

WARRIOR

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Feb. 3, 2012

509th BW validated by record breaking NSI

A 509th Security Forces Squadron Airman secures his area of responsibility as part of an operational readiness exercise during a Nuclear Surety Inspection Jan. 20. This NSI was a detailed assessment designed to evaluate the unit's ability to carry out its nuclear mission. Areas evaluated encompassed technical operations, management and administration, security, logistics movement, safety, maintenance facilities and supply support. See pages 8-9 for story, superior performers and team names.



U.S. Air Force photo/Senior Airman Nick Wilson

131st BW member among honored for work at MU Veterans Center

By Ryan Finan

Columbia Missourian, Special to the 131st

COLUMBIA, Mo. -- Missouri University's Carol Fleisher and Daniel Sewell were recognized with the Outstanding Public Service Award, the second-highest honorary public service award given by the U.S. Department of Defense Jan 23.

Fleisher and Sewell were honored for their development of the University of Missouri Veterans Center, which helps veterans adjust to campus life.

In accepting the award, Fleisher, the center's first director, warmly credited Sewell, former president of the Mizzou Student Veterans Association and national vice president of Student Veterans of America.

"When students think they can't make

See 131st BW member, page 7

Emergency vs. non-emergency, understanding the difference

By Heidi Hunt

509th Bomb Wing Public Affairs

Flashing warning lights and sirens are signs for drivers to pull over so medical personnel can transport patients to receive emergency care.

The 509th Medical Operations Squadron ambulance service is available 24-hours-a-day to respond to on-base illnesses and injuries and is accessed through the 9-1-1 telephone system.

"We have one ambulance with two members trained in basic life support who respond to medical emergencies for the entire base," said Staff Sgt. Jacob Rosko interim NCO in charge 509th MDOS ambulance services.

Should a medical emergency arise, the only number patients need to call is 9-1-1 instead of

going to the 509th MDOS ambulance service to be transported, according to Rosko. Calling other numbers will cause a significant delay in treatment.

"If someone on base calls from a cell phone, they will be connected to Johnson County dispatcher. Callers should be clear that the emergency is on base and they will be immediately transferred to a Whiteman Air Force Base dispatcher," Rosko said.

"The 509th MDOS ambulance service is used for emergencies only and is not to be used as a transport service to the base clinic," Rosko said. "We only transport patients to Western Missouri Medical Center in Warrensburg."

Understanding the difference between an emergency and a non-emergency can help patients receive

See Emergency, page 10

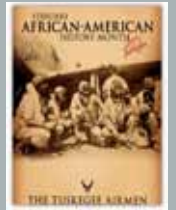
Congratulations to Whiteman's newest colonel (selects)

Col(S) Patrick Butler, 509th Maintenance Group Deputy Commander

Col(S) Kenneth O'Neil, 509th Security Forces Squadron Commander

Col(S) Thaddeus Phillips, 509th Medical Group Dental Flight Commander

Meet and Greet with Tuskegee Airmen



Team Whiteman is invited to interact with the men who paved the way for today's Air Force from 2-2:45 p.m. during a meet and greet with heroes from the Heart of America Tuskegee Airmen Inc., along with a screening of Red Tails at 3 p.m. Feb. 4 at Carmike Cinemas in Warrensburg, cost is \$6.

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76 Team Whiteman Airmen promoted

Seventy-six Team Whiteman Airmen promoted in January and noncommissioned officers promoted Feb. 1. A ceremony was held Tuesday at Mission's End.

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From the Frontlines: Staff Sgt. Michael Shamp

Staff Sgt. Michael Shamp, 509th Medical Operations Squadron medical technician, was recently deployed to Camp Leatherneck at Helmand Province, Afghanistan, with the U.S. Army's 101st Airborne Transit Company from June to December 2011.

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Operation Comfort Cake helps smooth deployment transition

The Airman and Family Readiness Center hosted Operation Comfort Cake, Jan. 19, for spouses whose sponsors are currently deployed, preparing to deploy, on a remote temporary duty assignment, or have just returned from a deployment.

WEATHER

Today	Sunday
Mostly Cloudy	Partly Cloudy
Hi 47	Hi 41
Lo 39	Lo 24
Saturday	Monday
Showers	Partly Cloudy
Hi 52	Hi 38
Lo 31	Lo 20

Attitude

By Lt. Col. David Benson
325 Weapons Squadron Commander

"Attitude is a little thing that makes a big difference." -- Winston Churchill

I was in a meeting the other night with, the Father (Lt. Col.) William Bartoul, 509th Bomb Wing head chaplain. As customary, Father opened up with some comments. But, unlike other times, the comments this night brought silence and deep thought to the normally raucous crowd.

His comments were on the importance of having a positive attitude and how, especially in tough times, it can have an incredible effect. Unfortunately for you, I am not as "silver tongued" (or "silver fingered") as Father, but I believe the topic is definitely worth some thought and time on the keyboard.

In today's world of smaller budgets, roll-backs, early retirements, reduced benefits, etc., it is very easy to fall into a pattern of cynicism and negativity. Don't. Although I agree that the reduction in forces, money and equipment has an effect on the mission, the bottom-line is that our mission is too important to fail. And in a world of less, a huge part of keeping our mission successful is our attitude. It is our trust and confidence that what

we do is important; that we are important and that we must "roll up our sleeves, stop crying, and start sweating."

Former Vice President Hubert Humphrey once said "It's not what they take away from you that counts. It's what you do with what you have left." All too often our response to such adversity is a poor attitude that says "no, I don't have the resources for that." After all, that is the "easy" answer because it requires less work and less time. It is a short-sighted view that may allow you to succeed in the "here and now", but will ultimately keep you from working as a team, figuring out the hard solutions and moving forward. This is not the path to success and it is not the path that you chose as an American Airman.

Instead, one should approach the challenges of today with a positive attitude: a confident attitude that you can make a difference and help America succeed. What can I do to support? How can we collectively find the best possible answers to the reduction in manning, money and tools as they affect us all? Sometimes this will not be easy. Sometimes you won't be able to find answers to everything.

In these times, it is important to find where we fall short and highlight these areas to our leaders so that they can make the best deci-

sions possible with what we do have. If you don't know the answer, be willing to help find the right person or brainstorm to get the best possible course of action. Make a difference.

Chaplain Bartoul would use an example that night of a surgeon who would refuse to start an operation if the patient had a bad attitude; low confidence that they would get better. Like a patient, we must be confident in our mission and our future. We must believe that we can make a difference and that our actions will make the world a better place tomorrow and far in the future, no matter what challenges we face. This is what we do. We are American Airmen.

I will hand over command of the 325th Weapons Squadron Feb. 10. As I depart, I want to personally thank everyone in the 509th BW for your outstanding support that helped us build, teach and lead the B-2 Spirit and Air Force combat leaders of tomorrow. Since its stand-up in 2003, the leaders you have helped produce through the 325th WPS are now going on to be vice wing commander, wing commander and beyond. You have made a difference.

From a father who humbly raises his family under the freedom you provide; many thanks.

THE WARRIOR

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The deadline for article submissions to the Warrior is Noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at 660-687-6123, e-mail: Whiteman.Warrior@whiteman.af.mil, fax us: 660-687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

To advertise in *The Warrior*, call the *Sedalia Democrat* at: 1-800-892-7856.

Commander's Corner

Team Whiteman,

Last Friday marked the final day of our Nuclear Surety Inspection and the highly anticipated outbrief. The wing knocked it out of the park and passed with flying colors.

All of the preparation going into the inspection culminated into one message—Whiteman Air Force Base's nuclear mission remains Safe, Secure, and Reliable. Your hard work validated that the 509th Bomb Wing maintains our steady, long-standing history to carry out the Air Force's most critical mission—reinvigorate the nuclear enterprise.



As I said during the outbrief, we leaned into this inspection knowing that iron sharpens iron. In this no fail business, we need to be sharpened and tested under the highest scrutiny to ensure there are zero errors. It is difficult to do, and only the finest Airmen can perform under such pressure.

I thank you for your hard work, unwavering dedication and perseverance, and I congratulate you for a job well-done. I do not take lightly when I said, and will continue to say, it is an honor and privilege to serve with each and every one of you.

Not only have we achieved another milestone for the 509th, but many of you were named as superior performers or contributors by the Air Force Global Strike Command Inspector General. In fact, the number of those named is more than the AFGSC IG has named for this inspection ever! For a list of these names, please turn to pages 8-9.

Overall, results like this are rooted in motivated Airmen who have been adequately trained and equipped, and leadership engaged at all levels. You might not be here when another NSI comes to Whiteman, but for now, hang your hat on the success you just helped achieve.

Defensor Vindex.

-Brig. Gen. Scott Vander Hamm, Commander

Developing Airmen continues to be a priority

By Todd Fore, Ph.D.
Air Force Personnel,
Services and Manpower

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) – An Air Force leader's most important job is to care for and develop Airmen through a combination of education and experience, but every Airman must also actively seek opportunities to learn and grow. This agreement between leaders and leaders-to-be is the foundation of the most powerful air force in the world.

Rapidly changing technologies and increasingly complex global conditions have changed the way we approach national security, and tomorrow's leaders must be technologically proficient, highly educated, strategic thinkers able to smoothly adapt to their changing world. Education is critical to developing that type of leader.

My job is to make sure you are aware of your educational opportunities and to knock down systemic barriers that prevent you from pursuing them. Your job is to chase your educational opportunities with the same determination that you devote to other aspects of your life.

Opportunities abound for all Airmen, from junior enlisted to command eligible officers, and from student interns to flag officer equivalent civilians. The Air Force is the only service with a fully-accredited, associate degree-granting college -- the Community College of the Air Force. That illustrates how seriously the Air Force takes education and training.

In addition to comprehensive enlisted education and training programs, we deliberately, progressively develop our civilian and commissioned members through a series of programs ranging from new

employee orientation to Air War College and the gamut between. You can pursue advanced academic degrees, leadership and development seminars, education with industry and more. And the Air Force not only encourages Airmen to pursue such developmental endeavors, we'll pay for most, or all of it.

Education is only part of the development continuum.

Increasingly challenging assignments and mission opportunities also help Airmen develop their decision-making and other leadership skills, so we vector civilians, officers and some senior enlisted members toward opportunities that will make them better leaders.

Some opportunities -- like deployment to a combat zone -- may seem undurably onerous, but they will help you develop greater strategic awareness and leadership ability. Other less hazardous opportunities -- such as academic or technical training instructor -- are no less critical than combat duties, and the impact you have on Airmen will be evident for generations.

You should not wait to be vectored, though. You should shop for your next growth opportunity to make sure it stretches you and allows you to use your skills and talents in support of our critical missions. If you wait for things to happen to you, you may be waiting a long time.

The sky is NOT the limit for those of you who choose to push past the barriers. But where your career goes is ultimately up to you. I will knock down barriers and point you toward opportunities, but you must do your part. You must passionately pursue education and experiences that will make you the kind of leader our Air Force needs.

NEWS BRIEFS

Whiteman Tax Center open

The Whiteman Air Force Base Tax Center is open for business in building 509, suite 215. Tax assistance is available to active duty, guard, reservists on Title 10 orders, dependents and retirees, free of charge with a valid military ID. Clients can call 660-687-2896 to schedule an appointment. Taxpayers are asked **not** to contact base legal.

Donald Johanson to speak at UCM Feb. 8

Donald Johanson, Internationally renowned paleoanthropologist, will tell stories of his historic discoveries and research to the University of Central Missouri during a presentation at 7:30 p.m. Feb. 8, in Hendricks Hall. The public is invited to attend the event, free of charge.

Semi-annual stockpile inventory

The 509th Munitions Squadron is conducting a semi-annual stockpile inventory during the week of March 5-9. Those who need any munitions issued or have any that need to be turned in, should do so either the week prior or after the inventory. During this week 509th MUNS will only process emergency requests, submitted in writing, and approved by the group commander or equivalent. Questions or concerns can be directed to Tech. Sgt. Jason Gebbia at 660-687-8251.

Found property

Keys, wallets, bicycles, jewelry, cellular telephones and other items have been turned in as found property to Security Forces Investigations. To inquire about lost property, go to building 711, room 305, or call 660-687-5342. Vehicles have been identified as suspected abandoned and will be towed at the owner's expense. For more information about vehicles, contact Steven Scott at 660-687-5342.

Consolidated dorm manager's office

A sponsor may pick up a room key five duty days before an inbound Airman's arrival date. If an Airman arrives on the weekend and the sponsor does not have a room key then Airmen are to stay in lodging. Airmen may be reimbursed for up to 10 days. The sponsor may pick up a key during the following duty day from the consolidated dorm managers office in Discovery Hall. Dormitory in-processing is every Tuesday and Thursday at 9 a.m. in the CDMO. Airmen are to in process on one of those following days immediately after arrival. Hours of operation are Monday through Friday, 7 a.m.-4 p.m. and closed weekends and down days. For more information, contact the office number at 660-687-1668 or the NCO in charge of unaccompanied housing number at 660-687-5662.

76 Team Whiteman Airmen promoted

Seventy-six Team Whiteman Airmen promoted in January and noncommissioned officers promoted Feb. 1. A ceremony was held Tuesday at Mission's End.

**AIRMEN**

Mitch Bradley II,
509th Aircraft Maintenance Squadron
Nicholas Pfau, 509th Security Forces Squadron

**AIRMEN 1ST CLASS**

Nicholas Brinkley,
509th Maintenance Squadron
Jos Seth Elam, 709th Munitions Squadron
Zachary Hunter,
509th Operations Group Squadron
Jared Lamb,
509th Operations Support Squadron
Michael Seaman,
509th Communications Squadron
eph Brown, 509th SFS
Chasity Burke, 509th SFS
Kacy Edwards, 509th SFS
Caleb Hoferman, 509th SFS
Whitney Jones, 509th SFS
Jaclyn Meduffie, 509th SFS
Grace Murphy, 509th SFS
Christopher Scott Jr., 509th SFS
Juwaan Smith, 509th SFS
Ryan Wood, 509th SFS
Spencer Thrasher, 509th AMXS

**SENIOR AIRMEN**

Nicholas Anderson, 509th MXS
Samuel Babcock, 509th MXS
Garrett Bader, 509th MXS
Heath Browning, 509th MXS
Glenn Trent, 509th MXS
Cederic Woodley, 509th MXS
David Dubuque, 509th CS
Nathan Samdomierski, 509th CS
Stede Welsh, 509th CS

Kenneth Taylor, 509th CES
Christopher Eldridge, 509th CES
Spencer Stewert, 509th CES
Scott Tucker, 509th CES
Michael Barron, 509th SFS
Monica Franks, 509th SFS
Taylor Bash,
509th Maintenance Operations Squadron
Barry Brewer, 509th AMXS
Timothy Maier, 509th AMXS
Andrew Novak, 509th AMXS
Weston Corning, 509th OSS
Jeffrey Everson,
509th Logistics Readiness Squadron
Jamar Huggins, 509th LRS
Kristin Fuchs,
509th Force Support Squadron
Zachery McQuade, 509th FSS
Nicole Reed, 509th Operations Group
Maichelle Ring, 509th OG
Kaitlyn West,
509th Contracting Squadron

**STAFF SERGEANTS**

Jose Acevedo, 509th LRS
Talana Gardner, 509th LRS
John Krzys, 509th LRS
Joshua Porter, 509th LRS
Donald Curran, 509th MXS
Kenton Jordan, 509th MXS
Roderick Davenport, 509th SFS
Shane Haynes, 509th SFS
Michael Krohn, 509th SFS
Angel Madrigal, 509th SFS
Patrick Gore, 509th AMXS
Cory Reinerd, 509th AMXS
Joshua Silva, 509th AMXS
William Sullivan, 509th AMXS
Cory Prochaska, 509th FSS
Richard Tucker, 509th CES

**TECHNICAL SERGEANTS**

Brandi Baker, 509th CES

Jason Gatiss, 509th CES
Jason Shepard, 509th CES
Melody Winterringer, 509th CES
Roney Campbell, 509th LRS
Kyle Larson, 509th SFS
David Yanak, 509th SFS
Misty Lowe,
509th Munitions Squadron
Jesse Soderberg,
509th Comptroller Squadron
Kennecia Williams,
509th Bomb Wing
Bob Dais,
372nd Training Squadron

**MASTER SERGEANTS**

Beverly Bennett,
20th Reconnaissance Squadron
Willis Taylor, 509th AMXS

**SENIOR MASTER SERGEANT**

Eric Hadsall, 509th AMXS

**CHIEF MASTER SERGEANT**

Jerold Wilkerson, 509th LRS

From the Frontlines: Staff Sgt. Michael Shamp



Courtesy photo

CAMP LEATHERNECK, Afghanistan -- Staff Sgt. Michael Shamp, 509th Medical Operations Squadron medical technician, was recently deployed to Camp Leatherneck at Helmand Province, Afghanistan, with the U.S. Army's 101st Airborne Transit Company from June to December 2011. His unit's mission was to supply smaller forward operating bases in Helmand Province with items needed to sustain the mission and everyday life. With missions that took up to 15 days to complete, it was essential for Shamp to be with unit 24 hours a day so he could provide medical assistance when needed.

By Senior Airman Nick Wilson
509th Bomb Wing Public Affairs

Staff Sgt. Michael Shamp, 509th Medical Operations Squadron medical technician, was recently deployed to Camp Leatherneck at Helmand Province, Afghanistan with the U.S. Army's 101st Airborne Transit Company from June to December 2011.

His unit's mission was to supply smaller forward operating bases in Helmand Province with items needed to sustain the mission and everyday life. With missions that took up to 15 days to complete, it was essential for Shamp to be with his unit 24 hours a day so he could provide medical assistance when needed.

"Trying to treat and keep them on the mission was always important because they are usually truck commanders. So if they went down, then the whole truck had to get towed," said Shamp.

Not only did he pull medic duties, he also helped his wingmen by providing security so they could get extra hours of sleep.

"Sometimes I would be truck commander if someone needed rest," Shamp said. "If my gunner got hurt, I would pull them down and finish their duties for the rest of the day. Basically, I was like a soccer goalie. Just sitting there waiting for something to happen."

With Shamp's assistance, his team was able to complete each mission with zero injuries.

"It was pretty exciting and fun for us," Shamp said. "No one ever got hurt during the fire fights."

See Frontlines, page 10

AFGSC strengthens ties with community

Joe Scallorns, a member of Air Force Global Strike Command's Civic Leader Program and board member of Whiteman Air Force Base's Base Community Council, climbs the ladder of a T-38 Talon assigned to Whiteman AFB before his incentive flight here Jan. 26. The purpose of the incentive flight was to give him a deeper understanding of the full spectrum of Air Force Global Strike Operations and a better understanding and appreciation for the quality Airmen and civilians who protect the nation every day.



U.S. Air Force photo by Staff Sgt. Alexandra M. Boutte

Military appreciation



U.S. Air Force photo/Senior Airman Nick Wilson

WARRENSBURG, Mo. -- Airmen from the 509th Bomb Wing Honor Guard stand at ease before posting the colors at a University of Central Missouri Military appreciation basketball game Jan. 23.

131st BW member Continued from Page 1

it through because they are married, have a child, haven't been to school in years, they can," she said. "Dan showed us all that was possible."

Sewell, a Munitions Systems Craftsman in the 131st Bomb Wing, Missouri Air National Guard, said the award could go to many people at the university as well as many people around the country.

"I just happened to be in the right place at the right time," he said. "I think everyone here at the university would be proud of what we have done."

The afternoon ceremony in Stotler Lounge in the Memorial Union was standing-room-only. In opening remarks, Dalton Wright, civilian aide to the Secretary of the Army for Missouri, said the outcome of Fleisher and Sewell's collaboration has been outstanding.

"Our country did a bad job of reintroducing Korean veterans," said Wright, also a member of the Missourian Publishing Association's board of directors. "This center helps to fight that."

Joseph McCoskrie, executive officer of MU's ROTC program, said this was the first such award Wright has presented in Missouri.

"They received this for recognition of public service and helping veterans integrate back into society," McCoskrie said. "Fleisher and Sewell kind of put together a program to help them transition back to college -- set the conditions for success."

Fleisher and Sewell were nominated for the Outstanding Public Service Award by Navy Vice Admiral Ann E. Rondeau. Recipients have "rendered service or assistance at considerable personal sacrifice, motivated by patriotism, good citizenship and a sense of public responsibility," according to an MU news release.

The Veterans Center was created following the recommendations of a Task Force for a Veteran-Friendly Campus established by MU Chancellor Brady Deaton. At the time it opened in November 2008, it was one of the first such centers nationally to provide support, share information and advocate for members of the armed forces.

At the ceremony, Deaton reflected on the importance of the center to veterans, the university and the country. As for Fleisher and Sewell, he said, "We're applauding two extraordinary individuals who are heroes of our day."

(Used with permission)

AFSA president visits Whiteman



U.S. Air Force photo/Airman 1st Class Bryan Crane

Jeffrey Ledoux, Air Force Sergeants Association International President, is joined by members of the Whiteman Air Force Sergeant's Association Chapter 881 and Chapter 801 at Mission's End Jan. 27. During his visit, Ledoux held an informal question and answer session and discussed issues being worked at Capitol Hill. For more information or to become a member, contact Staff Sgt. Ronal Reed or visit www.hqafsa.org.

Frontlines Continued from Page 4

As opposed to working in a combat zone almost every single day, Shamp's deployed duties were different from his duties at Whiteman AFB. Here, he works the ambulance service station where he responds to base emergencies, fires or gas leaks with medical readiness.

"Unless it's a car wreck or something big, [my job at Whiteman] usually includes transporting a patient and ensuring they are stable en route," Shamp said.

"[One of the big differences] in Afghanistan was the medicines we were able to use," he said. "We don't use morphine [here at Whiteman] and we don't get many pain medicines and narcotics like we did in Afghanistan. While we were deployed our scope of practice was a lot bigger, so the biggest difference was the amount of tasks."

In spite of the sweltering heat, Shamp and his unit were still able to keep each other motivated and developed a sense of closeness and camaraderie.

"The heat in the beginning was the worst part, but when we got back from each mission, everyone became pretty close," Shamp said. "When you spend 15 days in a truck with the same four

Airmen, you get to know each other, but the best part was working out with them and hanging out after the missions."

At Camp Leatherneck, Shamp lived in a hardened facility, where he slept in a dorm room with six roommates. Because he spent most of his time on 15-day missions, most of his nights were spent sleeping on cots.

While deployed, Shamp participated in marathons and bench press competitions.

Before getting internet access, he was only able to speak to his wife for 20 minutes on days he wasn't on missions.

"I couldn't always make phone calls home," Shamp said. "If I was on base it was difficult to get on the phone. When we got the internet my wife and I were able to Skype so that made a big difference. She sent packages with photos and getting them definitely helped."

Even though he missed his wife and friends, he enjoyed his deployment.

"What I really liked was getting to see the different side of the U.S. Army," Shamp said. "They have a hard mission and I enjoyed getting to know them."

Emergency Continued from Page 1

the proper medical treatment in a timely manner and can make a crucial difference between life and death.

Emergency calls

An emergency is defined as an acute illness or injury that may pose a threat to life, limb or eye-sight; results in unreasonable pain and suffering; or requires immediate care or attention to ensure the best possible recovery. Examples include: cardiac arrest, broken and/or severed limbs, severe or uncontrolled bleeding, severe pain, head, neck or spine injuries, shortness of breath, a motor vehicle accident, falls, pregnancy issues and infant or child emergencies.

Non-emergency calls

Patients with non-urgent problems may be referred to the Family Health clinic or Pediatric Clinic for evaluation and treatment. Examples of a non-emergency include: sprained knee, ankle, arm, minor headache, pulled muscle, controlled nose bleed and small cuts.

"Once our only ambulance and crew is engaged, we cannot abandon a patient," Rosko said. "If we respond to a non-emergency such as a sprained ankle and a cardiac arrest or another true emergency occurs at the same time, we must remain with the non-emergency patient."

"If this happens, we must then request for Johnson County Ambulance District to be dispatched which may take 15 to 20 minutes to get on base to make patient contact," Rosko added. "When this happens valuable minutes are lost and treatment for the patient is delayed."

"If it is a non-emergency and you think you should be seen by a health care provider, use your personal vehicle if capable, call a friend, family member, supervisor or first sergeant," Rosko said.

Any abuse of the 9-1-1 system for non-emergencies will be reported to the wing commander.

FSS wins intramural basketball championship

By Airman 1st Class Bryan Crane
509th Bomb Wing Public Affairs

The 509th Force Support Squadron and 509th Aircraft Maintenance Squadron B-squad squared up for the 2010-2011 intramural basketball league championship at the fitness center, Jan. 30.

Each team was well represented by their fans who nearly filled the gym and helped provide each team with extra motivation. AMXS made a game out of it with an exciting ending but ultimately came up short.

The first quarter started off even with both teams opening with strong defenses, but as the teams calmed down more scoring occurred. FSS finished the first quarter strong and lead at the 14-9.

AMXS came out in the second on a mission to not let FSS run away with the win. Great ball movement led to open shoot for AMXS allowing them to close the gap. Both teams did a good job working inside the paint which proved to be an effective strategy. FSS ended the quarter on a big play after an AMXS offensive rebound was tipped out of the arc and FSS hit a three to get the crowd back in the game. The first half ended with AMXS gaining a lot of momentum and cutting FSS's lead 24-22.

The second half began with AMXS jumping out and scoring fast. A clutch three pointer gave AMXS the early lead and all the mo-

mentum. FSS continued to battle by getting offensive rebounds, but failed to finish inside the paint and AMXS couldn't capitalize on the chance. FSS stayed in it with their tough defense, with 1:20 left in the third quarter they completed a crucial three point play to tie the game, ultimately finishing the quarter still ahead with a 30-28 lead.

FSS came into the final quarter of the season wanting a championship, and it showed as they started off on fire hitting multiple shots including an impressive three pointer to widen the lead up to 37-30.

FSS continued the surge behind a loud fan base with a couple of quick fast break points and held a commanding 41-30. As the game closed to its final minute it seemed as FSS was going to walk away with the victory and forced AMXS to foul to try to keep the chances alive just a little bit longer. FSS, with the chance to close the game, started to miss free throws and with some bad fouls, gave AMXS a chance in the final seconds as the lead was cut 47-42 with 8.5 seconds left and at the free throw line. After the missed free throw, AMXS made a huge offensive rebound by hitting a three pointer with 4 seconds left and the crowd went wild. However, the clock continued to run and AMXS was unable to call a time out, the clock expired on their comeback effort and FSS walked away with the championship trophy by the final score of 47-45.

*Send a message to the
loved one in your life*

The Whiteman Warrior wants to print your Valentine message in the Feb. 10 issue.

Notes and photos can be emailed to
whiteman.warrior@whiteman.af.mil

Write "Valentine Note" in the subject line.

Send by noon Feb. 6.

All notes must be 20 words or less and in
good taste.

Be sure to include your name, phone number
and if the note is for a deployed member.

Messages will run on a space available
basis.

For more information, call
public affairs at 660-687-6123.

Clean up at Windsor residence



Courtesy photo

WINDSOR, Mo. -- Thirty-eight members of the 509th Aircraft Maintenance Squadron assisted a local Windsor couple to clean up damage to their house sustained after being struck by a car last week, Jan. 30.

This Weekend at the Movies

We Bought a Zoo

Rated PG

Feb. 4, 7 p.m.

Matt Damon, Scarlett Johansson -- Set in Southern California, a father moves his young family to the countryside to renovate and re-open a struggling zoo. Genres Comedy/ Drama. 124 minutes.

Alvin and the Chipmunks: Chipwrecked

Rated G

Feb. 5, 3 p.m.

Justin Long, Matthew Gray Gubler -- Playing around while aboard a cruise ship, the Chipmunks and Chipettes accidentally go overboard and end up marooned in a tropical paradise. They discover their new turf is not as deserted as it seems. Genre: Family Comedy. 85 minutes.

Movie showings are featured at the Whiteman AFB Movie Theater.

Call the movie line at 660-687-5110 for more information. Cash or check only.

**Movies are \$4.50 for adults and \$2.25 (3-11 years). Doors open 30 minutes prior to show time.*

**Movies and ticket prices are subject to change without notice.*

AIRMAN & FAMILY READINESS

CENTER

Breastfeeding Support Group

Breastfeeding Support Group is 90-minute support group offered to Whiteman members and is the first Wednesday of every month from 11:30 a.m. -1 p.m. at the A&FRC. Contact Briana Kovach at 660-687-0368 for information. Children are welcome and should bring something to play with. No RSVP needed.

New Parent Support Program

— New Parent Support Program is an educational outreach program available to all expecting parents, and parents with children through the age of two. In-home visits from a registered nurse and a licensed social worker will provide professional advice, educational material and resources for both parents. For more information, call 660-687-4341.

Dads: The Basics — Dads: The Basics is a four-hour workshop for new dads to learn about caring for their new baby. The workshop is taught by other fathers and is held on a Saturday morning from 8 a.m.-noon every three months. Call 660-687-4341 for next workshop date and location.

Shifting Angry Response Patterns (SHARP) — Shifting Angry Response Patterns is a four-session class offered every month on Thursdays from 10-11:30 a.m. for individuals interested in learning effective strategies for understanding and managing anger. Reservations required, call 660-687-4341.

Stress Management — Stress Management is a one-time 90-minute session support group and is offered every Monday from noon-1:30 p.m. in the mental health flight, second floor of the medical clinic. Students will learn how different stressors make an impact and how to make positive changes to reduce stress. Contact 660-687-4341 for more information.

1-2-3 Magic — 1-2-3 Magic is a two-session research-based parenting skills class offered twice a month on the second and fourth Tuesday from 2-4 p.m. It teaches parents easy-to-follow steps for disciplining children ages 2-12 without yelling, arguing or spanking. Parents will learn how to get their children to stop doing what they don't want them to do and encourage them to start doing what they want them to do. Parents will learn techniques for handling misbehavior in public and dealing with testing and manipulation. Reservations required, call 660-687-4341.

TEAM WHITEMAN COMMUNITY

Airmen Against Drunk Driving

— AADD is a Whiteman Active Airmen Association program designed by Airmen to provide Whiteman personnel, who have a valid Department of Defense identification card, (Active Duty, Retirees, Guard, Reserves, Cadets, and Dependents) a free safe ride home 24/7 in the local area by dialing 660-563-1178 when they've had too much to drink and their coordinated plan has fallen through. The local area includes: Warrensburg, Knob Noster, Windsor, Sedalia and Whiteman AFB. Rank, name, and age are kept confidential. Rather than risk your life and career, take advantage of AADD.

Retiree Activities Office

— The Retiree Activities Office provides an interface between the active-duty and the retiree population from all military branches. The RAO is staffed by volunteers and open from 9 a.m.-3 p.m., Monday through Friday. The RAO is looking for volunteers and training is provided. For information, call 660-687-6457 or 1-800-303-5608 or email rao@whiteman.af.mil.

FAMILY ADVOCACY OUTREACH

Prevention & Relationship Enhancement Program

— Prevention & Relationship Enhancement Program is a communication workshop for couples (married, engaged and/or dating) who have a good relationship and want to make it better. This is a six-hour workshop and will be held every three months on a Friday from 9 a.m.-3 p.m. Call 660-687-4341 for the next workshop date and location.