# **Global Strike** Challenge

Tech. Sgt. Matthew Mullins and Senior Airman Matthew Jones, 131st Aircraft Maintenance Squadron weapons loaders, secure the rotor launch assembly into the bomb bay of the B-2 Spirit during the Global Strike Challenge, July 28. B-2 Spirit, B-52 Stratofortress, **B-1 Lancer and Intercontinental** Ballistic units are competing in the first Global Strike Challenge showcasing the capabilities of the bomber, missile and security forces Airmen entrusted with the most powerful weapons on earth.



# Wings over Whiteman 2010 set to deliver exceptional performance

By Senior Airman Jason Barebo 509th Bomb Wing Public Affairs

The 2010 Wings Over Whiteman Air Show and Open House takes place Sept. 18 and 19 with gates open from 9 a.m. to 5 p.m. This free, family-oriented event is expected to draw spectators from all over the

"It's my pleasure to invite the public to attend Wings Over Whiteman 2010 to get an up close and personal look at the professional personnel and capabilities that help our Airmen carry out missions across the globe," said Brig. Gen. Robert Wheeler, 509th Bomb Wing commander.

"This year is going to be an outstanding show with our theme being 'Celebrating 100 years of military aviation," said Lt. Col. Michael Wittrock, WOW Air Show director. "We also have two great headliners in the Thunderbirds and the Golden Knights. People can expect a great variety of aircraft focusing on the history of military aviation. We carefully selected performers and aircraft to cover each major conflict U.S. airpower has been involved in, as well as ensure the Army and Navy were represented along with the Air Force."

Featured civilian performers include; the Lima Lima flight team, P-51, MiG-17 and the PT-17 aerobatic teams. Along with the aerial



demonstrations and static displays, all aircraft that call Whiteman home, to include; the B-2 Spirit, T-38 Talon, A-10 Thunderbolt II and AH-64 Apache Helicopter will be available for viewing.

Replica WWI aircraft, the only flying B-29, a Vietnam War re-enactment and modern day aircraft will also be in attendance at the show.

Designated parking areas will be open to the public. Busses will make regular stops to transport spectators from the parking area to the air show. A full list of featured acts, prohibited items, security protocol and other information can be found at www.wingsoverwhiteman.com.

# Whiteman to receive Navy Seabee headquarters detachment

Congressman Ike Skelton (D-Mo.) announced that the U.S. Navy is planning to locate a Seabee Headquarters unit at Whiteman Air Force Base, in a press release July 20.

Currently stationed at the former Richards-Gebauer Air Force Base in the Kansas City area, Naval Mobile Construction Battalion-15 (NMCB-15) provides rapid construction support for operational forces during regional contingencies, large or small.

NMCB-15 also supports disaster recovery and humanitarian operations, foreign or domestic, and

is comprised of 17 active duty personnel and 497 reservists from five states (Missouri, Kansas, Iowa, Nebraska, and South Dakota). Around 100 reservists will operate from Whiteman during the unit's

The unit joins 11 others from multiple service branches who currently call Whiteman home.

"Whiteman is a perfect location for this Seabee unit," said Congressman Skelton. "Thanks to land expansion in years past, the base is a prime location for new missions and can provide the needed

security for Seabees to train and operate effectively."

As the Armed Services Committee Chairman, Congressman Skelton has been instrumental in bringing multiple missions to Whiteman; most recently the addition of MQ-1 Predator drone aircraft, expected to be operational by Feb. 2011.

"It is my dream that Whiteman be the premier Air Force base in our country. The relocation of the Seabee unit to Whiteman represents yet another step toward fulfilling this goal," the congressman said.

(Courtesy of Congressman Ike Skelton's Office)

# ON THE INSIDE

3

# "Don't Ask, Don't Tell" survey released

WASHINGTON (AFNS) "Your opinion matters" is the view of Air Force officials on the "Don't Ask, Don't Tell" survey released July 7 to more than 98,000 randomly selected active-duty Air Force, Air National Guard and Air Force Reserve members

# Volunteer opportunities await Whiteman Youth

High School age sons or daughters of active-duty Air Force members who are interested in learning new job skills before they go into the "real world" are encouraged to take part in the Youth Employment Skills Program.

5

# Hwy DD set to close to thru traffic

Highway DD will be closed to through traffic from Aug. 2-23. Commuters must find alternate routes to travel from Warrensburg to Knob Noster.

6

# Whiteman Airman saves AF Money

Cutting costs and saving money is at the forefront of many organizations' agendas. The law of supply and demand plays a major factor in the price of equipment; alternatives scarce and pricey items is considered a significant win.

# WEATHER

Today	Sunday
Chance Stms	Mostly Sunny
Hi 93	Hi 92
Lo 71	Lo 72

Saturday Monday Partly Sunny Mostly Sunny Hi 91 Hi 90 Lo 72 Lo 70

Weather courtesy of the National Weather Service

# **CSAF** outlines way ahead

Editor's note: The Air Force's senior military leader released his vision for the future in a recent CSAF Vector 2010 that outlined five priorities and the "way ahead" for Airmen to maintain these priorities. This is the second of a five-part series the Whiteman Warrior will present over the next several weeks. To read the Vector in its entirety, visit www.af.mil.

# 2. Partner with the Joint and Coalition Team to Win Today's Fight

The Air Force makes a unique, important contribution to today's fight. In addition to fulfilling traditional Air Force combat roles, Airmen perform admirably wherever and whenever required by carrying out medical evacuation, ordnance disposal, convoy security, and in many other vital roles. We:

- Delivered responsive, persistent ISR, increasing combat air patrols to 45 this year.
- Flew 105,000 close air support sorties since 2007, with historically fast response times
- Deployed MC-12W Project Liberty aircraft to the theater in a record nine months.
- Since 2001, evacuated nearly 70,000 patients from the USCENTCOM AOR, dramatically improving the survival and recovery rates of wounded personnel.
- Selected 43 of our best officers for the elite Afghanistan-Pakistan Hands program.
- Commanded almost half of the 14 Provincial Reconstruction Teams in Afghanistan and provide 70 percent of the deployed contracting officers.
- Operated over 55 satellites providing continuous positioning, navigation, and timing; communications, weather, ISR and warning to US and allied forces world-wide.
- Partnered with Australia to expand the Wideband, Global Satellite Communications constellation, providing unprecedented levels of tactical command and control.
- Achieved initial operational capability in 24th Air Force for cyberspace support, defense, and force application, and designated them as the single commander of AFNETOPS.

Way Ahea

The Air Force will always be an integral part of Joint and Coalition operations. As we look ahead, we are likely to encounter more sophisticated hybrid adversaries and situations requiring enhanced integration across multiple domains. In irregular warfare and anti-access / area denial environments, the Air Force must con-

tinue to build partnerships with other air forces to bolster international cooperation, sustain powerful, global forces for stability, and ensure access to the global commons. I want Airmen to focus on the following areas:

- Enhance our training and operational flexibility for the command and control of air and space power, creating organizations and capabilities adaptable to any Combatant Commander or Joint Task Force.
- Strengthen the Joint Force Air Component Commander (JFACC) role as the Area Air Defense Commander (AADC) for Integrated Air and Ballistic Missile Defense.
- Improve our relationship with the Navy through the Air-Sea Battle concept, enhancing our integration and cooperation in countering increasingly advanced anti-access threats.

• Seek partnerships and base access agreements to mitigate antiaccess challenges in key regions, and explore innovative means to project power when bases are threatened.

- Anticipate and plan for emergence of more sophisticated, statesponsored irregular adversaries, to include development of more tailored approaches to command and control that increase integration of the full range of air Force capabilities with ground elements.
- Enhance our ability to train, advise, assist and integrate partner air forces, institutionalize Air Advisor training, and stand up an Air Advisor Academy.
- Develop and field the Light Attack/Armed Reconnaissance Aircraft (LAAR) and Light Mobility Aircraft (LiMA) to allow training with a broader array of aviation partners.
- Build stronger international air force cooperation, interoperability, and mutual support.



Gen. Norton A. Schwartz
Air Force Chief of Staff

# Taking the 'Air Force family' to a new level

Commentary by Chaplain (Capt.) Gregory Brunson Joint Base Charleston Chaplain

# JOINT BASE CHARLESTON,

**S.C.** (AFNS) – "Someone's knocking at the door again! Is it really time to go to breakfast?"

Those words crossed my mind many times, early in the morning as I woke to find the "Air Force mafia" standing outside my room. I would quickly grab my cover and step outside into the hazy Afghanistan morning. Every morning five company grade officers would go from room to room knocking on each other's doors trying to guess who was going to breakfast and talking about who stayed up to watch the Florida State University game to the early hours of the morning.

We called ourselves the "mafia" because we were five Air Force CGO's living in a predominantly Army world. We were more than just a group of coworkers. We were more than friends. You would be more correct to call us a "family." Together we celebrated each other's birthdays and anniversaries. More importantly, we created a team, a community, a place to belong.

We didn't always share the same interests. One captain served as the Air Force

chair on an all Army morale, welfare and recreation committee. My chaplain assistant, who was an honorary sixth "mafia" member, and I joined the camp's all volunteer fire department.

Some might be surprised to find that we didn't share similar political ideas or even religious beliefs. We were a diverse group, made up of Democrats and Republicans; Jews, Roman Catholics and Protestants.

Those categories did not keep us from forming a community. They made us even stronger. We had created a culture of caring and a new way to connect with our Air Force family.

Air Mobility Command officials released a concept July 1, called Comprehensive Airman Fitness. The news release described it as a new approach and not a new program.

What I like about Comprehensive Airman Fitness is that it recognizes the need for a cultural change, a total shift in the way we think and act. We need to connect with each other and build a more resilient Air Force community that can stand up to the challenges we're facing.

Those stressors are real. High operations tempo, continued downsizing, deployments and the economy can take a toll on us. The good news is we are stronger than all of those challenges put together.

As a chaplain, I visit with Airmen who are dealing with real stress, but don't always have the resources to lean upon. They are hungry for connection. They want to be closer to their friends and family and are missing out on the greatest support system that's available. They want deeper relationships.

I admire the commanders and first sergeants who take risk and discover new ways to increase the bonds within their organization. They often try new things: adding a spin to their commander's calls, working with booster clubs to increase community, and celebrating their unit's heritage and their accomplishments.

For the Airmen who are reading this, I want to encourage you to reach out and find ways to get involved. Join a private organization like the Air Force Association, the Company Grade Officer's Council, the Air Force Sergeant's Association or the junior enlisted council. I am grateful for the friendship of five CGO's who became my adopted family. Make those connections that will last for a lifetime, beyond your Air Force career.

You will be stronger for it, more resilient.

And you know what? The Air Force will be stronger for it, too.

# THE WARRIOR

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For more information, call the Warrior office at (660) 687-6123, e-mail: warrior.whiteman@whiteman.af.mil, fax us: (660) 687-7948, or write to us at: 509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

To advertise in The Warrior, call the Sedalia Democrat at: 1-800-892-7856.

The Warrior Friday, July 30, 2010

# **News**

# NEWS BRIEFS

### **Armed Services Blood Drive**

Whiteman Air Force Base and the 442nd Fighter Wing are sponsoring a 2-day Armed Forces Blood Drive Aug. 6 from 10 a.m. to 6 p.m., and Aug. 7 from 8 a.m. to 3 p.m. at the Falcon Fitness Center. Everyone is invited to attend. Blood donations from non-Department of Defense civilians who fit the eligibility criteria and have access to an Armed Services Blood Drive will be gratefully accepted. To schedule an appointment log onto www.militarylifeforce.com.

# AAFES sales tax holiday

The Whiteman Exchange will offer an additional discount of up to 8 percent on specified items during Missouri's "Sales Tax Holiday" Aug. 6-8.

"AAFES already has a no-tax policy, so to give military shoppers added value we take an additional percentage off back-to-school items," said Becky Stover, Whiteman Exchange manager. "This time of year provides an excellent opportunity to emphasize that every day is a 'sales-tax holiday' at the exchange."

Back-to-school dates for local schools are: Knob Noster – Aug. 18 La Monte – Aug. 26 Sedalia – Aug. 26 Warrensburg – Aug. 24 Windsor – Aug. 19

# Missouri State Fair honors military

The Missouri State Fair announced its plans to honor the military and their families Aug. 15. Active duty military, veterans and delayed recruits will receive free admission and the cost for their dependants is \$1. For more information, log on to www.mostatefair.com.

# Whiteman Inn

The Whiteman Inn is dedicated to providing customers the best accommodations and service possible. All guests are welcome to enjoy the newly upgraded complimentary coffee and cappuccino bar, which includes a variety of flavors. In addition, all rooms have free cable television and wireless Internet. Whiteman Inn is open 24 hours a day. All active duty, retired, Reserve and Guard members and DoD civilians, including family members of authorized personnel, are eligible for space-A lodging reservations throughout the military. Reservations can be made up to 120 days in advance, space permitting. Call (660) 687-1844 to make a reservation, or for more information on lodging at any Air Force base, call 1-888-AFLODGE (235-63

# School Liaison Officer

Team Whiteman welcomes Chi Anne McGrew as the new School Liaison Officer for Whiteman AFB. She is available to assist military families with questions or issues in regards to Kindergarten through 12th grade schooling options. In addition, the SLO works to develop partnerships with the local school districts. The SLO Office is located in the Airman and Family Readiness Center, and she can be reached by calling (660) 687-7132.

# **50 Airmen Promoted in August**



**Trevor Barthel,** 509th Operations Group **Kari Farmer,** 509th Maintenance Squadron



**Seth Arneson,** 509th Aircraft Maintenance Squadron

Jeremy Giordano, 509th Civil Engineer Squadron

**Thomas Strickland,** 19th Munitions Squadron

Nicholas Johnson, 509th Security Forces Squadron

Seth Evans, 509TH AMXS

Elva Haywood, 509TH CES Angelia Meyerdirk, 509th Logistics

Readiness Squadron
Edward Stewart, 509th SFS

Samantha Allred, 509th SFS

**Demanuel Guice**, 509th LRS **Aaron Haverma**, 509th MXS

Michael Riggins, 509th Medical

Operations Squadron

Jonathan Leszewski, 509th SFS Reuben Weeks, 509th SFS Erin Hughes, 509th Medical Support Squadron Ashely Darden, 509th SFS

Ashery Datuen, 309th SFS Siu Yu Leung, 509th AMXS Cole Adams, 509th MXS Elliot Fontanet, 509th SFS Kyle Hunter, 509th MXS Sean Paul Oconnor, 509th CES

Rosa Valdes, 509th AMXS Zachary Wirfs, 509th Communications Squadron

# STAFF SERGEANTS

Gweneth Beard, 509th MXS Nicole Dudas, 509th MUNS Yuki Freeman, 509th LRS James Greuel, 509th SFS Katherine Humpal, 509th SFS Amanda Lambert, 509th CS Michael Marsh, 509th OG Stephen Mc Mullen, 509th AMXS Michael Miranda, 509th LRS Levander Monroe, 509th AMXS James Nelson, 509th CS Heath Peck, 509th LRS Robert Ragsdale, 509th SFS Kevin Rucker, 509th Force Support Squadron Broch Travis, 509th OG



**TECHNICAL SERGEANTS** 

William Kanoy, Det 440 John Karg, 509th LRS Terry Slig, 509th MXS



# MASTER SERGEANTS

Brad Barnes, 509TH CES Terry Grisso, 509th AMXS James Maguire, 509th AMXS Michael Mugler, 509th SFS Dewayne Reeves, 509th CES Erin Sentelle, 509th Comptroller Squadron



Erik Dupree, 509th SFS

# "Don't Ask, Don't Tell" survey a must to let Airmen viewpoints be known

**By Tech. Sgt. Phyllis Hanson**Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) – "Your opinion matters" is the view of Air Force officials on the "Don't Ask, Don't Tell" survey released July 7 to more than 98,000 randomly selected active-duty Air Force, Air National Guard and Air Force Reserve members.

Selected Airmen have received an e-mail with the survey from Westat, a third-party contractor, on behalf of the Department of Defense. Westat is a professional, independent pollster collecting and analyzing the data.

The confidential survey is not a referendum on whether or not to repeal the law, said Lt. Gen. Richard Y. Newton III, the deputy chief of staff for manpower and personnel.

"Rather, it's designed to assist leadership in assessing the impacts, if any, that the repeal of "Don't Ask, Don't Tell" might have on military readiness, military effectiveness, unit cohesion, and recruiting and retention," he said.

Airmen who receive the survey are encouraged to complete it because their inputs are critical for enabling DOD officials, and ultimately Air Force officials, to effectively implement policy changes, should Congress decide to repeal "Don't Ask, Don't Tell." Officials hope to have most of the responses back within 45 days of receipt.

The survey, consisting of 103 questions, should take no more than 30 minutes to complete, and personally identifiable information will not be linked or attached to an individual's answers. The survey does not ask questions about sexual orientation.

Some Airmen who receive the survey link by e-mail may mistakenly view it as "spam" since it originates from an e-mail address with a ".org" extension instead of a ".mil" or ".gov" extension.

"We want to assure Airmen who are randomly selected to complete the survey, that it's a legitimate request, and shouldn't be deleted," General Newton said. Reminder notices with instructions on accessing the survey will be periodically sent throughout the survey period.

Airmen who do not receive the survey can still share their thoughts concerning potential repeal of "Don't Ask, Don't Tell" through the online



inbox at www.defense.gov/dadt, an Internet site accessible to common access card holders through www.af.mil or the Air Force Portal.

The online inbox allows servicemembers and their families to submit issues anonymously to the intra-department, inter-service working group, led by Army Gen. Carter F. Ham, the commander of U.S. Army Europe, and Jeh Johnson, the Pentagon's top lawyer.

If Airmen wish to engage in more frank and candid discussions regarding their personal experiences in the military and how they might be affected by repeal of "Don't Ask, Don't Tell," a confidential communication mechanism has been developed to facilitate confidential online dialogue with trained moderators from Westat. This mechanism can be accessed in two ways: through a link at the end of the survey or at the end of the online inbox submission.

In total, almost 400,000 servicemembers have been asked to complete the survey. Their responses, along with feedback from the online inbox and confidential communication mechanism, will give the working group a baseline of information that best represents the military's 2.2 million servicemembers and their families.

The DOD working group will provide a report to the secretary of Defense no later than Dec. 1 addressing issues, impacts and an implementation plan associated with a repeal of the law, should it occur.

# Volunteer opportunities await Whiteman Youth

509th Bomb Wing Public Affairs

High School age sons or daughters of active-duty Air Force members who are interested in learning new job skills before they go into the "real world" are encouraged to take part in the Youth Employment Skills Program.

The Air Force-wide program offers participants the opportunity to connect with their community by volunteering up to 250 hours over the course of their high school career. Students can earn up to \$1,000 toward college or vocational-technical school by participating.

'It's an amazing opportunity for teens," said Kimberly O'Brien, teen coordinator for youth programs here. "It teaches teens life skills such as discipline, responsibility and job opportunities."

Additionally, for every hour volunteered, \$2 will go to base youth programs to support recreational improvements, computer labs and other programs.

"It's a cool program," said Nickolas Crider, a volunteer at Outdoor Rec, son of Dianne and Master Sgt. William Crider, 509th Maintenance Squadron. "In the little time I've been here, it's taught me that not everything comes easy. It's a great way to use your time productively.'

Ms. O'Brien said teens are able to volunteer in most base facilities. The most popular ones so far have been the Youth Center and Outdoor Recreation Center.

Most bases have the YES program, and hours accomplished volunteering can be transferred from base-to-base.

For more information about the YES program, contact Whiteman Youth Programs at (660) 687-5586.



Marissa Bierman, Knob Noster High School, volunteers at the Whiteman Youth Center as part of the Youth Employment Skills program, Monday. The YES program allows students to earn up to \$1000 toward college or vocational-technical schools.





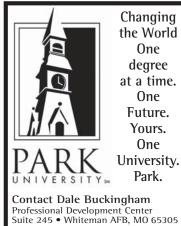


Lucien and Sheranda Hunter, Owners 7 NE J. Hwy. ~ Knob Noster 660-563-5471

Clutches

Mon.-Fri. 7 am-6 pm • Sat. 8 am-3 pm

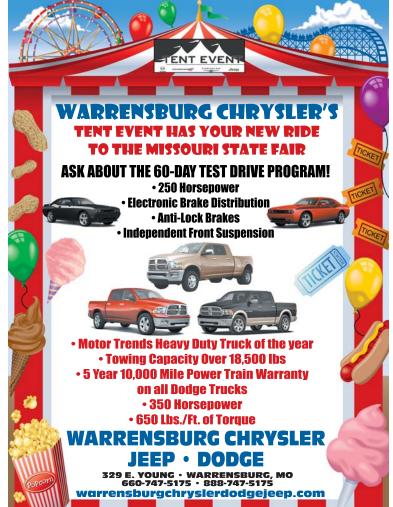




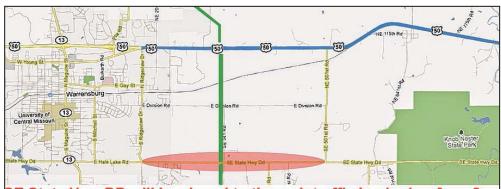
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5 The Warrior Friday, July 30, 2010 News



SE State Hwy DD will be closed to through traffic beginning Aug. 2.

Commuters must use alternate routes to travel between Warrensburg and Knob Noster.

Once completed, the new road will allow commercial vehicles to bypass the in-town traffic in Warrensburg.

# Improved physical training uniform sized for both sexes

By Brad Jessmer Air Force Uniform Office

# WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) –

The new, improved physical training uniform, or IPTU, has seen many improvements from the current PTU and sizing also has improved for both sexes.

"We have received much feed-back from the field," said Maj. Eric Habersberger, the deputy chief of the Air Force Uniform Office. "We have made a strong effort to meet needs and ensure our Airmen have a comfortable, durable and well-fitting uniform. Sizing is aligned closer to commercial, off-the-shelf sizing, unlike the current PTU."

To accommodate both men and women, new sizes of PTU shorts range from extra small to extra, extra large. They are made in a boxer style out of 100 percent polyester with a full-fitting anti-odor treated liner. The trunk inseam has been lengthened approximately one inch and side seam pockets have been added with closures. The waist elastic has been relaxed and also fitted with a barrel-lock drawstring for adjustable comfort.

The T-shirt is now available in a 100 percent polyester long sleeve and poly/cotton blend short sleeve. Both shirts contain a moisture management system that disperses moisture. The new polyester/cotton T-shirt also includes an anti-odor coating.

The running suit now has a "loose fit" for both men and women that allows more comfort and flexibility, while avoiding a baggy appearance. Both the pants and jacket contain a white 100 percent polyester minimesh anti-odor liner that disperses moisture and minimizes odor.

Sizes now available for the running pants range from XX-Small to



XX-Large, with different lengths available in X-Short, Short, Regular, Long and X-Long for each size. The pants retain an elastic waistband that is relaxed for a comfortable fit with a barrel lock waist drawstring for adjustable tension. Pant pockets now have a Velcro closure. Each pant leg has a more relaxed elastic band and side zipper at the ankle to make it easier to dress over shoes.

The running jacket is available in sizes from XX-Small to XX-Large, with length variants of X-Short, Short, Regular and Long for each size. The hood has been removed as well as the arm vents, due to the breathability of the fabric. The two-inch reflective "V" has been upgraded to aid in greater visibility

According to AFUO officials, by following label care instructions, each IPTU item is designed to retain its moisture management and reflectivity capabilities when laundered at home.

The complete IPTU is an optional uniform authorized for wear. According to a policy letter issued Oct. 28, 2009, by officials at Headquarters Air Force Manpower and Personnel (A1), even though the IPTU is made to be identical to the

current PTU, components of the running suits are not to be mixed.

IPTU availability is based on several factors including duty location. Shipments to deployed locations will take priority, followed by Pacific and European theaters. Worldwide rollout of the IPTU trunks will be available through Army Air Force Exchange Service starting in late August, while the running suit will be available sometime late September. The IPTU T-shirt release date is still to be determined. According to AAFES officials, the IPTU will be in short supply at first. But once all military clothing stores have received shipments, the IPTU will be available via Internet purchase worldwide around October.

The current PTU, not the IPTU, is being issued to Airmen at basic military training.

For locations receiving Air Force clothing from Army stores, availability will be limited. However, IPTUs will be available through special order at the servicing military clothing store.

For questions regarding any uniform item, please visit the Air Force uniform website at http://www.afpc.randolph.af.mil/dress/index.asp.

# TRICARE Coverage for College Students

By Tyler Patterson

TriWest Healthcare Alliance

When children graduate high school and begin college courses, many may wonder how their TRICARE medical coverage is affected.

Using the following steps, continuing a dependant's coverage while at college can be easy and seamless.

# 1) Maintain Eligibility

An up-to-date record in the Defense Enrollment Eligibility Reporting System is key to a child remaining eligible and avoiding unnecessary out-of-pocket costs and claims issues. Visit www.tricare.mil/deers to learn how to update addresses and other important information.

As long as children are enrolled as full-time college students and parents supply more than 50 percent of their income, they will remain TRICARE-eligible until age 23 or until they graduate, whichever comes first.

Parents should be aware that eligibility for TRICARE does not automatically continue; no matter which TRICARE plan is used, the servicemember must submit the proper paperwork to DEERS before their child turns 21 to continue coverage until age 23.

Children should also have a valid uniformed service ID card.

### 2) Check Availability

If a child moves away from home, the TRICARE program they were under may not be available in their new location.

Students enrolled in TRICARE Prime should use their benefits in TRICARE Prime Service Areas, usually near a military clinic. In the TRICARE West Region, you can confirm TRICARE Prime availability by checking "Prime Eligibility" in TriWest's Military Clinic Locator (www.triwest.com/locator). Students can transfer their Prime enrollment to the new location or start a new Prime enrollment there, and will access their care through a local primary care manager.

If Prime is not available, students can still access care through TRICARE-authorized providers using TRICARE Standard and Extra. There is no enrollment requirement to use TRICARE Standard and Extra. However, if your children previously had Prime coverage, they will have to disenroll from Prime. Disenrollment forms can be found at www.triwest.com.

# 3) Split Enrollment: Don't Pay Two Enrollment Fees

For retiree TRICARE Prime families, when a child attends college in a different TRICARE region, there won't be two enrollment fees. TRICARE allows retirees to "split" the enrollment and only pay one family enrollment fee. Retirees must contact the TRICARE contractor in their region and in their child's region to set-up split enrollment. To find regional contact information for TRICARE contractors, go to www.tricare.mil/contactus.

# 4) Plan for Vacations

If a child travels or returns home, TRICARE coverage follows. Prime students will have to coordinate non-emergency care with their PCM. For trips back home to the family's region more than 30 days, temporarily transfer enrollment to the new regional contractor. Students traveling outside of their region with Standard and Extra coverage don't need to transfer enrollment, but will still be responsible for their deductibles and cost-shares. Complete and file any claim paperwork with the region where the student lives.

# Impact of Health Care Reform

Parents of college students are likely very interested in how the new Health Care Reform Act will impact their college-age children. Current age limits (21, or 23 if the dependent is a full-time student) are set by statute, therefore separate legislation would be required to change them. Legislation to extend TRICARE benefits to dependents up to age 26 is still pending, therefore the benefit remains unchanged at this time.

# Need more info?

Visit www.triwest.com/beneficiary and click the "Life Changing Events" link for more details, including pharmacy and dental coverage for college students. Rules for maintaining coverage while attending school overseas may be different. Visit www.tricare.mil/overseas for more information.

# Airman's ingenuity prevents short circuit

### By Heidi Hunt

509th Bomb Wing Public Affairs

Cutting costs and saving money is at the forefront of many organizations' agendas. The law of supply and demand plays a major factor in the price of equipment; finding alternatives to scarce and pricey items is considered a significant win.

Staff Sgt. Donnecha Blackmon, 509th Maintenance Group Air Force Repair Enhancement Program lead circuit card repair technician, is one Airman whose work is nearly immeasurable to the wing according to Col. Matthew Kmon, 509th MXG commander.

Because of her industrial standard training, Sergeant Blackmon was able to successfully repair a non-procured A1



Photos by Tech. Sgt. Charles D. Larkin Sr.

on in stock units only plus dealer administration fee. Expires Aug. 31, 2010

Staff Sgt. Donnecha Blackmon, 509th Maintenance Group, Air Force Repair Enhancement Program lead circuit card repair technician, practices on a training circuit card, July 21. Sergeant Stewart recently repaired an interface card and saved the Air Force \$370,000 allowing uninterrupted avionics interface testing.

interface card for the 509th MXS avionics test station and avoided a cost of \$370,000 for the next available assembly.

"Her efforts were vital in repairing one of three test stations in Air Force inventory and allowed the uninterrupted local repair capability and operational test of the actuator remote terminal, one of the heaviest demanded parts on the B-2," said Chief Master Sgt. Sam Hook, 509th MXG superintendent.

Sergeant Blackmon's former experience in back shop as a B-2 avionics technician has allowed her to identify the importance of the test equipment's value to the Air Force.

Sergeant Blackmon will say she was just doing her job, but she enjoys doing what she does and working with the best people in the Air Force

"Sergeant Blackmon aggressively pursues AFREP's mission and pushes her technicians to do the same," said Senior Master Sgt. Richi Buford, 509th MXG quality assurance chief inspector. "She takes pride in her quality of work and ensures others are meeting required standards. Additionally, she accepts challenges others shy away from and is truly a valuable member of Team Whiteman and the U.S. Air Force."

Sergeant Blackmon said her work is meticulous thus important to her.

"My job also allows me to uphold the integrity of the parts going into the B-2," she said. "I am overjoyed to know I helped the Air Force save money which can conceivably go towards the improvement of other Airman's workspace, equipment, and quality of life."

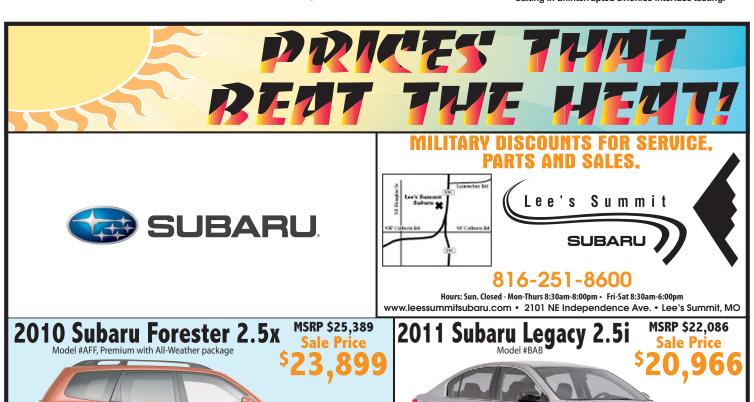
The squadron's leadership finds it easy to sing Sergeant Blackmon's praise.

"I couldn't be more proud of a troop that goes through industry standard training, takes those skills, seasons them with a can-do attitude and repairs assets that are critical to the B-2 mission," Colonel Kmon said. "Her enthusiasm, her professionalism and her ability to turn knowledge into results is the gold standard for all of us."



Staff Sgt. Donnecha Blackmon, 509th Maintenance Group, Air Force Repair Enhancement Program lead circuit card repair technician, views a training circuit card through a microscope, July 21. Sergeant Stewart recently repaired an interface card for the 509th Maintenance Squadron resulting in uninterrupted avionics interface testing.

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**7** The Warrior Friday, July 30, 2010

# **Feature**

# Ambulance Services: First response in emergency care

**By Airman 1st Class Cody H. Ramirez** 509th Bomb Wing Public Affairs

he emergency medical team rushes to the ambulance after receiving a dispatch call reporting a middle-aged man having chest pains. The two medical professionals, an Independent Duty Medical Technician and an Emergency Medical Technician driver, crank-up the eight-cylinder diesel and blaze the sirens. Within the next few minutes, they will be on-scene providing the best health care possible.

A call to the 509th Medical Operations Squadron ambulance service could make the difference between life and death for a member of Team Whiteman.

The nine Airmen who make up the ambulance service team, cycle shifts of 24-hours on and 48-hours off, providing endless medical support for scheduled events such as official ceremonies and exercises to unplanned events such as in-flight emergencies and emergency calls.

According to Senior Airman Jacob Rosko, 509th Medical Operations Squadron ambulance service technician, the team receives anywhere from one to three calls on average per shift. Calls ranging from cardiac arrest to sports injuries keep the team busy throughout the day; however, before they respond to calls, the team starts the day off with a routine inspection of their equipment and ambulance, ensuring that when they receive their first call, they're equipped to handle any type of medical emergency.

Senior Airman Christopher Lopez, 509th Medical Operations Squadron ambulance service technician said EMTs typically go through three stages throughout the span of a call. Time could be the crucial difference between life and death, so the team has an under six-minute response-time goal for all calls they receive.

"The first stage, when we first receive the call, is when

we anticipate what to expect when we arrive on-scene and brainstorm how to best access the situation," said Airman Lopez. "You also ask yourself; how fast can I get there? My biggest fear is not being able to find the patient."

The second phase is what takes place while the team is on-scene.

"The amount of training and preparation we do pays-off during the second phase," Airman Lopez said. "We know how to sustain, if not more, the patient until they are safely transported to an emergency room."

["Once we transport the patient,] we reflect on how well the call went," said Airman Lopez, referring to the third phase. "We see what could have done differently and how to improve our performance."

During the team's downtime, Airman Rosko said they have additional duties to accomplish and assist other 509th MDOS staff when needed.

"If the clinic is undermanned, we can assist them in a number of things like immunizations since a lot of us are trained back-up technicians," he said. "Some EMTs are also independent duty medical technicians, so they have a list of medical jobs to continue to train and certify on while maintaining the ambulance service."

Team members are also certified CPR and SABC instructors and train firefighters on ambulance use.

"We constantly train to prepare for any situation," said Airman Rosko. "One day there could be an explosion with dozens injured, and I would be right there doing everything I could to help. Other days I could be filing papers.

"You have jobs where you go in knowing exactly what is going to happen throughout the day ... and then you have my job," he added. "What makes my job great is the fact that it's different every day."

"It's a good feeling ... knowing that we're here to care for more than 3,000 lives," said Airman Rosko.



Photo by Airman 1st Class Cody H. Ramirez

Senior Airman Jacob Rosko, 509th Medical Operations Squadron ambulance service technician, trains Airman 1st Class Matthew Mendoza, 509th Medical Squadron ambulance service technician, on the morning ambulance checklist July 27. The team checks all equipment at the start of every shift.

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- · Bench Press/Deadlift Competitions 12 p.m. VIP Tent
- . Amateur Talent Show 12 p.m.
- . Jimmy John's Sub Eating Contest 6 p.m.
- · Concert: Katharine McPhee and Bomshel 7:30 p.m.
- . Cowboy Mounted Shooting 6:30 p.m.
- · Katharine McPhee and Bomshell Concert 7:30 p.m. Pepsi Grandstand

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# Sedalia Activities:

- . 10 am and 3 pm Mayor Welcome
- . 10 am & 2 pm Can-Can Dancers by the Sedalia Ballet School, Melvin Kerr & Community Choir Spiritual Music
- · 4 pm Richard De Ford Patriotic Vocalist
- . Wagon Train Rowdy Days Rowdy Nights exhibit of the history of the cattle drives
- · Strolling Characters from Sedalia's history: Mr. & Mrs. George Smith, Sweet Adelin's, Sweet Touch Quartet, John Bothwell, Sarah Cotton, Women Suffrage lineup picketing
- · Craft and Activities throughout the day, Children's Games

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# ASSUIRIE



Airman 1st Class Joseph Robin, 509th Security Forces, stands guard in front of a C-17 during a Nuclear Surety Inspection, Jul. 18.



Photo by Senior Arman Carlin Lesile (Abowe) Firefighters report to the decontamination area during an inspection here, July 18. (Right) Airman 1st Class Joshua Zifzal, 508th Civil Engineer Squadron explosive ordnance disposal, checks chemical contamination levels, finding a clear path to the exercise incident.





(Above) Senior Alman Shane Savage, 509th Civil Engineer Squadron Fire Department, operates the controls on a fire engine during a simulated vehicle fire, Jul. 16. Alman Savage provided updrase on the situation via radio communication during the simulated truck fire.



Photo by Tech. 5gt. Charles Larkin species Squadron monitor a 380° view during a Nuclear Surely Inspection, Jul. 17. The 509th SFS Airmen responded to multiple security simulations designed to test response times and procedures.



Staff Sgt. Bryan Bereza and Senior Alman Jason Pattyson, 509th Civil Engineer Squadron Flie Department, spray water into the engine compartment of a simulated vehicle fire, July 18. Sergeant Bereza and Alman Pattyson were evaluated on their ability to safety respond and extinguish the



# **Feature**

# Sifting through the sludge creates clean solutions

By Heidi Hunt

509th Bomb Wing Public Affairs

The impact of the gulf coast oil crisis has shown us the harmful realties when dangerous chemicals are released into the environment. In an effort to reduce pollution, Team Whiteman's is doing its part to decrease its environmental foot print.

To ensure water is up to the Missouri Department of Natural Resources standards and to guarantee Team Whiteman releases safe and quality water in to the earth, the 509th Civil Engineer Squadron Wastewater Treatment Plant works around-the-clock to treat all sanitary industrial wastewater generated on-base.

"Wherever you have people who live and work, you will have the need for water, in turn the need for proper treatment and disposal," said Paul Tracy, 509th CES plant foreman. "Our mission is to provide safe treatment of generated wastewater."

This industrial maze begins when wastewater enters the plant through a collection system encompassing more than 58 miles of sanitary and industrial sewer lines throughout the base. The wastewater can also be transferred from areas of low elevations, by one of its 40 wastewater pumping stations before actually entering the wastewater treatment plant.

It then makes its way through a cleaning process of primary settling clarifiers, trickling filters, final settling clarifiers and then through a tertiary treatment process that produces clean water to be returned to the environment.

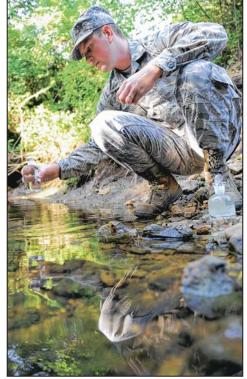
"Each phase of the process plays a significant role to ensure quality control," said Mr. Tracy. "Every effort is made to ensure the water released back into the environment is the cleanest and highest quality. In addition to meeting the MoDNR standards, we work to provide the best customer service by providing the best treatment possible."

The final process is complete the water goes to the lab for additional testing.

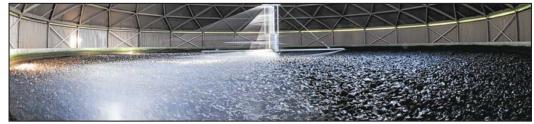
"We test the wastewater to determine if the plant meets and exceeds the reductions for total suspended solids, biochemical oxygen demand and chemical oxygen demand," said Scott Lewellyn, 509th CE specialist. "From these analyses, our plant averages a 96 percent removal efficiency which is well above the 85 percent that the state

According to Mr. Tracy, the team works hard to improve its mission and have recently installed ultraviolet light disinfection system that will give the facility the capability to disinfect the wastewater, by removing any remaining harmful bacteria in the wastewater.

"Once this system is finalized and approved through the MoDNR we will be able to meet any new regulations concerning disinfection of treated wastewater that the state imposes on treatment facilities," Mr. Tracy said. "Overall, we take many intricate steps to ensuring the water quality released is at the highest standards."



Photos by Senior Airman Carlin Leslie Airman First Class Barry Hochderffer, 509th Civil Engineer Squadron, draws a sample downstream from the treatment plant, July 22. This sample is the most crucial in the whole treatment process, measuring Whiteman's footprint on the local environment.



The clarity filter allows sludge to settle to the bottom of the tank while the clear water trickles out the sides and on to the next process





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# **Feature**

# FTAC transitions Airmen to the mission

By Airman 1st Class Torey Griffith 509th Bomb Wing Public Affairs

enry David Thoreau said, "things do not change; we change." The transition from the civilian lifestyle to the military lifestyle is one of the most drastic transformations a person could make in his or her life. One program, however, aims to transition Airmen to their first duty assignment efficiently, while setting the standards and expectations for acheiving success in the military.

The First Term Airman Center program, founded in 1977 by Chief Master Sgt. Kevin Estrem, is a two-week class designed to transition new Airmen from a technical school environment to the 'functional' Air Force.

"These airmen have been through intense training at basic and tech school, and now it is time for them to understand what their Air Force career has to offer," said Tech Sgt. Mark Whalen, FTAC team leader. "They receive more than 36 briefings at FTAC to show them all the benefits they can get from the military and from Whiteman Air Force Base."

Ancillary training and briefings, ranging from financial planning to sexual assault awareness training, arm new Airmen with the information needed to build a successful career.

"When the Airmen return to their units, they should not have to leave to

accomplish any ancillary training," said Tech. Sgt. Felicia Haecker, NCO in charge of FTAC. "The Airmen and their supervisors are able to concentrate on their Career Development Course and on-the-job training."

Sergeant Haecker sees the Airmen as potential future leaders of the Air Force, rather than nuisances or objects of ridicule.

"My favorite part of FTAC is getting to know the Airman, who they are and why they're here," she said. "These are an amazing group of individuals, who I feel don't get enough credit often times from those of us who have been in for a while."

"I love looking in their eyes and seeing that fire for the Air Force burning brightly," Sergeant Haecker said. "As an NCO, I feel that it's my job to keep that fire burning and keep them motivated."

But it's not all puppy dogs and lollipops. Sergeants Whalen and Haecker demand punctuality, proper customs and courtesies, and above all, professionalism.

"We have to be tough, but at the same time we have to be human and think back to how we felt as Airmen," Sergeant Haecker said. "I felt insignificant as a new Airman, and had the 'I am only an Airman' attitude. A great NCO helped me change that. I see that quite often here and have made it my personal mission to try and change that. Every person is important and we as NCOs need to make the Airman feel that way."



Photos by Airman 1st Class Torey Griffith

Airman 1st Class Nathan Van Avery, 509th Aircraft Maintenance Squadron Low Observable technician, and John W. Lane play a round of Bingo at the Missouri Veteran's Home, July 19. Airman Van Avery and several other Airmen from his First Term Airman's Center class volunteered to play after a tour of the facility.



Airman 1st Class Matt Bushek, 509th Security Forces Squadron, and William Eckinger play a round of Bingo at the Missouri Veteran's Home in Warrensburg, Mo., July 19. Airman Bushek and classmates from the First Term Airman Center visited the home to blend the values of America's greatest generation with the innovation and vigor of the Air Force's newest members



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# **BCC links Airmen to surrounding communities**

### By Heidi Hunt

509th Bomb Wing Public Affairs

Editor's note: This is the first of a series highlighting the BCC featured communities.

Henry Ford once said "Coming together is a beginning, keeping together is progress, and working together is success.'

For more than 20 years, Whiteman AFB has been building and maintaining relationships within 18 surrounding communities through a community relations program called the Base Community Council.

"This council consists of representatives from the local area and is chartered to support Whiteman personnel," said Jesse Kellock, BCC president. "Working alongside the military is a wonderful opportunity for civilian BCC members to work towards mutual interest."

The benefit goes both ways.

A squadron from the 509th Bomb Wing is assigned a community to get Airmen involved in local organizations and work with community members on various projects and events.

The BCC is comprised of the citizens of Whiteman AFB, the cities California, Clinton, Cole Camp, Columbia, Concordia, Higginsville, Holden, Jefferson City, Kansas City, Knob Noster, La Monte, Lexington, Lincoln, Marshall, Sedalia, Warrensburg, Warsaw and Windsor.

BCC luncheons are hosted by one or more communities and are scheduled the first Thursday of each month. The next BCC is Aug. 5 and the featured communities will be Lincoln, Mo., Warrensburg, Mo. and Windsor, Mo.

### Lincoln, Mo.

Lincoln is a small community near Highway 65, just north of Lake of the Ozarks and Truman Reservoir. Lincoln offers small town living with great schools and all the peace and quiet that comes with rural communities.

"With Lake of the Ozarks and Truman Reservoir so close,



Members of the Veterans of Foreign Wars 2591 march in the community parade. Lincoln is a small community near Highway 65, just north of Lake of the Ozarks and Truman Reservoir. Located in Benton County, it could easily be described as "The Front Door to the Twin Lakes Area of Lake of the Ozarks and Truman Lake".

you will find great access to hunting, fishing and many other "on the water" activities," said Glen Nelson, BCC representative.

The 509th Medical Support Squadron and Lincoln support

For more information log on to www.lincolnmissouri.com. Warrensburg, Mo.

Warrensburg reflects diversity in the American lifestyle and is a historic hometown community. Warrensburg is home to the University of Central Missouri, Warrensburg Tigers and Old Drum.

"Warrensburg is a wonderful place to live as it offers so many things including affordable housing, four unique seasons, beautiful countryside, great school district and small town living yet close to Kansas City," said Rachel Martin, BCC representative.

"You will find a perfect blend of small-town friendliness and big-city culture as we combine the amenities of the constant churn of personnel from nearby Whiteman coupled with the consistent and every growing business community to make a community that serves as a melting pot for all," said Tammy Long, president of Warrensburg Chamber of Commerce.

The 393rd Bomb Squadron and Warrensburg support one

"The vast majority of our personnel live in Warrensburg making it the ideal sister community for our squadron," said Lt. Col. Sam White, 393rd BS commander. "We've been stationed here twice and the level of support from the Warrensburg community has been nothing short of outstanding. Specifically, the bonds forged through the Military Affairs Council have allowed local leadership better insight on Whiteman AFB activities and have also enabled base personnel to be more in tune with com-

For more information log on to www.visitwarrensburg.org Windsor, Mo.

Windsor is located in West Central Missouri, at the intersection of five state highways, on the Katy Trail, a 200 mile hiking and biking trail, and near Truman Lake, one of the Show-Me State's largest fishing and recreational lakes.

The 509th Maintenance Operation Squadron and Windsor support one another.

"The community support we receive from Windsor is exceptional - it makes a difference having someone like Mr Jesse Kellock fully engaged in supporting the B-2 and Whiteman missions" said Lt. Col. Matthew Snyder, 509th MOS commander.

Kellock, Windsor resident said it is the chosen home of more than 100 servicemembers families

"We welcome all military to join us in the quiet and friendly community," Kellock said. "Windsor is very proud of the Farrington Park and Lake and attracts many people from the surrounding communities."

For more information log on to www.windsormo.org.

Military members are free to join the BCC. Civilians wanting to know more about membership fees can contact the BCC treasurer, Patty Sellers at (660) 563-3011.



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# **Sports and Leisure**

# This Week at the Movies

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**Saturday**July 30, 2010 - 4 p.m. **TOY STORY 3** 

Tom Hanks, Tim Allen

Woody and Buzz have accepted that their owner Andy would grow up someday, but what happens when that day arrives? In the third installment, Andy is preparing to depart for college, leaving his loyal toys troubled about their uncertain future. Rated G - 103 min

# Saturday

July 30, 2010 - 7 p.m.

# THE A-TEAM

Liam Neeson, Bradley Cooper

A group of Iraq War veterans looks to clear their name with the U.S. military, who suspect the four men of committing a crime for which they were framed. Rated PG-13 (intense sequences of action and violence throughout, language and smoking) 117 min

# Warrior Weekly Caption Contest

The Idea is simple. Each week, Whiteman Warrior readers will have a new photo that needs a caption. Readers of the Whiteman Warrior will then have a chance to submit their idea of the most fitting photo caption. The caption can be funny, cute, endearing, etc., as long as it is not disrespectful, profane or offensive.

Caption submissions for

"Don't be foolish Mr.

Bond, we have ways of making you talk."

**Staff Sgt. Erik Nielsen,** - 509th Bomb Wing.

lot more than it will hurt me," Capt. Carl

Operations Squadron.

Winner:

Runner-up:
"This will hurt you a

Bhend, -509th Medical this week are due no later than noon on Wednesday, and should be sent to whiteman.warrior@ whiteman.af.mil with "Caption Contest" in the subject line.

Readers can submit more than one caption.

When submitting captions, readers should include rank, first and last name, and unit with their entries. Civilian participants, please submit first and last name.

# Last Week's Photo



This Week's Photo







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The Warrior Friday, July 30, 2010

# FSS — Keeping You Connected

# **FOOD & ENTERTAINMENT**

### Pottery Class Deadline ~ Arts & Crafts

Sign up by noon today to attend this three session beginning and intermediate class scheduled August 3, 10 & 17, 6-8 p.m. Cost is \$40, supplies included, Call 687-5691.

# Family Bowling ~ Noon-4 p.m. ~ Stars & Strikes

Gather your family every Saturday for family bowling! One hour bowling, shoe rental, a large 1-topping pizza and a pitcher of soda, all for the low price of \$20. There can be up to six people on a lane during the Family Bowl. Call 687-5114 for more information.

# Family Day ~ 2-6 p.m. ~ Royal Oaks Golf Course

Bring the family to the golf course every Sunday. Cost is \$30 for a family of four (two adults/two children). Price includes two carts, green fees for nine holes plus a hot dog and fountain drink. Max occupancy per cart is two. Call 687-5572 for tee times.

Member's Lunch ~ 11 a.m.-1 p.m. ~ Mission's End Club members can enjoy a lunch for just \$3.

# Pomme de Terre Trip Deadline ~ Outdoor Rec

Today is the last day to sign up for the Pomme de Terre canoe trip scheduled August 7, 8 a.m-5 p.m. Cost is \$17. Children under 10 are free. Call 687-5565 for more details.

# Club Coin Special ~ Mission's End

Enjoy a delicious drink at the Club. This month's special: New Orleans Hurricane. A mixture of ice, light rum, passion fruit syrup, carbonated lemon-lime beverage, lime juice and Bacardi 151 rum. Cost is \$2.50 a

### WEDNESDAY 8/4

### Stain Glass Class Deadline ~ Arts & Crafts

Sign up by noon each week to attend a six week, open enrollment stain glass class scheduled every Thursday in August from 5:30-8:30 p.m. Cost is \$95, supplies included. Call 687-5691 to reserve a spot today!

# Wed Color Pin Bowling ~ 9 a.m.-3 p.m. ~ Stars & Strikes

Enjoy the hot Summer months indoors at Stars & Strikes! Strike with the color pin as the head pin to win a free game! Normal bowling rates apply.

# Boss & Buddy Night ~ 4-7 p.m. ~ Mission's End

Bring your boss and/or buddy over for wings, brews and bingo; 20-cent member wings; 35-cent nonmember/carry-out wings. Stick around for our members only bingo at 5:30 and 6:30 p.m.

# Cook's Night Off ~ 4-7 p.m. ~ Mission's End

Let us do the cooking for you! Each Wednesday you can call in your order to 687-4422 anytime before 3 p.m.; pick up between 4-7 p.m. It's that easy. A perfect meal that feeds a family of four! August's menu: beef enchiladas, black bean & corn veggie medley, Spanish salad and Sopapillas. Cost is \$15.95 for members; \$18.95 nonmembers.

# Wednesday Night Free Bowling ~ 5 p.m.-Closing ~ Stars

Receive three free games of bowling and shoe rental each time you purchase a \$5 food item. Present your receipt at the bowling counter the day of to receive your free game and shoe rental. Last chance to take advantage of free bowling is August 11.

# Pizza Pizzaz ~ 4-7 p.m. ~ Mission's End

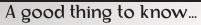
Take advantage of our pizza prices! Cost is only \$7 per large single











The Whiteman AFB Vet Clinic has a new Veterinarian!

We offer appointments two days a week for vaccines.

Contact the Vet Clinic to schedule an appointment.

Veterinary Clinic



# Start Spiart Sceer

September 1-October 6, for Ages 3-5

- Registration dates: August 1-30
- Parent meeting: August 30, 5:15 p.m.
- Youth ages 3-5 years old learn the basics of playing soccer
- Cost is \$25 or \$61 (includes kit) per child
- Choice of two Wednesday sessions: 5:15 p.m. or 6:15 p.m.
- Sign up deadline: August 30

Age and developmentally appropriate introductory soccer program. This 6-week program prepares children for organized soccer in a fun, non-threatening environment--without the threat of competition or the fear of getting hurt. Age appropriate equipment is used to teach children n this parent-child instructional program where parents assist with instructi

Throw—um aguluty

687-3199

Trapping

om under a

Dribbling

# **FCC NEWS!**

Receive training to become a licensed Family Child Care (FCC) provider on Whiteman AFB. The class is approximately one week long and runs from 8 am 4 pm. The classes are scheduled every other month. Providers with chronic health problems are accepted. The program needs providers who are willing to care for infants and children during swing and evening shifts and children with special needs. Stop by the FCC office to pick up a registration package. Registration needs to be received by the Wednesday prior to the class.

Call 687-5590 for more information about FCC programs



Force Support page editor......Cathy Sison 509th Force Support Squadron......687-4386 www.whitemanservices.com

# Youth & Teen Events

# Youth Sports Physicals ~ Youth Center

Schedule your child's sports physical today! Children are not permitted to participate in practices or games until a current physical is on file. Be ready for Fall & Winter sports by scheduling your child's physical today! Call 687-3199 for more details.

# Youth Cheerleading Camp Deadline ~ Youth Center

Youth, ages 5-12, today is the sign up deadline the three session camp scheduled August 2, 4 & 6, 5:15-7:15 each day. Cost is \$15. Camp t-shirt is optional for a fee of \$10. Call 687-3199 for more info.

### Dentokan Karate ~ 4-5 pm. ~ Youth Center

Classes are offered every Monday and Wednesday each month for youth ages 6-18. Cost is \$35 for members; \$45 nonmembers per month.

# THESDAY 8/3

# Keystone Club Meeting ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, meet to discuss leadership and community involvement. Nonmembers are welcome to join!

### **WEDNESDAY 8/4**

# Keystone Dodgeball Tournament Deadline ~Youth Center

The Keystone club is calling all families, squadrons and base-wide organizations to come out to flex their muscles on the dodgeball court to take home the top prize! Tournament is scheduled August 7, 10 a.m.-6 p.m. at the Fitness Center courts. Cost is \$10 per team of six. Open to ages 13 and up. Interested teams may sign up at the Youth Center. Deadline to register is today.

### Storytime & Craft ~ 11:30 a.m. ~ Library

Children, ages 3-5, come to the Library and listen to exciting stories and make a craft!

# Parent's Night Out/GPAB Deadline ~ Youth Center

Today is the sign up deadline for both programs at the Youth Center for ages 6-12 and CDC for ages birth to five years old. Cost is \$12 at the CDC; \$10 for members and \$12 for nonmembers at the Youth Center.

### Get SMART! ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, join the Youth Center each Thursday to play games, hang out and learn that drugs are not the answer. Cost is free.

# Youth Fall Soccer Registration ~ Youth Center

Youth, ages 5-12, sign up today for Youth Outdoor Soccer. Cost is \$35 for members; \$45 nonmembers. Children must have their physicals prior to the first practice to participate. Parent meeting and deadline to register is August 19 at 5:15 p.m. Coaches are also needed. Interested individuals and coaches should contact the Youth Center at 687-5586 for more details.



**Audition Date: August 2 Location: Youth Center Gymnasium** Time: 10 a.m. to Noon Grades: 1st through 12th Two performances scheduled August 6, 3 p.m. & 7 p.m.

# at the Community Center Ballroom

PERFORMANCE Watch Whiteman's youth in this professionally produced musical!

# **AUGUST 6**

**Location: Community Center Ballroom** Two Performances: 3 p.m. & 7 p.m. Cost: \$2 (children under 5 free)

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# Out & About

# Third-annual community Back-To-School Block Party in Knob Noster

The Knob Noster Chamber of Commerce is sponsoring the third-annual Back-To-School Block Party Aug. 13 at 6 p.m. at the corner of McPherson and State streets in Knob Noster. There will be free hamburgers, hot dogs, drinks, entertainment, games and prizes.

# **Lifeguard Certification Class**

A lifeguard certification course is available for teens who will be at least 15 years old or older by the end of the certification course. The course instructions include CPR, First Aid, AED & Lifeguard. Call (660) 687-5502 for more information. The course will be Aug. 9-13 from 8:30-11:30 a.m. and is \$85 per person. Adult Swim Lessons

Two-weeks of swim lessons for beginners or for those who are looking to perfect their technique, will be Aug. 2-5 and 9-12 from 6:15-7 p.m. The lessons are for ages 16 and older and cost is \$35. For more information call (660) 687-5502

# **Food Pantry**

The Food Pantry is located in the Airman & Family Readiness Center, Bldg. 527. If people are interested in donating food items to the pantry, there are receptacles at the Commissary, the A&FRC, and in some units. For additional information, call the A&FRC at (660) 687-7132. **WIC** 

Women, Infants and Children program is a nutrition education, health promotion and supplemental food program aimed at assisting women, infants, and children who have special nutritional needs. WIC office personnel are at the Airman and Family Readiness Center Tuesdays and Thursdays at 8:30 a.m. First-time sign-ups for WIC, should call the WIC office first for details at (660) 747-2012.



Have a Slow Pay History, Bankruptcy or Divorce?

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August 7, 2010, 2:00 pm • Wood Auditorium, UCM



Donations will be accepted to support the Charity Christian Revival Center Food Pantry in Knob Noster, MO Fashion apparel provided by the following businesses: Cato, Consignment Company, Maurice's, JC Penney, Goody's, and Stage

Sponsored by the Charity Christian Revival Center Youth Department.

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Major Tim Huang, 509th Communications Squadron commander, receives the guidon from Col. Rick Milligan, 509th Mission Support Group commander, during an assumption of command ceremony, July 28. Major Huang was previously a coalition systems branch chief for the European Command at Stuttgart, Germany.



Photo by Tech. Sgt. Charles D. Larkin Sr



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# WHITEMAN FALL SCHEDULE 2010

Classes may be cancelled or added depending on enrollment.

SESSION I (SEPTEMBER 7 - SEPTEMBER 27, 2010)

M-W Speech (EN2100)

T-Th American History (HI2050)

SESSION 2 (SEPTEMBER 28 - OCTOBER 18, 2010)

M-W English Comp I (EN1150)

T-Th Humanities (HU2100)

SESSION 3 (OCTOBER 19 - NOVEMBER 8, 2010) M-W English Comp II

SESSION 3 (OCTOBER 19 - NOVEMBER 22, 2010) T-Th College Algebra (MA2050)

 Contact:
 Facility Hours

 Sandy Mullins
 Monday
 9:00am-5:00pm

 107 S. State Street
 Tuesday
 9:00am-5:00pm

 Knob Noster, MO 65336
 Tuesday
 1:00pm-5:00pm

 660-563-2400
 Wednesday
 1:00pm-5:00pm

 smullins@national.edu
 Thursday
 9:00am-5:00pm

# www.national.edu

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1-135th Attack Battalion

131st Guard Bomb Wing



# **FREE Classified Advertising** in the Whiteman Warrior READ ALL RULES BEFORE PLACING AN AD

- 1. Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
- 2. Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to the classifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order. 3. Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
- 4. Only one free ad\*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. \*People who are PCSing may place more than one ad and sell the items at any price.

- 5. Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
- 6. Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
- 7. Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
- 8. Many offices on base are using old forms\*\*. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at http://www.whiteman.af.mil/news/index.shtml and click on "Whiteman Warrior Classified Ad Form."
- 9. Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
- 10. Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
- 11. The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
- 12. Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

Public Notices Public Notices



Garage/Yard Sales 4-PIECE BEDROOM set- \$300; \$300; PCSing garage sale, July

10th, kmzack@gmail.com, 660-530-4216, 1301 Wildflower GARAGE SALE 802 Michael

Dr., Saturday, July 31 - 1. Boy's and girl's clothes and toys. Women's Lane Bryant clothes

MULTI-FAMILY YARD SALE 951 Road, Knob Noster Friday & Saturday 8-? Beds, dressers, tables, clothes, toys. Something for all ages! Services Offered

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ences. 660-232-5230

APPLICATIONS for full time care. 6 weeks to 12 years old. Call (660)563-2424

SON\*SHINE KIDS Preschool is now enrolling for the Fall 2010 school year. Ages 3-5 by August 2010, must be completely potty trained. Call Alisha at 660-563-2429 for more information. Your message will be re-

WALNUT TREE CHILD CARE has openings for ages 6 weeks 36 months. Call (660)563-5918

Help Wanted

Help Wanted

# Patient Care Supervisor

Western Missouri Medical Center is currently seeking a Patient Care Supervisor for the 7p-7a shift. The qualified candidate is responsible for the coordination of patient services and must be a Registered Nurse with a minimum of 2 years critical care or supervisory experience.

We offer a competitive benefit package with a sign on bonus, shift differential, weekend differential and additional incentive pay for night shift, and self scheduling for flexibility. Please submit resume to:

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Misc. For Sale 135 INSTEP FOLDABLE bike trailer for sale: hardly used, in great condition- \$75 or best offer. Please call 563-3090.

sa New mattress sets: Twin \$79.99, Full \$99.99 Queen \$179.99 & King \$249.99. Queen pillow top \$249.99;. **Dutch Kountry Market**, Call 660-563-2941

10340 50 Hwy, Knob Noster

leather couch, recliner, chair-\$500: 52" HDTV- \$175: Washer & drver- \$225; Futon- \$40, Call 870-365-3543. PCSing.

Misc. For Sale

10X10X6' Dog Kennel, \$150. Dark hardwood dining room table with 4 chairs, \$200. 30 gallon fish tank with stand + many new accessories, \$300. Amish hickory post queen bed, \$150. Call 660-563-3929. sa

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Don't forget to add your e-mail address to your classified ads!

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Houses For Sale

Houses For Sale 249



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Duplexes For Rent 210 DUPLEX- 3 BEDROOM 2 baths, 1 car, \$750 per month, \$750 deposit. Call Robert @ 660-563-2470 or 660-441-1987.

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Houses For Sale 249 HUGE SINGLE FAMILY HOME.

over 2800 sq ft. High vaulted ceilings, Pergo and ceramic tile flooring, granite countertops, 4 bedrooms, 3.5 bathrooms, Finished walk-out basement, dualzoned air & heat. MLS #38667. http://hamannhomes.com. Call 660-909-4016

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LAKE OF THE OZARKS, Lots for sale. For camping, mobile home or building. Near Missouri conservation boat ramp. Country setting, utilities available. \$3950 - \$95 down, \$49 per month. Get yours before they're gone!. ALSO: 3 + acreage tracts \$10,900. Unfinished cabins starting at \$28,900, low down payment. No credit checks and immediate possession. Prices good to August 9th. Lake road 135-12, Ivy Bend between Stover and Laurie, Missouri. Call 573-372-6493. Closed Tues-

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