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# 509th BW continues Assurance, Deterrence ... 65 years later

By Airman 1st Class Torey Griffith  
509th Bomb Wing Public Affairs

Sixty-five years ago today, in the early hours of the morning, on a tiny island in the northern Mariana Island of Tinian, the sound of four B-29 engines roared to life, signaling the beginning of the nuclear age, and the end of the Second World War.

Lt. Col. Paul W. Tibbets, 509th Composite Group commander, and orchestrator of the operational aspect of the original nuclear enterprise, the Manhattan Project, eased the monstrous-flying fortress named the 'Enola Gay' into the dark sky and began the sortie that would change the world.

## Preparation:

The 509th Composite Group, born in secrecy Dec. 17, 1944, was created for the sole purpose of delivering the world's first nuclear weapon. Due to the secret nature of their mission, the group trained at Wendover, Utah, and Tinian Island, in the Pacific, ever-perfecting the performance of the crew and craft.

"What I tried to do, initially, was to train individuals – then weld the individuals into a good, cohesive team to fly this B-29 better than anybody else was flying ... that particular day," said Colonel Tibbets in an interview in 1966. "We were after perfection. I wouldn't settle for anything less than a quarter of a mile of accuracy, and I wouldn't stand for anything less than 20 seconds off on time. This became a challenge ... and you'd be surprised at the pride these boys took in being able to qualify."

The early 509ers rose to meet

these demanding standards without question. Only Colonel Tibbets and a select few over him knew of the nuclear mission.

"I kept telling [the crews] that the work they were doing, even though it might seem non-productive to them at the moment ... because their contemporaries ... were overseas fighting a war and they were still training, ... their contribution would be something that had a good strong chance of ending the war," said Colonel Tibbets. "Now, this was enough to raise their curiosity. It didn't violate any security, and it gave them something to go on."

"... with this type of a training program, I think I produced the best B-29 crews in the 20th Air Force," Colonel Tibbets said.

With a squadron of 15 specially prepared 'Silverplate' B-29s and the best-prepared crews in the Army Air Corps standing by, Colonel Tibbets received orders from the White House to bomb Hiroshima.

## The Mission:

"We got going down the runway at 2:15 a.m.," Colonel Tibbets said. "After we got the airplanes in formation, I crawled into the tunnel and went back to tell the men. I said, 'You know what we're doing today? This is an atom bomb we're dropping.' These guys were no idiots. We'd been fiddling 'round with the most peculiar-shaped things we'd ever seen."

Colonel Tibbets and navigator Maj. Thedore van Kirk put the Enola Gay over the designated target at 9:15 a.m. Bombardier, Maj. Tom Ferebee sighted his target, waiting for the perfect moment.

Colonel Tibbets said the Enola



Photo by Senior Airman Kenny Holston

**Today, the 509ers are still the cutting edge; operating America's premier stealth bomber, the B-2 Spirit, out of Whiteman AFB, Mo. The wing provides assurance to its allies and deterrence to potential enemies offering the President of the United States and combatant commanders a nearly invisible weapons platform with global reach.**

Gay lurched as the 10,000 pound bomb, nicknamed 'Little Boy,' dropped out of the bomb bay. He immediately banked the B-29, having only 40 seconds to put as much distance between the plane and the blast as he could.

In less than a minute, 4.7 square miles of Hiroshima were erased from the earth.

Tailgunner, Staff Sgt. Bob Caron watched the shock wave, which looked like a ring of vapor quickly reaching out from the blast sight, overtake the Enola Gay. According to accelerometers on board, the first shock wave rocked the Enola Gay with 2.5 Gs of force. A second, smaller wave hit a few seconds later.

Colonel Tibbets turned the plane back toward the site, to inspect their handiwork. Having been one of the few to see film of the first nuclear

test in the Trinity explosion, the first nuclear test performed in the desert of New Mexico, Colonel Tibbets said he was still amazed by the decimation.

## The Results:

President Harry S. Truman's decision to use the atomic weapons was a difficult one to reach. Germany, one of the original intended recipients of a simultaneous strike, had already folded that spring. The war in the Pacific, however, was still raging. Threats of an invasion had little effect on Japanese leaders.

President Truman was faced with adding to the millions who had lost their lives during the course of the war, or use the most powerful weapon known to mankind in hopes of ending it.

"Sixteen hours ago an American airplane dropped one bomb on Hiroshima," said the president in a

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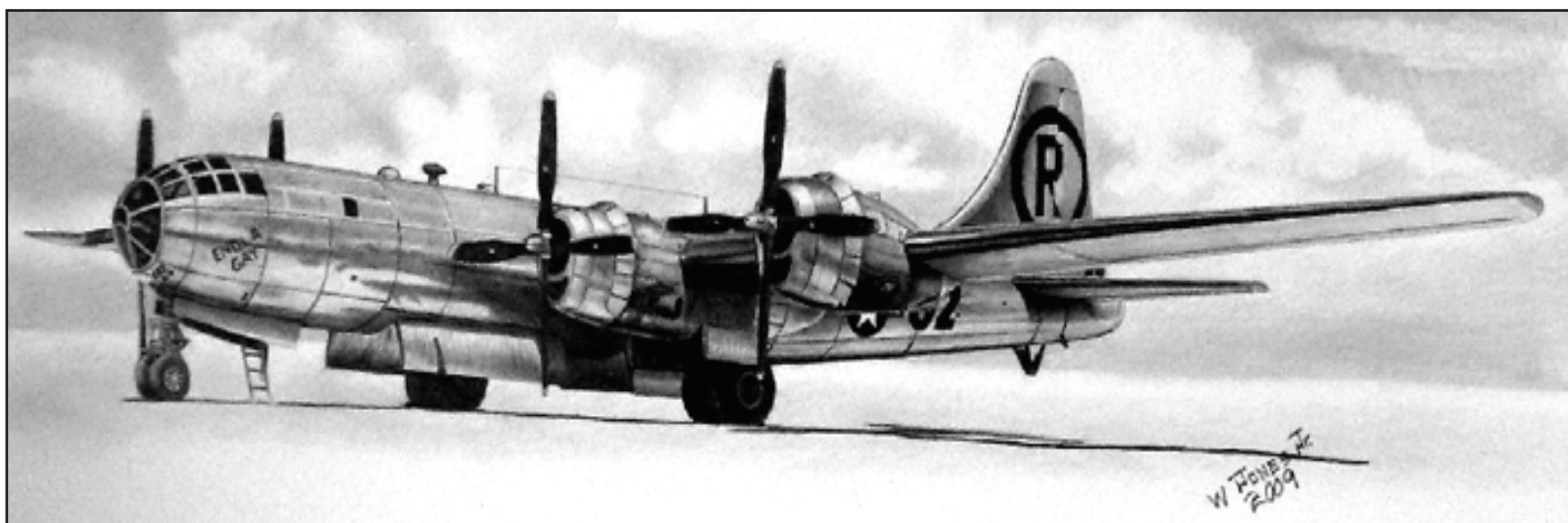
### Running clinic steps up Airmen's performance

A running clinic at the 509th Medical Operations Squadron Health and Wellness Center was recently implemented to help individuals increase their run performance both physiologically and mechanically ultimately helping Airmen better achieve the new Air Force fitness standards and for some, achieve better scores on their physical training tests.

## WEATHER

Today	Sunday
Mostly Sunny	Mostly Sunny
Hi 93	Hi 92
Lo 71	Lo 72
Saturday	Monday
Mostly Sunny	Mostly Sunny
Hi 90	Hi 90
Lo 72	Lo 70

Weather courtesy of the National Weather Service



Operating under the top secret 509th Composite Group, the B-29 "Enola Gay" dropped the first atomic bomb on Hiroshima, Japan, Aug. 6, 1945. On Aug. 9, "Bock's Car," another 509th B-29, bombed Nagasaki, eventually bringing Japan to its knees. (Illustration by Willie Jones)



# Air Force Global Strike Command to celebrate first anniversary Aug. 7

**By Lt. Gen. Frank Klotz**  
Commander of Air Force Global Strike Command

Aug. 7 marks the first anniversary of the stand-up of Air Force Global Strike Command. On that day, the Chief of Staff of the Air Force, Gen. Norton Schwartz, officially activated our Command, providing a single organization responsible for the oversight of two-thirds of the Nation's nuclear capabilities—the first completely new major command in the Air Force in 27 years.

Our Command was founded on the premise that no mission is more important than the responsibility for operating, maintaining, securing and supporting the nuclear enterprise.

Over this year it has become clear our mission is important and will endure for many years to come. Now, a year later, we can say that we've begun to make a difference in the Air Force nuclear enterprise, thanks to the impressive work that you have accomplished.

Let me just state it clearly up front: any success we have had so far helping to reinvigorate the nuclear enterprise is due almost entirely to the tireless, skilled and dedicated efforts of you, our Airmen—active-duty, Guard, Reserves, civilians and contractors.

As we move step-by-step toward



**Lt. Gen. Frank Klotz**  
Commander AFGSC

Full Operational Capability, we remain focused on our original mission: to reinvigorate and continue to strengthen the nuclear enterprise.

Still ahead, we have the opportunity to recapture our heritage, to raise the bar of performance and to ensure nuclear deterrence forces are effectively maintained and sustained.

We will make sure the nuclear enterprise is appropriately trained and manned. We will aggressively improve

the infrastructure and services at our bases and in our missile fields. These are opportunities we willingly and eagerly accept as we build a model command, comprising elite and highly disciplined Airmen.

As we continue to strengthen the nuclear enterprise and standup this Command, we continue to support today's fight with nearly 1,200 Global Strike Airmen deployed worldwide. We are proud of their service, and the service of those who will deploy in the months ahead.

And, we cannot forget the real sacrifices of our Air Force families, who persevere through deployments, alerts and long hours—demonstrating the same "Service Before Self" values we ask of our Airmen.

We will continue to build on this year's momentum and step into our second year with the vitality, urgency and deliberate speed that will allow us to continue to focus our Command on our Nation's strategic deterrence and global strike capabilities.

With every sortie, every alert, every dispatch and every post, you set the conditions that help deter potential adversaries and assure our allies and friends around the world. You are doing your jobs extraordinarily well, and I can relay to you that the Nation's senior leadership is very proud of you.

## CSAF makes Airmen, families priority

*Editor's note: The Air Force's senior military leader released his vision for the future in a recent CSAF Vector 2010 that outlined five priorities and the "way ahead" for Airmen to maintain these priorities. This is the third of a five-part series the Whiteman Warrior will present over the next few weeks. To read the Vector in its entirety, visit [www.af.mil](http://www.af.mil).*

### 3. Develop and Care for Airmen and their Families

Airmen and their families make us a world-class organization and deserve world-class support. The Secretary and I designated July 2009-July 2010 as the Year of the Air Force Family. Our intent is to find better ways to support, develop, house and educate our Air Force Family so all can be given every opportunity to attain their personal and professional goals even as the Air Force sustains a wartime tempo. To do this, we:

- Continue to expand our efforts to strengthen the resiliency of Airmen and their families before and after deployment.
- Instituted targeted professional military education curricula for officers to enhance nuclear, acquisition and cyber expertise.
- Delivered 5,000 new and renovated homes in 2009, awarded 27 housing privatization projects for 44 bases involving nearly 38,000 homes, and eliminating nearly 35,000 inadequate units.
- Added \$100M to improve dormitories and spent \$75M on fitness centers.



**Gen. Norton A. Schwartz**  
Air Force Chief of staff

Consider the effect of the security environment on Total Force balance recognizing that the Air Force Reserve and Air National Guard are not only a strategic reserve but are also required for daily mission accomplishment.

Ensure we modify and update our policies, programs and systems to develop our Total Force Airmen through enhanced education, training and experience.

Improve commander involvement in the care of Wounded Warriors, focusing on recover, rehabilitation and re-integration.

Add sufficient capacity to our child development centers to eliminate the child care space deficit by the end of FY12.

Focus on: resiliency of our Airmen, exceptional family member support and community educational initiatives, and reduction in our suicide rate.

### Way ahead

Supporting the All Volunteer Force at war will present challenges. We are an expeditionary Air Force, and an Airman's deployment is also a family's deployment. Our Air Force must attract, recruit, train, educate, and retain Airmen capable of adapting to changing missions in a rapidly evolving security environment. To build this future force, I intend for Airmen to focus on the following areas:

Strategy is about the future — in order to shape that future we must focus our educational institutions and personal learning in a way that encourages a high level of strategic thinking and debate about the Airman's role in the emerging global security environment.

## THE WARRIOR

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## NEWS BRIEFS

### KNHS Football Practices

The Knob Noster Panthers High School Football Team is scheduled to hold their two-a-day practice Aug. 9-14 at 6:30 a.m. through 12:30 p.m. at the Knob Noster High School stadium for students in grades nine through 12 wishing to play football. Prior to the practices, players must have a physical on file and proof of insurance. Football equipment will be supplied through the school. Students are encouraged to bring their own mouth guard.

For more information contact head coach Matt Sullivan at (816) 665-9205.

### Wings Over Whiteman Community Gala

The Wings Over Whiteman Community Gala is scheduled Sept. 2 with social hour beginning 6 - 7 p.m. Dinner and dancing is scheduled 7 - 11 p.m. at the 5-Bay Hanger. The Offutt AFB Band, Night Wings, is scheduled to provide the entertainment.

Dress code for the event is mess dress, semi-formal or dark tuxedo for men and mess dress, semi-formal or evening gown for women. Tickets E-1-E5 are \$30, all others \$40. See First Sergeant for tickets.

### Special Needs Support Group

Meetings will be held the 2nd and 4th Tuesday of each month at the Whiteman Chapel Annex from 6- 7:30 p.m. This group helps bring families with a variety of special needs together and provides peer support as well as pooled resources for helping agencies. For more information or to offer any assistance, contact Master Sgt. Mona Wendzillo at (660) 687-1221.

### Armed Services Blood Drive

Whiteman AFB and the 442nd Fighter Wing are sponsoring a two-day Armed Forces Blood Drive today from 10 a.m. to 6 p.m., and Saturday from 8 a.m. to 3 p.m. at the Falcon Fitness Center. Everyone is invited to attend. Blood donations from non-Department of Defense civilians who fit the eligibility criteria and have access to an Armed Services Blood Drive will be gratefully accepted. To schedule an appointment log onto <http://www.militarylifeforce.com>.

### AAFES sales tax holiday

The Whiteman Exchange will offer an additional discount of up to eight percent on specified items during Missouri's "Sales Tax Holiday" through Sunday.

"AAFES already has a no-tax policy, so to give military shoppers added value we take an additional percentage off back-to-school items," said Becky Stover, Whiteman Exchange manager. "This time of year provides an excellent opportunity to emphasize that every day is a 'sales-tax holiday' at the exchange."

Back-to-school dates for local schools are:

**Knob Noster**—Aug. 18; **La Monte**—Aug. 26;  
**Sedalia**—Aug. 26; **Warrensburg**—Aug. 24;  
**Windsor**—Aug. 19

### Missouri State Fair honors military

The Missouri State Fair announced its plans to honor the military and their families Aug. 15. Active duty military, veterans and delayed recruits will receive free admission and the cost for their dependants is \$1. For more information, log on to [www.mostatefair.com](http://www.mostatefair.com).

## U.S. CENTCOM commander visits Whiteman



U.S. Air Force photo by Senior Airman Carlin Leslie

Lt. Gen. Mike Hostage, U.S. Air Forces Central Command commander, stands in front of a B-2 Stealth Bomber, July 29 after an orientation flight. General Hostage visited Whiteman to see firsthand the capabilities of the B-2.

## From the Frontlines: Tech. Sgt. Roberto Ramirez Jr.

By Airman 1st Class Montse Ramirez

509th Bomb Wing Public Affairs

Aircraft schedulers are like 'coaches' who decide the lineup for the 'big game'. Instead of players, they draw up a list of aircraft best suited to fly, fight and win! These coaches ensure all maintenance requirements needed to make the aircraft operational are met; if not, the schedulers pull the aircraft from the lineup and send in a replacement.

Without 'coaches' such as Tech Sgt. Roberto Ramirez Jr., NCO in charge of plans and scheduling, aircraft wouldn't meet their customary maintenance rotations.

Sergeant Ramirez was the aircraft maintenance scheduler of multiple aircraft while he was deployed to Joint Air Base Balad, Iraq, from January through June.

"My position gave me oversight of five different airframe schedules," Sergeant Ramirez said. "I worked with the F-16 Fighting Falcon, MC-12W, unmanned aircraft system, C-130 Hercules and HH-60G Pave Hawk."

Sergeant Ramirez said some of his responsibilities included assigning aircraft to the flying schedule that is in monthly, weekly and daily increments; and coordinating with the operations and maintenance group, on issues that may arise.

He scheduled 24 F-16C phase inspections, assigning recuperation of 9,600 flight hours, according to 1st Lt. Anthony V. Tuero, 332nd Expeditionary Maintenance Group, Maintenance Operations Flight Commander.

"Aside from scheduling, I also made sure there were enough aircraft to fly when needed," said Sergeant Ramirez. "It helped the flying mission run smoothly."



Courtesy Photo

**Tech. Sgt. Roberto Ramirez Jr., 509th Maintenance Operations Squadron, recently returned from a deployment to Joint Air Base Balad, Iraq. Sergeant Ramirez was NCO in charge of plans and scheduling.**

While helping the mission, Sergeant Ramirez worked with a diversity of Airmen from many bases across the U.S and overseas.

"Meeting and working with new people, and different units from across the Air Force and Air National Guard was the best," said Sergeant Ramirez.

Just like a coach, while supporting his team on an away game in the desert, Sergeant Ramirez had to make sacrifices such as missing out on his daughters and wife's activities and accomplishments.

"Even though it was difficult to say goodbye to my family, I was proud of being part of the Air Force mission," Sergeant Ramirez said.

## 509th MDG offers convenient access with web information

By Heidi Hunt

509th Bomb Wing Public Affairs

The 509th Medical Group recently added medical information to Whiteman's official, website [www.whiteman.af.mil](http://www.whiteman.af.mil), for customer convenience.

"We feel the information added will be a benefit to our customers by providing answers at their finger tips since they can access this information 24/7 and do not have to wait until the clinic opens up to get some of their basic questions answered," 1st Lt. Christopher Weber, 509th MDSS Flight Commander added.

Information added to the website includes:

- 509th MDG Call Tree
- Advanced Directives and Living Wills
- Customer Comment Card
- 509th MDG In-processing Slides
- Out-processing Comment Card
- Patient Handbook
- Patient Rights and Responsibilities
- Provider Directory
- Staff Rights and Responsibilities
- Translators
- Notice of Privacy Practices

"All of the items are also available in the clinic if the internet is not an option," Captain Murphy said.

"The addition was added to keep our beneficiaries informed of information available," said Capt. Charlotte Murphy, TRICARE Operations and Patient Administration Flight Commander. "We feel the addition will be a useful tool for our beneficiaries to use because of the convenience to access from any internet location."

To locate the information, log on to [www.whiteman.af.mil](http://www.whiteman.af.mil), under the unit tabs, click on 509th Medical Group. For additional information contact the 509th Medical Group at (660) 687-2188 or (800) 334-2958.



# 509th BW

**Continued from Page 1**

public announcement. "It [was] an atomic bomb. We are now prepared to obliterate more rapidly and completely every productive enterprise the Japanese have above ground in any city. If they do not now accept our terms they may expect a rain of ruin from the air the like of which has never been seen on this earth."

After the strike on Hiroshima, Japan was silent for three days. The 509th Composite Group's "Bock's Car," piloted by Maj. Charles Sweeney, struck Nagasaki, Aug. 9.

In his Aug. 9, 1945, radio address to the nation, Truman gave his reasons: "We have used (the nuclear bomb) in order to shorten the agony of war, in order to save the lives of thousands and thousands of young Americans," he said.

On Aug. 15, 1945, in a radio broadcast, Japan's Emperor Hirohito said that "the enemy has begun to employ a new and most cruel bomb, the power of which to do damage is indeed, incalculable, taking the toll of many innocent lives." Japan formally surrendered aboard the battleship USS Missouri, in Tokyo Bay, Sept. 2, drawing the bloody, six-year war to a close.

## Defensor Vindex:

Late in 1945, the 509th Composite Group moved to Roswell Army Air Base, N.M., and was renamed the 509th Bombardment Group, where it became the core of the newly formed Strategic Air Command.

After the Air Force became its own branch on Sept. 18 1947, the 509th BG was assigned to the newly activated 509th Bombardment

Wing at Roswell that November.

Today, the 509ers are still the cutting edge; operating America's premier stealth bomber, the B-2 Spirit, out of Whiteman Air Force Base, Mo. The wing provides assurance to its allies, and deterrence to its potential enemies, providing the President of the United States and combatant commanders a nearly invisible weapons platform with unlimited global reach.

"The 509th Bomb Wing has a proud and storied history that has evolved over time, but has never wavered from providing our nation's leaders combat ready forces for nuclear deterrence and global strike operations," said Brig. Gen. Robert Wheeler, 509th Bomb Wing commander. "Today, the men and women of the 509th [Bomb Wing] stand ready to defend this nation and execute whatever orders they're given - just as our 509th forefathers did 65 years ago."

As the world remembers the dawn of the nuclear age, a new major command celebrates its first anniversary, Aug. 9. The Air Force Global Strike Command, which oversees the 509th BW, and every other Air Force nuclear-capable wing, was founded on the premise that no mission is more important than the responsibility for operating, maintaining, securing and supporting the nuclear enterprise.

"As we move step-by-step toward full operational capability, we remain focused on our original mission: to reinvigorate and continue to strengthen the nuclear enterprise," Lt. Gen. Frank Klotz, AFGSC commander, said in his anniversary letter to the Airmen of AFGSC. "Still ahead, we have the opportunity to recapture our heritage, to raise the bar of performance and to ensure nuclear deterrence forces are effectively maintained and sustained."

# CCAF required for career progression

**LANGLEY AIR FORCE BASE, Va.** – Although having a Community College of the Air Force degree is important for all Airmen, Air Combat Command is encouraging its technical sergeants to achieve this educational goal.

Currently, the command is seven points below the Air Force average of 42 percent, but the goal is to have 50 percent of its technical sergeants degreed before being eligible for promotion to the senior NCO ranks.

"For NCOs and career progression, a CCAF degree is a requirement for senior rater endorsement, and that is a key factor and a weighted factor on the senior master sergeant promotion board," said Chief Master Sgt. Mark Cormier, ACC Public Affairs functional manager.

According to the chief, today's Airmen are better educated, and to be leaders who lead by example, Airmen should have a CCAF degree. That education can help Airmen achieve a special unit job or further their Air Force career.

"Your CCAF degree is essentially free," Chief Cormier said. "Back in the day when I was an Airman, it was 75 percent paid, but now it's 100 percent, so there's no reason not to go to school."

Enrolling is automatic upon completion of basic training, fulfilling the four-semester-hour requirement of physical education.

"CCAF has 67 degree programs in five general areas of study, and you need a minimum of 64 semester hours

to complete your degree," said Alice Jessup, ACC director of education and training.

Additionally, members can earn up to 24 semester hours through their technical school. More credits are awarded when earning five- and seven-skill levels.

Professional military education, comprised of airman leadership school, NCO academy and Air Force Senior NCO Academy provide another six semester hours, fulfilling the leadership and management training requirements.

To accelerate the degree acquisition process, Airmen can go to their education center to earn up to 30 semester hours through CLEP and Defense Activity for Non-Traditional Education Support exams.

"When you talk to a counselor they will tell you what tests apply," Ms. Jessup said. "You schedule and take the test and it's added to your progress report."

Airmen can log onto <http://www.au.af.mil/au/ccaf/index.asp> <<http://www.au.af.mil/au/ccaf/index.asp>> to see the checklist for their career field and visit with a counselor at the education office to develop a plan to complete their CCAF.

"It's important for an Airman to get their CCAF degree because education develops critical thinking skills, and in the Air Force we need Airmen who can see problems and find creative ways to fix them," Chief Cormier said.

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# Chief Choice Award



Photos by Senior Airman Carlin Leslie

**Staff Sgt. Donnecha Blackmon, 509th Maintenance Group Squadron Air Force Repair Enhancement Program lead circuit card repair technician receives the Chiefs Choice Award for saving the Air Force \$370,000 by repairing an A1 interface card for the avionics test station here. The Chiefs Choice Award highlights Team Whiteman's finest for extraordinary efforts on the job.**



**Staff Sgt. Charles Malone, 509th Operations Squadron weather flight, receives the Chiefs Choice Award for excellent weather support for several exercises and his community involvement in Knob Noster, MO. The Chiefs Choice Award highlights Team Whiteman's finest for extraordinary efforts on the job.**

# Shots for health

By Airman 1st Class Montse Ramirez  
509th Bomb Wing Public Affairs

We live in a world of germs where viruses and bacteria surround us, and we can't seem to be able to escape these microscopic infectors. Not only do they sicken people, they have the potential to impact the mission and ultimately take a life.

Not to worry though, with the help of the immunization clinic here, Airmen and their families can get the required immunization shots to be healthy.

"Immunizations maximize readiness for our troops, they help give us a little peace of mind by at least not worrying that they will get infected," said Master Sgt. Louis Desomma, 509th Medical Operations Squadron Public Health Clinic NCO in charge.

Vaccines work like a bubble protecting an individual from a specific enemy that's trying to invade. According to Staff Sgt. Adam Whiffen, 509th Medical Operations Support Squadron allergy immunizations technician, vaccines are preventative. They shun away of as many illnesses as possible to avoid any illness from endangering the population.

"If you can prevent an illness before it happens, it's better for the patient's health. For active duty population, it puts off any mission interruptions," Sergeant Whiffen said. "It also lowers medical cost for Whiteman and the Air Force by eliminating the number of people who get sick and need extensive treatment."

Sergeant Whiffen said he not only gives shots, but also does flu lines, reviews shot records for inspections, reviews deployment records, and does mobility lines and no-notice deployments.

"We make sure all of our active-duty individuals are ready to go for deployment with their vaccinations, as well as keep them healthy and safe while they're deployed and stateside," said Sergeant Whiffen. "We protect their families with vaccination while members are deployed, and get children ready for school by keeping them up to date with their shots."

"With this day and age with everyone deploying all over the world as much as we do, we are more prone to



Photo by Senior Airman Carlin Leslie  
**Staff Sgt. Adam Whiffen, 509th Medical Operation Squadron immunization clinic technician, draws up a shot for his next patient, Aug. 2. With school starting, Sgt. Whiffen suggests all parents make sure their children are up-to-date with their shots to help prevent illness. For more information, or to make an appointment, contact the immunization clinic at (660) 687-4304.**

getting illnesses from food, and bugs," said Sergeant Desomma. "We need as much protection as we can."

With the start of school around the corner, it's crucial for children to get their indispensable 'bubbles' such as tetanus shots, MMR, and varicella.

"We maintain our child immunization status to make sure all the children are staying up to date through all their childhood immunizations to make sure they're ready when it comes to school time," said Sergeant Whiffen. "They need their vaccines before they get exposure to viruses."

A returning virus this season is upon us. Every year people who don't get the flu shot suffer from Influenza and expose others, encouraging the spread of the viral menace.

Sergeant Whiffen said he is expecting an Influenza vaccine shipment in September and will start vaccinating shortly after it arrives.

For more information on the Immunization clinic or to make an appointment, call (660) 687-4304.

# Summer leadership program sharpens youth skills

By Heidi Hunt  
509th Bomb Wing Public Affairs

For many teens, summer months bring carefree days and study breaks. But for some, warmer days can mean getting involved in extracurricular activities and team building exercises.

Members of the Whiteman Teen Leadership Academy recently returned from a leadership conference in Cincinnati, July 11. There, 10 teenagers, ages 13-18, spent a week learning about leadership skills.

"This year's theme was 'Be Smart, Be Active, Be Giving' and the objective was for teens to experience a leadership

conference with other Boys & Girls Clubs of America from the mid-west region," said Kimberly O'Brien, 509th Force Support Squadron teen coordinator of Whiteman Youth programs.

As part of the leadership conference, the students attended a pre-conference at the University of Central Missouri and listened to professional communicators and keynote speakers before departing for Ohio.

Upon arrival, the students were involved in a plethora of activities which kept them busy during their trip. The students also spent a majority of their week on a community service project for a non-profit organization.

"The teens had the opportunity to pick

two sessions from a list of many workshop choices," said Mrs. O'Brien. "The engagement allowed the students to cultivate their education and broaden their horizons."

The students were able to choose the sessions they wanted to participate in which ranged from: Reserve Officer Training Course, sports in college, chat it up, choices, stop the violence, self-esteem for girls, racism, college admissions and manners.

In addition to the sessions were various speakers such as a county coroner, a comedian and a former police officer.

"The leadership conference helped students learn life skills in self-defense and self esteem, communication and social skills," Mrs. O'Brien said. "This whole

experience was really beneficial for them."

Not only was the experience a valuable one, but the group was unique because they were the only group from a military base according to Mrs. O'Brien.

"Overall, the outcome of the trip was positive," she said. "Our teens were exposed to other teens that lived in the inner-city and they learned what it means to be a leader and how to give back to the community."

The leadership camp was funded by an Air Combat Command grant they received which minimized costs for teens.

For more information on teen programs contact the Youth Center at (660) 687-5586.



# Keeping personnel, aircraft safe on the ground

By Senior Airman Jason Barebo  
509th Bomb Wing Public Affairs

It is commonly accepted that safety is everyone's responsibility. For one 509th operations flight, safety plays a critical role in protecting flightline personnel and assets.

Airfield management specialists from the 509th Operational Support Squadron highlight safety by managing aircraft arrivals and departures, responding to emergencies, and coordinating hazardous cargo.

"Airfield management has a lot of responsibilities as a flight," said Tech. Sgt. Traci Schroeder, 509th OSS acting airfield manager. "We file flight plans for pilots and can also follow the routes of the flight plans. We conduct numerous airfield inspections on a daily basis, ensure the safety of the airfield driving program and post notices to Airmen to alert pilots of any hazards in their flight path.

"We perform an airfield inspection every morning and once an hour throughout the day," she said. "We check for any foreign object debris or equipment that is out of place as well as make sure that drivers entering the airfield complete their tire checks for FOD and adhere to flightline driving regulations."

With a team of 14, one of the most visible airfield management missions is being the primary focal point for all arriving and departing aircraft, including transient aircraft.

"We've processed more than 1,000 flight plans here since January," Sergeant Schroeder said. "We've also logged more than 4,900 aircraft arrivals and departures, including transient aircraft."

Aircraft arriving to and departing from the base must file a flight plan with airfield management, who then logs the information in accordance with local guidelines.

Airfield management coordinates all in-flight and ground emergencies once notified by the air traffic control tower.



Photo by Senior Airman Jason Barebo  
**Airman 1st Class Brandon Mills, 509th Operations Support Squadron airfield management, checks an individual's flightline driver's competency card Aug. 4 during a random inspection. Airfield management manages the Airfield Driving Program for the 509th Bomb Wing.**

"The air traffic control tower uses the primary crash phone to notify us of an in-flight emergency or ground emergency," said Senior Airman James Carson, 509th OSS airfield management shift leader. "We in turn activate the secondary crash phone which allows us to notify numerous agencies at once with all available information. In addition, an airfield manager responds to the area to ensure it is clear and free of any foreign objects or other hazards once the emergency is terminated. Once the area is safe and clear, it is reopened for use."

Since January, airfield management has coordinated emergency response for more than 30 in-flight emergencies and ground emergencies.

They also administer the Bird/Wildlife Aircraft Strike Hazard program bird scares to promote a safe flying environment and conduct braking action tests in the winter to

ensure aircraft have proper traction to stop during inclement weather.

According to the Air Force Safety Center website, the BASH team's goal is the preservation of war-fighting capabilities through the reduction of wildlife hazards to aircraft operations. BASH teams handle anything concerning wildlife and aircraft operations, from hazard advisories to prevention to proper clean-up and collection should an incident occur.

Airfield management also manages the Airfield Driving Program for the 509th Bomb Wing. They oversee Unit Airfield Driving Program managers assigned by each squadron commander. UADPMs are responsible for training and certifying their personnel on airfield driving. The airfield manager or deputy airfield manager trains each UADPM and inspects each squadrons program annually to ensure they remain in compliance with local guidelines.

"We issue all flight line driving tests for everyone who needs to drive on the flightline," Airman Carson said. "We've issued more than 280 flight line driving tests since April."

"With more than 70 aircraft assigned, the mission generates many daily sorties," he said. "It is our job to manage the airfield which enables aircraft to take off and accomplish the mission." Airman Carson said.

"Few Airmen shoulder the amount of responsibility that airfield management Airmen do," said Capt. Donald Roley, 509th OSS Airfield Operations flight commander. "In the course of a normal shift, they could brief the base commander about airfield construction affecting flights, handle an in-flight emergency that involves lives and billion dollar assets and liaise with the Department of Agriculture on the best way to remove a wildlife hazard.

"We require our Airmen to perform at a level that far exceeds their rank and they consistently exceed our expectations," Captain Roley said.

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<b>2009 Ford FOCUS SES</b> Stock# 14056 <b>\$14,197</b>	<b>2009 Chevy COBALT LT</b> Stock# 13499 <b>\$12,555</b>	<b>2007 Ford F-150 XLT</b> Stock# 12408 <b>\$23,876</b>	<b>2007 Ford FREESTYLE SEL</b> Stock# 322501 <b>\$16,777</b>	<b>2008 Nissan SENTRA</b> Stock# 14317 <b>\$13,777</b>
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<b>2007 Chevy UPLANDER LS</b> Stock# 119231 <b>\$11,817</b>	<b>2009 Chevy TAHOE LTZ</b> Stock# 517991 <b>\$43,872</b>	<b>2007 Chevrolet SILVERADO</b> Stock# 592291 10as \$19,997 <b>\$19,450</b>	<b>2010 Chevy TRAVERSE LS</b> Stock# 19645 <b>\$22,621</b>	<b>2007 Chevy SILVERADO 1500</b> Stock# 14109 10as \$24,997 <b>\$22,293</b>
<b>2008 GMC SIERRA DENALI</b> Stock# 13853 10as \$34,999 <b>\$32,961</b>	<b>2008 Chevy IMPALA SS</b> Stock# 16665 10as \$19,763 <b>\$18,533</b>	<b>2006 GMC CANYON SLE2</b> Stock# 582491 <b>\$12,974</b>	<b>2010 Cadillac ESCALADE</b> Stock# 12233 10as \$53,945 <b>\$48,297</b>	

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# Running clinic steps up Airmen's performance

By Airman 1st Class Montse Ramirez  
509th Bomb Wing Public Affairs

A running clinic at the 509th Medical Operations Squadron Health and Wellness Center here was recently held to help individuals increase their run performance both physiologically and mechanically ultimately helping Airmen better achieve the new Air Force fitness standards and for some, achieve better scores on their physical training tests.

"The running clinic educates Airmen on how to run more efficiently, which helps them improve their time on PT tests," said Dr. Nita Hawk, 509th Medical Operations Squadron, Installation Fitness Program manager.

Not only does the clinic help Airmen improve their running technique, it also shows them how to live a healthier lifestyle.

Recently, Nathan Berkley, a 509th MOS health and wellness intern saw a need to do more than hand out a running flyer.

Mr. Berkley said he was curious to see how people coming to the clinic were running. He created the running clinic in order to specifically show them how to improve instead of just telling them what to do.

"I tell Airmen why doing a functional warm up is critical, and then I walk them through the warm up and show them how it speeds up their performance time, and prevents injuries," Mr. Berkley said.

"With the new PT standards, people would need to improve their performance in order to do well on the test," said Mr. Berkley.

The running clinic advises runners about the different aspects that contribute to the way they run, aiding improvement. Some factors for running to be taken into consideration are the rotation of the person's foot, posture and shoe selection.

"People usually don't take into consideration all these factors," Mr. Berkley said. "They just go out and buy the cutest shoe they can find and end up messing themselves up. Shoe selection should depend on what support a runner needs and what surface he or she is on."



Photo by Senior Airman Carlin Leslie

**Mr. Nathan Berkley, 509th Medical Support Squadron health and wellness intern, examines a participant's running form here, Aug. 3. Mr. Berkley helps individuals prevent injury and improve their running technique.**

So far, the clinic has had 97 percent success rate, helping Airmen become better runners and more health conscious.

"The running clinic helped me a lot as far as picking the right shoe and I learned a lot of good information about running," said Airman Menno Gingerich, 509th Operations Support Squadron. "Now, I just have to practice what I learned. I would recommend it to anyone."

The running clinic is available Mondays through Fridays

for anyone with a military ID interested in improving their athletic skills.

"With the running clinic, we can get this knowledge out to the base population more readily and effectively and it will make us more fit to fight," said Mr. Berkley. "Strong Airmen are harder to kill."

For more information or an appointment, call the HAWC (660) 687- 7662

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# 2010 Special Olympics



The Olympic rings lay out on the main field for the opening ceremonies of the Central Region Softball Tournament, July 31.



Airman 1st Class Jeffrey Holzbauer, Honor Guard, posts during the opening ceremonies of the Special Olympics Central Region Softball Tournament, July 31.



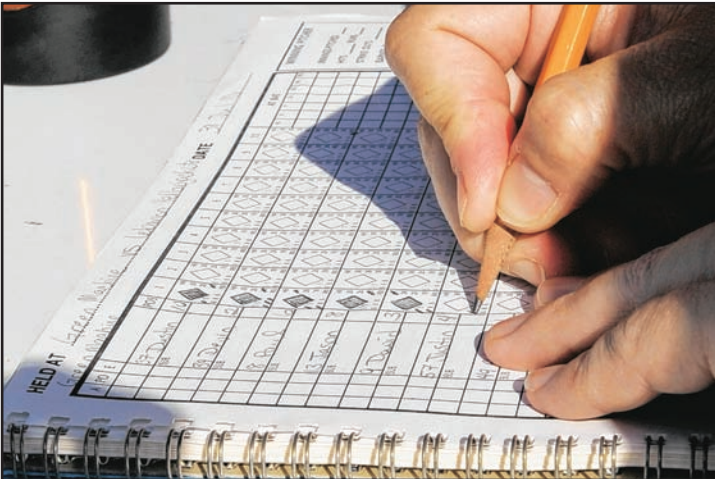
Allen Cameron, team member of the Green Machine pitches the ball to the opposing team during the Central Region Softball Tournament, July 31.



Justin Tucker, of the Green Machine, prepares to swing during the Central Region Softball Tournament championship game, July 31.



Dustin Antle and David Williamson of the Green Machine, run during warm-ups for the Special Olympics Central Region Softball Tournament, July 31.



A volunteer records the game in the score book during the championship game, July 31.



Team members of the Green Machine, huddle after winning the Central Region Softball Tournament championship game, July 31.

Photo story by Senior Airman Carlin Leslie





## Warrior Weekly Caption Contest

The Idea is simple. Each week, Whiteman Warrior readers will have a new photo that needs a caption. Readers of the Whiteman Warrior will then have a chance to submit their idea of the most fitting photo caption. The caption can be funny, cute, endearing, etc., as long as it is not disrespectful, profane or offensive.

Caption submissions for this week are due no later than noon on Wednesday, and should be sent to whiteman.warrior@whiteman.af.mil with "Caption Contest" in the subject line.

Readers can submit more than one caption.

When submitting captions, readers should include rank, first and last name, and unit with their entries. Civilian participants, please submit first and last name.

**Winner: Due to budget cuts, unmanned aerial vehicles are no longer wireless ...**  
- Staff Sgt. Charles Loar,  
509th Bomb Wing Command Post

**Runner-up: I'll let you down when you agree to let me take leave.**  
- Kenneth Thomas,  
509th Civil Engineer Squadron

This Week's Photo



Last Week's Photo



## This Week at the Movies

Friday Aug 6, 2010 - 7 p.m.  
**Knight and Day**

A wholesome, mid-western woman accidentally gets involved with an international super spy and is forced to flee the country with him while he protects a dangerous new piece of technology. Rated PG-13 (brief strong language and sequences of action violence) 130 min

Saturday Aug. 7, 2010 - 7 p.m.  
**Grownups**

The death of their childhood basketball coach leads to a reunion for some old friends who gather at the site of a championship celebration from years ago. Picking up right where they left off, the buddies, with their wives and children in tow, discover why age does not necessarily equal maturity. Rated PG-13 (crude material including suggestive references, language and some male rear nudity) 90 min.

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563-3810**

## First Baptist Church

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- MRCA State Finals Rodeo 7 p.m.,  
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**Friday, Aug. 13**

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- Queen Coronation 3 p.m.
- MRCA State Finals Rodeo 7 p.m., State Fair Arena,  
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- Pepsi Grandstand Concert:  
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**Saturday, Aug. 14**

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**Sunday, Aug. 15**

**New! Sprint Homegrown Heroes Day**

- FREE admission for Active, Veterans and Delayed Entry Recruits, with appropriate I.D.
- \$1 Admission for Immediate Family Members
- Plus, \$5 Off Carnival Ride Wristbands!
- New! Military Appreciation Ceremony,  
1 p.m. at the Touchstone Energy Stage

more >>>

- Bench Press/Deadlift Competitions 12 p.m. VIP Tent
- Show Me Robotics Exhibits, Assembly Hall,  
12 p.m. - 5 p.m., *Sponsored by Monsanto*
- Missouri Association Truck and Tractor Pull  
10 a.m. and 7 p.m., State Fair Arena,  
*Sponsored by Ditzfeld Transfer*
- New! Jimmy John's Sub Eating Contest, 6 p.m.,  
Touchstone Energy Stage,  
*Sponsored by Jimmy John's*
- Pepsi Grandstand Concert:  
Katharine McPhee and Bomshel 7:30 p.m.
- Cowboy Mounted Shooting, Mathewson Center,  
*Sponsored by Starline Brass, Inc.*, 6:30 p.m.

**Monday, Aug. 16**

**Farm Bureau/Farm Family Day**

- Ribbon Cutting 9:30 a.m. Farm Bureau Building
- Coupons & Tractor Pull discounts available at County Farm Bureau offices
- Show Me Robots Competitions, Assembly Hall, noon to 5 p.m. *Sponsored by Monsanto*
- Championship Truck and Tractor Pull  
1 p.m. and 7 p.m., Pepsi Grandstand
- Cowboy Mounted Shooting, Mathewson Center,  
*Sponsored by Starline Brass, Inc.*, 6:30 p.m.

**Tuesday, Aug. 17**

**New! Tribute Tuesday:** Celebrating Sedalia - 150 Years and The Year of Mark Twain - the 175th Birthday of Hannibal's native son and the 100th anniversary of his death. Special contests, characters and activities in Assembly Hall 9 a.m. to 5 p.m.

- ATV Motocross, State Fair Arena, 7 p.m.,  
*Sponsored by Ditzfeld Transfer*
- Pepsi Grandstand Auto Race: Lucas Oil Non-Winged Sprint Bandits, MAMS and ULMA, - Hot Laps 7 p.m.  
Heat Races 7:30 p.m., *Sponsored by AAA Insurance*

**Wednesday, Aug. 18**

**Sedalia Democrat/ Senior Appreciation Day**

- \$2 Off Senior and Adult Admission with special Sedalia Democrat front page Fair banner
- Senior activities in the Mathewson Exhibition Center
- Red Hat Ladies Events, 9 a.m. to 3 p.m.
- Antique Classic Tractor Pull, 10 a.m. and 6 p.m., State Fair Arena, *Sponsored by Ditzfeld Transfer*
- Pepsi Grandstand Concert: Country Gold Tour - featuring Leroy Van Dyke, Moe Bandy, Helen Cornelius, Steve and Rudy Gatlin (The Gatlin Brothers), David Frizzell, Gene Watson, Jimmy Fortune, Narvel Felts 7:30 p.m.

**Thursday, Aug. 19**

**Governor's, Legislators' and Judges' Day**

**Thrifty Thursday!** \$4 Adult Admission;

Kids 6-12 \$1 Admission

- Governor's Ham Breakfast 8 a.m. - \$20 includes Fair Admission
- Garden and Mini Rodd Pull, 10 a.m. and 7 p.m., MOSAC Antique Classic Tractor Pull 1 p.m., State Fair Arena, *Sponsored by Ditzfeld Transfer*
- Pepsi Grandstand Concert: Three Dog Night and The Grass Roots 7:30 p.m.

**Friday, Aug. 20**

**Missouri Electric Cooperative Day!** Visit innovative exhibits in the MEC Building

- MSF Championship Bull Riding 7 p.m.  
State Fair Arena, *Sponsored by Toyota, Official Vehicle*
- Pepsi Grandstand Concert: Darius Rucker and The Band Perry 7:30 p.m.

**Saturday, Aug. 21**

**Youth in Agriculture Day**

- \$1 off admission coupons available at County Extension offices
- New! Science Saturday: Aerospace Fun 10 a.m. - 1:30 p.m. World Record for Water Bottle Rocket Launch! Pepsi Grandstand Infield, *Sponsored by SCOPE; Bottles sponsored by Pepsi and Launch Supplies by Mark's Mobile Glass*
- Sale of Champions 3 p.m.
- MSF Championship Bull Riding, 7 p.m.,  
*Sponsored by Toyota, Official Vehicle*
- Pepsi Grandstand Concert:  
Sheryl Crow and Colbie Caillat 7:30 p.m.

**Sunday, Aug. 22**

**Fair Finale/Half Price Day**

- Half price adult admission \$4;  
kids 6-12 \$1 admission
- Demolition Derby, Noon, State Fair Arena, *Sponsored by Ditzfeld Transfer*
- Pepsi Grandstand Auto Race:  
MLRA/NCRA Late Model Challenge;  
WoW 360 Sprints - Hot Laps 5:30 p.m.  
Heat Races 6 p.m., *Sponsored by AAA*

**Fairgrounds Box Office Hours:**

**Aug. 12-22**

**9 a.m. - 9 p.m. Daily**

**MOSTATEFAIR.COM**



## FOOD & ENTERTAINMENT

**TODAY 8/6**

### Fall League Sign Ups ~ Stars & Strikes

The bowling center is now accepting sign ups for the following fall leagues: Mondays Seniors League-10:30 a.m., Tuesdays Men's League-7 p.m., Wednesdays Intramural League-5:30 p.m., Thursdays Ladies League-6 p.m., Saturday Mornings Kids League-9 a.m., and Sunday Nights Mixed League-6:30 p.m. Call 687-5114 for more information.

**SATURDAY 8/7**

### Bowler Appreciation Day ~ Noon-Close ~ Stars & Strikes

\$1 a game and FREE shoe rental all day. Snack bar will greet the first ten customers with a FREE small soda, hamburger and regular french fries for \$2.50, large one-topping pizza for \$9. Call 687-5114 for more information.

### Texas Hold'em ~ 6 p.m. ~ Mission's End

GO ALL IN! Two sessions. Members are free; nonmembers \$10. Register at 6 p.m.

**SUNDAY 8/8**

### Family Day ~ 2-6 p.m. ~ Royal Oaks Golf Course

Bring the family to the golf course every Sunday. Cost is \$30 for a family of four (two adults/two children). Price includes two carts, green fees for nine holes plus a hot dog and fountain drink. Max occupancy per cart is two. Call 687-5572 for tee times.

**MONDAY 8/9**

### Blue Plate Special ~ 11 a.m.-1 p.m. ~ Mission's End

Just \$6 for mem/\$8 for non. Today's special consists of chicken Cordon Bleu with roasted potatoes, green beans, salad and rolls. For more information call 687-4422.

**WEDNESDAY 8/11**

### Stained Glass Deadline ~ Arts & Crafts

Sign up by noon, Wednesdays each week to attend a six week, open enrollment stain glass class scheduled every Thursday in August from 5:30-8:30 p.m. Cost is \$95, supplies included. Call 687-5691 to reserve a spot today!

### Wednesday Color Pin Bowling ~ 9 a.m.-3 p.m. ~ Stars & Strikes

Enjoy the hot summer months indoors at Stars & Strikes! Strike with the color pin as the head pin to win a free game! Normal bowling rates apply.

### Basic Oil Change Certification Deadline ~ 1-3 p.m. ~ Auto Hobby

Sign up by today to get certified in basic oil change and lift operation scheduled August 13, 1-3 p.m. Cost is \$5. For more information call 687-5689.

### Cook's Night Off ~ 4-7 p.m. ~ Mission's End

Let us do the cooking for you! Each Wednesday you can call in your order to 687-4422 anytime before 3 p.m.; pick up between 4-7 p.m. It's that easy. A perfect meal that feeds a family of four! August's menu: beef enchiladas, black bean & corn veggie medley, Spanish salad and Sopapillas. Cost is \$15.95 for members; \$18.95 nonmembers.

### Wednesday Night Free Bowling ~ 5 p.m.-Closing ~ Stars & Strikes

Today is the last day to take advantage of free bowling and shoe rental at Stars & Strikes. When you purchase \$5 food item, present your receipt at the bowling counter to receive your free game and shoe rental.

**FRIDAY 8/13**

### Wing 5K Run ~ 7 a.m. ~ Fitness Center

Come get your PT in bright and early! Show time 6:30 a.m., go time 7 a.m. at the base track. Call 687-5496 for more details.

### Karaoke ~ 9 p.m.-1 a.m. ~ Mission's End

Enjoy a night of fun singing to your favorite tunes! Hungry after you sing? We have the solution to your late night cravings. Grill will remain open until 11 p.m. during Karaoke night.



## CHIEFS LOTTERY

**AUGUST 11 @ 5PM**  
**@ MISSION'S END**

REGISTER FOR YOUR CHANCE TO BUY TICKETS TO WATCH THE KANSAS CITY CHIEFS!

2 PRE-SEASON HOME GAMES AND ALL REGULAR SEASON HOME GAMES!

**TICKET COST \$84**

**REGISTER BY 3PM**

REGISTER AT OUTDOOR REC. MUST REGISTER TO PARTICIPATE. MUST BE PRESENT FOR DRAWING.

**SPECIAL APPEARANCE BY KC WOLF!**





AF SERVICES 687-5565

Join us in celebrating

## Smokey the Bear's

### 66th Birthday

**Aug. 7, 2-3 p.m.**

For youth, ages 10 and under



Don't miss a milestone anniversary for

## America's Favorite Bear \$1 per person

This is a wonderful photo opportunity, so be sure to bring your camera. In addition, enjoy a movie and Smokey the Bear memorabilia!

**Sign up by Aug. 6**  
**Refreshments**

For more info, call  
**687-5617**





## FAMILY FUN

# NIGHT, BUFFET & BACK TO SCHOOL

## Monday Aug. 16, 5-7 p.m.

### Club members only

# FREE!

## Join the Fun!

The first 120 school-age children receive a backpack full of school supplies!



## 2010 Whiteman AFB

# Golf Championship

## August 21 & 22, 8 a.m.

18 Holes on Saturday; 18 Holes on Sunday

 **\$20 per person plus cart & green fees**

 **Saturday tee times posted by 4pm Friday**

 **Social Hour for Players & Guest 5pm Friday**

 **Sunday tee times posted after Saturday's scores**

 **Four Divisions: Championship** (Determined after Saturday's round), **Open, Senior** (aged 60 and over) & **Net** (Must have current USGA handicap for Net division prizes)

 **"Club Champion"** is the person (any grade/status) w/ lowest gross score.

USGA Rules apply; 100% payback of prize fund equally among each flight. This tournament is open to active duty, guard, retirees, reserve, DoD/NAF civilians and their adult family members & guests.



**Sign up by COB August 19**    **687-5572**

# FCC NEWS!

## Extended Duty Care

Register now for the extended duty care program. It is available to help DoD parents meet child care requirements for extra duty and emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements and is FREE. Come to the FCC office for an application prior to participation.

## PCS Care

Arriving or departing from Whiteman? The Air Force Aid Society pays for 20 hours of care per child for all ranks to help with your transition. Child care is authorized in AF licensed or affiliated FCC homes. The Airman and Family Readiness Center issues certificates which are good for child care within 60 days of PCSing.

Call 687-5590 for more information about FCC programs.



WHITEMAN AIR FORCE BASE  
**FORCE SUPPORT SQUADRON**

Force Support page editor.....Cathy Sison  
509th Force Support Squadron.....687-4386  
[WWW.WHITEMANFORCESUPPORT.COM](http://WWW.WHITEMANFORCESUPPORT.COM)

## Youth & Teen Events

**TODAY 8/6**

### Youth Sports Physicals ~ Youth Center

Schedule your child's sports physical today! Children are not permitted to participate in practices or games until a current physical is on file. Be ready for Fall & Winter sports by scheduling your child's physical today! Call 687-3199 for more details.

### Youth Fall Soccer Registration ~ Youth Center

Youth, ages 5-12, the Youth Center is accepting sign ups for Youth Outdoor Soccer scheduled to begin September 11. Cost is \$35 for members; \$45 nonmembers. Children must have their physicals prior to the first practice to participate. Parent meeting and deadline to register is August 19 at 5:15 p.m. Coaches are also needed. Interested individuals and coaches should contact the Youth Center at 687-5586 for more details.

### Start Smart Soccer Registration ~ Youth Center

Youth, ages 3-5, sign up at the Youth Center for Start Smart six weeks soccer program scheduled to begin September 1. Two sessions available; 5:15 p.m. or 6:15 p.m. Two Cost is \$25 without a kit or \$61 with a kit.

**MONDAY 8/9**

### Preteen Back-to-School Party Sign Ups ~ Youth Center

School is back in session! Let's kick off the school year with some fun! Youth will take part in a variety of activities such as outside play, BINGO for back-to-school supplies, gym games, build your own sundae bar, lobby play, arts and crafts, and more! Event is scheduled for August 20, 6:30-9:30 p.m. at the Youth Center. Sign ups for this event begin today! Call 687-5586 for more information.

### Teen Let's Go to the Fair Sign Ups ~ Youth Center

Teens, ages 13-18, sign up today for the trip to the Missouri State Fair scheduled August 14, 5-10:30 p.m. Transportation fee is \$2. Teens will need to bring \$8 for entry into the Fair plus spending money for concessions and rides. Space is limited. Sign up by August 11.

### Dentokan Karate ~ 4-5 pm. ~ Youth Center

Classes are offered every Monday and Wednesday each month for youth ages 6-18. Cost is \$35 for members; \$45 nonmembers per month.

**TUESDAY 8/10**

### Keystone Club Meeting ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, meet to discuss leadership and community involvement. Nonmembers are welcome to join!

**THURSDAY 8/12**

### X-Treme Wheels Skateboard Competition ~ 1 p.m. ~ Community Center

Youth ages six and up plus Airmen, if you are a base-certified skater, join the Community Center at the base skate park to compete to show off your skater skills. Protective gear is required. Cost is FREE. First place prize and certificates provided in each category. Cold drinks will be provided.

### Get SMART! ~ 6-8 p.m. ~ Youth Center

Teens, ages 13-18, join the Youth Center each Thursday to play games, hang out and learn that drugs are not the answer. Cost is free.

**FRIDAY 8/13**

### Teen Hangout ~ 6-10 p.m. ~ Youth Center

Teens, ages 13-18, bring your friends for some fun and relaxation in the cool air conditioned youth center. Wii know you will have fun if you stop into our Play Station! Cost is \$1 for members; \$2 nonmembers. The next Teen Hangout is scheduled for August 20. Join us!

## ANNOUNCEMENT

### Open Recreation ~ 3:15-6 p.m. ~ Youth Center

Effective August 18, youth open recreation times for ages 9-18 will be Monday through Friday, 3:15-6 p.m. Cost is \$1 for members; \$2 nonmembers. Call the Youth Center at 687-5586 for more information.

# BEAUTY LOU and the Country BEAST

A Sagebrush Fairy Tale



Conceived and Written by Jim Caron  
Music and Lyrics by Michael McGill and Jim Caron



MISSOULA CHILDREN'S THEATRE  
HURTING KID REACH A NEW STAGE

Watch Whiteman's youth in this professionally produced musical!

## AUGUST 6

**Location: Community Center Ballroom**  
**Two Performances: 3 p.m. & 7 p.m.**  
**Cost: \$2 (children under 5 free)**



community center  
687-5617



# Where are you going?

## Discover your direction.

All roads lead to State Fair Community College–Whiteman Air Force Base for an affordable and convenient education. SFCC is an accredited community college and you can earn an Associate of Arts degree with us—on-base or online. Classes are offered in convenient eight-week sessions.

**Are you working on your CCAF degree?** You can complete your degree online with SFCC! SFCC is an approved GEM educational partner. Visit [www.sfccmo.edu/GEMlaunch](http://www.sfccmo.edu/GEMlaunch) for program details, approved classes, course start dates, and how to apply and enroll.

**Get headed in our direction today! Fall I classes start Aug. 23.**

**Call us at (660) 563-3358 or stop by the Professional Development Center on base.**



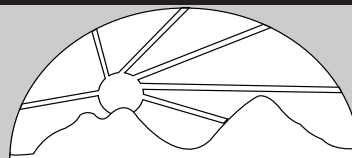
**State Fair**  
Community College

**Sedalia | Online | Clinton | Warsaw | Whiteman AFB | Lake of the Ozarks**

Welcome To

# KNOB NOSTER

**JUST OUTSIDE WHITEMAN AIR FORCE BASE**



*A growing, friendly community where people and businesses are ready to serve you!*

## LOCAL ACTIVITIES

**Professional Women's Organization**—1st Mon. of each month - Basement of City Hall  
**Lion's Club**—2nd & 4th Mon. 7 p.m. - Jubilation Center  
**Chamber of Commerce**—2nd Tues. of each month.

Call Tammy Templeton @ 563-4090 for more info.

**Masons**—2nd & 4th Thurs. 7:30 p.m. - Knob Noster Masonic Lodge AF & AM  
**Optimist Club**—Sat. 7:45 a.m. - Panther Steak House for Breakfast. The last week of the month meetings Wed. 6:30 p.m. - Panther Steak House for Supper (family invited)  
**Alcoholics Anonymous (AA)**—Every Fri. 8 p.m. - Basement of Methodist Church  
**Knob Noster Board of Aldermen**—1st & 3rd Tues. each month - Basement of City Hall

**Whiteman Area Piecemakers Quilt Guild**—3rd Thurs. each month 7 p.m. - Methodist Church  
**AMVETS**—Membership Night Supper 3rd Sat. each month 7-8 p.m. - AMVETS Building  
**VFW**—1st Fri. each month 7 p.m. - VFW Building  
**VFW Auxiliary**—1st Fri. each month 7 p.m. - VFW Building  
**Boy Scouts** - Troop 509 Methodist Church  
**Cub Scouts** - Pack 405 Bill Sander 687-1154  
**Cub Scouts** - Pack 509 Methodist Church  
**Girl Scouts** - Jo Ellen Elwell 563-3514  
**Freedom of the Road Riders, Local 33** - 3rd Sun. 1 p.m. - AMVETS Building

### ALTERATIONS & TAILORING

#### Sew Blessed Alterations & Drop Off Laundry

Same Day Service-Tailoring • Open Mon.-Fri. 9 to 6

Located in the Laundry Center • 213 N. State • 563-3455

### BANKS

#### First Community Bank

On-line banking • 24 Hr. ATM • Check out our Spirit Account for military personnel  
200 N. State St. • 563-3011 • [www.fcbankonline.com](http://www.fcbankonline.com)

### DENTISTRY

#### Michael Hanna, D.D.S.

563-6030 • 204 N. Adams - Knob Noster  
Monday & Tuesday 8 to 5

### FLOWERS & GIFTS

#### Knob Florist

103 N. State St. - Knob Noster • 660-563-5795 • 1-800-582-5662  
Fresh Cut Flowers • Arrangements & Specialty Items  
M-F 9-5 • Sat. 9-1 • DELIVERY WITHIN 30 MILES!

### HAIR SALONS

#### CO-ED CREATIONS Salon

*The Largest Salon in Knob Noster*

Military Cuts, Perms, Colors, Highlights, Nails, Body Wraps, Tanning, Waxing & Ear Piercing  
Open Monday - Saturday 205 B North Adams Knob Noster 563-3553 • [www.myspace.com/coedcreations](http://www.myspace.com/coedcreations)

**Call 1-800-892-7856 to place your ad**

### LODGING

#### EconoLodge

W. Hwy 50 & 132 563-3000

Quality Rooms • Affordable Rates • Conference Room • Coin-Op Laundry

### PIZZA

#### CUGINO'S PIZZERIA AND GYROS

104 W. McPherson 660-563-6777 • Dine In • Carry Out • Delivery  
Mon.-Sat. 11 am - 11 pm or later • Sunday 11 am - 9 pm  
DAILY LUNCH SPECIAL • BASE DELIVERY • 10% Military Discount on Sundays!  
Now Serving Home-style Breakfast 6 am-10:30 am Mon.-Sat.!

### RENTAL STORAGE

#### Red Oak Storage

Military Discount • Security Camera  
Owners Ret. Air Force • Contact: Signature Properties  
Office 205-B N. Adams 1000 W. McPherson 233-0484

### RESTAURANT

#### Oriental Cuisine

Korean, Japanese & Chinese Food Served • Dine-In or Take-Out  
Mon.-Sat. 11am - 9pm

102 N. State St. • (4-way stop) 563-2423

### RESTAURANT

#### Panther Steak House

Breakfast - Lunch - Super • Lunch & Super Specials • Full Menu  
Mon.-Fri. 11am - 9pm • Sat. & Sun. 7am - 9pm

506 W. McPherson • Call Ins Welcome 563-3930

**The Ideal Climate For Your Growing Business.**

### SPORTS BAR

#### Sarge's Place

Hours: 2pm Until Close Mon.-Sat. *Karaoke Wednesday nights 9pm - 1am*  
Saturday - Pool Tournament - 4pm HAPPY HOUR 5-6:30 DAILY  
113 N. State St. - Downtown Knob Noster 563-4458

### TEA ROOM/GIFT SHOP

#### Time For Tea

*Tea Room - Antique & Gift Shop*

Fresh Baked Goods, Soups, Salads & Sandwiches • Lunch Served 11 am - 1 pm Mon.-Sat.  
~ OVER 70 DIFFERENT TEAS ~ 111 W. McPherson 563-4TEA

### TROPHIES

#### Tip Top Trophies

Engraving • Laser • Trophies • Plaques  
Owners: Gloria Mills and Michelle Perry  
105 N. State Street • 660-563-5600 • Mon.-Fri. 9-5:30

### VARIETY

#### Dutch Kountry Market

Open 7 days a week Bulk food • Spices • Crafts • Furniture  
10340 50 Hwy 660-563-2941 Knob Noster

### VETERANS ORGANIZATION

#### VFW - Post 4195

All You Can Eat Breakfasts 3rd Saturday of the Month Just \$5.00  
Bingo Every Wed. @ 6:45 pm  
56 NE Hwy. D ~ Knob Noster • 563-6211

### WELLNESS

**Complete Chiropractic** *Wholistic Diagnosis and Remedy* Dan Yates, D.C.  
Come in for complete chiropractic wellness and treatment. Nutritional and herbal recommendations, healthy weight loss, and sports injury prevention. \$25 per visit  
551 N. State Street (Across from Pizza Hut) 563-BACK (2225)



## Serving the Whiteman Community

509th Bomb Wing

442nd Reserve Fighter Wing

Mobile Expeditionary Security Division 13

1-135th Attack Battalion

131st Guard Bomb Wing



## FREE Classified Advertising in the Whiteman Warrior

### READ ALL RULES BEFORE PLACING AN AD

1. Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
2. Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
3. Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
4. Only one free ad\*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. \*People who are PCSing may place more than one ad and sell the items at any price.

5. Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
6. Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
7. Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
8. Many offices on base are using old forms\*\*. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil/news/index.shtml> and click on "Whiteman Warrior Classified Ad Form."
9. Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
10. Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
11. The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
12. Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

Public Notices 6

**CENTRAL LOGOS** Custom Screen Printing

**429-5646**  
centrallogos.com  
125 W. Pine St., WSBG (next to Fitter's)

**Airshow Sales**  
t-shirts hats  
pins zaps  
water bottles  
Order NOW!

Custom Screen Printing Embroidery

Services Offered 69

**J&P Quality Cleaning Services**

*Do you work long hours? Are cleaning chores taking time away from your family?*

**WHATEVER YOUR NEEDS ARE, WE HAVE THE SATISFACTION GUARANTEED SOLUTION**

Licensed • Insured • References  
Free Estimates  
Call Today! 660-281-8831

PEOPLE WHO READ NEWSPAPERS ARE

**STUDENTS WITH BETTER GRADES**

It all starts with Newspapers

Garage/Yard Sales 24

**PCSING GARAGE SALE**, July 10, 1301 Wildflower Rd, Warrensburg: 4 piece bedroom set \$300. Microfiber couch and chaise \$300. 660-530-4216 mzak@gmail.com sa

Services Offered 69

**Advantage Lawn Mowing**

Free Estimates  
Professional Service  
Ask for Wes  
(Retired US Military)  
**(660)233-0684**

**CRYSTAL CLEAN CLEANING SERVICE.** Cleaning inside & out. Lawn care service provided. Guaranteed to pass inspection. Available for short notice. Servicing: Warrensburg-Whiteman AFB-Sedalia. Free Estimates. Call Crystal 660-233-0770

To place a classified ad, call one of our ad visors today at 826-1001.

Daycare Centers 84

**WALNUT TREE CHILD CARE**

The only licensed infant/toddler home in Knob Noster. Immediate opening for ages 6 weeks to 36 months.

**Call 660-563-5918.**

Services Offered 69

**PCSing? MOVING?** Guaranteed Stress-Free Finals! Covering everything inside & out for over 14 years! Painting, oil stains, trash/recycle, yard work. Short notices possible. Only 1 day needed! Call "The Final Touch" **660-233-3327** Not sure what to do?? We give free estimates!

Daycare Centers 84

**NEW BEGINNINGS LEARNING CENTER**  
Now accepting applications for full time care, 6 weeks to 12 years old. DSS accepted. (660)563-2424

**SON'SHINE KIDS** Preschool is now enrolling for the Fall 2010 school year. Ages 3-5 by August 1, 2010, must be completely potty trained. Call Alisha at 660-563-2429 for more information. Your message will be returned.

Daycare Centers 84

**WALNUT TREE CHILD CARE**

The only licensed infant/toddler home in Knob Noster. Immediate opening for ages 6 weeks to 36 months.

**Call 660-563-5918.**

Sales Opportunities 93

**ENERGY DRINK REPRESENTATIVE WANTED.** Work part/full time. Call for interview 866-668-7517

**MILITARY PERSONNEL** and Families: Build a business you can take wherever you go in the world. Full line of wellness products, training provided, unlimited earnings. 866-668-7517

Pets &amp; Supplies 117

**VICTORIAN HILLS** Boarding Kennels, New Facility, temperature controlled, comfort and care, for your companion dogs & cats. 660-747-3373, 660-441-0295, [victorianhills.kennels.embarqspace.com](http://victorianhills.kennels.embarqspace.com)

Misc. For Sale 135

**IN-STEP BIKE TRAILER** barely used \$75 or best offer. Fisher price sand and water table good condition \$25 or best offer. Call 563-3090 or 233-9504 sa

**New mattress sets;**  
Twin \$79.99, Full \$99.99, Queen \$179.99 & King \$249.99. Queen pillow top \$249.99.  
**Dutch Kountry Market,**  
Call 660-563-2941  
10340 50 Hwy, Knob Noster

**PCSING MUST SELL:** Eddie Bauer wood highchair \$100, oak 4 in 1 crib \$150, Platform bed with 2 end drawers \$200, weight bench with bar and weights \$50. 660-441-7237 sa

**PCS'ING, 10X10X6 FT.** Dog kennel \$150, Dark hardwood dining room, table with 4 chairs \$200, 30 gal fish tank with stand + many new accessories \$300, amish hickory post queen bed \$150 sa

Misc. For Sale 135

**TAX-FREE WEEKEND!**

*Get Your Back-to-School Fashions at*  
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Misc. For Sale 135

**TWO 44" BLACK** metal bar stools with beige cushions \$20 each, medium dog crate (barely used) with divider \$20, black TV stand with five shelves \$15. 687-0281 for information. sa

Building Materials 147

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**HOUSE OF THE WEEK**  
  
REDUCED TO SELL!!! Well maintained split foyer has 3 br, 2 ba, 2 car garage, finished basement. SELLER OFFERING UP TO \$1,500 TOWARDS BUYERS CLOSING COST. MLS 38541 \$132,000


**NEW LISTING!!!** Ranch home with 2 br, 1 ba, 1 car well maintained with beautiful hardwood floors. Oversized garage with workshop. MLS 38974 \$58,500  


**JUST REDUCED!!!** 3 br, 1, ba ranch home with full walk out basement. This will make someone a great starter home. MLS 38621 \$85,000  


**LARGE RANCH HOME!!!** Excellent home with wonderful lay out. 3 br, 2 ba, 1 car has been completely renovated family room has a vaulted ceiling and beautiful fireplace. MLS 38869 \$134,900  


Wendy Anderson 660-441-5349 Kathy Zink 660-563-3812  
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Robert Palomo ~ Broker/Owner

Houses For Sale 249

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**SPECIALS OF THE WEEK**

 **EXECUTIVE RANCH ON GOLF COURSE**  
4 bedrooms, 3 baths, fireplace, attached 2-car garage, landscaped, full length deck. Visit Website: www.117hiddenpines.ePropertySites.com For more pictures instantly: Text "1295" to 79564  
MLS 38852 \$269,500

 **COTTAGE/BUNGALOW CLASSIC - PRICE CHANGE**  
Remodeled classic 2 bedrooms, 2 baths, attached 2-car garage, handicap access.  
MLS 38200 \$80,000

 **2-STORY EARTH CONTACT HOME**  
5 bedrooms, 2 full baths and 3 baths, 2-car attached garage and 2-car detached garage, 4.9 acres.  
MLS 38382 \$165,500 MLS 37976 \$239,900

 **RANCH HOME**  
4 bedroom, 2 bath, fireplace, attached 2-car garage.  
MLS 38382 \$165,500  
Joseph LeMay, Broker/Owner  
Marty Harrison • Cheryl Maimor  
Roger Schwenneker • Kim Neer

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Houses For Rent 209

**3 BEDROOM, 2 BATH, 1 car,** Ranch home. \$950 per month, \$950 deposit. Call Robert @ 660-563-2470 or 660-441-1987  
**AVAILABLE!** 2 Bedroom house with shed, washer & dryer, new furnace, central air & water heater. Trash paid, walk to campus. No smoking, no pets. \$529 rent. Military discount. 660-429-6455

Houses For Sale 249

Duplexes For Rent 210

**3 BR DUPLEX** in country, water, sewer & trash paid. All electric, Warrensburg schools. \$445/month + \$445 deposit. Call 660-909-3394  
**DUPLEX- 3 BEDROOM, 2 baths, 1 car, \$750 per month, \$750 deposit.** Call Robert @ 660-563-2470 or 660-441-1987.  
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Houses For Sale 249

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Mobile Homes For Sale 237

**PRICED TO SELL:** 2 Bedroom, one bath, completely refurbished, new appliances, back deck, great starter home. Asking \$15,000. Located 25 Elm Hills Court, Sedalia. Call 660-631-2739, ask for Kim. sa

Houses For Sale 249

**HUGE SINGLE FAMILY HOME,** over 2800 sq ft. High vaulted ceilings, Pergo and ceramic tile flooring, granite countertops, bedrooms, 3.5 bathrooms. Finished walk-out basement, dual-zoned air & heat. MLS #38667. <http://hamannhomes.com>. Call 660-909-4016 sa

Lake Property For Sale 267

**LAKE OF THE OZARKS,** Lots for sale. For camping, mobile home or building. Near Missouri conservation boat ramp. Country setting, utilities available. \$3950 - \$95 down, \$49 per month. Get yours before they're gone! ALSO: 3+ acreage tracts \$10,900. Unfinished cabins starting at \$28,900, low down payment. No credit checks and immediate possession. Prices good to August 9th. Lake road 135-12, Ivy Bend between Stover and Laurie, Missouri. Call 573-372-6493. Closed Tuesdays.

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 38824 - 193 SE 1181 - Knob Noster	 39129 - 2511 Anderson School - Sedalia	 38749 - 576 SE 701 - Knob Noster 30 Acres - FULL BRICK ranch.	 311 SE 900 - Leeton, 1.9 acres - ALL BRICK
 38539 - 195 SE 1181 - Knob Noster	 38865 - 204 E. Brazier - Leeton	 38788 - 1175 SE 185 - Knob Noster	 38862 - 19710 Mockingbird - Sedalia
 38646 - 1500 7th Terr. - Knob Noster	 38720 - 1194 SE 125 - Knob Noster, \$2500 closing costs, home warranty	 38683 - 5 acres - Sweet Springs	 38750 - 303 Laura - Concordia
 38945 - 721 Brookside - Warrensburg	 38641 - 783 NE 400 - Knob Noster	 38716 - 1704 7th Terr. - Knob Noster	 39106 - 1246 NE 130 - Knob Noster
 38805 - 600 SE 120 - Warrensburg	 38975 - 47 SE 23 - Knob Noster	 38800 - 603 SE 110 - Warrensburg	 38977 - 611 Summit - Knob Noster
 38975 - Prairie Heights - Choice of lot sizes .25 thru 3 acres, former golf course - Sedalia	 38713 - 809 & 811 Elliot - Knob Noster	 38267 - 1731 Sunset - Warrensburg	 38055 - Knob Noster lots, www.WhisperingHillsMO.com 39116 - US 50 Hwy. 21 acres

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