

# WARRIOR

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December 10, 2010



U.S. Air Force photos by Senior Airman Carlin Leslie

Airmen from the 509th and 131st Logistics Readiness Squadrons, load pallets of Los Angeles class submarine batteries into position before securing them in the cargo hold of a DC-8 cargo jet, Dec. 3. The batteries were headed to Guam to aid a nuclear powered submarine the USS Frank Cable is tending to.

## AFGSC units assist Navy in powering nuclear triad

By Airman 1st Class Cody H. Ramirez  
509th Bomb Wing Public Affairs

Members of the 509th and 131st Logistic Readiness Squadrons loaded more than \$30 million of Los Angeles class submarine batteries on DC-8 cargo aircraft here, Dec. 4 and 6 in support of Naval operations in the Pacific.

This Air Force Global Strike Command base received a call requesting batteries for a nuclear-attack submarine, Dec. 3. The first shipment was sent to the USS Frank Cable, a submarine tender currently in Guam, within 24 hours of the notification.

"I was impressed with the initiative and dedication demonstrated by the LRS team who promptly coordinated this \$30 million shipment of Navy submarine batteries on such short notice," said Lt. Col. Trace Steyaert, 509th LRS commander. "Our team worked around the clock to build these airworthy pallets of critical Navy submarine assets and ensured safe loading aboard two transport aircraft to meet their departure times ... job well done!"

The 509th LRS small air terminal, logistics planners and vehicle operators worked together to honor the request.

"From the go, this was a joint operation," said

1st Lt. Stefan Hafner, 509th LRS deployment and distribution flight deputy commander. "We were contacted by mission validators from the Navy asking if we could make it happen - obviously the answer was 'yes!'"

Lieutenant Hafner said they pulled together squadron resources and gathered the needed manpower to get the ball rolling. Vehicle operators moved the batteries from a local business in Warrensburg, Mo., one of the sole companies with a naval submarine battery contract, to Whiteman Air Force Base. The small air terminal palletized and loaded the aircraft while the logistics plans office oversaw the operation to en-

sure everything went smoothly.

"It was great to see an operation pulled off so smoothly in such a short time," Lieutenant Hafner added. "Everyone involved noticed the significance of this effort and came together to get it done."

The operation brought together the local community, active duty, Guard and the U.S. Navy to palletize and ship the 65 crates of batteries.

"We support the bomber mission everyday and now we had the chance to help out our sister service by supporting another leg of the nuclear triad," Lieutenant Hafner said. "We no longer live in an Air Force where we're cut off from our sister services."

"We deploy together, support each other and we're focused on delivering joint solutions for our nation," he concluded. "Tying this together with the nuclear mission and ensuring the preservation of sovereign options for the president is an awesome responsibility - one we were glad to take up."



Airmen of the 509th Logistics Readiness Squadron push pallets of Los Angeles class submarine batteries to the back of a DC-8 cargo aircraft, Dec. 3.

### ON THE INSIDE



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### WEATHER

Today	Sunday
Sunny	Mostly Sunny
Hi 52	Hi 20
Lo 36	Lo 6
Saturday	Monday
Rainy	Mostly Sunny
Hi 43	Hi 22
Lo 14	Lo 14

Weather Courtesy of the National Weather Service



# Never leave an Airman behind

By Chief Master Sgt. Antonio Hickey  
451st Air Expeditionary Wing Public Affairs

**KANDAHAR AIRFIELD, Afghanistan (AFNS)** — One of the things I love most about the Air Force, and the military for that matter, is that we have a sense of community that is unmatched in any other profession. We view our profession as a way of life, and our sense of community extends far beyond our working relationships and into our personal lives. I'm proud to say that we take care of our Airmen and their families like no other organization in the world.

Some of this is the result of many years of close living quarters, which necessitated the need to get along well with each other and understand each other's strengths and limitations. That requirement diminished somewhat throughout the years as our living environment changed, but the need for a strong sense of community is still critical to the military, even today.

One of the ways we build and demonstrate this sense of community is through the wingman concept.

The term wingman comes from the pattern in which combat aircraft fly in two-ship formations. The lead aircraft prosecutes the attack while the second aircraft flies off the right wing and slightly behind lead. This trailing aircraft is referred to as the wingman, and his primary role is to protect the lead's back and provide mutual support.

The end result with this type of formation is increased firepower, improved situational awareness and the ability to employ more dynamic combat tactics.

The late Col. Francis "Gabby" Gabreski, who is credited with

34 kills in World War II and the Korean War, said, "The wingman is absolutely indispensable. I look after the wingman. The wingman looks after me."

He went on to say, "Wars are not won by individuals; they're won by teams."

This is the heart of the wingman concept and it is as true in our everyday lives as it is in air warfare.

With today's operations tempo and challenging social environment, the need for us to take care of each other has probably never been greater. As leaders, we must always be engaged with our fellow Airmen and extend the tried-and-true combat principles of the wingman concept into our personal lives.

Don't get me wrong, the best wingmen are not our Airmen's

supervisors or leaders, although all supervisors and leaders are wingmen by definition. Our best wingmen are our Airmen's peers and close friends. These individuals work, and often live, side-by-side, placing them in the best position to offer timely and effective backup.

**"Wars are not won by individuals, they're won by teams."**

**- Chief Master Sgt. Antonio Hickey**



We've seen some recent demonstrations of outstanding applications of the wingman concept. Take a look at this recent article.

Now, I don't know Senior Airman Jordan Gunterman, but his actions demonstrate the heart and soul of the wingman concept. His story is just one of many great examples of how to apply the concept appropriately.

So, take some time and make sure all of your Airmen, including yourself, have a wingman and they fully understand the concept.

If you do, I'm sure you'll find an improved sense of community, better mission accomplishment and an organization that truly leaves no Airmen behind.

## 509th CES offers tips on holiday fire safety

Decorating homes and businesses is a long-standing tradition around the holiday season. Unfortunately, these same decorations may increase chances of a fire. Based on data from the National Fire Protection Association and the U.S. Fire Administration, an estimated 250 home fires involving Christmas trees and another 170 home fires involving holiday lights and other decorative lighting occur each year. Together, these fires resulted in 21 deaths and 43 injuries.

Following a few fire safety tips can keep electric lights, candles, and Christmas trees from creating a tragedy. Learn how to prevent a fire and what to do in case a fire starts in the home. The Fire Department offers the following safety tips to ensure a plan is put in place and have a fire safe-holiday season:

### Christmas trees

What's a traditional Christmas morning scene without a beautifully decorated tree? Christmas trees account for hundreds of fires annually. Typically, shorts in electrical lights or open flames from candles, lighters or matches start tree fires. Well-watered trees are not a problem. A dry and neglected tree can be.

### Selecting a tree for the holidays

Needles on fresh trees should be green and hard to pull back from the branches, and the needles should not break if the tree has been freshly cut. The trunk should be sticky to the touch. Old trees can be identified by bouncing the tree trunk on the ground. If many needles fall off, the tree has been cut too long and, has probably dried out and is a fire hazard.

### Caring for your tree

Do not place a tree close to a heat source, including a fireplace or heat vent. The heat will dry out the tree, causing it to be easily ignited. Be careful not to drop or flick cigarette ashes near the tree. Do not put a live tree up too early or leave it up for longer than two weeks. Take to heart the sales person's suggestion and keep the tree watered.

### Disposing of your tree

Never put tree branches or needles in a fireplace or wood-burning stove. When the tree becomes dry, discard it promptly. The best way to dispose of your tree is by taking it to a recycling center or having it hauled away by a community pick-up service.

### Holiday lights

Maintain your holiday lights. Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.

### Do not overload electrical outlets

Do not link more than three light strands, unless the directions indicate it is safe. Connect strings of lights to an extension cord before plugging the cord into the outlet. Make sure to periodically check the wires — they should not be warm to the touch. Do not leave holiday lights on unattended.

### Holiday decorations



Use only nonflammable decorations

All decorations should be nonflammable or flame-retardant and placed away from heat vents. If using a metallic or artificial tree, make sure it is flame retardant.

### Don't block exits

Ensure that trees and other holiday decorations do not block an exit way. In the event of a fire, time is of the essence. A blocked exit puts people at risk.

Never put wrapping paper in the fireplace

Wrapping paper in the fireplace can result in a very large fire, throwing off dangerous sparks and embers that may result in a chimney fire.

### Avoid using lit candles

If using lit candles, make sure they are in stable holders and place them where they cannot be easily knocked down. Never leave the house with candles burning.

### Never put lit candles on a tree

Do not go near a Christmas tree with an open flame — candles, lighters or matches.

Whiteman Fire Emergency Services wishes everyone a joyous and fire safe holiday season. For questions or for further information, contact the fire prevention office at (660) 687-6083, or Mr. Tim Robinson at (660) 687-6080.

*(Courtesy of the 509th Civil Engineer Squadron Fire Department)*

## THE WARRIOR

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For more information, call the Warrior office at (660) 687-6123, e-mail: Whiteman.Warrior@whiteman.af.mil, fax us: (660) 687-7948, or write to us at: 509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

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## NEWS BRIEFS

**Chiefs tickets for armed forces**

The Kansas City Chiefs invite all members of the armed forces and their families to Arrowhead Stadium for the Tennessee Titans game Dec. 26 at 12 p.m. Tickets are available for \$25 each. There are a limited number of seats available.

**DBIDS registration mandatory**

The Defense Biometric Identification System for checking IDs at the gates is 100 percent implemented for Whiteman. Those who have not registered their ID cards will be denied base access until they register. To register, go to the visitor center, outside the Spirit gate, which is open 24 hours a day, seven days a week. For questions, contact Master Sgt. Craig Vorhees at (660) 687-4257.

**Angel Tree**

The First Sergeants Association is sponsoring the Angel Tree program at the Base Exchange to benefit children in need. The officer and enlisted spouses club volunteer the First Sergeants with the program and ensure every child receives a gift. To donate, pick an angel off the tree and return gifts by Dec. 20.

**CFC extended**

The 2010 Combined Federal Campaign has been extended to Wednesday to offer Department of Defense employees an additional chance to donate to a charity of their choice. Unit representatives are still available to collect donations. To make a contribution, contact the following project officers:

**Staff Sgt. Maurice Ingram**, 509th Bomb Wing; **Capt. Dan St. Clair**, 509th Operations Group; **Master Sgt. Gary Lustig**, 509th Maintenance Group; **1st Lt. Amanda Patton**, 509th Mission Support Squadron; **Capt. Christopher Hollis**, 509th Medical Group; **Master Sgt. James Bradley**, 131st Bomb Squadron; **Tech. Sgt. Davey Mohn**, 72nd Test and Evaluation Squadron; **Capt. Keith Yersak**, 442nd Fighter Wing; **Tech. Sgt. Joseph Linstedt**, 19th Munitions; **Tech. Sgt. Jason Parent**; 372nd Training Squadron; **Senior Airman Brian Thomas**, 325th Weapons Squadron; and **Chief Warrant Officer Tom East**, Army 1-135 Attack Reconnaissance Battalion.

DoD employees can also log on to [www.heartlandcfc.org](http://www.heartlandcfc.org) to donate or for more information.

**2010 Holiday cookie drive**

The Whiteman community is requesting 10,000 homemade cookies for dorm residents for the holiday cookie drive. Cookies should be dropped off at Mission's End on Tuesday or Wednesday from 7 – 9 a.m. Volunteers are requested to help sort, package and label the cookies, Thursday at 8 a.m. For more information or to volunteer, call Amy Moser at (937) 219-7366.

## AFGSC Chief Scientist visits Team Whiteman



U.S. Air Force photo by Staff Sgt. Jason Huddleston

**Dr. Chris Yeaw (Center), Chief Scientist, Air Force Global Strike Command, receives briefing from Mr. Mike Reinhardt, base resource efficiency manager, on energy saving and environmental programs for the base here, Dec. 8.**

## 442nd FW changes command Dec. 4

By Staff Sgt. Kent Kagarise

442nd Fighter Wing Public Affairs

Col. Eric S. Overturf assumed command of the 442nd Fighter Wing from Col. Mark L. Clemons during a change-of-command ceremony here Dec. 5.

During the ceremony, Maj. Gen. Frank Padilla talked about how this transition resembles a similar change in leadership that took place in the New York Yankees organization when Mickey Mantle replaced Joe DiMaggio as the team clipper.

The team already had a reputation of excellence, which the rookie, Mantle, only needed to further - a sentiment that is echoed throughout the 442nd FW.

Colonel Overturf said he has set short-term goals to get to know the men and women of the 442nd FW. He said he plans to spend a few weeks getting to know the groups and become familiar with the Citizen Airmen here.

"There are so many people doing great things around here," Colonel Overturf said. "I don't need to come in and fix anything right off the bat."

The new commander said the long-term goals are clear, and he is optimistic as he anticipates an outstanding score on the operational readiness inspection phase I, preparation for unit-compliance and health-services inspections, and builds the biggest fighter wing in the Air Force Reserve, comprised of: The 476th Fighter Group, Moody AFB, Ga.; the 917th Wing, Barksdale AFB, La.; the 924th Fighter Wing, Davis-Montham AFB, Ariz.; and the 610th Intelligence Operations Flight, Offutt AFB, Neb.

"If there is a challenge ahead of us, it's me," Colonel Overturf said. "The only obstacle is time for me to get adjusted, but I don't expect it to take very long for me to get my feet on the ground."

Colonel Overturf said he is looking forward to resuming where Colonel Clemons left off and hopes to propel the 442nd FW to the next level.

"My wife, Karla, and I are so excited about being here at the best job in the Air Force Reserve, and I feel very lucky to have it," Colonel Overturf said.

Lt. Col. Michael Wood, 442nd Maintenance Group commander, served with the commander in a smaller organization at Elmendorf AFB and said he embraces the new wing commander's leadership style.

"We can expect him to be very active with the community as well as Team Whiteman," Colonel Wood said. "Colonel Overturf is huge on total-force integration, which helps us all to get better."



U.S. Air Force photo by Staff Sgt. Kent Kagarise

**Col. Eric Overturf assumes command over the 442nd Fighter Wing from Col Mark Clemons during the change of command ceremony here, Dec. 4.**

"We already have an outstanding wing that is moving in the right direction," 442nd FW Command Chief Master Sgt. Allan Sturges said. "I'm sure when it's all said and done, Colonel Overturf will leave it better than he found it."

The Air Force Reserve maintains a tradition of superiority in an ever-changing world, and the 442nd FW has experienced a superior change in the midst of an excellent tradition.

## November Article 15s, discharges

In November, four Whiteman military members were punished under Article 15, of the Uniform Code of Military Justice. Additionally, one member has been administratively separated from the Air Force.

**Article 15s**

□ A master sergeant from the 509th Maintenance Group received an Article 15 for disobeying a lawful command. Punishment was a reduction to the grade of technical sergeant, a suspended forfeiture of \$1,742 pay per month for two months, actual forfeitures of \$742 for two months, and a reprimand.

□ An airman first class from the 509th Munitions Squadron received an Article 15 for assault consummated by battery. Punishment forfeiture of \$961 pay per month for two months, actual forfeitures of \$200 pay for two months with forfeiture of \$661 pay per month for two months suspended, 30 days extra duty, and a reprimand.

□ An airman first class from the 509th Security Forces Squadron received an Article 15 for leaving his post. Punishment was a reduction to the grade of airman, forfeiture of \$811 pay per month for two months, actual forfeitures of \$211 pay for two months, 15 days extra duty, and a reprimand.

□ An airman first class from the 509th Security Forces Squadron received an Article 15 for sleeping on duty. Punishment was a suspended reduction to the grade of airman, forfeiture of \$811 pay per month for two months, actual forfeitures of \$250 pay for two months, 15 days extra duty, and a reprimand.

**Discharges**

□ An airman first class from the 509th Munitions Squadron received a general service characterization for minor disciplinary infractions.

(Courtesy of the 509th Bomb Wing Legal Office)



# NPSP helps strengthen families

By Airman 1st Class Montse Ramirez  
509th Bomb Wing Public Affairs

Without a baby owner's manual or a network of friends and family close by, new parents need all the help they can get.

The New Parent Support Program free Family Advocacy program here is designed to help expectant and new parents meet their new roles as mother, father and family.

Mae Hertig, an Air Force Global Strike Command member and 509th Medical Operations Squadron Family Advocacy nurse, provides personalized home visits, telephone calls and information by e-mail to military families who are expecting a baby or have a child under the age of three.

"We understand the impact a military life can have on expectant and new families, including deployments and separation from family and friends," said Mrs. Hertig. "We want to help minimize as much stress as we can."

NPSP services are tailored to each family's circumstances and can help with adaptation to

military life, preparation for parenthood, enhancing parenting skills, understanding growth and development, couples communication and stress management.

"Our main mission is to strengthen military families and prevent maltreatment," said Mrs. Hertig.

By being part of the program, parents



Courtesy photo

Soon-to-be parents from the New Parent Support Program participate in a role-playing activity with an empathy belly, giving the father an idea of what the mom goes through. This Department of Defense program is available at military installations worldwide providing information and support to military families.

can expect more confidence on becoming a parent. They learn knowledge and skills new parents need to form healthy relationships and to provide safe, nurturing environments for families.

"Mrs. Hertig is great at helping parents baby proof their homes to ensure the safety of the child and ease parents' fears when bringing home a new born," said Senior Airman Jennifer Halko 509th MDOS mental health technician who assists Mrs. Hertig with the program.

Soon-to-be parents receive information in emotional and physical changes of pregnancy, preparing the nursery, breastfeeding education, basic infant care and

**See Parent Support, Page 11**

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# 'THEY'RE CREEPY AND THEY'RE CRAWLY...'

**By Heidi Hunt**

509th Bomb Wing Public Affairs

More than 85 children and parents visited the Community Activity Center for its presentation of snakes and spiders at this Air Force Global Strike Command base, Dec. 4.

Nicknamed snake lady, Connie Koch, 509th Force Support Squadron community center director and spider-man, Maj. K.J. Vezino, 72nd Test and Evaluation Squadron chief engineer, combined efforts in sharing their live snakes and spiders during their second year together.

Organized by the duo, many children have referred to them as superheroes who bring their creatures up close and personal and provide an educational presentation.

"The neat thing about this event is that people come in so frightened, but then sometimes cannot help but touch or hold a snake or spider," said Mrs. Koch. "It really helps gets them over that phobia."

The audience was taught about snakes and

spider species, where they come from, how and what they eat, anatomy, defense mechanisms and molting.

Ethan Himes, age 5, son of Jamie and Staff Sgt. Nick Himes, 509th Bomb Wing command post, said he had fun and really enjoyed the snakes and spiders presentation.

"My favorite snake was the red, black and white one," he said. "It was really neat."

Major Vezino has been handling spiders for more than nine years and keeps nine spiders at home. Major Vezino started studying and researching spiders when he was in college and since then has shown his spiders in the local area.

Mrs. Koch has been handling snakes for more than 30 years and keeps 10 snakes in her residence. She has traveled throughout Central Missouri showcasing her reptiles and enjoys what she does.

The pair said the day went smoothly and they plan to hold another presentation in the future for Team Whiteman.



*Photos by  
Senior Airman  
Carlin Leslie*

A close up of the new river rustump tarantulas, displayed during the snake lady and spider-man show, Dec. 4.



Maj. K.J. Vezino, 72nd Test and Evaluation Squadron chief engineer, also known as spider-man, allows children to pet his Mexican Redrump tarantuala during the snake lady and spider-man presentation, Dec. 4. Major Vezino brought a variety of spiders to teach Team Whiteman about the arachnids.



Maj. K.J. Vezino, 72nd Test and Evaluation Squadron chief engineer, also known as spider-man, displays his most dangerous, the Sri Lankan Ornamental tarantula in a jar. Major Vezino never handles this tarantula because it is prone to bite and less comfortable being handled.



(Above) A close up of the Albino gopher snake featured in the snake lady and spider-man presentation here, Dec. 4. The presentation showcased reptiles and educated children and parents about a variety of snakes and spiders, their location and living conditions.

(Left) Connie Koch, 509th Force Support Squadron director of the community center, displays one of her reptile friends during the snake lady and spider-man presentation here, Dec. 4. The presentation was held at the Community Activity Center for an audience of more than 85 Team Whiteman members.



## From the Frontlines: Tech. Sgt. Horace Dozier

By Airman 1st Class Cody H. Ramirez  
509th Bomb Wing Public Affairs

With the efforts in Southwest Asia ongoing, demand for supply and transport areas are growing. With this growth comes a need for support, and what better support than the rejuvenation of an entire base?

Tech. Sgt. Horace Dozier, 509th Logistics Readiness Squadron compliance and analysis technician here, deployed from this Air Force Global Strike Command base from June to November in support of the growing operations in Southwest Asia.

He said he deployed to a location much like a bare-base; it hadn't been occupied for years. The base was rejuvenated to be a replacement location in case other bases in Southwest Asia had to relocate.

Sergeant Dozier worked in the supply warehouse as the NCO in charge of receiving and the NCOIC of individual equipment. He said when he got there, his warehouse was empty.

"Our job was to prepare the base for the mission, whatever that happened to be," he said. "The [base's] mission wasn't set in stone. It was undefined for the first couple months."

He worked with a team of 20 Airmen in stocking the warehouse with supplies and courtesy storage.

"We built the base from the ground up," Sergeant Dozier said. "We had to stand up everything, including the set up of tents. We worked with leadership and ordered anything they needed to stand up the base."

Sergeant Dozier received a defined-mission tasking nearly three months into his deployment.

"We started supporting the C-17s and their mission to deliver supplies down-range to Afghanistan and Iraq," he said.

Among the supplies and equipment Sergeant Dozier received were mine-resistant ambush-protected vehicles (MRAPs) and mine-resistant ambush-protected all-terrain vehicles (MATVs). He said he was taught how to drive MRAPs and MATVs, so he could help load the vehicles for the Army.

"I was able to drive the MRAP and MATV, and see exactly how they work, which was awesome," he said.

He said the first batch of vehicles alone saved three Soldiers lives and showed him exactly how his work was affecting the mission and how important it was.

Sergeant Dozier said he spent a majority of his time unloading supply trucks and maintaining the supply warehouse, and by the time he departed, he had completely filled the warehouse with aircraft parts.

Unloading trucks and stocking the warehouse consumed most of his deployment, but with his free time, Sergeant Dozier helped Airmen deployed alongside him.

"Since it was a fresh start at the base, most people were living in tents and storing their belongings in boxes, so I started building shelves, coat racks and other furniture," he said. "It kept me busy and helped out the people around me."

Although it was his longest deployment, it didn't seem that long, said Sergeant Dozier.

"The six-month deployment was the longest I've been away from my family, which was tough, but I kept myself busy and the time flew by," he said. "It was definitely a unique experience."



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# Electrical shop brightens Whiteman

Photos by Staff Sgt. Jason Huddleston and Senior Airman Carlin Leslie

By Airman 1st Class Montse Ramirez  
509th Bomb Wing Public Affairs

The Air Force is known amongst the American public as a highly technical service that relies on technological advancements to accomplish its mission. However, without electricity, technology wouldn't go very far.

Thirty seven Air Force Global Strike Command Airmen from the 509th Civil Engineer Squadron, work on the electrical infrastructure of the base to maintain its power.

These Airmen work with everything from wall outlets to high-voltage systems. They maintain aircraft hangars, runway lighting fixtures ensuring they are in working condition and electrical alarms to ensure the base is safely guarded.

"We are everywhere," said Staff Sgt. James

Thompson, 509th CES electrical systems craftsman. "Except, no one sees us until the lights are out.

"We are a support entity to make sure everyone can continue with the mission," he said. "If our systems are down, a majority of the base cannot do their jobs."

Sergeant Thompson said, over the last six to eight months, one of their recent high-profile projects has been to upgrade most of the airfield lighting, visually providing an almost-new runway at a cost of \$500,000.

According to Airman 1st Class Dennis Myles, 509th Operations Support Squadron airfield management operations coordinator, the new light emitting diode (LED) lights are more power efficient, last longer and are noticeably brighter.

"Pilots are now able to see the borders of the runways and taxiways a lot better during extreme weather, making it safer and easier for them," said Airman

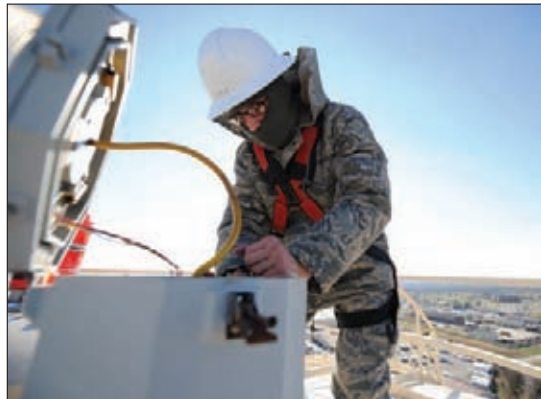
Myles.

While the airfield received a makeover, another group of electricians were tasked spreading a little holiday spirit by assembling a holiday lights display at mission's end.

"It was a very fun, creative project," said Senior Airmen Babatunde Red-Tacla and Steven Crump, 509th CES electrical systems journeymen. "Every year we like to try something new. We enjoy bringing the holiday spirit to the base."

It's easy to see all the work they perform throughout the base. Whether it's on the flight line or in holiday decorations, electrical systems Airmen are everywhere there's a spark.

"I love being an electrician," Sergeant Thompson said. "We have the advantage of going around base and seeing how our work directly impacts the mission."



Airman 1st Class Francisco Villa, 509th Civil Engineer Squadron electric technician, completes preventive maintenance on airfield equipment on top of the 215-foot base water tower, Dec. 1.



Staff Sgt. James Thompson, 509th Civil Engineer Squadron electrician, connects new transformer to circuit for runway-distance-remaining marker on 30 Nov.



Airman 1st Class Raymond Reidenbach and Airman 1st Class Corey Logsdon, 509th Civil Engineer Squadron electrician, are setting the new light-emitting diode distance-remaining marker in place next to the runway. The LED fixtures are designed to cut energy costs by 70 percent.



Airman 1st Class Francisco Villa, 509th Civil Engineer Squadron electric technician, scales the 215-foot base water tower for light maintenance, Dec. 1. Before every winter, electric shop Airmen make the climb, to complete preemptive measures ensuring equipment is working properly before the winter season.



Airman 1st Class Corey Logsdon, 509th Civil Engineer Squadron electrician, prepare to remove an old runway-distance-remaining marker by loosening anchor bolts and upgrade it to a new light-emitting diode fixture. The LED fixtures are designed to cut energy costs by 70 percent.



Airman 1st Class Francisco Villa and Corey Logsdon, 509th Civil Engineer Squadron electric technicians, put on safety harnesses, hard hats and cold weather gear to climb the 215-foot water tower behind them, Dec. 1. Airman Villa and Airman Logsdon serviced the rotating beacon and tower lights for flight safety here.



# Unlocking the role of a Key Spouse

**By Heidi Hunt**  
509th Bomb Wing Public Affairs

The life of a servicemember today requires multiple deployments to various areas of responsibility in support of wartime missions. While that Airman is deployed, the family is left at home to continue with their lives. To help smooth the transition a spouse can find support through the Airman and Family Readiness Center's Key Spouse program.

The Key Spouse program was developed as an initiative to enhance the quality of life for Air Force families and is an official representative.

Key Spouses are appointed by the commander and the first sergeant, and once chosen; go through initial training taught by the 509th Force Support Squadron A&FRC, before they are able to mentor according to Staff Sgt. Angela Gooden readiness NCO in charge.

"Key Spouses are important to the mission because they serve as conduits for base by providing community information and programs which help families deal with military life-cycle challenges," said Sandi Williams, Air Force Global Strike Command, 509th FSS A&FRC community readiness consultant.

The role of a Key Spouse is to provide peer-to-peer Wingman support, inform and refer family members to available resources. The commander and the first sergeant rely on the judgment, reliability and positive attitudes of a Key Spouse to accomplish those

goals according to Mrs. Williams.

"Key Spouses are trained volunteers and conduits of information who are active, visible and a team player," Mrs. Williams said. "Instead the professionals we train are not counselors, babysitters, taxi drivers, gossips, fundraisers or assumed authority figures."

"Because they trouble shoot so many problems at a lower level, they prevent problems from becoming elevated and become a catalyst for change," she said.

*"Key Spouses are trained volunteers and conduits of information who are active, visible and a team player."*

The importance of their role helps Airmen focus on the mission down range by knowing their families have a support system.

"Being a key spouse is very important to assist the unit in caring for a member's family during a deployment," said Sheri Marler, a Key Spouse for the 509th Operations Group. "Spouses identify with each other and it is important to have continuous communication with the spouse to inform them of base activities as well as ensuring their family's needs are being met. It is also very comforting to the military member to know their family is well taken care of and it allows them to focus on the mission. It is just one of the many ways that Team Whiteman works together to take care of each other."

For more information about the Key Spouses program, contact the A&FRC at (660) 687- 7132.

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**Chamber of Commerce**—2nd Tues. of each month.  
 Call Tammy Templeton @ 563-4090 for more info.  
**Masons**—2nd & 4th Thurs. 7:30 p.m. - Knob Noster Masonic Lodge AF & AM  
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**Alcoholics Anonymous (AA)**—Every Fri. 8 p.m. - Basement of Methodist Church  
**Knob Noster Board of Aldermen**—1st & 3rd Tues. each month - Basement of City Hall

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## parent support

*Continued from Page 4*

Soon-to-be parents receive information in emotional and physical changes of pregnancy, preparing the nursery, breastfeeding education, basic infant care and infant sleep patterns.

Parents are also told about infant development, toddler discipline, toilet training and stress management.

Mrs. Hertig said families not only receive information, but also participate in role-playing activities. She said she usually brings a mechanical baby who cries continuously for about five minutes to the home to see how the family pet reacts, and in turn, see how the parents-to-be respond to the situation.

For the fathers-to-be, she brings an empathy belly that shows them what the mom is going through. With it on, she makes the fathers perform every-day tasks such as getting up from the couch to pick up the phone, get the dishes out of the dishwasher or carry laundry.

"With the program, I have seen people grow and have a more positive outlook on life as a parent," said Mrs. Hertig. "I am excited to see these parents become so strong and resilient by overcoming their own struggles for their children."

For additional information, call FAP (660) 687-4342 or Mae Hertig (660) 687-4589

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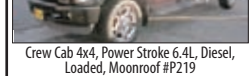
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4x4 LS Duramax Diesel, Allison Transmission, Power Seat, 54K Miles, One Owner, #2035A2

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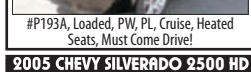
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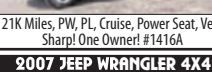
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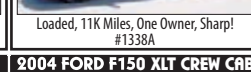
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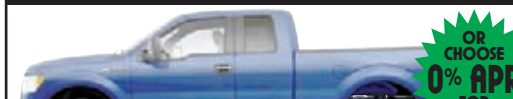


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XLT Retail Bonus Customer Cash .....\$1,000  
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Christmas day

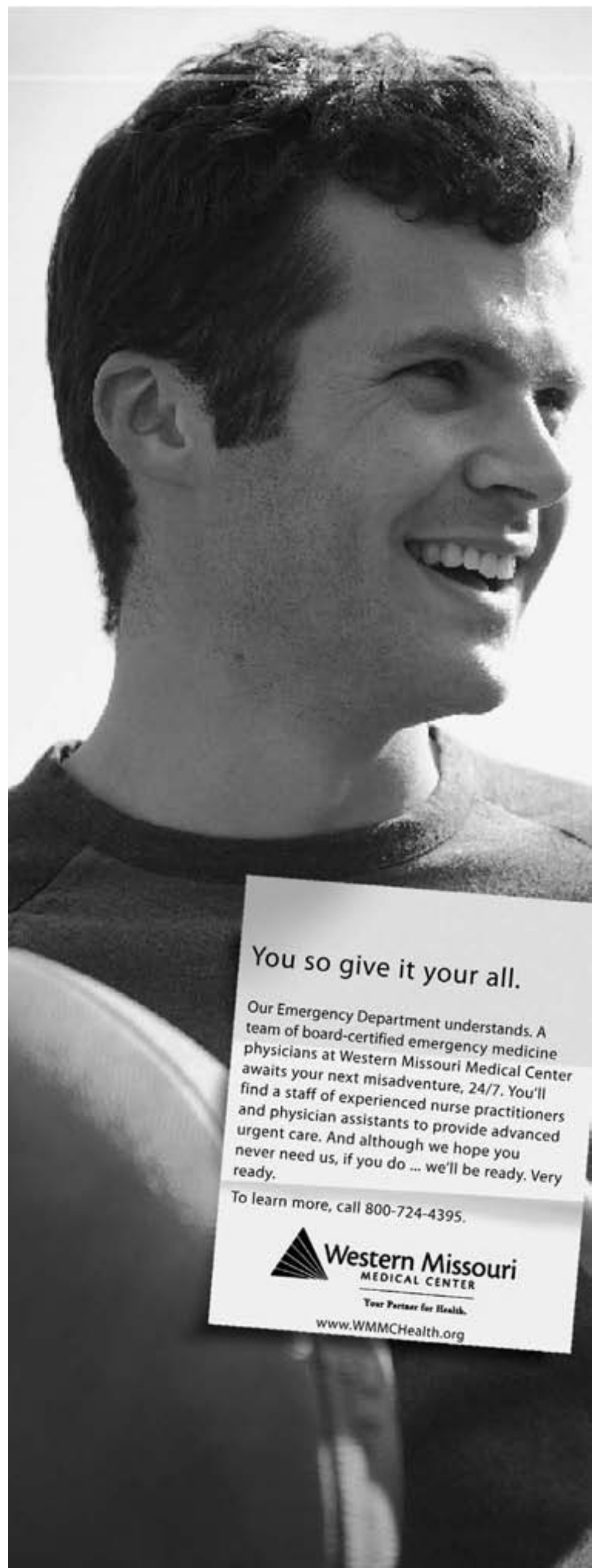


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Today is the drawing for a chance to win a \$50 gas card courtesy of Mission's End. Club members may enter anytime during lunch by filling out the back of their lunch receipts. Call 687-4422 to learn more about this program.

### Dichroic Glass Cabachon Deadline ~ Arts & Crafts

Noon, today is the sign up deadline for this single session class scheduled December 11, 10:30 a.m.-1:30 p.m. Cost is \$45, supplies included. Contact the Arts & Crafts Center at 687-5691 for more details.

### Beginning Chain Mail Class Deadline ~ Arts & Crafts

Sign up by noon today for this single session class scheduled December 14, 8:30 a.m.-Noon. Cost is \$25 plus the cost of supplies. Call 687-5691 to reserve a spot today!

### Karaoke ~ 9 p.m.-1 a.m. ~ Mission's End

Free singing fun in the Lavage Lounge. Call 687-4422 for more information.

**SATURDAY 12/11**

### Christmas Tree Contest Deadline ~ Community Center

Today is the last day to enter into the Christmas Tree Contest for FREE! Judging will take place December 13-16. Military and civilian offices may enter in one of these categories: traditional, one of a kind, redneck, most elaborate or squadron specific. Win a gift basket for your office! Call 687-5617 for more details.

### Family Bowling ~ Noon-4 p.m. ~ Stars & Strikes

Join us for fun family bowling! One hour bowling, shoe rental, a large 1-topping pizza and a pitcher of soda, all for \$20. Up to six people per lane. Can't make it today? Join us Sunday, same time, same place. For more information, call 687-5114.

**SUNDAY 12/12**

### Football Frenzy ~ 11 a.m.-7 p.m. ~ Mission's End

Football Fans! Join us every Sunday to watch your favorite team on the big screen TVs. Club members can enter to win a trip to the Super Bowl or one of two regular season games! Plus, end of season bonus drawing for \$5,000 in gift certificates. Call 687-4422 for more details.

**MONDAY 12/13**

### Blue Plate Special ~ 11 a.m.-1 p.m. ~ Mission 's End

Today's special: Beer battered cod with fries, coleslaw and hushpuppies. Cost is \$6 for members; \$8 nonmembers. Call 687-4422 for more details.

### Grill Specials ~ 11 a.m.-1 p.m. ~ Mission's End

Check out December's grill specials Monday through Friday during lunch. Your choices this month are spicy Voodoo chicken sandwich or skirt steak sandwich. Cost is \$6.50 for members; \$8.50 nonmembers. Call 687-4422 for more information.

**TUESDAY 12/14**

### Stained Glass Class ~ 5:30-8:30 ~ Arts & Crafts

Learn the art of stained glass. Six-week open enrollment class scheduled every Tuesday, 5:30-8:30 p.m. Cost is \$95, supplies included. Sign up by noon the Friday prior to class. Call 687-5691 to reserve a spot.

### Free Bowling Days ~ 3 p.m.-Closing ~ Stars & Strikes

Purchase \$6 from the snack bar, receive three free games and shoe rental when you present your receipt at the bowling counter. Can't make it today, stop by Thursday, same time, same place. Call 687-5114 for more details.

**WEDNESDAY 12/15**

### Osage Shopping Trip Deadline ~ Outdoor Recreation

Today is the last day to sign up for the shopping trip to Osage Beach Outlet Mall scheduled December 18, 7 a.m.-6 p.m. Cost is \$18 per person. Call 687-5565 for more information.

### Boss-n-Buddy Night ~ 4- 7 p.m. ~ Mission's End

Bring your boss and/or buddy over for wings, brews and bingo. 20-cent member wings; 35-cent nonmember/carry-out wings. Stick around for our members only bingo at 5:30 and 6:30 p.m. Call 687-4422 for details.

**THURSDAY 12/16**

### Pizza Pizzaz ~ 4- 7 p.m. ~ Mission's End

Take advantage of our pizza prices! Cost is only \$7 per large, single topping pizza. Call 687-4422 for more information.



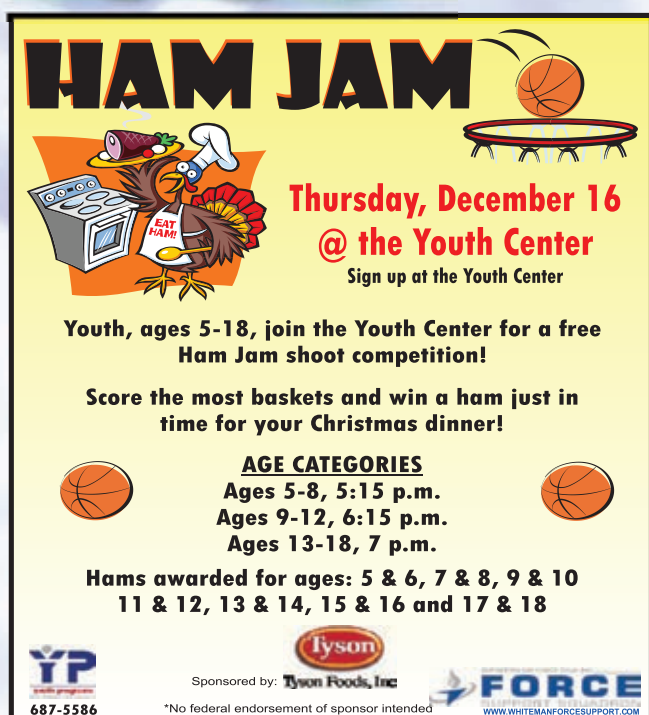
**CHRISTMAS BOWLING SALE**

**LAST DAY-DEC. 15**

**ORDER EARLY, OFTEN AND SAVE BIG**

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**BOWLING 687-5114**



**HAM JAM**

**Thursday, December 16 @ the Youth Center**

Sign up at the Youth Center

**Youth, ages 5-18, join the Youth Center for a free Ham Jam shoot competition!**

**Score the most baskets and win a ham just in time for your Christmas dinner!**

**AGE CATEGORIES**  
Ages 5-8, 5:15 p.m.  
Ages 9-12, 6:15 p.m.  
Ages 13-18, 7 p.m.

**Hams awarded for ages: 5 & 6, 7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 & 16 and 17 & 18**

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**Holiday Jewelry Creations by You @ the Community Center**

Open to families/children ages 10 and up

**December 18 @ 1pm**

**Need a special holiday gift you like to create yourself?**

**Seasonal earrings, necklaces and key chains will be a hit when they are a personal gift from you.**

**Supplies provided. Please bring a needle-nosed pliers.**

**Cost: \$1 per item made**

**CC** 687-5617



**Spring I Classes Registration**

for Adult Learners age 18 and older

at the Professional Development Center  
7:30 a.m.-4:30 p.m.

Register now through Jan. 19, 2011.

Add/Drop week is Jan. 19-25, 2011.

For further information or to discuss your education options and benefits, call Mr. Luther Carter @ 687-5755.

## Youth & Teen Events

**TODAY 12/10**

### Teen Trip to CoCo Keys Sign Ups ~ Youth Center

Teens, ages 13-18, sign up for the trip to CoCo Keys Water Resort in Kansas City scheduled December 20, 11 a.m.-5:30 p.m. Cost is \$15 for members; \$20 nonmembers. Price includes transportation, admission, personal pan pizza and a soda. Space is limited. Sign up deadline is December 16. Call 687-5586 for more details.

### Start Smart Basketball Registrations ~ Youth Center

The Youth Center is accepting youth basketball registrations for ages 3-5. Season begins January 12, 2011. Cost is \$25 without a kit; \$61 with a kit. Contact the Youth Center at 687-5586 for more details.

### Holiday Party ~ 6:30-9:30 p.m. ~ Youth Center

Youth, ages 6-12, join us today for a night of fun! Make arts and crafts, play bingo for prizes, take part in activities and games in the gym and much more! Cost is \$10 for members; \$12 nonmembers. Call 687-5586 for more information.

**SATURDAY 12/12**

### Teen Shopping & Lunch Trip ~ 11 a.m.-7 p.m. ~ Youth Center

Teens, ages 13-18, do you need to find that special gift for Christmas? Join us today as we take a trip to the Mall in Columbia to do some shopping just in time for Christmas. Cost is \$5 for members; \$6 nonmembers. Bring money for shopping and lunch. Contact the Youth Center at 687-5586 for information.

**MONDAY 12/13**

### Preteen Dinner & Christmas in the Park Sign Ups ~ Youth Center

Preteens, ages 9-12, today we begin taking sign ups for the dinner and Longview Lake Christmas in the Park trip scheduled December 17, 5-10 p.m. Cost is \$6 for members; \$8 nonmembers. Bring extra money for dinner. Call 687-5586 for more details.

### Dentokan Karate ~ 4-5 p.m. ~ Youth Center

Classes are offered every Monday and Wednesday for youth ages 6-18. Cost is \$35 for members; \$45 nonmembers per month. For more information, please call 687-5586.

**TUESDAY 12/14**

### Time to Play ~ 9:30-11 a.m. ~ Youth Center

Parents, you provide the toys, we provide the place! Bring your child age birth to five years to the Youth Center gym every Tuesday for play time! A great opportunity for your child to socialize with other children and for parents to network with each other. Cost is FREE! Please contact the Youth Center at 687-5586 for more info.

### Torch Club Meeting ~ 4-5 p.m. ~ Youth Center

Preteen, ages 9-12, learn to work together to plan and implement activities. Torch Club meets every Tuesday during the school year. Cost is free. Call 687-5586 for details.

### Keystone Club Meeting ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, meet to discuss leadership and community involvement. Nonmembers are welcome to join! Call 687-5586.

**WEDNESDAY 12/15**

### Story Time ~ 11:30 a.m. ~ Library

Children, ages 3-5, come to the library and listen to exciting stories and make a craft. Cost is FREE! Call 687-6217 for details.

## FCC NEWS!

### Extended Duty Care

Register now for the extended duty care program. It is available to help DoD parents meet child care requirements for extra duty and emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements and is FREE. Come to the FCC office for an application prior to participation.

### PCS Care

Arriving or departing from Whiteman? The Air Force Aid Society pays for 20 hours of care per child for all ranks to help with your transition. Child care is authorized in AF licensed or affiliated FCC homes. The Airman and Family Readiness Center issues certificates which are good for child care within 60 days of PCSing.

Come to the FCC office to apply prior to participation or call 687-5590 for more details.



## This week at the movies

**Skyline**  
Saturday, 7 p.m.

(Eric Balfour, Crystal Reed)

Strange lights descend on the city of Los Angeles, drawing people outside like moths to a flame where an extraterrestrial force threatens to swallow the entire human population off the face of the Earth. PG-13 (sequences of intense sci-fi action and violence, some language) 94 min

**Paranormal Activity 2**  
Sunday, 3 p.m.

(Katie Featherston, Micah Sloat)

After experiencing what they think are a series of "break-ins," a family sets up security cameras around their home, only to realize that the events unfolding before them are more sinister than they seem. Rated R (some language and brief violent material) 90 min

*Movie showings are featured at the Whiteman AFB Movie Theater. For more information, call (660) 687-5110*

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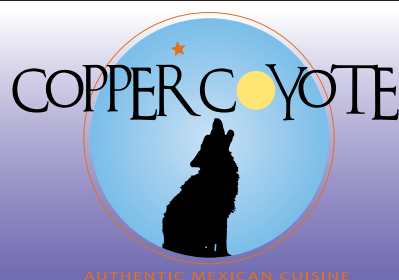
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T-Th Speech

SESSION 2 JANUARY 4- JANUARY 24

T-Th American History  
M-W English Comp 1

SESSION 3A JANUARY 25 – FEBRUARY 14

M-W Humanities

SESSION 3B JANUARY 25- FEBRUARY 24

T-Th College Algebra

**Contact:**  
Sandy Mullins  
107 S. State Street  
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smullins@national.edu

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1. Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
2. Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
3. Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
4. Only one free ad\*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. \*People who are PCSing may place

more than one ad and sell the items at any price.

5. Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
6. Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
7. Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
8. Many offices on base are using old forms\*\*. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil> and click on "Whiteman Warrior Classified Ad Form."
9. Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
10. Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
11. The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
12. Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

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Public Notices 6

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