

# ARRIOR

Vol. 2 No. 17  
April 29, 2011

## DD Highway: Detour no more



JOHNSON COUNTY, Mo. -- The two bridges on Route DD, just west of Knob Noster will open by the end of today. Whiteman Air Force Base members coming from Warrensburg can now resume their daily commute. Missouri Department of Transportation finished and replaced the two bridges under the Safe & Sound bridge improvement program.

U.S. Air Force photo by Senior Airman Kenny Holston

## Short-tour credit changes

By Erin Tindell

Air Force Personnel, Services and Manpower  
Public Affairs

**RANDOLPH AIR FORCE BASE, Texas (AFNS)** -- Air Force Chief of Staff Gen. Norton Schwartz approved rescinding a temporary policy established in 2003 that allowed Airmen to receive short-tour credit for overseas TDYs of at least 181 consecutive days. The effective date of the new policy will be announced at a later date.

Although the policy change primarily affects Airmen who deploy to a hostile fire or imminent danger pay area, it also affects a small number of Airmen serving TDY in certain remote areas.

Officials announced in September a change in the air and space expeditionary force rotational baseline from 120 to 179 days for most active component Airmen in various career fields. Longer AEF tours have become the norm, and that is part of the reason for the policy change.

Former Air Force Chief of Staff Gen. John Jumper in June 2003 approved a temporary exception to policy that awarded short-tour credit to Airmen who deployed to hostile environments for at least 181 consecutive days after Sept. 11, 2001. A similar exception was made for Airmen deploying in support of Desert Storm in the early 1990s.



U.S. Air Force Graphic

Officials decided to eliminate the temporary exception to short-tour credit policy in fairness to those deploying for longer periods of time. Additionally, transportation delays and mandatory overlap time with successors often cause Airmen deployed for 179 days to remain in the area of responsibility long enough to trigger the 181-day threshold.

"With Airmen deploying for longer periods of time, particularly for 365 days, it is no longer equitable to grant short-tour credit based on a 181-day minimum," said Col. David Slade, director of assignments at the Air Force Personnel Center. "Additionally, service in hostile environments and longer periods of family separation are inevitable since the standard deployment is now 179 days."

Under the new policy, the following guidelines apply and will be effective the date the guidance memorandum is signed at Headquarters

Air Force Manpower, Personnel and Services.

- Airmen previously awarded short-tour credit under the temporary 181-day policy will keep their short-tour credit

- Airmen who arrive in the area of responsibility TDY prior to guidance implementation and serve at least 181 days consecutively in a hostile fire or imminent danger pay area will receive short-tour credit under the previous criteria

- Airmen who arrive in the AOR TDY on or after the date of guidance implementation will only receive short-tour credit based on TDY service stipulated in AFI 36-2110, Assignments:

-- 300-plus days overseas in a consecutive 18 month period

-- 548-plus days overseas in a consecutive 3 year period

Since the exception to policy went into effect in 2003, 16,795 Airmen have deployed more than once on 179-day taskings. More than 52,000 Airmen have deployed for 181 to 200 days since Sept. 11, 2001. The number of 179-day taskings also has grown significantly since January 2006, from about 6,500 taskings to about 16,600 taskings.

For more information, go to the Air Force personnel services website at <https://gum-crm.csd.disa.mil>, or call the Total Force Service Center at 800-525-0102 or DSN 665-5000.

### Whiteman Exercise

Whiteman AFB is conducting an exercise the first half of May 2011 in support of a Department of Defense program that reviews policy for the safety and security of U.S. military resources. Local residents may see and hear exercise activity, which will include the use of blank ammunition, noise producing simulators and smoke; however, exercise operations will not inconvenience local residents.

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He's a social man whose face is always wearing a smile. He is known around base as "Fish."

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#### Fuel systems showcases TFI



In 2007 the 131st Bomb Wing, Missouri Air National Guard began transferring to this Air Force Global Strike Command base from Lambert-St. Louis National Airport, Mo. to support the Whiteman mission.

### WEATHER

Today	Sunday
Partly Cloudy	Few Showers
Hi 75	Hi 53
Lo 56	Lo 39

Saturday	Monday
Windy	Mostly Sunny
Hi 67	Hi 60
Lo 46	Lo 42

Courtesy of National Weather Service

# Instructing with an 'IDEA'

**Lt. Col. David Benson**

325th Weapons Squadron Commander

The #1 job of a leader is to build more leaders.

As an Airman you are, by default, a leader. It comes with the uniform. It is recited in our Creed. A critical ability of any leader is the ability to instruct, to teach. So, how do you do this? Do you have any techniques? If you don't, here is a very simple, yet very effective tool to help you in teaching others. It is called IDEA (Instruct, Demonstrate, Experience and Assess).

**Instruct** - The first step is fairly straight forward. In order to teach someone you must first instruct them on what you would like them to do. Although this seems very obvious, this step is often forgotten. Have you ever told someone to "sign in from leave" or "make sure you have met all your deployment requirements" without first telling them how to do these things. They may seem simple to you because you have done them before. But to someone who hasn't they may not even know where to start. Therefore, you must always ask if the

person knows how to do your request and provide any required instruction prior to having any expectation of them completing the task. But sometimes, this is not enough and the person does not do the task as you require. This is where you move on to demonstrate.

**Demonstrate** - Have you ever read directions to something that you could not fully understand? Did you try to put it together anyway and end up making things worse? This is where demonstration comes in. You may think you provided very clear instruction, but communication is a two way street. The receiver must understand and be able to replicate your directions. Sometimes words are not enough and you must be able to demonstrate the behavior you wish them to replicate. This may require you to start them in the right direction or even show them the entire task (maybe multiple times). Whatever it takes, it is your responsibility to demonstrate the action to the level required for understanding and replication.

**Experience** - Once the follower understands and can replicate the activity, a teacher must be able to provide them

with the opportunity to practice and gain experience (if required). Often this will need to be supervised to ensure proper techniques and procedures, but the actual performance of the activity should be the responsibility of the student. As a teacher, you should watch and provide instruction only when required. All too often we are too quick to interject and do not allow the student a chance to experience any lessons on their own. Once they have some experience, it is time to for the last step in the process, assess.

**Supervise** - Although many might look at assess and think evaluate, this is wrong (although sometimes the tone of the instruction may make you believe it was an evaluation). Assessing is looking at the actions of the student and then providing instruction as needed. This, in turn, starts the IDEA process again and can be repeated as many times as required to ensure understanding.

So the next time you need to provide instruction and are looking for a simple tool to help, maybe you can use the IDEA approach to help guide your techniques as you continue to develop our future leaders. Good luck!

# The day autism was made into a fool

**By Master Sgt. Scott T. Sturkol**

Air Mobility Command Public Affairs

**SCOTT AIR FORCE BASE, ILL. (AFNS)** -- It was April 1, also known as "April Fool's Day," and I saw a 14-year-old boy make autism into a fool.

The 14-year-old is my son Jackson. On April 1 he was competing in the Chicago area as an Illinois state finalist for the National Geography Bee, representing his school district.

But before I tell you how he did, let me tell you more about how we got to this point.

Back in September 1996, Jackson was the last child born to our family. At the time, neither my wife nor I had ever thought about autism, much less knew anyone who had lived with it. Over the course of the next 18 months, after he was born, we started to see signs of something different.

At Jackson's 18-month "well baby" check at the base hospital at Mountain Home Air Force Base, Idaho, his pediatrician told us his development process was behind considerably. Hearing it from the doctor wasn't a surprise to us since we noticed his abilities were much different than his older siblings' were at the same age.

So what did this all mean? We didn't know. But, thanks to the pediatrician, we were recommended to have further tests completed through the state and other sources. I can say it was learning experience for all of us as we went through the process.

For the first few years, Jackson was diagnosed as having "development delay" with "some autistic behaviors."

Whatever they called it, my wife and I didn't care -- we just knew we had to work hard as a family to keep Jackson advancing in everything. Everything new Jackson had to learn was a challenge for him, but he pressed forward and made many leaps and bounds.

When Jackson learned to walk, he was nearly 3-years-old. We were on a camping trip to the Idaho mountains and for some reason he just finally decided to get up and go. When he was 4-years-old, we got our first family computer, and within a short time, he had taught himself most of the alphabet, how to type and partially how to read. It was an amazing leap in learning ability.

By the time Jackson was 6-years-old, he could not only read, but I'd also have him load software on the computer.

On the technical side with computers, Jackson's ability was far more advanced than even some adults. On the social and sensory perception side though, Jackson was behind other children his age. He had difficulty writing with a pencil, and his desire to be around crowds of other people just wasn't there.

But as a family, we pressed on and so did Jackson. When he was

about 9-years-old, the way the world viewed the autism spectrum changed, and Jackson's diagnosis changed as well. He was now said to have autism, but was "high functioning." For us, leading up to that time, we already knew he had autism.

Yet again, no matter what the medical community was calling Jackson's condition, we just kept our nose to the grindstone as a family, doing whatever we had to do to keep our son on the road to progress. And truly, he has progressed.

Now, at just over 14 years of age, Jackson has made leaps and bounds in many ways.

I credit his mother, first, for being his "biggest fan." There is no other person in our family who has made more of a monumental effort than her to bring him to a point where when he enters ninth grade, he'll be doing the work like any other child his age.

Now, to get back to April 1 in Chicago. Jackson became a state finalist for the National Geographic Society's National Geography Bee after winning the competition at his school, and then taking a test based on geography that served as a "regional" competition which created 100 finalists for the state of Illinois.

In Illinois, for 2011, there were 532 school winners from around the state. Jackson's test results put him in the top 100, and according to school officials, he's only the second student in his school district to advance this far in the last decade. That is an amazing achievement, considering the thousands of students who have gone through his school in those 10 years.

At the competition, Jackson had an impressive performance, but he wasn't the overall winner. He correctly answered seven of eight questions and finished 14th in the state. Not bad for a kid who has persevered over much tougher things, such as simply learning to ride a bike.

So on April 1, I sat there and saw my son, in front of dozens of people, stand up and compete with the confidence of a motivational speaker. I sat and thought how ironic the journey had been to that day. I thought of all the things we'd been through with him and how he's been a conquering hero through it all.

"It's April Fool's Day," I thought, watching Jackson get yet another answer right. "But who is the fool now?"

Though April is Autism Awareness Month, I can tell you that every month for our family is Autism Awareness Month. When you think of autism, think of children like Jackson and families like ours who know the everyday challenges the condition can bring. We are stronger because of it and we continue to do the best we can.

On April 1 a great thing happened. I saw a boy with autism beat down the doors that supposedly stay shut for children like him. It's the day I saw autism made into a fool.

## THE WARRIOR

### Editorial Staff

Brig. Gen. Scott Vander Hamm  
509th Bomb Wing Commander

Capt. John Severns  
Chief, Public Affairs

Staff Sgt. Lauren Padden  
NCO in charge, Internal Information

Ms. Heidi Hunt  
Editor

Airman 1st Class Cody Ramirez  
Assistant Editor

Airman 1st Class Montse Ramirez  
Journalist

The Sedalia Democrat  
Layout and Design

Photography Staff  
Tech. Sgt. Charles Larkin, Sr.  
Senior Airman Kenny Holston

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For more information, call the Warrior office at (660) 687-6123, e-mail: Whiteman.Warrior@whiteman.af.mil, fax us: (660) 687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

To advertise in *The Warrior*, call the *Sedalia Democrat* at: 1-800-892-7856.

NEWS BRIEFS



**UCM Military Appreciation Baseball game**

Team Whiteman members are invited to the UCM Military Appreciation Baseball Game, 2 p.m., tomorrow at Crane Stadium-Tompkins Field against Pittsburg State. Show military ID at the ticket window and admission is free for military members and their family. Show support as Col. James Dawkins tosses out the first pitch.

**Road closure**

Vandenberg Avenue will be closed from 10th Street to just north of Skelton Park for full-depth repair starting Monday for eight weeks. The intersection at 10th Street and Vandenberg Avenue will be closed and the intersection of Vandenberg and 12th will have limited access and will be completely closed intermittently. For more information contact Mr. Paul Day, 509th Civil Engineer Squadron at (660) 687-6388.

**Air Force Assistance Fund**

The Air Force Assistance Fund campaign is an annual, on-the-job fundraising appeal conducted among Air Force military personnel and retired military now working as Department of Air Force civilians, since they may benefit from the services of the AFAF affiliate charities and runs until May 2. AFAF campaign contributions provide financial support to four AFAF affiliates: Air Force Village, Air Force Aid Society, Air Force Enlisted Village and the General and Mrs. Curtis E. LeMay Foundation. To make a contribution, contact your assigned unit project officers.

**Base-wide yard sale**

The base-wide yard sale is May 20-21. Those planning to participate must call Kisha Hunter-Brown at the housing office, (660) 687-7692 and provide name and address by May 13.

**Youth center book exchange**

The Keystone Club will hold a book exchange at the Whiteman Youth Center, May 13. For more information call Kim O'Brien at (660) 687-5586.

**Whiteman Top Three announces scholarship grant**

The Whiteman Top Three Association will award their annual program providing two-\$250 scholarship grants to Whiteman AFB enlisted personnel and their families (E-1-E-6). Applications are available at the Whiteman Education Office. The application package consists of the application form and transcripts from previous classes and a single-page essay are due by June 30. For more information call Master Sgt. Nathan D. McCoy at (660) 687-5331.

# Whiteman Airmen promotions

Whiteman Airmen earned promotions during the month of April and NCOs promoted May 1.



**AIRMAN**  
**Connor Lee,**  
19th Munitions Squadron



**AIRMAN 1st CLASS**  
**Alexander Lundy,**  
19th MUNS  
**Nicholas Ridges,**  
19th MUNS  
**Terry Walton,**  
509th Security Forces Squadron  
**Steven Curtis,**  
509th SFS  
**Marcus Thomas,**  
509th SFS  
**Colby Case,**  
509th Maintenance Squadron

**Aaron Keoubouala,**  
509th MXS  
**Jacob Lang,**  
509th Civil Engineer Squadron  
**Jacey Thompson,**  
509th CES  
**Joshua Thompson,**  
509th Aircraft Maintenance Squadron  
**Christopher Slayton,**  
509th AMXS  
**Robert Erickson,**  
509th Communications Squadron  
**Kenneth Mason,**  
509th Medical Operations Squadron  
**Chad Schumann,**  
509th Logistics Readiness Squadron



**SENIOR AIRMAN**  
**Molly Carlson,**  
509th MXS  
**Andrew Walch,**  
509th MXS  
**Breanna Mack,**  
509th MXS  
**Kimberly Alexander,**  
509th MXS

**Marlon Bradley,**  
509th MXS  
**Jeremy Reynolds,**  
509th MXS  
**Joshua Farnham,**  
509th SFS  
**Ryan Baumann,**  
509th SFS  
**Jeremy Kidd,**  
509th SFS  
**Janel McClaffin,**  
509th SFS  
**Kyle Schoon,**  
509th SFS  
**Gloria Silva,**  
509th LRS  
**Justin Clover,**  
509th LRS  
**Kellen Brown,**  
509th Munitions Squadron  
**Raymond Burgess,**  
509th AMXS  
**Justin Trumbull,**  
509th AMXS  
**Ian Yoshimoto,**  
509th AMXS  
**Brice Hawkins,**  
509th AMXS  
**Daniel Jessee,**  
509th CES  
**Corey Logsdon,**  
509th CES  
**William Keeney,**  
509th Communications Squadron  
**Santiago Lopez,**  
509th MDOS  
**Heather Reidenbach,**  
509th MDOS  
**Brandon Mills,**  
509th Operations Support Squadron  
**Nathan Settles,** 509th OSS



**STAFF SERGEANT**  
**Daryl Bishop,**  
509th MXS  
**Ryan Burick,**  
509th MXS  
**Daniel Carter,**  
509th SFS  
**Justin Freer,**  
509th SFS  
**Brandon Hills,**  
509th SFS  
**Joseph Lillis,**  
509th MXS  
**Dana Macmillan,**  
509th CS

**Richard Rivera,**  
509th AMXS  
**Michael Shamp,**  
509th MDOS  
**Jason Williams,**  
509th LRS



**TECHNICAL SERGEANT**  
**Shaundria Brantley,**  
509th FSS  
**Christopher Franckowiak,**  
509th CS  
**Rodney Griffin,**  
509th MXS  
**Kurt Haydam,**  
509th AMXS  
**Katrina Johnson,**  
509th CES  
**Tiffany Mathews,**  
509th FSS  
**Jeremy Reed,**  
509th SFS  
**Trevor Ryan,**  
509th MUNS  
**Brian Virden,**  
509th CES



**MASTER SERGEANT**  
**Daniella Benson,**  
509th Bomb Wing  
**James Coburn,**  
Det 6 372 Training Squadron  
**Thomas McGrew,**  
509th CES  
**Stephanie Nelsen,**  
509th CES  
**Mikel Petersen,**  
509th Maintenance Group



**SENIOR MASTER SERGEANT**  
**David Gillingham,**  
509th MUNS

*Congratulations to Whiteman's newest major selects:*

**13th Bomb Squadron**  
Shaun Germain  
James Hayes III  
Joseph Knothe  
Luke Lucero  
Peter Mauro  
Jeremy Simmons  
Eric Van Veldhuizen

**20th Reconnaissance Squadron**  
Kevin Kretz  
Eric Masters  
Alan Yee  
**19th Munitions Squadron**  
Andrew Slaughter

**393rd Bomb Squadron**  
Richard Lyon  
Brian Stiles  
Robert Sturgill  
Brooks Walters  
Scott Wuenstel

**509th Communications Squadron**  
Flora Williams  
**509th Operations Squadron**  
Zachariah Gummert  
Joseph Tulloss

# Continuing to strengthen nuclear operations: Munitions Squadrons to realign

By Vicki Stein  
Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- Air Force officials announced April 27 plans to transfer munitions squadrons responsible for nuclear mission support from Air Force Materiel Command to Air Force Global Strike Command in the next 12 months.

This is another step in continuing to strengthen the nuclear enterprise; under a previous move, these munitions squadrons were consolidated under AFMC's Air Force Nuclear Weapons Center.

With Air Force Global Strike Command now fully mission-capable, the time is right for a final realignment under the command that also has responsibility for daily nuclear deterrence operations, Air Force Chief of Staff Gen. Norton Schwartz said.

"The munitions squadrons were placed under Air Force Materiel Command at the outset of our effort to reinvigorate the nuclear enterprise," General Schwartz said. "AFMC and its leaders have done an outstanding job restoring excellence in munitions operations, and they, along with the

Air Force Nuclear Weapons Center, will remain a key part of the nuclear munitions sustainment and integration process."

The re-alignment will allow for enhanced unity of command under a single major command responsible for most of the nuclear operational mission, he said.

"Most important, by doing this we are continuing to strengthen the nuclear enterprise while seeking constant improvement and doing things the best way possible for safe, secure and effective operations," General Schwartz said.

Squadrons will re-align in place as well as remain about the same size organizationally, so disruptions to operations and people at the units will be minimal.

"Almost two years after being established, Air Force Global Strike Command is now a mature organization capable of integrating the munitions function into the larger nuclear mission," General Schwartz said.

Affected organizations are: 798th Munitions Maintenance Group at Minot Air Force Base, N.D.; 498th Munitions Maintenance Group at Whiteman AFB,

See Munitions, Page 7



(U.S. Air Force graphic by Corey Parrish)

### MINIVAN MONTH

IMPORTED FROM DETROIT

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#### New 2011 Dodge Grand Caravan Express

Factory List Price	\$26,125.00
Grand Caravan Mail Coupon	500.00
Military Consumer Cash	500.00
Grand Caravan Express Bonus Cash	1000.00
Marshall Chrysler Jeep Dodge Discount	500.00

**Your Cost Only \$23,625**

### MINIVAN MONTH

NEVER NEUTRAL

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#### New 2011 Dodge Grand Caravan Crew

Factory List Price	\$33,355.00
Bonus Cash	750.00
Grand Caravan Mail Coupon	500.00
Grand Caravan Owner Loyalty	1000.00
Military Consumer Cash	500.00
Marshall Chrysler Jeep Dodge Discount	1000.00

**Your Cost Only \$29,605**

#### New 2011 Dodge Ram Quad Cab SLT 4x4

Factory List Price	\$36,150.00
Customer Cash	2000.00
SLT Bonus	1000.00
Promo Bonus	1000.00
Hemi Bonus	1114.00
Military Bonus	500.00
Marshall Chrysler Discount	1000.00

**Your Cost Only \$29,536**

#### New 2011 Ram 1500 4x4 Crew Cab Outdoorsman Pkg.

Factory List Price	\$39,615.00
Customer Cash	2000.00
Outdoorsman Bonus	2000.00
Promo Bonus	1000.00
Hemi Bonus	1114.00
Military Bonus	500.00
Marshall Chrysler Discount	1000.00

**Your Cost Only \$33,001**

#### New 2011 Ram 1500 Regular Cab 4x4

Factory List Price	\$27,810.00
Customer Cash	1000.00
Engine Bonus	1000.00
Promo Bonus	1000.00
Military Bonus	500.00
Marshall Chrysler Discount	900.00

**Your Cost Only \$23,410**

#### New 2011 Ram 1500 Regular Cab 4x2

Factory List Price	\$23,030.00
Customer Cash	1000.00
Engine Bonus	500.00
Promo Bonus	1000.00
Marshall Chrysler Discount	900.00

**Your Cost Only \$19,630**

#### New 2011 Dodge Nitro Heat 4x4

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Customer Cash	3000.00
Military Consumer Cash	500.00

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**State Fair**  
Community College

# Across the U.S. Air Force



U.S. Air Force photo by Master Sgt. William Greer  
U.S. Air Force Master Sgt. Scott Irwin, a 340th Expeditionary Air Refueling Squadron boom operator, fills out load planning paperwork prior to takeoff aboard a KC-135 Stratotanker aircraft at in Southwest Asia for a refueling mission over Afghanistan in support of Operation Enduring Freedom April 17.



U.S. Air Force photo by Staff Sgt. Brian Ferguson  
Above: U.S. Air Force Tech. Sgt. Jeffrey Barnett, an explosive ordnance disposal team member, runs a command wire after placing an explosive charge next to a rocket-propelled grenade discovered near the Sheik Mati Boys School in Qalat, Afghanistan April 16. The team safely detonated the grenade after a student at the school alerted members of the Zabul Provincial Reconstruction Team that it had been found in a ditch. Left: A U.S. Airman stands up to disembark from an Air Force A-10C Thunderbolt II aircraft at Osan Air Base, Korea April 21, upon the aircraft's return from participating in the annual training exercises Balikatan and Cope Tiger.



U.S. Air Force photo by Staff Sgt. Chad Thompson



U.S. Air Force photo by Master Sgt. William Greer



U.S. Air Force photo by Tech. Sgt. Kevin Wallace  
Above: U.S. Air Force Senior Airman Jeremy Knox, with a Tactical Air Control Party deployed with Bulldog Troop, 7th Squadron, 10th Cavalry Regiment, secures a sector of fire on a river bank in Bala Murghab, Badghis province, Afghanistan April 20.

Left: A U.S. Air Force B-1B Lancer aircraft from the 37th Expeditionary Bomb Squadron receives fuel from a KC-135 Stratotanker aircraft assigned to the 340th Expeditionary Air Refueling Squadron while flying over Afghanistan April 17 in support of Operation Enduring Freedom.

# Surviving the unexpected

By Heidi Hunt  
509th Bomb Wing Public Affairs

Unexpected disruptions like accidents, illness or government shutdowns can cause hardships for those who are not prepared.

Earlier this month, military families and Federal Department of Defense employees were sent scrambling when their pay was threatened by the lack of a budget agreement. Fortunately Congress was able to resolve its differences and passed a budget for the remainder of the year, ensuring federal employees received their full pay.

But while military members and their families were waiting for a resolution, the Airman and Family Readiness Center was already receiving phone calls.

"People wanted to know where they would make up that extra money," said R.D. "Smitty" Smith, 509th Force Support Squadron readiness consultant. "We told them there were a few things they needed to do to be proactive.

"The first thing we told them was to call their creditors," he said. "Actually talk to someone and tell them about your situation."

The more you talk to them, the more they are willing to work with you; rather than being late and not making a payment and hurting your credit score, according to Smitty.

"Inform them that there will be a loss of income for a period of time and ask them what options are available," he said.

According to Smitty, people can arrange for their situation in advance by doing the following:

- Ask creditors to be receptive – "Explain to them that you are going to be late on a payment and request they work out a plan that will not negatively affect your credit report," he said.

- Ask if the creditor will forgo a month's payment and charge only the interest on your bills instead of making the full payment. "Pay the interest, but don't pay the full principle on the loan," Smitty said.

- Or, tie in the payment to the end of a loan and forgo that month's payment altogether.

- Simply ask your creditors what options are available and make an arrangement.

"This way you are armed with knowledge about what to expect," Smitty said. "By communicating what your options are, you can be involved in a plan to be proactive with your creditors."

For questions about financial assistance or to schedule a consultation about your credit situation, contact Smitty at the A&FRC at (660) 687-7123.

*(Editor's note: This is the first of a three-part series highlighting financial assistance from the A&FRC.)*



Although flowers are lovely... I would love some SPA time! Surprise Mom with a "Touching" Gift

## Mother's Day 2011 Package

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- Bare Minerals Illuminating Facial with optional bareMinerals makeover
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WK's GM Military Discount Price.....\$29,322.96  
GM Rebate.....\$2,000.00  
USAA Member Rebate\*\*\*.....\$750.00

W-K's Military Price  
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MSRP.....\$27,545.00  
WK's GM Military Discount Price.....\$26,741.96  
GM Rebate.....\$2,000.00  
Ally/GMAC Down Payment Asst.\*\*.\$2,005.00  
USAA Member Rebate\*\*\*.....\$750

W-K's Military Price  
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0% for 60 and \$750 In Rebate Available

MSRP.....\$33,160.00  
WK's GM Military Discount Price.....\$31,378.16  
GM Rebate.....\$2,500.00  
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USAA Member Rebate\*\*\*.....\$750.00

W-K's Military Price  
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26 City 36 Hiway #196198 **2011 CHEVY CRUZE LS**

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MSRP.....\$16,995.00  
WK's GM Military Discount Price.....\$16,686.87  
USAA Member Discount\*\*\*.....\$750.00

W-K's Military Price  
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W-K's Military Price  
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W-K's Military Price  
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## From the Frontlines: Tech Sgt. Shannon Fisher



U.S. Air Force photo by Tech. Sgt. Jeremy K. Cross

**BAGRAM AIRFIELD, Afghanistan -- U.S. Air Force Tech. Sgt. Shannon Fisher, Task Force Medical, plays a keyboard during a music performance celebrating Dr. Martin Luther King Jr., Jan. 15, 2010. Coalition Forces celebrated the life of Dr. King Jr. during events at Bagram Airfield.**

**By Airman 1st Class Cody H. Ramirez**  
509th Bomb Wing Public Affairs

He's a social man whose face is always wearing a smile. He is known around base as "Fish."

If he was standing under a rain cloud, he would start dancing in the rain. He would turn a case of the Mondays into a case of the Fridays (if such a thing exists.) And keeping this mentality, Tech. Sgt. Shannon Fisher said he found the pleasant side of being deployed to Bagram, Afghanistan.

Sergeant Fisher, 509th Medical Support Squadron flight personnel and administration flight chief, left here Dec. 18, 2009 for his six-month deployment.

While deployed, Sergeant Fish was the 455th Expeditionary Medical Group NCO in charge of J-1, or the medical personnel section.

"Primarily, my responsibilities were to track in-bound and out-bound personnel and take care of personnel tasks such as decorations," Sergeant Fisher said. "I was also the unit travel representative, so I was responsible for everyone that was leaving the AoR out of my unit."

Sergeant Fisher said his deployed duties were similar to his work here, "The only difference: the deployed work was more about readiness coordination in assuring people got home," he added. "We made sure everyone had their travel itineraries and orders before they left."

Last deployed to Al-Salem, Kuwait circa 2000, the sergeant said he enjoyed his first deployment in more than a decade, which gave him the opportunity to work alongside

Soldiers and Seaman.

"We had an opportunity to interact and work with the Army and Navy, which was a rewarding experience," he said. "I believe experiencing how the other branches see and do things different from us was great. It gave us a chance to share knowledge between sister services."

Although, his job came first and foremost, Sergeant Fisher found time for his spiritual side.

"We had a chapel with a gospel service called enduring faith chapel," he said. "I attended the church at least every Sunday and eventually became the administer of music and played the key board."

The chapel, which had an attendance of more than 170 when Sergeant Fisher arrived, quickly grew to more than 400 by the time he left, according to the sergeant.

"It gave you a sense of home and the fellowship was good for the spiritual side you need," Sergeant Fisher said. "It helped with the stress of being in a deployed environment. It was an opportunity to escape the thought of being in Afghanistan."


A dedicated worker and volunteer at the chapel, Sergeant Fisher also committed time to finishing his Bachelor's degree in Health Care Management.

"I think everyone should have an opportunity to deploy and have a chance to put the practice they do at home-base everyday into real-world action," Sergeant Fish said. "It really gives you a great appreciation for your job."

"Fish" returned July 6, 2010 with his eyes squinted and teeth showing ... his trademark expression.

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## Munitions Continued from Page 4

Mo.; 15th Munitions Squadron at F.E. Warren AFB, Wyo.; 16th Munitions Squadron at Malmstrom AFB, Mont.; 17th Munitions Squadron at Minot AFB; 19th Munitions Squadron at Whiteman AFB; 498th Nuclear Systems Wing at Kirtland AFB, N.M.; and 798th Munitions Maintenance Group, Detachment 1, at Vandenberg AFB,

Calif.

Over the next several months, officials at the Air Force's Strategic Deterrence and Nuclear Integration Directorate, as the Air Staff nuclear mission integrator, will lead the internal implementation process, including specifics regarding final manpower and unit realignments.

# Fuel systems showcases TFI

By Airman 1st Class Montse Ramirez  
509th Bomb Wing Public Affairs

In 2007 the 131st Bomb Wing, Missouri Air National Guard, began transferring to this Air Force Global Strike Command base from Lambert-St. Louis National Airport, Mo., to support the Whiteman mission.

Since then, every 509th Bomb Wing active duty member and 131st BW Missouri ANG member have worked shoulder-to-shoulder to credible deterrent and strike capability for America.

One of the many shops with active duty and ANG members working hand-in-hand is the fuels systems shop.

The fuels systems shop performs maintenance on the B-2 Spirit fuel tanks and cells, said Master Sgt. Andrew Hensley, fuel systems technician and former active duty member, now assigned to the 131st Maintenance Squadron.

“Working both National Guard and Active Duty down here is seamless,” Sergeant Hensley said. “We

all have the same goals and mission. We treat each other by what’s on our sleeve not by our squadron.”

The fuels systems shop’s mission is to ensure the B-2 is ready to fly by repairing, cleaning and inspecting the eight fuel tanks on the aircraft for foreign objects, corrosion, cell deterioration and fungus. If they fail to perform their mission in any way, the \$2 billion aircraft wouldn’t be able to fly, Sergeant Hensley said.

Working to perform this mission are 18 active-duty Airmen and eight guard members, three of whom are full-time. The 26 Airmen work in a three-shift rotation 24/7.

“We sometimes have manning challenges just like other shops,” said Tech. Sergeant Mark Kolat, 509th Maintenance Squadron fuels system technician. “But it’s always nice to have the Guard there because they step up every time.

“We are very fortunate to have the Guard members working with us,” Sergeant Kolat said. “They are really good guys who make the operation run smoothly.”



Master Sgt. Andrew Hensley, 131st Maintenance Squadron NCO in charge fuels system repair shop uses a fluorescent light to perform an inspection on the fuels system of a B-2 Spirit April 26.



U.S. Air Force photo by Senior Airman Kenny Holston  
Master Sgt. Andrew Hensley, 131st Maintenance Squadron NCO in charge fuels system repair shop hands a fluorescent light to Senior Airman Joseph Mango, 509th Maintenance Squadron fuels system technician as he prepares to crawl into the blow out bay of a B-2 Spirit to perform an inspection April 26. Inspections such as these ensure the integrity of the fuel system keeping the aircraft combat ready.



U.S. Air Force photo by Senior Airman Kenny Holston

A maintainer with the 509th Maintenance Squadron performs an AC/DC Fuel Capacitance test to ensure the fuel quantity sensors on a B-2 Spirit are working correctly April 26. 509th MXS fuels systems specialist performed several test operation during a regular phase inspection ensuring all aspects of the B-2 fuels system are ready for flight.

Right: Maintainers with the 131st and 509th Maintenance Squadrons prepare to perform in depth inspections on the fuel system of a B-2 Spirit April 26. Far right: Airman Joseph Mango, 509th Maintenance Squadron fuels system technician, performs an inspection in the blow out bay of a B-2 Spirit April 26. Inspections such as these ensure the integrity of the fuel system keeping the aircraft combat ready.



U.S. Air Force photo by Airman 1st Class Montse Ramirez



U.S. Air Force photo by Senior Airman Kenny Holston



# OSC to roll out red carpet

By Heidi Hunt

509th Bomb Wing Public Affairs

The Whiteman Officers' Spouses' Club is holding their last social before the summer May 12 at Montserrat Vineyards, 6:30 p.m. and invites all Whiteman Air Force Base officers' spouses' to join.

"It is a chance to meet other spouses, eat good food and have lots of fun," said Chris Templin, OSC member and publicity coordinator. "You will be able to sign up and join next year's group, and if you do, you might just win a wonderful gift."

Current OSC members can also renew their membership.

The Whiteman OSC is a non-profit organization whose mission is to organize and sponsor educational, charitable and social activities. The goal is to provide information of interest to the members and to foster the ideals of charity and fellowship.

The group meets once a month for socials and members have the

opportunity to join clubs within the OSC for those who have personal interests.

"Members can join the gourmet club, wine club and arts & crafts club; to name a few," she said. "You can even spearhead your own club."

Anastasia Radloff, OSC member, organized her own club, the OSC paper craft club and said she enjoys sharing her unique stamping and scrapbooking creativity with others.

"Sharing my passion gives me an opportunity to do what I love while having a good time with other military spouses," Mrs. Radloff said.

Mrs. Templin encourages all Team Whiteman Officers' Spouses' to come out and join and see what we're all about.

"We hope to see you there!" Mrs. Templin concluded.

For more information about the OSC, contact Chris Templin at (660) 687-0113 or find them on Facebook or log on to [www.orgsites.com/mo/whitemanosc/](http://www.orgsites.com/mo/whitemanosc/).



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# Show seeks military families for extreme home makeover

By Elaine Sanchez  
American Forces Press Service

WASHINGTON (AFNS) -- The producers of ABC's "Extreme Makeover: Home Edition" are seeking people involved in the military whose home deserves an extreme makeover.

The producers are looking for people with "amazing strength of character and who put their own needs aside to help others," a press release said. "Whether it's a Soldier, a mom, a teacher or a fireman, we think deserving families are families who inspire those around them."

Additionally, the show's producers are seeking families whose houses need major alterations or repair - "homes that present serious problems for the family and affect the family's quality of life."

To be eligible, families must own their single family home and be able to demonstrate how a makeover will make a difference in their lives.

Interested military families or people who wish to nominate a military family should e-mail a short description of the family's story to [emheusa@emhe.tv](mailto:emheusa@emhe.tv). The e-mail should include the names and ages of household members, a description of the family's challenges, an explanation of why the family is deserving of a makeover or is a positive role model in the community, photos of the family and their home, and contact numbers.

The deadline for nominations is May 30, but people should send submissions early, the release said. Only up to 25 families are selected each season.

For more information on the application process, visit <http://abc.go.com/primetime/extremehome/index?pn=apply>.

Pass this information on to deserving military families. I hope to see a few on "Home Edition" next season.

For more on Family Matters, visit the blog or check out Family Matters on Facebook or Twitter.



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# Hoops and Hooves



U.S. Air Force photo by Tech. Sgt. Charles Larkin Sr.

**KNOB NOSTER, Mo.** -- Students from Knob Noster High School attempt to play basketball while riding donkeys at their school gymnasium April 20. The 2011 senior class faced off against the junior class just before Whiteman AFB leaders versus the high school teachers and administration.



U.S. Air Force photo by Tech. Sgt. Charles Larkin Sr.

**KNOB NOSTER, Mo.** -- Brig. Gen. Scott Vander Hamm, 509th Bomb Wing commander, shoots a basketball at the hoop while riding a donkey at Knob Noster High School April 20. General Vander Hamm participated in the annual donkey basketball tournament which pitted local community leaders against the high school teachers and administration.

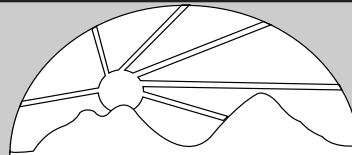
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**Lion's Club**—2nd & 4th Mon. 7 p.m. - Jubilation Center  
**Chamber of Commerce**—2nd Tues. of each month.  
 Call Tammy Templeton @ 563-4090 for more info.  
**Masons**—2nd & 4th Thurs. 7:30 p.m. - Knob Noster Masonic Lodge AF & AM  
**Optimist Club**—Sat. 7:45 a.m. - Panther Steak House for Breakfast. The last week of the month meetings Wed. 6:30 p.m. - Panther Steak House for Supper (family invited)  
**Alcoholics Anonymous (AA)**—Every Fri. 8 p.m. - Basement of Methodist Church  
**Knob Noster Board of Aldermen**—1st & 3rd Tues. each month - Basement of City Hall

**Whiteman Area Piecemakers Quilt Guild**—3rd Thurs. each month 7 p.m. - Methodist Church  
**AMVETS**—Membership Night Supper 3rd Sat. each month 7-8 p.m. - AMVETS Building  
**VFW**—1st Fri. each month 7 p.m. - VFW Building  
**VFW Auxiliary**—1st Fri. each month 7 p.m. - VFW Building  
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**Cub Scouts** - Pack 405 Bill Sander 687-1154  
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### Family Days ~ 4 p.m. ~ Royal Oaks Golf Course

A family of four (two adults/two children) can golf every Sunday for four green fees, two carts for nine holes, four hot dogs and drinks! Military family \$30; Civilian guest family \$45. Call 687-5572 for tee times.

### MONDAY 5/2

**Member's Platter ~ 11 a.m.-1 p.m. ~ Mission's End**  
 Club members can enjoy lunch for just \$3. Menu: sweet & sour pork, fried rice, egg roll and a cup of soup. Call 687-4422 for more details.

### May Grill Specials ~ 11 a.m.-1 p.m. ~ Mission's End

Enjoy this month's grill special Monday through Friday during lunch. May's special: bacon Jack chicken sandwich or roast beef avocado wrap. Cost is \$6.75 members; \$7.75 nonmembers. Call 687-4422.

### TUESDAY 5/3

#### Club Coin Special ~ 4 p.m.-Closing ~ Mission's End

Enjoy a delicious drink at the Club. This month's special is Fizzy Navel Daiquiri. Cost is \$3.50 per glass. Call 687-4422 for more details.

#### Theatrical Extras Needed! ~ Arts & Crafts

The Arts & Crafts and Community Center is arranging a play this Summer! Extras are needed for theatrical performances. Interested individuals may call 687-4765.

### WEDNESDAY 5/4

#### Boss-n-Buddy Night ~ 4-7 p.m. ~ Mission's End

Bring your boss and/or buddy over for wings, brews and bingo. 20-cent member wings; 35-cent nonmember/carry-out wings. Call 687-4422 for details.

### THURSDAY 5/5

#### Cook's Night Off ~ Mission's End

Call in your order to 687-4422 by 2 p.m.; pick up 5-8 p.m. A perfect meal that feeds a family of four. May's menu: sliced pork loin with Rosemary gravy, savory green beans, roasted potatoes, dinner rolls, macaroni and cheese, chocolate cake. Cost is \$15.95 for members; \$18.95 nonmembers.

### FRIDAY 5/6

#### Pottery Class Deadline ~ Arts & Crafts

Learn to make pottery pieces on the pottery wheel and build clay slabs. Make plates and vases on the table. This three session class is schedule May 10, 17 & 24, 6-8 p.m. Cost is \$40, supplies included. Call 687-4765 for more details.

#### Couples Night ~ 4 p.m. ~ Royal Oaks Golf Course

Where can you go for two and half hours of entertainment with your spouse or significant other on Friday Nights? Military rate \$20 per couple; civilian guest rate \$30 per couple. Price includes two green fees, a cart for nine holes, two hot dogs and fountain drinks free! Call 687-5572 for more details.

#### Friday Social Hour ~ 5-7 p.m. ~ Mission's End

Come to the Mission's End for great music, bar bingo, Wii Dance, Spades and Domino tournaments! Free Hors' d'oeuvres and drink specials served. Club members free; nonmembers \$7 at the door. Must be 18 years or older to enter. Call 687-4422.

MOM, YOU ARE THE GREATEST!

## SUNDAY BRUNCH

**Mission's End ~ Sunday May 8, 2011**  
 Two Seatings: 10:30 a.m.-Noon & Noon-1:30 p.m.  
 Reservations required by 5 p.m., May 6. Call 687-4422.

**The Mission's End invites you to take mom for brunch on Mother's Day. Youth & Teens will have the chance say why they have a "Great Mom!" Fresh carnations for each mom present!**

**Breakfast Items**  
 Home Style Hash Brown Potatoes, Fresh French Toast & Pecan Syrup, Buttermilk Biscuits & Country Gravy, Fresh Waffles & all the Toppings, Shrimp & Grits, Bacon & Sausage, Scramble Eggs

Cook to Order Omelet Bar

**Main Entree**  
 Baked Catfish Filets with Creole Sauce, Grilled Ginger Pork Tenderloin, Momma's Perfect Chicken, Savory Wild Rice, Rosemary Garlic Mashed Potatoes, Cream Baked Ziti, Chef's Choice of Assorted Vegetables

**Carving Station**  
 Honey Baked Ham & Sliced Prime Rib

**Seafood Station**  
 Peel your own Shrimp & Salmon Display

**Pasta Station**  
 Chicken/Beef/Shrimp/Crab Meat

Fresh Fruit Display and an Assorted Array of Mom's Favorite Dessert

Members: Adults \$16.50 / 5-12 years old \$6  
 Nonmembers: Adults \$18.50 / 5-12 years old \$7.50  
 Children 4 and under Free

Royal Oaks Golf Course presents...



## Lunch & Learn

May 2-6, 9-13, 16-20 & 23-27      Lunch & Lesson  
 Two sessions: 11am or Noon      \$6 each session  
 Sign up by noon, Friday prior to start of lessons

Each session limited to six students.

Call to reserve your slot, order your lunch and pay in advance.

Choice of pulled pork, pulled chicken, barbeque beef or burnt ends sandwich. Lunch also comes with chips and a drink.

Cost for the half hour lesson --PRICELESS!-- Yes that's free!

 687-5572

Fitness Center's

## WSG

WHITEMAN SQUADRON GAMES

May 20, 2011  
 7 a.m.-4:30 p.m.  
 Base-wide locations

Does your squadron have what it takes to be the best? PROVE it!

**Esprit de Corps at its finest!**

- Large & small squadron trophies for 1st, 2nd & 3rd places
- Winners are based on points collected from events
- More competitions entered = More points toward your squadron's *Quest for Glory*

**RULES:**

- Pre-Sign up ONLY! Deadline is May 13.
- Sign up with your squadron sports representative.
- Active Duty or Civilian personnel assigned to work center ONLY are authorized to participate.
- All participants will be representing their own squadron.
- Multiple teams representing the same squadron will NOT be permitted.
- Both genders must be represented for team events.
- For Men's & Women's events, ONE representative from your squadron is authorized to compete in each of the categories.
- Volunteers may be required for certain events. Contact your squadron sports representative or the Fitness Center for more information.

 For questions and more info, call Andrea at 687-5496

## WHITEMAN INN

The Whiteman Inn is open 24 hours a day. All active duty, retired, Reserve and Guard members and Department of Defense civilians, including family members of authorized personnel, are eligible for space-A lodging reservations throughout military installations. Reservations can be made up to 120 days in advance, space permitting. Call (660) 687-1844 to make a reservation. For more information on lodging at any AFB, call 1-888-AFLODGE (235-6343).

## YOUTH & TEEN EVENTS

### MONDAY 5/2

**Outdoor Picnic & Play Night Sign Ups ~ Youth Center**  
 Preteens, ages 9-12, sign ups begin today for the Outdoor Picnic and Play Night scheduled May 13, 6:30-9:30 p.m. Cost is \$5 for members; \$6 nonmembers. Call 687-5586 today!

#### Out of the Ordinary Adventure Week ~ Youth Center

Today we begin taking sign ups for Adventure Week scheduled June 13-16, Noon-5 p.m. each day for ages 9-12. Cost is \$40 for members; \$50 nonmembers for four days. Call 687-5586 for more details.

#### Preteen Part Day Camp ~ Youth Center

Preteens, ages 9-12, sign for the Preteen Part Day Camp scheduled June 27-30, Noon-5 p.m. Cost is \$40 for members; \$50 nonmembers for four days. For more info, call 687-5586.

#### Dentokan Karate ~ 4-5 p.m. ~ Youth Center

Classes are offered every Monday and Wednesday for youth ages 6-18. Cost is \$35 for members; \$45 nonmembers per month. For more information, please call 687-5586.

### TUESDAY 5/3

#### Torch Club Meeting ~ 4-5 p.m. ~ Youth Center

Preteens, ages 9-12, learn to work together to plan and implement activities. Torch Club meets every Tuesday during the school year. Cost is free. Call 687-5586 for details.

#### Keystone Club Meeting ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, meet to discuss leadership and community involvement. Nonmembers are welcome to join! Call 687-5586.

### WEDNESDAY 5/4

#### Parent's Night Out Deadline ~ Youth Center

Today is the sign up deadline for Parent's Night Out scheduled May 6, 6:30-10:30 p.m. at the Youth Center for ages 6-12 and at the CDC for ages six weeks to five years old. Cost is \$12 at the CDC and \$10 members; \$12 nonmembers at the Youth Center. For more information, please contact the CDC at 687-5588 or the Youth Center at 687-5586.

### FRIDAY 5/6

#### Free Teen Shuttle Service ~ 2:30 p.m. ~ Youth Center

Attention teens attending Warrensburg middle & high schools! Need a ride to get to the Whiteman AFB Youth Center to hang out with friends? The Youth Center provides free shuttle service every Friday! Pickup is at 2:30 p.m. at the middle school then the high school. Permission slip (military ID card if 16 years and older) required. Must have access to the base. Call 687-5586 for details.

**A TICKET, A TASKET, I MADE MOM A BASKET!**

**MAY 7, 2011 1:00PM**  
**@ COMMUNITY CENTER**  
 Youngsters and adults can join together to weave a one-of-a-kind basket for Mother's Day! Individual instructions offered to each weaver. A fun, creative reed basket, mom will love! Complete with a personalized Mother's Day card!

**COST IS \$1.00!**

 **687-5617**

## FCC NEWS!

**Home Community Care**  
 Guard/Reserve parents who are a single, dual Guard/Reserve, or whose spouse is working, are eligible to use this free program for the primary UTA weekends. Care for the HCC Program is provided by in a contracted, licensed family child care home.

**Supplemental Care**  
 This program provides free overnight, weekend and holiday care for "emergency responders" or those who work 12 or more consecutive hour shifts and have no other adult at home. This care supplements the regular child care arrangements you are already paying for and is provided in a contracted, licensed family child care home.

Come to the FCC office to apply to prior to participation or call 687-5590 for more information about any FCC programs.

**This Week at the Movies**

**Battle: Los Angeles**

Saturday, 7 p.m.

*Aaron Eckhart, Michelle Rodriguez* — For years, there have been documented cases of UFO sightings around the world -- Buenos Aires, Seoul, France, Germany, China. But in 2011, what were once just sightings will become a terrifying reality when Earth is attacked by unknown forces. As people everywhere watch the world's great cities fall, Los Angeles becomes the last stand for mankind in a battle no one expected. It's up to a Marine staff sergeant and his new platoon to draw a line in the sand as they take on an enemy unlike any they've ever encountered before. PG-13 sustained and intense sequences of war violence and destruction, and for language. 116 minutes

**Paul**

Sunday, 3 p.m.

*Seth Rogen, Jean Lynch* — For the past 60 years, an alien named Paul has been hanging out at a top-secret military base. For reasons unknown, the space-traveling alien decides to escape the compound hopping on the first vehicle out of town -- a RV containing Earthlings Graeme Willy and Clive Gollings. Chased by federal agents and the fanatical father of a young woman that they accidentally kidnap, Graeme and Clive hatch a fumbling escape plan to return Paul to his mother ship. And as two nerds struggle to help, one little green man might just take his fellow outcasts from misfits to intergalactic heroes. Rated R for language including sexual references, and some drug use. 104 minutes

*Movie showings are featured at the Whiteman AFB Movie Theater.  
For more information call (660) 687-5110.*

**AIRMAN AND FAMILY READINESS**

**Divorce Survival** — Divorce survival is aimed at helping individuals who are going through or have recently gone through divorce. Ideas and tools will be available to help the transition in dealing with emotions, children and unique challenges. The course is held every Monday, noon-1 p.m. and participants are encouraged to bring a lunch. For more information, call (660) 687-7132.

**School Liaison Officer** — The School Liaison Officer is available to assist military families with questions or issues in regards to kindergarten through 12th grade schooling options. The SLO works to develop partnerships with the local school districts and is located in the Airman & Family Readiness Center, and can be reached at (660) 687-7132.

**WIC** — WIC is nutrition education, health promotion and supplemental food program aimed at assisting women, infants and children who have special nutritional needs. WIC office personnel will be at the Airman & Family Readiness Center on Tuesdays and Thursdays at 8:30 a.m. First time attendees who want to sign up for WIC must first call (660) 747-2012 for details.

**TEAM WHITEMAN COMMUNITY**

**Retiree Activities Office** — The Retiree Activities Office provides an interface between the active-duty force and the retiree population from all military branches. The RAO is staffed by volunteers and open from 9 a.m.-3 p.m., Monday through Friday. The RAO is looking for volunteers and training is provided. For more information, call (660) 687-6457 or 1 (800) 303-5608 or e-mail [rao@whiteman.af.mil](mailto:rao@whiteman.af.mil).

**FAMILY ADVOCACY OUTREACH**

**Prevention & Relationship Enhancement Program** — Prevention & Relationship Enhancement Program is a communication workshop for couples (married, engaged and/or dating) who have a good relationship and want to make it better. This is a six-hour workshop and will be held every three months on a Friday from 9 a.m.-3 p.m. Call (660) 687-4341 for the next workshop date and location.

**Common Sense Parenting** — Common Sense Parenting is offered in three, 90-minute classes every month and is scheduled according to the parent's needs. The Family Advocacy Program offers two different

classes. One for parents of children ages 3-5 and another for parents of children ages 6-16. This class will demonstrate how to give clear messages, stay calm and teach child self-control as well as prevent misbehavior. Reservations required, call (660) 687-4341.

**New Parent Support Program** — New Parent Support Program is an educational outreach program available to all expecting parents, and parents with children through the age of two. In-home visits from a registered nurse and a licensed social worker will provide professional advice, educational material and resources for both parents. For more information, call (660) 687-4341.

**You, Your Children, & Divorce** — You, Your Children, & Divorce is a 90-minute class offered twice a month on the second and fourth Tuesday from 11 a.m.-12:30 p.m., for individuals with children whose parents are in the process of a divorce. Class content focuses on helping parents help themselves and their children through a divorce successfully and minimize negative effects on the children. Reservations are required. Call (660) 687-4341 for more information.

**Dads: The Basics** — Dads: The Basics is a four-hour workshop for new dads to learn about caring for their new baby. The workshop is taught by other fathers and is held on a Saturday morning from 8 a.m.-noon every three months. Call (660) 687-4341 for next workshop date and location.

**Shifting Angry Response Patterns (SHARP)** — Shifting Angry Response Patterns is a four-session class offered every month on Thursdays from 10-11:30 a.m. for individuals interested in learning effective strategies for understanding and managing anger. Reservations required, call (660) 687-4341.

**1-2-3 Magic** — 1-2-3 Magic is a two-session research-based parenting skills class offered twice a month on the second and fourth Tuesday from 2-4 p.m. It teaches parents easy-to-follow steps for disciplining children ages 2-12 without yelling, arguing or spanking. Parents will learn how to get their children to stop doing what they don't want them to do and encourage them to start doing what they want them to do. Parents will learn techniques for handling misbehavior in public and dealing with testing and manipulation. Reservations required, call (660) 687-4341.

**Sometimes it's not "happily ever after"**

Nobody welcomes a divorce. But we can guide you through the legal process while protecting your rights, and assist in achieving the goals you desire. Call for a consultation.

**Low-Cost Divorce**

**- Uncontested Only\* -  
Attorney Fee - \$385.00**

**BEARD &  
ASSOCIATES  
LAW FIRM  
660-827-5650**



\*Uncontested means that you and your spouse have an agreement as to your children, your property and debt, and your maintenance.  
\*\*Does not include filing fee which varies by county (\$102.00 Approx.) or the fee for service by publication if needed or the class required for divorces with minor children.

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**Auto & Truck TIRES**

Unbelievable Discounts!  
\*\*Best Value Tires\*\*  
Most Brands & Sizes!



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- Kerosene
- Oil Changes
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- Brakes
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**1 mile North  
of the Knob Noster Gate**  
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660-563-5471  
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**SPRING OPEN HOUSE**

**Cockrell Mercantile Company**

**April 29**

**thru May 1, 2011**

Music, food and prizes galore!!

*"Kansas City's  
Most Unique  
Shopping Experience!"*

**30003 East Old US 50 Highway  
Lee's Summit, MO 64086**

Directions: From Sedalia - West on Hwy 50 approximately 58 miles. Pass thru Lone Jack. Turn left at Cockrell sign and follow road 3/4 mile.

**816-697-1923 Hours: Mon-Sat 10:00-6:00 Sun 12-5**

Serving the Whiteman Community

509th Bomb Wing

442nd Reserve Fighter Wing

Maritime Expeditionary Security Squadron II Det. D

1-135th Attack Battalion

131st Guard Bomb Wing



## FREE Classified Advertising in the Whiteman Warrior READ ALL RULES BEFORE PLACING AN AD

- Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
- Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
- Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
- Only one free ad\*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. \*People who are PCSing may place more than one ad and sell the items at any price.

- Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
- Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
- Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
- Many offices on base are using old forms\*\*. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil> and click on "Whiteman Warrior Classified Ad Form."
- Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
- Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
- The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
- Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

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Public Notices 6

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Apartments For Rent 207

Apartments For Rent 207

**CENTRAL LOGOS**  
Custom Screen Printing and Embroidery  
**429-5646**  
[www.centrallogos.com](http://www.centrallogos.com)  
125 W. Pine St., WSBG (next to Fitter's)  
105 N. State St., Knob Noster

**WALNUT TREE IN-HOME CHILD CARE**  
has 2 openings for newborns.  
Call (660)563-5918

**Help Wanted 90**  
Food Service

**SUBWAY OF WINDSOR and KNOB NOSTER**  
now accepting resumes for **Assistant Manager.**  
Please mail your resume to:  
P.O. Box 145,  
Knob Noster, MO 65336

General

**NEW BEGINNINGS LEARNING CENTER** looking for part time help. Nursery & toddler experience required. Must be 18. Call (660)563-2424

**Help Wanted 90**

**THE CHANGE JAR**  
*Consignment Boutique*  
\*\*\*\*\*  
We have a great selection of **Spring Dresses!**  
Come check us out!  
\*\*\*\*\*  
**417 N. Maguire**  
(Behind Sonic)  
**Warrensburg**  
**660-747-8419**

**Help Wanted 90**

**TOTAL BODY 5000** home work out system. Asking \$85 or best offer. Call 816-288-2223. sa

**Apartments For Rent 207**  
**2 BEDROOM**, 1 bath, washer & dryer included, \$550 per month plus deposit. Located in Knob Noster. Call 660-909-3453.

**ADORABLE 1 & 2 BR APTS** with free water, trash, sewer, mowing and snow removal. New carpet, new laundry. Military discount. No dogs/cats or smoking. Available immediately. \$379. 660-624-0276, 660-429-6455

**Help Wanted 90**

**NEWER DUPLEX**  
3 BR, 2 full baths, very nice.  
Very close to Base.  
Easy access to 50 Hwy. Appliances included, all electric.  
2 car garage.  
\$725 per month.  
Pets OK.  
Call 816-522-3922

**S-T-O-P !!!**  
Don't forget to add your e-mail address to your classified ads!

**Help Wanted 90**

**STUDIO** Appliances, trash paid, laundry facilities, 12x30 garage, all utilities paid, 303 S. State St., Knob Noster. \$370/month + \$300 deposit. NO PETS. 660-233-6107 or 660-563-9051 for appointment.

**DEERBROOK APARTMENTS**  
1 & 2 Bedrooms from \$365  
Water, Sewer & Trash Included!  
• Laundry • Pool  
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2 miles from WAFB  
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**WSBGHOME RENTALS.COM**  
Then call to see the insides.  
**660-747-6969**

**Houses For Rent 209**  
**4 BEDROOM FARMHOUSE** 1 bath, screened-in deck, full basement, large front yard, garden space in back, newly remodeled, 10 miles from WAFB or Sedalia. \$600 per month. 660-463-2466, 660-287-1435

**NEWER 2400 SQUARE FOOT**, 4 Bedroom, 3 bath in Knob Noster, large yard 2-car garage. \$1300 monthly. Contact Brian 660-563-1762

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**COME VISIT THE STRAWBERRY PATCH!** Flea Market & Antique Store. Variety of items and reasonable prices. Booths available \$25-\$50 per month. 108 N. State. (660)563-3944

**LAWN SERVICE MOW.MIL**  
Serving WAFB  
• Seasonal, PCS, TDY mowing Service  
• Wingman referral program  
• Call for Free Estimate/Details  
**660-251-1461**

Services Offered 69

**Advantage Lawn Mowing**  
Free Estimates  
Professional Service  
Ask for Wes (Retired US Military)  
**(660)233-0684**

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Guaranteed Stress-Free Finals! Covering everything inside & out for over 14 years! Painting, oil stains, trash/recycle, yard work. Short notices possible. Only 1 day needed! Call **"The Final Touch"**  
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Not sure what to do?? We give free estimates!  
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Photography by James McConnell, portraits on location.  
• Photo Restoration,  
• Gifts available  
• Custom Photo Jewelry  
Call (660)747-4211

**Central Lawn**  
One Time Cuts, Weekly, or Total Lawn Care. USAF retiree owned. Deployment/TDY Rates available. Fire Pit and Smoker Wood delivered. Call Bill for a list of all services.  
**660-441-4468**

**Daycare Centers 84**  
**McCONNELL'S LICENSED** Childcare for ages 0-3 years. Located on Anderson Street in Warrensburg. Call 660-429-4211.

Medical  
**Want to be a Nurse at a Medical Center that Appreciates You?**  
Then join our dedicated team at Western Missouri Medical Center! WMMC is currently seeking **Registered Nurses** for the following available nursing opportunities:  
**Medical/Surgical Unit, 7pm-7am**  
**OB, Med/Surg, ER, Surgery & ICU-PRN**  
We offer a competitive benefit package with a sign on bonus, shift differential, weekend differential and additional incentive pay for night shift, and self scheduling for flexibility. Please submit resume to:  
**Western Missouri Medical Center**  
**403 Burkard Rd.**  
**Warrensburg, MO 64093**  
**Attn: Human Resources**  
**660-262-7434**  
**aowens@wmmc.com**

Medical  
**ATTENTION CNAs**  
We are seeking motivated Certified Nursing Assistants (CMT experience a plus) for the evening and night shift, working every other weekend with set rotating days off.  
Missouri Veterans Home - Warrensburg offers highly competitive wages and the full complement of State benefits which include:  
• Retirement and Deferred Compensation Plan  
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• 12 paid holidays/year  
Interested candidates please contact **Jane Thurman or Debbie Woithaye**  
**1300 Veterans Rd**  
**Warrensburg, MO 64093**  
**Phone: (660) 543-5064**  
**Fax: (660) 543-5075;**  
**Email: Jane.Thurman@mvc.dps.mo.gov**  
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**FOR SALE BY OWNER**  
3 BR, 2.5 baths, fireplace, family room, beautiful wood floors, central air, 2-car garage, finished basement, appliances included, extra large laundry room. \$151,900  
**318 Hillcrest Dr. • Warrensburg**  
**Call 660-429-1553**

Houses For Sale 249

**FIRESIDE REALTY**



**TONY R. KENDRICK**  
Owner/Broker  
**FOR SALE OR RENT**  
1,2,3,4,5 Bedroom,  
Various Floor Plans.  
Call for Availability  
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www.4firesiderealty.com

Houses For Sale 249

**OPEN HOUSES**

Sunday May 1, 2011 From 1:00 p.m. to 3:30 p.m.



**COMFORTABLE LIVING**  
Beautiful ranch with large sunroom overlooking the view of gardens and 10 acres  
*DIRECTIONS: N on Hwy 13 to OO Hwy, turn left onto OO Hwy, go to gravel - this is 450th Rd. home on left side at 208 NW 450th Rd, Warrensburg.*  
MLS 39815 \$229,900



**RAISED RANCH HOME**  
Classy well executed raised ranch with custom entertainment center  
*DIRECTIONS: Off Creach in East Gate Subdivision, follow signs to 309 Tracy, Warrensburg.*  
MLS 39980 \$195,000

**United Country**  
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**(660) 563-6000**  
Joseph LeMay, Broker/Owner  
Marty Harrison • Cheryl Maimer  
Roger Schwenneker

Houses For Sale 249

**FAMILY, RANCH STYLE** home, 4 bedrooms, 2 baths, finished basement, newly remodeled kitchen, new windows, new front door, too many upgrades to list. Please call 660-864-4100 or 660-709-5422 RE/MAX ask for Mrs. Brasel sa

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**(660) 563-4735**  
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www.SoldbyCynthia.com  
www.SoldbyJulieLynn.com  
www.PatBrasel.com  
www.WhisperingHillsMO.com  
www.WhitemanAFB-RealEstate.com  
www.HomesInspiredByNature.net

Houses For Sale 249

**FOR SALE BY OWNER:** 3 Bedrooms, 1 bath, full basement, newly remodeled, 1280 square feet. Close to schools. \$96,000. 660-909-3453

**HAVE IT ALL!** Elegant upscale 4 BR, 2.5 bath, 3 garage, 2709 sq. ft. Blue Springs High School, U.S. highest rating, 5 minutes from Independence Mall. Pictures at forsalebyowner.com #22923540 \$269,500. Call 816-721-9138 sa

Automobiles 300

**W-K**

W-K has just introduced the "JUMP START" finance program. This program is designed to help people whose credit has suffered due to layoffs, divorce, bankruptcy, or just bad luck! Everyone has, at one time or another, needed a JUMP START! Our family is here to help your family. Please call Ron at 660-826-8320 Let us help!

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Next to University Inn  
401 E. Russell Ave.  
Warrensburg, MO



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Vance DeLozier: 909-7043  
David Roberts: 238-3936  
Bobby Hall: 864-4492  
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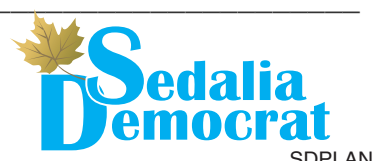
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