

And movement is happening, Rego said.

"We've already seen Headquarters Air Force action on some of our Airmen's recommendations to include a \$19 million commitment for money this year to deliver on some of our Airmen's most pressing needs identified during the FIP, to include security forces equipment, LCC maintenance, and missile maintenance parts and equipment, and much more," he said.

Furthermore, Weinstein has signed out several policy directives capturing many of the recommendations asked for by his Airmen.

One of the next big steps for FIP implementation is the stand-up of seven Tiger Teams that will be hitting the bases April 7. These teams' charters are to figure out how to implement some of the biggest FIP recommendations.

These Tiger Teams will construct implementation plans in seven key areas based on the decisions arising from the FIP. These areas are helicopter reorganization, ICBM maintenance, nuclear duty incentives, creating a Security Forces "model defender," ICBM training and evaluation, ICBM alternative crew tours and Personnel Reliability Program overhaul. The Tiger Teams will travel to all the missile wing bases over the next two weeks and will present their plans to the senior working group in late April.

"It is critical to understand that these ideas will not go away," Wilson said. "I am committed to seeing them through and making real change."

Wilson added that AFGSC leadership at every level will provide feedback to the field on their recommendations, and regular updates will be provided on force improvement program progress.

"We're ready to act," Wilson said, "and the Force Improvement Program is an opportunity to foster positive change at the units, at the Wings and in Air Force Global Strike Command."

Senior Airman Katrina Heikkinen, 341st Missile Wing Public Affairs, contributed to this article.

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Captain America: Winter Soldier (PG-13)
Adults - \$5.50, children - \$3.50

DEA's National Prescription Drug Take-Back Day is April 26

Courtesy of the 509th Medical Support Squadron

Do you have old medicines in your medicine cabinet? Not sure how to get rid of them properly? We have the answer for you!

The 509th Security Forces Squadron and the 509th Medical Group will be collecting old, expired, and unwanted prescription medicines as part of National Prescription Drug Take-Back Day April 26 from 10 a.m. to 2 p.m., at the Base Exchange.

These medicines, if improperly used, can be potentially dangerous and can cause accidental poisonings. Prevent these accidents by turning in your old or unwanted medication. Security forces and pharmacy personnel will be present to take back medication for proper disposal, and answer any medication disposal questions.

This service is free and anonymous, no questions asked. Do your part to protect our Air Force family and bring your old medication to the Whiteman AFB Prescription Drug Take-Back Day site.

Team Whiteman: Can't "B-2" Green!

Courtesy of the 509th Civil Engineer Squadron Environmental Section

On Apr. 22, 2014, the 44th anniversary of Earth Day, planet Earth will be covered with numerous "acts of green" around the globe.

To contribute to this global campaign, the staff members of the Whiteman Air Force Base Recycling Center encourages Team Whiteman to reduce, reuse and recycle as often as possible. Instead of producing extra trash the base must pay to dispose, many of these items can be recycled to generate revenue and thus, save money. In 2013 Whiteman recycled more than 1,000 tons of materials and earned \$130,000 in revenue.

"We calculate cost avoidance," said Paul Edwards, 509th Civil Engineer Squadron Qualified Recycling Program manager. "It costs us around \$100 a ton to throw trash in the landfill in Warrensburg. So if you look at it from that standpoint, we save the Air Force about \$100,000 each year by recycling."

The money earned in revenue initially goes toward operation costs such as worker salaries, equipment and maintenance on vehicles, and recycling equipment. Remaining proceeds go to support environmental, safety, energy, and morale, welfare and recreation activities. In 2013, proceeds from recycling financed \$360,000 in upgrades to the golf course on Whiteman AFB. This included new concrete cart paths and composting lavatories.

Materials recycled on base include newspaper, magazines, corrugated cardboard, plastic containers, aluminum cans, scrap metal, printer cartridges, plastic bags and lead acid batteries. Recycling Center customers



are asked that individual bags of sorted paper, aluminum cans and plastic bottles are either separated and dropped off at the recycling center in the designated bins or placed in any of the bins located near garbage dumpsters.

Due to the small number of Recycling Center staff members, customers with large amounts of recycle material are urged to go to the Recycling Center rather than the recycling bin in across from the 509 Bomb Wing Headquarters.

The Recycling Center is open to all of Team Whiteman. It is located in building 183, on the corner of 3rd Street and McConnell Lane, across the street from the Whiteman Express and Vehicle Operations Center.

Recycling Center personnel are available to help customers Monday to Friday from 7 a.m. to 3:30 p.m., and the facility's drop-off bins are available 24-7 for your convenience.

As Earth Day approaches, Airmen, Soldiers and other members of Team Whiteman are encouraged to remember how important Mother Nature's resources are.

"It's a day to sit back and reflect on what we should be doing to take care of the environment," Edwards said. "Everybody needs to be involved. Even if it's just having a small container in your house. Every little bit helps."

Airmen with Game!



U.S. Air Force photo/Airman 1st Class Joel Pfeister

From left to right: Master Sgt. Daniel De La Rosa, Staff Sgt. Joshua Riffe, Master Sgt. Lafoundra Thompson and Senior Master Sgt. Mark Cruz congratulate Senior Airman Brian Hannah, 509th Medical Support Squadron on winning the Air Force Association Chapter #299 Video Game Tournament, held at Whiteman Air Force Base, Mo., April 4, 2014. Hannah received a custom trophy and a \$50 GameStop gift card. The AFA is a non-profit, independent, professional military and aerospace education association promoting public understanding of aerospace power and the pivotal role it plays in the security of the nation. Monthly meetings are held every third Tuesday of the month in the Top-3 Lounge at Mission's End.



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Whiteman hosts motorcycle safety day



Motorcyclists and motorcycle enthusiasts socialize and look at the different motorcycles on display during the second-annual Motorcycle Awareness and Safety Day at Whiteman Air Force Base, Mo., April 7, 2014. First-time riders, seasoned veterans and anyone who enjoys motorcycles were encouraged to come out and learn about motorcycle safety.

By Airman 1st Class Joel Pfiester
509th Bomb Wing Public Affairs

A great man once said, “if you’re not first, you’re last,” and “I want to go fast!”

Although these are brilliant excerpts, when it comes to driving a motorcycle, they are certainly not words to live by.

Whiteman Air Force Base’s held its second annual Motorcycle Awareness and Safety Day April 7, providing motorcycle riders and enthusiasts with a chance to socialize with other riders, learn more about motorcycle safety and participate in some friendly competition.

“This event gives the motorcycle safety representatives a chance to capture the information on any new riders in their respective units,” said Tech Sgt. Marvin Morris, president of the Green Knights Motorcycle Club. “The event also serves as a great networking tool for the riders on base to meet one another and learn about the Green Knights.”

One of the main causes of motorcycle accidents is riders being overly confident in their abilities, or pushing the boundaries of what they or their bikes are capable of according to Morris.

“I would say the most common mistakes made by motorcycle riders would be riding outside his or her limits,” Morris said. “Either riding too aggressively for the conditions, or not attaining adequate training to learn how to properly deal with various situations.”

Wearing proper protective equipment while operating a motorcycle and abiding by speed limits can limit the possibility and severity of injuries, Morris said.

“The injuries can vary greatly depending on speed,” Morris said. “But the most common would be the road

rashes and abrasions from a low slide fall while riding.”

Other than safety briefings and riders showcasing their motorcycles, there was also a familiarization course called Grant’s Gauntlet.

“The purpose of the course is to give the base riders a chance to familiarize themselves with their motorcycles after the long winter break,” Morris said. “The course simulates some of the more difficult skills a rider may encounter on the road, but in a controlled environment.”

Approximately 20 different riders completed Grant’s Gauntlet.

“We created two categories, sports bikes and cruisers,” Morris said. “We gave each rider two opportunities to ride through the course and we kept their best time.”

Grant’s Gauntlet provided competition and excitement but the highlight of the day was a ride out to Higginsville, Mo.

“My favorite part would have to be the ride out to Higginsville Veterans Cemetery,” Morris said. “Each year the Green Knights lead a mentorship ride out to Higginsville and volunteer to clean all the headstones, and clean up the grounds surrounding the graves of all the veterans buried there.”

As the weather continues to warm up, and summer approaches, the Motorcycle Awareness and Safety Day was a chance for riders to brush the snow off their motorcycles, refresh themselves on motorcycle safety and begin riding again.

“On behalf of the Green Knights I would like to thank all of the individuals that participated in support of the event,” Morris said. “Without your contributions this event would not have been such a success.”



Airman 1st Class Justin Christoff, 509th Munitions Squadron, conventional maintenance section, negotiates the obstacle course during a warm-up ride in the Commissary parking lot. The course was called “Grant’s Gauntlet.”



Safety Tips for Riders

According to the Center for Disease Control and Prevention, when operating a motorcycle follow these tips to stay safe:

- Always wear a Department of Transportation-approved helmet.
- Never ride your motorcycle after drinking. Alcohol greatly impairs your ability to safely operate a motorcycle. If you have been drinking, get a ride home or call a taxi.
- Don’t let friends drive impaired. Take their keys away.
- Wear protective clothing that provides some level of injury protection. Upper body clothing should also include bright colors or reflective materials, so that other motorists can more easily see you.
- Avoid tailgating.
- Maintain a safe speed and exercise caution when traveling over slippery surfaces or gravel.

Spectators look on as motorcyclists warm-up on an obstacle course in the Commissary parking lot. Motorcyclists are required to have the proper protective equipment including gloves, helmet, eye protection, long sleeves and long pants.

Whiteman Airmen "lead-off" Royals' season



ABOVE: Airmen from Whiteman Air Force Base, Mo., exit the field at Kauffman Stadium after a flag ceremony during the Kansas City Royals season opener April 4, 2014. More than 100 Airmen participated in the event.

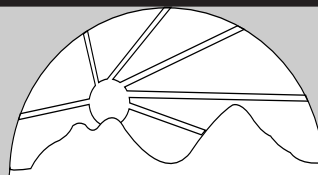
LEFT: Airmen from Whiteman Air Force Base, Mo., participate in a flag ceremony at Kauffman Stadium during the Kansas City Royals season opener. The Royals defeated the Chicago White Sox 7-5.

U.S. Air Force photos/Airman 1st Class Joel Pfiester

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Masons—2nd & 4th Thurs. 7:00 p.m. - Knob Noster Masonic Lodge AF & AM
Garden Club—1st Thurs. of each month 6:30 p.m. - Trails Regional Library - Knob Noster Branch

Alcoholics Anonymous (AA)—Every Fri. 8 p.m. - Basement of Methodist Church • Every Mon. Noon - Bldg. 3007, Behind Chapel "The Old Housing Office" at WAFB
Knob Noster Board of Aldermen—1st & 3rd Tues. each month - Basement of City Hall
Whiteman Area Piecemakers Quilt Guild—3rd Thurs. each month 7 p.m. - Methodist Church
AMVETS—Membership Dinner 1st Tues. each month 6 p.m. - AMVETS Building

VFW—1st Fri. each month 7 p.m. - VFW Building
VFW Auxiliary—1st Fri. each month 7 p.m. - VFW Building
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Spring into fire safety



By 509th Civil Engineer Squadron

With spring temperatures on the rise, more children are playing outside and more laundry is being done. Before you fire up the clothes dryer, make sure the vent, heating unit and lint traps are free of lint. Accumulation of lint anywhere in the dryer may ignite from heat.

A second important safety rule is



never put anything made of foam rubber in the dryer. Foam rubber is subject to spontaneous ignition at dryer temperatures.

Airmen must re-validate dependents

By Capt. Erika Yepsen
Secretary of the Air Force Public Affairs



WASHINGTON (AFNS) -- By Dec. 31, every Airman will be required to provide their servicing finance office with documentation for all dependents as part of Air Force audit readiness efforts.

This one-time, Air Force-wide recertification process will allow the Air Force to validate Airmen's basic allowance for housing entitlements, ensuring every dollar of the \$5.4 billion the Air Force spends annually on BAH is fully auditable.

"When we say the Air Force is not audit compliant, that doesn't mean that money is missing or being misspent," said Doug Bennett, the deputy assistant secretary of the Air Force for financial operations. "Generally, it means that we lack the required documentation for our spending to be considered auditable. In the case of BAH, we need Airmen's marriage certificates, birth certificates for children and divorce decrees that require child support properly documented by our finance offices to ensure we can audit \$5.4 billion in Air Force spending."

Beginning this month and continuing through December, Air Force finance offices will contact Airmen across the total force by email to notify them of their responsibility to provide dependent documentation. Their finance office will tell them exactly which documents are required. Additionally, Airmen who recently provided documentation may not be required to do so again. Airmen should wait to be notified by their finance offices rather than bringing in documentation unsolicited, Bennett said. Waiting to receive notification will eliminate unnecessary duplication of effort for some Airmen.

Once notified, Airmen will have 30 days to provide the required documents to their servicing finance office or have their housing allowance status reduced to single-rate.

Deployed Airmen and those on extended leave or temporary duty will be given special consideration in meeting the 30-day deadline.

The push for revalidation of dependent documentation comes as the Air Force prepares to meet financial improvement and audit readiness requirements laid out in the 2010 National Defense Authorization Act. The Air Force currently retains dependent documentation for six years, which is insufficient to meet audit readiness requirements. This one-time revalidation will ensure Air Force compliance with audit requirements, Bennett said.

"America entrusts the Air Force not only to spend taxpayer dollars wisely and efficiently, but also to account and justify that expenditure," said Air Force Chief of Staff Gen. Mark A. Welsh III in a recent memo. "Preparation for this important and legislatively-mandated effort rests in the hands of every Airman, not just the financial community."

Although revalidation of Airmen's dependents will be a one-time recertification, Airmen will continue to play a vital role in the Air Force's audit readiness. Starting in 2015, independent auditors will visit work stations for Airmen to review processes, procedures and transactions that directly impact the Air Force's financial statements.

"Ensuring we have the proper documentation to account for every expenditure in a very large budget is a difficult but essential effort," said Dr. Jamie Morin, the assistant secretary

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Air Force launches new program to capture innovative ideas

WASHINGTON (AFNS) -- Air Force officials announced the creation of a new program April 4, designed to harness Airmen's innovation.

Airmen Powered by Innovation, or API, will replace three existing Air Force "good idea" programs – the Innovative Development through Employee Awareness, Productivity Enhancing Capital Investment, and Best Practices programs – and expand the role of Air Force Smart Operations for the 21st Century.

"API will consolidate the benefits of each program and simplify the process for submitting ideas, making it easier for our Airmen at the lowest levels to effect change across the entire Air Force," said David Tillotson, the Air Force deputy chief management officer.

Installations' manpower offices will be responsible for assisting and supporting Airmen as they submit ideas. In addition to gaining efficiencies by consolidating existing programs, API will also offer Airmen increased access to assistance prior to submitting ideas and institute a top-down tracking requirement, which includes confirming and documenting savings realized from implementing Airmen's ideas.

"The requirement for us to track these ideas from the top down recognizes the importance we place in having an environment that fosters and rewards innovation at all levels," said Gen. Larry Spencer, the Air Force vice chief of staff. "In this fiscally-constrained environment, we need every Airman engaged in finding smarter ways to do business."

API will serve as a follow-on program to institutionalize the success of the 2013 Every Dollar Counts campaign. During the campaign, 302 ideas submitted by Airmen were implemented by the Air Force, generating savings of \$71 million and 24,000 hours annually.

"Our Airmen are the finest in the world and care about making sure our Air Force remains the best in the world," Spencer said. "I wasn't at all surprised by how many good ideas they had, and as leaders, we owe it to them to make sure their ideas are heard. API will ensure their ideas can be implemented."

Airmen who wish to submit ideas through API may do so by going online to <https://ipds.afpc.randolph.af.mil> or by working with their local AFSO21 office.

(Courtesy of Secretary of the Air Force Public Affairs)

REFUELED AND READY TO GO!

By Airman 1st Class Keenan Berry
509th Bomb Wing Public Affairs

For many years, fuel has been a vital source behind multiple forms of transportation. This source is an important piece to the Whiteman mission because the base and the B-2 Spirit's success depend on it to keep the mission going.

The 509th Logistics Readiness Squadron's fuel management flight works 24/7 equipping aircraft with Jet-A fuel.

"Our primary responsibilities are to put clean, dry fuel onto an aircraft," said Staff Sgt. Joshua Wolf, 509th LRS fuels distribution mobile supervisor. "We ensure there are no contaminants and very little water, if possible, within the fuel."

The flight relies on filter separators to ensure no contaminants and very little water are in the fuel. These filter separators are drained daily.

"Once the fuel goes to the tank, we use the centrifugal pumps to spin and splotch the fuel in a scoop formation, and send it where it needs to go," said Senior Airman Nicholas Flamm, 509th LRS fixed facilities technician. "The fuels go to our filter separators where the water and contaminants are separated from the fuel. The water is heavier than fuel, causing it to sink to the bottom."

The technicians refuel the B-2 using pantographs. The pantographs connect to the "moose head," also known as the hydrant coupler. The hydrant coupler has two single point nozzles, one rated at 600 gallons per minute and other rated at 300 gallons a minute.

"When the fuel tanks reach a certain level, we have to restrict the flow to 300 gallons a minute or the pressure will damage the aircraft. If the tank gets too full, the piping seals keeping the aircraft in tact will rupture damaging the aircraft," Flamm said.

Teamwork between the 509th Aircraft Maintenance Squadron B-2 crew chiefs and the fuel management helps prevent damage to the aircraft.

Safety is always a priority. Because the fuel management personnel are constantly subjected to hazardous situations, they must don proper personal protective equipment.

If fuel or hydrocarbons come into contact with liquid oxygen, this could cause a violent explosion, Flamm said. To prevent this, the fuel management flight wears white aprons because it is easier to see fuel stains before they work with liquid oxygen. If there is a fuel stain, the apron is washed or replaced.

For the Airmen of the fuel management, a key requirement for maintaining shop morale is camaraderie.

"Every day is an interesting day in the fuel management shop," Wolf said. "I enjoy working with these guys. This shop is an extremely tight knit family and there's no other shop like it."

U.S. Air Force photos/
Airman 1st Class Keenan Berry



Senior Airman Dustin Cournoyer, 509th Logistics Readiness Squadron fuels laboratory technician, removes a single weight from a sampler at Whiteman Air Force Base, Mo. April 1, 2014. This portion of the weekly inspection ensures there is no sediment within the fuel.



Staff Sgt. Preston Sowers, 509th Logistics Readiness Squadron NCO in charge of fuels laboratory, removes a single weight from a sampler. Removing the single weight ensures there is no sediment within the fuel. Sediment in the fuel can cause the aircraft to malfunction.



Airman 1st Class Joshua Reynolds, 509th Logistics Readiness Squadron fuels distribution technician, puts down a "dead man" control. The "dead man" control activates the fuels stand to fuel R11 trucks.



Staff Sgt. Preston Sowers, 509th Logistics Readiness Squadron NCO in charge of fuels laboratory, pulls a sample from fuel filter separators. A weekly sample from fuel separators is taken to ensure it contains no water or sediments.

March 2014 Courts-Martial, Article 15s and Discharges

In March 2014, three members were punished under Article 15 of the Uniform Code of Military Justice, and five members were administratively discharged from the Air Force.

ARTICLE 15s

•A senior airman from the 495th Fighter Group received an Article 15 for being absent without leave and making a false official statement. For these offenses, he received a reduction to the grade of airman first class, forfeiture of \$765 pay and a reprimand.

•An airman first class from the 709th Munitions Squadron received an Article 15 for four specifications of making a false official statement, two specifications of dereliction of duty, being absent without leave, and failure to obey a lawful order. For these offenses, he received a reduction to the grade of airman, reduction to the grade of airman basic suspended, forfeiture of \$750 pay per month for two months (suspended), forfeiture of \$250, restriction to base for 30 days and a reprimand.

•An airman from the 509th Security Forces Squadron received an Article 15 for willful dereliction of duty. For these offenses, he received a reduction to the grade of airman basic, forfeiture of \$765 pay per month for two months (suspended) and a reprimand.



DISCHARGES

•A senior airman from the 495th Fighter Group received an honorable discharge for failure to maintain fitness standards.

•An airman first class from the 509th Force Support Squadron received a general discharge for minor disciplinary infractions.

•An airman from the 509th Munitions Squadron received a general discharge for minor disciplinary infractions.

•An airman basic from the 509th Aircraft Maintenance Squadron received a general discharge

for minor disciplinary infractions.

•An airman basic from the 509th Security Forces Squadron received a general discharge for commission of a serious offense or other offenses.

COMMENT

There was a slight decrease in the number of non-judicial punishments in March, but there are still violations that are commonly committed by different offenders. Dereliction of duty, false official statements and being absent without leave were three common violations occurring last month, and they are unacceptable. No matter who you are or what your job requires of you, we are all mission essential. We all need to do what is required to complete the mission. If one person fails to do his or her job, the mission is compromised. It takes a collective effort from everyone to get the job done.



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NFL Offseason recap: salary cap and contracts inflate



Getty Images

Star cornerback Darrelle Revis was released by the Bucs March 12, 2014 and signed with the Patriots later that night.

By Senior Airman Bryan Crane
509th Bomb Wing Public Affairs

The NFL offseason officially began the day after the Seattle Seahawks won the franchise's first Super Bowl. However, the frenzy really began March 11 as free agency kicked off.

The 2014 salary cap increased and teams took advantage, handing out monster contracts across the board to players at every position.

With free agency now winding down, teams are beginning to look toward the NFL Draft to fill out the rest of their roster.

Here are my considerations for the best, and worse, moves so far this offseason.

Top 3 impact moves

1- New England signing cornerbacks Darrelle Revis and Brandon Browner - The Patriots came within one game of playing for another Super Bowl. However, they were overmatched by the Denver Broncos and their explosive offense. When Aquib Talib went out early in the game with an injury the Broncos tore apart the depleted Patriot defense. The Patriots now bring in two big physical cornerbacks who can play man-to-man coverage.

Revis is still, in my opinion, one of the top two cover corners in the league, and an upgrade over the departed Talib. Browner is not a number one corner but his size -- 6'4", 220 pounds -- allows him to play very physical. With a star corner on the other side it allows Browner to play his type of game and slow down the more physical receivers. If the Patriots can add to their front seven through the draft it looks like an improved defense for a team on the brink of the championship.

2- Washington signing wide receiver DeSean Jackson - The Redskins came in with high expectations last season after winning their division, and with second-year quarterback Robert Griffin III coming off an offensive rookie of the year-winning season. However, Griffin struggled to regain his explosiveness while recovering from torn ACL. Without Griffin's explosiveness, team finished with a disappointing 3-13 record.

Griffin is nearly two years removed from his surgery, and to help him, the Redskins brought in the talented, yet volatile, DeSean Jackson. Jackson has been a star since he entered the league and is looking to build upon his outstanding 2013 season. After being released from the Eagles, he now teams up with Pierre Garcon, who led the league in receptions last season. Griffin, known for connecting on big plays during his college years, has yet another big play threat to stretch defenses. Look for Griffin and Jackson to build some chemistry and improve the offense.

3- New Orleans signing safety Jairus Byrd - The Saints offense was explosive as ever, but the lack of defense cost them some key games. The NFL is a passing league now and the Saints have not been able to stop the big passing offenses. With the signing of Byrd, the team hopes he can help revamp the secondary. Byrd is known as one of the best ball-hawking safeties in the league. He teams up in New Orleans with second-year safety Kenny Vaccaro, and the Saints are hoping the two will tag team and help the defense shut down more big passing plays down the field. If the Saints can enhance their defense and stop teams from scoring, their offense can carry them far into the playoffs.

Top 3 overrated moves

1- Denver's defensive spending spree - The Broncos were the class of the AFC in 2013, running through their schedule with ease to a number one seed in the playoffs and a Super Bowl appearance. But even if you didn't watch the Super Bowl you no doubt heard about Seattle's annihilation of Peyton Manning and the Broncos. I do believe the Seahawks were the better team but the Broncos played worse than their talent. Afterwards, general manager John Elway completely overreacted and went on a massive defensive spending spree.

He signed Aquib Talib away from their biggest challengers, the Patriots, which seemed like a great move until the Patriots one-upped them by signing Revis. The Broncos also signed safety T.J. Ward to a massive contract, and DeMarcus Ware to a three-year, \$30 million contract. Don't get me wrong these are talented players who should improve the Broncos' defense, but I believe there were other ways to accomplish this without overpaying.

Dominique Rodgers-Cromartie started and played very well last season for the Broncos, and was willing to return on a cheaper contract than Talib's. Ware has always been an imposing defensive end but only racked up six sacks last season. A three-year, \$30 million deal seems a little much, but that's why they play the game. We'll have to wait and see how he stacks up opposite Von Miller. Remember, the Broncos took a chance on Peyton Manning's repaired neck a few seasons.

2- Tampa Bay signing and naming Josh McCown as their starting quarterback - Tampa Bay suffered through a rough season, ending in a coaching change and a top 10 draft pick. New coach Lovie Smith took over and decided to sign the former Bears backup. McCown, who has been a backup quarterback for most of his career, impressed the league when he took over for an injured Jay Cutler last season. Smith decided not only to sign his former backup, but also named him the starting quarterback for the Bucs. McCown signing isn't a bad based on the contract, but the fact he was named starter over the Mike Glennon is what surprises me. Glennon, although not perfect, showed some definite promise last season. Given a better team around him, and if they could stay healthy, Glennon could improve. It will be interesting to see if McCown can hold off Glennon all season or if he becomes the backup once again.

3- Eric Decker signing with the New York Jets - This signing was not necessarily a knock on the Jets as much as a knock on Decker. Decker had two great seasons in Denver, coincidentally the two seasons Peyton Manning has been his quarterback. Decker is a solid receiver, but he is not a number one receiver, and that is what he will have to be in New York. New York's offense has been atrocious the past few seasons, and the quarterback play is a big reason why. Geno Smith was very inconsistent as a rookie starter, but he also had nobody to throw the ball to. Decker is an improvement, but I don't see him being able to get separation from number one corners in this league. Without another big time receiver Decker will be exposed and the Jets' offense will continue being atrocious.

Honorable mention - The Raiders trading a sixth-round draft pick for quarterback Matt Schaub and the Eagles trading a fifth-round pick for running back Darren Sproles.

Look for these deals to bring some excitement into another year of NFL football. Teams are now focusing full steam ahead to the 2014 NFL Draft.

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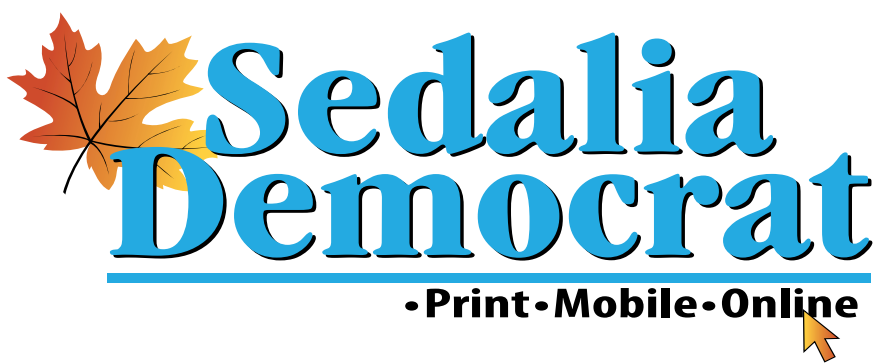
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April 2014 Fitness Center Aerobics Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1530-Cycle Blast(SR) 1630-Top it Off (FG) 1700-Outdoor Boot Camp(FG) 1730-Brazilian Ju Jitsu (AR)S	0600-Circuit Cycle (SR) X 0900-30/30 Fusion (FG/SR) 1230-Lunchtime Blitz (FG) 1630-Cycle Revolution(SR) 1745-Bootcamp (FG)	1115-Cycle Blast(SR) X 1630-Guts & Glutes(FG) 1730-Brazilian Ju Jitsu (AR)S 1700-Outdoor Boot Camp(FG) 1800- Pilates (RC)	0530-Cycle Blast(SR) 4 0630-Cycle Revolution(SR) 1230-Lunchtime Blitz(FG) 1700-Brazilian Ju Jitsu (AR)S	
1145-Tabata(FG) 7 1230-Lunchtime Blitz(FG) 1700-Cycle Blast(SR) 1745-Boot Camp(FG)	0900-Circuit Cycle (SR) 8 1530-Cycle Blast(SR) 1630-Top it Off (FG) 1700-Outdoor Boot Camp(FG) 1730-Brazilian Ju Jitsu (AR)S	0600-Circuit Cycle (SR) 9 0900-30/30 Fusion (FG/SR) 1230-Lunchtime Blitz (FG) 1630-Cycle Revolution(SR) 1745-Bootcamp (FG)	1115-Cycle Blast(SR) 10 1630-Guts & Glutes(FG) 1730-Brazilian Ju Jitsu (AR)S 1700-Outdoor Boot Camp(FG) 1800- Pilates (RC)	0530-Cycle Blast(SR) 11 0630-Cycle Revolution(SR) 1230-Lunchtime Blitz(FG) 1700-Brazilian Ju Jitsu (AR)S	
1145-Tabata(FG) X4 1230-Lunchtime Blitz(FG) 1700-Cycle Blast(SR) 1745-Boot Camp(FG)	1530-Cycle Blast(SR) X5 1630-Top it Off (FG) 1700-Outdoor Boot Camp(FG) 1730-Brazilian Ju Jitsu (AR)S	0600-Circuit Cycle (SR) X6 0900-30/30 Fusion (FG/SR) 1230-Lunchtime Blitz (FG) 1630-Cycle Revolution(SR) 1745-Bootcamp (FG)	1115-Cycle Blast(SR) X7 1630-Guts & Glutes(FG) 1730-Brazilian Ju Jitsu (AR)S 1700-Outdoor Boot Camp(FG) 1800- Pilates (RC)	0530-Cycle Blast(SR) X8 0630-Cycle Revolution(SR) 1230-Lunchtime Blitz(FG) 1700-Brazilian Ju Jitsu (AR)S	
1145-Tabata(FG) X11 1230-Lunchtime Blitz(FG) 1700-Cycle Blast(SR) X11 1745-Boot Camp(FG)	1530-Cycle Blast(SR) X12 1630-Top it Off (FG) 1700-Outdoor Boot Camp(FG) 1730-Brazilian Ju Jitsu (AR)S	0900-30/30 Fusion (FG/SR) X13 1230-Lunchtime Blitz (FG) 1630-Cycle Revolution(SR) 1745-Bootcamp (FG)	1115-Cycle Blast(SR) X14 1630-Guts & Glutes(FG) 1730-Brazilian Ju Jitsu (AR)S 1745-EMT(FG)	0700-SARE Day SR X15 0530-Cycle Blast(SR) 0630-Cycle Revolution(SR) 1230-Lunchtime Blitz(FG) 1700-Brazilian Ju Jitsu	Family Fitness Day X16
1145-Tabata(FG) X18 1230-Lunchtime Blitz(FG) 1700-Cycle Blast(SR) 1745-Boot Camp(FG)	1530-Cycle Blast(SR) X19 1630-Top it Off (FG) 1715-EMT(FG) 1730-Brazilian Ju Jitsu (AR)S	0600-Circuit Cycle (SR) 30 0900-30/30 Fusion CANCELLED 1230-Lunchtime Blitz (FG) 1630-Cycle Revolution(SR) 1745-Bootcamp (FG)			

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Spirit Chapel Holy Week Schedule

PROTESTANT HOLY WEEK SCHEDULE:

Palm Sunday Weekend – April 12 to 13

Saturday:

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Sunday:

8 a.m. – Traditional Worship Service - Michael Patton, Guest Speaker
 9:30 a.m. – Contemporary Worship Service - Michael Patton, Guest Speaker

Good Friday – April 18

5 p.m. – Communion Service - Chapel

Easter Sunday - April 20

9 a.m. – Combined Protestant Worship Service

CATHOLIC HOLY WEEK AND EASTER SCHEDULE:

Palm Sunday – including the Saturday Vigil Mass – April 12 to 13

Saturday:

4:30 p.m. – Confessions
 5 p.m. – Blessing of the Palms and the procession into the Church Mass and the reading of the Passion of Christ from St. Mark's Gospel

Sunday:

11 a.m. – Blessing of the Palms, procession into the Church, Mass and the reading of the Passion of Christ from St. Mark's Gospel, followed by fellowship in the Chapel Annex

Holy Thursday – April 17

7 p.m. – Mass including the presentation of the Holy Oils blessed by the Bishop
 8 p.m. – Benediction with the Blessed Eucharist followed by the procession to the temporary Blessed Sacrament Chapel
 8:30 p.m. to midnight: Vigil & private prayer in the temporary Blessed Sacrament Chapel

Good Friday – April 18

3 p.m. – Reading of the Passion of the Lord from St. John's Gospel
 Procession and Veneration of the Cross
 Holy Communion of the Faithful
 All depart in silence

Saturday Easter Vigil – April 19

8 p.m. – Congregate in chapel courtyard: celebrate Christ as Light of the World
 Procession with lighted candles into the Church
 Seven biblical readings
 Receiving the new members into the Church (Baptism, Confirmation, Eucharist)
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Easter Sunday – April 20

11 a.m. – Mass
 Followed by fellowship in the Chapel Annex



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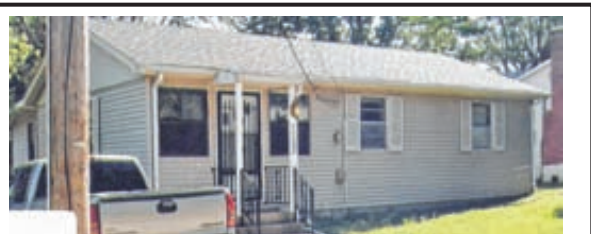
4 bedroom home located less than five minutes to Whiteman AFB. Beautiful paint colors throughout. New kitchen appliances 2013. Tons of storage and space. Huge backyard with privacy fence. Priced to sell. \$168,000 Blue Bird Real Estate, KAYE GANN, Realtor 660-233-3627



This home is located minutes from Whiteman AFB, sits in the middle of an acreage with mature fruit trees and lots of room to play. 3 or 4 bedroom house with finished walk out basement. **THREE** car detached garage! New roof, new siding, new flooring, new lighting, new paint and more. House is move in ready!! Contact Chris Gunn 660-233-2340. \$168,000



COUNTRY BLISS!!! 7.73 Acres, 1786 Sq. Ft. Earth Contact home with beautiful wood detail throughout. Gorgeous Loft area overlooking downstairs living room and dining area. 2 Car Detached Garage/Shop that is heated and cooled with concrete floors. 50 Year Metal Roof. Call Traci 660-238-2989 or Whitney 660-238-2893 to set up your showing today!!! MLS 44214, 610 SE 831, Knob Noster, MO \$163,900



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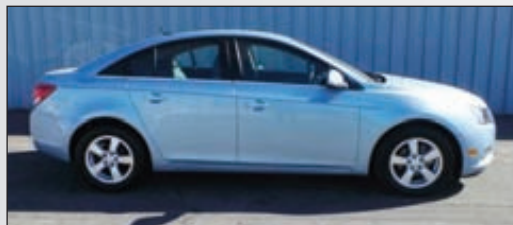
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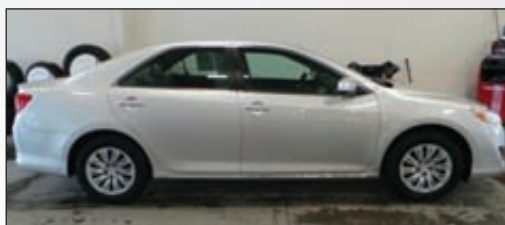
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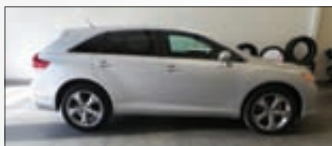
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